The Impact of NLRP3 Inflammasome on Osteoblasts and Osteogenic Differentiation: A Literature Review

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Abstract: Osteoblasts (OBs), which are a crucial type of bone cells, derive from bone marrow mesenchymal stem cells (MSCs). Accumulating evidence suggests that inflammatory cytokines can inhibit the differentiation and proliferation of OBs, as well as interfere with their ability to synthesize bone matrix, under inflammatory conditions. NLRP3 inflammasome is closely associated with cellular pyroptosis, which can lead to excessive release of pro-inflammatory cytokines, causing tissue damage and inflammatory responses. However, the comprehensive roles of NLRP3 inflammasome in OBs and their differentiation have not been fully elucidated, making targeting NLRP3 inflammasome approaches to treat diseases related to OBs uncertain. In this review, we provide a summary of NLRP3 inflammasome activation and its impact on OBs. We highlight the significant roles of NLRP3 inflammasome in regulating OBs differentiation and function. Furthermore, current available strategies to affect OBs function and osteogenic differentiation targeting NLRP3 inflammasome are listed and analyzed. Finally, through the prospective discussion, we seek to provide novel insights into the crucial role of NLRP3 inflammasome in diseases related to OBs and offer valuable information for devising treatment strategies.

Keywords: osteoblast, pyroptosis, NLRP3 inflammasome, osteogenic differentiation

Introduction

Skeletal development and bone remodeling rely on a delicate balance between the bone formation process executed by osteoblasts (OBs) and the bone resorption process carried out by osteoclasts (OCs).¹ OCs initiates the resorption of existing bone, thus triggering a subsequent process of bone formation by OBs.² During bone remodeling, bone marrow mesenchymal stem cells (MSCs) undergo differentiation into OBs, which subsequently mature into osteocytes.³ Importantly, many diseases, such as osteoporosis (OP),⁴,⁵ periodontitis,⁶ osteoarthritis (OA),⁷,⁸ are characterized by the disruption of bone remodeling processes, furthermore, calcification, a risk factor for the occurrence of multiple diseases such as atherosclerosis and nephrocalcinosis,⁹,¹⁰ is highly related to osteogenic differentiation, in calcified blood vessels or tissues, many cells become activated and undergo a process of trans-differentiation into other cell types, such as OBs, which express bone markers and matrix proteins including osteopontin (OPN) and runt-related transcription factor 2 (RUNX2), which ultimately lead to calcification.¹¹,¹² Therefore, it is essential to further elucidate mechanisms that affect OBs function and differentiation to facilitate the development of novel therapeutic strategies for these diseases.

Pyroptosis, an inflammatory and programmed mode of cell death (PCD), is composed of “pyro” and “ptosis”. “Pyro” means fire, indicating the properties of inflammation, and “ptosis” means falling, which is consistent with other forms of programmed cell death.¹³ This process is inherently dependent on inflammation and can be triggered by various pathological stimuli, such as stroke, heart attack, or cancer. It plays a crucial role in controlling microbial infections.¹⁴ Importantly, as an intracellular
multienzyme complex, the NLRP3 (NOD-, LRR- and pyrin domain-containing protein 3) inflammasome plays a crucial role during the process of pyroptosis, the formation and activation of the NLRP3 inflammasome leads to release of the pro-inflammatory cytokines interleukin (IL) −1β and IL-18 as well as to the pyroptotic cell death.\textsuperscript{15} Notably, recent studies have revealed that the activation of NLRP3 inflammasome can have a significant impact on the function and differentiation of OBs. This activation has been linked to increased bone resorption, impaired mineralization, and decreased bone formation.\textsuperscript{16,17} Furthermore, studies have demonstrated that drugs, natural compounds as well as inhibitors can promote OBs differentiation by decreasing the NLRP3 inflammasome.\textsuperscript{18–21} However, the precise roles of NLRP3 inflammasome in OBs and their differentiation have not been fully established. This lack of consensus has hindered the development of novel insights into the therapeutic application of targeting NLRP3 inflammasome in diseases associated with OBs and their differentiation.

In this review, we provide a concise overview of the activation of NLRP3 inflammasome and briefly introduce the effects of NLRP3 inflammasome activation on OBs and osteogenic microenvironment, which emphasizes the crucial roles of NLRP3 inflammasome on differentiation and function of OBs. Additionally, we present and examine the existing approaches that can impact the function of OBs and their differentiation by targeting the NLRP3 inflammasome. Moreover, our prospective discussion aims to provide fresh perspectives on the significant role of the NLRP3 inflammasome in OBs-related diseases and furnish valuable information for the development of treatment strategies.

The NLRP3 Inflammasome Pathway

The concept of the inflammasome was first proposed in 2002, it is a multi-protein complex discovered in the innate immune system.\textsuperscript{22} The basic structure of inflammasome is composed of NOD-like receptor family (NLRs) proteins as sensor proteins, apoptosis-associated speckle-like protein containing a caspase recruitment domain (ASC) as an adaptor protein, and caspase-1 as an effector protein. The assembly of the inflammasome depends on identifying pathogen-associated molecular patterns (PAMPs) and damage-associated molecular patterns (DAMPs) by pattern recognition receptors (PRRs).\textsuperscript{23} Due to the relatively fixed structure of ASC and caspase-1, while the types of sensor proteins are diverse, the inflammasomes are classified according to the sensor proteins. To date, NLRP1, NLRP3, and NLRC4 from the NLRs, absent in melanoma 2 (AIM2) from the AIM2-like receptor family (ALRs) and pyrin from the tripartite motif-containing protein family are the best-characterized sensors reported to form inflammasome complexes.\textsuperscript{24} NLRP1 was the initial inflammasome-forming sensor discovered at the turn of the century and is now acknowledged as the primary inflammasome sensor protein in human keratinocytes.\textsuperscript{25,26} NLRC4 was initially characterized as a pro-apoptotic protein. Over the last decade, research has highlighted its crucial role in combating microbial infections and maintaining homeostasis, although this function can vary depending on the type of pathogen and the level of infection. NLRC4 also exerts immunomodulatory effects during bacterial infections. Several gram-negative bacteria, such as Legionella pneumophila, Pseudomonas aeruginosa, Salmonella typhimurium and Shigella flexneri, activate caspase-1 and induce pyroptosis through the NLRC4 inflammasome.\textsuperscript{27,28} AIM2, a cytoplasmic sensor that detects double-stranded DNA, is involved in various physiological processes, including development, infectious diseases, inflammatory conditions, and cancer. AIM2-mediated release of effector cytokines and induction of pyroptosis play crucial roles in defending the host against microbial infections.\textsuperscript{29,30} Pyrin, encoded by the MEFV gene, is primarily found in innate immune cells within the cytoplasm. It consists of five domains, each with a specific function in modulating cytokine secretion, cellular death pathways, and cytoskeletal signaling. These domains interact with various proteins to regulate these cellular processes.\textsuperscript{31,32} Pyrin activation relies heavily on molecular events that disrupt the function of small Ras Homolog Family Member A (RhoA) GTPases, primarily through bacterial toxins or bacterial effectors. This process alters cellular homeostasis, ultimately triggering pyrin activation.\textsuperscript{33,34} Excessive pyrin activation is associated with inflammatory disorders such as Mediterranean Fever and pyrin-associated autoinflammation with neutrophilic dermatosis.\textsuperscript{35}

The most studied member of inflammasome complexes is NLRP3. NLRP3 is a sensor protein, which is composed of three domains: a pyrin domain (PYD) at the amino-terminal, a NACHT domain with ATPase activity in the nucleotide-binding region, and a leucine-rich repeat (LRR) domain at the carboxy-terminal.\textsuperscript{36} NLRP3 inflammasome is a prominent inflammatory complex that includes NLRP3, ASC, and caspase-1. Upon activation of this complex, it initiates the activation of caspase-1, which subsequently cleaves pro-IL-1β and pro-IL-18, leading to the production of mature forms of these inflammatory cytokines, namely IL-1β and IL-18. This activation cascade triggers and amplifies inflammatory
responses within the body.\textsuperscript{37,38} Simultaneously, in response to microbial infection and cellular damage, it cleaves Gasdermin D (GSDMD) into its active form, and features early plasma membrane rupture, thereby releasing the soluble intracellular fraction that initiates pyroptosis.\textsuperscript{39–41}

As of now, research has demonstrated that NLRP3 inflammasomes can be activated via two distinct signaling pathways: canonical NLRP3 inflammasome activation and noncanonical NLRP3 inflammasome activation. The former is currently believed to involve three stages: priming, activation, and post-translational modification (PTM)-interacting components. During the priming step, the initial signal such as lipopolysaccharide (LPS) triggers the activation of toll-like receptors (TLRs) and nuclear factor-kappa B (NF-kB) and subsequently produces NLRP3 and pro-IL-1β. During the following activation step, multiple stimuli, such as ATP and nigericin trigger the assembly of NLRP3 inflammasome.\textsuperscript{15,42} However, certain studies suggested that under certain circumstances, particular triggers could directly activate the inflammasome without requiring a preceding priming step. For instance, the activation of NLRP3 by nigericin triggers the processing and release of constitutively expressed IL-18, even in the absence of priming.\textsuperscript{43,44} PTMs of NLRP3 induce inflammasome activation and determine the inflammation intensity by affecting the protein stability, ATPase activity, subcellular localization, and oligomerization of NLRP3 as well as the association between NLRP3 and other inflammasome components, several PTMs of NLRP3 were reported, such as ubiquitylation, deubiquitination, phosphorylation, sumoylation and palmitoylation.\textsuperscript{45} The latest research indicates acetylation is critical for the activation of NLRP3 inflammasome in response to diverse stimuli.\textsuperscript{46} Multiple proteins participate in a plethora of PTMs of NLRP3 inflammasome components, modifying their protein functions, activities, and/or intracellular localization.\textsuperscript{47} The latter results from the sensing of intracellular LPS through a mechanism that depends on TLR4 and type I interferons, as well as guanylate-binding proteins, leading to activation of caspase-11. Caspase-11 facilitates GSDMD activation and split, then mediates pyroptosis. Additional comprehensive insights into the mechanism of NLRP3 inflammasome activation can be found in preceding reviews.\textsuperscript{48–50} Notably, the mitotic serine/threonine kinase NEK7 has emerged as a crucial factor in NLRP3 activation, as it directly interacts with NLRP3.\textsuperscript{51} Moreover, the NLRP3 inflammasome is extensively researched and widely acknowledged as being activated by numerous viral families. Studies have demonstrated its activation by various RNA viruses across different families.\textsuperscript{52}

The aberrant activation of the NLRP3 inflammasome contributes to various inflammatory diseases including chronic colitis,\textsuperscript{53} endothelial dysfunction,\textsuperscript{54} periodontitis,\textsuperscript{55} OP\textsuperscript{56} and others. Therefore, studying the activation mechanisms of NLRP3 inflammasome in related diseases and identifying and evaluating drugs that can target NLRP3 inflammasome hold promise for the treatment of these conditions. However, due to the intricate interplay and overlapping nature of numerous upstream signals involved in NLRP3 inflammasome activation, there remains a lack of consensus regarding its precise mechanism of activation.

**NLRP3 Inflammasome on OBs**

OBs, which are responsible for bone formation, originate from MSCs that commit to osteoprogenitor lineages. This process involves the sequential activation of transcription factors and ultimately leads to the terminal differentiation of OBs into osteocytes.\textsuperscript{57,58} OBs play a pivotal role in bone tissue formation. They are responsible for producing and releasing a range of extracellular matrix proteins, including alkaline phosphatase (ALP). Several OBs come together to form osteons, where calcium is deposited as hydroxyapatite along with type I collagen, contributing to the structural integrity of the skeleton.\textsuperscript{59,60} Function of OBs is influenced by a myriad of factors, including oxidative stress, hormonal regulation, inflammatory cytokines, growth factors and cellular signals, exercise and mechanical stimulation, as well as senescence and epigenetic factors.\textsuperscript{59,61–63} Noteworthy, reports have begun to emerge regarding the impact of NLRP3 inflammasome activation induced by these factors on OBs function.

It is well-established that inflammatory responses can be initiated in the presence of oxidative stress and reactive oxygen species (ROS),\textsuperscript{64,65} leading to the activation of the NLRP3 inflammasome and subsequent OBs loss.\textsuperscript{66} Another study similarly found that oxidative stress caused by LPS induces NLRP3 inflammasome-mediated pyroptosis of OBs, resulting in decreased cell migration as well as osteogenic dysfunction.\textsuperscript{67} IL-17 is a pro-inflammatory cytokine that can activate NLRP3/ASC/caspase-1-dependent IL-1β processing and pyroptosis in OBs, leading to the release of cytoplasmic contents, including RANKL and IL-1β. This process can accelerate inflammatory bone destruction.\textsuperscript{68} Estrogen plays a vital role as the primary hormonal regulator of bone metabolism in both women and men, its direct effects on OBs contribute to the maintenance of bone formation.\textsuperscript{69} Research studies have shown that a deficiency of estrogen can lead to the activation of the NLRP3
NLRP3 Inflammasome on Osteogenic Differentiation

Osteogenic differentiation, also referred to as osteoblastogenesis, is regulated by various transcription factors. These include RUNX2, osterix, activating transcription factor 4, special AT-rich sequence-binding protein 2, and activator protein-1. It is a key process in bone formation, and its dysfunction leads to bone metabolism-related diseases. A growing body of research suggests that the inflammatory microenvironment influences osteogenic differentiation, thereby impairing osteoblastic bone formation and contributing to decreased bone quantity and quality, although current studies are primarily performed in vitro.
to analyze the effect of TNF-α and IL-1β on osteogenic differentiation.\textsuperscript{88,89} Nevertheless, the role and mechanism of NLRP3 inflammasome activation is also believed to participate in the process of osteogenic differentiation.

It has been reported that NLRP3 protein expression was maintained throughout the differentiation of OBs.\textsuperscript{90} Of note, previous studies have demonstrated the differentiation capability of MSCs into OBs or adipocytes was determined after NLRP3 inflammasome activation, the osteogenic differentiation of MSCs was markedly decreased following activation of the NLRP3 inflammasome,\textsuperscript{91} and osteogenic differentiation of mandibular MSCs was increased both in vitro and in vivo after specifically knockdown NLRP3 or using MCC950, a potent highly specific small molecule inhibitor of NLRP3.\textsuperscript{83} Similarly, Liu et al revealed that MCC950 restored the expression of osteogenic differentiation-related proteins such as COL1, RUNX2 and ALP in OBs.\textsuperscript{67} In contrast, CY-09, another inhibitor of NLRP3, effectively reduced the increased expression of NLRP3, caspase-1, and IL-1β in the NLRP3 inflammasome pathway. However, it attenuated the upregulation of osteogenic calcification markers such as RUNX2, SPARC, and BMP2 in senotic valves. Moreover, CY-09 inhibited the differentiation of valvular interstitial cells (VICs) into OBs-like cells.\textsuperscript{20} In a study on OP, it was found that NLRP3 knockout had an inhibitory effect on the inflammatory response, leading to enhanced osteogenic differentiation of OBs in mice with OVX.\textsuperscript{92} In parallel, in other bone metabolism-related diseases such as rheumatoid arthritis and periodontitis, the activation of NLRP3 inflammasome is also believed to be negatively correlated with osteogenic differentiation, inhibiting NLRP3 inflammasome could greatly rescue osteogenic differentiation.\textsuperscript{16,93,94}

In addition, certain important biological molecules also play a crucial role in the activation of the NLRP3 inflammasome and have an impact on osteogenic differentiation. The upregulation of elongator complex protein 2 (ELP2), a crucial protein in the JAK-STAT3 pathway, occurs during the pyroptosis of MC3T3-E1 cells, whose upregulation inhibits osteogenic differentiation by activating NLRP3.\textsuperscript{95} Osteoblastic-specific FoxO1 knockout enhanced the expression of NLRP3 inflammasome signaling, leading to an amelioration in alveolar bone loss and manifesting as enhanced osteogenic potential.\textsuperscript{16} Additionally, SOCS1, a suppressor of NLRP3, showed negative regulation of osteogenic differentiation in calcific aortic valve disease,\textsuperscript{96} whereas VEGF and CGRP exerted a positive effect on the proliferation and differentiation of OBs. They were found to reduce apoptosis, stimulate mineralization, and enhance ALP activity by regulating the NLRP3 inflammasome pathway.\textsuperscript{94,97}

**NLRP3 Inflammasome on Osteogenic Microenvironment**

In the past few years, there has been increasing recognition of the vital role that the cellular microenvironment plays in maintaining the balance, repair, and regeneration of skeletal tissues.\textsuperscript{98,99} The osteogenic microenvironment is a crucial element of this system, consisting of cellular components like OBs, OCs, and osteocytes, along with non-cellular components such as the extracellular matrix.\textsuperscript{100} Moreover, as bone immunology advances, increasing evidence suggests that bone regeneration involves intricate interactions between various systems, notably the osteogenic microenvironment and immune systems, rather than just bone formation and resorption.\textsuperscript{101} Immune cells, such as macrophages, play dynamic roles in both normal bone physiology and pathological conditions by secreting cytokines that exert significant regulatory influence on the processes of osteoclastogenesis and osteogenesis.\textsuperscript{102} Therefore, fully understanding the impact of the NLRP3 inflammasome on the osteogenic microenvironment can provide significant insights for the development of therapeutic strategies for inflammation-related bone disorders.

Osteocytes are cells living within the bone-mineralized matrix, which regulate both the OBs and OCs activities during bone remodeling. Blocking NLRP3 inflammasome activation or decreasing ROS production prevented the pyroptotic death of osteocytes, resulting in reduced osteoclastogenesis and periprosthetic osteolysis.\textsuperscript{103,104} OCs originate from myeloid progenitor or osteal macrophages and are responsible for bone resorption.\textsuperscript{105} Multiple studies have indicated that the NLRP3 inflammasome can promote the maturation and differentiation of OCs, causing exceeding bone resorption.\textsuperscript{106–109} It means that NLRP3 inflammasome-mediated OCs enhancement acts as a major driver of inflammatory bone loss. Macrophages, integral to bone immunity, exhibit distinct polarization into either pro-inflammatory M1 or anti-inflammatory M2 phenotypes in response to environmental cues, thereby intricately regulating bone metabolism and contributing to diverse functions in bone homeostasis.\textsuperscript{110,111} M1 macrophages serve dual roles: they not only serve as precursors for OCs and undergo differentiation into mature OCs but also secrete pro-inflammatory cytokines to enhance bone resorption. Conversely, M2 macrophages secrete osteogenic factors, fostering the differentiation and mineralization of OBs precursors and MSCs, consequently promoting bone formation.\textsuperscript{112} Zhu
et al found that STAT3 triggered Macrophage NLRP3 inflammasome activation, which released IL-1β to favorably enhance RANKL-induced osteoclastogenesis and bone-resorptive function. In parallel, inhibiting NLRP3 expression could promote bone regeneration and facilitate angiogenesis by inhibiting M1 macrophage polarization or increasing the infiltration of M2 polarized macrophages. Similarly, in rheumatoid arthritis and periodontitis, downregulating the expression of NLRP3 and caspase-1, thereby preventing inflammatory cell death resulting from the release of IL-1β and IL-18 contributes to inhibition of M1 polarization and pyroptosis of macrophages. Previous studies have reported that M1 macrophages could secrete pro-inflammatory cytokines, which promotes an OBs-like phenotype in VICS. Thus, inhibition of NLRP3 activity not only prevented the polarization of macrophages toward the M1 phenotype but also reduced the levels of pro-inflammatory factors such as IL-6 and TNF-α. This intervention led to improved aortic valve function and decreased deposition of calcification in the valve. However, it should be noted that in inflammatory contexts, the traditional M1/M2 classification fails to fully capture the intricate functions of macrophages during osteoclastogenesis and osteogenesis, highlighting the need for a more comprehensive understanding.

Potential Therapeutic Strategies Targeting NLRP3 Inflammasome in OBs-Related Diseases

Given the importance of NLRP3 inflammasome in OBs, osteogenic differentiation and osteogenic microenvironment (Figure 1), various therapeutic strategies targeting NLRP3 inflammasome have been applied in vivo and in vitro to treat OBs-related diseases (Table 1), including natural compounds such as artesunate (ART), puerarin, epiloliolide, chemical compounds such as N-acetylcysteine (NAC), compound 17, clinical medication such as amitriptyline, melatonin, and IL-1 inhibitors, and protein inhibitors such as necrosulfonamide (NSA), Ac-YVAD-cmk, MC950.

Natural Compounds

ART, which is derived from Artemisia annua L., has been found to possess anti-inflammatory and immunomodulatory properties, making it valuable in the treatment of various immune and chronic diseases. Furthermore, ART has shown dose-dependent effectiveness in improving ligature-induced periodontitis by enhancing osteogenic differentiation, subsequent RNA-seq analysis has indicated that ART effectively decreases the expression of genes associated with the NLRP3 inflammasome. Vascular calcification increases vascular stiffness, lowers organ perfusion, and augments

**Figure 1** A schematic model depicting the activation process of NLRP3 inflammasome and the impact on OBs, osteogenic differentiation and osteogenic microenvironment. Various intracellular and extracellular stimuli activate NLRP3 inflammasome, leading to the release of inflammatory factors and alterations in the expression of markers associated with osteogenic differentiation. Consequently, this impedes the functionality and osteogenic differentiation capacity of OBs and their precursor cells, MSCs.
cardiac afterload, thus resulting in left ventricular hypertrophy, diastolic dysfunction and heart failure. Vascular calcification is closely related to osteogenic differentiation. Puerarin is a major bioactive ingredient derived from the root of *Pueraria lobata* (Willd.) Ohwi, it could decrease the expression of osteogenic differentiation markers RUNX2

<table>
<thead>
<tr>
<th>Agents</th>
<th>Mechanism of Action</th>
<th>Diseases</th>
<th>References</th>
</tr>
</thead>
<tbody>
<tr>
<td>Natural compounds</td>
<td>ART</td>
<td>Enhances osteogenic differentiation and decreases the expression of genes associated with the NLRP3 inflammasome</td>
<td>Periodontitis</td>
</tr>
<tr>
<td></td>
<td>Puerarin</td>
<td>Decreases the expression of osteogenic differentiation markers RUNX2 and BMP2 through targeting NLRP3</td>
<td>Vascular calcification</td>
</tr>
<tr>
<td></td>
<td>Cardamonin</td>
<td>Suppresses the activation of the NLRP3 inflammasome and downregulates IL-1β expression</td>
<td>Vascular calcification</td>
</tr>
<tr>
<td></td>
<td>BBA</td>
<td>Inhibits OA-associated inflammatory and catabolic processes, downregulates MAPK p38/NF-κB, NLRP3 inflammasome</td>
<td>OA</td>
</tr>
<tr>
<td></td>
<td>Epiloliolide</td>
<td>Enhances human periodontal ligament cells to transform into OBs, reduces the production of pro-inflammatory mediators and cytokines by modulating the activity of NLRP3</td>
<td>Periodontitis</td>
</tr>
<tr>
<td></td>
<td>Gallic acid</td>
<td>Eliminates inflammatory cytokines, NLRP3 inflammasome and facilitates the process of OBs differentiation</td>
<td>Periodontitis</td>
</tr>
<tr>
<td>Chemical Compounds</td>
<td>NAC and Mito-TEMPO</td>
<td>Enhances the viability of MLO-Y4 cells by inhibition of the ROS/NLRP3/Caspase-1 pathway</td>
<td>Bone loss</td>
</tr>
<tr>
<td></td>
<td>Irisin</td>
<td>Suppresses the activation of the NLRP3 inflammasome and inhibits the apoptosis of OBs</td>
<td>OP</td>
</tr>
<tr>
<td></td>
<td>Compound 17</td>
<td>Promotes the expression of OBs differentiation-related genes and inhibits the formation of the NLRP3 inflammasome</td>
<td>Inflammatory osteolysis</td>
</tr>
<tr>
<td></td>
<td>CAPE</td>
<td>Decreases osteogenic gene/protein expression through the inhibition of NLRP3 inflammasome activation</td>
<td>Vascular calcification</td>
</tr>
<tr>
<td>Clinical Medication</td>
<td>Amitriptyline</td>
<td>Reduces the expression of NLRP3 in OBs</td>
<td>OA</td>
</tr>
<tr>
<td></td>
<td>Naloxone and Thalidomide</td>
<td>Downregulates the NLRP3 inflammasome pathway in joint primary OA cells, including OBs</td>
<td>OA</td>
</tr>
<tr>
<td></td>
<td>Melatonin</td>
<td>Enhances OBs differentiation through regulating Wnt/β-catenin signaling and the inhibition of NLRP3 inflammasome</td>
<td>OP</td>
</tr>
<tr>
<td></td>
<td>AR/PCC</td>
<td>Alleviates the abnormal activation of OBs pyroptosis in the by reducing the elevated expressions of NLRP3</td>
<td>OP</td>
</tr>
<tr>
<td>Inhibitors</td>
<td>NSA</td>
<td>Increases the activity of ALP and the mRNA expression of differentiation-related genes in OBs</td>
<td>Bone fracture</td>
</tr>
<tr>
<td></td>
<td>Ac-YVAD-cmk</td>
<td>Hinders the activation of NLRP3 and restores the viability of OBs</td>
<td>Osteomyelitis</td>
</tr>
<tr>
<td></td>
<td>INF 39</td>
<td>Promotes OBs differentiation via inhibiting NLRP3</td>
<td>OP</td>
</tr>
<tr>
<td></td>
<td>CY-09/ MCC950</td>
<td>Specific NLRP3 inflammasome inhibitors</td>
<td>OP/Vascular calcification/Periodontitis</td>
</tr>
<tr>
<td></td>
<td>ALP inhibitor</td>
<td>Decreases ALP activity and NLRP3, leading to an inhibition of the osteogenic differentiation of VICs</td>
<td>Vascular calcification</td>
</tr>
</tbody>
</table>
and BMP2 by targeting NLRP3/caspase1/IL-1β in mouse vascular smooth muscle cells, which shows great potential to treat vascular calcification clinically.\(^{120}\) That which has a similar effect is Cardamonin, it exhibited anti-inflammatory and anti-calcification effects in human VICs by suppressing the activation of the NLRP3 inflammasome and downregulating IL-1β expression.\(^{121}\) Furthermore, β boswellic acid (BBA) binds to the innate immune receptor TLR4 complex and inhibits OA-associated inflammatory and catabolic processes in OBs. It inhibits TLR4 and IL1R signaling and down-regulates MAPK p38/NF-κB, NLRP3 inflammasome, and other OA-associated pathways.\(^{122}\) Epiloliolide has been verified to enhance the growth, movement, and ability of human periodontal ligament cells to transform into OBs while reducing the production of pro-inflammatory mediators and cytokines including iNOS, COX-2, TNF-α, IL-6, and IL-1β by modulating the activity of NLRP3.\(^{123}\) In the same way, Gallic acid could eliminate the inflammatory cytokines (such as IL-6 and IL-1β) and targets of the inflammasome (including Caspase-1 and NLRP3) induced by Pg-LPS in human ligament periodontal cells. Additionally, it was observed to enhance ALP activity and mineralization, which consequently facilitated the process of OBs differentiation.\(^{21}\)

### Chemical Compounds

Bisphenol A (BPA), a widely-present chemical that disrupts the endocrine system, was found to reduce the viability of MLO-Y4 cells and induce apoptosis in a dose-dependent manner. This effect was attributed to the activation of the ROS/NLRP3/Caspase-1 pathway. Interestingly, the activation of the NLRP3 inflammasome and subsequent pyroptotic death caused by BPA was effectively inhibited by the ROS scavenger NAC or the mitochondrial antioxidant Mito-TEMPO.\(^{104}\) Irisin, a myokine that acts like a hormone, can increase the expression of Nrf2, suppress the activation of the NLRP3 inflammasome, and decrease the levels of inflammatory factors. This mechanism ultimately led to the inhibition of OBs apoptosis in postmenopausal OP rats and contributed to a reduction in the incidence of postmenopausal OP.\(^{82}\) Besides, a small molecule named compound 17, promoted the mineralization, ALP activity as well as the mRNA expression of OBs differentiation-related genes, such as ALP, osteocalcin (OCN), osterix and RUNX2, meanwhile, it inhibited the formation of the NLRP3 inflammasome.\(^{124}\) Likewise, another compound caffeic acid phenethyl ester (CAPE) markedly suppressed osteogenic medium (OM)-induced calcification and decreased osteogenic gene/protein expression of RUNX2 and ALP in aortic VICs through the inhibition of NLRP3 inflammasome activation.\(^{125}\)

### Clinical Medication

Amitriptyline, a synthetic tricyclic compound used as an antidepressant, has been found to reduce the expression of NLRP3 in OBs. This down-regulation of NLRP3 inhibited innate immune responses mediated by TLR4 and IL-1 receptors. As a result, amitriptyline showed potential for repurposing in the treatment of joint inflammatory conditions such as OA, both locally and systemically.\(^{126}\) Similarly, by utilizing data text mining and computational pharmacology, Franco-Trepat et al discovered that naloxone and thalidomide were involved in downregulating the NLRP3 inflammasome pathway for the treatment of OA. These compounds have demonstrated anti-inflammatory and anti-catabolic properties in joint primary OA cells, including OBs.\(^{127}\) As mentioned above, estrogen deficiency can induce NLRP3 inflammasome activation and impair OBs differentiation. A recent study demonstrated melatonin was found to enhance OBs differentiation in primary bone marrow MSCs obtained from mice with OVX. This effect was achieved through regulating Wnt/β-catenin signaling and the inhibition of NLRP3 inflammasome activation in femoral bone proteins and induced OBs stimulated by OVX.\(^{18}\) Traditional Chinese medicine (TCM) is also playing a similar role in exerting its effects, Anemarrhenae Rhizoma/Phellodendri Chinensis Cortex (AR/PCC) herb pair has been extensively employed in TCM. Importantly, it was able to alleviate the abnormal activation of OBs pyroptosis in the vertebral bodies of diabetic rats by reducing the elevated expressions of NLRP3, ASC, caspase-1, GSDMD, and IL-1β through the enhancement of the antioxidant response protein Nrf2, while simultaneously reducing Keap1.\(^{128}\)

### Inhibitors

The pyroptosis inhibitor known as NSA has been found to have a significant impact on the secretion of IL-6, TNF-α and IL-1β. In addition, it has been shown to reverse the effects of ATP/LPS on the activity of ALP and the mRNA expression of differentiation-related genes in OBs. However, when NLRP3 was overexpressed, these positive effects of NSA on
OBs were abolished. Ac-YVAD-cmk, another inhibitor of pyroptosis, effectively hindered the activation of NLRP3 triggered by DICER1 dysregulation and successfully restored the viability of OBs. Similarly, osteogenic gene expression (RUNX2, Bglap, and Col11a) was significantly improved in the diabetes-induced skeletal loss after Ac-YVAD-cmk administration. NF 39 was found to be a novel NLRP3 inhibitor, which could promote OBs differentiation via inhibiting NLRP3, thereby reducing the production of IL-1β dependent on NLRP3 in vitro. Besides, classic NLRP3 inflammasome inhibitors such as CY-09, MCC950 have been demonstrated in multiple studies to alleviate the impact of NLRP3 inflammasome on OBs function and differentiation in diverse diseases. ALP inhibitor decreased ALP activity and mRNA expressions of BMP, RUNX2, OCN, OPN, phosphorylated ERK, IκBα, AKT, TNF-α and NLRP3, leading to an inhibition of the osteogenic differentiation of VICs.

Conclusion and Perspectives

The NLRP3 inflammasome is a sophisticated protein complex located in the cytoplasm, which forms upon cellular disruption. Its assembly triggers the activation of caspase-1, which facilitates the maturation and release of inflammatory cytokines, such as IL-1β and IL-18, as well as inflammatory cell death termed pyroptosis. It is important to note that dysregulated activation of NLRP3 can contribute to the development of chronic inflammation and have a significant impact on the progression of inflammatory diseases such as vascular disease, diabetic cardiomyopathy and autoimmune diseases. OBs, which are responsible for constructing our skeletal framework, are remarkably adaptable and crucial cells that require precise regulation throughout their differentiation stages to ensure the appropriate development and balance of the skeletal system. An increasing body of evidence shows elevated levels of NLRP3 inflammasome in inflammatory conditions cause OBs pyroptosis and impair osteogenic differentiation, the release of numerous inflammatory cytokines and signaling molecules disrupt the balance of bone, affects the function of distant organs, and has the potential to exacerbate both local and systemic inflammation. Hence, targeting the NLRP3 inflammasome has the potential to be a future therapeutic approach for addressing the abnormal function and differentiation of OBs induced by pro-inflammatory cytokines (Figure 2). This not only applies to bone metabolic disorders but also

![Image of Potential therapeutic strategies by inhibiting NLRP3 inflammasome in OBs-related diseases.](https://doi.org/10.2147/JIR.S457927)
extends to other diseases that are influenced by abnormal cytokines involved in OBs differentiation, such as RUNX2, ALP, OCN, and osterix.

It should be borne in mind that the role of NLRP3 inflammasome-mediated pyroptosis in OBs and their differentiation varies in different diseases. In bone metabolic diseases related to inflammation, inhibiting NLRP3 inflammasome often promotes OBs differentiation, increases bone remodeling, and contributes to better bone development and growth. However, in vascular calcification and chronic kidney disease, NLRP3 inflammasome plays a beneficial role by reducing the expression of osteogenic markers, thus decreasing cell calcification including VICs, and alleviating the condition of related diseases. In addition, NLRP3 inflammasome can be activated by various stimuli, including oxidative stress, endoplasmic reticulum stress, pathogens, and epigenetic factors such as non-coding RNAs. Therefore, we speculate that targeting these initiating factors may lead to the development of new therapies for abnormal osteogenic differentiation and function caused by NLRP3 inflammasome activation. It is gratifying that research has been conducted on the development and screening of drugs targeting the upstream of NLRP3 inflammasome to treat related diseases. Unfortunately, there is currently a lack of preclinical evidence demonstrating the correlation between NLRP3 inflammasome and OBs as well as osteogenic differentiation. Nevertheless, research both in vitro and in vivo has further bolstered our confidence in exploring NLRP3 inflammasome as a novel therapeutic approach for OBs-related diseases.

**Abbreviations**

OBs, osteoblasts; MSCs, mesenchymal stem cells; OC, osteoclasts; OP, osteoporosis; OA, osteoarthritis; OPN, osteopontin; RNUX2, runt-related transcription factor 2; PCD, programmed mode of cell death; IL, interleukin; PRRs, pattern recognition receptors; PAMPs, pathogen-associated molecular patterns; ASC, apoptosis-associated speckle-like protein; GSDMD, Gasdermin D; TLRs, toll-like receptors; LPS, lipopolysaccharide; NF-κB, nuclear factor-kappa B; PTM, post-translational modification; ALP, alkaline phosphatase; ROS, reactive oxygen species; OVX, ovariectomy; ATRA, all-trans retinoic acid; lncRMA, long non-coding RNA; miRNA, microRNA; VICs, valvular interstitial cells; ELP2, elongator complex protein 2; ART, artesunate; NAC, N-acetylcysteine; NSA, necrosulfonamide; BPA, bisphenol A; OCN, osteocalcin; CAPE, caffeic acid phenethyl ester; TCM, traditional Chinese medicine; AP/PCC, Rhizoma/Phellodendri Chinensis Cortex.

**Author Contributions**

All authors made a significant contribution to the work reported, whether that is in the conception, study design, execution, acquisition of data, analysis and interpretation, or in all these areas; took part in drafting, revising or critically reviewing the article; gave final approval of the version to be published; have agreed on the journal to which the article has been submitted; and agree to be accountable for all aspects of the work.

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**Disclosure**

The authors declare no conflicts of interest in this work.

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