Application of hyperthermia induced by superparamagnetic iron oxide nanoparticles in glioma treatment

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Abstract: Gliomas are a group of heterogeneous primary central nervous system (CNS) tumors arising from the glial cells. Malignant gliomas account for a majority of malignant primary CNS tumors and are associated with high morbidity and mortality. Glioblastoma is the most frequent and malignant glioma, and despite the recent advances in diagnosis and new treatment options, its prognosis remains dismal. New opportunities for the development of effective therapies for malignant gliomas are urgently needed. Magnetic hyperthermia (MHT), which consists of heat generation in the region of the tumor through the application of magnetic nanoparticles subjected to an alternating magnetic field (AMF), has shown positive results in both preclinical and clinical assays. The aim of this review is to assess the relevance of hyperthermia induced by magnetic nanoparticles in the treatment of gliomas and to note the possible variations of the technique and its implication on the effectiveness of the treatment. We performed an electronic search in the literature from January 1990 to October 2010, in various databases, and after application of the inclusion criteria we obtained a total of 15 articles. In vitro studies and studies using animal models showed that MHT was effective in the promotion of tumor cell death and reduction of tumor mass or increase in survival. Two clinical studies showed that MHT could be applied safely and with few side effects. Some studies suggested that mechanisms of cell death, such as apoptosis, necrosis, and antitumor immune response were triggered by MHT. Based on these data, we could conclude that MHT proved to be efficient in most of the experiments, and that the improvement of the nanocomposites as well as the AMF equipment might contribute toward establishing MHT as a promising tool in the treatment of malignant gliomas.

Keywords: brain tumor, magnetic hyperthermia, magnetic nanoparticle

Introduction

In recent decades, a major challenge for oncologists and neuroscientists has been the understanding of biological mechanisms underlying the formation of tumors in the central nervous system (CNS), as well as the development of therapies that can stabilize, reduce or even eliminate these tumors. Primary malignant CNS tumors represent 1.49% of all cancers; however, although relatively rare, they are associated with high morbidity and mortality.¹ Most of these tumors that originate from glial cells are usually referred to as gliomas.²

Gliomas are a group of heterogeneous CNS neoplasms that can be classified according to the glial cell of origin (ie, astrocytes, oligodendrocytes, ependymal cells, or choroid plexus cells).³ Gliomas are neuroepithelial tumors, which account for 33% of primary tumors and 79% of malignant CNS tumors. Astrocytomas represent 75% of all gliomas, and glioblastomas form 51.7% of cases.¹ Glioblastoma is the most...
frequent and malignant astrocytoma, and despite advances in diagnosis and treatment of these tumors, their prognosis remains dismal.\textsuperscript{4,5} The development of new effective therapies is urgently needed. Hyperthermia induced by magnetic nanoparticles in tumor tissues is a potential therapeutic tool and has been evaluated by various ex-vivo experiments (fragments of tumor tissue removed by surgery) in animal models, with promising results, prompting Phase I studies in humans.\textsuperscript{6,7}

Hyperthermia is a therapeutic procedure that promotes the increase of temperature in body tissues in order to change the functionality of the cellular structures. Its activity is based on the fact that a temperature increase of between 41\textdegree C and 42\textdegree C can induce tumor cell death, as the tumor cells are less resistant to sudden increases in temperature than the normal surrounding cells.\textsuperscript{8} The rise in temperature changes the functioning of many enzymatic and structural proteins in the cells, in turn altering cell growth and differentiation, which can induce apoptosis.\textsuperscript{9,10} Changes triggered by hyperthermia in the cell membrane lead to a reduction in transmembrane transport and destabilize its potential.\textsuperscript{11,12} It is also known that the rise in temperature can affect the synthesis of nucleic acids and inhibition of repair enzymes, and promote changes in the conformation of DNA.\textsuperscript{13} The temperature increase required by hyperthermia can be achieved via different heat sources, such as electromagnetic radiation waves (hyperthermia by radiofrequency or microwave),\textsuperscript{14,15} ultrasound waves,\textsuperscript{16–18} or electrically induced hyperthermia.\textsuperscript{19} These techniques have shown good results, however, the major problem with present conventional methods is reaching a heat homogenous distribution and therapeutic temperatures in the deep region of the tumor to be treated. In this sense, treatment failure results from an insufficient temperature rise in some parts of the tumor, allowing the tumor to recur. What also must be avoided is the excessive increase in temperature which would cause peritumoral tissue damage. The magnetic hyperthermia (MHT) technique has partly solved these problems.

Studies on the application of magnetic materials to promote hyperthermia began with Gilchrist et al\textsuperscript{20} in the late 1950s. After this work, many empirical studies have been carried out to evaluate the therapeutic expression in different tumor types. However, the results of these preliminary studies had their widespread use in academic circles only in the early 1990s, and today there are a small number of clinical studies in this area.\textsuperscript{21–24} Thus, more detailed studies on the physical limitations, degree of toxicity, and efficiency that would allow a better applicability of the method to humans are needed.

The principle of MHT comprises the administration of a magnetic fluid within the tumor for subsequent application of an alternating magnetic field (AMF), which will promote warming of the region.\textsuperscript{20} At present, MHT is presented as a noninvasive promising technique, efficient in implementing hyperthermia in deep and inaccessible tissues. The advantage of MHT is related to its specificity to tumorigenic tissues, ensuring less damage to healthy tissues due to the uniform distribution of temperature and the high rate of heat transfer.

The efficiency of the MHT technique is extremely dependent on the different properties of the particles, such as size, magnetization, and the value of the Curie temperature. The Curie temperature is the maximum temperature reached by a magnetic particle. Knowledge about the Curie temperature of a magnetic particle allows an efficient temperature control to avoid overheating the tissue.\textsuperscript{25} Of great importance are also the different parameters of the magnetic field used, such as intensity and frequency that will achieve the desired temperature.\textsuperscript{26} The main aim in this area is to improve the parameters above in order to obtain the best treatment efficacy. At present, some preliminary studies\textsuperscript{23,27} that practice the clinical use of MHT to treat gliomas suggest that the superparamagnetic nanoparticles of iron oxide (SPION) have appropriate intratumoral distribution and are able to promote controlled heating of the region to hyperthermic temperatures without causing major side effects. In this sense, the objective of this review is to find in the literature, studies that discuss the relevance of hyperthermia induced by magnetic nanoparticles subjected to an AMF, in the treatment of gliomas. We have included preclinical testing (application of MHT in tumor models) and even clinical studies, which have been used with this technique, as therapy alone or even associated with other therapies. Although gliomas are exclusively CNS tumors, we have included animal model studies even where tumors have been implanted outside the CNS, as they originated from glioma cell lines (eg, T-9 rat glioma cells).

**Methods**

The search for publications was conducted from January 1990 to October 2010 based on the electronic data banks: ISI Web of Science and PubMed. The search keywords were as follows: [(Brain tumor), (glioma) or (glioblastoma)] and [(magnetic fluid hyperthermia), (magnetic hyperthermia) or (induction heating)]. In this review, three authors (LM, JBM, and TRO) independently checked the titles and abstracts of the articles obtained in the electronic search.
Next, three other authors (LFG, LFP, and TTS) verified the quality of the methods, inclusion criteria, and data to be collected. Following this, three more authors (ACS, SMFM, and EAJR) extracted the data and tabulated the results.

The publications had to satisfy the following inclusion criteria: 1) published in English, 2) original works, 3) hyperthermia was used for the purpose of promoting glioma tumor cell death, and 4) used nanoparticles of iron oxide under the influence of an AMF as a mediator of hyperthermia.

## Results

We identified 71 publications by electronic search. Considering the inclusion criteria, we selected 15 articles: 3 in vitro studies,28–30 10 animal model studies,23,29,31–37 and 2 clinical studies.6,27 Although there are different centers around the world that study magnetic hyperthermia as a cancer therapy, studies of application in glioblastoma tumors are concentrated mainly in two research centers, the Department of Biotechnology, School of Engineering, Nagoya University, Japan and the Department of Radiation Medicine, University of Charité Medicine, Germany.

### Physical parameters for efficient heating

**Physicochemical properties of magnetic nanoparticles**

The studies in vitro, in vivo, and in humans, in this review, used SPION corresponding to the crystalline phase of magnetite, whose physicochemical characteristics are summarized in Table 1. In the in vitro studies,28–30 the diameter of the nucleus of the SPION ranged from 20 to 35 nm. In vivo applications used SPION in the range of 1–35 nm, while human studies were performed with a SPION from 12 to 15 nm. Colloidal suspensions with various concentrations of iron, ranging from 0.2 to $1 \times 10^7$ mg/mL (Table 1), were employed in these studies. In all studies of this review, the hydrodynamic diameter of SPION was not notified, but the aminosilane particles produced by MagForce Nanotechnologies AG (Berlin, Germany) had a hydrodynamic diameter of $\sim 20$ nm.38

For in vitro applications, the coating material of SPION was a lipid layer (N-$(\alpha$-trimethylammonioacetyl)-didodecyl-D-glutamate chloride [TMAG], dilauroylphosphatidylcholine [DLPC], dioleoylphosphatidyl-ethanolamine [DOPE], 1:2:2 cationic; DLPC, DOPE, 1:1 neutral28,29 and PVP (polyvinylpyrrolidone) with poly (ethylene glycol) (200) methyl ether methacrylate (PEG200MMA), PEG1000MMA, triethylene glycol dimethacrylate (TEGDMA), and poly (ethylene glycol) (400) dimethacrylate (PEG400DMA).30 For in vivo applications, the lipid layers29,31–34,36 carboxymethylcellulose (CMC)37 and carboxydextran DDM128P6 aminosilane35 were used, and for human studies SPION coated with aminosilane6,27 was used.

Most studies used magnetite coated with cationic liposomes (MCL) and SPION coated with aminosilane. For in vitro and in vivo studies that used MCL,28,29,31–34,36 the affinity of MCL to the cells, compared with the liposomes of neutral charge, was enhanced due to the electrostatic interaction on the basis of the positive charge of the MCL; a higher affinity was produced by electrostatic interaction with the phospholipid cell membrane that was negatively charged. In the in vivo studies performed with MCL for the treatment of tumors,32,33 the tumor regression was associated with the high distribution of MCL, presenting a great potential for treatment due to necrosis of the tumorigenic cells, not only by heating, but also by inducing an immune response.34 Le et al35 have demonstrated that the MCL, besides being used for tumor hyperthermia, could also be linked to an antibody fragment, which would increase its specificity for glioma cells in vitro and in vivo. Human studies done with SPION coated with aminosilane6,27 showed that the SPION presented themselves as good specific markers in the therapy of tumors. The distribution of SPION was analyzed by autopsies on brains, which showed that the SPION installed were dispersed and distributed in aggregate forms in the region of the necrosis, and the distribution was restricted to the sites of instillation.27

### Alternating current (AC) magnetic field system to MHT therapy

From Table 1 it can be observed that the oscillation frequency of the magnetic field, collected for all studies, is mainly defined as being close to 100 kHz (ranging from 88.9 to 150 kHz); there is only one article that uses a frequency of 297 kHz.30 The intensities of the magnetic field used to promote heating throughout the protocol are not commonly presented in the articles, but the maximum capacity of the magnetic field generators is between the values of 11.0 and 30.6 kA/m. With respect to magnetic field applicator configuration, the horizontal coil and ferromagnetic core coil have been used as major setup to in vivo experiments; however, for clinical trials, the unique magnetic field applicator available has a ferrite-core configuration. In two in vitro studies,28,30 they used the configuration of the applicator in vertical coil, and in only one study29 the configuration was with a horizontal coil. In most studies, the specific loss of power or specific absorption rate are not indicated; however, studies performed by Shinkai et al,28 Le et al,35 and Rabias et al39 reported values of 140, 96, and 286 W/g, respectively.
Table 1  Physico-chemical properties of nanoparticles based on iron oxide and features of magnetic field applicator for the treatment of gliomas in MHT

<table>
<thead>
<tr>
<th>Study</th>
<th>Iron oxide</th>
<th>([\text{Fe}_3\text{O}_4] \times 10^5) (µg/ML)</th>
<th>(&lt;\text{D}_{\text{ave}}&gt;) (nm)</th>
<th>Coating</th>
<th>Manufacture</th>
<th>Magnetic field intensity (kA/m)</th>
<th>Magnetic field frequency (kHz)</th>
<th>Coil configuration</th>
<th>SLP/SAR (W/g)</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>In vitro</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Shinkai et al(^{28})</td>
<td>Magnetite</td>
<td>(2–8) × 10^{-4} and (2.5–10.0) × 10^{-3}</td>
<td>35</td>
<td>TMAG, DLPC, DOPE, 1:2:2 cationic; DLPC, DOPE, 1:1 neutral</td>
<td>Synthesized (nitrite oxidation method followed by sonication method)</td>
<td>30.6</td>
<td>118</td>
<td>Vertical coil</td>
<td>140.0</td>
</tr>
<tr>
<td>Ito et al(^{29})</td>
<td>Magnetite</td>
<td>100</td>
<td>35</td>
<td>TMAG, DLPC, DOPE, 1:2:2 cationic</td>
<td>Synthesized (nitrite oxidation method followed by sonication method)</td>
<td>30.6</td>
<td>118.0</td>
<td>Horizontal coil</td>
<td>N/I</td>
</tr>
<tr>
<td>Meenach et al(^{30})</td>
<td>Magnetite</td>
<td>0.0158–0.0793</td>
<td>20–30</td>
<td>PVP (PEG200MMA, PEGI000MMA, TEGDMA, PEG400DMA)</td>
<td>Nanostructure and amorphous materials (Los Alamos, NM) followed by free-radical polymerization</td>
<td>25.0</td>
<td>297.0</td>
<td>Vertical coil</td>
<td>N/I</td>
</tr>
<tr>
<td><strong>In vivo</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Yanase et al(^{31})</td>
<td>Magnetite</td>
<td>0.2 × 10^{-2}</td>
<td>35</td>
<td>TMAG, DLPC, DOPE, 1:2:2 cationic</td>
<td>Synthesized (nitrite oxidation method followed by sonication method)</td>
<td>30.6</td>
<td>118.0</td>
<td>Horizontal coil</td>
<td>N/I</td>
</tr>
<tr>
<td>Yanase et al(^{32})</td>
<td>Magnetite</td>
<td>0.075</td>
<td>1</td>
<td>TMAG, DLPC, DOPE, 1:2:2 cationic</td>
<td>Synthesized (nitrite oxidation method followed by sonication method)</td>
<td>30.6</td>
<td>118.0</td>
<td>Horizontal coil</td>
<td>N/I</td>
</tr>
<tr>
<td>Yanase et al(^{33})</td>
<td>Magnetite</td>
<td>0.075</td>
<td>10</td>
<td>TMAG, DLPC, DOPE, 1:2:2 cationic</td>
<td>Synthesized (nitrite oxidation method followed by sonication method)</td>
<td>30.6</td>
<td>118.0</td>
<td>Horizontal coil</td>
<td>N/I</td>
</tr>
<tr>
<td>Shinkai et al(^{34})</td>
<td>Magnetite</td>
<td>0.075</td>
<td>10</td>
<td>TMAG, DLPC, DOPE, 1:2:2 cationic</td>
<td>Synthesized (nitrite oxidation method followed by sonication method)</td>
<td>30.6</td>
<td>118.0</td>
<td>Horizontal coil</td>
<td>N/I</td>
</tr>
<tr>
<td>Le et al(^{35})</td>
<td>Magnetite</td>
<td>0.05</td>
<td>35</td>
<td>Antibody-conjugated, liposomes (TMAG, DLPC, DOPE, 1:2:2 cationic)</td>
<td>Synthesized (nitrite oxidation method followed by sonication method)</td>
<td>30.6</td>
<td>118.0</td>
<td>Horizontal coil</td>
<td>96.0</td>
</tr>
<tr>
<td>Ito et al(^{36})</td>
<td>Magnetite</td>
<td>0.15</td>
<td>10</td>
<td>TMAG, DLPC, DOPE, 1:2:2 cationic</td>
<td>Synthesized (nitrite oxidation method followed by sonication method)</td>
<td>30.6</td>
<td>118.0</td>
<td>Horizontal coil</td>
<td>N/I</td>
</tr>
<tr>
<td>Ohno et al(^{37})</td>
<td>Magnetite</td>
<td>18.3</td>
<td>10</td>
<td>CMC</td>
<td>Synthesized (nitrite oxidation method followed by sonication method)</td>
<td>30.6</td>
<td>118.0</td>
<td>Horizontal coil</td>
<td>N/I</td>
</tr>
<tr>
<td>Ito et al(^{38})</td>
<td>Magnetite</td>
<td>0.075</td>
<td>35</td>
<td>TMAG, DLPC, DOPE, 1:2:2 cationic</td>
<td>Synthesized (nitrite oxidation method followed by sonication method)</td>
<td>30.6</td>
<td>118.0</td>
<td>Horizontal coil</td>
<td>N/I</td>
</tr>
</tbody>
</table>
Of the 15 publications that we have selected for this review, 9 evaluated the MHT technique used in animal models of rats and mice; 2 performed experiments in cell culture, and 1 study used both animal and cell cultures. Three studies involved humans. The description of the results was subdivided as follows: in vitro experiments that included tests in cell culture; in vivo experiments in which animal models were used; ex-vivo and in vivo experiments in humans.

### In vitro experiments

In 1996, Shinkai et al.\(^{28}\) verified the efficiency of MCL as a generator of intracellular hyperthermia. With the application of an AMF in glioma cells (T-9), in the presence of MCL (concentration 7.2 mg/mL), the temperature of the ‘pellet’ center reached 42.6°C in 20 minutes. Cell viability decreased when AMF was applied, reaching 0 number of cells after 40 minutes. Moreover, MCL was seen to be absorbed very well by the cells, reaching 80% of the maximum absorption in 1 hour, thereby facilitating the heating of the cells.

Posteriorly, Ito et al.\(^{29}\) in an in vitro study, observed that hyperthermia, in addition to lysing the cells, promoted an antitumor immune response by activation of heat shock proteins (HSP70). After application of AMF, the temperature reached 42°C for 30 minutes by using MCL at a concentration of 100 µg/mL. Hyperthermia promoted necrosis in three types of T-9 cell lines developed. They observed the release of HSP70 protein mainly in the type T-9/HSP70.

In another more recent study using glioblastoma cells (M059K), Meenach et al.\(^{30}\) evaluated the ability of a hydrogel (based on polyethylene glycol) with nanoparticles, in a concentration of 7.93 mg/mL, to promote hyperthermia. There was cell death by thermal ablation (63°C) where hydrogel with the nanoparticles was applied, effective in the region of the plate, but there was no death in the surrounding region. Table 2 summarizes the main findings of the in vitro experiments.

### In vivo experiments – animal model

**Therapeutic protocol in animal models**

Table 3 compares animal models and shows that the selected studies evaluate the effects of MHT therapy on tumor sizes between 3 and 18 mm, with the highest frequency between 10 and 18 mm, which has been included in 6 of 10 articles. One study\(^ {37} \) did not report the size of the tumor evaluated.

The cell lines used in most studies (6 of 10 studies) were T-9 cells implanted into Fischer F344 rats.\(^ {23,29,31–34,37} \) The minimum number of cells inoculated ranged from \(1 \times 10^5\) to

<table>
<thead>
<tr>
<th>Publication</th>
<th>Cell Line</th>
<th>Animal Model</th>
<th>AMF Protocol</th>
<th>MCL Protocol</th>
<th>MHT Protocol</th>
<th>Results</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jordan et al.(^{23})</td>
<td>T-9</td>
<td>Fischer F344 rats</td>
<td>Core coil</td>
<td>15 Aminosilane</td>
<td>MagForce, Nanotechnologies AG, Berlin, Germany</td>
<td>N/I</td>
</tr>
<tr>
<td>Rabias et al.(^{39})</td>
<td>Maghemite</td>
<td></td>
<td>Horizontal coil</td>
<td>12 Dextran</td>
<td>286.0</td>
<td>N/I</td>
</tr>
<tr>
<td>Maier-Hauff et al.(^{6})</td>
<td>Magnetite</td>
<td></td>
<td>Ferrite-core applicator</td>
<td>12 Aminosilane</td>
<td>MagForce, Nanotechnologies AG, Berlin, Germany</td>
<td>N/I</td>
</tr>
<tr>
<td>van Landeghem et al.(^{27})</td>
<td>Magnetite</td>
<td></td>
<td>Ferrite-core applicator</td>
<td>12 Aminosilane</td>
<td>MagForce, Nanotechnologies AG, Berlin, Germany</td>
<td>N/I</td>
</tr>
</tbody>
</table>

**Abbreviations:** CMC, carboxymethylcellulose; Dox, doxorubicin; EGF, epidermal growth factor; DMA, dimethacrylate; DOPe, dioleoylphosphatidyl-ethanolamine; MHT, magnetic hyperthermia; MM, methyl methacrylate; MMA, methyl ether methacrylate; N/I, data not informed; PEG, poly (ethylene glycol); PVP, polyvinylpyrrolidone; SLP/SAR, specific loss of power or specific absorption rate; TEGDMA, triethylene glycol dimethacrylate; TMAG, N- (α-trimethylammonioacetyl)-didodecyl-D-glutamate chloride.
Only in 2 studies, the cells were implanted in the brain regions, and in the remaining studies, the cells were applied subcutaneously. For the interval of tumor dimension studied, the amount of iron introduced into the tumor was between 3 µg and 3 mg, as per the comparison of treatment protocols presented in Table 4 and taking into consideration the nine articles that provided such information. With regard to the heating time, Table 4 shows that the authors used protocols of up to 60 minutes. However, in most studies, the duration was 30 minutes. In this sample, 7 articles favored an increase in the number of applications of AMF, with an increase in the exposure time of each application; two being the maximum number of applications observed (Table 4). The therapeutic temperature of choice was found to be between 43°C and 47°C, but most often it was found to be at temperatures of 44°C and 45°C. In most studies (8 of 10 studies) MHT was tested alone; however, 2 studies found that gene therapy added to MHT would promote a greater reduction in tumors.

Effectiveness of MHT in animal models

The effectiveness of MHT in models of gliomas was first reported by Yanase et al. In this study, Fisher F344 rats were used. T-9 cell cultures pre-incubated with MCL were injected subcutaneously. After 20 minutes of AMF, the temperature reached 43°C and went up to 45°C. However, rectal temperature was maintained between 35°C and 36.5°C. The application of AMF, thrice, for 60 minutes, at intervals of 12 hours, was able to completely inhibit tumor cell growth in rats, which were observed for up to 90 days.

In another publication, Yanase et al obtained similar results; however, the MCL was injected in Fisher rats with previously developed tumors. After 15 minutes of AMF, the maximum tumor temperature reached 44°C, with little change in rectal temperature (35°C and 37°C). The group that received three applications of magnetic irradiation for 30 minutes at intervals of 24 hours had a tumor reduction of 87.5%. Histological analysis revealed that in the control group that received no AMF, the MCL was restricted to the area of administration. However, the groups that received AMF showed a homogeneous distribution of MCL that also coincided with the necrotic regions.

In the same year, Yanase et al investigated a possible anti-tumor immune response induced by hyperthermia in the same tumor model as described earlier in mice (T-9); however, tumor induction was performed on both sides of the animal. The heat induction was effective and reached 43°C in the tumor region after a 10 minute application of AMF. The group that
received three sessions of 30 minutes of magnetic irradiation, with intervals of 24 hours, had a complete regression of the tumor on the left side. Although the right side did not receive an application of MCL, it also had total regression of the tumor. Histological analysis revealed the presence of immunocytes (CD3, CD4, CD8, and natural killer [NK] cells) in the group exposed to hyperthermia in the tumor tissues on both sides (left and right). After magnetic irradiation, the cured rats were injected again with T-9 cells and also with cell lines of malignant fibrous histiocytoma (MFH). The authors observed the development of MFH cells only, showing a specific immune response of the tissue to T-9 cells.

The same antitumor immune response triggered by hyperthermia, proposed by Yanase,32 was confirmed by Shinkai et al.34 Soon after tumor growth (T-9 cells) in Fisher rats, after a 15-minute application of AMF, it was observed that the maximum temperature in the tumor reached 44°C. The maximum duration of application of AMF was 30 minutes, and in this time interval, animals in the group receiving magnetic irradiation had a complete regression of the tumor after repeated sessions. After regression, no recurrence was observed for a 3-month period. Injected MCL of 80% to 90% accumulated in the tumor tissue. It was suggested that regression and no recurrence of tumor was on account of an immune response (activation of CD4, CD8, and NK cells) activated by hyperthermia.

In 2001, Ito et al36 suggested that hyperthermia combined with gene therapy could be an effective therapy for the treatment of tumors. For the development of the tumors, human glioma cells (U251-SP) were implanted in the flanks of mice. The application of AMF in the tumor, in the presence of MCL, was able to produce heating to 46°C after 3 minutes. The concomitant injection in the tumor of pGadFNT, a promoter of the tumor necrosis factor (TNF) that was activated by hyperthermia and MCL, promoted an increase of gene expression, TNF-α, after the application of AMF. Application of pGadFNT and MCL and subsequent application of AMF dramatically reduced the tumor, and it was the largest decrease compared with groups in which these compounds were administered alone.

Also in 2001, Le et al35 demonstrated that the effectiveness of MCL in the destruction of tumors could be increased when

<table>
<thead>
<tr>
<th>Study</th>
<th>Tumor cell line</th>
<th>Animal</th>
<th>Gender</th>
<th>Age (weeks)</th>
<th>Injection site</th>
<th>Minimum inoculation (cells)</th>
<th>Days to start MHT after tumor cell inoculation</th>
<th>Tumor size (mm)/shape</th>
</tr>
</thead>
<tbody>
<tr>
<td>Yanase et al31</td>
<td>T-9</td>
<td>Fisher rat F-344</td>
<td>Female</td>
<td>7–8</td>
<td>Subcutaneous (left femoral region)</td>
<td>$1 \times 10^4$</td>
<td>–</td>
<td>3/ellipsoidal</td>
</tr>
<tr>
<td>Yanase et al32</td>
<td>T-9</td>
<td>Fisher rat F-344</td>
<td>Female</td>
<td>6–7</td>
<td>Subcutaneous (left femoral region)</td>
<td>$1 \times 10^7$</td>
<td>11</td>
<td>13–18/ellipsoidal</td>
</tr>
<tr>
<td>Yanase et al33</td>
<td>T-9</td>
<td>Fisher rat F-344</td>
<td>Female</td>
<td>6–7</td>
<td>Subcutaneous (left and right femoral region)</td>
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</tr>
<tr>
<td>Ito et al35</td>
<td>U-251-SP</td>
<td>Athymic nude mice</td>
<td>Female</td>
<td>4</td>
<td>Right flank</td>
<td>$3 \times 10^7$</td>
<td>–</td>
<td>8/−</td>
</tr>
<tr>
<td>Le et al36</td>
<td>U-251-SP</td>
<td>KSN-nu/nu nude mice</td>
<td>Female</td>
<td>4</td>
<td>Subcutaneous (femoral region)</td>
<td>–</td>
<td>21</td>
<td>10/ellipsoidal</td>
</tr>
<tr>
<td>Ohno et al37</td>
<td>T-9</td>
<td>Fisher rat F-344</td>
<td>Female</td>
<td>4</td>
<td>Right cerebral hemisphere space</td>
<td>$5 \times 10^6$</td>
<td>8</td>
<td>–</td>
</tr>
<tr>
<td>Ito et al38</td>
<td>T-9</td>
<td>Fisher rat F-344</td>
<td>Female</td>
<td>6</td>
<td>Subcutaneous (C6) space</td>
<td>$1 \times 10^4$</td>
<td>–</td>
<td>10−</td>
</tr>
<tr>
<td>Jordan et al39</td>
<td>RG-2</td>
<td>Fisher rat F-344</td>
<td>Male</td>
<td>–</td>
<td>Thalamus region</td>
<td>$1 \times 10^6$</td>
<td>4</td>
<td>3−4/round</td>
</tr>
<tr>
<td>Rabias et al40</td>
<td>C6</td>
<td>Wistar rat</td>
<td>Male</td>
<td>–</td>
<td>Subcutaneous (anterior bregma region)</td>
<td>$8 \times 10^6$</td>
<td>28</td>
<td>5−10−</td>
</tr>
</tbody>
</table>

Abbreviation: MHT, magnetic hyperthermia.
**Table 4** Comparison of different treatment protocols used in animal models with glioma

<table>
<thead>
<tr>
<th>Study</th>
<th>Animals groups/number</th>
<th>Main tumor length (mm)</th>
<th>Fe$_3$O$_4$ weight administered (µg/µL)</th>
<th>Time to AMF application after Fe$_3$O$_4$ administration (hours)</th>
<th>Maximum therapeutic temperature$^a$ (°C)</th>
<th>Time to reach the therapeutic temperature (minutes)</th>
<th>Time of AMF application per session (minutes)</th>
<th>Number of AMF applications per group</th>
<th>Method to assess the MHT</th>
<th>Combined therapy</th>
</tr>
</thead>
<tbody>
<tr>
<td>Yanase et al$^{31}$</td>
<td>3/5</td>
<td>3</td>
<td>3 µg/150 µL</td>
<td>N/I</td>
<td>45</td>
<td>20</td>
<td>60</td>
<td>1 and 3</td>
<td>“Tumor take”</td>
<td>No</td>
</tr>
<tr>
<td>Yanase et al$^{32}$</td>
<td>4/10–13</td>
<td>13–18</td>
<td>3 mg/400 µL</td>
<td>24</td>
<td>44</td>
<td>15</td>
<td>30</td>
<td>1, 2, and 3</td>
<td>Berlin blue counterstained with Kernechtrot or HE</td>
<td>No</td>
</tr>
<tr>
<td>Yanase et al$^{33}$</td>
<td>2/8, 21</td>
<td>13–18</td>
<td>3 mg/400 µL</td>
<td>24</td>
<td>45</td>
<td>10</td>
<td>30</td>
<td>3</td>
<td>“Tumor volume”</td>
<td>No</td>
</tr>
<tr>
<td>Shinkai et al$^{34}$</td>
<td>4/5</td>
<td>13–18</td>
<td>3 mg/400 µL</td>
<td>N/I</td>
<td>44</td>
<td>15</td>
<td>30</td>
<td>1, 2, and 3</td>
<td>HE, Immunohistochemistry (CD3, CD4, CD8, and NK)</td>
<td>No</td>
</tr>
<tr>
<td>Le et al$^{35}$</td>
<td>2/5</td>
<td>10</td>
<td>0.5 mg/100 µL</td>
<td>24</td>
<td>43</td>
<td>20</td>
<td>30</td>
<td>3</td>
<td>Immunohistochemistry (CD3, CD4, CD8, and NK)</td>
<td>No</td>
</tr>
<tr>
<td>Ito et al$^{36}$</td>
<td>4/5</td>
<td>8</td>
<td>3 mg/200 µL</td>
<td>24</td>
<td>46</td>
<td>3</td>
<td>30</td>
<td>1</td>
<td>Immunohistochemistry (G22–FML)</td>
<td>No</td>
</tr>
<tr>
<td>Ohno et al$^{37}$</td>
<td>3/5</td>
<td>N/I</td>
<td>N/I</td>
<td>24</td>
<td>44.4</td>
<td>N/I</td>
<td>30</td>
<td>1 and 3</td>
<td>Immunohistochemistry (TNF-α), TNF-α ELISA</td>
<td>No</td>
</tr>
<tr>
<td>Ito et al$^{38}$</td>
<td>4/5</td>
<td>10</td>
<td>3 mg/400 µL</td>
<td>24</td>
<td>45</td>
<td>4</td>
<td>30</td>
<td>1, 2, and 3</td>
<td>HE, Berlin blue, “Survival rate”, Berlin blue counterstained with Kernechtrot or HE</td>
<td>No</td>
</tr>
<tr>
<td>Jordan et al$^{39}$</td>
<td>10/12</td>
<td>3–4</td>
<td>1.8 mol/L</td>
<td>39, 43–47</td>
<td>10</td>
<td>40</td>
<td>1</td>
<td>HSP 70 gene therapy</td>
<td>No</td>
<td></td>
</tr>
<tr>
<td>Rabias et al$^{40}$</td>
<td>2/–</td>
<td>5–10</td>
<td>3 mg/150 µL</td>
<td>0</td>
<td>N/I</td>
<td>N/I</td>
<td>20</td>
<td>1</td>
<td>HE, Prussian blue/ immunohistochemistry (PCNA and GFAP)</td>
<td>No</td>
</tr>
</tbody>
</table>

*Note:* Maximum temperature reached in a period of application of AMF.

**Abbreviations:** AMF, alternating magnetic field; ELISA, enzyme-linked immunosorbent assay; GFAP, glial fibrillary acidic protein; HE, hematoxylin-eosin; HSP, heat shock protein; MHT, magnetic hyperthermia; N/I, data not informed; NK, natural killer; PCNA, proliferating cell nuclear antigen; TNF, tumor necrosis factor; TUNEL, terminal deoxynucleotidyl transferase dUTP nick end labeling; HE, hematoxylin-eosin; N/I, data not informed.
it was coupled with a fragment of a specific antibody for tumors (Fab fragment). Thus, tumors were developed in mice with human glioma cells (U251-SP). It was found that the MCL conjugated to the antibody Fab was captured by tumor cells seven times more than MCL without a specific antibody, and after application of AMF, there was a rapid increase in tumor temperature reaching 40°C in 5 minutes and 43°C after 30 minutes. Moreover, tumor growth was inhibited for up to 2 weeks.

In 2002, Ohno et al.29 tested the efficacy of a new SPION, CMC ‘stick type’, based on a magnetite, in the generation of heat. This SPION was evaluated in tumors developed in Fisher rat brains that were inoculated with T-9 cells. The nanoparticles were effectively heating the tumor tissue to 44.4°C, after AMF application, besides being widely distributed after three applications. It was found that the nanoparticles did not invade normal brain tissues surrounding the tumor. Total remission of the tumor was observed in only one animal in the group, which underwent three sessions of MHT. Moreover, this group verified higher survival when compared with other groups. Thus, the data showed a good performance by the nanoparticles in the induction of hyperthermia.

In the studies of Ito et al., hyperthermia was still identified as an inducer of antitumor immune factors.29 In this study, it was hypothesized that hyperthermia activated HSPs, which in turn triggered an antitumor immune response. Tumors in Fisher rats developed from the inoculation of T-9 cells into the subcutaneous space. The application of AMF in the tumor, in the presence of MCL, was able to produce heating up to 42°C after 4 minutes, reaching 45°C. Along with the heating there was an increase in HSP70 protein expression. It was observed that the HSP70 protein was able to trigger an antitumor immune response. Moreover, it was found that on account of hyperthermia the dead cells released HSP70 protein.

Recently, Jordan et al.23 observed the efficiency of hyperthermia promoted by SPION with two different types of coatings (carboxidextran and aminosilane) in an animal model of brain tumor (RG-2). In relation to the controls, after MHT, the tumors did not differ in dimension or histopathology. There was a decrease in the level of cell proliferation in the group that used nanoparticles coated with aminosilane. In the same group there was an increase in the average survival of animals. The gain in survival was correlated with increased intratumoral temperature, observed during the treatment. Nanoparticles coated with aminosilane remained stable within the tumor when compared with those coated with carboxidextran, and were well distributed in the tumor tissue after histological analysis. It was concluded that thermotherapy using SPION coated with aminosilane was effective in causing an extension of survival in animals submitted to the tumor model.

Finally, Rabias et al.39 demonstrated in a study of synthesis and characterization, the efficiency of a maghemite ferrofluid coated with dextran with high surface charge (denominated S3). The results showed that even with the injection of small quantities, there was a rapid heating and good distribution in tumor. An amount of 150 uL of ferrofluid was injected into extracranial tumors developed from the C6 cell line in Wistar rats.

During the application of AMF of low intensity (11 kA/ma 150 kHz for 20 minutes), performed by monitoring the temperature with infrared image, they observed that the heating was restricted to the tumor area. After treatment, animals were submitted to histological analysis, and there was extensive damage or even the dissolution of the tumor tissue. This damage was restricted to the tumor area. In control groups where the ferrofluid was injected without application of a magnetic field or even in the group that there was no injection, but the animals were submitted to AMF, there was no detected tumor damage. Thus, they concluded that the ferrofluid tested, due to its high surface charge, prevented the formation of clusters, with a good dispersion in tumor tissue during heating, showing its excellent applicability in living organisms.

The main findings observed in the studies using animal models for evaluation of MHT to treat gliomas are summarized in Table 3.

In vivo and ex-vivo experiments in humans

Clinical studies were started by Maier-Hauff et al.,6 wherein the efficacy and tolerability of hyperthermia induced by SPION-coated aminosilane combined with radiotherapy was evaluated in 14 patients for the treatment of recurrent glioblastoma multiforme. The eligibility criteria for the study were: age greater than or equal to 18 years, life expectancy greater than 3 months, tumor diameter less than 5 cm, no multilocular growth, and no metal material near the tumor focus. Each patient received an average of six sessions of thermotherapy. These sessions were preceded with instillation of approximately 0.2 mL of magnetic fluid per mL tumor volume. The average intratumoral temperature reached during the sessions was 44.6°C.

After each thermotherapy session, the patients underwent a simple fraction (2 Gy) of radiotherapy series of 30 Gy, on average. All the patients were tolerant of the instillation of SPION, not showing any complications or adverse effects.
applying MHT and yet it promoted necrosis with subsequent
that the internalization by macrophages would be promoted by
macrophages and minimally by tumor cells. It was suggested
the internalization of the nanoparticles was mainly driven by
in multiple locations. Immunohistochemical data revealed that
clusters, and that the necrotic regions were confined to the local
area inherent in the tumor. A histological analysis showed that
the nanoparticles injected were dispersed in the form of
the nanoparticles, indicating the need for instillation in
multiple locations. Immunohistochemical data revealed that
in the tumor region, the presence of many nanoparticles in the tumor
exceeded an expectation greater than 3 months. Seven of 66 patients
did not attend the inclusion criteria, which resulted in 59 patients

18 and 75 years; score ≥69 in the Karnofsky test; and life
expectancy of up to 3 months. Seven of 66 patients did not

Table 5 Case reports and results of the autopsies of three patients with glioblastoma who received MHT therapy

<table>
<thead>
<tr>
<th>Patient</th>
<th>Sex</th>
<th>Age (years)</th>
<th>Glioblastoma</th>
<th>Primary treatment line</th>
<th>Secondary treatment line</th>
<th>Amount of magnetic liquid instilled (mL)</th>
<th>Intratumoral temperature (°C)</th>
<th>Survival after hyperthermia (months)</th>
<th>Brain mass (g)</th>
<th>Autopsy notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>P1</td>
<td>Male</td>
<td>41</td>
<td>Left Frontoparietal</td>
<td>Surgery, radiotherapy, and chemotherapy</td>
<td>Radiotherapy and six sessions of hyperthermia</td>
<td>4.5</td>
<td>49.5</td>
<td>7.9</td>
<td>1.780</td>
<td>Signs of transtentorial and subfalcial herniation</td>
</tr>
<tr>
<td>P2</td>
<td>Male</td>
<td>57</td>
<td>Left Temporo-occipital</td>
<td>Untreated</td>
<td>–</td>
<td>4.2</td>
<td>–</td>
<td>–</td>
<td>1.610</td>
<td>Signs of transtentorial herniation</td>
</tr>
<tr>
<td>P3</td>
<td>Male</td>
<td>69</td>
<td>Left Temporal</td>
<td>Surgery and radiotherapy</td>
<td>Chemotherapy and six sessions of hyperthermia</td>
<td>4.6</td>
<td>65.6</td>
<td>2.1</td>
<td>1.640</td>
<td>Generalized edema with transtentorial and tonsillar herniation</td>
</tr>
</tbody>
</table>

Notes: 

- All lesions showed aspects of solid tumor with necrosis and hemorrhage, and all autopsies demonstrated multifocal deposition of magnetic nanoparticles, particularly within the geographic necrosis, as the morpho-histological aspects were similar among patients expressing GFAP in one third of the tumor cells and S100 in most cells. There was no difference between surgical biopsies of patients 1 and 3 regarding the rate of mitosis and proliferation. 
- The patient died of pneumonia 14 days after instillation of the magnetic fluid.

Source: Van Langelheim et al. 
Abbreviations: GFAP, glial fibrillary acidic protein; MHT, magnetic hyperthermia.
being included in the survival statistical analysis. The average of ferrofluid injected was 4.5 mL, corresponding to an average of 0.28 mL of ferrofluid per cm³ of tumor volume. The AMF (100 kHz) applied ranged from 2 to 15 kA/m. Radiotherapy was applied before or after thermotherapy, with an average dose of 30 Gy, using fractions of 5 × 2 Gy weekly.

In general, two aspects were studied: patient survival after the diagnosis of first recurrence of the tumor (OS-2) and survival after the diagnosis of primary tumor (OS-1). In the OS-2 group, the average survival of 13.4 months was higher compared with 6.2 months in conventional treatments realized by Stupp et al.⁴⁰ The OS-1 group average was 23.2 months in contrast with the study by Stupp, where the average was 14.6 months. In this study, the increase in survival of patients could be correlated to thermotherapy in association with radiotherapy. In addition, thermotherapy showed few side effects and no serious complication, being a good treatment option when compared with conventional therapies.

Discussion

The studies selected for this review sought to evaluate the use of the technique of MHT to treat gliomas with assays in cell culture, animal models, and clinical trials. Some of these studies showed possible mechanisms triggered by hyperthermia leading to death of the tumor cells, in addition to associating hyperthermia with other therapeutic modalities.

The studies that were aimed at the use of MHT in glioma cells (T-9) began with Shinkai,²⁸ through the development of nanoparticles coated with cationic liposomes (MCL), as they were efficient in generating heat, besides having a high affinity to the cell surface, as they are positively charged. The efficiency of MCL was confirmed by Yanase³¹ with glioma T-9 cells, preincubated with MCL which were destroyed after subcutaneous implantation in Fisher rats and subsequent application of AMF. Yanase et al³² also observed that MCL had good distribution after application of AMF, and the best therapeutic strategy in Fisher rats that had developed tumors was the application of three sessions of magnetic radiation. With these studies, it was concluded that MCL could be a nanoparticle functionalized with a good performance for application in MHT.

After confirming the efficiency of MCL, these authors sought to investigate the mechanisms of destruction of glioma tumor cells that could be triggered by MHT. Yanase et al³³ proposed that MHT would be responsible for an antitumor immune response. In this study, they found that hyperthermia induced and promoted an increase of immune cells CD3, CD4, and CD8, and NK cells, in the tumor tissue of Fisher rats. In the following year, Shinkai et al³⁴ obtained similar results to those obtained from the studies of Yanase in Fisher rats that received three sessions of hyperthermia, and they noted a significant antitumor immune response against repeated inductions of heat. Following this line of study, in 2003, Ito et al²⁹ demonstrated that the immune response observed in tumors undergoing MHT would be primarily activated by HSPs that had increased from the elevation of temperature, both in vitro and in vivo experiments. A significant increase in HSP70 was observed in this study.

From the year 2000, there was an intention of associating hyperthermia with other therapies for the treatment of gliomas. Ito et al³⁶ found that the application of a promoter of TNF (pGadFNT) associated with the MCL in the tumor and the subsequent application of AMF would lead to over-expression of TNF-α, significantly reducing the tumor tissue. Similarly, Le et al³⁵ found an increased affinity of MCL to tumorigenic cells with the association of an antibody fragment (Fab), leading to a reduction in tumor growth. These data suggested that hyperthermia associated with other therapies could potentiate its effect.

In 2002, studies that sought new nanocomposites with different coatings, which were able to destroy glioma cells by generating heat, were initiated. In this sense, Ohno et al³⁷ evaluated the efficacy of stick-type CMC. It was noted, after three sessions of AMF, that there was a good distribution of these nanoparticles in the tumor tissue, with no detection in the tissues surrounding the tumor. The efficient heating through these nanoparticles led to remission of the tumors. By then, Jordan et al³³ had tested two new coats: carboxidextran and aminosilane. Aminosilane was more effective compared with carboxidextran, showing a decrease in cell proliferation in the region of the tumor and an increase in the survival of animals that used this nanoparticle. Yet, in the evaluation of new nanocomposites, Meenach et al³⁸ verified in in vitro tests, the ability of nanoparticles immersed in hydrogel (PEG) to promote hyperthermia. The application of hydrogel lysed glioblastoma cells into the culture did not affect the cells that were around the gel, showing their effectiveness in reaching only cells bathed by the gel.

Recently, Rabias et al³⁹ characterized a new nanoparticle with a high surface charge (maghemite coated with dextran) with excellent heating in both in vitro and in vivo tests. In this study, the model of glioblastoma was performed in Wistar rats (model C6). The heating was achieved satisfactorily with the instillation of small volumes of ferrofluid, and presented a good distribution in tumor. The nanoparticle was able, in some cases, to promote complete dissolution of the tumor tissue. Its efficiency was attributed to higher surface charge and the need for small volumes to get a good warming-up.
The development of new nanocomposites made the hyperthermia process effective in achieving the desired temperature in a localized manner, which brought great benefits to patients who used this treatment.

Clinical studies of MHT began with Jordan et al41 who presented a new system of application of the magnetic field to generate hyperthermia, using magnetic fluids, for future applications in the treatment of glioblastomas and prostate carcinoma. However, in 2007, Maier-Hauß et al6 presented a clinical study of 14 patients where MHT was applied (combined with radiotherapy) for the treatment of glioblastomas. A good tolerability to the technique was observed by the patients, without any major side effects. Four patients in this study died, although their deaths were not related to tumor progression or thermotherapy. This could be an indication that the technique of MHT would stop the development of the tumor, thus promising the use of thermotherapy in tumor control, but it is still necessary to have many more studies. In 2009, Van Landeghem et al27 performed a postmortem study in patients with glioblastoma undergoing MHT. The anatomopathological examination verified the presence of many nanoparticles that were dispersed or in an aggregated form, in the tumor tissues. The necrotic regions were limited to areas of instillation of the nanoparticles, which showed that application to more areas was necessary to reach all tumor tissues. It was also found that internalization of the nanoparticles was mainly driven by macrophages and not by tumor cells.

In 2010, following the clinical studies, Maier-Hauß et al7 performed a study of 69 patients with recurrent glioblastoma who underwent radiotherapy in combination hyperthermia induced by magnetic nanoparticles. The results of this paper displayed differently to their initial studies, an increase in patient survival when compared with conventional therapies.40

Another advantage was the low doses of radiation applied, suggesting that thermotherapy had a major role in increasing survival to these patients. Moreover, it was proposed that this new therapy can be applied in other tumor tissues of the body, since they have similar sensitivity to warming.

Conclusion
In this review we have discussed the application of magnetic hyperthermia for the treatment of gliomas. MHT had its efficacy demonstrated through experiments in vitro where the application of MHT to tumor cell culture promoted cell death by necrosis and/or apoptosis, or even via thermal ablation. This effectiveness was confirmed in the experimental models of rodents where an increase in survival and, in some cases, a decrease or total regression of tumor mass was observed. In addition, in the first clinical trials, MHT was seen to be promising when combined with other conventional therapies, as a complementary therapy.

Based on these data, we can conclude that MHT has shown to be effective in many cases; however, an improvement of nanocomposites as well as the upgrading of equipment for induction of AMF, could contribute to the establishment of technique in the treatment of gliomas.

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Disclosure
The authors report no conflicts of interest in this work.

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