

MALAT1 in Liquid Biopsy: The Diagnostic and Prognostic Promise for Colorectal Cancer and Adenomas?

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Introduction: The development of colorectal cancer (CRC) is a multistep process accompanied by the accumulation of mutations that start from specific precancerous lesion – colorectal adenomas (CA). CRC incidence and mortality can be reduced by the early identification of these neoplasm. Colonoscopy is the most widely used screening method for CRC identification. Nowadays, clinical research interest is shifting to the use of liquid biopsy that may help with the early diagnosis of CA and CRC. In our previous study, we identified long non-coding RNA *MALAT1* gene amplification associated with the development of CA.

Methods: This study aimed to describe the potential of *MALAT1* expression levels in the adenoma tissue of patients used in the previous study by real-time qPCR. Furthermore, we analysed the plasma samples of an independent group of patients with CA (n=97), CRC (n=101), and cancer-free individuals (CFI, n=48).

Results: There was no difference in the *MALAT1* expression level between CA patients with or without *MALAT1* amplification. However, the plasma *MALAT1* expression levels were significantly upregulated in patients with CRC and CA compared to CFI (for both p<0.001). Moreover, a correlation between *MALAT1* expression and histological types of adenomas was identified– high-CRC-risk adenomas also displayed the highest *MALAT1* expression levels. Furthermore, in CRC patients, *MALAT1* levels were associated with a response to therapy.

Conclusion: *MALAT1* expression levels could serve as a promising circulating biomarker for early CA and CRC diagnosis, and even as a predictor of therapy response in CRC patients.

Keywords: MALAT1, colorectal adenomas, colorectal cancer, plasma, liquid biopsy

Introduction

Most colorectal cancer (CRC) arises from specific precancerous lesion – colorectal adenomas (CA).^{1,2} CA are neoplastic lesions arising from aberrant cells and some of the adenomas are precursors of CRC.² Based on their histological characteristics are neoplastic sporadic adenomas divided to benign adenomas (tubular, villous, and tubulovillous), and serrated adenomas (sessile serrated and traditional serrated adenomas). Hyperplastic adenomas are usually identified as non-neoplastic lesion.³ The multistep process that leads to the transformation of small into larger adenomas and, subsequently, carcinomas, is the result of the accumulation of several gene mutations, genome instability and epigenetic factors.⁴

The early identification and removal of adenomas reduces the incidence of CRC and, consequently, mortality. One of the most frequently used screening methods is colonoscopy, during which the endoscopist can immediately remove an adenoma upon detection.⁵ Nevertheless, there are several complications (such as extensive patient preparation, risk of intestinal perforations, and bowel bleeding) that deter patients from undergoing this invasive examination.⁶

Recently, research attention has focused on liquid biopsy, which has many advantages and could compete with traditional biopsy. Liquid biopsy may better reflect the entire genetic profile of tumour clones presented in patients and supports personalized medicine.⁷ Liquid biopsy may also help with the early diagnosis of adenomas or tumours, prediction of therapy response and resistance, and disease recurrence.^{8–10} Cell-free nucleic acids (such as DNA, RNA, or non-coding RNAs) can be extracted from many body fluids, analysed by a wide variety of methods, and therefore represent promising biomarkers for cancer and other diseases.^{10–12}

In the past, most studies have focused primarily on short non-coding RNAs, and long non-coding RNAs (lncRNAs) were overlooked. lncRNAs are a class of non-coding RNAs longer than 200 nucleotides and may play an important role in gene regulation and association with the occurrence of many human diseases, such as cancer.^{13–15} Specifically, in our previous study by Siskova et al, we investigated the structural and numerical chromosomal aberrations in adenoma tissues and adjacent mucosa by array comparative genomic hybridization. A large group of patients displayed the gain of lncRNA, *MALAT1*. Presented study aimed to investigate whether the *MALAT1* amplification may represent an important step for adenoma development.¹⁶ *MALAT1* expression levels have been already identified as a prognostic biomarker for lung cancer patients however, only a limited number of studies have investigated *MALAT1* expression levels in CRC and CA patients.^{17–19} In the present study we aimed to describe whether i) the amplification of *MALAT1* might be reflected at the mRNA expression level, ii) *MALAT1* expression levels can be detected in plasma from CRC and CA patients, and iii) *MALAT1* expression levels have a potential as a circulating diagnostic biomarker for CA, CRC, and cancer-free individuals (CFI), and iv) *MALAT1* levels might be associated with the therapy response.

Materials and Methods

Design of the Study

MALAT1 expression levels were analysed by real-time quantitative polymerase chain reaction (RT-qPCR) in the tissue of patients with CA. Moreover, the *MALAT1* expression levels in plasma from patients with CA, CRC patients, and CFI were measured. The study workflow is depicted in Figure 1.

The Study Population and Collection of Biological Specimens

The pilot cohort comprised adenoma tissue and adjacent mucosa from 14 histologically confirmed patients with CA. Detailed characteristics can be found in Table 1.¹⁶

CA patients included in the pilot and liquid biopsy analysis were recruited between March 2017 and May 2022 during the planned colonoscopy, and the collection of samples was carried out in cooperation with the Clinic of Hepatogastroenterology at the Institute for Clinical and Experimental medicine in Prague (Czech Republic). CAs were histologically classified according to the revised Vienna classification by a local pathologist.²⁰

CRC patients were recruited between 2007 and 2018 at the Department of Surgery in the Thomayer Hospital, Prague (Czech Republic) and all patients were followed up until August 2021. Patient characteristics, such as demographics, family history of any cancer including CRC, smoking habits, and body mass index, were collected at the time of diagnosis using a structured questionnaire. Disease characteristics and treatment data including tumour location (colon/rectum), tumour-node-metastasis (TNM) stage, histopathological grade and type of subsequent chemotherapy regimen received were also collected. All information regarding the disease progression, relapse, distant metastasis and date of the last examination/death were also collected along with details of adjuvant chemotherapy (therapy response). CRC patients were also divided into good (those who benefited from chemotherapy and with no relapse) and poor responders (those patients without any therapy response resulting in relapse or death). The exclusion criteria were proven hereditary CRC syndromes, inflammatory bowel disease, histology of hyperplastic polyps, and a size of smaller than 5 mm. Patients with any personal history of previous malignancy,

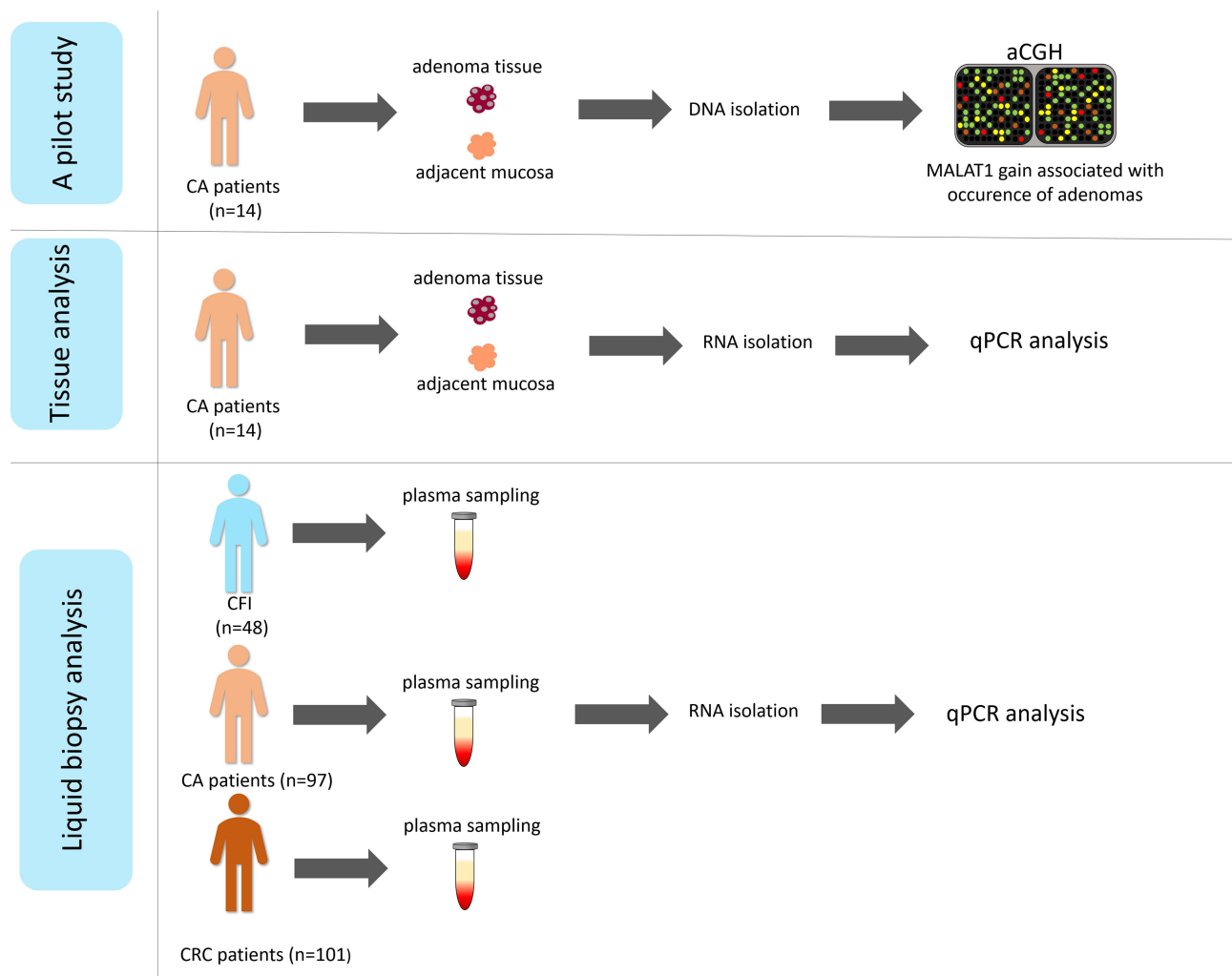


Figure 1 Schematic workflow of the study. RT-qPCR analysis of *MALAT1* was performed in the tumour tissue and adjacent mucosa of CA patients (n=14) who were part of the pilot study and further in the plasma of CFI (n=48), CA patients (n=97) and CRC patients (n=101).

Abbreviations: CFI, cancer-free individuals; CA patients, colorectal adenoma; CRC, colorectal cancer.

or with colorectal cancer-associated well-defined inherited syndromes (including Lynch syndrome, familial adenomatous, and MUTYH-associated polyposis) were also excluded from the study.

All study individuals signed a written consent to participate in the study and approved the use of their biological samples for genetic analyses according to the Helsinki declaration. The design of the study was approved by the Ethics Committee of the Institute for Clinical and Experimental medicine and Thomayer Hospital in Prague (protocol N. G-17-03-02), Czech Republic. For clinical characteristics of CA and CRC patients, see [Table 1](#) and [Table 2](#).

Tissue Collection and RNA Isolation

Sample biopsies of adenomas and adjacent tissue were collected into preservative tubes with RNA stabilization solution (RNAlater Stabilization Solution, Invitrogen, USA) and then stored at -80°C .

All specimens were disrupted by Magna Lyser Green Beads (Roche, Germany) in a homogenizer - MagNaLyser Instrument (Roche, Germany). The RNA from disrupted tissue were extracted using RNA Mini Kit (Qiagen, Germany) and stored at -80°C . RNA concentration was quantified with Qubit 3.0 Fluorometer using the Qubit RNA HS assay Kit (Thermo Fisher Scientific, USA).

Table 1 CA Patient's Clinical Characteristics

		CA Patients (aCGH Group)	CA Patients (Plasma Study)
		N (Total=14)	N (total=97)
Age	Years \pm SD	54 \pm 11	62 \pm 11
Gender	Male	8	62
	Female	6	35
Localization	Colon	10	75
	Rectum	4	22
Histology type of adenoma^a	Tubular	9	50
	Tubulovillous	5	30
	Hyperplastic	0	9
Grade^a	Low	11	59
	High	3	23

Notes: ^aNumbers may not add up to 100% of available subjects because of missing data.

Abbreviations: CA, colorectal adenoma; aCGH, array comparative genomic hybridization; SD, standard deviation.

Table 2 CRC Patient's Clinical Characteristics

		N (Total=101)
Age	Years \pm SD	65 \pm 10
Gender	Male	69
	Female	32
Localization	Colon	24
	Rectum	77
CRC TNM^{a,b}	I	4
	II	33
	III	44
	IV	11
Grade^a	I	5
	2	57
	3	34
Survival status^a	Dead	18
	Alive	79
Response to therapy^a	Good	52
	Poor	42
Presence of a local recurrence^a	Yes	13
	No	84
Neoadjuvant therapy^a	Yes	51
	No	50
Adjuvant therapy^a	Yes	52
	No	44

Notes: ^aNumbers may not add up to 100% of available subjects because of missing data.

^bStaging was based on pathological staging according to the tumor-node-metastasis (TNM) system Union for International Cancer Control (UICC).

Plasma Collection and RNA Isolation

Peripheral blood was collected from all individuals recruited into the study into EDTA tubes and centrifuged at 1400 rpm at 4°C for 10 min within 2 hours from its collection for plasma separation. The plasma fraction was immediately frozen and preserved at –80 °C.

Plasma/Serum Circulating and Exosomal RNA Purification Kit (Norgen Biotek, Canada) was used for RNA extraction from plasma. This kit is based on slurry format and was used according to the manufacturer's protocol. RNA concentration was quantified with Qubit 3.0 Fluorometer (Thermo Fisher Scientific, USA) using the Qubit RNA HS assay Kit (Thermo Fisher Scientific, USA).

LncRNA Expression Analysis by RT-qPCR

Reverse Transcription

Isolated RNA was reverse transcribed by High-Capacity cDNA Reverse Transcription Kit (Thermo Fisher Scientific, USA). For reverse transcription, the 20 µL reaction (10 µL of RNA sample, 2 µL of 10xRT buffer, 0.8 µL of dNTP, 2 µL of 10xRandom primers, 3.2 µL of water, 1 µL of multiscribe reverse transcriptase and 1 µL of inhibitor) was prepared. Reaction mixtures were incubated for 10 min at 25°C, 120 min at 37°C, 5 min at 85°C and then held at 4°C (MJ Research PTC-200 Thermal Cycler, Marshall Scientific, USA).

The Selection of Reference Genes and Assays for Analysis

GAPDH, *TBP*, *RPLP0* and *HPRT1* were chosen (based on literature search) and analysed for the selection of proper reference genes. *HPRT1* was further selected as the reference gene by Normfinder (GenEx, MultiD, Sweden). Reference genes with our candidate tested gene were analysed using Taqman Gene expression assays.

Preamplification

Plasma cDNA was pre-amplified prior to use in RT-qPCR using an IQ SuperMix (Bio-Rad, USA). The reaction for preamplification composed of 2 µL of cDNA, 1.5 µL gene expression assay (*HPRT1* – assay ID: Hs02800695_m, and *MALAT1* – assay ID: Hs00273907_s1), 5 µL of IQ SuperMix and 1.5 µL of RNase free water. Preamplification was performed on thermal cycle (MJ Research PTC-200 Thermal cycler, Marshall Scientific, USA) in these steps: 95°C for 3 min, 18 cycles of 95°C for 15 sec and 59°C for 4 min and then held at 4°C. Following that, each sample was diluted 200x and stored at –20 °C until the analysis was performed. For the cDNA from tissue, the preamplification was not needed due to the high RNA concentrations.

Real-Time qPCR

RT-qPCR was performed using QuantStudio 6 Flex Real-Time PCR System (Thermo Fisher Scientific, USA). This PCR reaction consisted of 5 µL Taqman Universal Mastermix II – no UNG (Thermo Fisher Scientific, USA), 0.5 µL of gene expression assay, 3.5 µL RNase-free water and 1 µL of 200x diluted pre-amplified cDNA. Reactions were run in a 384-well optical plate at 95°C for 10 min, followed by 40 cycles at 95°C for 15 sec and 60°C for 10 min.

Statistical Analysis

In this study, the Wilcoxon rank-sum test was used to evaluate the differences in *MALAT1* expression levels based on patient data grouped by the variable of interest. Wilcoxon rank-sum test (also known as Mann–Whitney test) is a nonparametric statistical test used to determine if two independent samples come from the same population. This test is particularly useful when the assumptions of normality and equal variances for the parametric *t*-test are not met. This nonparametric statistical test compares the ranks of observations from the two samples, rather than the raw data, and calculates a test statistic and p-value to determine the significance of the difference between the samples. The p-value obtained was considered statistically significant at a threshold of $p < 0.05$. All statistics and visualizations were performed using the R programming language and the *ggplot2* library.

Bioinformatical Analysis

In this study, the interactome data were collected from the ENCORI lncRNA-RNA interaction database²¹ applying *MALAT1* as a search query, using the default database search parameters. This search resulted in a total of 1638 genes. The results were filtered using the standardized free energy approach according to the following Formula no. 1, as stated in.²²

Formula n. 1

$$ndG = \frac{dG}{\min(L(MALAT1_{lncRNA}), L(transcript_{RNA}))}$$

Where L() is the mean length of all exons for a certain gene, then either MALAT1 or another genes were obtained from the interactome data. To obtain all the transcript lengths for a certain gene in the interactome gene set, we used the latest Ensembl human genome data GRCh38.p13 downloaded from the Ensembl ftp database (https://ftp.ensembl.org/pub/release-108/gtf/homo_sapiens/). We only kept genes with $ndg < -0.1$ and the resulting list of 879 genes was used for subsequent analysis.

After filtering the genes of interest, the PANTHER algorithm was used to identify significantly overrepresented biological pathways in the group of genes. The false discovery rate (FDR) was used to correct the p-values, and only the pathways with a corrected p-value of < 0.05 were considered significant.²³ In addition, KEGG analysis to demonstrate the biological processes and pathways that may be affected by MALAT1 differential expression was performed.

Results

Tissue-Based Analysis

In the pilot study,¹⁶ chromosomal instability was studied using array comparative genomic hybridization (aCGH) analysis in adenoma tissue and adjacent mucosa from 16 patients who underwent planned colonoscopy. The *MALAT1* amplification was identified in 5 CA patients. These results led us further examine the *MALAT1* expression levels in the same CA group of patients. *MALAT1* expression levels were successfully analysed by RT-qPCR in CA patients from the pilot phase (n=14). In this analysis, we divided patients according to the presence of *MALAT1* amplification. There was no difference in the expression level of *MALAT1* between these groups (Figure 2).

Plasma-Based Analysis

The potential of the expression level of *MALAT1* as a non-invasive diagnostic biomarker was examined by liquid biopsy approach. The *MALAT1* expression levels in the plasma of patients with CA (n=97) or CRC (n=101) and CFI (n=48) were studied. Plasma *MALAT1* levels were significantly upregulated in the patients with CA ($p < 0.001$, 5.25-fold change) and CRC ($p < 0.001$, 5.16-fold change) compared to CFIs, but *MALAT1* was unable to distinguish between CA and CRC patients (Figure 3). CA patients were further divided into adenomas groups according to histology type. *MALAT1* levels could distinguish patients with hyperplastic adenomas and tubulovillous/villous adenomas ($p = 0.002$, 6.14-fold change, Figure 4). Tubulovillous and villous adenomas that have the highest risk of the cancer development, were characterized by higher levels of *MALAT1* expression. We further divided the CRC patients into good and poor responders based on their therapy response and found a significant difference between them: *MALAT1* expression levels were upregulated in poor responders compared to good responders ($p = 0.04$, 1.86-fold change, Figure 5). No association between *MALAT1* expression level and the patient's other characteristics (such as sex, localization and CRC stage) were observed.

Bioinformatical Analysis

A functional analysis was performed in silico to describe the target pathways that are influenced by the increased *MALAT1* expression. A Gene Ontology (GO) analysis of the validated and predicted *MALAT1* targets was conducted, and several biological processes (BP), molecular functions (MF), and cellular components (CC) terms were identified (Tables 3-5). Among them, the most affected biological processes were transmembrane transport (GO:0015988 and GO:0015990) and the antigen processing and presentation of endogenous peptide antigen via MHC class

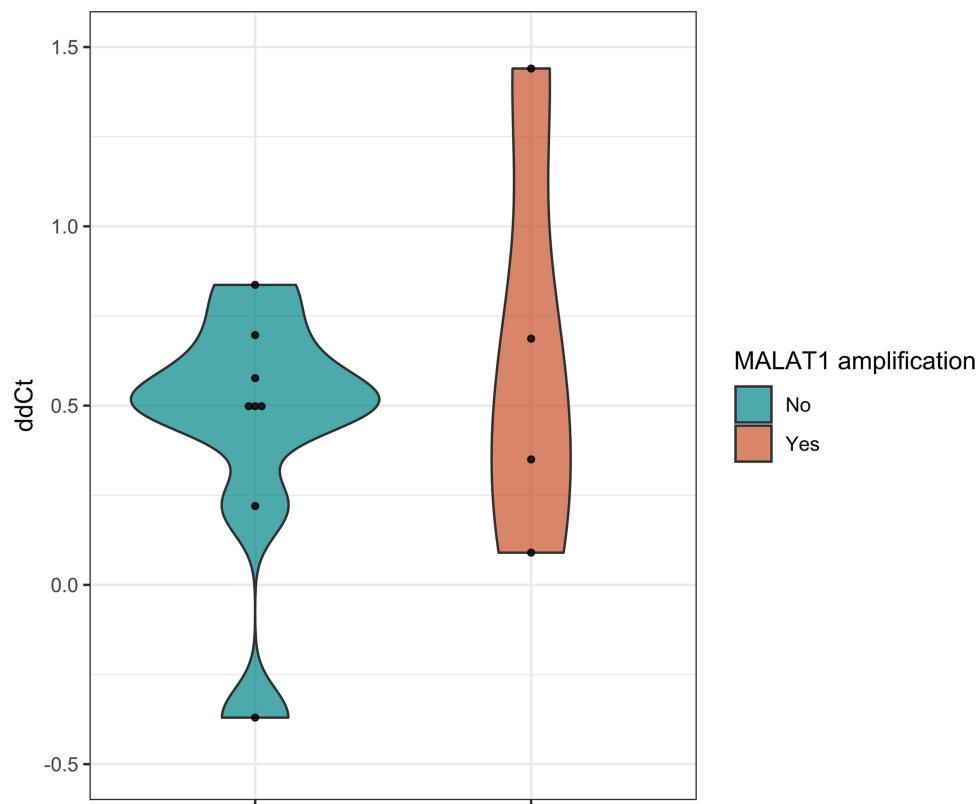


Figure 2 The expression levels of *MALAT1* in the tissue of CA patients from the pilot phase. No significant difference was observed between the groups with and without *MALAT1* amplification ($p=0.08$, 2.08-fold-change).

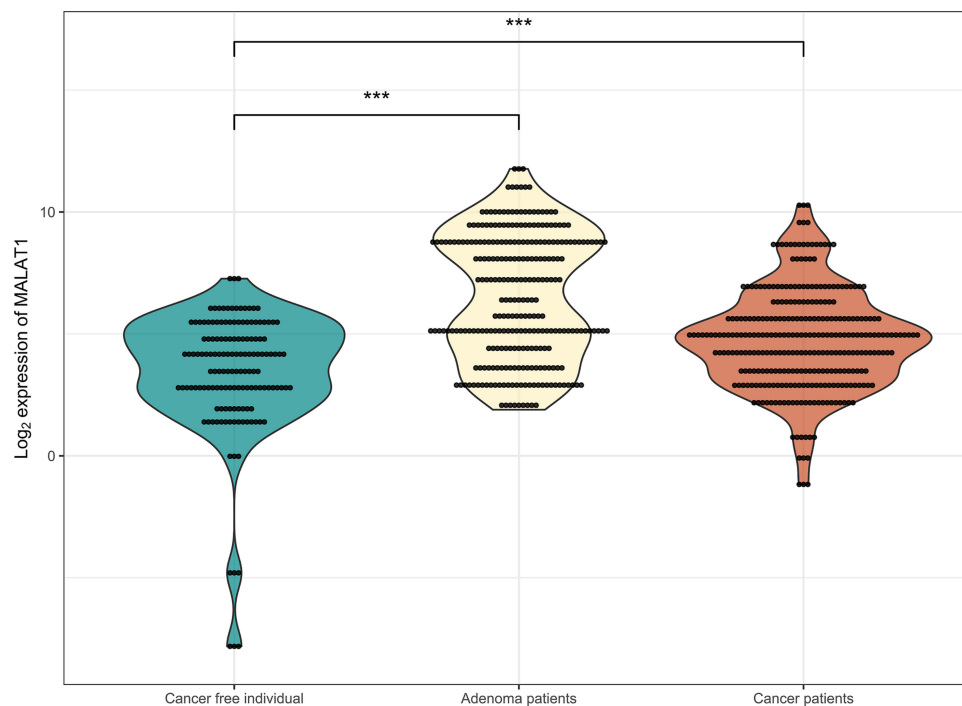


Figure 3 The expression level of *MALAT1* in plasma. There are significant differences between CA and CRC patients compared to CFI (CA vs CFI – $p<0.001$, 5.25- fold change; CRC vs CFI – $p<0.001$, 5.16-fold change). The asterisk indicator (***) represents $p \leq 0.001$.

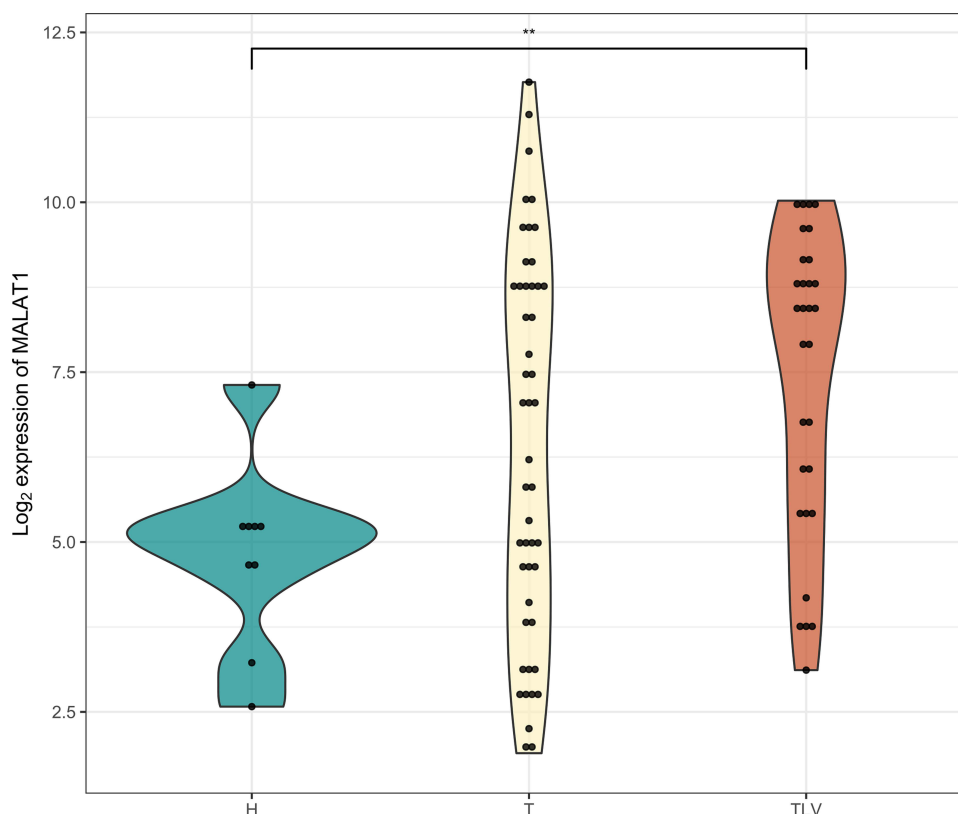


Figure 4 The expression level of *MALAT1* in different types of adenomas. There was a significant difference between hyperplastic (H; n=9) and tubulovillous/villous (TLV; n=30) adenomas ($p=0.002$, 6.14-fold change). Tubular (T; n=50) adenomas did not show a significant difference in *MALAT1* expression ($p=0.15$, 3.09-fold change). The asterisk indicator (**) represents $p \leq 0.01$.

I (GO:0002486). The molecular functions were related to Major Histocompatibility Complex (MHC) class I and II proteins (GO:0042612, GO:0023026), while the cellular components were again related to MHC Class I protein complex (GO:0042612).

Gene set enrichment analysis on KEGG terms uncovered significant terms ([Supplementary Table S1](#)) again related to the MHC signaling pathway ($p_{\text{adjust}}=0.039$) and to ribosome-related pathway ($p_{\text{adjust}}<0.0001$) that was also presented in the top pathways in GO analysis. Schematic pathway map of affected gene associated with antigen processing and presentation by *MALAT1* is illustrated in [Supplementary Figure 1](#).

Discussion

The early identification and removal of adenomas during colonoscopy is the key to improving the CRC diagnosis and survival. However, some patients avoid the procedure due to the discomfort and invasiveness of the examination itself. The last decade has shown progress in the identification of new circulating cancer biomarkers that may allow the earlier diagnosis of tumours or precancerous lesions with minimal invasiveness. Increasing evidence shows that non-coding RNA plays an important role in the CRC development and aspirate as CRC biomarkers.^{16,24}

LncRNA *MALAT1* was first connected with cancer in 2003.¹⁷ The authors discovered a higher *MALAT1* expression level associated with a worse prognosis for metastatic non-small cell lung cancer. From this date, the number of studies focusing on *MALAT1* and cancer has rapidly increased and in addition to lung cancer, *MALAT1* was aberrantly expressed in many other cancers, such as gastric, breast, and pancreatic cancer.^{25–27} Generally, *MALAT1* has a significant role in the transcriptional processes involving interactions with transcriptional and splicing factors.^{27–29} *MALAT1* has a posttranscriptional role in chromatin regulation and as competing endogenous RNAs (ceRNAs) in microRNA (miRNA) regulation.³⁰ This interaction is between the miRNA and RNA that own the same miRNA recognition elements

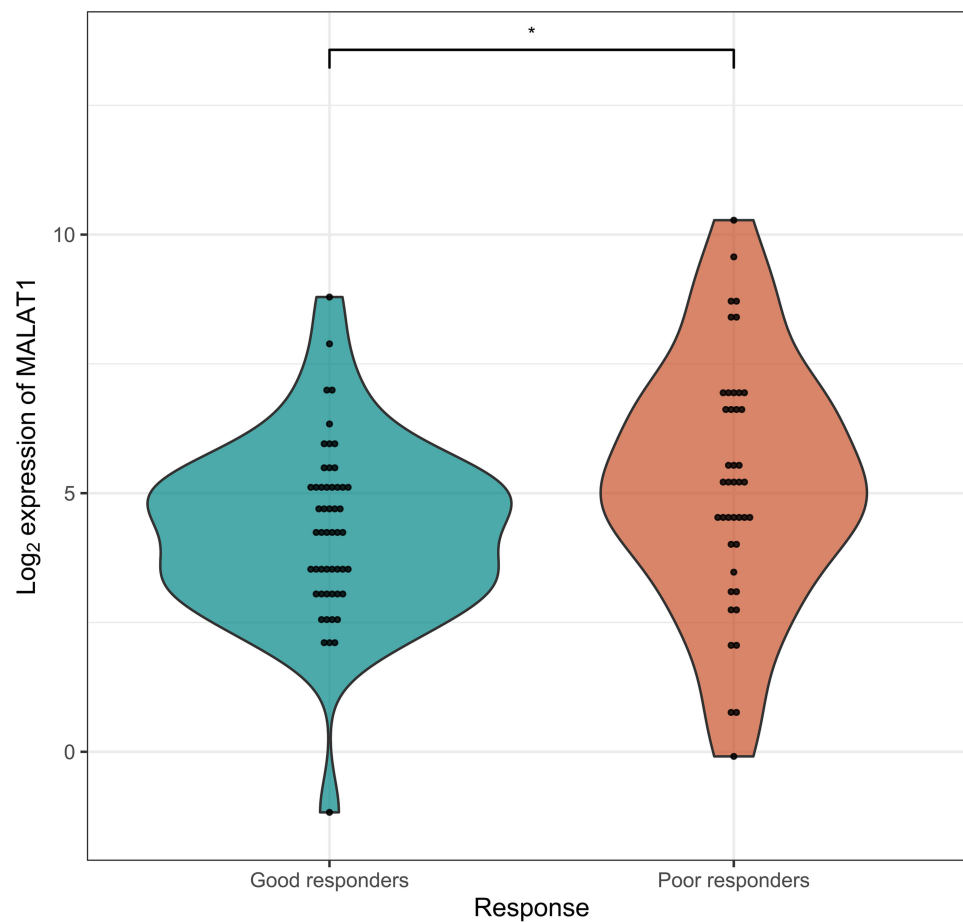


Figure 5 The expression level of *MALAT1* in CRC patients divided according to therapy response. There was a significant difference between good (n=52) and poor responders (n=42; p=0.04, 1.86-fold change). The asterisk indicator (*) represents $p \leq 0.05$.

(MRE) and thus inhibit the function of miRNAs.^{31,32} MiRNAs that have the same MRE as *MALAT1* and have also been marked as those with significant clinical relevance for CRC are miR-15 family, miR-101, or miR-363-3p.^{15,33–35}

In our previous study, we identified the occurrence of *MALAT1* gain in adenoma tissue, compared to adjacent mucosa by aCGH.¹⁶ This study aimed to examine the association between the presence of *MALAT1* gain and the level of

Table 3 The List of *MALAT1* Targets Related to Biological Processes

GO ID	GO name	Fold Enrichment	p-val	Adjusted p-val	Number of Genes	Genes
GO:0015988	Energy coupled proton transmembrane transport, against electrochemical gradient	27,97	0.00057	0.04470	3	MT-ND5, MT-CO I, MT-ND4
GO:0015990	Electron transport coupled proton transport	27,97	0.00057	0.04492	3	MT-ND5, MT-CO I, MT-ND4
GO:0002486	Antigen processing and presentation of endogenous peptide antigen via MHC class I via ER pathway, TAP-independent	18,65	0.00019	0.01924	4	HLA-C, HLA-E, HLA-A, HLA-B
GO:0002484	Antigen processing and presentation of endogenous peptide antigen via MHC class I via ER pathway	16,58	0.00027	0.02558	4	HLA-C, HLA-E, HLA-A, HLA-B

(Continued)

Table 3 (Continued).

GO ID	GO name	Fold Enrichment	p-val	Adjusted p-val	Number of Genes	Genes
GO:0002483	Antigen processing and presentation of endogenous peptide antigen	11,78	0.00004	0.00496	6	B2M, HLA-DRA, HLA-C, HLA-E, HLA-A, HLA-B
GO:0019885	Antigen processing and presentation of endogenous peptide antigen via MHC class I	10,97	0.00022	0.02115	5	B2M, HLA-C, HLA-E, HLA-A, HLA-B
GO:0033119	Negative regulation of RNA splicing	10,29	0.00000	0.00090	8	PTBPI, PCBP4, RPS13, SRSF9, SRSF6
GO:0002181	Cytoplasmic translation	8,72	0.00000	0.00000	29	EIF3L, RPS16, RPL18A, RPL28, RPS13, RPL24...
GO:0019883	Antigen processing and presentation of endogenous antigen	8,61	0.00016	0.01638	6	B2M, HLA-DRA, HLA-C, HLA-E, HLA-A, HLA-B
GO:0032069	Regulation of nuclease activity	8,48	0.00060	0.04572	5	OAS3, OAS2, TM6IM6, RPS3, PRKCD

Table 4 The List of *MALAT1* Targets Related to Molecular Functions

GO ID	GO Name	Fold Enrichment	p-val	Adjusted p-val	Number of Genes	Genes
GO:0023026	MHC class II protein complex binding	9,670,089	0.00002	0.00444	7	PKM, HSP90AB1, YWHA, HSPA8, ANXA1...
GO:0023023	MHC protein complex binding	7,252,566	0.00011	0.01822	7	PKM, HSP90AB1, YWHA, HSPA8, ANXA1...
GO:0003735	Structural constituent of ribosome	6,66,052	0.00000	0.00000	30	MRPL43, RPS16, RPL18A, RPL28, RPS13...
GO:0015453	Oxidoreduction-driven active transmembrane transporter activity	5,328,416	0.00004	0.00799	10	COX6A1, COX6B1, NDUFB8, NDUFV1, UQCRL...
GO:0043022	Ribosome binding	4,47,587	0.00034	0.04723	9	SEC61A1, ETF1, EIF5A, SRP68, RPSA...
GO:0045296	Cadherin binding	4,016806	0.00000	0.00000	35	CTNNA1, PKM, ENO1, EZR, HSP90AB1...
GO:0009055	Electron transfer activity	4,007321	0.00005	0.00897	13	AKR7A2, TSTA3, COX6A1, COX6B1, NDUFB8...
GO:0005200	Structural constituent of cytoskeleton	3,76,411	0.00031	0.04413	11	ACTB, DSP, ACTR3, TUBA1B, TUBA4A...
GO:0045182	Translation regulator activity	3,576,608	0.00008	0.01401	14	PABPC1, IGF2BP2, AARS, EIF3L, GTPBP1...
GO:0031625	Ubiquitin protein ligase binding	3,34,575	0.00000	0.00005	27	TOLLIP, HSP90AB1, HM13, GPI, CASC3...

Table 5 The List of *MALAT1* Targets Related to Cellular Components

GO ID	GO name	Fold Enrichment	p-val	Adjusted p-val	Number of Genes	Genes
GO:0042612	MHC class I protein complex	20,72	0.00002	0.00057	5	SZRD1, FAM117A, DEF8, LRRC58, B2M
GO:0005915	Zonula adherens	12,43	0.00327	0.04733	3	CTNNA1, JUP, CTNND1
GO:0042824	MHC class I peptide loading complex	12,43	0.00327	0.04700	3	B2M, CALR, HLA-A
GO:0008250	Oligosaccharyltransferase complex	10,66	0.00105	0.01917	4	MAGT1, DAD1, STT3B, OST4
GO:0045263	Proton-transporting ATP synthase complex	10,66	0.00105	0.01900	4	ATP5MC2, MT-ATP, MT-ATP8, ATP5PO
GO:0022627	Cytosolic small ribosomal subunit	9,95	0.00000	0.00000	12	RPS16, RPS13, RPS6, RPS2, RPS3 ...
GO:0022625	Cytosolic large ribosomal subunit	9,48	0.00000	0.00000	15	RPL18A, RPL28, RPL24, RPL23, RPL13A...
GO:0098554	Cytoplasmic side of endoplasmic reticulum membrane	9,32	0.00160	0.02696	4	HMI3, EPM2AIP1, PTPNI, RPS26
GO:0098576	Luminal side of membrane	9,32	0.00000	0.00007	9	HMI3, HSPA8, BDH1, CALR, HLA-DRA
GO:0022626	Cytosolic ribosome	9,24	0.00000	0.00000	26	RPS16, RPL18A, RPL28, RPS13, RPL24...

MALAT1 expression in adenoma tissues in the same group of CA patients, and, simultaneously, in the plasma samples of an enlarged cohort of CA, CRC patients, and CFI. We observed no significant difference in the level of *MALAT1* expression in the tissue of patients with *MALAT1* gain and patients without gain. We assume that CA patients with *MALAT1* gain have this aberration in their adenoma tissue to compensate for the need of elevated *MALAT1* levels in their tissue as a possible deviation from healthy tissue and possibly CRC development. Our claim is supported by the fact of increased *MALAT1* levels in CA patients as well as in CRC patients compared to CFI. Additionally, our bioinformatical analysis has shown the involvement of *MALAT1* in an adaptive immune response due to the relation to MHC proteins. Besides, we carried out a literature search and several other research articles suggested the role of *MALAT1* in the immune pathway as well.^{36–38} In the study of Liu et al, the authors showed that a high level of *MALAT1* in lung cancer lead to the inhibition of dendritic cells, the most powerful antigen-presenting cells, and the inhibition of T-cells proliferation.³⁶ T-cells activation dependent on *MALAT1* inhibition has been reported in another study by Hewitson et al.³⁷ The authors observed negative regulation of *MALAT1* by interleukin IL-10 and macrophage-activating factor. *MALAT1* can be involved in suppressing antigen presentation through the inhibition of TNF- α and IL-6.³⁸ Another interaction that may be *MALAT1* involved in the immune system is through sponging of miR-195 and thus the upregulation of PD-L1, which serves as an important checkpoint in immune response and has already been described to be related to immune escape in cancer cells.³⁹ The potential targets of *MALAT1* in association with CRC, including miRNAs, were summarized in our review article.¹⁵ Briefly, potential targets of *MALAT1* include proteins that have been already described as proto-oncogenes, for example, *SOX9* or *YAP1*.^{19,40} *SOX9* has been found overexpressed in CRC and its expression correlated with tumor progression, advanced stages of tumor, and lower overall survival.^{41–43} A positive correlation was found between *MALAT1* and *SOX9* expression levels and another constituent of this pathway is represented by miR-145.¹⁹ Specifically, *MALAT1* can upregulate *SOX9* and downregulate miR-145 and promote cell proliferation, migration, and invasion. Reverse (upstream) regulation of *MALAT1* was described for transcriptional factor

YAP1 which is a possible oncogene in many cancers.⁴⁴ YAP1 in complex with other proteins binds to the *MALAT1* promoter which can sponge miR-126-5p and thus promote expression of angiogenic factors (such as VEGFA, SLUG, or TWIST) that are direct targets of this miRNA. The process facilitates angiogenesis and epithelial-mesenchymal transition (EMT).⁴⁰

Furthermore, in plasma, *MALAT1* was upregulated in CRC and CA patients compared to CFI but *MALAT1* levels were not able to distinguish patients with CA and CRC. In CA patients, we also observed an association of *MALAT1* expression level with the histological type of adenomas – the type with the highest risk of CRC development displayed the highest *MALAT1* expression level. Moreover, we observed that the patients characterized as poor responders showed a higher level of *MALAT1* expression.

There are many studies analysing the expression level of *MALAT1* in CRC tumour tissue and adjacent mucosa, but only a small number of studies have focused on CA. A study by Chaleshi et al included not only CRC patients (n=26) but also 46 tissue samples from CA patients.¹⁸ Nevertheless, they observed no significant difference between neoplastic tissue and non-neoplastic tissue. However, in our opinion, it is optimal to separate these two groups and preferably analyse them separately. Surprisingly, they described a high *MALAT1* expression level in hyperplastic adenomas, which present the group of adenomas with the lowest risk of CRC development. This is not in concordance with our results, as hyperplastic adenomas were characterized by the lowest *MALAT1* expression level. This dissimilarity may be due to the different RNA sources (tissue in the Chaleshi study vs plasma in our study) and the different way of the grouping of adenomas. In Chaleshi et al hyperplastic, adenomatous, and inflammatory adenomas were studied while in our study we used hyperplastic, tubular, and tubulovillous/villous adenomas. According to Jass,⁴⁵ adenoma subdivisions include villous, tubulovillous or tubular, and serrated polyps, which are then subdivided into hyperplastic polyps, sessile serrated polyps or traditional serrated adenomas. The histological discrimination of hyperplastic polyps from sessile serrated lesions is rather difficult. Sessile serrated lesions and hyperplastic polyps are both types of serrated polyps that carry the different risk of malignancy, have different surveillance intervals, and are sometimes difficult to distinguish. In our study, purely hyperplastic polyps were used, however, no information about the sessile serrated polyps is mentioned in the study of Chaleshi.¹⁸

In CRC tissue, all studies observed *MALAT1* upregulation in tumour tissue compared to adjacent mucosa, and a high expression level was also associated with lower overall survival.^{15,19,46–48} Moreover, in the study of Li et al, the authors divided the patients according to their response to oxaliplatin therapy and described how poor responders had higher *MALAT1* expressions compared with good responders. This result was confirmed in tumour tissue and even in serum.⁴⁹ A significant *MALAT1* upregulation in patients resistant to oxaliplatin was observed in a study by Fan et al.⁵⁰ These results are in concordance with our results. In the study of Li et al, the authors suggested the potential pathway for how *MALAT1* may influence the therapy response in CRC patients.⁴⁹ High *MALAT1* expression levels led to a decreased levels of *CDH1*, an important protein for intercellular junctions and evasion to EMT. EMT causes high invasivity and migration, the most frequent causes of chemoresistance. The interaction of *MALAT1* with *CDH1* is mediated by interaction with the *EZH2* protein. *MALAT1* binds it to the gene promoter *CDH1* (encoding cadherin) thereby repressing cadherin expression and stimulating EMT. The authors also found that miR-218, containing a binding site for *MALAT1*, could also be part of this regulatory pathway.⁴⁹ Another potential regulatory pathway is the *MALAT1*-miR-324-3p-*ADAM17* axis that contains a disintegrin gene that has already been reported to be associated with the drug resistance in CRC.^{50,51}

Circulating *MALAT1* levels in association with CA or CRC have rarely been studied. To the best of our knowledge, no study has analysed *MALAT1* levels in plasma samples. Siddique et al. analysed *MALAT1* in the blood of CRC patients and CFI. *MALAT1* levels were upregulated in the CRC patients compared to CFI.⁵² Another study focusing on the circulating *MALAT1* levels in CRC also comprised CA patients.⁵³ The authors reported higher serum *MALAT1* expression levels in patients with CRC and CA, compared to CFI. These data were consistent with and reinforce our results. Most studies analysing *MALAT1* in the blood were focused on the identification of single-nucleotide polymorphisms that were associated with a higher risk of CRC.^{54–57} The potential of lncRNAs as a circulating cancer biomarker was further supported by ongoing and completed clinical trials. As a results, one of these trials is focused on lncRNA *ELNAT1* in exosomes in repeated urine samplings (before and after radical cystectomy) as a predictive cancer biomarker for the presence of lymphatic metastasis from bladder cancer (NCT05270174). An Egyptian study aims to evaluate the

diagnostic value of lncRNA *CCAT1* in the blood of CRC and CA patients (NCT04269746). Other lncRNA tested in clinical trials included *H19* (hepatocellular cancer) and *HOTAIR* (thyroid cancer) (NCT04767750, NCT03469544).

The major advantage of our study is the topic of liquid biopsy and the focus on colorectal adenomas, since most of the studies analyzing lncRNA consisted only of CRC patients and their tumour tissue. Our study is the only one to investigate plasma *MALAT1* levels in CA patients - it even includes almost 100 plasma samples from CA patients. The main potential of this study is based on the use of plasma as a source of lncRNA. Our plasma results are strengthened by concordance with the results of other studies focusing on serum/blood *MALAT1* studies, which also describe the higher expression in CRC and CA patients. The main limitation of our study is that we did not observe an association between *MALAT1* DNA amplification in and gene expression. Nevertheless, this could be explained by the small number of tissues, which was further reduced by two patients (from 16 to 14) for whom we no longer had tissue for RNA isolation. One of these patients even displayed *MALAT1* amplification. The second limitation is the lack of patient tissues used in our liquid biopsy analysis.

Conclusions

In conclusion, we did not confirm an association between DNA amplification and gene expression. However, plasma *MALAT1* might be able to distinguish CRC and CA patients from CFI and in addition, its expression level might reflect the patient's therapy response. *MALAT1* expression levels could serve as a circulating biomarker for the early diagnosis of CRC and even CA patients, and as a predictor of therapy response in CRC patients.

Clinical Trials

Changhao M Chen. *A prospective, Multicenter Cohort Study of Urinary Exosome lncRNAs for Preoperative Diagnosis of Lymphatic Metastasis in Patients With Bladder Cancer*. ClinicalTrials.gov. NCT05270174.

Alyaa Abd El-Rasoul Sayed Refae. *Assessment Of Long Noncoding RNA CCAT1 In Colorectal Cancer Patients*, 2020. ClinicalTrials.gov. NCT04269746.

Shehalbeldin MS N. *Role of lncRNA H19 in the regulation of IGF-1R Expression*. ClinicalTrials.gov. NCT04767750.

Abdelghafour HS. *Long Non Coding RNA HOTAIR and Midkine as Biomarkers in Thyroid Cancer*. ClinicalTrials.gov. NCT03469544.

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Author Contributions

All authors made a significant contribution to the work reported, whether that is in the conception, study design, execution, acquisition of data, analysis and interpretation, or in all these areas; took part in drafting, revising or critically reviewing the article; gave final approval of the version to be published; have agreed on the journal to which the article has been submitted; and agree to be accountable for all aspects of the work.

Disclosure

The authors report no conflicts of interest in this work.

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