Advanced retinoblastoma treatment: targeting hypoxia by inhibition of the mammalian target of rapamycin (mTOR) in LH\textsubscript{BETA}\textsubscript{AG} retinal tumors

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**Purpose:** The purpose of this study is to analyze the dose response of the mammalian target of rapamycin (mTOR) inhibitor, rapamycin, on tumor burden and hypoxia, and study the treatment effect on vasculature in LH\textsubscript{BETA}\textsubscript{AG} retinal tumors.

**Methods:** This study was approved by the Institutional Animal Care and Use Committee and follows Association for Research in Vision and Ophthalmology guidelines. Eighteen-week-old LH\textsubscript{BETA}\textsubscript{AG} retinal tumor eyes (n = 30) were evaluated. Mice were divided into five groups and received periocular injections once weekly for two consecutive weeks of: a) 80% DMSO (dimethyl sulfoxide, vehicle control), b) 0.00333 mg/kg, c) 0.167 mg/kg, d) 3.33 mg/kg, and e) 6.67 mg/kg of rapamycin. Tumor sections were analyzed for hypoxia, tumor burden, and vasculature with immunohistochemistry techniques.

**Results:** Reduction in tumor burden and hypoxia was significantly different between rapamycin doses and control (P < 0.002). Eyes treated with rapamycin at 0.167, 3.33, and 6.67 mg/kg showed a significant decrease in tumor burden in comparison with the vehicle control group (P = 0.019, P = 0.001, P = 0.009, respectively) and the 0.00333 mg/kg dose response (P = 0.023, P = 0.001, P = 0.010, respectively). Eyes treated with rapamycin at 3.33 mg/kg showed a significant reduction in the amount of hypoxia in comparison with the lower concentration groups (0.00333 and 0.167 mg/kg) of rapamycin (P = 0.024 and P = 0.052, respectively). The number of mature vessels was significantly lower in the 3.33 mg/kg treated versus vehicle control (P = 0.015; equal variances assumed, t-test for equality of means). The number of neovessels was not significantly different between both groups (P = 0.092).

**Conclusion:** Inhibition of mTOR was shown to reduce tumor burden, hypoxia, and vasculature in the LH\textsubscript{BETA}\textsubscript{AG} retinoblastoma tumor model. Rapamycin may have a role in combination with chemotherapy or other adjuvant therapies to enhance retinoblastoma tumor control.

**Keywords:** rapamycin, mTOR, hypoxia, retinoblastoma, anaerobic glycolysis

**Introduction**

Retinoblastoma is the most common primary intraocular malignancy in children.\textsuperscript{1,2} Associated risks of retinoblastoma include metastatic disease, choroidal invasion, and neovascularization.\textsuperscript{3-5} More than 95% long-term survival rates in the United States and other developed countries have led to a research focus on local tumor control and globe preservation with preservation of sight. However, present treatments (eg, chemotherapy) result in noteworthy complications including, but not limited to, neutropenia, anemia, thrombocytopenia, infections, and risk for second malignancies (eg, acute myeloid leukemia).\textsuperscript{6} Enucleation is generally performed in about 20% of the cases of intraocular retinoblastoma due to advanced disease.\textsuperscript{3,7}
The serine–threonine kinase, mammalian target of rapamycin (mTOR), assumes a key regulatory role in cell growth and angiogenesis through effects on cellular metabolism and protein translation. Upstream, mTOR is activated by PI3K/Akt signaling, which has been shown to be dysregulated in cancer cells. As a result, enhanced mTOR activity leads to altered cellular signaling, mediated through the downstream targets such as p70S6K. This pathway has recently been shown to be O2-sensitive. Hypoxia-induced proliferation of adventitial fibroblast was demonstrated to require the activation of mTOR. Other studies have shown the effects of mTOR inhibition resulting in a reduction of numerous downstream targets including glucose transporter (GLUT)-1, vascular endothelial growth factor (VEGF), and hypoxia inducible factor (HIF)-1α. Notably, cell proliferation and retinoblastoma (Rb) protein suppression concomitantly inhibited the mTOR pathway.

mTOR as an upstream regulator of HIF, a transcription factor that promotes protein production and glycolytic enzymes and transporters involved in glucose uptake under hypoxic conditions, plays a key role in the metabolic shift from oxidative phosphorylation to anaerobic glycolysis. Hypoxic retinoblastoma cells survive under low O2 tension conditions, which are most prevalent during advanced tumor development. These cells have been shown to be resistant to chemotherapy and radiation, which specifically target the rapidly dividing cells. Hypoxic cells, therefore, may not respond to conventional treatments. These cells rely on anaerobic glycolysis for adenosine triphosphate (ATP) production and survival, which is a significantly less efficient method than oxidative phosphorylation in generating energy from glucose. We have previously shown that hypoxic cells can be targeted by inhibiting aspects of cellular metabolism. Using the glycolytic inhibitor 2-deoxy-D-glucose (2-DG), tumor burden was significantly reduced while effectively decreasing the amount of intratumoral hypoxia in LH_BETA_TAG retinal tumors.

Novel therapeutic strategies are lacking to effectively control retinoblastoma without the use of systemic chemotherapy, radiation, or enucleation. With mTOR potentially being an O2-sensitive pathway that cells may utilize to adapt to harsh tumor microenvironments, treatment with the mTOR inhibitor, rapamycin, may provide a viable mode to modulate the killing of the chemo-resistant hypoxic cell population in LH_BETA_TAG retinal tumors. The purposes of this study are to: 1) analyze the dose response of rapamycin on tumor burden and hypoxia in LH_BETA_TAG retinal tumors, and 2) study the treatment effect on vasculature in these retinal tumors.

**Materials and methods**

**LH_BETA_TAG mouse model for retinoblastoma**

The study protocol was approved by the University of Miami Institutional Animal Care and Use Review Board Committee. The LH_BETA_TAG transgenic mouse model used in this study has been characterized previously. This animal model develops bilateral multifocal retinal tumors that are stable and grow at a predictable rate (ie, tumor at 4 weeks is undetectable, at 8 weeks is small, at 12 weeks is medium, and at 16 weeks is large).

**Subconjunctival injections of rapamycin**

Eighteen-week-old LH_BETA_TAG retinal tumor, right eye, (n = 30) were treated and evaluated. Mice were divided into five groups and received periocular injections for two consecutive weeks of: a) 80% dimethyl sulfoxide (DMSO, vehicle control), b) 0.00333 mg/kg, c) 0.167 mg/kg, d) 3.33 mg/kg, and e) 6.67 mg/kg. Since rapamycin is lipophilic and, thus, has a poor water solubility, all the dosages of rapamycin were diluted in 80% DMSO. A total volume of 20 µL was administered in each injection. Treatment of rapamycin was given once a week, starting at 16 weeks of age. Eyes were enucleated at 1 week following the last treatment. To assess hypoxia, mice received 60 mg/kg of pimonidazole via intraperitoneal injection. Mice were euthanized with CO2 fumes and eyes were enucleated. Tumor sections were analyzed for hypoxia, tumor burden, and vasculature.

**Tumor burden measurements**

Eyes were sectioned serially and processed for standard hematoxylin-eosin (H&E) staining. Microscopic images of H&E-stained sections (50 8-µm sections per eye) were obtained with a digital camera at a magnification of 40×. The section of the eye containing the largest cross-sectional tumor area was chosen for analysis. Tumor boundaries were traced using imaging software (Image Pro Express Software; Media Cybernetics, Silver Spring, MD). Tumor areas for all eyes were averaged, yielding an average area for each group. Tumor burden was averaged, yielding an average area for each group. Tumor burden was expressed as the tumor/globe ratio by dividing the tumor area by the area of the globe to normalize the data as previously described.

**Measuring hypoxic regions**

To assess tumor hypoxia after treatment, LH_BETA_TAG mice were injected in intraperitoneally with a 0.16 mL suspension of pimonidazole (a drug used to detect hypoxia that penetrates all tissues, including the brain). This suspension consisted...
of 10 mg of pimonidazole hydrochloride (Chemicon, Temecula, CA) in 1 mL saline. Pimonidazole is known to bind to thiol-containing proteins in cells under low oxygen (O₂) tension.²⁷ These adducts can be detected with specific antibodies and stained using immunohistochemical techniques. Animals were euthanized 2 hours after pimonidazole injection, and eyes were harvested and sectioned for histopathologic examination. Eyes were fixed with cold methanol for 10 minutes and immunostained with a directly labeled antibody recognizing pimonidazole adducts (Hypoxyprobe 1-Mab-1-FITC, clone 4.3.11.3; Chemicon) or the same concentration of a directly labeled isotype control antibody (mouse IgG1-FITC; Caltag, Burlingame, CA).

The percentage of hypoxia is significantly different between the rapamycin doses during treatment (P < 0.002) (Figures 2 and 3). Eyes treated with rapamycin at 0.167, 3.33, and 6.67 mg/kg showed a significant decrease in tumor burden in comparison with the vehicle control group (P = 0.019, P = 0.001, P = 0.009, respectively) and the 0.0033 mg/kg dose response (P = 0.023, P = 0.001, P = 0.010, respectively). There was no difference between the lowest dose group (ie, 0.00333 mg/kg) and the vehicle control for tumor burden (P = 0.992).

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**Results**

Tumor growth is directly associated with advancing age in the LH_BETA_TAG transgenic mouse model.²⁰ We have previously shown that hypoxia is significantly detected in large-size LH_BETA_TAG retinal tumors, and minimal hypoxia is observed in small LH_BETA_TAG retinal tumors.¹⁵

To assess the impact of periocular administration of rapamycin on tumor burden and hypoxia, LH_BETA_TAG mice were treated with varying dosages of this mTOR inhibitor. There was no apparent toxicity observed due to the drug at the doses used in the current study. There were highly significant differences between treatment doses for tumor burden and hypoxia (P < 0.001). Tumor burden was found to be significantly different between rapamycin doses (P < 0.002) (Figures 1 and 2). Eyes treated with rapamycin at 0.167, 3.33, and 6.67 mg/kg showed a significant decrease in tumor burden in comparison with the vehicle control group (P = 0.019, P = 0.001, P = 0.009, respectively) and the 0.00333 mg/kg dose response (P = 0.023, P = 0.001, P = 0.010, respectively). There was no difference between the lowest dose group (ie, 0.00333 mg/kg) and the vehicle control for tumor burden (P = 0.992).

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lower concentration groups (0.00333 and 0.167 mg/kg) of rapamycin ($P = 0.024$ and $P = 0.052$, respectively). There was no difference between the highest doses of rapamycin (3.33 and 6.67 mg/kg) for the percentage of intratumoral hypoxia ($P = 0.997$). There is a significant correlation between tumor burden and the percentage of hypoxia ($P < 0.001$; Spearman non-parametric correlation, $r = 0.725$).

To assess the impact of periocular administration of rapamycin on blood vessels, the amount of neovessels and mature vessels were analyzed for the rapamycin dose with the highest impact on the reduction of tumor burden and hypoxia (ie, 3.33 mg/kg). Blood vessels were broken down by vessel caliber (ie, small and large). The percentage of mature vessels was significantly lower in the rapamycin treated versus the vehicle control group ($P = 0.015$; equal variances assumed, $t$-test for equality of means) (Figures 4 and 5). The percentage of neovessels was not significantly different between the rapamycin treated and the vehicle control group ($P = 0.092$). This change was mainly due to the small-caliber blood vessels with a reduction of 41.1% for mature vessels versus 70.5% for neovessels compared with the vehicle control ($P < 0.001$). There were no significant changes for large-caliber vessels for neither neo- nor mature vessels compared with the vehicle control (101% and 54.7%, respectively).

### Discussion

This study is the first to demonstrate that inhibition of mTOR significantly reduces hypoxia and tumor burden in LH$^{\beta T}$ retinal tumors. Tumor cells thrive in a heterogeneous microenvironment that contains regions with low O$_2$ tensions requiring neoplastic cells to adapt to hypoxic conditions as the tumor develops. In order to survive under hypoxia, metabolically active tumor cells alter their protein synthesis favoring enhanced anaerobic glucose metabolism. Additional stress...
adaptations include mTOR activation, which stimulates HIF-1 through downstream effectors, leading to altered cellular metabolism and angiogenesis. As a result, hypoxic cells utilize anaerobic glycolysis for ATP production and rely less on oxidative phosphorylation. With this shift to anaerobic glycolysis, cells selectively alter gene expression to increase glucose transporters and glycolytic enzymes such as hexokinase, which catalyzes the phosphorylation of glucose in the first step of glycolysis. Maher et al recently showed that HIF-1 increases the expression of hexokinase. Conversely, hypoxic cells with altered siRNAs or mutations that are unable to activate HIF-1, have a corresponding decrease in hexokinase levels.

The current study supports the hypothesis that hypoxic cells are targeted by blocking mTOR signaling with rapamycin, leading to a corresponding reduction in tumor burden. The reduction in hypoxia observed from different doses of rapamycin treatment suggests that mTOR upregulation is involved in the survival mechanism used by retinoblastoma cells under hypoxic conditions. In the absence of mTOR, the regular process of HIF-1 proteosome-executing degradation continues, thus preventing hypoxic cells from having a corresponding increase in the levels of the enzymes and glucose transporters required to survive under anaerobic or low O2 partial pressure conditions, making hypoxic cells less adept to rely on anaerobic metabolism. The current findings further support the essential role the tumor microenvironment, notably hypoxia, plays in advanced tumor progression.

We have previously shown that 2-DG and 2-fluorodeoxy-D-glucose (2-FDG) successfully kill the chemoresistant, hypoxic cell population and decrease tumor burden in the LHβETATAG transgenic mouse model of retinoblastoma (work in progress for 2-FDG). These glycolytic inhibitors can be used in combination with chemotherapy and anti-angiogenic agents to have a synergistic effect on tumor burden. Since mTOR and HIF-1 upregulate the production of glycolytic enzymes, higher amounts of the competitive inhibitor, 2-DG, are essential to inhibit glycolysis. In fact, increased sensitivity of hypoxic cells to 2-DG is correlated to the expression of HIF in different tumor cell lines. It follows that mTOR inhibition should decrease this resistance to glycolytic inhibition found in tumor cells under hypoxia. Thus, blocking mTOR with rapamycin should not only interfere with the downstream upregulation of anaerobic metabolism but also cause hypoxic cells to become more susceptible to 2-DG. Results from the current study further demonstrate that mTOR may play an essential role in either the cellular shift to anaerobic glycolysis or the anaerobic uptake of glucose. The dose effect response curve obtained for tumor burden and hypoxia following rapamycin treatment provides baseline data to consider combination therapies of mTOR and chemotherapy for vasculature targeting to treat retinoblastoma.

Angiogenesis has been highly correlated with tumor proliferation and metastasis in a number of tumors. Protein synthesis for cell growth, proliferation, and angiogenesis is regulated by mTOR, which controls different signals from growth factor receptors to secure the cell with sufficient nutrients and energy for cell growth. Cancer cells have been shown to have a dysregulation in the angiogenic pathways mediated by mTOR. Using the LHβETATAG mouse model of retinoblastoma, we have shown that anti-angiogenic therapy primarily targets
areas with high angiogenic activity, while having little to no effect in established mature blood vessels.\textsuperscript{30} We have also shown that the heterogeneity and spatial distribution of neovessels and mature vessels in ocular tumors may impact the efficacy of anti-angiogenic therapies, and may dictate the treatment modalities used.\textsuperscript{11,47} Other studies have shown that inhibition of mTOR can potentially inhibit angiogenesis by reducing VEGF-receptors (VEGFRs).\textsuperscript{48,49} VEGFR regulates angiogenic signaling in both endothelial cells and vascular pericytes, mediating tumor proliferation.\textsuperscript{49,50} In the current study, the number of mature blood vessels significantly decreased following treatment with rapamycin, whereas the number of neovessels remained stable following treatment. These results suggest that rapamycin affected pericytes, having little or no effect on endothelial cells. This drug may have had an indirect effect on vascular pericytes by mediating the angiogenic signaling from VEGFR in the tumor microenvironment. In addition, the use of DMSO as the vehicle control may cause nonapparent toxicities on the tumors, affecting the overall effects of angiogenesis.\textsuperscript{51–53} Since anti-angiogenic therapy (ie, anecortave acetate and combretastatin) has no effect in the established, pericyte protected mature blood vessels that are present in advanced LH\textsubscript{\textbeta\textsubscript{AG}} retinal tumors,\textsuperscript{30} rapamycin may be an alternative treatment modulator to enhance the effects of anti-angiogenic agents and, thus, their modulation as adjuvant therapies in the treatment of retinoblastoma.\textsuperscript{17,26,30}

In conclusion, we have shown that the mTOR inhibitor rapamycin led to greater tumor control and decreased the amount of hypoxic regions in the LH\textsubscript{\textbeta\textsubscript{AG}} mouse model for retinoblastoma. The use of rapamycin as an mTOR inhibitor in a preclinical trial has several benefits. Rapamycin is commercially available, has been extensively studied in human clinical trials, and has a unique preparation (topical delivery).\textsuperscript{54–58} We believe that mTOR is a potential target in retinoblastoma and its modulation may allow a synergistic impact on tumor burden control in combination with standard treatment modalities (eg, chemotherapy) and other adjuvant therapies (eg, glycolytic inhibitors and anti-angiogenic agents) to treat retinoblastoma tumors. Future studies should include testing the compatibility of different treatment dose and schedule combinations for optimal retinoblastoma tumor burden control.

**Notes**

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**Disclosure**

The authors report no conflicts of interest in this work.

**References**


