Conductive keratoplasty for the treatment of presbyopia: comparative study between post- and non-LASIK eyes

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Purpose: To evaluate the efficacy and safety of conductive keratoplasty (CK) for the treatment of presbyopia and analyze the differences in the effects between post- and non-laser in situ keratomileusis (LASIK) eyes. Clinical preoperative factors that could affect the predictability of CK were also analyzed.

Methods: The visual and refractive outcomes of CK for the treatment of presbyopia in 14 eyes of 13 post-LASIK patients (post-LASIK group mean age 50.9 ± 3.4 years) and those of 25 eyes of 25 non-LASIK patients (non-LASIK group mean age 52.4 ± 4.0 years) were studied. The clinical efficacy, safety, stability, and predictability of CK were statistically evaluated.

Results: The mean (logarithm of the minimum angle of resolution [logMAR] ± standard deviation [SD]) of preoperative uncorrected near visual acuity (UNVA) and manifest refraction spherical equivalent (MRSE) were 0.64 ± 0.25 diopter (D) and 0.35 ± 0.48 D, respectively, in the post-LASIK group, and 0.71 ± 0.20 D and 0.64 ± 0.61 D, respectively, in the non-LASIK group. At 6 months after CK, the mean UNVA and MRSE were 0.07 ± 0.13 D and −1.59 ± 0.86 D, respectively, in the post-LASIK group, and 0.07 ± 0.12 D and −1.06 ± 0.56 D, respectively, in the non-LASIK group. At 1 year after CK, the mean UNVA and MRSE were 0.30 ± 0.17 D and −0.58 ± 0.52 D, respectively, in the post-LASIK group, and 0.28 ± 0.34 D and −1.56 ± 0.62 D, respectively, in the non-LASIK group. There was no significant difference between the two groups in either factor at 6 months postoperative (Student’s t-test, P > 0.05). At 1 year after CK, all the treated eyes maintained corrected distance visual acuity better than −0.08 (logMAR). The mean cylindrical errors were within ±1.00 D in 100% of the post-LASIK and non-LASIK patients. As for the preoperative clinical factors evaluated for their potential relationship to the predictability of CK, none showed significant effect on the clinical outcomes.

Conclusion: CK is demonstrated to be safe for the treatment of presbyopia in post-LASIK patients as well as in non-LASIK patients, though needed longer observation in terms of factors affecting predictability.

Keywords: conductive keratoplasty, post-LASIK, presbyopia, CK

Introduction
Presbyopia has been known as one of the most common aging phenomena of the eye, leading to loss of near vision, especially in emmetropic or hyperopic eyes. Conventional management is to use reading glasses to correct presbyopia. In recent years, a number of treatments have been developed to meet the needs of patients wanting to be free from reading glasses. These treatments include bifocal or multifocal contact lenses, monovision using monofocal lenses, and multifocal laser in situ keratomileusis (LASIK).1–6

US Food and Drug Administration (FDA) clinical trials in 2002 demonstrated that conductive keratoplasty (CK) was effective for the treatment of low to
moderate hyperopia.7 Since then, the use of this technique has expanded to treat hyperopic astigmatism, keratoconus, and corneal ectasia (keratoectasia) after LASIK.8,9 In 2004, the results of a 1-year clinical trial demonstrated that CK was effective also for the treatment of presbyopia.10 However, there have been only a few studies on the effect of CK for presbyopia.11,12

In CK, a thin probe is inserted into the cornea, and radio waves are used to make heat coagulation of the corneal stroma to alter the corneal curvature. CK makes a myopic shift of the treated eye and improves near vision. This technique is now widely used, but there have not been many reports on the effectiveness of CK on post-LASIK eyes. In this study, we compared the visual and refractive outcomes of CK treatment on post-LASIK and non-LASIK eyes and analyzed the clinical outcomes.

Methods
Eligibility of the patients and pre- and postoperative examinations
The eligibility requirements for CK at our clinic were as follows: patients age over 40 years, only those patients who do not drive long hours and who do not require perfect distance vision, eyes with −1.0 diopter (D) to +1.5 D of sphere (manifest and cycloplegic), equivalent to −0.75 D or less than −0.75 D of cylinder, and corneal thickness of 400 µm or more at the center of the cornea and 560 µm or more at the 6 mm peripheral area. Patients with pacemakers and/or cochlear implants were excluded from CK surgery.

In this study, the preoperative examinations included uncorrected distance and near visual acuity (UDVA and UNVA, respectively), corrected distance and near visual acuity (CDVA and CNVA, respectively), binocular uncorrected distance and near visual acuity (binocular UDVA and binocular UNVA, respectively), distance and near manifest refraction and cycloplegic refraction, distance and near bilateral visual acuity, intraocular pressure, corneal topography using TMS-4® (Tomey Corp, Nagoya, Japan), ultrasonic pachymetry, endothelial cell density, slit lamp examinations, dominant eye tests, and monovision tests.

Postoperative examinations included UDVA, UNVA, CDVA, and CNVA (operated eyes only), binocular UDVA and binocular UNVA, distant manifest refraction, corneal topography, and slit lamp examinations.

The candidates also went through a monovision test using trial glasses (loose lens test). We used three different powers of lenses for the monovision trial, +1.00 D, +1.75 D, and +2.50 D, in order to evaluate the required correction and also the patients’ ability to adapt to monovison. Candidates who were not satisfied with the trial glasses were allowed to go through a similar test using contact lenses. All patients were informed that presbyopic symptoms might not be improved after CK.

In addition, the post-LASIK candidates were required to have waited at least 3 months after LASIK before undergoing CK.

Statistical analyses were conducted using Student’s t-test, Spearman’s correlation coefficient by rank, or Pearson’s correlation coefficient as appropriate. For all tests, a P value less than 0.05 was considered statistically significant.

Surgical procedure
After the preoperative slit lamp examinations were completed, one drop of 0.4% oxybuprocaine hydrochloride ophthalmic solution (Benoxil®, Santen Pharmaceutical, Osaka, Japan) was instilled, followed by one drop of 0.5% moxifloxacin hydrochloride ophthalmic solution (Vegamox®, Alcon Japan, Tokyo, Japan) and 4% lidocaine ophthalmic solution (Xylocaine®, AstraZeneca PLC, Osaka).

Under the microscopic observation, the pupil center of the cornea was marked with a marker (BD Visimark™ Gentian Violet Marking Pad, BD Ophthalmic System, Waltham, MA, USA), then the CK template (NearVison® CK or OptiPoint® Corneal Template, Refractec, Inc., CA, USA) was applanated at the center of the template and matched with the corneal center.

According to the surgical nomogram of the manufacturer, the probe was inserted into the holes of the template. For the post-LASIK eyes, the intended correction was reduced by 20%–30% from the standard nomogram, because it has been reported that the effects of CK are exaggerated in post-LASIK eyes.13

After completing the procedure, the template was removed and one drop of moxifloxacin hydrochloride, 0.3% sodium hyaluronate ophthalmic solution (Hyalein® Mini, Santen Pharmaceutical, Osaka), and 0.1% dexamethasone sodium meta-sulfobenzoate ophthalmic solution (D-E-X®, Nitto Mediс, Toyama, Japan) were instilled.

The patients were instructed to rest for 20 minutes before receiving the doctor’s postoperative examination. If no problems were found, one drop of sodium hyaluronate ophthalmic solution was instilled and the patients were allowed to go home.

Postoperative care
On the day of the surgery, the patients were instructed to instil one drop of 0.1% fluorometholone ophthalmic solution (Flumetholon®, Santen Pharmaceutical, Osaka),
0.5% moxifloxacin hydrochloride ophthalmic solution, and 0.3% sodium hyaluronate ophthalmic solution once every hour.

The patients were instructed to visit our clinic for postoperative examinations at 1 day, 1 week, 1 month, 3 months, 6 months, and 1 year after surgery. From the day after the operation, one drop of fluorometholone, moxifloxacin hydrochloride, and 0.1% hyaluronate sodium ophthalmic solution (Tearbalance®, Senju Pharmaceutical, Osaka) was administrated.

**Results**

**Patients’ demography**

A total of 39 eyes of 38 patients who underwent CK between April 2007 and June 2009 were included in this study. Of those, 25 eyes of 25 patients had no history of ophthalmic surgery (9 males and 16 females) and 14 eyes of 13 patients had received LASIK before CK (8 males and 5 females). One of the post-LASIK patients underwent corrective treatment for residual hyperopia from the previous LASIK on one eye, and the fellow eye was treated for presbyopia. The mean age of the non-LASIK patients was 52.4 ± 4.0 years (n = 25) and of the post-LASIK patients was 50.9 ± 3.4 years (n = 13). For the post-LASIK patients, the mean period between their LASIK operation and CK was 408.9 ± 315.4 days (range 110–948 days). The corneal flap thickness of the previous LASIK was between 85 µm and 110 µm. The mean attempted correction was −1.60 ± 0.76 D in the non-LASIK patients, and −1.27 ± 0.74 D in the post-LASIK patients.

All of the patients received postoperative examinations at 1 day, 1 week, and 1 month after CK. Sixty-four percent (n = 16), 36.0% (n = 9), and 8.0% (n = 2) of the non-LASIK patients and 76.9% (n = 10), 53.8% (n = 7), and 23.1% (n = 3) of the post-LASIK patients received examinations at 3 months, 6 months, and 1 year after CK, respectively. As the number of the patients who attended the 1-year postoperative examination was very small, only numerical values were included without statistical analysis in this study.

**Visual acuity**

The mean (±standard deviation [SD]) UNVA (logarithm of the minimum angle of resolution [logMAR]) before CK and 1 week, 1 month, 3 months, 6 months, and 1 year after CK was 0.64 ± 0.25, 0.10 ± 0.20, 0.02 ± 0.13, 0.06 ± 0.17, 0.07 ± 0.13, and 0.30 ± 0.17, respectively, in the post-LASIK group, and 0.71 ± 0.20, 0.09 ± 0.20, 0.11 ± 0.17, 0.11 ± 0.14, 0.07 ± 0.12, and 0.28 ± 0.34, respectively, in the non-LASIK group. There was no significant difference in UNVA between the two groups at each postoperative examination (Student’s t-test, P > 0.05).

The mean (±SD) UDVA (logMAR) before CK and 1 week, 1 month, 1 month, 3 months, 6 months, and 1 year after CK was −0.13 ± 0.11, 0.58 ± 0.38, 0.53 ± 0.38, 0.38 ± 0.39, 0.48 ± 0.40, and 0.07 ± 0.21, respectively, in the post-LASIK group, and −0.07 ± 0.13, 0.65 ± 0.39, 0.53 ± 0.37, 0.45 ± 0.34, 0.26 ± 0.24, and 0.41 ± 0.16, respectively, in the non-LASIK group. No significant difference was found in UDVA between the two groups at each postoperative examination (Student’s t-test, P > 0.05).

The preoperative, 6-month, and 1-year postoperative mean binocular UDVA (logMAR) was −0.18 ± 0.11, −0.20 ± 0.08, and −0.18 ± 0.00 in the post-LASIK group, and −0.17 ± 0.07, −0.09 ± 0.10, and −0.09 ± 0.12 in the non-LASIK group, respectively. There was a significant difference in binocular UDVA between the two groups 6 months postoperatively (Student’s t-test, P = 0.0391).

Preoperative, 6-month, and 1-year postoperative mean binocular UNVA (logMAR) was 0.50 ± 0.27, 0.06 ± 0.12, and 0.22 ± 0.25 in the post-LASIK group, and 0.53 ± 0.22, 0.03 ± 0.10, and 0.20 ± 0.17 in the non-LASIK group, respectively. There was no significant difference between the two groups in binocular UNVA at each postoperative examination (Student’s t-test, P > 0.05).

**Safety of CK**

The CDVA before CK and 1 week, 1 month, 3 months, 6 months, and 1 year after CK was measured in the post-LASIK eyes and the non-LASIK eyes. The mean (±SD) preoperative CDVA (logMAR) was −0.20 ± 0.06, and at 1 week, 1 month, 3 months, 6 months, and 1 year after CK was −0.14 ± 0.06, −0.15 ± 0.08, −0.17 ± 0.05, −0.18 ± 0.06, and −0.13 ± 0.07, respectively, in the non-LASIK eyes. The mean CDVA (logMAR) before CK and 1 week, 1 month, 3 months, 6 months, and 1 year after CK in the post-LASIK eyes was −0.22 ± 0.08, −0.15 ± 0.06, −0.17 ± 0.07, −0.19 ± 0.04, −0.15 ± 0.08, and −0.18 ± 0.00, respectively. All of the post-LASIK and non-LASIK patients had CDVA of −0.08 (logMAR) or better throughout the postoperative examination period until 1 year after CK, and there was no significant difference between the two groups (Student’s t-test, P > 0.05).

The mean postoperative cylindrical changes at 1 week, 1 month, 3 months, 6 months, and 1 year after CK in the post-LASIK group were −0.30 ± 0.47 D (±SD, range −1.00 D to +0.50 D), −0.32 ± 0.46 D (±SD, range −1.50 D to +0.25 D), −0.20 ± 0.28 D.
Before CK and 1 week, 3 months, and 6 months after CK there was no significant difference between the two groups (Student’s t-test, \( P = 0.0244 \)). In the post-LASIK group, the mean MRSE change between 1 week and 1 month was 0.16 D, between 1 month and 3 months was 0.63 D, between 3 months and 6 months was 0.16 D, and between 6 months and 1 year was 1.01 D, respectively. The mean MRSE change between 1 week and 1 month was 0.52 D, between 1 month and 3 months was 0.11 D, between 3 months and 6 months was 0.40 D, and between 6 months and 1 year was 0.50 D, respectively, in the non-LASIK group.

Predictability of CK

The predictability of CK was evaluated based on the clinical results at 1 week, 1 month, 3 months, 6 months, and 1 year postoperatively. The nomogram used in this study ranged from +0.50 D to +3.00 D, and the appropriate value was applied depending on the patients’ need for correction according to the preoperative loose lens test (Table 1). In the post-LASIK patients, the attempted correction was lowered by 20%–30% in order to avoid overcorrection. The mean errors in MRSE from the attempted correction at 1 week, 1 month, 3 months, 6 months, and 1 year postoperatively were −1.28 ± 0.88 D, −1.12 ± 0.80 D, −0.63 ± 0.68 D, −0.38 ± 0.82 D, and 0.00 ± 0.00 D, respectively, in the post-LASIK group, and −0.50 ± 0.71 D, 0.03 ± 0.98 D, 0.29 ± 0.66 D, 0.85 ± 0.74 D, and 0.06 ± 0.80 D in the non-LASIK group. There were significant differences between the two groups at 1 week, 1 month, 3 months, and 6 months postoperatively (Student’s t-test, \( P = 0.0046, 0.0007, 0.0024, \) and 0.0073, respectively). The post-LASIK group showed greater myopic shift than the non-LASIK group.

At 6 months after CK, 44% of the eyes were within ±0.50 D, 56% were within ±1.00 D, and 89% were within ±1.50 D of the intended correction, and at 1 year after CK, 50% were within ±0.50 D and 100% were within ±1.00 D of the intended correction in the non-LASIK group (Figure 2).

**Stability of CK**

The refractive changes after CK were studied at 1 week, 1 month, 3 months, 6 months, and 1 year postoperatively. In the post-LASIK group, the mean MRSE before CK and 1 week, 1 month, and 3 months after CK was 0.34 ± 0.44 D, −2.54 ± 1.14 D, −2.39 ± 1.07 D, −1.75 ± 0.96 D, −1.59 ± 0.86 D, and −0.58 ± 0.52 D, respectively. In the non-LASIK group, the mean MRSE before CK and 1 week, 1 month, 3 months, 6 months, and 1 year after CK was 0.64 ± 0.59 D, −2.09 ± 1.03 D, −1.57 ± 1.04 D, −1.46 ± 0.73 D, −1.06 ± 0.56 D, and −1.56 ± 0.62 D, respectively. There was no significant difference between the two groups before CK and 1 week, 3 months, and 6 months after CK (Student’s t-test, \( P > 0.05 \)). However, there was significant difference between the groups at 1 month postoperatively (Student’s t-test, \( P = 0.0244 \)).

**Figure 1** Cylindrical change from preoperative for non- and post-LASIK groups. One week, 1 month, 3 months, 6 months, and 1 year postoperative absolute cylinder change from preoperative was calculated for the non- and post-LASIK groups.
It has been reported that the regression rate of post-CK patients mitigates from 3 months to 1 year after surgery. In our study, the regression rate was varied between the examined period in both post-LASIK and non-LASIK groups. It is suggested that regression was not a stable event after CK.
demonstrated that the predictability of CK on patients who have had previous corneal refractive surgery was not good. Although we set the target 20%–30% weaker than the standard nomogram, the effects of CK were stronger in the post-LASIK eyes than in the non-LASIK eyes, resulting in greater myopic shift in the post-LASIK eyes.

It has been reported that the amount of residual corneal thickness after LASIK and the amount of myopic correction by LASIK affect the biomechanical properties and strength of the cornea. Therefore, we evaluated the relationship between the two factors and the predictability of CK in the post-LASIK eyes. We demonstrated that there was little relationship between these two factors and the predictability of CK. In principle, we preserve a minimum of 300 µm residual corneal bed thickness after LASIK to allow follow-on enhancements and also for patients’ safety. Even with this safety margin, we assumed that the integrity of the cornea was weaker in the post-LASIK eyes than in the non-LASIK eyes, and the reduced integrity might have affected the predictability of the CK.

In this study, no significant relationship between the predictability of CK and the residual bed thickness nor the amount of correction by the LASIK procedure was found. Additionally, the relationship between corneal thickness and the predictability at 3 months after CK was also compared between the post-LASIK and the non-LASIK groups. We noted that there was significant difference in the mean corneal thickness between the two groups. The mean corneal thickness for the post-LASIK group was thinner by 68.8 µm. The post-LASIK group also had a greater tendency to have a myopic shift. Even with these differences, neither group demonstrated significant correlation between corneal thickness and predictability.

As none of the above three factors, residual corneal bed thickness, amount of LASIK correction, and corneal thickness, was related to the predictability of CK on post-LASIK eyes, we hypothesize that corneal structural changes such as flap creation might have reduced corneal integrity and induced an exaggerated reaction to the CK treatment, leading to overcorrection. Our results were compatible with the hypothesis that the structural alteration of the anterior and posterior lamellar possibly caused an unusually large response to CK treatment. As the central corneal thickness was more reduced but the peripheral regions were relatively unchanged in LASIK, it has been suggested that corneal elasticity has been decreased, and this induces a strong steepening effect, which could result in an approximate doubling of the effect of CK when compared with the effect on eyes without previous

Further observation is needed to evaluate what may affect the stability of CK. Additionally, at 1 year postoperative, further refractive and visual (UNVA) regression was noted in some patients. However, they maintained good corrected distance and near visual acuity, suggesting that CK is a safe procedure.

The predictability of refractive outcomes was better in the non-LASIK group than in the post-LASIK group. Alió et al demonstrated that the predictability of CK on patients who have had previous corneal refractive surgery was not good. Although we set the target 20%–30% weaker than the standard nomogram, the effects of CK were stronger in the post-LASIK eyes than in the non-LASIK eyes, resulting in greater myopic shift in the post-LASIK eyes.

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corneal surgery. Further investigation is needed to determine whether these structural changes may be the cause of the resultant overcorrection seen in post-LASIK eyes.

With the introduction of the special templates (NearVison® CK, OptiPoint® Corneal Template) for CK probe application, problems such as the increased cylindrical errors caused by the unsymmetrical application of the probe to the cornea and/or the failure to mark the pupil center properly are mitigated. We didn’t specifically mention the CK treatment on the non-LASIK nor the post-LASIK patients in this study. However, rare complications have been reported, such as diffuse lamellar keratitis followed by epithelial defects and corneal perforation after CK treatment on post-LASIK eyes. We need to consider the possibility of severe complications and carefully follow the post-LASIK CK patients.

In our study, few patients attended their 1-year follow-up. We hypothesised that those patients who did not return for the follow-up retained stable refraction and visual acuity and did not feel the need for a doctor consultation.

In conclusion, CK is demonstrated to be a safe procedure for the treatment of presbyopia in post-LASIK eyes as well as in non-LASIK eyes. However, we need further investigation into its stability and the factors that may affect the predictability of CK.

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