## REVIEW

# Chromosomal Instability as Enabling Feature and Central Hallmark of Breast Cancer

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**Abstract:** Chromosomal instability (CIN) has become a topic of great interest in recent years, not only for its implications in cancer diagnosis and prognosis but also for its role as an enabling feature and central hallmark of cancer. CIN describes cell-to-cell variation in the number or structure of chromosomes in a tumor population. Although extensive research in recent decades has identified some associations between CIN with response to therapy, specific associations with other hallmarks of cancer have not been fully evidenced. Such associations place CIN as an enabling feature of the other hallmarks of cancer and highlight the importance of deepening its knowledge to improve the outcome in cancer. In addition, studies conducted to date have shown paradoxical findings about the implications of CIN for therapeutic response, with some studies showing associations between high CIN and better therapeutic response, and others showing the opposite: associations between high CIN and therapeutic resistance. This evidences the complex relationships between CIN with the prognosis and response to treatment in cancer. Considering the above, this review focuses on recent studies on the role of CIN in cancer, the cellular mechanisms leading to CIN, its relationship with other hallmarks of cancer, and the emerging therapeutic approaches that are being developed to target such instability, with a primary focus on breast cancer. Further understanding of the complexity of CIN and its association with other hallmarks of cancer could provide a better understanding of the cellular mechanisms involved in prognosis and response to treatment in cancer and potentially lead to new drug targets. **Keywords:** breast cancer, genomic instability, chromosomal instability, clonal heterogeneity, resistance to therapy, therapeutic targets

#### Introduction

In recent years, CIN has gained great importance due to its implications for both, the diagnosis and prognosis of cancer. Recent studies have suggested that both CIN and clonal heterogeneity, influence cancer progression, aggressiveness, prognosis, and response to therapy.<sup>1–4</sup> The above because both, CIN and clonal heterogeneity, lead to variations in gene regulation (proto-oncogenes and/or tumor suppressor genes),<sup>5</sup> as well as to variations in the levels of the proteins for which they encode.<sup>6</sup> The available evidence on the effect of CIN and clonal heterogeneity levels on survival and response to therapy in cancer is paradoxical,<sup>7</sup> since while some studies have shown associations between CIN and clonal heterogeneity with proliferative advantages and survival,<sup>8–10</sup> other studies have shown associations with decreased proliferation<sup>11</sup> and better outcomes in cancer patients.<sup>12,13</sup> This evidences the complex role played by CIN and clonal heterogeneity in the prognosis and response to cancer treatment. The studies carried out to date suggest that CIN and clonal heterogeneity could be considered as therapeutic targets, aimed at improving response to treatment, reducing side effects, and overcoming resistance to cancer therapy.<sup>14</sup> This review focuses on recent studies on the role of CIN in cancer, the cellular mechanisms leading to CIN, its relationship with other hallmarks of cancer, and the emerging therapeutic approaches that are being developed to target such instability, with a primary focus on breast cancer.

# General Overview of Genomic Instability and CIN

# Genomic Instability as a Distinctive Hallmark of Cancer

The hallmarks of cancer are the set of biological characteristics acquired by neoplastic cells during the different stages of tumor development,<sup>15</sup> including sustaining proliferative signaling, evading growth suppressors, resisting cell death, enabling replicative immortality, inducing angiogenesis, activating invasion and metastasis, tumor promoting inflammation, reprogramming energy metabolism, evading immune destruction, genomic instability and mutation.<sup>16</sup> Recently, additional emerging hallmarks and enabling features were added, including unlocking phenotypic plasticity, non-mutational epigenetic reprogramming, polymorphic microbiomes, and senescent cells.<sup>17</sup> Together, these constitute "the fourteen hallmarks of cancer".

Genomic instability refers to a greater tendency for alterations in the genome during the life cycle of cells. It is a major driving force for heterogeneity and tumorigenesis.<sup>18,19</sup> Genomic instability leads an accumulation of genetic alterations, which allow tumor cells to acquire proliferative and survival advantages.<sup>20</sup> According to the genetic level of the alteration, genomic instability is classified into three types, including: nucleotide instability (NIN), microsatellite instability (MSI), and CIN.<sup>21</sup> NIN refers to an increased frequency of substitutions, deletions and insertions of one or a few nucleotides. The MSI is characterized by a decreasing or increasing in microsatellite length as a consequence of errors in the missing base repair system.<sup>22</sup> Finally, CIN is the most prevalent but least understood form of genomic instability.

CIN has gained great importance in recent years, due to its implications in both the diagnosis and prognosis of cancer.<sup>10,23</sup> This type of genomic instability is classified into numerical CIN (gain or loss of whole chromosomes - aneuploidy) and structural CIN (gain or loss of chromosome segments)<sup>14</sup> (Figure 1). Aneuploidy is a state in which the cell has an abnormal total number of chromosomes, which may be stable or unstable. When cells exhibit unstable aneuploidy, the simultaneous growth of several genetically distinct tumor subpopulations is favored, increasing inter and intra-tumoral genomic heterogeneity.<sup>2</sup>

## Cellular Mechanisms Leading to CIN in Cancer

Exposure to different endogenous factors such as reactive oxygen species (ROS), and exogenous factors such as physical (ionizing and ultraviolet radiation), chemical (intercalating and alkylating agents), and biological (viruses and bacteria), cause up to one million of DNA changes per day in somatic cells.<sup>24</sup>

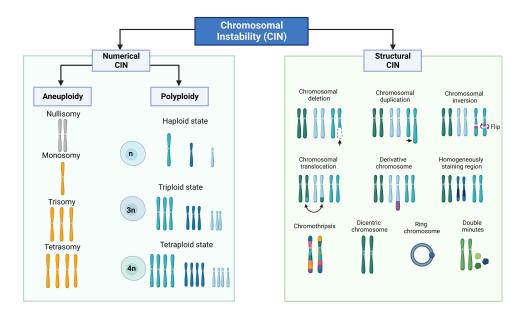


Figure I Types of Chromosomal Instability (CIN). The CIN is classified into Numerical CIN and Structural CIN. Numerical CIN, corresponds to the gain or loss of whole chromosomes (aneuploidy, and polyploidy), while structural CIN refers to the gain or loss of chromosome segments.

The damage to the genetic material, can be corrected by the DNA repair machinery, without generating repercussions to the cells.<sup>25</sup> However, such repair mechanisms are prone to error and can drive CIN, producing chromosomal rearrangements<sup>26</sup> that affect key genes, or regulatory elements, for cell division and apoptosis.<sup>27,28</sup> Thus, the cellular mechanisms leading to CIN in cancer, vary depending on whether they correspond to numerical or structural CIN. Numerical CIN is caused by the erroneous segregation of chromosomes during somatic cell division (mitotic non-disjunction), which gives rise to two daughter cells with an aneuploid karyotype.<sup>21,29</sup> This nondisjunction is triggered by defects in chromosomal cohesion (Figure 2A), kinetochore-microtubule junction dynamics (Figure 2B), centrosome copy number (Figure 2C), cell cycle regulation (Figure 2D) and spindle assembly checkpoint (SAC)<sup>28</sup> (Figure 2E). Of the above mechanisms, the SAC is quite important for cells, because it helps them maintain genome stability by delaying their division until ensuring that anaphase occurs only after all kinetochores are amphitelically connected to spindle microtubules,<sup>30</sup> thus guaranteeing a correct chromosomal segregation.<sup>31</sup>

However, when the SAC is defective, three types of misjunctions between the mitotic spindle and chromosomes can occur, including: monotelic union (only one kinetochore of the chromatid pair is anchored to a spindle microtubule), syntelic union (the kinetochore of the two chromatids is attached to microtubules of the same pole), and merothelic union (at least one kinetochore of the pair of chromatids is anchored to the microtubules of the two poles). These mismatches, lead to early onset of anaphase, significantly increasing the probability of incorrect chromosome segregation. This suggests, that defects in the SAC may cause CIN.<sup>28</sup> In fact, merotelic anchoring is considered to be the main mechanism

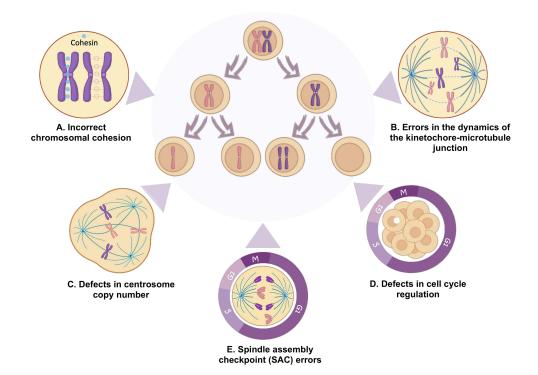


Figure 2 Cellular mechanisms leading to numerical Chromosomal Instability (CIN) in cancer. Numerical CIN is caused by the erroneous segregation of chromosomes during somatic cell division (mitotic nondisjunction), which gives rise to two daughter cells with an aneuploid karyotype. The mechanisms associated with mitotic nondisjunction include: (A) Incorrect chromosomal cohesion. In metaphase cells, sister chromatids (purple) are linked together by cohesin (blue). Chromosomes lacking cohesin do not pair at metaphase, and individual sister chromatids fail to achieve stable bipolar attachment at the spindle. When anaphase begins, the chromosomes fail to segregate at opposite Poles, leading to errors in chromosome segregation. (B) Errors in the dynamics of the kinetochore-microtubule junction. For chromosome segregation to occur with high fidelity, prior to the onset of anaphase, kinetochores must bind to spindle microtubules and connect sister chromatids of each chromosome to opposite spindle Poles. If chromosomes do not attach correctly to the spindle, for example when only one kinetochore is connected to one spindle pole, sister chromatids migrate to the same spindle pole in anaphase, leading to chromosome missegregation. (C) Defects in centrosome copy number. Cells with more than two centrosomes significantly increase the rate of kinetochore junction formation. The presence of extra centrosomes elevates lagging chromosomes and induces chromosome missegregation. (D) Defects in cell cycle regulation. Cell cycle checkpoints are directly involved in supporting the fidelity of chromosome segregation during mitosis. Alterations in these chromosomes do not properly attach to the spindle (misjunctions), kinetochores activate the SAC network, which inhibits the initiation of anaphase and preserves sister chromosome so not properly attach to the spindle (misjunctions), kinetochores activate the SAC network, which inhibits the initiation of anaphase and preserves sister chromosome missegregation results.

that induces CIN in neoplastic cells.<sup>32</sup> In addition, it has been suggested, that the non-correction of this type of junctions, is responsible for the CIN observed in approximately 85% of all sporadic cancers.<sup>33</sup>

Moreover, has also been indicated that the main mechanism associated with the induction of structural CIN is correlated with failures in DNA repair<sup>34</sup> (Figure 3), especially those involved in double-strand break (DSB) repair processes, including homologous recombination repair (HR) (Figure 3A) and non-homologous end joining (NHEJ) repair<sup>35,36</sup> (Figure 3B). Considering that these repair mechanisms are prone to error, their activation can lead to chromosomal rearrangements.<sup>37</sup> Specifically, HR detects and repairs DSBs during the G2 and late S phases of the cell cycle.<sup>38,39</sup> In this mechanism, the pair of homologous chromosomes are brought together and the region of the undamaged homolog or chromatid is taken as a template to reconstruct the DSB of the affected chromosome<sup>6,40</sup> (Figure 3A). NHEJ instead, allows strand joining at their ends without requiring a homologous or complementary sequence to guide repair<sup>41</sup> (Figure 3B). When either of these mechanisms functions improperly, it leaves the affected DNA strand ends free, which can then lead to structural chromosomal alterations through a variety of processes such as splicing, resection, alignment, invasion and/or replication,<sup>37</sup> thus favoring the induction of CIN.

## Associations Between CIN and Clonal Heterogeneity

Clonal heterogeneity has important clinical implication, since it is directly related to cancer progression and metastases.<sup>42</sup> Clonal heterogeneity is often described as the presence of a large variety of cells that behave differently within a tumor,

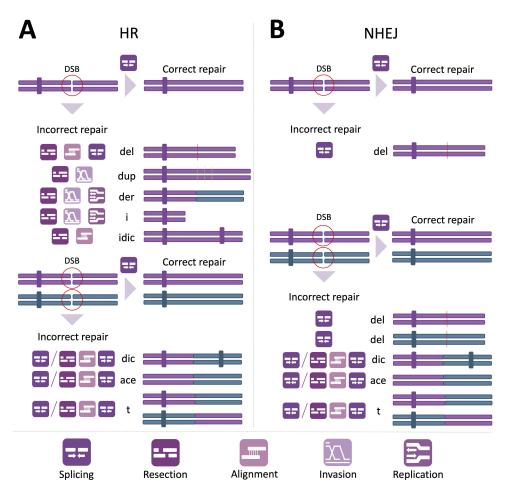


Figure 3 DNA double-strand break (DSB) repair mechanism leading to structural Chromosomal Instability (CIN) in cancer. (A) Homologous recombination repair (HR). In this mechanism, the pair of homologous chromosomes are brought together and the region of the undamaged homolog or chromatid is taken as a template to reconstruct the DSB of the affected chromosome. (B) Non-homologous end joining (NHEJ) repair. NHEJ allows strand joining at their ends without requiring a homologous or complementary sequence to guide repair. When either of these mechanisms functions improperly, it leaves the affected DNA strand ends free, which can then lead to structural chromosomal alterations including: chromosomal deletions (del), chromosomal duplications (dup), derivatives chromosomes (der), isochromosomes (i), isodicentric chromosomes (idic), dicentric chromosomes (dic), acentric fragments chromosomes (ace), and chromosomal translocations (t). Some of the processes involved in the formation of the above chromosomal alterations are: splicing, resection, alignment, invasion and/or replication, all of which favor the induction of CIN.

thus favoring the adaptation of tumor cells to stressful environments,<sup>14</sup> and promoting both, tumor progression and resistance to therapy.<sup>43–45</sup> In fact, tumorigenesis occurs under a mechanism of natural selection, in which only tumor cells that can adapt to the changing adverse conditions of their microenvironment, manage to survive and proliferate<sup>46</sup> (Figure 4). Consequently, these tumor cells take advantage of their genetic variability to develop traits that give them biological adaptability. Under these conditions, CIN ensuring the diversification of cell clones and enabling the acquisition of other cancer hallmarks through the acquisition of new mutations<sup>16,21,47</sup> (Figure 4).

CIN and clonal heterogeneity, have a directly proportional association, where an increase in CIN leads to an increase in clonal heterogeneity. The above is evidenced by the increase in molecular and genetic diversity between cells belonging to the same tumor. Therefore, each cell subpopulation can present unique characteristics, increasing heterogeneity and consequently diversifying the therapeutic response. In fact, clinical longitudinal studies based on the analysis of biopsies from different regions of the same tumor, showed changes in the cellular heterogeneity, from initial stages to metastatic stages, also observing an exponential increase in clonal heterogeneity. This increase in both, cellular heterogeneity and clonal heterogeneity, has been associated with decreased survival after endocrine therapy (tamoxifen) and chemotherapy.<sup>44</sup>

For instance, recent evidence has postulated CIN as a bet-hedging mechanism in tumor evolution, upon which the selective pressures induced by pharmacological treatments can act, thus CIN could be exploited therapeutically to achieve better patient outcomes.<sup>48</sup> In this regard, it has been indicated that the pharmacological reduction of CIN levels can stop the adaptability of cancer cells and prevent the acquisition of aggressive characteristics.<sup>48</sup> For example, recent studies have indicated that therapeutic reduction of CIN can be achieved through inhibition of the anaphase-promoting complex, which together with the use of mitosis-targeting chemotherapeutics, can act synergistically to inhibit the

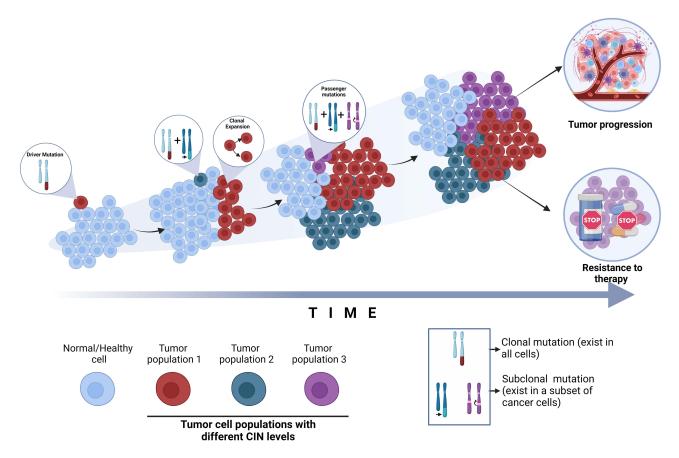


Figure 4 Chromosomal Instability (CIN) as the main promoter of Clonal Heterogeneity. Clonal heterogeneity reflects the general instability of the system and leads to the clonal evolution of tumor cells with specific mutations, thus favoring the adaptation of tumor cells to stressful environments, and promoting both, tumor progression and resistance to therapy. Under these conditions, CIN ensuring the diversification of cell clones and enabling the acquisition of other cancer hallmarks through the acquisition of new mutations.

proliferation of ovarian cancer cells.<sup>49</sup> Of highlighting what recent studies have also shown that intrinsic levels of CIN correlate with poor responses to numerous therapies in human tumors. In fact, it was indicated that CIN provides phenotypic plasticity to cancer cells that can allow them to adapt to diverse stressful environments.<sup>50</sup> Furthermore, it was demonstrated that inducing exogenous CIN can accelerate the acquisition of resistance to both targeted and cytotoxic therapies.<sup>50–52</sup> Overall, studies to date highlight CIN as a cause of resistance to cancer therapy, and highlight the importance of identifying reliable methods to directly examine it and thus support novel strategies aimed at target CIN and improving outcomes in cancer.

# CIN as an Enabling Feature of Other Hallmarks of Cancer

CIN has acquired great importance in recent years, given its involvement in the fixation of random mutations that confer proliferation, survival and metastasis advantages to tumor cells. The studies carried out to date, show the important role that CIN plays in prognosis and response to therapy in cancer, as well as evidence the ability of CIN to improve tumor fitness and enable the acquisition of other hallmarks of cancer. Below we discuss the associations between CIN with eight of the fourteen hallmarks of cancer, and its relevance to cancer prognosis and response to therapy.

## Sustaining Proliferative Signaling

One of the main mechanisms that lead tumor cells to maintain permanent activation of cell proliferation, is through an increase in the number of gene copies (gene amplification). A typical example is the *BRAF* and *PIK3CA* genes, which code for serine/threonine-protein kinase B-Raf and phosphatidylinositol 3-Kinase (PI3K) transcription factors, respectively. The amplification of these genes, leads to the overexpression of their proteins, which favors the permanent activation of cell proliferation.<sup>53–55</sup> The permanent activation of the cell proliferation could lead to chromosome missegregation during mitosis, and therefore to the gain and/or loss of whole chromosomes (numerical CIN) or chromosome fragments (structural CIN) (Figure 5). In fact, it has been suggested that while in stable diploid cell lines, one chromosome mis-segregate per hundred cell divisions, cancer cells with CIN, mis-segregate a chromosome approximately once every one to five cell divisions.<sup>56,57</sup> The above explains why permanent cell cycle activation leads to an increase in CIN. For instance, this behaviour has been observed in breast cancer (BC) patients with human epidermal growth factor receptor 2 (*HER2*) gene amplification. *HER2* gene is amplified and overexpressed in up to 15% of BC, and is associated with poor prognosis.<sup>58</sup> Preclinical models have indicated a role for HER2 signaling in CIN initiation and defective cell cycle control, and evidence suggests that targeting HER2 may attenuate this process. In fact, has been indicated that HER2 positive (HER2+) breast tumors show significantly increased CIN relative to HER2 negative tumors (HER2-).<sup>59</sup>

Interestingly, HER2 overexpression in tumoral cells has also been associated with centrosome abnormalities,<sup>60,61</sup> which through chromosome missegregation during mitosis, may promote CIN<sup>62</sup> (Figure 5). Furthermore, several lines of preclinical and clinical evidence have supported a functional role for HER2 signaling in mediating and sustaining CIN. Indeed, has been indicated that HER2 protein overexpression constitutively activates the PI3K/AKT/mTOR signal pathway, promoting chromosome segregation errors in mouse tumors<sup>63</sup> and the survival and proliferation of aneuploid in mouse mammary epithelium.<sup>64</sup> In accordance with the role of HER2 signaling in the induction of CIN and, consistent with the heterogeneity of CIN in individual tumors, additional studies showed higher HER2 expression in aneuploid compared to diploid components of HER2+ tumors.<sup>65</sup> These findings suggest an important role for HER2 in the induction and maintenance of CIN, through the permanent activation of cell proliferation (Figure 5).

Other markers related to CIN induction and associated with poor prognosis in BC, include the centromere protein F (CENP-F). CENP-F is a cell cycle-regulated protein implicated in kinetochore assembly and/or the spindle checkpoint<sup>66,67</sup> and maximally expressed at the G2/M phase of the cell cycle.<sup>68,69</sup> Upregulation of CENP-F in primary BC samples was significantly associated with markers of CIN including cyclin E, increased telomerase activity, *C-MYC* amplification and aneuploidy (Figure 5), as well as with worse overall survival and reduced metastasis free survival. Of note, a significant proportion of tumors over-expressing CENP-F were aneuploid, strengthening the associations between CENP-F expression and markers of CIN.<sup>70</sup> Taking into the account the above, CENP-F could be considered as an important, clinically significant target in the treatment of BC patients with CIN.

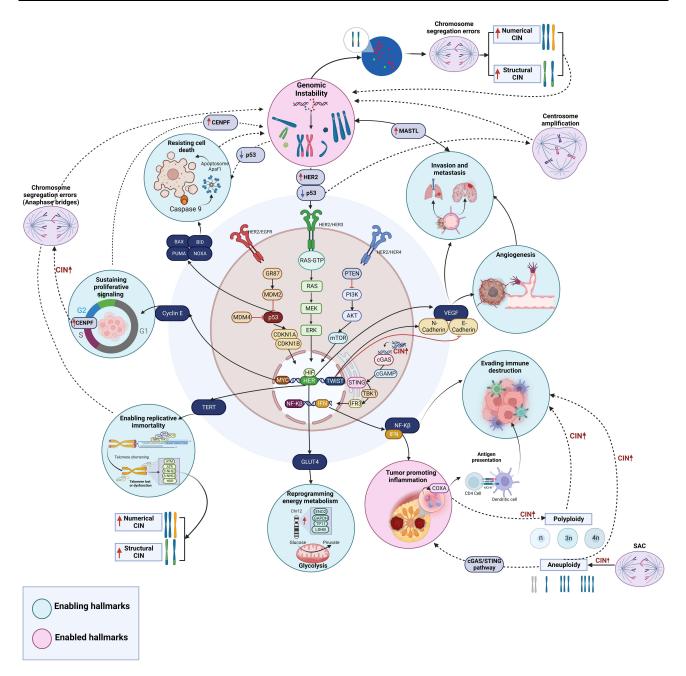


Figure 5 Chromosomal Instability (CIN) as an enabling hallmark in cancer. CIN is the main type of instability that promotes neoplastic cells. CIN favors the adaptation of tumor cells to stressful environments, thus facilitating the activation of other hallmarks of cancer through the acquisition of new mutations. In the same way, the hallmarks of cancer (sustaining proliferative signaling, resisting cell death, enabling replicative immortality, angiogenesis, invasion and metastasis, reprogramming of energy metabolism, evading immune destruction and tumor promoting inflammation), favors the induction and/or increase of CIN. Both, CIN as an enabling hallmark of cancer, and the ability of hallmarks of cancer to induce and/or increase CIN, allow cells to survive and acquire resistance to therapy.

Abbreviations: AKT, AKT Serine/Threonine Kinase; A-NHEJ, Alternative non-homologous end joining pathway; Apafl, Apoptosis protease-activating factor-1; ATM, ATM Serine/Threonine Kinase; ATR, ATR Serine/Threonine Kinase; BAX, BCL2 Associated X Apoptosis Regulator; BID, BH3 Interacting Domain Death Agonist; CDKN1A, Cyclin Dependent Kinase Inhibitor 1A; CDKN1B, Cyclin Dependent Kinase Inhibitor 1B; CENPF, Centromere Protein F; C-NHEJ, Canonical non-homologous end joining pathway; COXA, Cytochrome c oxidase subunit 1; cGAS, Cyclic GMP-AMP synthase; cGAMP, Cyclic guanosine monophosphate–adenosine monophosphate; ENO2, Enolase 2; ERK, Extracellular signal-regulated kinase; GAPDH, Glyceraldehyde-3-Phosphate Dehydrogenase; GLUT4, Glucose transporter type 4; GTP, Guanosine-triphosphate; HDR, homology-directed repair; HER2, epidermal growth factor receptor 2; HIF, hypoxia-inducible factor-1; IFN, Interferon; LDHB, lactate dehydrogenase B; MASTL, Microtubule Associated Serine/Threonine Kinase; MYC, MYC Proto-Oncogene BHLH Transcription Factor; NF-KB, Nuclear factor kapaa-light-chain-enhancer of activated B cells; NOXA, pro-apoptotic BH3-only protein; PI3K, phosphatidylinositol 3-Kinase; PTEN, Phosphatase And Tensin Homolog; PUMA, p53 upregulated modulator of apoptosis; p53, tumor suppressor protein; RAS, Rat sarcoma virus protein; STING, Stimulator of interferon genes protein; SAC, Spindle Assembly Checkpoint; TERT, Telomerase Reverse Transcriptase; TWIST, Twist Family BHLH Transcription Factor; TBK1, TANK Binding Kinase 1; VEGF, Vascular Endothelial Growth Factor A.

# **Resisting Cell Death**

Genomic instability and apoptosis are closely related processes, with important implications for the survival of tumor cells. Such associations have been established based on reports indicating that CIN causes inactivation of proapoptotic pathways.<sup>71</sup> Inhibition of apoptosis can lead to the survival and subsequent proliferation of cells with altered and potentially unstable genomes (due to non-activation of DNA double-strand break repair pathways) or that are in an abnormal polyploid state. Interestingly, it has been indicated that the associations between genomic integrity and regulation of cell death could be dual, that is, just as CIN can lead to mutation or altered expression levels of cell death regulators, and disabled apoptosis, can also lead to and/or favor CIN.<sup>71</sup> For instance, the inhibition of apoptosis increases the risk of CIN, which could provide proliferative advantages to cells that are fit enough to survive, favoring the development of cancer. Since, disabling apoptosis could favor CIN, it is plausible that both mechanisms could cooperate to increase the oncogenic and metastatic potential of the transformed cells. Considering the above, a single process could be involved in the control of both apoptosis and CIN, which allows "crosstalk" between the two processes.

In BC, has been indicated that CIN may favor the deletion and/or mutation of tumor suppressor genes involved in the regulation of apoptosis, including the TP53 gene.<sup>72</sup> TP53 gene, known as the guardian of the genome, codes for a transcription factor, p53, that initiates transcription of genes involved in cell cycle arrest, cellular senescence, apoptosis, metabolism, DNA repair and other processes following cellular stress.<sup>73</sup> p53 can engage several pro-apoptotic pathways and promotes cell death by transactivating a wide array of apoptosis inducing genes, including BAX, BID, PUMA and NOXA, and also for repressing the anti-apoptotic protein BCL2.<sup>74</sup> TP53 is mutated in approximately 20-40% of all BC cases.<sup>75,76</sup> Mutations in TP53 can predispose cells to an increase in CIN in BC. In fact, associations between mutations in the TP53 and genomic instability in primary BC have been reported.<sup>77,78</sup> For example, studies in primary BC cells, showed that cells with abnormal p53 protein expression, had a statistically significant higher numerical instability of chromosome 17 (aneuploidy), than cells without p53 protein staining, in the same BC samples. The results of this study strongly implicate TP53 mutation as a cause for CIN and a crucial step in mammary carcinogenesis<sup>79</sup> (Figure 5). The connection between TP53 mutation and CIN has also been evidenced due to the role that p53 plays in the regulation of centrosome duplication.<sup>80</sup> For instance, a study showed that mouse embryonic cells lacking the p53 protein, generate multiple copies of centrosomes in a single cell cycle, while controls show no such abnormalities<sup>81</sup> (Figure 5). Centrosome hyper-amplification has also been detected in human cancers with TP53 mutation or deletion, leading to extensive CIN.<sup>81</sup> The above results point to a complex, dual relationship between apoptosis inhibition and CIN in cancer.

## Enabling Replicative Immortality

Telomeres and associated telomeric proteins play an important role in maintaining the integrity of the genome. Telomere length is stabilized by the expression of telomerase which allows for continued replication or cell immortality. Indeed, telomere crisis (telomere loss or dysfunction) results in complex types of genomic abnormalities, including loss of heterozygosity, aneuploidy and gene amplifications and deletions.<sup>82–84</sup> In addition, has been indicated that telomerase is activated by tumor cells to ensure survival of the cancer cells with genomic instability.<sup>85</sup> Given the above, telomere crisis has been considered one of the mechanisms underlying genomic instability and an important source of CIN in cancer<sup>86</sup> (Figure 5), also associated with aggressiveness and poor prognosis.<sup>87,88</sup> For instance, breast tumor cells generally have shorter telomeres than corresponding cells in normal tissue,<sup>89,90</sup> and such telomere shortening has been considered a negative prognostic indicator in BC patients.<sup>91,92</sup> In addition, specific associations between telomere shortening and BC tumor subtypes have been established. For example, it has been indicated that telomere length is shorter in more aggressive BC subtypes, such as luminal B, HER2+ and TNBC tumors, suggesting that tumor telomere length may have utility as a prognostic and/or risk marker for CIN in BC.<sup>93</sup>

Additional studies, aimed at investigating the association of telomere dysfunction and CIN with tumor prognostic factors, such as histopathological grades and hormone receptor status, found higher telomerase activity in grade III than in grade I, as well as, higher telomere dysfunction in estrogen receptor negative (ER-) breast tumors.<sup>94</sup> Furthermore, telomere attrition was associated with telomere dysfunction, as revealed by the presence of significantly higher anaphase bridges in tumor cells, which was dependent on tumor grade (Figure 5). Considering that anaphasic bridges are indicative

of CIN,<sup>43</sup> the above results suggest an association between CIN, telomere attrition and higher grades (grades II and III) of breast cancers. In addition, was reported that ER- tumors displayed higher anaphase and internuclear bridges.<sup>94</sup> These data support the idea that telomere dysfunction and CIN, might have value as a marker of tumor aggressiveness in BC patients.

## Angiogenesis

Angiogenesis is important, as the proliferation and the metastatic spread of cancer cells depends on an adequate supply of oxygen and nutrients. Since angiogenesis is associated with aggressive tumor phenotypes, establishing the mechanisms that favour this process could allow the development of targeted therapies aimed at improving survival. One of the mechanisms associated with the induction of angiogenesis in BC is CIN. In this sense, it has been indicated that the amplification and overexpression of Twist Family BHLH Transcription Factor 1 gene (TWIST1), in breast tumor samples, and in the breast cancer cell line MCF-7/Twist, correlated strongly with CIN, with highgrade invasive carcinomas, and with an increase in vascular endothelial growth factor (VEGF).<sup>95</sup> TWIST1 gene codes for a transcription factor belonging to the basic helix-loop-helix (bHLH) family of proteins,<sup>96</sup> and is essential for normal vertebrate development.<sup>97,98</sup> Twist is overexpressed in breast,<sup>95,99</sup> gastric,<sup>100</sup> and prostate cancers,<sup>101</sup> among others. Functionally, Twist overexpression promotes BC by increasing angiogenesis and CIN.<sup>95,102</sup> The associations between CIN and TWIST1 gene in BC, were established on the basis that the development of a highly invasive BC phenotype requires the coordination of many different molecular changes, which are a consequence of genomic alterations. Indeed, associations between increased cytogenetic alterations and Twist overexpression in breast tumors have already been reported. These results show that Twist overexpression promotes angiogenesis and correlates with CIN in BC, and could be considered as a potential therapeutic target to prevent invasion and metastasis<sup>95</sup> (Figure 5).

## Reprogramming Energy Metabolism

As has previously been indicated, CIN is related to progression, adverse prognosis, and resistance to therapy, among others. Such resistance has been associated with the ability of CIN to induce the growth of tumor cell populations with different chromosomal alterations. It should be noted that resistance to treatment generates a high level of stress in tumor cells. Such level of stress, is tolerated by tumor cells by modifying their energy use, which allows them to adapt to genetic changes and promote their survival and growth. In fact, has been indicated that tumor cells reprogram their energy metabolism because they constantly need to drive cell growth and division through alterations that positively regulate the upregulation of glucose transporters and multiple enzymes of the glycolytic pathway.<sup>103,104</sup> Metabolism reprogramming is an important feature of the cancer phenotype with great potential for prognosis and targeted therapy. Some studies have shown that genomic alterations, such as oncogenic MYC amplification and mutations in PIK3CA or TP53 genes, could drive metabolic reprogramming in triple negative breast cancer (TNBC).<sup>105,106</sup> The C-MYC oncogene is overexpressed in 40% of TNBC and encodes a transcription factor, c-myc, that links metabolic reprogramming to tumorigenesis.<sup>75,105</sup> C-MYC, in addition to directly transactivating genes involved in metabolic pathways, can also cooperate with other crucial metabolic drivers to facilitate critical cellular processes for survival, including hypoxiainducible factor-1-alpha (HIF-1 $\alpha$ )<sup>107,108</sup> (Figure 5). Therefore, *MYC* amplification is crucial for metabolic rewiring of TNBC cells to promote tumorigenesis. In addition, a recent study<sup>109</sup> found that in TNBC, the glycolytic subtype with upregulated carbohydrate and nucleotide metabolism, had a relatively high CIN level. Specifically, in this study, it was observed that this glycolytic subtype had frequent somatic copy number alterations involving mainly the chromosomal region 12p12.1–12p13.3. In this chromosomal region are located several glycolytic genes, including ENO2, GAPDH, LDHB, and TPII, and several cancer-related genes, including FOXMI, FOXJ2, KRAS, and TIGAR. Alterations in this chromosomal region might influence the overexpression of the above glycolytic genes and transcriptional factors, creating subtype-specific metabolic reprogramming (Figure 5). These results revealed that alterations in specific chromosomal regions, which are associated with CIN, might influence the metabolic reprogramming and heterogeneity of TNBCs.

### **Tumor Promoting Inflammation**

Inflammation is the immune system's response to infection and injury and has been implicated in the pathogeneses of cancer. In fact, it has been indicated that in the tumor microenvironment, latent inflammation contributes to the survival of malignant cells, angiogenesis, metastasis, subversion of adaptive immunity, reduced response to hormones and chemotherapeutic agents.<sup>110</sup> Interestingly, has been indicated that CIN, represented among others by the formation of micronuclei (MNs), causes activation of immune responses. MNs, are small nuclei that form when a chromosome or chromosome fragment fails to incorporate into one of the daughter nuclei during cell division. It is usually a sign of genotoxic events and CIN. Specifically, DNA is normally located strictly within the nucleus and mitochondria, however, under conditions of CIN, DNA can be released into the cytoplasm, predominantly through the formation of extranuclear DNA containing MN<sup>111</sup> (Figure 6). Due to the collapse of the MN membrane, the DNA leaks into the cytoplasm, <sup>111,112</sup> for which MNs are increasingly recognized as a critical source of cytoplasmic DNA fragments.<sup>113,114</sup> The release of DNA fragments into the cytoplasm, product of CIN, trigger innate inflammatory responses through cGAS/STING signaling and related pathways.<sup>115–117</sup> Induction of CIN, triggers activation of the cGAS/STING pathway or other inflammatory signaling, also due to chromosome missegregation caused by defective function of the SAC<sup>118</sup> (Figure 5). Chromosome missegregation leads to the induction of aneuploidies, indicating that cells with chromosomal trisomies

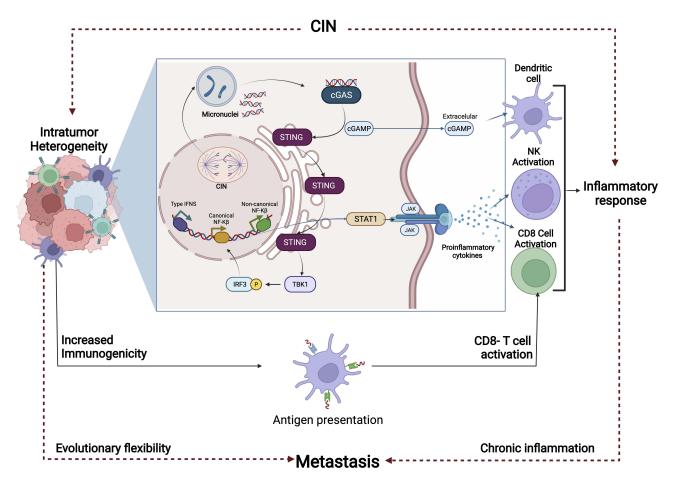


Figure 6 Activation of the immune system's response and induction of metastasis as response to the Chromosomal Instability (CIN). Inflammation is the immune system's response to infection and injury, and has been implicated in the pathogeneses of Breast Cancer (BC). CIN causes activation of immune responses, due among other, to the formation of micro nuclei (MN). MNs are usually a sign of genotoxic events and CIN. Due to the collapse of the MN membrane, the DNA leaks into the cytoplasm. The release of DNA fragments into the cytoplasm, trigger innate inflammatory responses through cGAS/STING signaling and non-canonical NF-kB. In the tumor microenvironment, activation of the latent inflammatory response contributes to malignant cell survival, angiogenesis, metastasis, and resistance to chemotherapeutic agents, among others.

**Abbreviations**: CD8, cluster of differentiation 8 glycoprotein; cGAS, Cyclic GMP-AMP synthase; cGAMP, Cyclic guanosine monophosphate–adenosine monophosphate; IFNS, Interferons; IRF3, Interferon Regulatory Factor 3; JAK, Janus Kinase; NF-κB, Nuclear factor kappa-light-chain-enhancer of activated B cells; NK, Natural killer; STING, Stimulator of interferon genes protein; STATI, Signal Transducer And Activator Of Transcription 1; TBK1, TANK Binding Kinase 1.

accumulate cytoplasmic double stranded DNA (dsDNA), thus leading to the activation of the cGAS/STING pathway.<sup>118</sup> Of note, recent studies have shown that chromosomal aneuploidy induces local inflammation by promoting a senescenceassociated secretory phenotype (SASP).<sup>119</sup> In particular, it has been suggested that the chronic inflammatory response induced by CIN can lead to tissue destruction and cancer.<sup>120</sup> In fact, in vivo studies in cancer showed that CIN promoted chronic inflammatory signaling through cGAS/STING and caused aggressive metastatic tumor growth.<sup>121</sup> Additionally. in cancer-related inflammation, the induction of CIN by inflammatory mediators, has been suggested as an additional mechanism involved in this process.<sup>110,122</sup> The induction of CIN leads to, or favors, the accumulation of random genetic alterations in cancer cells. For instance, overexpression of cyclooxygenase-2 (COX2) in BC cells, has been associated with a significant increase in numerical (tetraploidy) and structural (fusions, breaks) chromosomal alterations<sup>123</sup> (Figure 5), COX2 is expressed in immune cells, and is a key player in initiating the inflammatory response.<sup>124</sup> The upregulation and over-expression of COX2 is mainly associated with inflammation, loss of apoptosis, uncontrolled cell proliferation, growth, metastasis, neovascularization, and angiogenesis.<sup>124</sup> Upregulation of COX2 has been detected in approximately 40% of human breast carcinoma cases, as well as in preinvasive ductal carcinoma in situ (DCIS) lesions. In addition, COX2 overexpression in BC has been correlated with high-grade, highly proliferative tumors, negative hormone receptor status, HER2 overexpression and disease aggressiveness.<sup>125-127</sup> The above results suggested direct associations between COX2 overexpression with an increase in CIN, and strongly supported the validity of COX2 signaling as an anticancer target. In fact, epidemiological analyses have suggested a protective effect of COX-inhibiting drugs in BC.<sup>128</sup> Taken together, the above results suggest a reciprocal interaction between CIN and inflammatory signaling in determining genomic integrity and tumor progression.

#### Evading Immune Destruction

Antitumor immune responses prevent tumor formation, and cancers have developed many mechanisms of immune evasion. The above has been evidenced by studies that have shown that human tumors with high CIN are significantly less immunogenic (tumors characterized by reduced lymphocyte infiltration), compared to those with more stable genomes.<sup>129</sup> The above results are paradoxical and interesting, since GI is expected to elicit an innate immune response. In fact, genomic datasets from cancerous tissues and cell lines, combined with analysis of an experimental model of tumor aneuploidy, support a CIN model of tumor evolution, where initial induction of CIN activates cGAS/STING and proinflammatory signaling pathways, leading to a proimmunogenic state in the tumor (Figures 5 and 6). However, as tumors evolve under immune pressure, they suppress the signaling machinery of the innate immune response and antigen presentation, and acquire a cold immune state. Consistent with this hypothesis, human and mouse breast tumors with CIN, that do not experience significant immune pressure during their evolution, retain their proinflammatory character and show high STING expression and, an innate response compared with more genomically stable tumors.

In addition, has been indicated that genomic instability favors the selection of cell clones resistant to immune system, activity due to acquired mutations that facilitate evasion of immune destruction.<sup>130–132</sup> Specific examples are the results of in silico studies that demonstrated that overexpression of ABCG2 in BC samples, has a greater potential for CIN and a greater ability to evade immune surveillance. The above genetic characteristics have been associated with highly aggressive and resistant tumors.<sup>133</sup> ABCG2 is an efflux transporter implicated in broad-spectrum chemoresistance.<sup>134,135</sup>

#### Invasion and Metastasis

Invasion and metastasis are the most defining feature of cancer malignancy and the leading cause of patient mortality. Comparative reports of metastatic and primary tumors suggest that CIN may contribute to the development of cancer metastases via diverse mechanisms.<sup>136</sup> One such mechanism includes chromosome segregation errors that lead to the formation of MN (Figure 6). Specifically, the defective and delayed DNA replication that occurs within MN, with impaired checkpoint arrest, leads to the pulverization of incompletely replicated MN DNA in subsequent mitosis.<sup>113</sup> Cytosolic DNA in MN leads to activation of non-canonical NF-kB and cGAS-STING signaling pathways in CIN rich cancer cells, thereby stimulating metastasis.<sup>121</sup> In BC, the *MASTL* gene has been associated with metastasis. *MASTL* gene encodes a microtubule-associated serine/threonine kinase essential for proper progression through mitosis. *MASTL* gene

amplification and protein overexpression have been correlated with increased CIN in BC (Figure 5) and poor patient survival, while knockdown of MASTL has been shown to suppress BC metastasis in vivo.<sup>137</sup>

# **CIN and Clonal Heterogeneity in BC**

BC is the most common neoplasm around the world and the most prevalent type of cancer in women. This type of cancer had an estimated of 2.3 million new cases diagnosed in 2020, accounting for 11.7% of new cases of all cancer's types.<sup>138</sup> Breast tumor karyotypes are characterized by a high degree of complexity, with multiple chromosomes showing both, numerical and structural alterations,<sup>139,140</sup> indicative of CIN. In addition, cytogenetic and molecular studies show that breast tumors are characterized by being multiclonal, suggesting the existence of a high degree of intratumoral heterogeneity, mainly supported by CIN.

Although CIN has been identified in BC, the associations established between CIN with the BC prognosis is variable.<sup>7</sup> Thus, while some studies suggest that high levels of CIN are related to better outcome, other studies associate high levels of CIN with resistance to therapy.<sup>141</sup> The above because many segregation errors could impact the number of cellular disorders producing a proinflammatory response and leading to cell apoptosis.<sup>23</sup> In fact, a recent study reported that the various responses triggered by CIN and clonal heterogeneity depended on each tumor subtype.<sup>142</sup> Specifically, this study demonstrated the impact of CIN and clonal heterogeneity on the response to various treatments (endocrine therapy, chemotherapy, combined therapies). The results of this study suggest that intermediate CIN in BC cells has prognostic value and can predict response to chemotherapy, hormonal therapy or combination therapy. In the same way, this study suggests the existence of CIN threshold that, when exceeded, can generate resistance or sensitivity to treatments, and this CIN threshold depends on the status of the ER and HER2.<sup>142</sup> In this study the importance of evaluating CIN and clonal heterogeneity in establishing of new therapeutic treatments in BC is shown. Although the studies developed to date have identified some associations between CIN levels with BC subtypes, CIN is highly variable among BC cases, which could explain the characteristic heterogeneous nature of this neoplasm.

## CIN and Clonal Heterogeneity in BC Subtypes and Their Associations with Prognosis

BC comprises a group of diseases that are morphologically, molecularly, genomically, and clinically distinct. Clinical classification of BCs is based on expression of ER, progesterone receptor (PR), and HER2. Tumors that lack these receptors are called triple negative BC (TNBC). BCs are also molecularly classified according to their gene expression profiles in Luminal A, Luminal B, HER2 enriched and TNBC. Most TNBC are of the basal subtype<sup>143,144</sup> (Table 1).

#### CIN in Hereditary BC

Approximately 10% of all BC cases are related to genetic predisposition or family history, with variation by geographic region and ethnicity.<sup>145</sup> Familial cancer predisposition generally correlates with mutations in genes involved in DNA double-strand break repair mechanisms, including the *BRCA1* and *BRCA2* genes. Germline mutations in these two genes have been correlated with a high rate of somatic gene mutations and with a risk factor for breast and ovarian cancer.<sup>146</sup> Of note, while *BRCA1* mutations have been associated with the more aggressive receptor-negative phenotype, *BRCA2* mutations have been associated with significantly lower survival rates than BRCA-/ER+ BC patients.<sup>147</sup> Regarding the existing associations between CIN and hereditary BC, interesting results have been reported, such as the associations between CIN and the *CHEK2* gene. Germline mutations in the *CHEK2* gene represent the second most common cause of this neoplasm after *BRCA1/2* lesions. Recently, a study reported somatic loss of the wild-type *CHEK2* allele in approximately half of CHEK2-driven BC patients. Interestingly, the results of this study showed that, tumors without *CHEK2* LOH were chromosomally stable, whereas BC patients with LOH showed some signs of CIN.<sup>148</sup> These results demonstrate the important implications of CIN in hereditary BC and suggest CIN as a possible therapeutic target for the treatment of patients with this neoplasm.

#### CIN in ER+ and ER- BC

Regarding ER status, it has been indicated that ER-negative (ER-) breast tumors have greater genomic instability than that observed in ER+ breast tumors.<sup>13,144</sup> In fact, recent studies have indicated that in patients with ER- BC, CIN is

#### Table I Immunohistochemical, Clinicopathological and Genomic Characteristics of the Intrinsic Tumor Subtypes of Breast Cancer

Subtypes	Immunohistochemical Markers	Clinicopathologic Characteristics	Recurrently Mutated Genes
Luminal A	ER (≥1%) PR (≥20%) HER2- MKI67 (<20%) <sup>197</sup>	<ul> <li>Mostly diploid.</li> <li>Few copies number changes, including, 1q gain and 16q loss.</li> <li>Good prognosis.</li> <li>Low pathological grade.</li> <li>High morphological differentiation.</li> <li>Low proliferation rates.</li> <li>Typically, responsive to endocrine therapy, and usually less responsive to neoadjuvant chemotherapy<sup>198</sup></li> </ul>	(>5%): PIK3CA, CDH1, MAP3K1, GATA3, MAP2K4, FOXA1, TP53, RUNX1, CBFB, NBL1, CTCF, NCOR1, PTEN, CDKN1B, AKT1, TBX3, ARID1A, and NF1 <sup>75</sup>
Luminal B	ER (≥1%) HER2+ any PR MKI67 ER (≥1%) HER2- KI67 (≥20%) PR (<20%) <sup>197</sup>	<ul> <li>Mostly aneuploid, with many high-level focal amplifications (11q13 [Cyclin D1, 56%]; 8p11–12 [FGFR1, 23%]).</li> <li>The quantitative level of PR is lower in luminal B relative to luminal A, while MKI67 is higher in luminal B relative to luminal A.<sup>199</sup></li> <li>Typically, responsive less to endocrine therapy, so than Luminal A cancers.</li> <li>Higher pathological complete response rate to neoadjuvant chemotherapy and possibly more sensitive to adjuvant chemotherapy than luminal A cancers.<sup>200</sup></li> <li>Intermediate prognosis.<sup>198</sup></li> </ul>	PIK3CA, GATA3, PTEN, and TP53 <sup>75</sup>
HER2 enriched	ER- PR- HER2+ MKI67 high or low <sup>201</sup>	<ul> <li>Highest single nucleotide mutation rate</li> <li>High levels of <i>HER2/ERBB2</i> gene amplification.<sup>75</sup></li> <li>Mostly aneuploid with high CIN.</li> <li>Mostly high pathological grade, typically ER-(62%).</li> <li>High rate of brain metastases.</li> <li>Typically, responsive to neoadjuvant trastuzumab in combination with chemotherapy.<sup>202</sup></li> <li>Sensitive to adjuvant anthracyclines and taxanes.<sup>203</sup></li> <li>Intermediate prognosis.<sup>198</sup></li> </ul>	TP53 [71%] and PIK3CA [35%] <sup>75</sup>
Triple negative	ER- PR- HER2- MKI67 high or low <sup>201</sup>	<ul> <li>Includes 70-80% of TNBC</li> <li>Associated with BRCA1 germline mutations.<sup>204</sup></li> <li>High metastasis rate.<sup>205</sup></li> <li>Increased pathological complete response to neoadjuvant chemotherapy<sup>200</sup></li> <li>Poor prognosis except for some special types<sup>198</sup></li> </ul>	TP53 [>10%] <sup>75</sup>

a common event that plays an important role in the development of the disease, due to the close relationships between CIN with the integrity of the genome.<sup>144,149</sup> In addition, some studies have showed that extreme CIN was associated with improved long-term survival in ER- BC.<sup>13</sup> For instance, a recent study evaluating CIN in 1173 tumors from the TACT breast cancer trial (CRUK01/001) reported an association between extreme CIN and improved outcome in ER- and ER-/HER2- BC.<sup>12</sup>

In ER+ tumors, CIN has been associated with disease progression,<sup>144</sup> due to the instability in the copy number of genes involved in cancer progression and in the evolutionary adaptations for the cell survival.<sup>149</sup> Of note, some studies have shown that the Luminal B molecular subtype presents higher levels of CIN when compared to the Luminal A subtype.<sup>144</sup>

BC patients classified according to their CIN and clonal heterogeneity levels, could provide a better understanding of alterations at the molecular level and potentially lead to new drug targets, as well as distinguish groups with good prognosis from those with poor prognosis.

#### CIN in HER2+ BC

In HER2+ tumors, it has been indicated that the presence of heterogeneous CIN (intra and intertumoral) could have important therapeutic implications, which include the use of chemotherapeutic agents directed at karyotypically different tumor subpopulations within this type of heterogeneous disease.<sup>150</sup> In fact, has been indicated that HER2+ BC tumors show significantly increased CIN relative to HER2- tumors.<sup>59</sup>

#### CIN in TNBC

In TNBC (ER-/PR-/HER2-) has been indicated that the CIN is higher, suggesting a possible association between CIN with the negative status of such receptors.<sup>144</sup> This is not surprising, considering that the TNBC subtype is characterized by being aggressive and generally poor prognosis, suggesting associations between CIN with poor prognosis in triple-negative tumors. Various gene expression studies have shown that representative cell lines of the triple-negative (TNBC) and HER2+ subtypes present the majority of genetic clusters with a tendency to instability and with the most unstable karyotypes represented by the accumulation of structural and numerical abnormalities compared to luminal subtypes.<sup>151,152</sup>

In fact, a recent study in TNBC, showed that most of the mutations present in patients resistant to therapy were already present during the pre-treatment stages, although with lower frequencies after treatment. Additionally, they found that resistant patients had higher levels of aneuploidy (high CIN) before treatment than patients who responded to chemotherapy.<sup>153</sup> The above results suggest an important role for CIN in response to therapy in TNBC.

# CIN and Clonal Heterogeneity in the Treatment of BC

Tumor resistance and recurrence remains to date, one of the main causes of death related to BC. In fact, it has been indicated that intratumoral heterogeneity provides the tumor with the necessary characteristics to survive in stressful environments, thus favoring the generation of clones resistant to therapy.<sup>44</sup> Thus, after treatment, the most favorable cellular response corresponds to the decrease in tumor size due to the cytotoxic effects of treatment on the entire tumor population. However, when a tumor presents variable subpopulations, represented by high levels of CIN and clonal heterogeneity, the cells continue to grow and activate signaling pathways involved among others, in angiogenesis and metastasis.<sup>154,155</sup> Therefore, although there are various cellular responses to treatment, it has been suggested that the response depends on the presence of specific molecular markers and the levels of CIN and clonal heterogeneity contained in each tumor.<sup>156</sup> In fact, the inter- and intratumoral heterogeneity observed in BC patients is the subject of research to be implemented in the histological classification of the tumor and their tumor characterization.<sup>14,47</sup> Indeed, important clinical features such as tumor size, grade, lymph node metastasis, and ER status have been correlated with DNA index, an indicator of karyotypic heterogeneity.<sup>157</sup>

Considering the above, one of the main challenges in the study of BC, is the application of effective target-specific therapies aimed to overcoming resistance and reducing side effects. For this reason, the identification of potential therapeutic targets becomes a priority in BC research and in cancer in general. One of these potential targets is CIN, given the evidence showing its association with response or resistance to therapy in various types of cancer. The identification of pharmacological factors that induce intolerable levels of CIN for tumor cells could lead to highly effective therapies for BC. However, it is important to highlight that although CIN and its associated intratumoral heterogeneity, contribute to cancer cell survival and therapeutic recurrence in BC,<sup>158,159</sup> CIN may also be a therapeutic vulnerability that can be exploited to induce cell death and tumor regression or suppression.<sup>160–162</sup>

Although the role of CIN and clonal heterogeneity in the response to treatment in BC has been demonstrated in cell lines, studies establishing these relationships in patient cohorts are scarce. One of these studies corresponds to a recent publication by Scribano et al<sup>162</sup> who studied BC patients undergoing paclitaxel treatment as part of a clinical trial to elucidate the drug's mechanism of action, showing that paclitaxel treatment increased cell division with chromosomal missegregation to induce cytotoxicity. Additionally, they found that increased CIN in tumor cells before treatment, predicted response to taxane therapy. Similar results were reported by us in BC cell lines,<sup>142</sup> where intermediate CIN was linked to drug sensitivity according to among other, the pre-existing CIN level in cancer cells, and the CIN induced by the treatments. For instance, a recent study demonstrated, by using a CIN model of Kras-driven BC, that the presence of CIN during primary tumor development increases the chance to develop therapy resistance,<sup>163</sup> which supports the hypothesis of the selection of recurrent aneuploidies for the survival of tumor cells. In addition, it has been indicated that karyotypic heterogeneity might be responsible for drug resistance compared to karyotypically stable tumors<sup>164</sup> also associated with worse prognosis.<sup>10</sup> The above results suggest that treatment resistance can occur in tumors showing high levels of CIN. In fact, it has been indicated that in an environment with strong selective pressure such as therapy, unstable tumors develop resistance by selecting for recurrent aneuploidies.<sup>165</sup>

In summary, research to date suggests that CIN acts as a source of genetic variability that under strong selective pressure, such as during targeted therapy, confers an evolutionary advantage to tumor cells.<sup>166</sup> Likewise, it is important to highlight that according to these studies, the few initially chromosomally stable cancers that manage to persist during treatment, do so concomitantly with the acquisition of CIN, which increases the risk of developing secondary resistance. Although these findings require further validation, it is clear that CIN could be considered a predictive biomarker of response to therapy and therefore a potential therapeutic target in BC patients. In fact, attempts have been made to therapeutically counteract genomic instability and CIN in early stages as well as in the different tumor subtypes of the disease.

For instance, in the treatment of BC patients with mutations in the *BRCA1* and *BRCA2* genes, inhibitors of Poly ADPribose polymerase (PARP) are used to induce, among others, high levels of CIN to achieve synthetic lethality<sup>167</sup> (Figure 7). Another example is the application of monopolar spindle 1 (MPS1) inhibitors, used with the aim of allowing tumor cells to evade mitotic controls and generate non-viable karyotypes. However, this therapeutic approach may be limited by the rapid acquisition of resistance.<sup>168</sup> Additional therapeutic strategies include: forcing cells with additional centrosomes to enter multipolar divisions, preventing clustering and thus chromosome segregation by kinesin-like proteins (KIFC1),<sup>169</sup> reduce aneuploidy in tumor cells using compounds that inhibit proteotoxic stress such as heat shock protein 90 (HSP90) and metabolic stress such as AMPK associated with the generation of aneuploidy.<sup>170,171</sup>

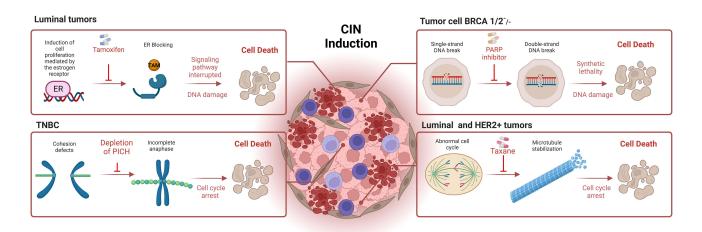


Figure 7 Chromosomal Instability (CIN) as a therapeutic target in molecular subtypes of Breast Cancer (BC). Some of the current treatments in BC seek through the application of specific drugs, to induce high levels of CIN to achieve the lethality of tumor cells. The identification of pharmacological factors that induce intolerable levels of CIN for tumor cells, could lead to highly effective therapies for BC.

Abbreviations: ER, Estrogen Receptor; TAM, Tamoxifen; PICH, PIkI-interacting checkpoint helicase; PARP, Poly ADP-ribose polymerase.

In the treatment of HER2+ BC tumors, it has been suggested that both, anthracyclines and platinum agents, have preferential activity in tumors with defined patterns of karyotypic complexity (structural CIN).<sup>150</sup> Additional therapies suggested for the treatment of this tumor subtype (HER2+), include the use of taxane therapy (paclitaxel, docetaxel, etc.) based on CIN status (Figure 7). Indeed, associations between CIN and taxane resistance in vitro<sup>172</sup> and, between CIN and the prediction of intrinsic resistance to taxanes in vivo<sup>173</sup> have been indicated. Additionally, and taking into account the high heterogeneity (intra and inter heterogeneity) observed in HER2+ BC patients, has been raised the possibility of using combined therapies (for example taxanes and HER2 directed therapies) in order to target distinct tumor populations with variations in the CIN levels. In fact, clinical trials in advanced BC patients, have consistently shown that taxane therapy in combination with trastuzumab or lapatinib is associated with additional clinical benefit in HER2+ BC patients, <sup>174–178</sup> compared to expected response rates when are used individual therapies (monotherapy) with trastuzumab or lapatinib<sup>179,180</sup> or taxane alone.<sup>174–178,181</sup> The results of these studies show the benefit of the combined use of trastuzumab and taxanes in the treatment of HER2+ BC patients, since these treatments target karyotypically different subpopulations within the same tumor.<sup>182,183</sup> Taking into account the results obtained to date, it is possible to consider that anthracyclines and platinum agents target karyotypically more complex tumors (CIN) in HER2+ tumors, in contrast to taxanes, where previous studies suggest greater activity in tumors with chromosomal stability.<sup>150</sup>

Regarding to the TNBC treatment, and highlighting the utility of targeting CIN to induce excessive genomic alteration, this molecular BC subtype is often treated with taxanes and radiation therapy, both of which induce DNA and chromosomal damage.<sup>184,185</sup> Radiotherapy induces a high frequency of structural chromosomal alterations (structural CIN) and causes chaotic mitosis that can lead to the loss and/or gain of complete chromosomes (numerical CIN),<sup>186,187</sup> while taxanes stabilize microtubules by affecting the chromosome segregation thus leading to numerical CIN.<sup>184,185</sup> The extreme CIN induction due to these therapies cause cytotoxicity and therefore apoptosis.<sup>162,173,188</sup> However, although these therapies are initially very effective, resistance and recurrence are common, suggesting that the level of CIN is not sufficient to uniformly induce cell death. In addition, recent studies have shown that the induction of CIN through the depletion of Plk1-interacting checkpoint helicase (PICH), promotes cell death in TNBC<sup>189</sup> (Figure 7). PICH is a DNA-dependent ATPase associated with cell cycle and proliferation, highly expressed in TNBC compared to other BC subtypes. High expression of PICH, in TNBC cells, has been correlated with an increased risk of distal metastasis and worse clinical outcomes. In TNBC, cells depend on PICH for proper chromosome segregation, so loss of PICH induces CIN (as evidenced by chromatin bridging, chromosomes lagging in anaphase, chromosomal abnormalities, micronuclei, or binucleation).<sup>190,191</sup> The above results evidence the clinical potential of PICH and suggest it as a promising therapeutic target for the treatment of patients with TNBC.<sup>189</sup>

An additional drug target associated with CIN in TNBC is the centrosome itself. Evolving therapies postulate to centrosomes as a promising prognostic tool and therapeutic target in the treatment of BC. In fact, it has been indicated that centrosome defects such as amplification, overelongated centrioles, structural defects, and loss of primary cilium nucleation are common in BC.<sup>192,193</sup> Considering that centrosome aberrations cause chromosome missegregation which is associated with CIN and tumorigenesis, this cellular structure constitutes a promising prognostic tool and a therapeutic target in the treatment of BC. The emerging centrosome-targeting therapies currently being evaluated in BC clinical trials include: centrosome kinase inhibitors such as those that target polo-like kinases (PLK),<sup>194</sup> cell cycle related kinases, and Aurora kinases.<sup>195,196</sup> However, although many therapies are in various stages of development to target aberrant centrosomes in BC, a major looming limitation of anti-centrosome therapies is the development of drug resistance.

A greater understanding of the role that CIN plays in the response to therapy in BC could provide a rational basis to understand the role of individual cytotoxic therapies in the management of this neoplasm.

### Conclusion

Studies conducted to date, show the important role that CIN play in the prognosis and treatment of cancer. Although CIN is being approached from different perspectives as a therapeutic target, the development of robust biomarkers that take advantage of the great predictive power and evaluation of CIN is crucial for the treatment and management of resistance of this disease. Tumors classified according to their CIN level, could provide a better understanding of alterations at the molecular level and potentially lead to new drug targets. Further understanding of the complexity of CIN and

identification of methods to directly examine it could support novel strategies aimed at target CIN and improving outcomes in cancer.

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# Disclosure

The authors report no conflicts of interest in this work.

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