

TNF- α and IL-1 β Promote Renal Podocyte Injury in T2DM Rats by Decreasing Glomerular VEGF/eNOS Expression Levels and Altering Hemodynamic Parameters

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Purpose: Diabetic nephropathy (DN) is a serious microvascular complication in those with type 2 diabetes mellitus (T2DM). Evidence confirms that serum tumor necrosis factor- α (TNF- α) and interleukin-1 β (IL-1 β) in the T2DM stage are proposed as prognostic markers for DN development, but it is unclear how they affect renal podocyte-associated nephrin and WT-1 expression. In the presence of podocyte injury, glomerular vascular endothelial growth factor (VEGF), endothelial nitric oxide synthase (eNOS) and hemodynamic parameters are dysregulated. The current research aimed to clarify the relationship of TNF- α and IL-1 β with podocyte injury by altering VEGF/eNOS expression and hemodynamic parameters.

Methods: A high-fat diet/streptozotocin-induced DN rat model was established. Serum TNF- α and IL-1 β levels were tracked in the pre-T2DM, T2DM and DN stages. In the DN stage, the mRNA and protein expression levels of renal TNF- α , IL-1 β , VEGF, eNOS, nephrin and WT-1 were studied. Renal hemodynamic parameters, including peak systolic velocity, end-diastolic flow velocity and mean velocity were measured with a color Doppler ultrasound technique.

Results: Compared to those in the normal control (CTL) group, serum TNF- α and IL-1 β levels increased significantly in the pre-T2DM stage (obesity, insulin resistance and hyperlipidemia), T2DM stage (hyperglycemia) and DN stage (abnormal renal functions) (all: $P < 0.05$) in the DN group. Serum TNF- α and IL-1 β levels in the T2DM stage were significantly higher than those in the pre-T2DM stage (two: $P < 0.05$). Compared to the CTL group, renal nephrin, WT-1, TNF- α , IL-1 β , eNOS and VEGF expression and hemodynamic parameters in the DN stage all showed significant differences separately (all: $P < 0.05$).

Conclusion: Increased serum and renal TNF- α and IL-1 β levels played important roles in reducing renal nephrin and WT-1 expression levels, which may be related to the fact that the former affected renal VEGF/eNOS expression and blood flow parameters in the DN rats.

Keywords: TNF- α , IL-1 β , podocyte injury, vascular endothelial growth factor, endothelial nitric oxide synthase, hemodynamic parameters

Introduction

According to the International Diabetes Federation, the number of adults diagnosed with diabetes increased 1.62-fold to 463 million in 2019 compared to 2009, and 95% of those were people with type 2 diabetes mellitus (T2DM).¹ T2DM is a chronic syndrome that includes obesity, insulin resistance (IR), impaired glucose metabolism and dyslipidemia and is clinically characterized by a set of vascular risk factors.² As one of the most common microvascular complications in DM patients, diabetic nephropathy (DN) is characterized by a progressive decline in renal function, including

abnormalities in serum creatinine (SCr), blood urea nitrogen (BUN), and 24 h urinary total protein (24h-UP) levels and the estimated glomerular filtration rate (eGFR).³

During the development of DN, inflammatory processes play an important role in damaging the kidney.⁴ Clinical studies have confirmed that serum inflammation markers such as tumor necrosis factor- α (TNF- α) and interleukin-1 β (IL-1 β) have been proposed as prognostic markers for the development of T2DM and its complications.⁵ Five clinical studies of 3316 subjects also suggested that circulating TNF receptors are independently associated with a higher risk of renal disease progression and mortality in patients with diabetes and might contribute to clinical risk assessment in the future.⁶

On the other hand, the pathological state of DN further amplifies the activation of the inflammatory cascade, with significant effects on vascular structure, function and hemodynamics.⁷ Studies on DN have identified complex interactions among various players, including inflammation, microvascular remodeling and abnormal hemodynamics.⁸ A question of interest to us is when circulating inflammatory factors begin their journey regarding the DN process and when they become involved in microvascular abnormalities and podocyte injury.

Thus, we established a progressive renal function decline rat model induced with a high-fat diet (HFD)/streptozotocin (STZ) according to our previous study.⁹ In the current manuscript, serum TNF- α and IL-1 β levels were tracked in the pre-T2DM, T2DM and DN stages in HFD/STZ-induced rats. When abnormal SCr, BUN and 24h-UP levels were observed in the DN stage, renal TNF- α and IL-1 β expression levels, glomerular endothelial nitric oxide synthase (eNOS) and vascular endothelial growth factor (VEGF) expression levels, and renal podocyte-associated nephrin and WT-1 expression levels were compared. Additionally, renal Doppler ultrasound (RDUS) was used to detect the hemodynamics of the main renal artery, segmental arteries and interlobar arteries. This research may increase the knowledge of the roles of TNF- α and IL-1 β in DN processes and provide a comprehensive understanding of circulating inflammation, microvascular abnormalities and podocyte injury.

Materials and Methods

Animals

Sprague–Dawley rats (5 weeks old, male) were purchased from the Experimental Animal Center of Shanxi Province Key Laboratory of Kidney Disease (Taiyuan, China). All animal experimental procedures were performed in accordance with the guidelines of the Ethical Committee for the Experimental Use of Animals at Shanxi Provincial People's Hospital (Approval No. 2021–121). The rats were acclimated in a controlled temperature (25 ± 1)°C and humidity (50 ± 5)% and had free access to food and water. After adaptive feeding for one week, the rats were randomly divided into two groups ($n = 6$ per group).

Pre-T2DM Confirmation

Obesity Confirmation

The rats were fed high-fat chow (Boaigang Biotechnology Company, Beijing, China) for 8 weeks. The energy ratio of the high-fat chow was as follows: 35.5% fat, 20.6% protein and 43.9% carbohydrates. Body weight (BW) was recorded weekly, and obese rats weighed at least 20% more than normal rats.¹⁰

IR Confirmation

The fasting insulin (FINS) and fasting blood glucose (FBG) levels of the rats were measured, and the insulin resistance index (IRI) was calculated according to the homeostatic model assessment of insulin resistance (HOMA-IR).¹¹

$$\text{IRI} = \frac{\text{FBG (mmol/L)} \times \text{FINS (mIU/L)}}{22.5} \quad (1)$$

The FINS and FBG were analyzed using Roche ACCU-CHEK Performa (Roche Diabetes Care GmbH, Mannheim, Germany).

Hyperlipidemia Confirmation

Plasma triglyceride (TG) and total cholesterol (TC) were measured with an AU5800 with ISE biochemistry analyzers (Beckman Coulter, Germany).

T2DM Confirmation

After obesity, IR and hyperlipidemia were confirmed, model rats were injected intraperitoneally with a single dose of 35 mg/kg streptozotocin (STZ, Sigma, USA). Rats were identified as successful T2DM models when their random blood glucose (RBG) levels were ≥ 16.7 mmol/L after 3, 5 and 7 days of STZ injection.^{12,13} Subsequently, the model rats were fed high-fat chow during STZ injection and for an additional four weeks. RBG was analyzed using Roche ACCU-CHEK Performa (Roche Diabetes Care GmbH, Mannheim, Germany).

DN Confirmation

Each rat was placed in a metabolic cage for 24 h to collect the urine, without food but with water. The 24 h urine volume (UV) was recorded, and the collected urine was stored in a -80°C freezer for later analysis. The 24h-UP and urine creatinine (UCr) levels were measured with commercial kits (Jiancheng Bioengineering Company, Nanjing, China), and the serum SCr and BUN levels¹⁴ were determined with AU5800 ISE biochemistry analyzers (Beckman Coulter, Germany).

Based on the UCr, SCr, UV and BW findings, the estimated creatinine clearance (CrCl) value of each rat was measured as follows:¹⁵

$$\text{CrCl}(\text{mL}/\text{min}/\text{kg}) = \frac{\text{UCr}(\text{mmol}/\text{L}) \times \text{UV}(\text{mL})}{\text{SCr}(\text{mmol}/\text{L}) \times 1440(\text{min}) \times \text{BW}(\text{kg})} \quad (2)$$

Normal Control (CTL) Group

CTL rats were fed ordinary chow (Boaigang Biotechnology Company, Beijing, China) for a total of 13 weeks, while DN rats were fed an HFD. The energy ratio of the ordinary chow was as follows: 12.0% fat, 20.6% protein and 67.4% carbohydrates. The rats were given an intraperitoneal injection of buffer solution in an equivalent volume when DN rats were given STZ. The above experimental design is summarized in Figure 1.

Determination of Renal Hemodynamic Parameters with RDUS

The RDUS technique, which is considered to be the first clinical imaging technique with the hallmarks of being readily available, safe and noninvasive,¹⁶ was used to detect renal hemodynamic parameters of blood flow changes after the DN stage was confirmed.

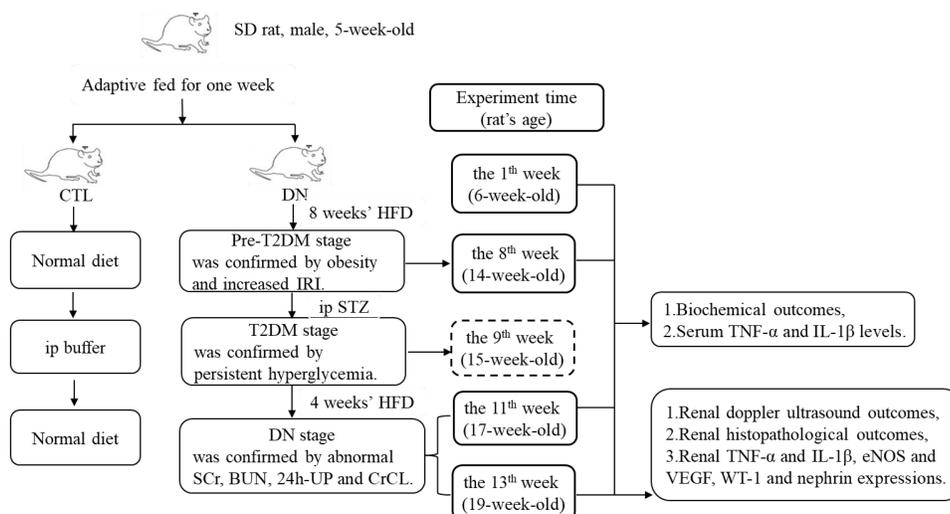


Figure 1 Establishment of an HFD/STZ-induced DN rat model.

Abbreviations: CTL, normal control; DN, diabetic nephropathy; HFD, high-fat diet; IRI, insulin resistance index; STZ, streptozotocin; DM, diabetes mellitus; T2DM, type 2 diabetes mellitus; TNF- α , tumor necrosis factor- α ; IL-1 β , interleukin-1 β ; eNOS, endothelial nitric oxide synthases; VEGF, vascular endothelial growth factor; WT-1, Wilms' tumor-1; SCr, serum creatinine; BUN, blood urea nitrogen; 24h-UP, 24 h urinary total protein; CrCl, estimated creatinine clearance.

At the end of the 13th week, the rats were fasted but with water overnight and anesthetized with intraperitoneal injection of 35 mg/kg pentobarbitone sodium (Solarbio Technology Company, Beijing, China) in the morning. Doppler ultrasound examination (MyLab 60 equipment (Esaote, Genova, Italy) with a 4~13 MHz transducer (LA523)) of the left kidney was performed by two experienced sonographers. The examination was performed as follows: the abdomen was depilated and cleaned, and the ultrasonic coupling agent was applied appropriately. To display the kidney well, the sonographer adjusted the probe angle, image depth, gain, and focus. When the color Doppler procedure was activated, the sonographer adjusted the probe angle again so that the main renal artery and intrarenal branches, including segmental arteries and interlobar arteries, were displayed well. Hemodynamic parameters were measured by pulse Doppler with a sampling volume of 0.5 mm and an angle less than 60°.

After obtaining a stable flow spectrum, peak systolic velocity (PSV), end-diastolic flow velocity (EDV) and mean velocity (MV) were measured in the main, segmental and interlobar arteries. The pulsatility index (PI) was calculated based on the above indices.¹⁷

$$PI = \frac{PSV - EDV}{MV} \quad (3)$$

The resistive index (RI) was also calculated based on the above indices.¹⁸

$$RI = \frac{PSV - EDV}{PSV} \quad (4)$$

PSV, EDV and MV were measured three times in each rat, and the mean value was calculated. PI and RI were calculated from the three measurements, and the mean value was taken.

Determination of the Renal Index

After the rats were sacrificed at the end of the 13th week, the right and left kidneys were weighed together (KW) (JA3003 precision electronic balance, accuracy 0.001 g). The renal index (RI) of each rat was calculated as follows.¹⁹

$$RI = \frac{KW(\text{mg})}{BW(\text{g}) \text{ at the 13th week}} \quad (5)$$

Determination of Serum and Renal TNF- α and IL-1 β Levels

At the end of the 4th, 8th, 11th and 13th weeks, the levels of serum TNF- α and IL-1 β were measured in sextuplicate. At the end of the experiment, the levels of TNF- α and IL-1 β in renal tissue homogenate (100 mg tissue/mL homogenate) were measured in sextuplicate. TNF- α (Lot No. MM-0132M1) and IL-1 β ELISA kits (Lot No. MM-0040M1) were purchased from Meimian Industrial Company (Jiangsu, China).

Renal Histological Analysis

The dissected fresh kidney tissue was fixed in neutral formalin buffer (10%) and embedded in paraffin. The embedded tissue was cut into 3 μm sections with a Leica Microtome and stained with periodate-Schiff reagent. Glomerulus morphological changes were observed with a KF-PRO-005-EX digital scanner (Motic, Xiamen, China).

The images were selected randomly in which the glomerulus number was no more than twenty. Each image should have vascular and/or urinary poles. The selected images were analyzed with K-Viewer (1.5.3.1) image analysis software ($\times 400$, KFMI, China).

The area without Bowman space was selected, the two longest vertical diameters in μm in each glomerular capillary plexus were measured, and the average value was calculated from the measurements obtained in 10 images. Additionally, the areas of the glomerular mesangial zone and capillary tuft were measured. The relative area of the mesangial zone (%) was calculated according to the formula.²⁰

$$\text{The relative area}(\%) = \frac{\text{Area of the mesangial zone}}{\text{Area of the capillary tuft}} \times 100 \quad (6)$$

Renal mRNA Expression Analysis

Thirty milligrams of renal cortical tissue was cut into small pieces on ice. TRIzol reagent (Ambion, USA) was used to extract renal RNA. An RNA-to-cDNA PCR kit (Takara, Beijing, China) was used to reverse transcribe 1 µg of RNA. Rat gene PCR primer sets for nephrin, WT-1, TNF- α , IL-1 β , eNOS and VEGF were obtained commercially (SABiosciences, Germantown, MD). The Power SYBR Green PCR Master Mix and the step-one-plus real-time PCR system (Applied Biosystems) were used together.

The protocol included denaturing for 15 min at 95°C and 40 cycles of three-step PCR, including denaturing, annealing, extension, detection and melting. The cDNA samples (25 ng) were analyzed in quadruplicate in parallel with ribosomal protein lateral stalk subunit p1 (RPLP1)/3 controls. Standard curves were then obtained from a series of log dilutions of standard cDNA (threshold 1 cycle vs log 2 pg cDNA, reverse transcribed from rat renal mRNA). Initial quantities of experimental mRNA were then calculated based on the standard curves, and the average was calculated with SA Bioscience software. Normalized to the CTL, the ratio of the above six marker genes to RPLP1/3 mRNA was calculated.

Renal Protein Expression Analysis

Thirty milligrams of rat kidney cortical tissue was cut into small pieces on ice. RIPA lysis buffer (Solarbio Science & Technology, Beijing, China) with 1% protease inhibitor was added at a ratio of 1:10 (mg:µL). The cut tissue was broken by mechanical homogenization and then ultrasonicated for 30s on ice. After the tissue was lysed for 30 min on ice, the mixture was centrifuged at 4°C for 20 min at 12,000 rpm. The protein concentrations were detected with commercial kits (Meimian Industrial Company, Jiangsu, China).

Samples containing 50 µg of protein were detected with sodium dodecyl sulfate–polyacrylamide gel electrophoresis and transferred to polyvinylidene fluoride membranes in a buffer tank with platinum wire electrodes. The membranes were immersed in nonfat dried milk for 2 h to block nonspecific binding and incubated with a primary antibody against nephrin (catalog no. Ab216341, Abcam, USA) at a 1:2000 dilution, a primary antibody against WT-1 (catalog no. 12609-1-AP) and against eNOS (catalog no. 20116-1-AP, Proteintech, Wuhan, China) at a 1:1000 dilution, and a primary antibody against TNF- α (catalog no. bs-2081R) and against VEGF (catalog no. bs-1313R, Bioss, Beijing, China) and a primary antibody against IL-1 β (catalog no. #12242, Cell Signaling Technology, USA) at a 1:1000 dilution at 4°C overnight. The membranes were washed and then incubated with the corresponding secondary IgG conjugated to HRP antibody (catalog no. SA00001-2, Proteintech, Wuhan, China) for 1 h. The results were finally analyzed with the Quantity One analysis system (Bio-Rad, Hercules, CA, USA). GAPDH (catalog no. 10494-1-AP, Proteintech, Wuhan, China) was used as the internal loading control at a 1:5000 dilution.

Statistical Analysis

SPSS 23.0 software (IBM, NY, USA) was used for statistical analysis. All the data are expressed as the mean \pm standard deviation. The two-group comparison was conducted with Student's *t*-test. All the reported *P* values were two-tailed, and *P* < 0.05 was considered to indicate statistical significance.

Results

BW, KW and RI

As shown in [Figure 2A](#), the BW of the DN and CTL groups at the 0th week were not significantly different (*P* = ns). The BW of the DN group was significantly higher than that of the CTL group at the 4th, 8th, 11th and 13th weeks (Four: *P* < 0.01). The rats in the DN group were considered obese and weighed 28.4%, 23.5%, 29.7% and 20.6% more than those in the CTL group at the above four testing points.

[Figure 2B](#) shows that the KW value of the DN group was significantly higher than that of the CTL group (*P* < 0.01). [Figure 2C](#) shows that the RI of the DN group was significantly higher than that of the CTL group (*P* = 0.001).

The above results showed that an HFD promoted an increase in BW in the DN rats in the first eight weeks and that an HFD combined with STZ further elevated BW, KW and RI in the DN rats in the following experimental weeks.

FINS, FBG, IRI and RBG

The results of FINS, FBG and IRI are shown in Figure 2D–F. After HFD feeding, the FINS of the DN group increased significantly at the 4th and 8th weeks when compared with the CTL group at the same experimental time points (two: $P < 0.01$). After T2DM confirmation at the 9th week, the FINS of the DN group decreased significantly at the 11th and 13th weeks when compared to the CTL group (two: $P < 0.01$).

Before STZ injection, the FBG levels of the DN group at the 4th and 8th weeks were not significantly different from those of the CTL group (two: $P = ns$). After STZ injection, the FBG levels of the DN at the 11th and 13th weeks increased significantly compared to those of the CTL group (two: $P < 0.001$).

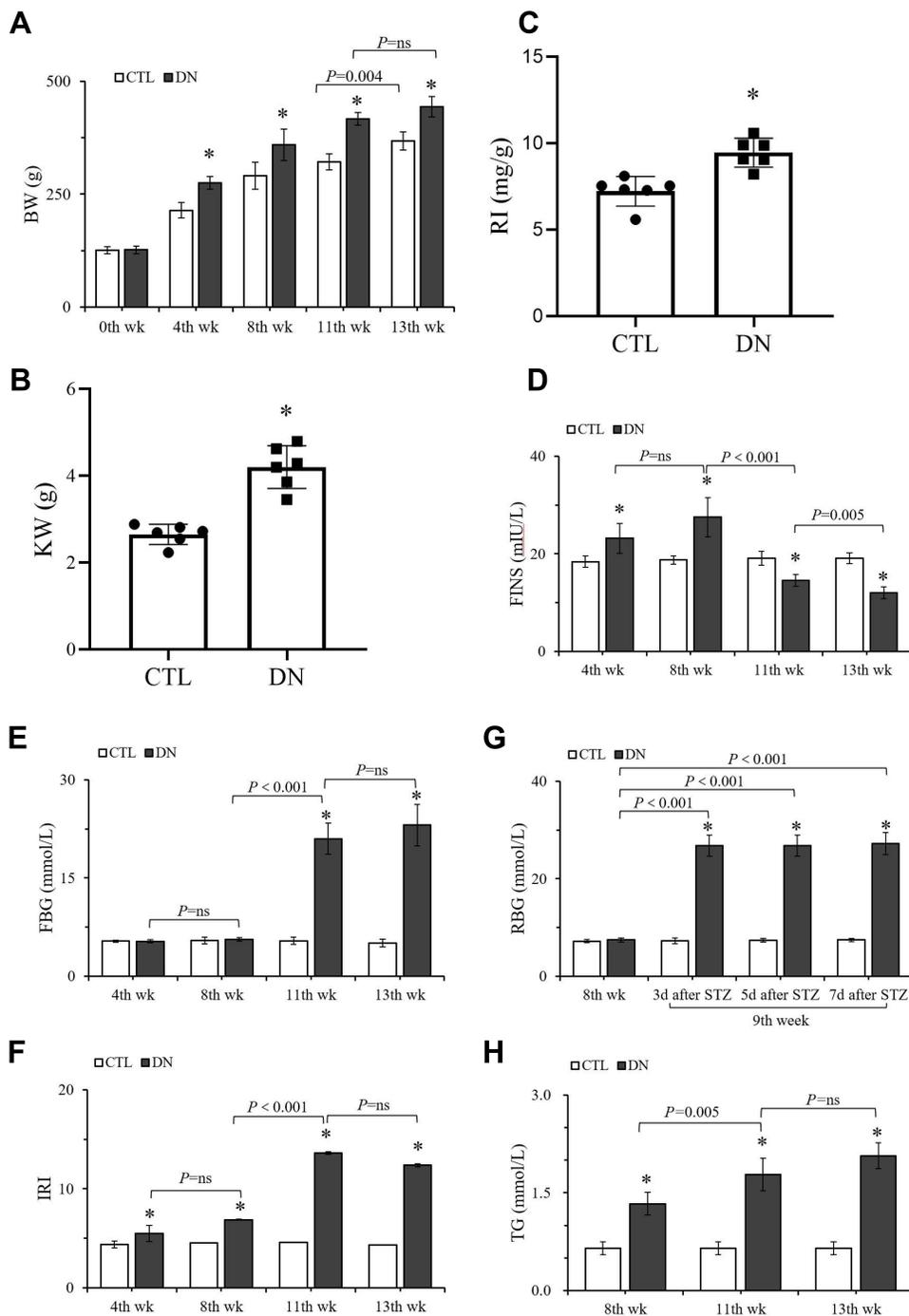


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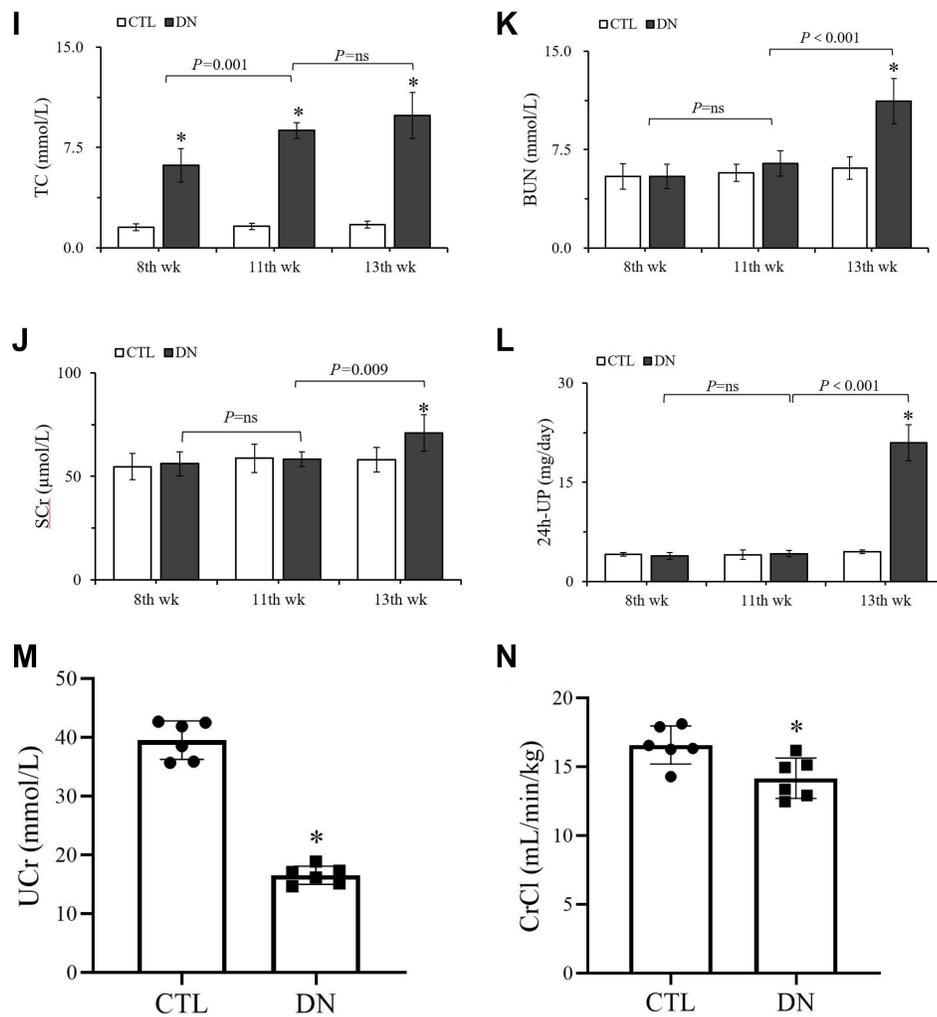


Figure 2 Biological parameters of the CTL group and the DN group at the different experimental weeks. (A) BVW. (B) KW. (C) RI. (D) FINS. (E) FBG. (F) IRI. (G) RBG. (H) TG. (I) TC. (J) SCr. (K) BUN. (L) 24h-UP. (M) UCr. (N) CrCl. Data were presented as mean \pm SD. * $P < 0.05$, vs the CTL group at the same week.

Abbreviations: CTL, normal control; DN, diabetic nephropathy; BVW, body weight; KW, kidney weight; RI, renal index; FINS, fasting insulin; FBG, fasting blood glucose; IRI, insulin resistance index; RBG, random blood glucose; TG, triglyceride; TC, total cholesterol; SCr, serum creatinine; BUN, blood urea nitrogen; 24h-UP, 24 h urinary protein; UCr, urea creatinine; CrCl, creatinine clearance.

The IRI levels were distinctly higher in the DN group than in the CTL group, which started from the 4th week ($P = 0.003$) and lasted until the 8th week ($P < 0.001$), the 11th week ($P < 0.001$) and the 13th week ($P < 0.001$).

The RBG results are shown in Figure 2G. No significant differences in the RBGs were seen in the CTL group before and after the rats were given an injection of buffer solution (all: $P = ns$). After 3 d, 5 d and 7 d of STZ injection, the RBG levels of the DN group were all higher than 16.7 mmol/L^{12,13,21} and were significantly higher than those before STZ injection (three: $P < 0.001$).

The above results suggested that an HFD affected normal FINS and IRI values and that the increased persistent RBGs in the DN rats were due to the injection of STZ.

TG and TC

The TG levels of the DN group at the 8th, 11th and 13th weeks were all significantly higher than those of the CTL group at the same experimental week (three: $P < 0.001$). The TC results showed a similar trend as the TG results. The TCs of

the DN group at the above testing weeks were significantly higher than those of the CTL group separately (three: $P < 0.001$).

Another similar elevated trend in TG and TC could be seen in the DN group in Figure 2H and I. Both TG and TC levels increased significantly at the 11th week compared to the 8th week (two: $P < 0.01$).

The above results indicated that an HFD combined with STZ promoted significantly high levels of TG and TC in DN rats.

SCr, BUN, 24h-UP, UCr and CrCl Levels

The SCr, BUN and 24h-UP levels of the DN group at the 13th week were significantly higher than those of the CTL group at the 13th week (three: $P < 0.05$) and those of the DN group at the 11th week (three: $P < 0.05$). The above results are shown in Figure 2J–L.

At the end of the experiment, the UCr level of the DN group was significantly lower than that of the CTL group ($P < 0.001$). Similarly, the calculated CrCl level of the DN group ((14.2 ± 1.7) mL/min/kg) was significantly lower than that of the CTL group ((16.6 ± 1.5) mL/min/kg, $P = 0.015$). The results are shown in Figure 2J–N.

The above results suggested that abnormal renal function occurred as the disease progressed in the T2DM model.

Serum and Renal TNF- α Levels and IL-1 β Levels

In the CTL group, serum TNF- α levels in Figure 3A show no significant difference among the 4th, 8th, 11th, and 13th week (all: $P = ns$). Figure 3B also shows that there was no significant difference in serum IL-1 β levels at the above four testing points (all: $P = ns$).

At the 4th, 8th, 11th and 13th weeks, the serum TNF- α level and serum IL-1 β level of the DN group increased significantly when compared to those of the CTL group (eight: $P < 0.001$).

In the DN group, there was no significant difference in serum TNF- α levels or IL-1 β levels between the 4th week and the 8th week (two: $P = ns$). After STZ injection, both serum TNF- α and IL-1 β levels at the 11th week were significantly

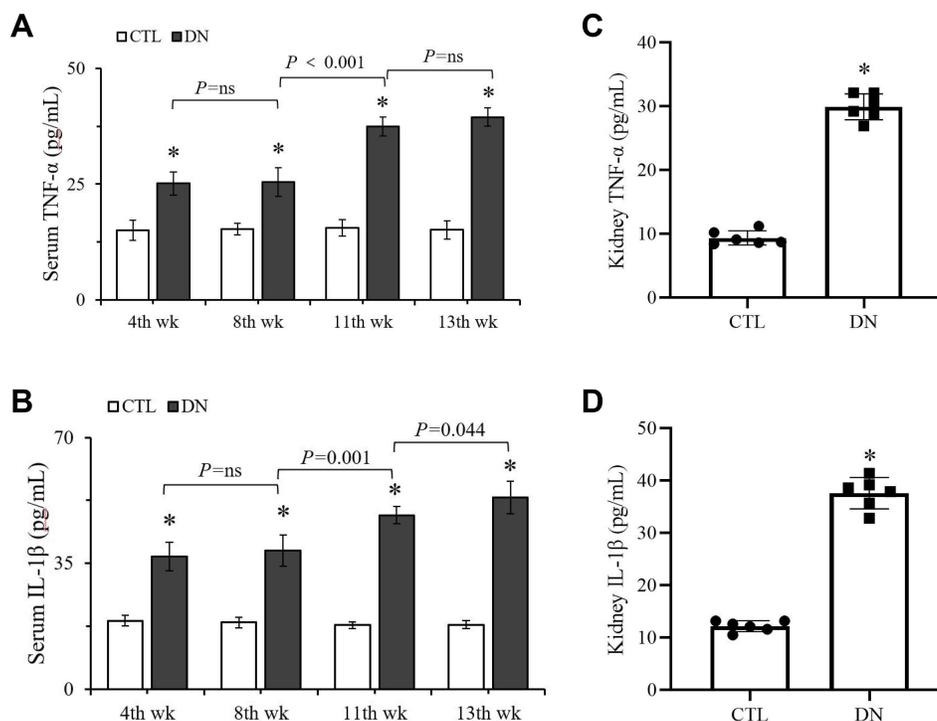


Figure 3 Comparison of TNF- α and IL-1 β levels in serum and kidney tissue. (A) TNF- α levels in serum. (B) IL-1 β levels in serum. (C) TNF- α levels in kidney. (D) IL-1 β levels in kidney. Data are expressed as the mean \pm standard deviation (n=6). * $P < 0.05$, vs the CTL group at the same week.

Abbreviations: TNF- α , tumor necrosis factor- α ; IL-1 β , interleukin-1 β ; CTL, normal control; DN, diabetic nephropathy.

higher than those at the 8th week ($P < 0.001$ and $P = 0.001$). Furthermore, the serum IL-1 β level at the 13th week ((53.3 ± 4.6) pg/mL) was significantly higher than that at the 11th week ((48.4 ± 2.4) pg/mL) ($P = 0.044$).

Kidney TNF- α levels are shown in Figure 3C, and kidney IL-1 β levels are shown in 3D. They both showed significant differences from the CTL group (two: $P < 0.001$).

The above results demonstrated that serum and renal TNF- α and IL-1 β levels increased due to HFD feeding and STZ injection.

Renal Hemodynamic Parameters

Figure 4A shows the locations of the main, segmental (including the superior segmental, anterior superior segmental, inferior segmental and anterior inferior segmental) and interlobar arteries of the left kidney.²² Figure 4B and C show the RDUS images of the main artery of the two groups separately, while 4D and 4E show the segmental artery, and 4F and 4G show the interlobar artery.

The renal artery hemodynamic parameters of the two groups are compared in Figure 4H. The values of PSV, EDV and MV of the main and interlobar arteries in the DN group were all significantly lower than those in the CTL group (six: $P < 0.05$). The PSV, EDV, and MV values of the segmental artery in the DN group were also lower than those in the CTL group, but no significant differences were observed (three: $P = NS$).

As important predictive markers of incipient renal impairment,²³ the increased RI and PI values of the interlobar artery in the DN group showed a significant difference compared to those in the CTL group ($P = 0.022$ and $P = 0.025$) in Figure 4I.

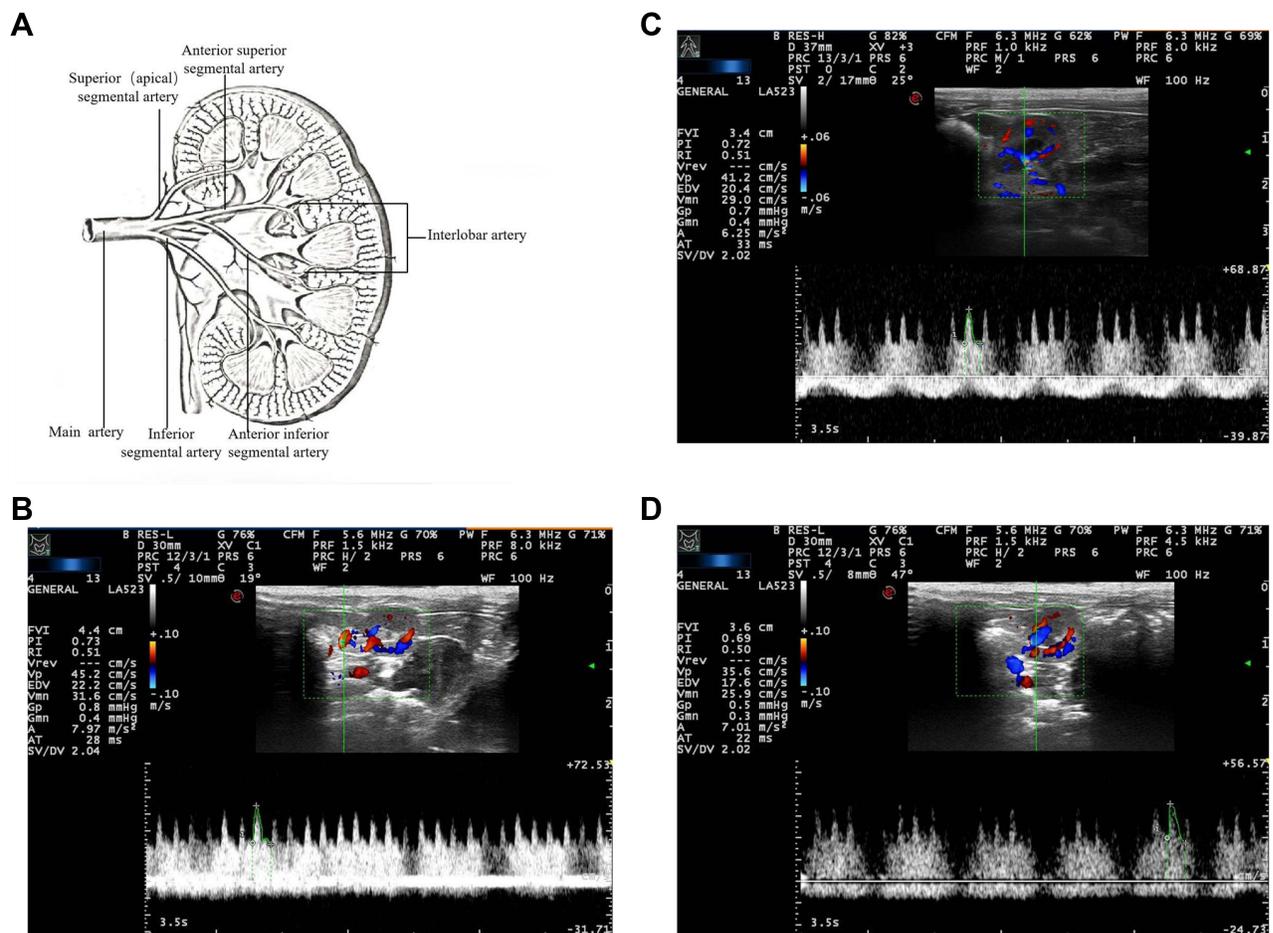


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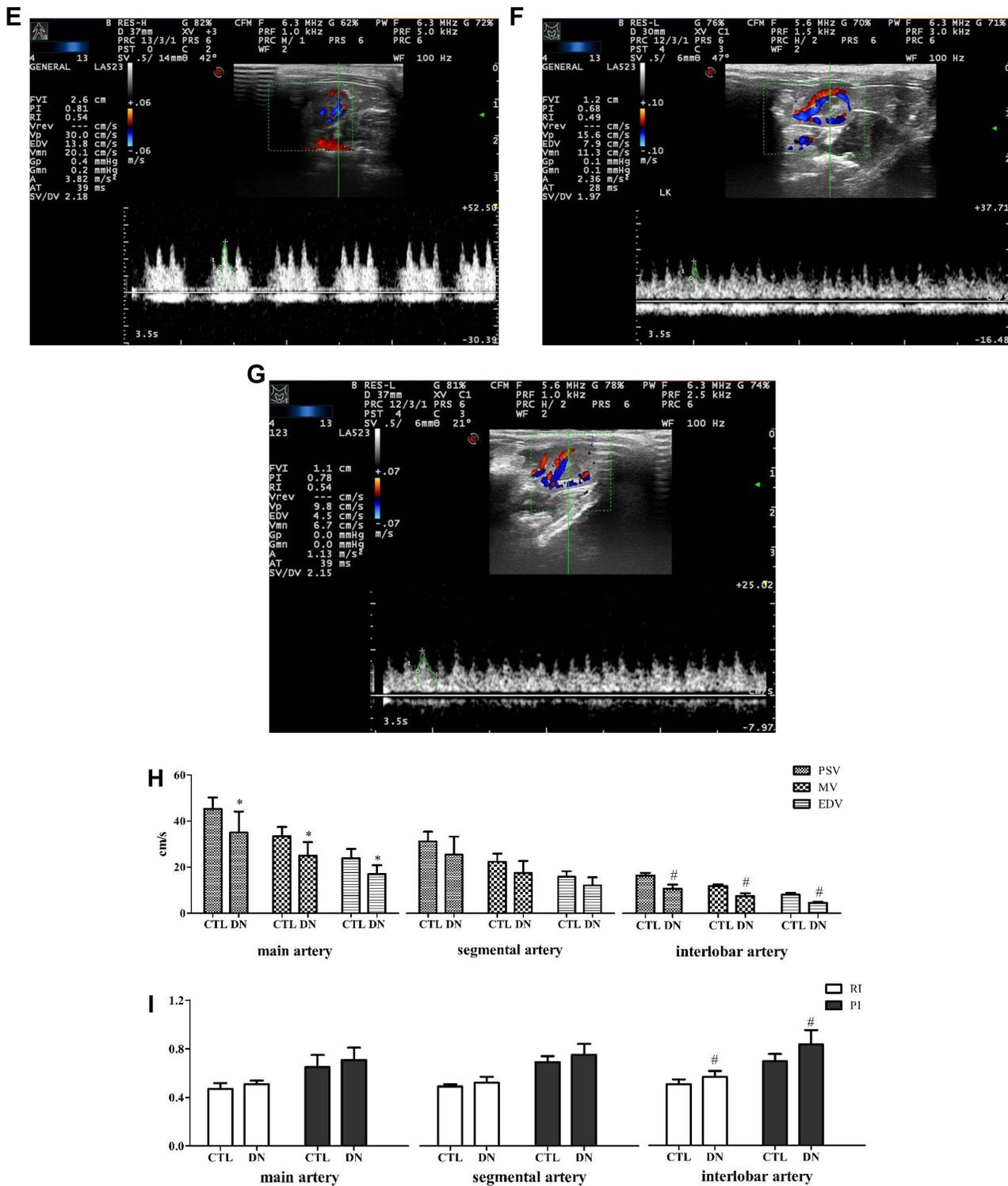


Figure 4 Evaluation of renal hemodynamics of left kidney by color Doppler spectrum ultrasound. (A) Schematic diagram of main artery, segmental artery and interlobar artery. (B) The main artery of the CTL group. (C) The main artery of the DN group. (D) The segmental artery of the CTL group. (E) The segmental artery of the DN group. (F) The interlobar artery of the CTL group. (G) The interlobar artery of the DN group. (H) Comparison of PSV, MV and EDV in the two groups. (I) Comparison of RI and PI in the two groups. All data were obtained from left kidney of rats. Data are expressed as the mean ± standard deviation (n=6). **P* < 0.05, comparison in the main artery of the CTL group and the DN group. #*P* < 0.05, comparison in the interlobar artery of the CTL group and the DN group.

Abbreviations: CTL, normal control; DN, diabetic nephropathy; PSV, peak systolic velocity; MV, mean velocity; EDV, end-diastolic velocity; RI, resistive index; PI, pulsation index.

Compared to the CTL group, the RI and PI values in the main and segmental regions of the DN group also increased but had no significant differences (four: $P = NS$).

The above results suggested abnormal hemodynamics in the kidneys of DN rats.

Histological Results

Histopathological glomerulus staining images of the CTL and DN groups are shown in [Figure 5A](#) and [B](#), respectively. Compared to [Figure 5A](#), [Figure 5B](#) shows obvious glomerular hypertrophy and mesangial matrix expansion in the DN group. The mean glomerular size was significantly larger in the DN group than in the CTL group ($(129.1 \pm 2.0) \mu\text{m}$ vs $(114.8 \pm 1.7) \mu\text{m}$, $P < 0.001$) as shown in [Figure 5C](#). [Figure 5D](#) shows that the relative area of the mesangial zone in the DN group increased significantly compared to that in the CTL group ($(7.3 \pm 0.4) \%$ vs $(3.8 \pm 0.2) \%$, $P < 0.001$).

The above results suggested that the glomerular structure of the kidneys in the DN rats was abnormal.

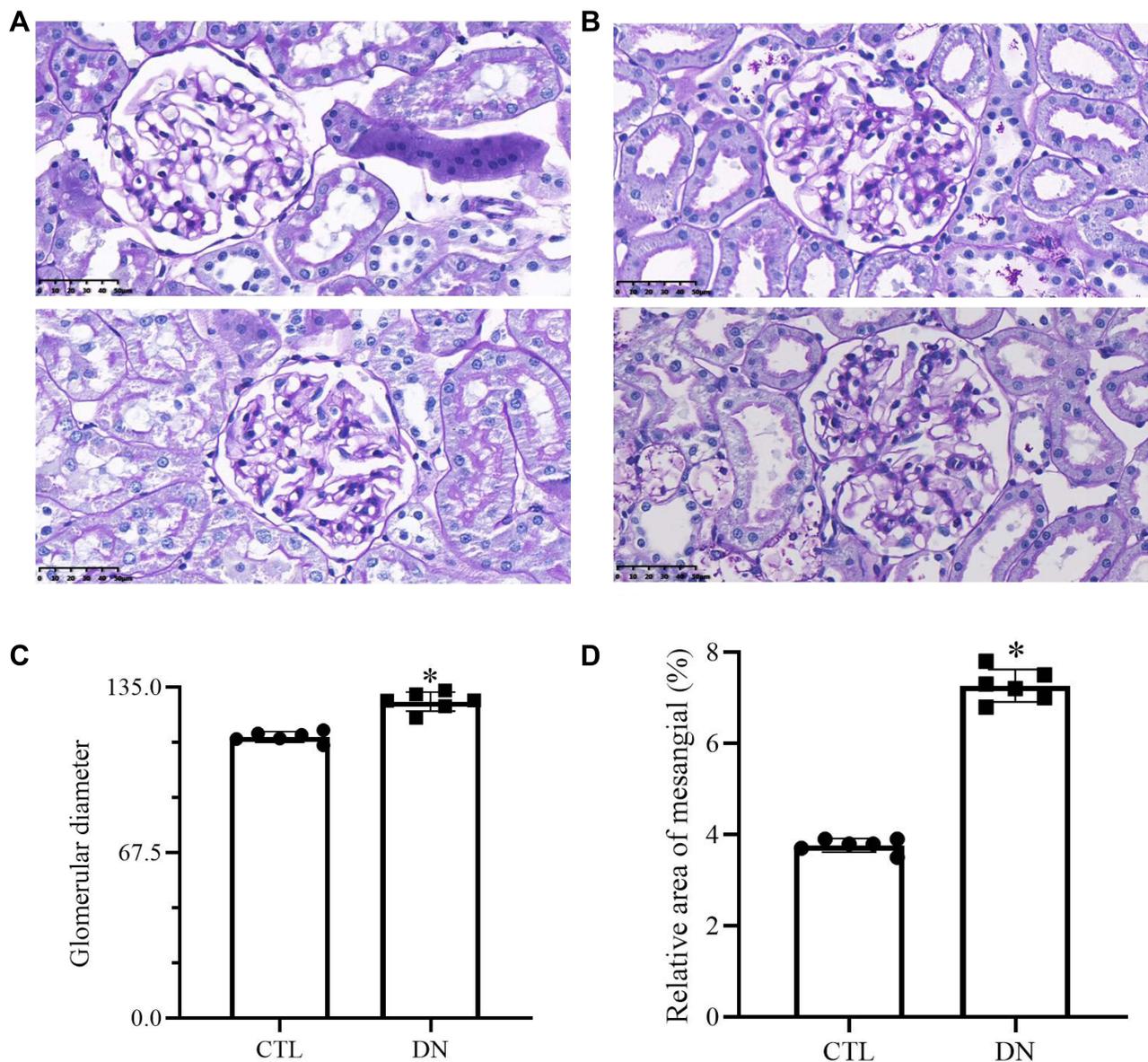


Figure 5 Histological results with light microscopy ($\times 400$). **(A)** Glomerulus of the CTL group. **(B)** Glomerulus of the DN group. **(C)** Comparison of the glomerular diameter. **(D)** Comparison of the relative area of mesangial. All data were obtained from left kidney of rats. Data are expressed as the mean \pm standard deviation ($n=6$). $*P < 0.05$, vs the CTL group.

Abbreviations: CTL, normal control; DN, diabetic nephropathy.

Renal mRNA and Protein Expression Levels

Figure 6A and B show the mRNA expression levels of renal nephrin and WT-1. They both decreased significantly in the DN group compared to the CTL group (two: $P < 0.01$). In contrast, the TNF- α and IL-1 β levels as illustrated in Figure 6C and D, respectively, increased significantly in the DN group compared to the CTL group ($P = 0.002$ and $P < 0.001$). The mRNA expression levels of eNOS (Figure 6E) and VEGF (Figure 6F) in the DN group were significantly decreased compared to those in the CTL group (two: $P < 0.01$).

Compared to the CTL group, nephrin, WT-1, eNOS and VEGF protein expression levels in the DN group decreased significantly (four: $P < 0.05$), while the TNF- α and IL-1 β levels increased significantly (two: $P < 0.05$). The protein expression results are shown in Figure 7A–D.

These results demonstrated that the structure and function of renal podocytes and the function of renal epithelial cells in DN rats were abnormal, which was accompanied by increased expression of renal inflammatory factors.

Discussion

T2DM is a serious public health issue with significantly increasing rates across the world.²⁴ As one of the most significant microvascular complications in diabetic patients, DN is considered a metabolic and hemodynamic glomerular disease initiated by hyperglycemia,²⁵ and the overproduction of various inflammatory factors is involved in the pathogenesis of DN.²⁶

The current understanding of diabetes-driven vascular complications as well as therapeutic interventions has arisen from studying disease pathogenesis in animal models. The choice of an appropriate animal model is important.²⁷ In this study, a DN rat model was established from the pre-T2DM stage, which was characterized by obesity, hyperlipidemia,

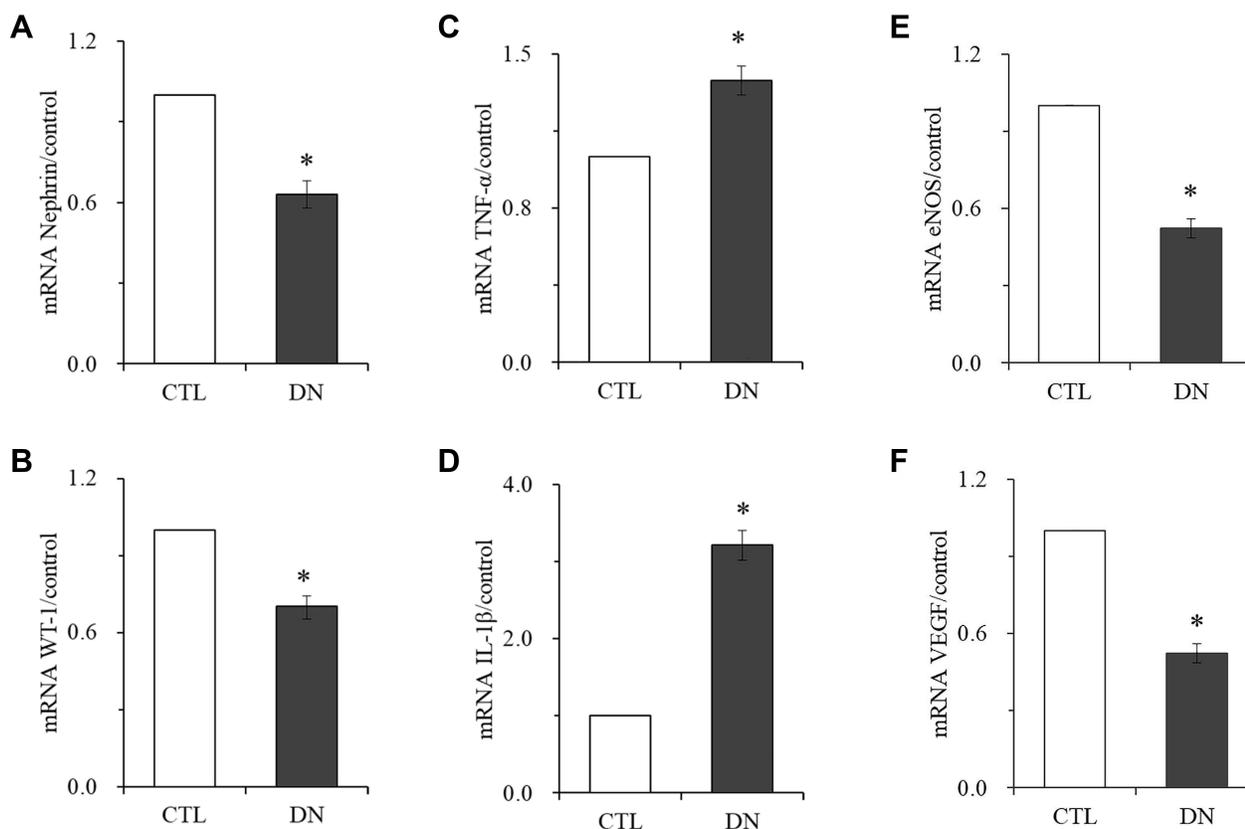


Figure 6 Comparison of Nephrin, WT-1, TNF- α , IL-1 β , eNOS and VEGF mRNA expression levels of kidney. (A) Nephrin expressions. (B) WT-1 expressions. (C) TNF- α expressions. (D) IL-1 β expressions. (E) eNOS expressions. (F) VEGF expressions. Data are expressed as the mean \pm standard deviation (n=6). * $P < 0.05$, vs the CTL group. **Abbreviations:** CTL, normal control; DN, diabetic nephropathy; WT-1, Wilms' tumor-1; TNF- α , tumor necrosis factor- α ; IL-1 β , interleukin-1 β ; eNOS, endothelial nitric oxide synthases; VEGF, vascular endothelial growth factor.

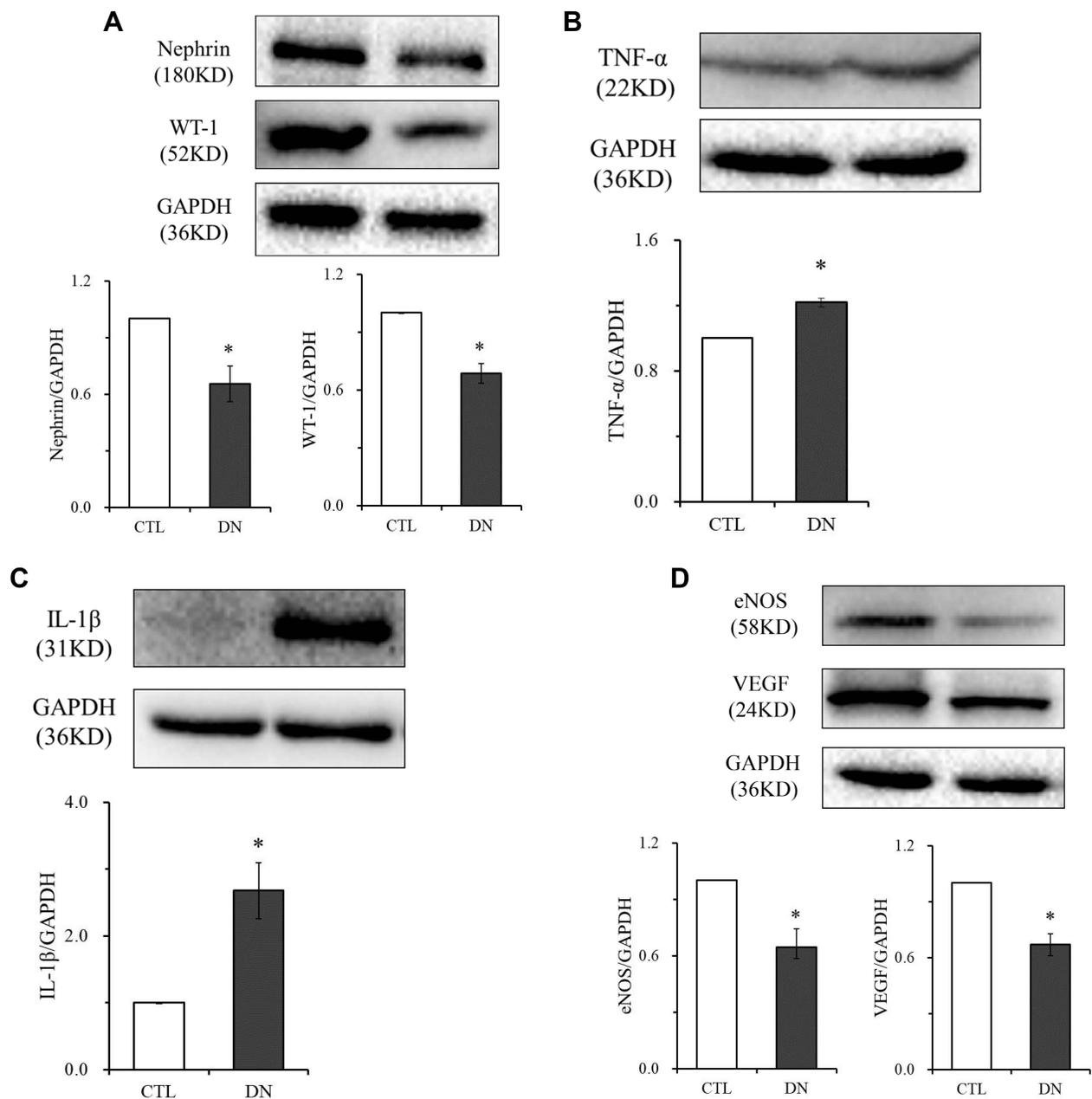


Figure 7 Comparison of Nephrin, WT-1, TNF- α , IL-1 β , eNOS and VEGF protein expression levels of kidney. **(A)** Nephrin and WT-1 expressions. **(B)** TNF- α expressions. **(C)** IL-1 β expressions. **(D)** eNOS and VEGF expressions. Data are expressed as the mean \pm standard deviation ($n=6$). * $P < 0.05$, vs the CTL group.

Abbreviations: CTL, normal control; DN, diabetic nephropathy; WT-1, Wilms' tumor-1; TNF- α , tumor necrosis factor- α ; IL-1 β , interleukin-1 β ; eNOS, endothelial nitric oxide synthases; VEGF, vascular endothelial growth factor.

and an increased IRI.^{28,29} Persistent hyperglycemia induced by STZ was confirmed as T2DM stage,^{12,13} and abnormal renal function due to podocyte injury was considered the DN stage.¹⁴ Serum TNF- α and IL-1 β were tracked and compared in the above three stages.

Obesity, increased IRI and hyperlipidemia are interrelated metabolic disorders in the pre-T2DM stage.³⁰ Our research showed that four weeks of an HFD promoted obesity and an increase in the IRI in the model rats, and hyperlipidemia was observed after the next four weeks of an HFD, thereby contributing to the further development of diabetes.³¹ A growing body of evidence is emerging to show that metabolic syndrome is intimately related to chronic inflammation.³² Our study

confirmed that metabolic syndrome in the pre-T2DM stage, such as elevated BW, abnormal FINS levels, and increased TG and TC levels, coincided with increased serum TNF- α and IL-1 β levels.

Persistent hyperglycemia was induced by STZ injection, and the T2DM rat model was confirmed according to the current definition of diabetic models.³³ It has been reported that the total antioxidant capacity is lower in STZ-induced diabetic rats than in normal control rats.³⁴ An inflammatory state of T2DM is characterized mainly by an increase in the serum concentrations of IL-1 β and TNF- α , originating from chronically inflamed adipose tissue and associated with oxidative stress.² Our research confirmed that STZ not only increased RBG, FBG and IRI and significantly increased TG and TC in the pre-T2DM stage to a higher level in the T2DM stage but also significantly promoted an increase in serum TNF- α and IL-1 β levels.

The persistence of hyperglycemia and oxidative stress in diabetic patients ultimately leads to clinical DN.³⁵ The clinical features of DN include an increase in persistent albumin excretion and/or a progressive decrease in the renal glomerular filtration rate, eventually leading to the development of end-stage renal disease.³⁶ BUN and SCr levels and proteinuria were used to determine renal function and evaluate clinical efficacy.³⁷ These renal function indices have also been widely used to determine renal injury in DN animal models.³⁸ The clinical diagnosis and staging of DN are based on albuminuria and eGFR reduction. The eGFR value is calculated based on the SCr and UCr values of patients and their clinical age and sex.³⁹ In animal models, CrCl has been used extensively and is normally calculated with SCr and UCr values, urine volume and BW.^{15,40} A clinical study showed that after dapagliflozin treatment in DN patients, the serum TNF- α level decreased significantly, while eGFR values increased significantly when compared with the levels before treatment.³⁹ Our study confirmed that the decrease in the CrCl value and the increase in proteinuria during the DN stage were associated not only with high levels of TNF- α and IL-1 β in the serum but also with significantly higher expression of TNF- α and IL-1 β in the kidney. Additionally, the impairment of renal vascular endothelial function was confirmed by the decreased CrCl value according to some clinical research.³⁷

VEGF and nitric oxide (NO) derived from eNOS are essential for normal vascular endothelial function and glomerular filtration barrier homeostasis but are dysregulated in DN.^{41,42} A study demonstrated that in the setting of bioavailable NO deficiency caused by DM or by eNOS knockout, podocyte VEGF knockdown results in diffuse glomerulosclerosis and proteinuria of increasing severity, leading to renal failure in eNOS^{-/-}:VEGF^{KD} mice.⁴¹ According to the above research, we focused not only on the expression of eNOS and VEGF but also on podocyte-associated nephrin and WT-1 under renal inflammatory stress. As unique, highly specialized, terminally differentiated cells in the kidney, podocytes are restricted to a postmitotic state with limited ability to repair or regenerate.⁴³ It was reported that in lipopolysaccharide-treated mice, the inflammation of renal glomeruli decreased WT-1 expression, leading to acute kidney damage.⁴⁴ The in vitro research confirmed that the increased TNF- α and IL-1 β levels affected nephrin and WT-1 expression in high-glucose-induced MPC-5 cells.⁴⁵ Our research clarified for the first time that the persistence of increased serum TNF- α and IL-1 β levels in the pre-T2DM stage and T2DM stage contributed to podocyte injury via renal abnormal eNOS/VEGF and hemodynamic parameters in DN rats.

eNOS genes have been implicated in renal hemodynamics as potent regulators of vascular tone.⁴⁶ In this study, to understand the multiple, overlapping factors that affect renal hemodynamics, ultrasonography was used to provide a real-time and dynamic assessment of renal cortex microvascular perfusion and hemodynamic characteristics.⁴⁷ Several studies have shown that progressive exacerbation of DN is accompanied by a decrease in renal artery blood flow velocity and an increase in renal artery resistance.⁴⁸ Currently, the importance of EDV, PSV, MV, RI, and PI have been described from the perspective of different researchers. Some researchers believe that EDV and RI might be the two best indices for evaluating renal function.^{49,50} Other experiments have shown that renal function shows a significant positive correlation with PSV and EDV levels in the intrarenal artery and a negative correlation with RI and PI.^{51,52} Some investigators have suggested that the change in MV should be a more sensitive indicator because MV varies with hemodynamic resistance, which is consistent with Poiseuille's law.⁵³ Our study showed for the first time that the parameters PSV, MV, EDV and RI and PI obtained in the interlobar renal arteries of DN rats were more significantly altered than those obtained in the main and segmental arteries. This finding was consistent with the microvascular pathological changes in glomeruli in the renal cortex. As a commonly used technique for evaluating renal function in clinical practice,⁵⁴ RDUS has shown its particular advantages in the assessment of microvascular hemodynamics in animal models.

Conclusions

To understand the overlapping process of multiple pathological states, including the inflammatory process, metabolic disorders, microvascular dysfunction and abnormal hemodynamics, in the development of DN, a rat model was established of the pre-T2DM, T2DM and DN stages. Our study showed that the inflammatory process, represented by elevated serum levels of TNF- α and IL-1 β , has already started when metabolic disturbances due to an HFD occurred in the pre-T2DM period. The increased serum TNF- α level and serum IL-1 β level further lasted in the T2DM stage and DN stage. Finally, renal podocyte injury, as indicated by pathological changes in renal histology, abnormal renal hemodynamics and endothelial function, decreased clinical renal function indicators, and decreased nephrin and WT-1 expression levels, was closely associated with increased serum and renal TNF- α and IL-1 β expression levels.

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Disclosure

All the authors of this manuscript declare that there has no financial and personal relationships with other people or organizations that could inappropriately influence (bias) their work, and no conflict of interest regarding the publication of this manuscript.

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