

# Case Report: The First Case of Bloodstream Infection Complicated with Psoas Abscess and Pulmonary Infection Caused by *Aggregatibacter aphrophilus* in China

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**Abstract:** *Aggregatibacter aphrophilus* is part of the normal flora in the oropharynx and upper respiratory tract, which causes invasive bacteremia in rare cases. However, the culture and identification of *Aggregatibacter aphrophilus* are challenging, hence easily misdiagnosed or undetected in clinical practice. In this case, a 73-year-old male patient was admitted to the hospital with a fever and right hip pain. Routine blood and C-reactive protein tests showed abnormal inflammatory markers. Positive blood culture revealed the presence of *Aggregatibacter aphrophilus* through mass spectrometry. The computed tomography examination further revealed the presence of psoas abscess, pulmonary infection, and pleural effusion, which was relieved by ceftriaxone combined with levofloxacin therapy, the drainage of psoas abscess and pleural effusion. Therefore, since multiple anatomic sites infection, including bloodstream, psoas abscess and pulmonary infection caused by *Aggregatibacter aphrophilus*, is rare, sufficient attention should be paid to its clinical diagnosis and treatment.

**Keywords:** *Aggregatibacter aphrophilus*, blood stream, psoas abscess, pulmonary infection

## Introduction

*Aggregatibacter aphrophilus* is a gram-negative coccobacillus belonging to the genus *Aggregatibacter*. It is a fastidious bacterium in the HACEK family with high nutritional requirements.<sup>1</sup> *Aggregatibacter aphrophilus* often causes infective endocarditis,<sup>2</sup> brain abscess, liver abscess, empyema, endophthalmitis, epidural abscess, and sacroiliac arthritis.<sup>3–8</sup> Herein, we report the first case of bloodstream infection caused by *Aggregatibacter aphrophilus* accompanied by psoas abscess and pulmonary infection.

## Case Presentation

A 73-year-old male patient was admitted to the hospital with a fever (the detailed temperature was not available) and chill for 6 days, and pain in the right hip area for a day. He also developed a headache and had an intermittent dry cough, after which he took over-the-counter drugs (details not available) before admission. The day before admission, the patient experienced a needle-like sharp pain in the right hip, especially when sitting, turning over, or performing strenuous activities, accompanied by radiating pain in the right lower limb. On the day of admission, he was hospitalized in the emergency department with a body temperature of up to 40.1°C. He was treated with cefoperazone/sulbactam and

antipyretic and rehydration therapy, then transferred to the infectious disease department on the same day. The patient had no underlying diseases or history of other chronic diseases.

## Physical Examination of the Patient on Admission

Basic physical examinations were performed, including pulse rate (86/min), respiratory rate (18/min), blood pressure (106/60mmHg) and oxygen saturation (95%). The breath sounds were rough in both lungs, and no dry or moist rale was heard. A discomfort was felt on the right upper abdomen when pressed, along with positive percussion pain on the right lumbar areas. No other obvious abnormalities were found.

## Laboratory Examination

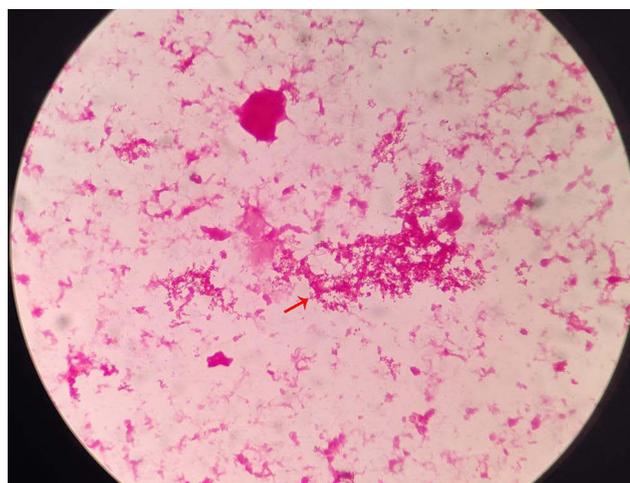
Routine blood tests on admission characterized the white blood cell count ( $23.29 \times 10^9/L$ ), neutrophil percentage (0.93), C reaction protein (CRP, 201.2 mg/L), procalcitonin (PCT, 20.76 ng/mL), neutrophil alkaline phosphatase score (286), serum  $\gamma$ -glutamyl transferase (229 U/L), albumin (30.3 g/L), and pro-brain natriuretic peptide (1714.0 pg/mL). Renal functions, including electrolytes, lactic acid, and coagulation indexes, were normal. Infections by HIV and *Treponema pallidum* were excluded by immunological tests and markers for tumor, diabetes and rheumatoid arthritis in blood were within the normal ranges.

## Bacterial Culture, Species Identification and Susceptibility Test

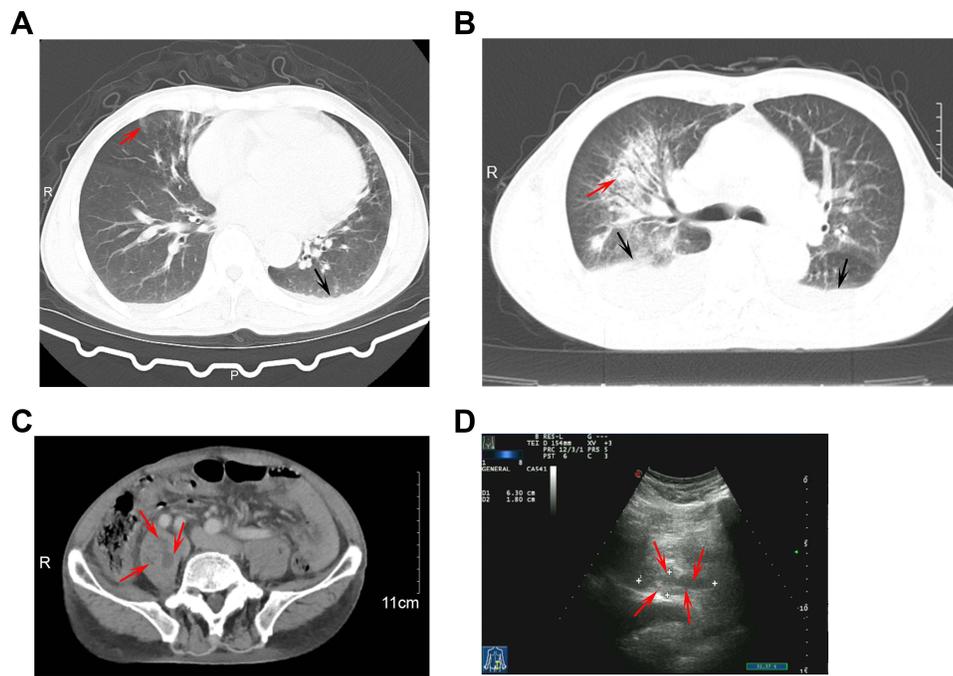
Blood cultures before admission to the emergency department and 1 day after admission were positive for Gram-negative bacteria (Figure 1). No other bacteria or fungus were grown. Mass spectrometry identified two homologous strains of *Aggregatibacter aphrophilus*. Drug sensitivity tests based on the guidelines by the Clinical and Laboratory Standards Institute revealed that the bacteria were completely susceptible to ceftriaxone and levofloxacin and moderately susceptible to imipenem.<sup>9</sup>

## Diagnosis and Treatment Process

On the day of admission, chest plain computed tomography (CT) revealed infectious lesions scattered in both lungs, with a small amount of pleural effusion in the left lung (Figure 2A). Initially, the patient was intravenously injected with 2 g of cefoperazone/sulbactam every 8 h. The blood inflammatory markers (PCT and CRP) were slightly decreased upon re-examination. However, the fever recurred with temperatures reaching 38–39°C on certain days. Lung CT re-examination 4 days after admission showed multiple exudations in both lungs and pleural effusion on each side (Figure 2B). Compared to the observations upon admission, pathological changes were significantly increased in both lungs, with increased pleural effusion on each side. In addition, an abdominal enhanced CT revealed a psoas abscess in the right



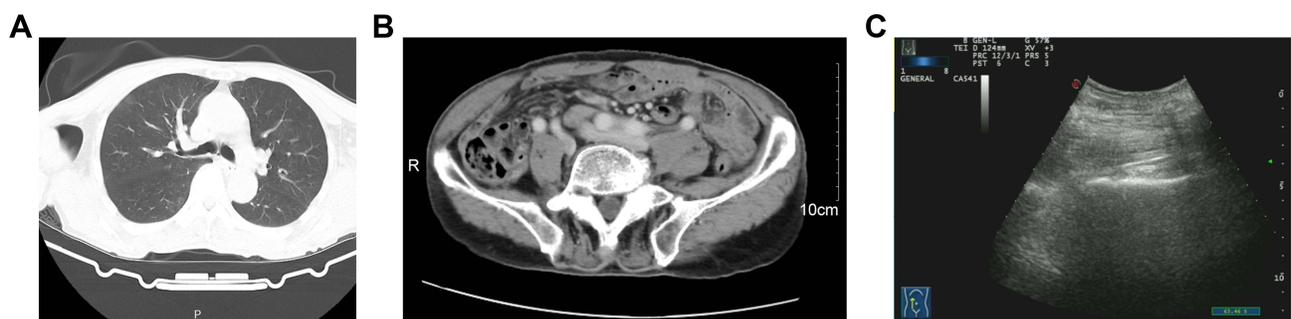
**Figure 1** Gram-staining morphological observations of *Aggregatibacter aphrophilus* under the microscope. The red arrow indicates the morphology.



**Figure 2** Images of infection caused by *Aggregatibacter aphrophilus*. (A) CT images of lung at admission; (B) CT images of lung 4 days after admission, the red and black arrows indicate the infection lesions and the pleural effusion on the right lung, respectively; (C) CT images of abdomen 4 days after admission, the red arrows indicate the abscess; (D) Ultrasonic images of the right psoas muscle 5 days after admission, the red arrows shows the abscess region.

psoas (Figure 2C). Five days after admission, the patient complained of chest tightness. The oxygen saturation without oxygen inhalation was 92–93%. Given the worsened pulmonary infection and psoas abscess revealed by the abdominal CT, a severe infection was considered. Therefore, paracentesis under ultrasound guidance was performed to drain psoas abscess in the right psoas major (Figure 2D). The culture result of the tested pus was negative. Percutaneous thoracic drainage was conducted on the right thoracic cavity 6 days after admission, but the culture was negative.

Based on the drug sensitivity results of the blood culture, the treatment was switched to ceftriaxone (2 g, intravenous injection) plus levofloxacin (0.5 g, oral administration) once daily. During this period, methylprednisolone sodium succinate was injected to modulate inflammation and improve oxygenation. After the comprehensive treatments, re-examination revealed a gradual decline in blood inflammatory markers and cleared bacteria (negative blood culture). The patient was discharged after 3 weeks of hospitalization and continued with cefixime (0.1 g twice per day) plus levofloxacin (0.5 g once per day) orally administered for 9 days. The entire treatment period was 30 days. Eventually, the blood inflammatory markers of the patient returned to normal, and the lung images showed that lung lesions (Figure 3A) had disappeared and abdominal images revealed the obvious absorption in the psoas abscess (Figure 3B and C).



**Figure 3** Images of this case after a completed treatment. (A) CT images of lung; (B) CT images of abdomen; (C), ultrasonic images of the right psoas muscle.

## Discussion

*Aggregatibacter aphrophilus* is part of the normal oropharynx and upper respiratory tract flora, commonly isolated from dental plaque and saliva.<sup>10</sup> In this case, *Aggregatibacter aphrophilus* was isolated from the patient with infections in lung, psoas and blood stream.

Although *Aggregatibacter aphrophilus* could cause abscess in several anatomic sites, including the brain, temple, spine, psoas and endocardium, a bloodstream infection with positive culture is rare. Bloodstream infection induces a systematic toxic response characterized by an elevated body temperature and increased inflammatory markers in this study, which might be life-threatening if without timely treatment. Moreover, there is limited information on multiple anatomic sites infection caused by *Aggregatibacter aphrophilus*.<sup>11–13</sup> In this case, lung, psoas and bloodstream were infected with *Aggregatibacter aphrophilus*, contributing to knowledge on multiple anatomic site infections. However, *Aggregatibacter aphrophilus* was negative in pus from psoas and effusion fluid cultures, which is possibly due to the effective treatment using cefoperazone/sulbactam. Another reason for the negative culture could be the difficulty in culturing *Aggregatibacter aphrophilus*, since it was detected by nucleic acid detection in several previous studies.<sup>5,13–16</sup> The immunosuppressed status and previous invasive procedures, such as tooth manipulation, subject patients to *Aggregatibacter aphrophilus* infection.<sup>17,18</sup> However, in this case, the patient was not predisposed to these risk factors, implying its potential to infect immunocompetent individuals, as reported previously.<sup>17,19–21</sup>

In this study, a combined intravenous cefoperazone/sulbactam therapy effective, given the negative results from pus and pleural fluid cultures. Based on the antibiotic susceptibility test, other antibiotic regimens, including cephalosporins and quinolones, have proven also efficient in treating *Aggregatibacter aphrophilus*-related infections.<sup>4,13,16,19,22</sup> The duration of treatment should last for several weeks, which may differ on the infection sites and antibiotic agents.<sup>13,18,23</sup> However, the patient experienced recurrent fever during treatment, with obvious poisoning symptoms after the systemic infection. This might be associated with psoas abscess and pleural effusion in the lungs. When an experienced antibiotic treatment presents a poor outcome in the early stage, additional antibacterial drugs and other active interventions, such as drainage, could be combined to enhance a timely positive treatment effect.<sup>16</sup>

## Conclusion

In summary, a case of bloodstream infection accompanied by infections in psoas muscle and lungs caused by *Aggregatibacter aphrophilus* is rare in clinical practice. With the development of mass spectrometry, rare *Aggregatibacter aphrophilus* can be timely detected in clinical microbiological examinations. For patients with severe infections, attention should be given to the possibility of invasion and infection at multiple anatomic sites. With regard to treatment, combined administration of antibiotics should be considered. In addition, for local invasive infection sites, active interventions such as drainage are also essential for successful treatment.

## Ethics and Consent Statements

Informed consent to participate in this case study and to publish the findings was obtained from the patient. This case study was reviewed and approved by the Ethics Committee and Institutional Review Board of Dongyang People's Hospital (2022-YX-175).

## Disclosure

The authors report no conflicts of interest in this work.

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