Disorders caused by chromosome abnormalities

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Abstract: Many human genetic disorders result from unbalanced chromosome abnormalities, in which there is a net gain or loss of genetic material. Such imbalances often disrupt large numbers of dosage-sensitive, developmentally important genes and result in specific and complex phenotypes. Alternately, some chromosomal syndromes may be caused by a deletion or duplication of a single gene with pleiotropic effects. Traditionally, chromosome abnormalities were identified by visual inspection of the chromosomes under a microscope. The use of molecular cytogenetic technologies, such as fluorescence in situ hybridization and microarrays, has allowed for the identification of cryptic or submicroscopic imbalances, which are not visible under the light microscope. Microarrays have allowed for the identification of numerous new syndromes through a genotype-first approach in which patients with the same or overlapping genomic alterations are identified and then the phenotypes are described. Because many chromosomal alterations are large and encompass numerous genes, the ascertainment of individuals with overlapping deletions and varying clinical features may allow researchers to narrow the region in which to search for candidate genes.

Keywords: chromosome, deletion, duplication, telomere, segmental duplication

Introduction

Humans have 23 pairs of chromosomes, ie, one pair of sex chromosomes (X and/or Y) and 22 pairs of autosomes (chromosomes 1–22). Many human genetic disorders result from unbalanced chromosome abnormalities, in which there is a net gain or loss of genetic material. Numeric and structural chromosomal abnormalities occur in approximately 0.6% of live births,1 and often result in dysmorphism, malformations, and/or developmental disabilities. The resulting phenotypes are caused by the imbalance of one or more dosage-sensitive genes in a particular chromosome or chromosomal segment. Such gene imbalances often have devastating consequences and cause 25% of all miscarriages and stillbirths, and 50%–60% of first-trimester miscarriages.2

Numeric abnormalities, or aneuploidies, result from the gain or loss of an entire chromosome. Most aneuploidies result from improper segregation of the chromosome pairs during meiosis. Numeric abnormalities comprise the most common cytogenetic abnormalities. Numeric abnormalities are more tolerated for the sex chromosomes and only certain autosomes. The most common monosomy is that for the X chromosome (45,X) found in Turner syndrome. Trisomy, the presence of three, rather than two, copies of a particular chromosome, causes Down syndrome, or trisomy 21, and occurs in about 1/800 live births. Other common trisomies include trisomy 13 and 18. Mosaicism for a normal cell line and an abnormal cell line may occur in a single
individual. Certain trisomies, such as trisomy 8 and 9, rarely occur in all cells and are mostly found in individuals with mosaicism.

In contrast with numeric abnormalities, structural chromosomal abnormalities result from the breakage and subsequent reunion of chromosome arms. Some structural chromosome abnormalities result in gain or loss of material. Deletions involve the loss of a segment of a chromosome and duplications result in a gain of a chromosome segment. Deletions may be terminal or interstitial; a terminal deletion results after one break in the chromosome with loss of the segment distal to the break, whereas an interstitial deletion results after two breaks in the chromosome, with the loss of the intervening segment, and rejoining of the remaining chromosome segments. A duplication is caused by the gain of a copy of a chromosomal segment at the original location on the chromosome. Duplications may be in an inverted orientation or in the original (direct) orientation.

Other structural chromosome abnormalities do not result in gain or loss of any genetic material. Such rearrangements include inversions, which are caused by a two-break event and the end-to-end reversal of the intervening chromosomal segment; translocations, which result from the exchange of chromosome segments between two or more chromosomes; and insertions, which occur when a segment of one chromosome is translocated and inserted into a new region of the same chromosome, the other homolog, or a nonhomologous chromosome. These rearrangements may be pathogenic if a gene(s) is disrupted by a rearrangement breakpoint, a novel fusion gene product is formed, or a position effect is exerted on genes neighboring the rearrangement.

Compared with, for example, single-gene mutations, chromosome abnormalities often disrupt large numbers of developmentally important genes. Such imbalances may alter the dosage of genes expressed within the affected chromosomal segment, resulting in clinical consequences for the individual (see Table 1). Some imbalances result in a contiguous gene syndrome, in which multiple genes within the deleted or duplicated region are affected, each contributing a discrete clinical feature to the phenotype.1 Alternately, some chromosomal syndromes may be caused by a deletion or duplication of a single gene with pleiotropic effects. For most deletion syndromes, deletion causes haploinsufficiency of a gene or genes in the region, in which the remaining intact copy of the gene does not produce sufficient gene product for normal function. Haploinsufficiency for specific genes has been identified in several syndromes, including Williams syndrome, Langer–Giedion syndrome, Miller–Dieker syndrome, and DiGeorge/velocardiofacial syndrome.

Traditionally, chromosome abnormalities were identified by visual inspection of the chromosomes under a microscope. Each chromosome can be divided into bands, which are sections of a chromosome that can be distinguishable from adjacent sections by lighter or darker variations in intensity following one or more staining methods. The original reports of chromosome rearrangements were made prior to the development of these staining techniques. Thus, any rearrangements recognized under the microscope were either numeric or an altered segment of the chromosome large enough so that the affected homolog could be easily distinguished from the normal homolog based on the overall size of the chromosome.4,5 The development of banding techniques and high-resolution chromosome analysis enabled the detection of subtle rearrangements that affected one or a few chromosome bands. The use of molecular cytogenetic technologies, such as fluorescence in situ hybridization (FISH) and microarrays, has allowed for the identification of cryptic or submicroscopic imbalances, which are not visible under the light microscope (Figure 1). Numerous previously unrecognized microdeletion and microduplication syndromes have been identified by these molecular cytogenetic techniques.6–16

In 1986, Schmickel1 first described contiguous gene syndromes (CGS) as involvement of multiple genes located in close proximity to each other on a chromosome. This term has been refined over the years and expanded to include a group of disorders defined by a deletion or duplication of a chromosomal segment spanning more than one disease gene, each affecting the phenotype independently. CGS have been described for many disorders mapping to various chromosomes. Disorders now recognized as CGS often have subtle cytogenetic changes that cannot always be resolved with conventional cytogenetic methods. Molecular cytogenetics, specifically FISH and microarray analysis, has helped to characterize many CGS.

Terminal rearrangements

Of all cytogenetically visible structural abnormalities, the majority occur in the distal telomeric bands of the chromosomes.17 Telomeres are specialized protein-DNA structures at the ends of all linear chromosomes that play numerous important cellular roles, including the prevention of chromosome degradation and end-to-end chromosome fusions,18 as well as the proper pairing, recombination, and segregation of chromosome homologs during meiosis.19
### Table 1

<table>
<thead>
<tr>
<th>Microdeletion/microduplication syndrome</th>
<th>Common features</th>
<th>OMIM#</th>
<th>Gene/locus</th>
<th>Location</th>
<th>Size of aberration</th>
<th>Detection rate for deletion/duplication by microarray</th>
<th>References</th>
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<tbody>
<tr>
<td>1p36 microdeletion</td>
<td>Dysmorphic facial features (deep-set eyes, flat nasal bridge, asymmetric ears, and pointed chin), seizures, cardiomyopathy, developmental delay, and hearing impairment</td>
<td>607872</td>
<td>Multiple 1p36</td>
<td>Variable</td>
<td>~99% have a detectable deletion</td>
<td>Heistedt et al; Helistedt et al; Yu et al</td>
<td></td>
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<tr>
<td>1q21.1 microdeletion with susceptibility for thrombocytopenia-absent radius</td>
<td>Hypomegakaryocytic thrombocytopenia, upper extremity abnormalities ranging from bilateral absent radii to phocomelia; normal intellect</td>
<td>274000</td>
<td>Multiple 1q21.1</td>
<td>500 kb deletion mediated by LCRs</td>
<td>~99% have a detectable deletion</td>
<td>Klopocki et al</td>
<td></td>
</tr>
<tr>
<td>1q21.1 microdeletion with susceptibility to mental retardation, autism, or congenital anomalies</td>
<td>Mild to severe mental retardation, microcephaly, occasional congenital heart disease; schizophrenia</td>
<td>612474</td>
<td>Multiple 1q21.1</td>
<td>1.5 Mb deletion mediated by LCRs</td>
<td>~99% have a detectable deletion</td>
<td>International Schizophrenia Consortium; Stefansson et al; Branetti-Pierri et al; Mefford et al</td>
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<tr>
<td>3q29 microdeletion</td>
<td>Mild-to-moderate mental retardation, with only slightly dysmorphic facial features that are similar in most patients: a long and narrow face, short philtrum, and high nasal bridge</td>
<td>609425</td>
<td>Multiple 3q29</td>
<td>1.5 Mb deletion mediated by LCRs</td>
<td>~99% have a detectable deletion</td>
<td>Willatt et al</td>
<td></td>
</tr>
<tr>
<td>10q22.3q23.2 microdeletion</td>
<td>Learning disabilities, speech and language delay, mild developmental delays, mild dysmorphic features</td>
<td>N/A</td>
<td>Multiple 10q22.3q23.2</td>
<td>7.95 Mb deletion mediated by LCRs</td>
<td>~99% have a detectable deletion</td>
<td>Baloiuniene et al</td>
<td></td>
</tr>
<tr>
<td>15q11–15q13 microduplication</td>
<td>Autism, mental retardation, ataxia, and seizures</td>
<td>608636</td>
<td>Multiple 15q11–15q13</td>
<td>Duplications most commonly occur between BP3B-BP3B and BP4-BP5</td>
<td>~99% have interstitial duplications; precise detection rate of markers depends on size of duplicated region</td>
<td>Wang et al; Baioiuiniene et al</td>
<td></td>
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<tr>
<td>15q13.3 microdeletion</td>
<td>Mental retardation, epilepsy, and variable dysmorphism of the face and digits</td>
<td>612001</td>
<td>Multiple 15q13.3</td>
<td>Deletions occur between BP3–BP5, 3.95 Mb; BP4–BP5, 1.6 Mb</td>
<td>~99% have a detectable deletion</td>
<td>Sharp et al; Savotinek</td>
<td></td>
</tr>
<tr>
<td>15q24 microdeletion</td>
<td>Mild to moderate mental retardation, high anterior, hairline, downslanting palpebral fissures, long philtrum, digital abnormalities, genital abnormalities, loose connective tissue</td>
<td>N/A</td>
<td>Multiple 15q24.1q24.3</td>
<td>1.8 Mb deletion mediated by LCRs</td>
<td>~99% have a detectable deletion</td>
<td>Klopocki et al</td>
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<tr>
<td>16p11.2p12.2 microdeletion</td>
<td>Severe developmental delay; hypotonia; flat facies, downslanting palpebral fissures, posteriorly rotated ears</td>
<td>N/A</td>
<td>Multiple 16p11.2p12.2</td>
<td>7.1–8.4 Mb deletions mediated by LCRs</td>
<td>~99% have a detectable deletion</td>
<td>Ballif et al</td>
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(Continued)
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<tr>
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<tr>
<td>17q21.31 microdeletion</td>
<td>Mild to severe global developmental delay, childhood hypotonia, long face, tubular, or pear-shaped nose, bulbous nasal tip, friendly/amiable behavior</td>
<td>610443</td>
<td>Multiple 17q21.31</td>
<td>700 kb deletion mediated by LCRs</td>
<td>∼99% have a detectable deletion</td>
<td>Koolen et al.10-12</td>
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<tr>
<td>17q23.1q23.2 microdeletion</td>
<td>Speech delay, postnatal growth retardation, heart defects and hand, foot and limb abnormalities</td>
<td>N/A</td>
<td>Multiple 17q23.1q23.2</td>
<td>2.2–2.8 Mb deletions mediated by LCRs</td>
<td>∼99% have a detectable deletion</td>
<td>Ballif et al.107</td>
<td></td>
</tr>
<tr>
<td>22q11.2 distal microdeletion</td>
<td>Features mildly suggestive of DGS/VCFS, prematurity, prenatal and postnatal growth delay, developmental delay, and mild skeletal abnormalities</td>
<td>611867</td>
<td>Multiple 22q11.2</td>
<td>1.4 Mb–2.1 Mb deletion distal to the common 3Mb deletion of DGS/VCFS</td>
<td>∼99% have a detectable deletion</td>
<td>Ben-Shachar et al.108,109</td>
<td></td>
</tr>
<tr>
<td>22q11.21 microduplication</td>
<td>Failure to thrive, marked hypotonia, sleep apnea, and seizure-like episodes in infancy, delay of gross motor development with poor fine motor skills, velopharyngeal insufficiency, and a significant delay in language skills</td>
<td>608363</td>
<td>Multiple 22q11.21</td>
<td>3.0 Mb duplication</td>
<td>∼99% have a detectable duplication</td>
<td>Ensenauer et al.10,110–112</td>
<td></td>
</tr>
<tr>
<td>22q13.3 microdeletion</td>
<td>Neonatal hypotonia, global developmental delay, normal to accelerated growth, absent to severely delayed speech, autistic behavior, and minor dysmorphic features</td>
<td>606232</td>
<td>Multiple 22q13.3</td>
<td>130 kb deletion</td>
<td>∼99% have a detectable deletion</td>
<td>Phelan et al.10,113–115</td>
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<tr>
<td>Adrenal hypplasia congenita</td>
<td>A rare developmental disorder of the human adrenal cortex caused by deletion or mutation of the DAX-1 gene; hypogonadotropic hypogonadism is frequently associated with AHC</td>
<td>300200</td>
<td>NR0B1 Xp21.2</td>
<td>Generally part of a contiguous gene deletion with Duchenne muscular dystrophy and GK</td>
<td>∼18% have a detectable deletion in isolated AHC; ∼99% have a detectable deletion in AHC/GKD or AHC/GKD/DMD</td>
<td>Guo et al.116,117</td>
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<tr>
<td>Alagille</td>
<td>Chronic cholestasis caused by intrahepatic biliary hypoplasia, cardiac disease, skeletal abnormalities, and a characteristic facial phenotype</td>
<td>118450</td>
<td>JAG1 20p12.2</td>
<td>Variability in deletion size</td>
<td>3%–7% have a detectable deletion</td>
<td>Krantz et al.118,119</td>
<td></td>
</tr>
<tr>
<td>Angelman</td>
<td>Mental retardation, movement or balance disorder, characteristic abnormal behaviors, and severe limitations in speech and language</td>
<td>105830</td>
<td>UBE3A 15q11.2</td>
<td>Deletions spanning the segment between BP1 or BP2 to BP3 have been estimated at 6 Mb, although larger deletions occur</td>
<td>∼70% have a detectable deletion</td>
<td>Magenis et al.120,121</td>
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<tr>
<td>Beckwith-Wiedemann, IGF2-related</td>
<td>Exomphalos, macroglossia, and gigantism in the neonate; an omphalocoele or other umbilical abnormalities characteristic at birth</td>
<td>130650</td>
<td>IGF2 11p15.5</td>
<td>Duplications of IGF2 have been reported</td>
<td>Majority have paternal isodisomy or mutations not detectable by array CGH</td>
<td>Henri et al.122–124</td>
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<tr>
<td>Syndrome</td>
<td>Clinical Features</td>
<td>Chromosome</td>
<td>Genes/Loci</td>
<td>Deletion Size</td>
<td>Detection Rate</td>
<td>Reference(s)</td>
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<td>Cat eye</td>
<td>Coloboma of the iris, anal atresia with fistula, downslanting palpebral fissures, preauricular tags and/or pits, frequent occurrence of heart and renal malformations, and normal or near-normal mental development</td>
<td>22q11.1</td>
<td>PMP22</td>
<td>1.5 Mb</td>
<td>Precise detection rate unknown, although, the supernumerary marker chromosome is detectable by array CGH</td>
<td>Bartsch et al[125–127]</td>
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<tr>
<td>Charcot-Marie-Tooth Type 1A</td>
<td>Slowly progressive distal muscle wasting, weakness and decreased nerve conduction velocities; the age of onset of symptoms is variable</td>
<td>17p12</td>
<td>CHD7</td>
<td>2.3 Mb</td>
<td>~10% have a detectable deletion</td>
<td>Lupski et al[128, 129]</td>
<td></td>
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<tr>
<td>CHARGE</td>
<td>Coloboma of the eye, heart anomaly, atresia, choanal, retardation of mental and somatic development; microphthalmus; ear abnormalities and/or deafness; facial palsy, cleft palate, and dysplasia are commonly associated</td>
<td>8q12.2</td>
<td>HIRA, TBX1</td>
<td>3.0 Mb</td>
<td>&gt;95% have a detectable deletion</td>
<td>Vissers et al[130]</td>
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<tr>
<td>Cri du chat</td>
<td>High-pitched cat-like cry, microcephaly, round face, hypertelorism, micrognathia, epicanthal folds, low-set ears, hypotonia, and severe psychomotor and mental retardation</td>
<td>5p15.2</td>
<td></td>
<td>Size is variable and may be terminal, interstitial or whole arm deletions</td>
<td>~99% have a detectable deletion</td>
<td>Church et al[131–133]</td>
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<tr>
<td>DiGeorge 1/velocardiofacial</td>
<td>Hypocalcemia arising from parathyroid hypoplasia, thymic hypoplasia, and outflow tract defects of the heart; disturbance of cervical neural crest migration into the derivatives of the pharyngeal arches and pouches can account for the phenotype; many patients die due to cardiac complications or poor immune function</td>
<td>22q11.21</td>
<td>HIRA, TBX1</td>
<td>2.0 Mb</td>
<td>&gt;95% have a detectable deletion</td>
<td>Shaikh et al[134, 135]</td>
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<tr>
<td>DiGeorge 2</td>
<td>Features similar to DiGeorge 1, including mild mental retardation and slight dysmorphic features of the face, head, and skeletal system</td>
<td>10p14</td>
<td></td>
<td>2.0 Mb and has been reported both terminal and interstitial</td>
<td>&lt;1% have a detectable deletion</td>
<td>Berend et al[136, 137]</td>
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<tr>
<td>Duchenne muscular dystrophy</td>
<td>Progressive proximal muscular dystrophy with characteristic pseudohypertrophy of the calves; massive elevation of creatine kinase levels in the blood, myopathic changes by electromyography, and myofiber degeneration, with fibrosis and fatty infiltration on muscle biopsy, onset usually occurs before age three years, and the victim is usually wheelchair-ridden by age 12 and dead by age 20</td>
<td>Xp21.2–p21.1</td>
<td>DMD</td>
<td>Deletions are most often associated with a contiguous gene deletion including AHC and GK</td>
<td>Del Gaudio et al[138–140]</td>
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<td>Greig cephalopolysyndactyly</td>
<td>Polydactyly, macrocephaly, and hypertelorism; may be associated with cognitive deficits and abnormalities of the corpus callosum</td>
<td>175700</td>
<td>GLI3</td>
<td>7p14.1</td>
<td>Contiguous gene deletion with variable sizes from 151 kb to 10.6 Mb</td>
<td>∼30% have a detectable deletion</td>
<td>Johnston et al</td>
</tr>
<tr>
<td>Glycerol kinase deficiency</td>
<td>Mental retardation, growth retardation, elevated urinary glycerol and pseudo-hypertriglyceridemia</td>
<td>300474</td>
<td>GK</td>
<td>Xp21.2</td>
<td>Deletions are most often associated with a contiguous gene deletion including AHC and GK</td>
<td>Deletions uncommon; majority have mutations not detectable by array CGH</td>
<td>Sargent et al</td>
</tr>
<tr>
<td>Hereditary liability to pressure palsies</td>
<td>Recurrent episodes of truncular palsies</td>
<td>162500</td>
<td>PMP22</td>
<td>17p12</td>
<td>1.5 Mb deletion mediated by LCRs</td>
<td>∼99% have detectable deletion</td>
<td>Inoue et al</td>
</tr>
<tr>
<td>Kallmann I</td>
<td>Congenital, isolated, idiopathic hypogonadotropic hypogonadism and anosmia.</td>
<td>308700</td>
<td>KALI</td>
<td>Xp22.31</td>
<td>Isolated deletions are rare, often found as a contiguous gene deletion with steroid sulfatase deficiency</td>
<td>10%–12% have a detectable deletion</td>
<td>Ballabio et al</td>
</tr>
<tr>
<td>Langer–Giedion</td>
<td>Multiple dysmorphic facial features including large, laterally protruding ears, a bulbous nose, an elongated upper lip, as well as sparse scalp hair, winged scapulae, multiple cartilaginous exostoses, redundant skin, and mental retardation</td>
<td>150230</td>
<td>TRPSI</td>
<td>8q23.3</td>
<td>Contiguous gene deletion including TRPSI and EXT1</td>
<td>∼75% have a detectable deletion</td>
<td>Ludecke et al</td>
</tr>
<tr>
<td>Microphthalmia 7 with linear skin defects</td>
<td>Unilateral or bilateral microphthalmia and linear skin defects limited to the face and neck, consisting of areas of aplastic skin that heal with age to form hyperpigmented areas in affected females and in utero lethality for males</td>
<td>309801</td>
<td>Multiple</td>
<td>Xp22.2</td>
<td>Deletions are variable in size</td>
<td>Precise detection rate unknown, although majority of reported deletions are detectable by array CGH</td>
<td>Kayserili et al</td>
</tr>
<tr>
<td>Miller–Dieker/Lissencephaly I</td>
<td>Lissencephaly (pachygyria, incomplete or absent gyration of the cerebrum), microcephaly, wrinkled skin over the glabella and frontal suture, prominent occiput, narrow forehead, downward slanting palpebral fissures, small nose and chin, cardiac malformations, hypoplastic male external genitalia, growth retardation, and mental deficiency with seizures and electroencephalographic abnormalities. Life expectancy is grossly reduced, with death most often occurring during early childhood</td>
<td>247200</td>
<td>PAFAH1B1 (LIS1)</td>
<td>17p13.3</td>
<td>Contiguous gene deletion with a minimum size of 400 Kb</td>
<td>85%–90% have a detectable deletion</td>
<td>Dobyns et al</td>
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<tr>
<td>Disorder</td>
<td>Chromosome</td>
<td>Genes/LOC</td>
<td>Description</td>
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<tr>
<td><strong>Neurofibromatosis I/MR</strong></td>
<td>17q11.2</td>
<td>NFI</td>
<td>Variable facial dysmorphisms, mental retardation, developmental delay, and an excessive number of neurofibromas for age</td>
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<tr>
<td><strong>Pelizaeus–Merzbacher</strong></td>
<td>Xq22.2</td>
<td>PLP1</td>
<td>Nystagmus, spastic quadriplegia, ataxia, and developmental delay.</td>
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<tr>
<td><strong>Potocki–Lupski/17p11.2 microduplication</strong></td>
<td>17p11.2</td>
<td>Multiple</td>
<td>Infantile hypotonia, failure to thrive, mental retardation, autistic features, sleep apnea, and structural cardiovascular anomalies</td>
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<tr>
<td><strong>Potocki–Shaffer</strong></td>
<td>11p11.2</td>
<td>EXT2, ALX4</td>
<td>Mental retardation, biparietal foramina, minor facial anomalies, and multiple cartilaginous exostoses</td>
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<tr>
<td><strong>Prader–Willi</strong></td>
<td>15q11.2</td>
<td>SNRPN</td>
<td>Obesity, muscular hypotonia, mental retardation, short stature, hypogonadotropic hypogonadism, and small hands and feet; the face is characterized by a narrow bifrontal diameter, almond-shaped eyes (often in mild upslanted position), strabismus, full cheeks, and diminished mimic activity due to muscular hypotonia</td>
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<tr>
<td><strong>Retinoblastoma/MR</strong></td>
<td>13q14.2</td>
<td>RB1</td>
<td>Retinoblastoma is an embryonic tumor of the eye; variability in patients with interstitial deletions at 13q14. have been seen and may include retinoblastoma tumor as well as mental retardation, retnoblastoma without mental retardation, and no retinoblastoma.</td>
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<tr>
<td><strong>Rubinstein–Taybi</strong></td>
<td>16p13.3</td>
<td>CREBBP</td>
<td>Mental retardation, broad thumbs and toes, and facial abnormalities</td>
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<td><strong>Smith–Magenis</strong></td>
<td>17p11.2</td>
<td>RAI</td>
<td>Broad flat midface with brachycephaly, broad nasal bridge, brachydactyly, speech delay, and hoarse, deep voice; other common features include decreased or absent deep tendon reflexes, pes planus or pes cavus, decreased sensitivity to pain, and decreased leg muscle mass, suggestive of peripheral neuropathy; self-destructive behaviors, primarily onychotillomania and polyembolokilamania, and significant symptoms of sleep disturbance have been observed</td>
<td></td>
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</tbody>
</table>

*Continued*
<table>
<thead>
<tr>
<th>Microdeletion/microduplication syndrome</th>
<th>Common features</th>
<th>OMIM#</th>
<th>Gene/locus</th>
<th>Location</th>
<th>Size of aberration</th>
<th>Detection rate for deletion/duplication by microarray</th>
<th>References</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sotos</td>
<td>Excessively rapid growth, acromegalic features, and a nonprogressive cerebral disorder with mental retardation; high-arched palate and prominent jaw has been noted; bone age is advanced in most</td>
<td>117550</td>
<td>NSD1</td>
<td>5q35.3</td>
<td>Some cases are 2 Mb in size mediated by LCRs; however, there are some variable size deletions.</td>
<td>10%–40% have a detectable deletion depending upon ethnicity</td>
<td>Kurotaki et al. [10,172–174]</td>
</tr>
<tr>
<td>Steroid sulfatase deficiency</td>
<td>Steroid sulfatase deficiency causes an X-linked form of ichthyosis, and has a variable presentation characterized by dry, scaly skin, sparse hair and conical teeth in affected males</td>
<td>308100</td>
<td>STS</td>
<td>Xp22.31</td>
<td>Interstitial deletions of the STS gene</td>
<td>80%–90% have a detectable deletion</td>
<td>Ballabio et al. [175–178]</td>
</tr>
<tr>
<td>Trichorhinophalangeal Type I</td>
<td>Dysmorphic features include sparse scalp hair, a bulbous tip of the nose, a long flat philtrum, a thin upper vermilion border and protruding ears; skeletal abnormalities include cone-shaped epiphyses at the phalanges, hip malformations, and short stature</td>
<td>190350</td>
<td>TRPS1</td>
<td>8q23.3</td>
<td>Interstitial deletions of TRPS1 gene</td>
<td>&lt;20% have a detectable deletion</td>
<td>Momeni et al. [179,180]</td>
</tr>
<tr>
<td>WAGR</td>
<td>Wilms' tumor, aniridia, genitourinary abnormalities, and mental retardation</td>
<td>194072</td>
<td>PAX6</td>
<td>11p13</td>
<td>Contiguous gene deletion of PAX6 and WTI</td>
<td>~66% have a detectable deletion</td>
<td>Crolla et al. [181]</td>
</tr>
<tr>
<td>Williams–Beuren</td>
<td>Supravalvular aortic stenosis, multiple peripheral pulmonary arterial stenoses, effervece, mental and statural deficiency, characteristic dental malformation, and infantile hypercalcemia</td>
<td>194050</td>
<td>ELN</td>
<td>7q11.23</td>
<td>1.5 Mb</td>
<td>&gt;95% have a detectable deletion</td>
<td>Nickerson et al. [182,183]</td>
</tr>
<tr>
<td>Wilms tumor Type I</td>
<td>Wilms tumor 1 is part of a contiguous gene deletion syndrome, WAGR. Wilms tumor is one of the most common solid tumors of childhood, occurring in 1 in 10,000 children and accounting for 8% of childhood cancers</td>
<td>194070</td>
<td>WTI</td>
<td>11p13</td>
<td>25 bp, only detectable by FISH when part of the contiguous gene deletion, WAGR</td>
<td>Rare deletions unless associated with contiguous gene syndrome</td>
<td>Royer-Pokora et al. [183]</td>
</tr>
<tr>
<td>Wolf–Hirschhorn</td>
<td>Severe growth retardation and mental defect, microcephaly, “Greek helmet” facies, and closure defects, including cleft lip or palate, coloboma of the eye, and cardiac septal defects</td>
<td>194190</td>
<td>Multiple</td>
<td>4p16.3</td>
<td>Terminal and interstitial deletions of 4p with a critical region of 750 kb</td>
<td>95% have a detectable deletion</td>
<td>van Buggenhout et al. [184–186]</td>
</tr>
<tr>
<td>X-linked heterotaxy</td>
<td>Randomization of the placement of visceral organs, including the heart, lungs, liver, spleen, and stomach; the organs are oriented randomly with respect to the left-right axis and with respect to one another</td>
<td>306955</td>
<td>ZIC3</td>
<td>Xq26.3</td>
<td>Deletions detectable by FISH/array CGH are rare</td>
<td>Ferrero et al. [187,188]</td>
<td></td>
</tr>
</tbody>
</table>

Abbreviations: BWS, Beckwith–Wiedemann syndrome; LCR, low-copy repeat; AHC, adrenal hypoplasia congenita; GKD, glycerol kinase deficiency; DMD, Duchenne muscular dystrophy; WAGR, Wilms' tumor, aniridia, genitourinary abnormalities, and mental retardation; DGS/vCFS, DiGeorge/velocardiofacial syndrome; CGH, comparative genomic hybridization.
Telomeric DNA consists of tandem repeats of simple G-rich sequences that show remarkable conservation throughout eukaryotic evolution. All human chromosomes terminate with approximately 2–20 kb of the simple tandem repeat (TTAGGG)\textsuperscript{n}.\textsuperscript{20} Proximal to this telomeric repeat tract is a structurally complex region of subtelomeric DNA that can extend several hundred kb from the end of most chromosomes and has been shown to be highly polymorphic.\textsuperscript{21–24} Present on all but the short arms ofacrocentric chromosomes 13–15 and 21–22, the unique subtelomeric regions have elicited study because they are relatively gene-rich\textsuperscript{25,26} and are prone to rearrangement by a number of mechanisms.\textsuperscript{27,28} Thus, rearrangements of the subtelomeric regions have been suggested to represent a high proportion of abnormalities in individuals with idiopathic mental retardation and, because they are gene-rich, to result in more significant clinical consequences than similarly sized imbalances elsewhere in the genome.\textsuperscript{17,25,29}

Several clinically well recognized genetic disorders are associated with terminal deletions, including deletion of distal 5p associated with cri du chat syndrome\textsuperscript{2} and distal deletion of 4p associated with Wolf–Hirschhorn syndrome.\textsuperscript{5,30} Deletion of the distal band of the short arm of chromosome 1 (monosomy 1p36) is the most common terminal deletion syndrome, occurring in about 1 in 5000 newborns.\textsuperscript{7–9}

The development of sets of FISH probes for the simultaneous interrogation of all the unique human subtelomeres\textsuperscript{20,31,32} has allowed for the detection of submicroscopic chromosomal abnormalities in patients with idiopathic mental retardation but without features suggestive of a particular syndrome. The largest study of subtelomeric abnormalities to date examined 11,688 cases with subtelomere FISH and detected pathogenic abnormalities in 2.6%.\textsuperscript{33} Visible deletions of every telomeric band have been identified.\textsuperscript{11} Some of these abnormalities have been identified in a sufficiently large number of patients that the abnormality can be conclusively linked to the phenotype, which could in turn be delineated by comparison of clinical features among affected individuals.\textsuperscript{34,35} Other subtelomeric abnormalities have been identified in only one or a few patients and cannot be considered syndromic until a consistent collection of clinical features is delineated.

Because the distal G-negative bands of the unique chromosome arms are gene-rich,\textsuperscript{25} deletion or retention of this region may have profound clinical consequences in individuals with telomeric imbalances. Thus, accurate delineation of the nature of the imbalance, either terminal or interstitial, is crucial for diagnosis and prognosis. Recent large-scale prospective studies using microarrays show interstitial deletions are two to three times more frequent than terminal imbalances.\textsuperscript{36,37} Recently, Ballif et al\textsuperscript{38} characterized 169 cases with subtelomeric abnormalities identified by microarray analysis. Of these 169 cases, 42 had interstitial deletions. In addition, six (3.5%) individuals had complex rearrangements that showed deletions with duplications or additional deletions. The identification of complex rearrangements suggests chromosome abnormalities are often more complex than what was once thought.

**Recurrent abnormalities mediated by underlying genomic architecture**

Many recurrent chromosomal abnormalities are caused by nonallelic homologous recombination (NAHR) mediated by flanking segmental duplications.\textsuperscript{39–42} In NAHR, improper crossing-over between nonallelic, directly repeated, homologous segments (such as low-copy repeats) between sister chromatids (intrachromosomal) or between homologous chromosomes (interchromosomal) produces two reciprocal products, ie, a tandem or direct duplication and a deletion.

Such recurrent syndromes are termed “genomic disorders” and usually meet several criteria, ie, the rearrangement has breakpoints in flanking segmental duplications, the rearrangement is almost always de novo in affected individuals and is rarely seen in controls, and patients with the same
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Deletions of varying size may elucidate causative genes for syndromes

Because many chromosomal alterations are large and encompass numerous genes, the ascertainment of individuals with overlapping deletions and varying clinical features may allow researchers to narrow the region in which to search for candidate genes. For example, varying-sized deletions at Xp21 comprise a contiguous gene syndrome that encompasses seven disorders, ie, adrenal hypoplasia congenita, glycerol kinase, Duchenne muscular dystrophy, McLeod phenotype, chronic granulomatous disease, retinitis pigmentosa, and ornithine transcarbamylase deficiency. The first recognized patient with an Xp21 contiguous gene deletion was diagnosed with Duchenne muscular dystrophy associated with chronic granulomatous disease, retinitis pigmentosa, and McLeod phenotype. Molecular studies of subsequent individuals with varying-sized deletions at Xp21 and varying phenotypes allowed for the construction of a disease gene map and the identification of causative genes for each of these disorders.
Such an approach also allowed researchers to delineate the critical regions of trichorhinophalangeal syndrome type 1 and trichorhinophalangeal syndrome type 2, also known as Langer-Giedion syndrome. Langer–Giedion syndrome combines the features of trichorhinophalangeal syndrome type 1 and multiple exostoses type 1. The cytogenetic basis of Langer–Giedion syndrome was unknown until high-resolution banding identified interstitial deletions in the long arm of chromosome 8 in patients with this syndrome.\textsuperscript{82,83} and the location of the deletion was subsequently determined to be 8q24.1.\textsuperscript{84,85} Mapping of the deletion breakpoints in a cohort of Langer–Giedion syndrome patients showed that 75% have cytogenetically detectable deletions of 8q24.1.\textsuperscript{86} The identification of an individual with trichorhinophalangeal syndrome Type 1 but not exostoses and with a partial microdeletion of 8q23\textsuperscript{87} suggested that Langer–Giedion syndrome was caused by deletion of two or more genes, disruption of one of which results in trichorhinophalangeal syndrome Type 1 and disruption of the other of which results in multiple exostoses. Buhler et al\textsuperscript{88} concluded that the Langer–Giedion syndrome is due to a deletion extending from 8q24.11 to 8q24.13, whereas trichorhinophalangeal syndrome Type 1 is caused by an even smaller deleted segment, namely, 8q24.12. Thus, it was determined that Langer–Giedion syndrome, which combines features of trichorhinophalangeal syndrome Type 1 and multiple exostoses, is a contiguous gene syndrome caused by haploinsufficiency of both \textit{TRPS1} and \textit{EXT1}.\textsuperscript{89}

**Genotype-first approach to diagnosis**

Many of the recently identified syndromes have been identified through a genotype-first approach, rather than a typical phenotype-first approach.\textsuperscript{6} In the phenotype-first approach, the astute clinician would gather patients based on clinical presentation. This approach took many years to observe several rare individuals and develop a syndrome. The resulting syndromes had very consistent phenotypes among patients. In contrast, the genotype-first approach identifies patients with the same or overlapping genomic alterations and then describes the phenotypes observed. In this latter approach, the patients often display varying features, and in hindsight would not have been grouped based on clinical presentation alone.

Recently, microarrays designed to interrogate known segmental duplication “hotspots” of the genome have identified several previously unrecognized genomic disorders. Recurrent microdeletions of chromosome 10q22.3q23.3,\textsuperscript{90,91} 15q24,\textsuperscript{13–15} 16p11.2p12.2,\textsuperscript{16} 17q21.31,\textsuperscript{10–12} and 17q23.1q23.2\textsuperscript{92} have been identified in such a manner. In all cases, the majority of patients identified met the classical definition of a recurrent genomic disorder. The deletions were flanked by segmental duplications, the deletions were always apparently de novo in origin, and the patients had similar clinical features.\textsuperscript{41} However, the clinical features of these syndromes do not usually evoke a diagnostic Gestalt, which demonstrates the utility of the genotype-first approach in the absence of striking clinical features.

The genotype-first approach may also enable the identification of small deletions or duplications that reveal the causative genes for specific clinical features, which can aid diagnosis and prognosis. For example, researchers recently identified what is likely to be the causative gene for features of 2q32q33 microdeletion syndrome.\textsuperscript{92} Individuals with the syndrome have severe mental retardation, growth retardation, dysmorphic facial features, thin and sparse hair, feeding difficulties, and cleft or high palate. Although deletions of varying sizes have been reported, the smallest region deleted in all patients contains at least seven genes. One of these genes, \textit{SATB2}, is a DNA-binding protein that regulates how genes are expressed. Deletion of \textit{SATB2} has been suggested to cause the cleft or high palate of individuals with 2q32q33 microdeletion syndrome. The recent study identified three individuals with small deletions of this region, all of which spanned part of \textit{SATB2}. Common clinical features among these individuals included severe developmental delay, behavioral problems, and tooth abnormalities. Interestingly, only one of the individuals had a cleft palate. Because the individuals had a portion of only one gene missing and the presence of many of the features associated with the larger microdeletion syndrome, the study authors suggested deletion of \textit{SATB2} was sufficient to cause several of the clinical features associated with 2q32q33 microdeletion syndrome.\textsuperscript{92}

**Summary**

Chromosomal disorders are the most frequent cause of mental retardation and developmental disabilities in our population. The phenotypes are often complex, and the result of a gain or loss of multiple, dosage-sensitive genes in the altered segments. The characterization of these complex phenotypes with overlapping deletions has allowed for the identification of genes causing particular features of the syndrome. The use of high-resolution technologies, such as microarrays, has allowed for the identification of new syndromes through a genotype-first approach at an unprecedented frequency never before imagined through the
light microscope. Cytogenetics is no longer in its infancy, and has emerged a “new” genome science that, with the use of new technologies, has established the causes of mental retardation, developmental disabilities, and birth defects in our population.

**Disclosure**

A Theisen and LG Shaffer are employees of Signature Genomic Laboratories, a subsidiary of PerkinElmer.

**References**


