Profile of belatacept and its potential role in prevention of graft rejection following renal transplantation

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Abstract: The last several decades have witnessed a substantial decrease in the incidence of acute allograft rejection following kidney transplantation, although commensurate improvements in long-term graft function have not been realized. As a result, the primary focus of new immunosuppressive drug development has expanded to include ease of use and improved side effect profile, including reduced nephrotoxicity, in addition to the more traditional goal of improved short-term outcomes. A number of novel drugs are currently under investigation in Phase I, II, or III clinical trials, primarily to replace the nephrotoxic but highly effective calcineurin inhibitors. Belatacept is a humanized antibody that inhibits T cell costimulation and has shown encouraging results in multiple Phase II and III trials. This article reviews the mechanism of action of belatacept, as well as published and preliminary results of the Phase I–III clinical trials involving this novel immunosuppressive agent.

Keywords: kidney transplantation, T cell costimulation, immunosuppression, graft rejection, post-transplant lymphoproliferative disease

Introduction

Kidney transplantation is the treatment of choice for end-stage renal disease. A total of 292,427 kidney transplants were performed in the US by the end of 2009. The use of better donor–recipient selection algorithms, novel surgical techniques, and improved post-transplant care have all led to a significant improvement in short-term graft survival, which currently approaches 90% in the first year after transplant. However, the most significant impact in this improvement is the introduction of more potent immunosuppressive therapy. The goal of immunosuppressive therapy in renal transplantation is to minimize acute and chronic rejection while, at the same time, balancing these beneficial effects with their adverse effects, which include the development of increased cardiovascular risk factors, infections, and malignancies. Current immunosuppression strategies are primarily based on an induction regimen using a monoclonal or polyclonal antibody, followed by “maintenance immunosuppression” consisting of calcineurin inhibitors (cyclosporine or tacrolimus), an antiproliferative agent (mycophenolate mofetil), and low-dose corticosteroids (prednisone).

Unfortunately, improvement in short-term graft survival has not been reflected in improved long-term outcomes. Five-year graft survival continues to lag behind and is currently estimated to be approximately 72%. The primary causes of late allograft loss include chronic allograft dysfunction and death with a functioning graft. Chronic allograft dysfunction can result from multiple causes, including chronic immune-mediated injury, interstitial fibrosis, and tubular atrophy, as well as...
the chronic toxic effect of calcineurin inhibitors. Histologic data from protocol renal allograft biopsies demonstrated the presence of calcineurin inhibitor-induced nephrotoxicity in 50% of renal transplant recipients at two years and 100% at 10 years after transplant. Long-term mortality in the adult renal transplant recipient is also estimated to be nearly four times that of the general population. A large proportion of this decreased patient survival is secondary to an increased burden of cardiovascular disease and infections in renal transplant recipients. Calcineurin inhibitors have been associated with the development and worsening of hypertension and hyperlipidemia, as well as diabetes.

Various calcineurin inhibitor minimization and withdrawal strategies have been attempted, with mixed results. The use of mTOR (mammalian target of rapamycin) inhibitors (sirolimus and everolimus) for calcineurin inhibitor minimization/withdrawal has been hampered by an adverse side effect profile. Therefore, calcineurin inhibitors currently remain the cornerstone of maintenance immunosuppression in renal transplant recipients. By the end of 2007, close to 99% of renal transplant recipients were discharged on calcineurin inhibitors. The current trend in drug development is focused on preservation of long-term function and minimization of the adverse reactions of immunosuppressive drugs. Multiple small molecules and biologic agents are currently being studied. T cell costimulation blockade is a promising approach and is being intensively investigated since the development of belatacept. In this review we discuss the mechanism of action, preclinical and clinical data, and the side effect profile of belatacept.

**Mechanism of alloimmune recognition**

The ability of T cells to recognize nonself antigens is critical for an effective immune response. Antigen-presenting cells (dendritic cells, macrophages, and B cells) are specialized cells capable of activating T cells. To trigger an adequate alloimmune response, a series of pathways must be activated. All immunosuppressive agents in use today interfere with specific steps of these pathways. First, nonself or alloantigens are displayed by major histocompatibility complex (MHC) molecules on the surface of antigen-presenting cells (see Figure 1). “Signal 1” is transmitted when the MHC – allopeptide complex engages a specific T cell receptor, leading to initiation of the signaling process from the CD3 complex. This interaction leads to activation of several signal transduction pathways, including the calcium – calcineurin pathway, which activates the nuclear factor of activated T cell.

To amplify the T cell response further, “Signal 2” or “costimulation” must be transmitted (see Figure 1). This signal is mediated by the interaction of CD80 (B7.1) and CD86 (B7.2) on antigen-presenting cells with specific T cell receptors (CD28 and its homolog, CTLA4, on T cells). Belatacept, developed through fusion of CTLA4 with the Fc constant region of human immunoglobulin (Fcγ), blocks APC stimulation of T cell CD28, thereby inhibiting the immune response.

**Figure 1** T cell costimulation and mechanism of action for belatacept. “Signal 1” is delivered through the T cell receptor after presentation of allograft bound to MHC molecules on APCs. “Signal 2” or costimulation is initiated through the binding of CD80 and CD86 on APCs to CD28 and its homolog, CTLA4, on T cells. Belatacept, developed through fusion of CTLA4 with the Fc constant region of human immunoglobulin (Fcγ), blocks APC stimulation of T cell CD28, thereby inhibiting the immune response.

**Abbreviations:** APC, antigen-presenting cells; CTLA4, cytotoxic T lymphocyte-associated antigen 4; MHC, major histocompatibility complex.
Mechanism of action

Molecules that prevent T cell costimulation have emerged as promising immunomodulatory agents. CTLA4-Ig (abatacept) was the first molecule to be developed by fusion of the extracellular domain of CTLA4 with the constant region fragment (Fcγ) of human IgG1 to increase its serum half-life.21 Given the higher affinity of CTLA4 for CD80/86, CTLA4-Ig should theoretically block antigen-presenting cell stimulation of T cells through CD82, thereby terminating the immune response (see Figure 1). However, the Fcγ region can independently bind to multiple receptors that modulate immune responses, including antibody-dependent cellular cytotoxicity and complement-dependent cytotoxicity. Thus, in abatacept, a series of directed cysteine to serine mutations were introduced in the hinge region to reduce this Fc-mediated binding.21 Although abatacept proved to be highly efficacious for autoimmune T cell-mediated autoimmune disorders, such as rheumatoid arthritis and psoriasis, it was found to be an inadequate maintenance immunosuppressive agent in nonhuman primate models of transplantation.22–24 Studies into potential reasons for this disconnect found that although CTLA4 binds with a much higher avidity to CD80 and CD86 than does CD28, CTLA4-Ig was significantly less potent at inhibiting CD86-dependent as opposed to CD80-dependent costimulation.25

Thus, it was reasoned that a CTLA4-Ig protein with a higher avidity for CD86 could be developed. Using a rational mutagenesis and screening strategy, a daughter molecule, LEA29Y (belatacept, Bristol-Myers Squibb, New York, NY, USA), with two amino acid substitutions (L104->E and A29->Y), was developed.26 Belatacept was found to bind four times more avidly to CD86 and two times more avidly to CD80 than the parent compound, abatacept. This improved binding results in an approximately 10-fold more potent inhibition of T cell activation.26 Flow cytometric studies in renal transplant patients have demonstrated that belatacept saturates both CD80 and CD86 receptors in whole blood and dendritic cell cultures, although the belatacept concentrations required for CD86 receptor saturation were approximately 10-fold higher than those required for CD80 saturation.27 In a study published only in abstract form, Davis et al reported that, like abatacept, belatacept did not mediate antibody-dependent cellular cytotoxicity or complement-dependent cytotoxicity of target B cells through its Fc domain. These findings suggest that the immunomodulatory activity is mediated predominantly through inhibition of CD28 signaling.28

In humans, CD4+ CD25+ regulatory T cells (Tregs) constitute 5%–15% of peripheral CD4+ T cells, and are surmised to have an important suppressive role in the pathologic immune responses after transplantation.29 The fork head transcription factor, FOXP3, is essential for the development of Tregs. Interleukin-2 and CD28 costimulation has been shown to be an essential survival factor for Tregs.30 Thus, drugs that target these pathways could have a potentially deleterious effect on Treg survival.31 Reassuringly, data from a Phase II belatacept renal transplant study showed that costimulation blockade did not interfere with Treg homeostasis. The authors presented several hypotheses as to why Treg homeostasis was not altered by belatacept, including the possibility that human Tregs might not be as sensitive to CD28 costimulation blockade as mouse Tregs; that allotransplantation could result in the development of CD28-independent adaptive Tregs; that other costimulatory molecules, like CD2, could function as a substitute for the CD28 pathway; and, finally, that long-term intermittent dosing of belatacept could have a subsaturating effect on CD86, allowing Tregs to receive sufficient CD28 signaling in order to maintain their survival. A significant increase in intragraft FOXP3+ T cells was also noted in belatacept-treated patients. The authors surmised that this may lead to better resolution of graft rejection episodes and potentially promote tolerance.32 The number of patients was too small, however, to evaluate the impact of this finding on overall graft survival.

Maintenance immunosuppressant in renal transplantation

Preclinical trials

Various in vitro and in vivo studies have examined the efficacy of combined CD80/86 blockade. Vierboom et al showed that a combination of anti-CD80 and anti-CD86 monoclonal antibodies resulted in a complete abrogation of the primary alloimmune response among peripheral mononuclear blood cells obtained from Rhesus monkeys.33 In an animal model, Kirk et al demonstrated that administration of anti-CD80 and anti-CD86 monoclonal antibodies resulted in a delayed onset of acute allograft rejection without global T cell or B cell depletion. However, although treatment with monoclonal antibodies alone (without other immunosuppressive drugs) was sufficient to maintain graft survival, rejection occurred as soon as the treatment ceased, suggesting that the therapy was not tolerogenic.34 Montgomery et al showed a greater rejection-free survival rate but a lack of durable tolerance with combination anti-CD80, anti-CD86, and anti-CD154 monoclonal antibodies.35 In a study on human and pig peripheral mononuclear blood cells, Emamuel et al showed that both belatacept and basiliximab, either as
monotherapy or as combination therapy, potently inhibited allogeneic immune responses.\(^{36}\)

Table 1 lists the results of various animal studies examining the use of belatacept in solid organ transplantation. In a nonhuman primate model, Larsen et al’s landmark study demonstrated that belatacept monotherapy was inferior to combination therapy with belatacept and conventional immunosuppressive drugs in preventing allograft rejection.\(^{26}\) Importantly, belatacept did prevent development of donor-specific antibodies, which is a major contributor to chronic allograft loss in clinical settings.\(^{37}\)

**Clinical trials**

Table 2 lists the ongoing and completed clinical trials investigating the use of belatacept in renal transplantation. The first clinical trial on the use of belatacept in renal transplantation was a Phase II noninferiority trial comparing the efficacy of belatacept with cyclosporine for prevention of acute rejection at six months post-transplant.\(^{38}\) In a partially blinded, parallel group, multicenter study, the Belatacept Study Group randomized 218 renal transplant recipients to receive a more intensive (11 infusions of 10 mg/kg over the first six months, followed by 5 mg/kg every 4–8 weeks) belatacept regimen or cyclosporine. Belatacept was administered as a 30-minute intravenous infusion. All patients also received mycophenolate mofetil and corticosteroids as maintenance immunosuppression and induction with basiliximab. At six months, the incidence of acute rejection was similar in all three groups, being 7%, 6%, and 8% in the tacrolimus + mycophenolate mofetil group and 2/26 patients in the belatacept arm. At the end of 12 months, 2/33 patients in the belatacept + mycophenolate mofetil group and 2/26 patients in the belatacept + sirolimus group had lost their allograft compared with none in the tacrolimus + mycophenolate mofetil group. The authors concluded that use of belatacept in renal transplant recipients may enable calcineurin inhibitor and corticosteroid avoidance, with acceptable rates of acute rejection and improved glomerular filtration rate, although graft loss remains a concern.\(^{39}\)

**BENEFIT** (Belatacept Evaluation of Nephroprotection and Efficacy as First line Immunosuppression Trial) is a three-year, Phase III clinical trial that randomized patients to three groups, ie, cyclosporine (n = 231), less intensive belatacept (n = 231), and more intensive belatacept (n = 225). Patients received induction with basiliximab and were maintained on mycophenolate mofetil and corticosteroids. Based

### Table 1 Animal studies of belatacept in solid organ transplantation

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<th>Animal model</th>
<th>Transplant organ</th>
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<td>Rhesus monkey(^{36})</td>
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<td>Belatacept monotherapy</td>
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<td>Belatacept/anti-CD40</td>
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<td>Rhesus monkey(^{32})</td>
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<td></td>
<td>Adult islet xenograft</td>
<td>Basiliximab + anti-CD154 induction; belatacept + sirolimus</td>
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**Abbreviation:** MMF, mycophenolate mofetil.
Upon the results published so far, patient and graft survival are similar across the three groups at both one year (96% more intensive belatacept; 96% less intensive belatacept; and 93% cyclosporine) and two years (94% more intensive belatacept; 96% less intensive belatacept; and 93% cyclosporine) across the three groups. Renal function was statistically superior for more intensive belatacept versus cyclosporine (52 mL/min more intensive belatacept; 45 mL/min cyclosporine) but not for less intensive belatacept (50 mL/min) versus cyclosporine. Surprisingly, the incidence of chronic allograft nephropathy was similar (45% more intensive belatacept; 46% less intensive belatacept; 52% cyclosporine) across the three groups. The recently reported two-year results echo the findings of the first year of the study, although only 64% of the originally enrolled subjects completed the study.\(^\text{43}\) In the abstract, the authors conclude that the more intensive belatacept regimen does not confer any additional efficacy over the less intensive regimen. Based upon current data, it seems likely that BENEFIT-EXT might not meet its primary endpoint of better graft survival with belatacept therapy at the end of the three-year study period. Encouragingly, though, diabetes and cardiovascular risk factors were lower in the belatacept-treated patients.

Based upon an interim report, another Phase II study is being conducted in stable renal transplant recipients maintained on calcineurin inhibitor-based regimens. Patients 6–36 months post-transplantation (n = 173) with glomerular filtration rates of 35–75 mL/min were randomized to either belatacept 5 mg/kg (less intensive) or continued treatment with a calcineurin inhibitor. Seven percent of the belatacept-treated patients had acute rejection compared with none in the calcineurin inhibitor group. Although patient and graft survival remained similar in both groups, glomerular filtration rate improved significantly in the belatacept group at the end of 12 months.\(^\text{44}\)

A systematic review of randomized controlled trials was recently presented at the 2010 International Congress of The
Transplantation Society meeting. Based upon the report, patients treated with belatacept had a 69% lower chance of dying compared with those treated with tacrolimus. The odds ratios (ORs) of graft loss with belatacept were not statistically different relative to cyclosporine (OR = 0.70, 95% credible interval 0.32–1.50) or tacrolimus (OR = 0.82, credible interval 0.35–1.84), although acute rejection odds were significantly higher (OR = 2.61, credible interval 1.29–4.91) relative to tacrolimus. The odds of development of new-onset diabetes after transplantation were significantly lower (OR = 0.19, credible interval 0.08–0.42) with belatacept compared with both calcineurin inhibitors.

Multiple other trials, including the use of belatacept along with various agents like sirolimus and alemtuzumab, are currently in progress. Because tacrolimus has largely replaced cyclosporine as the calcineurin inhibitor of choice, trials comparing tacrolimus with belatacept would be crucial in confirming the results presented above. Ashman et al reported successful use of belatacept as maintenance immunosuppression in a young kidney transplant patient who developed de novo thrombotic microangiopathy serially in association with cyclosporine, tacrolimus, and sirolimus. A compassionate use study to make belatacept available for renal transplant recipients who are intolerant to or having contraindications to calcineurin inhibitors and/or mTOR inhibitors is currently enrolling patients.

**Adverse reactions**

In human studies, belatacept appears to have predictable pharmacokinetics. No definitive relationship, however, has been established between belatacept serum concentration and the risk of acute rejection. A pooled analysis of 1425 intent-to-treat patients (more intensive belatacept, n = 477; less intensive belatacept, n = 472; cyclosporine, n = 476) with a median follow-up of 2.4 years demonstrated that the incidences of serious adverse events were comparable in all three groups. The overall incidence of malignancies was slightly higher in the more intensive belatacept group (10% more intensive belatacept; 6% less intensive belatacept; 7% cyclosporine). A total of 15 cases of post-transplant lymphoproliferative disease, including eight cases involving the central nervous system, were reported. Of these post-transplant lymphoproliferative disease cases, eight occurred on more intensive belatacept, five on less intensive belatacept, and two on cyclosporine. Six of eight central nervous system post-transplant lymphoproliferative disease cases were reported from the more intensive belatacept group and in two of eight from the less intensive belatacept group.

EBV seronegative status was found to be the strongest risk factor. Although rates of polyomavirus infections were similar, herpes virus infections were higher in the belatacept groups. The incidence of death and serious infections was lowest in the less intensive belatacept group.

Vincenti et al recently published the five-year safety data of their initial Phase II study. Belatacept-treated patients did not have a higher frequency of serious infections or post-transplant lymphoproliferative disease compared with cyclosporine. Serious cardiac disorders occurred more frequently with cyclosporine (2% for belatacept versus 12% for cyclosporine). Haidinger et al reported a renal transplant recipient on belatacept who developed fatal Pneumocystis jiroveci pneumonia four years post-transplant. Cyto-megalovirus infection preceded the pneumonia, illustrating that excessive immunosuppression can result, even with a lymphocyte-specific regimen.

**Conclusion**

Belatacept, a selective T cell costimulation blocker, is a promising new therapy for maintenance immunosuppression among renal transplant recipients. It was originally anticipated that costimulation blockade would be successful in achieving immunologic allograft tolerance, but based upon current data this does not appear to be the case. Thus, the new paradigm revolves around the use of belatacept (among other molecules) for avoidance of calcineurin inhibitor nephrotoxicity and minimization of long-term cardiovascular and metabolic side effects. One main limitation of this medication is that administration requires an intravenous infusion. Although scheduled monthly infusions might improve compliance among a certain patient subset, eg, children, most mobile patients and those in remote locations could find themselves unable to adhere to such therapy. Furthermore, because the drug has a long half-life of 8–10 days, it might be difficult to dose patients battling with life-threatening infections appropriately. Owing to concerns about an increased post-transplant lymphoproliferative disease risk in EBV seronegative patients, current belatacept trial protocols have now been modified to enroll EBV seropositive patients only. Unfortunately, this exclusion will complicate the introduction of this drug for young patients, who might derive the maximum long-term benefit from non-nephrotoxic regimens. On a positive note, animal and human studies have demonstrated that the use of belatacept can lead to better renal function, along with a lower incidence of diabetes and cardiovascular risk factors. Although acute rejection seems to be more frequent with belatacept, so far there are no data to suggest that
long-term renal allograft survival is shortened. Of course, the observed benefits in renal function as measured by calculated glomerular filtration rate will need to be confirmed using hard endpoints, including patient and allograft survival.

Disclosure
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References