

Progression rate of total, and upper and lower visual field defects in open-angle glaucoma patients

Takeo Fukuchi
Takaiko Yoshino
Hideko Sawada
Masaaki Seki
Tetsuya Togano
Takayuki Tanaka
Jun Ueda
Haruki Abe

Division of Ophthalmology
and Visual Science, Graduated School
of Medical and Dental Sciences,
Niigata University, Niigata, Japan

Purpose: We evaluated the progression rate of total, and upper and lower visual field defects in treated open-angle glaucoma patients.

Patients and methods: This study was a retrospective, nonrandomized, comparative study. Five-hundred forty-four eyes from 315 Japanese open-angle glaucoma patients were examined. The mean deviation (MD) and total deviation (TD) for both the upper and lower slopes on the Humphrey Field Analyzer were calculated and compared in high-tension glaucoma (>21 mmHg) and normal-tension glaucoma (≤ 21 mmHg).

Results: Patients with over -20 dB of MD and over -23 dB of upper or lower TD were enrolled into each analysis. Patients with -7.75 ± 5.30 (mean \pm standard deviation) dB of MD, -9.16 ± 10.80 dB of upper TD, or -7.11 ± 6.02 dB of lower TD were followed up for 4–19 years. The mean MD slope was -0.41 ± 0.50 dB/year, the upper TD slope was -0.46 ± 0.65 dB/year, and the lower TD slope was -0.32 ± 0.53 dB/year. Comparing high-tension glaucoma and normal-tension glaucoma, the upper TD slope was similar for both types of glaucoma, but the MD and lower TD slopes in high-tension glaucoma were significantly lower than those in normal-tension glaucoma.

Conclusions: The progression rates in lower visual field defects in high-tension glaucoma might be faster than those in normal-tension glaucoma. The results of this study might be used to predict the prognosis of visual field defects, as well as the quality of vision in patients with open-angle glaucoma.

Keywords: open-angle glaucoma, visual field defects, progression rate, primary open-angle glaucoma, normal-tension glaucoma

Introduction

Glaucoma is one of the leading causes of acquired blindness worldwide.^{1,2} A lot of clinical trials have confirmed the importance of intraocular pressure (IOP) in the development of open-angle glaucoma and its progression. These studies have shown that IOP reduction lessens the risk of development and progression of open-angle glaucoma.^{3–14} In the Ocular Hypertension Treatment Study (OHTS),^{3,4} the mean reduction of IOP in the treated group was $22.5\% \pm 9.9\%$ (mean \pm standard deviation [SD]). The IOP decreased by $4.0\% \pm 11.6\%$ in the observation group. Treatment to reduce IOP also reduced the progression of clinically manifest glaucoma from 62% to 45% in the Early Manifest Glaucoma Trial (EMGT),^{5–7} and from 27% to 12% in the Collaborative Normal Tension Glaucoma Study (CNTGS).^{8–10} In addition, these multicenter trials identified various clinical factors related to both the onset or progression of glaucoma.

Correspondence: Takeo Fukuchi
Division of Ophthalmology and Visual
Science, Graduated School of Medical
and Dental Sciences, Niigata University,
1-757 Asahimachi-dori, Niigata, Niigata
951-8510, Japan
Tel +81 25 227 2296
Fax +81 25 227 0785
Email tfuku@med.niigata-u.ac.jp

However, the pathogenesis of glaucomatous optic neuropathy and its long-term progression are still unknown.

Patients with open-angle glaucoma, primary open-angle glaucoma, and normal-tension glaucoma require management and follow-up in the long term, and essentially for a lifetime. Thus, with longer-term follow-up, we can understand more about the disease course of open-angle glaucoma. The treatment for glaucoma, ie, lowering of IOP, is not free from risk.^{15,16} We have to achieve a balance between treatment intensity and disease severity, such as stage of glaucoma, life expectancy, and rate of progression. Over two decades have passed since standard automated perimetry was introduced into clinical practice for the management and monitoring of glaucoma. A lot of clinical data from glaucomatous patients have been accumulated using standard automated perimetry. The results of multicenter trials have set a number of different criteria and scoring methods to evaluate progression of glaucomatous visual field defects.^{3–14,17–31} When the visual field defect crossed the criteria or the scores increased, it was judged as progression. We can therefore understand the prevalence of progressive cases. Although there are rare cases of rapid progression, open-angle glaucoma progresses slowly, but exactly, as seen in careful examination over a 10-year period in general.⁹ The progression rate of visual field defects should be known so that advances in the management and treatment of open-angle glaucoma can be evaluated.

The primary purpose of treatment for glaucoma is to maintain the patient's quality of life and quality of vision. The severity of the condition of the visual field should be

calculated in each patient and the expected progressive rate of the visual field defects. Glaucomatous visual field has a character to change by upper and lower segments independently. We have been able to analyze the area and progression of visual field defects by total fields as well as by upper and lower visual fields separately. From the standpoints of quality of life and quality of vision, the lower visual field is more susceptible to subjective symptoms.^{32–35} When we evaluate the severity and the progression of the glaucomatous visual field defects, we have to precede the lower visual field.

In this study we evaluated the progression rate of the total as well as the upper and lower visual field defects separately from a series of standard automated perimetry results of open-angle glaucoma patients who had been managed and followed up in the middle to long term for up to 19 years. Furthermore, we classified open-angle glaucoma into higher and lower IOP groups and compared these two groups.

Patients and methods

Patient selection

A total of 323 open-angle glaucoma patients (544 eyes) from the Ophthalmology Clinic at the Niigata University Medical and Dental Hospital were recruited according to the following inclusion and exclusion criteria. Overall profiles of the patients are shown in Table 1. We separated open-angle glaucoma patients into two groups according to their maximum IOP, ie, high-tension glaucoma (> 21 mmHg) and normal-tension glaucoma (≤ 21 mmHg).

Table 1 The profiles of the patients enrolled into the study

	OAG	HTG	NTG	P
Patients (eyes/cases)	544/325	265 /154	279/171	
Bilateral/unilateral (cases)	219/106	111/43	108/63	
OD/OS (eyes)	273/271	138/127	135/144	
Gender				
Male (eyes/cases)	236/141	132/77	104/64	
Female (eyes/cases)	308/184	133/77	175/107	
Age (years)	57.2 \pm 11.3 (30–79)	57.1 \pm 11.3 (33–79)	57.3 \pm 10.7 (30–79)	0.9974
Follow-up duration (years)	8.78 \pm 4.01 (4–19)	8.78 \pm 4.01 (4–18)	9.06 \pm 3.71 (4–19)	0.0526
Initial MD (dB)	–9.50 \pm 8.75 (–0.01 to –31.7)	–10.46 \pm 8.75 (–0.03 to –31.7)	–8.59 \pm 6.12 (–0.01 to –27.1)	0.0326
Initial upper TD (dB)	–11.80 \pm 9.35 (–0.18 to –30.95)	–12.54 \pm 9.35 (–0.18 to –30.95)	–11.09 \pm 8.30 (–0.43 to –28.9)	0.0464
Initial lower TD (dB)	–8.35 \pm 9.73 (–0.97 to –31.12)	–9.28 \pm 9.73 (–0.97 to –31.12)	–7.46 \pm 6.52 (–0.97 to –30.55)	0.0932

Note: By Mann–Whitney's U-test.

Abbreviations: OAG, open-angle glaucoma; HTG, high-tension glaucoma; NTG, normal-tension glaucoma; MD, mean deviation; TD, total deviation.

Inclusion criteria

- A diagnosis of primary open-angle glaucoma or normal-tension glaucoma based on clinical examinations by slit lamp, optic disc, and visual field with the normal anterior chamber angle. Clinical diagnosis of each glaucoma type was according to the guidelines of the European Glaucoma Society³⁶ and the Japan Glaucoma Society³⁷
- Ages at the initial examination between 30 and 80 years
- Follow-up for at least four years with reliable (fix loss, pseudopositive, and negative, less than 30%) results at least five times by the Humphrey Field Analyzer (Carl Zeiss Medthec Inc., Dublin, CA) using the Full-Threshold 30-2 program
- Reproducible glaucomatous visual field defects by Anderson and Patella's criteria³⁸ and mean deviation (MD) 0 dB or lower both at the initial and final examinations.

When glaucoma surgery was performed, follow-up was ended or started at that time point. A longer duration of follow-up either before or after surgery was chosen for this study as following the same criteria. Cataract surgery was permitted, but if the IOP or visual field changed significantly before or after the surgery, we used the same approach as for the glaucoma surgery.

Exclusion criteria

- Refractive errors (spherical equivalent power less than -6 D or more than +6 D)
- Corrected visual acuity under 20/40
- Combination with cataract, which possibly influences the visual acuity and visual field. Eyes with reduction of three or more steps in corrected visual acuity due to cataract progression were excluded
- Overlap of other types of glaucoma, such as primary angle-closure glaucoma, pseudoexfoliation glaucoma, and steroid-induced glaucoma. Cases with a shallow anterior chamber under Grade 2 or a van Herick's or Shaffer's classification were excluded
- Combination of congenital optic disc anomalies (tilted disc syndrome, optic nerve hypoplasia, optic disc pit, or coloboma) or retinal diseases (diabetic retinopathy, retinal vein or artery occlusion, acquired macular degeneration, central serous chorioretinopathy)
- Possibility of other optic nerve disease (eg, optic neuritis, anterior ischemic optic neuropathy)
- Intracranial lesions or trauma possibly associated with visual field defects.

Study visit

Patients were observed every three months. The study visits included IOP measurements with the Goldmann Applanation Tonometer. Perimetry was performed with the Humphrey Field Analyzer using the Full-Threshold 30-2 program at least once a year. Patients also underwent best-corrected visual acuity measurements and a standard eye examination including slit-lamp and ophthalmoscopic examinations.

Analysis of visual field

The progressive rate of the total visual field defect was evaluated by the MS slope on the Humphrey Field Analyzer. Those of the upper and lower visual field defects were also evaluated using the upper and lower total deviation slopes (upper TD slope and lower TD slope). A linear regression analysis was performed by a Windows-based PC program, HfaFiles ver.5 (Beeline Office Co., Tokyo), to calculate the MD slope, and the upper and lower TD slope. The first two or three visual field results were excluded in order to minimize learning effects. No reliable, unexpected, or unreasonable results were excluded. From our preliminary study using the same patients, the MD slope as well as the TD slope might not be suitable for the analysis of the progressive rates in cases with severe visual field defects. Thus, we excluded eyes with an initial MD under -20 dB and an initial upper or lower TD under -23 dB from each examination.

Visual field progression

Progression analysis for glaucomatous visual field using a statistical linear regression analysis has been called trend-type analysis.³⁹ In eyes associated with a significant negative correlation against time progress statistically, it is decided as progression in this system. So when the eyes had a negative value (<0 dB/year) for MD slope, and upper or lower TD slope, and a P value under 5%, in the study they were eyes with statistically significant progression. The cases were included in the group of "statistical progression" in this study. The exact evaluation using the trend-type analysis requires more visual field examinations in the longer term than that of the event analysis. If the visual field results were too variable, it was often hard to evaluate as statistically significant progression, even with long-term follow-up or rapid progression. Thus, we set different criteria for the progression, ie, "rapid progression" for the MD slope, and upper or lower TD slope under -1.0 dB/year, and "moderate progression" for those under -0.5 dB/year.

Statistical analysis

The Chi-square test was used for the comparison of gender, sides affected, and prevalence of “statistical progression”, “rapid progression”, or “moderate progression” between high-tension glaucoma and normal-tension glaucoma. Mean age, follow-up duration, follow-up IOP, MD, upper and lower TD at initial examination, MD slope, and upper and lower TD slope were compared between high-tension glaucoma and normal-tension glaucoma using the Mann–Whitney *U*-test.

Results

Finally, 485 eyes from 305 cases for the MD slope, 458 eyes from 293 cases for the upper TD slope, and 510 eyes from 302 cases for the lower TD slope were enrolled in the analysis from the initial 544 eyes from 325 cases with open-angle glaucoma (Tables 2, 3, and 4). Although the initial MD was -7.75 ± 5.30 (mean \pm SD) dB at 57.3 ± 10.8 years, the visual field defects progressed with -0.41 ± 0.50 dB/year of the MD slope during 8.91 ± 3.80 years of follow-up. The initial upper TD was -9.16 ± 10.8 dB and the upper TD slope was -0.46 ± 0.65 dB/year. Instead, the lower TD slope was -0.32 ± 0.53 dB/year during 8.80 ± 3.77 years of follow-up from -7.11 ± 6.02 dB of the initial lower TD.

The frequency distribution of the MD slope for high-tension glaucoma and normal-tension glaucoma is shown in Figure 1A. In both the high-tension glaucoma and normal-tension glaucoma groups, eyes with an MD slope between 0 and -0.5 dB/year were seen most frequently. The frequency of an MD slope between 0 and -0.5 dB/year was greater in normal-tension glaucoma than in high-tension glaucoma. In the cases studied for MD slope evaluation, the mean

follow-up term; initial age; initial MD; MD slope; and number of eyes with statistical progression, rapid progression, or moderate progression in open-angle glaucoma, high-tension glaucoma, and normal-tension glaucoma are shown in Table 2. There was no statistically significant difference in mean follow-up duration and initial MD between high-tension and normal-tension glaucoma. The prevalence of statistical progression was similar between the two groups. However, the mean MD slope was lower and there were more eyes with moderate or rapid progression in the high-tension glaucoma group than in the normal-tension glaucoma group.

The frequency distribution of the upper TD slope with high-tension and normal-tension glaucoma is shown in Figure 1B. The upper TD slope was from over 0.5dB/year to under -3 dB/year, so it was distributed in a wider range than for those of the MD slope and lower TD slope. Comparing the MD slope and the lower TD slope, it was significant that the frequency of the upper TD slope was greater in normal-tension glaucoma (from -1.0 to -2.0 dB/year) than in high-tension glaucoma (Table 3). For the upper TD slope, the results for mean follow-up duration, initial upper TD, TD slope, and the prevalence of statistical progression, rapid progression, and moderate progression were quite similar between high-tension glaucoma and normal-tension glaucoma.

The frequency distribution of the lower TD slope is presented in Figure 1C. Distribution of the lower TD slope was quite similar to that of the MD slope. As with the MD slope, there were no statistical differences in the mean follow-up term and initial lower TD between high-tension glaucoma

Table 2 The profiles of the patients enrolled into mean deviation (MD) slope analysis and the results. (mean \pm standard deviation and range)

MD slope	OAG	HTG	NTG	P
Patient (eyes/cases)	485/305	221/131	264/174	
Age at initial examination (years)	57.3 ± 10.8 (30–79)	57.4 ± 10.8 (33–79)	57.3 ± 10.8 (30–79)	0.7089 ¹
Follow-up term (years)	8.91 ± 3.80 (4–19)	8.60 ± 3.86 (4–18)	9.17 ± 3.73 (4–19)	0.0646 ¹
Initial MD (dB)	-7.75 ± 5.30 (-0.03 to -19.80)	-7.65 ± 5.21 (-0.03 to -19.41)	-7.83 ± 5.37 (-0.01 to -19.80)	0.7894 ¹
Follow-up IOP (mmHg)	15.1 ± 2.73 (7.4–24.2)	16.9 ± 2.56 (8.2–24.2)	13.6 ± 1.80 (7.4–17.7)	0.0000 ¹
MD slope (dB/year)	-0.41 ± 0.50 (+1.05 to -2.42)	-0.49 ± 0.59 (+1.05 to -2.42)	-0.35 ± 0.41 (+0.59 to -1.96)	0.0329 ¹
Significant progression (eyes)	227 (46.8%)	97 (43.9%)	130 (49.2%)	0.2395 ²
Moderate progression (≤ -0.5 dB/year, eyes)	166 (34.2%)	89 (40.2%)	78 (29.5%)	0.0133 ²
Rapid progression (≤ -1.0 dB/year, eyes)	52 (10.7%)	35 (15.8%)	19 (7.1%)	0.0026 ²

Notes: ¹By Mann–Whitney’s *U*-test; ²By Chi-square test.

Abbreviations: OAG, open-angle glaucoma; HTG, high-tension glaucoma; NTG, normal-tension glaucoma; MD, mean deviation; TD, total deviation; IOP, intraocular pressure.

Table 3 The profiles of the patients enrolled into upper total deviation (upper TD) slope analysis and the results. (mean \pm standard deviation and range)

Upper TD slope	OAG	HTG	NTG	P
Patients (eyes/cases)	458/293	210/127	248/166	
Age at initial examination (years)	57.1 \pm 10.6 (30–79)	57.2 \pm 10.6 (33–74)	57.1 \pm 10.7 (30–79)	0.7465 ¹
Follow-up duration (years)	8.88 \pm 3.81 (4–19)	8.57 \pm 3.86 (4–18)	9.13 \pm 3.77 (4–19)	0.0845 ¹
Initial upper TD (dB)	–9.16 \pm 10.8 (–0.18–22.97)	–9.00 \pm 6.30 (–0.18–22.97)	–9.29 \pm 6.94 (–0.43 to –22.97)	0.9712 ¹
Follow-up IOP (mmHg)	15.0 \pm 2.76 (6.1–24.2)	16.7 \pm 2.77 (6.1–24.2)	13.6 \pm 1.78 (7.4–17.7)	0.0000 ¹
Upper TD slope (dB/year)	–0.46 \pm 0.65 (+0.85 to –3.62)	–0.51 \pm 0.75 (+0.84 to –3.62)	–0.41 \pm 0.55 (+0.85 to –3.05)	0.5521 ¹
Significant progression (eyes)	191 (41.7%)	83 (39.5%)	108 (43.5%)	0.3841 ²
Moderate progression (\leq –0.5 dB/year, eyes)	165 (36.0%)	84 (40.0%)	81 (32.6%)	0.1031 ²
Rapid progression (\leq –1.0 dB/year, eyes)	81 (17.6%)	42 (20.0%)	39 (15.7%)	0.2323 ²

Notes: ¹By Mann–Whitney's U-test; ²By Chi-square test.

Abbreviations: OAG, open-angle glaucoma; HTG, high-tension glaucoma; NTG, normal-tension glaucoma; MD, mean deviation; TD, total deviation.

and normal-tension glaucoma (Table 4). The mean lower TD slope was lower and there were more eyes with rapid and moderate progression in the high-tension glaucoma group than in the normal-tension glaucoma group. The prevalence of statistical progression was similar between the groups.

Discussion

In this study we retrospectively evaluated the rate of progression of visual field defects in Japanese open-angle glaucoma patients whom we followed in the middle to long term for up to 19 years. Many previous studies, including multicenter trials, had evaluated the progression of glaucomatous visual field defects by setting the criteria or grading to be used for the duration of follow-up.^{3–14,17–27} In general, life-table analysis

was used in these studies to reflect the rate of progression. The present study evaluated the progression rate directly, so it is different from a number of previous investigations. In addition, we analyzed eyes separately using total, and upper and lower visual fields. No similar studies were identified in a literature search.

Trend-type analysis³⁹ and event-type analysis^{40,41} are known to be two representative methods for detecting or evaluating glaucomatous visual field defect progression using standard automated perimetry. Trend-type analysis using the MD slope or TD slope can show the progression trend more exactly, as well as the progression rate or speed of the visual field defect. Mean progression rate of the total visual field in open-angle glaucoma patients was –0.41 dB/year in the

Table 4 The profiles of the patients enrolled into the lower total deviation (lower TD) slope analysis and the results. (mean \pm standard deviation and range)

Lower TD slope	OAG	HTG	NTG	P
Patient (eyes/cases)	510/302	238/135	272/167	
Age at initial examination (years)	57.6 \pm 10.8 (30–79)	57.7 \pm 10.8 (33–79)	57.5 \pm 10.7 (30–79)	0.6793 ¹
Follow-up term (years)	8.80 \pm 3.77 (4–19)	8.48 \pm 3.82 (4–18)	9.09 \pm 3.72 (4–19)	0.0532 ¹
Initial lower TD (dB)	–7.11 \pm 6.02 (–0.97 to –22.79)	–7.31 \pm 6.21 (–0.97 to –22.79)	–6.98 \pm 5.85 (–0.97 to –22.64)	0.8991 ¹
Follow-up IOP (mmHg)	15.0 \pm 2.78 (3.9–24.2)	16.7 \pm 2.69 (3.9–24.2)	13.5 \pm 1.86 (5.9–17.4)	0.0000 ¹
Lower TD slope (dB/year)	–0.32 \pm 0.53 (+1.14 to –3.64)	–0.40 \pm 0.64 (+1.14 to –3.65)	–0.25 \pm 0.39 (+0.57 to –1.84)	0.0392 ¹
Significant progression (eyes)	186 (36.4%)	88 (36.9%)	98 (36.0%)	0.8249 ²
Moderate progression (\leq –0.5 dB/year, eyes)	131 (25.6%)	76 (31.9%)	55 (20.2%)	0.0025 ²
Rapid progression (\leq –1.0 dB/year, eyes)	42 (8.2%)	27 (11.3%)	15 (5.5%)	0.0169 ²

Notes: ¹By Mann–Whitney's U-test; ²By Chi-square test.

Abbreviations: OAG, open-angle glaucoma; HTG, high-tension glaucoma; NTG, normal-tension glaucoma; MD, mean deviation; TD, total deviation.

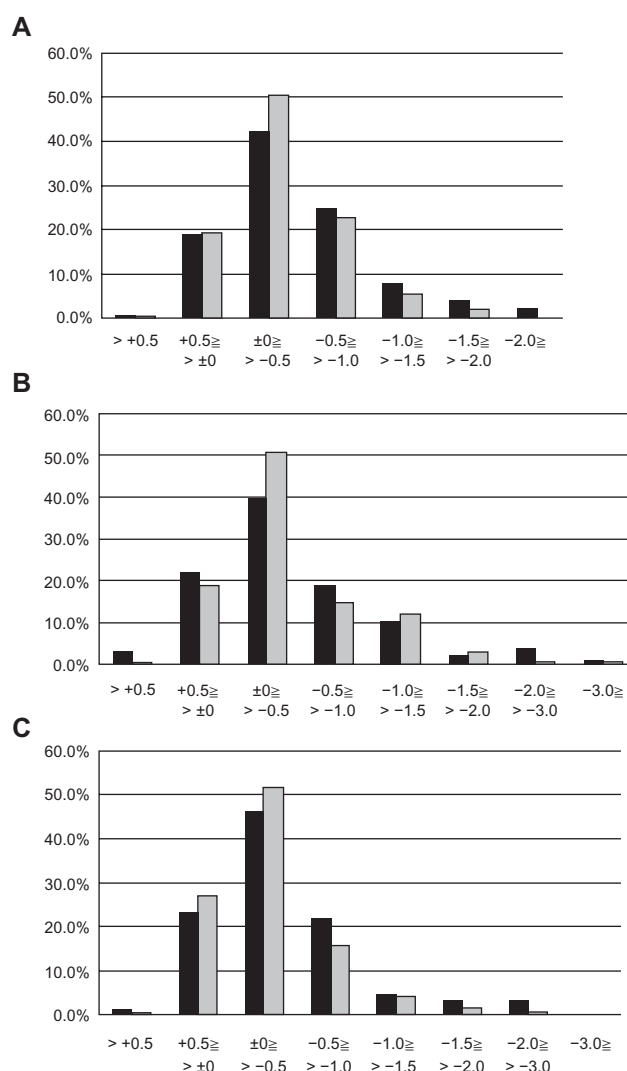


Figure 1 Frequency distributions of mean deviation (MD) slope **A**), upper total deviation (upper TD) slope **B**) and lower total deviation (lower TD) slope **C**) in the patients with HTG (black bar) and NTG (gray bar).

MD slope. This indicates that it would take 25 years for a decrease of 10 dB in standard automated perimetry to occur if the cases progressed at a similar rate. Although the prognosis might be better for patients diagnosed at an early stage, patients with a middle or late stage of visual field defect might have to expect subjective impairment during their lifetime. Comparing high-tension and normal-tension glaucoma, those with high-tension glaucoma progressed faster than those with normal-tension glaucoma. Progression in the upper visual field was faster than that in the lower visual field, and this phenomenon was more marked in normal-tension glaucoma. Although the progression rate in the upper visual field was similar between high-tension and normal-tension glaucoma, the progression rate in the lower visual field was slower in normal-tension glaucoma than that in high-tension glaucoma.

Thus, the difference in progression rate for the total visual field between high-tension and normal-tension glaucoma might depend on the difference in the lower visual field.

EMGT⁵⁻⁷ is a study that included patients with IOP ≤ 30 mmHg and −16 dB or better of MD who were similar to those in our study. Heijl et al⁷ reported that −0.05 dB/month in MD slope without treatment increased to −0.03 dB/month with treatment. On the other hand, the CNTGS reported that the MD slope in normal-tension glaucoma cases was −0.41 dB/year without treatment.⁹ Another report from the CNTGS evaluated the benefits of lowering IOP by various background factors using the MD slope.¹⁰ Although the MD slopes in untreated cases were about between −0.35 and −0.6 dB/year, those in treated cases improved at a rate of around −0.2 to −0.35 dB/year. Treated MD slopes from both the EMGT and CNTGS appear similar to our results.

The disadvantages of trend-type analysis are that it is possible that local progression in the visual field can be disclaimed by general stability, and that this analysis needs a longer follow-up duration and more field examinations than event-type analysis for correct assessment. Although the patients with good reliability and reproducibility can be evaluated for statistical progression over shorter periods, others are often hard to evaluate, even with long-term follow-up. Therefore, we set three different criteria for visual field progression, ie, statistical progression (MD slope < 0 dB/year and $P < 0.05$), moderate progression (MD slope ≤ −0.5 dB/year), and rapid progression (MD slope ≤ −1.0 dB/year). Statistically significant progression was detected in 47.2% in total, and 40.8% in upper and 37.3% in lower visual fields. There was no difference between high-tension glaucoma and normal-tension glaucoma. The cases of 10.1% in total, 16.1% in upper, and 7.9% in lower visual fields were classified as rapid progression. With regard to total and lower visual fields, fewer normal-tension glaucomatous eyes showed rapid progression than eyes with high-tension glaucoma. Eyes with moderate progression comprised 33.6% in total, with 32.6% of upper and 25.9% of lower visual fields. In summary, the progression rates in the upper visual field might be faster than those in the lower visual field, and the progression rate of total and lower visual fields with high-tension glaucoma might be faster than in those with normal-tension glaucoma.

Several previous studies have discussed the similarities and differences between visual field defects associated with primary open-angle glaucoma and normal-tension glaucoma.^{28-31,42-44} Glaucomatous visual field defects are often identified in the upper field, both in primary open-angle

glaucoma and normal-tension glaucoma.^{42–45} Araie et al²⁹ reported that an area just above the horizontal meridian was significantly more depressed in normal-tension glaucoma, whereas high-tension glaucoma had significantly more diffuse visual field damage. Caprioli and Spaeth³⁰ showed that scotoma in the low-tension group had a steeper slope, was significantly closer to the fixation, and had greater depth than in those from the high-tension group. Chauhan et al³¹ mentioned that individuals with normal-tension glaucoma had larger areas with normal sensitivity, and hence more localized damage. With progression, normal-tension glaucoma in the early stage trends towards local depression, particularly in the upper central and upper nasal visual fields. Thus, although it has been recognized that both primary open-angle glaucoma and normal-tension glaucoma have a similar progression pattern, the visual field defect is often seen in a more localized upper area with normal-tension glaucoma, but generally in a more diffuse area with primary open-angle glaucoma. Our results might confirm the difference in visual field defect between primary open-angle glaucoma and normal-tension glaucoma in terms of progression rate. The issue of whether normal-tension glaucoma is different from primary open-angle glaucoma remains a matter of debate. We cannot distinguish between primary open-angle glaucoma and normal-tension glaucoma exactly on the basis of IOP, because individual IOP is variable. In this study, we separated high-tension glaucoma and normal-tension glaucoma according to the maximum recorded IOP, so both high-tension glaucoma and normal-tension glaucoma groups must include overlap or immediate cases. Nevertheless, the results showed weak but significant differences between normal-tension glaucoma and high-tension glaucoma in the progressive nature of visual field defects.

The results of this study might be useful when considering the visual prognosis in open-angle glaucoma. Recently, some research has been done on the relationship between visual field defects and quality of vision (QOV) in glaucomatous patients.^{32–35} Lower visual field defects, particularly in the central visual field, are closely related to subjective symptoms as well as to QOV.

Generally, visual field defects under -20 dB of MD by Humphrey Field Analyzer influence to the worse for visual subjective. Almost all cases under -25 dB of MD are inconvenienced, and this level is sometimes called functional blindness. We have to maintain the aim for each individual glaucomatous patient to not reach visual impairment during their lifetime. We always have to take into account in our clinical practice how much progression we can permit and

how much we must prevent. Evaluation of the progression rate of visual field defects, particularly in the upper and lower fields, taking into account area, degree of defect, and age is necessary for the effective and safe management of open-angle glaucoma patients.

This study is important because it includes a large amount of clinical information from a big group of open-angle glaucoma patients, with long-term follow-up. However, the study does have some limitations. Faster and more progressive cases may have been missed at the enrolment of study patients. In a report from the CNTGS,⁹ the fast progressive eye under -1.0 dB/year were quite a few in the eyes with more than three years of follow-up of treatment. The cases over 0 dB were hard to calculate for the MD slope or TD slope even if they satisfied Anderson and Patella's glaucoma criteria. Cases under -20 dB of MD or under -23 dB of upper or lower TD were also excluded. These cases were too severe for the progression rate to be evaluated by MD slope or TD slope from preliminary examination. Fortunately, the clinical backgrounds in the finally selected cases were similar between the high-tension glaucoma and normal-tension glaucoma patients. Therefore, the results indicate that high-tension glaucoma and normal-tension glaucoma might be different in progression rate for the total and lower visual fields. Furthermore, this study included patients followed up from a long time ago. The eyedrops used, as well as treatment targets, were different from the more recent research.⁴³ We have to consider that the results may not reveal the prognosis of the patients whom we are presently managing and following up. Information about patient backgrounds and other factors, including general history, central corneal thickness, and disc hemorrhage, was incomplete because of the retrospective nature of the study. The complete exclusion of cataract-associated cases whose visual field results were influenced would be difficult. In particular, the analysis of upper and lower visual fields must be influenced by using the TD as in this study. All cases with repeated glaucoma surgery that are too variable for follow-up IOP or with unreliable visual field results were also excluded. In addition, we had not set treatment targets for this study. We have had to take these factors into consideration when interpreting our results.

Using the same patients, we determined that high-tension glaucoma and normal-tension glaucoma have a weak but statistically significant correlation between IOP and the progression rate of visual field defects. This means that the higher the IOP, the faster the progression of visual field defects. The differences in progression rate between high-tension glaucoma and normal-tension glaucoma were

reasonable in the lower field. The similarity in the upper visual field may be incompatible. In a further investigation, we are examining the relationship between rate of visual field defect progression and follow-up IOP, and IOP reduction and related factors in the upper and lower visual fields. Improved medication in glaucoma has definitely resulted in lower follow-up IOP.⁴⁵ Also, the progression rate of visual field defects in open-angle glaucoma patients may have altered from 10 years ago. We can confirm the true improvement in glaucoma therapy by evaluation of IOP, as well as suppression of progressive rate.

Although this study showed the managed course of open-angle glaucoma patients rather than the natural history of progression, it gives us a better understanding of the disease course and its progression, evaluation of long-term treatment, and likely prognosis in open-angle glaucoma.

Disclosure

The authors report no conflicts of interest in this work.

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