Characterization of a rat model of metastatic prostate cancer bone pain

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Purpose: The objectives of this study were to establish and characterize a novel animal model of metastatic prostate cancer-induced bone pain.

Methods: Copenhagen rats were injected with $10^6$ MATLyLu (MLL) prostate cancer cells or phosphate-buffered saline by percutaneous intra femoral injections into the right hind leg distal epiphysis. Over 13 days, rats progressively developed a tumor within the distal femoral epiphysis. On days 3, 7, 10, and 13 post injection, rats were subjected to the incapacitance and Randall–Selitto behavioral tests as they are believed to be indirect reflections of tumor-induced pain. Ipsilateral hind limbs were subjected to X-ray and computed tomography (CT) scans and histological sections were stained with hematoxylin and eosin (H&E).

Results: Intra femoral injections of MLL cells resulted in the progressive development of a tumor leading to bone destruction and nociceptive behaviors. Tumor development resulted in the redistribution of weight to the contralateral hind leg and significantly reduced the paw withdrawal threshold of the ipsilateral hind paw as observed via the incapacitance and Randall–Selitto tests, respectively. X-ray and computed tomography scans along with H&E stains indicated tumor-associated structural damage to the distal femur. This model was challenged with administration of meloxicam. Compared with vehicle-injected controls, the meloxicam-treated rats displayed smaller nociceptive responses as observed with the incapacitance and Randall–Selitto tests, suggesting that meloxicam was effective in reducing the pain-related symptoms displayed by model animals and that the model behaved in a predictable way to cyclooxygenase-2 treatment.

Conclusions: This model is unique from other bone cancer models in that it is a comprehensive model utilizing a competent immune system with a syngeneic tumor. The model establishes a tool that will be useful to investigate mechanisms of cancer pain that are induced by cancer cells.

Keywords: tumor, nociception, behavior, meloxicam

Introduction

The skeleton is a preferred site for the metastasis of malignant tumors, particularly for prostate cancer.¹⁻⁵ Prostate cancer remains a serious health concern for males as the lifetime risk is 19.8%, and it is the second leading cause of cancer-related deaths in men.⁶ The majority of males dying from prostate cancer have some form of skeletal involvement at death.⁷⁻⁸ Furthermore, skeletal metastases have been identified in approximately 70% of patients with breast or prostate cancer, while some form of skeletal metastasis has been identified in more than 90% of patients who die from breast or prostate cancer.⁸⁻⁹

Patients suffering from bone tumors frequently experience a reduced quality of life due to a variety of factors that include hypercalcemia, bone fractures, spinal...
cord compression, and severe bone pain. The most common symptom experienced by patients with bone tumors is pain. Due to the incidence, the severity, and the impact of metastatic bone cancer pain, a project was initiated to develop a novel animal model. The novel bone cancer animal model was induced by the introduction of prostate cancer cells into a hind leg distal femoral epiphysis providing an experimental model with which to investigate mechanisms of bone cancer pain.

While the severity and evolution of bone pain experienced by patients varies, cancer-induced bone pain (CIBP) is typically divided into two categories: ongoing pain and breakthrough or incident pain. Typically presenting first, ongoing pain is described as a constant dull or throbbing pain that increases in intensity over time. Ongoing pain can be intensified with the active use of skeletal segments affected by tumor. With the progression of bone cancer, breakthrough or incident pain begins to present itself. Breakthrough or incident pain is characterized as periodic exacerbations of bone pain. Breakthrough pain can arise spontaneously and be unrelated to movement or can be associated with the movement of tumor affected skeletal portions.

In 1961, Dunning observed the appearance of an adenocarcinoma in the prostate of a male Copenhagen rat. The Dunning R-3327 adenocarcinoma is a spontaneously developed prostate tumor derived from a male Copenhagen rat. The Dunning R-3327 tumor line has a doubling time of approximately 1.5 days and is androgen sensitive. Continuous subcutaneous passage of the R-3327 tumor led to the production of the rapidly growing (doubling time of approximately 2.2 days) R-3327 AT (anaplastic tumor) tumor cell line which is androgen insensitive with a low metastatic potential. At the 60th passage, the R-3327 AT tumor cell line displayed a high metastatic potential and increased growth rate (doubling time of approximately 1.5 days) and was renamed the MAT (metastatic-AT) tumor. The new MAT tumor cell line reproducibly resulted in the metastatic development of tumors at the lymph nodes and within the lungs. As such, the tumor cell line was dubbed the MAT-LyLu or “metastatic anaplastic tumor capable of spreading to the lymph nodes and lungs” cell line. MAT-LyLu (MLL) cells have an in vitro doubling time of 19.7 hours. Also, MLL cells are characterized as spindle or polygonal shaped and possess large nuclei.

Meloxicam is a nonsteroidal anti-inflammatory drug that is produced from enolic acid. The chemical name of meloxicam is 4-hydroxy-2-methyl-N-(5-methyl-2-thiazolyl)-2H-1,2-benzothiazine-3-carboxamide-1,1-dioxide. Meloxicam preferentially inhibits the activity of COX-2 over COX-1, particularly at lower therapeutic doses. This preferential inhibition of COX-2 is likely due to the unique structure of meloxicam. In studies where the 4′ isomer of meloxicam is modified, COX-2 specificity is lost. Meloxicam provides analgesia through the inhibition of COX-2 enzymatic activity. Furthermore, meloxicam has demonstrated inhibitory effects on cancer growth as seen in studies on colorectal and nonsmall cell lung cancer cells. However, to date, no studies have been performed to evaluate the effects of meloxicam on CIBP. As such, this study is novel in its charge to evaluate the effects of meloxicam in a model of CIBP.

Pre-existing tumors in the breast, prostate, and lung commonly metastasize to axial skeletal components, including the vertebrae. Vertebral bodies are comprised mainly of trabecular bone surrounded by a cortical bone shell. The distal femoral epiphysis, an appendicular skeletal component, consists of trabecular bone surrounded by a dense cortical bone shell. Within the animal model utilized in this project, the distal femoral epiphysis acts as a model for the metastasis of a primary tumor (prostate) to the vertebrae. As a result, the nociceptive consequences of prostate cancer metastasis can be studied. Moreover, the specific placement of cancer cells within the rat femur allows the tumor to develop over a longer period than would be possible in the confined rat vertebrae. Due to its proximity to the spinal cord, even small tumor growth within the vertebrae of the rat could have immediate detrimental consequences. As such, the development of tumors within the vertebrae of rats would likely require euthanasia prior to or immediately following the commencement of behavioral tests. However, the placement of tumor cells within the femur would allow tumor growth over a longer period of time facilitating data collection. It was hypothesized that injection of MLL cells into the distal femoral epiphysis of a rat results in the production of a bone tumor that leads to the generation of nociceptive behaviors.

Materials and methods

MLL cell maintenance

Based on confluence, flasks containing cultured MLL cells were split every third to fourth day. Fresh media (RPMI 1640; Sigma-Aldrich Canada Ltd, Oakville, ON, Canada) was warmed for approximately 30 minutes at 36°C prior to use. Frozen trypsin (Gibco 15400, 0.05% trypsin DTA; Invitrogen Canada Inc, Burlington, ON, Canada) was also warmed for approximately 30 minutes at 36°C prior to use. Approximately 2 mL of trypsin was flushed over the cell monolayer. Fresh media was then added to incubating flask
to inactivate trypsin. Cell and media mix was then transferred via sterile pipette to new sterile T-75 flasks and returned to the cell incubator.

**Model induction-MLL cell preparation**

Media from growth flasks was removed via sterile pipette prior to addition of 2 mL of trypsin. Growth flasks were then gently rocked and left at room temperature for approximately 3–5 minutes. Fresh media (8 mL) was then flushed over the growth surface in order to inactivate trypsin. For one flask, 10 mL of the cell suspension was placed into a 50 mL conical tube topped up to 20 mL with fresh media. After mixing, 50 µL of the cell suspension was removed in order to facilitate cell counting. The cell suspension was then centrifuged at 1000 rpm for 5 minutes to induce pellet formation. Following centrifugation, the supernatant fraction was carefully removed via sterile pipette. A predetermined volume of phosphate-buffered saline (PBS; vehicle) was then added to the pellet to allow for a cell concentration of 1.0 × 10^6 cells/mL. MLL cells were then resuspended within PBS with use of a sterile pipette. For vehicle injections, fresh PBS was transferred to a sterile flask with use of a sterile pipette and sealed within a biological safety cabinet.

**Animals**

All experiments were performed on male Copenhagen rats (Harlan Laboratories Inc., Indianapolis, IN) weighing 225–275 g. All rats were housed in a controlled environment with a 12-hour rotating light and dark cycle. Food and water were provided ad libitum. Experiments were reviewed and approved by the Animal Research Ethics Board at McMaster University. All animals were cared for and used in accordance with The Care and Use of Experimental Animals, Volumes 1 and 2, of the Canadian Council on Animal Care.

**Induction of model**

Anesthesia of rats was achieved with gaseous isoflurane and oxygen mixture. The right hind leg (ipsilateral) femur/tibia joint was flexed from 45° to 55° allowing distal patellar movement. A 25 ga needle was aligned parallel to the long axis of the ipsilateral femur, between both the medial and lateral condyles. Following insertion through cutaneous tissue, the needle was rotated manually to induce cavity formation within the epiphysis. MLL cells (1.0 × 10^6) suspended in 0.10 mL PBS were then injected into the bone for tumor induction. Control rats received a 0.10 mL PBS injection into the epiphysis. Volume of injected material was minimized to ensure that it remained within the penetrated epiphysis. Accessory surgical instrument, procedures, and materials were avoided in order to minimize damage to tissue and ensure observed nociceptive behaviors were due to tumor growth within the epiphysis.

**Drug administration**

Meloxicam (meloxicam sodium salt hydrate; Sigma-Aldrich Canada Ltd) was dissolved in 5% methyl cellulose (M70140-500MG powder; Sigma-Aldrich Canada Ltd.) prepared on testing days prior to commencement of behavioral tests. Meloxicam was administered as 5, 2.5, or 1 mg/kg intraperitoneal injection. In order to allow for meloxicam to be metabolized and take effect, behavioral tests began 45 minutes following meloxicam or PBS injection.

**Characterization of model**

Baseline (BL) readings were recorded from all rats from the incapacitance and Randall–Selitto tests prior to model induction. Results from the tests were then recorded from all rats on days 3, 7, 10, and 13 post-induction. On experimental days, all rats first underwent the incapacitance test followed then by the Randall–Selitto test. It was determined experimentally that 13 days following model induction, rats experienced serious and unacceptable detrimental effects as a result of tumor growth. These effects were observed in behaviors that included, but were not limited to, previously unobserved defensive posture in the presence of the experimenter, vocalization upon palpation and severely reduced ambulation. As such, due to ethical considerations, it was determined that all experiments would be terminated 13 days following model induction.

A Dual Channel Weight Averager, Incapacitance Tester (Linton Instrumentation, Norfolk, UK), was utilized to measure differential hind leg paw weight distribution. Prior to data collection, rats were placed in a clear plastic holder. Below the level of the holder and under the rat, two force transducer pads measured the weight placed upon each hind leg. The forelimbs of rats were rested halfway upon the leading edge of the plastic holder. An individual recording comprised of the average weight (in grams) placed on each hind paw that was automatically recorded over a preset period of 3 seconds for each recording. On each testing day, three individual recordings were obtained per rat.

An IITC Model 2500 Randall–Selitto Paw Pressure Meter (IITC Life Science Inc., Woodland Hills, CA) was utilized for data collection in order to examine skin hyperalgesia. Due to the diameter of the rat femur (which progressively increased following tumor development), rat paws were tested. Rats
were lightly restrained within a cloth with the ipsilateral hind leg exposed and free to move. This hind paw was placed on the paw pressure clamp while the plinth was depressed onto the anterior surface of the paw. The minimum force (in grams) applied to the paw prior to its voluntary withdrawal and subsequent dislodging from the pressure clamp was automatically recorded. On each testing day, three individual recordings were obtained per rat taken 2 minutes apart.

On all testing days prior to the commencement of behavioral tests, the weight of all rats was measured and recorded.

**Histology**

Upon euthanasia, both the ipsilateral and contralateral hind legs of rats were immediately dissected and shed of cutaneous tissue and muscle. Following dissection, all bone samples were immediately fixed in a 10% formalin solution in PBS and subsequently decalcified in a 900 mL 4% formalin/10% ethylenediaminetetraacetic acid (EDTA) solution. Samples remained within the solution for 4 weeks with the replacement of fresh solution occurring every third day.

Once decalcification was complete, samples were further processed in paraffin wax. Sections were placed on ice cubes to cool over a period of 10–15 minutes. When cool, sections were fixed to a microtome (Reichert-Jung 2040 Microtome; Reichert Inc., Depew, NY) and 3 µm sections of tissue were produced. Sections were then placed onto a preheated water bath. Tissue was fixed onto the surface of appropriately labeled glass slides and allowed to dry overnight.

Glass slides possessing sectioned tissue were placed into an oven at 45°C for 20–25 minutes prior to hematoxylin and eosin (H&E) staining. Slides were subsequently removed from the oven and allowed to cool for 10–15 minutes. Once cool, slides were placed within a slide holder and washed until clear in three consecutive changes of xylene for 5 minutes each. The slides were then washed until clear within 100% ethanol, 100% ethanol, 70% ethanol, and 50% ethanol sequentially. Following ethanol washes, slides were immersed within water then treated in hematoxylin (Gill Number 3, GHS332-1 L; Sigma-Aldrich Canada Ltd), diluted with water to a ratio of 1:2 for 3 minutes to induce staining, followed by immersion in water. Slides were then immersed within alkaline lithium carbonate for 10 seconds to change the color of the hematoxylin stain to blue. Lithium carbonate treatment was followed by a water wash. Slides were then immersed for 45 seconds in eosin solution. Eosin (diluted 1:3 in 80% ethanol) treatment was then followed with two washes until clear of 96% ethanol, three changes of 100% ethanol, and two changes of xylene. Cover slips were then mounted on top of slides with Permount (SP15-100 Toluene Solution; Fisher Scientific Company, Toronto, ON, Canada) and allowed to dry overnight.

**X-ray radiographs**

Following the completion of all behavior tests, rats were euthanized and hind limbs were immediately dissected and placed within 10% formalin. High-resolution radiographic scans of dissected rat femurs were acquired with a Faxitron X-ray MX-20 system (Faxitron, Lincolnshire, IL) on Kodak MIN-R 2000 Mammography Film (MIN-R 2000 Mammography Film, Kodak, Rochester, NY).

**CT scans**

Following the completion of all behavior tests, rats were euthanized, and hind limbs were immediately dissected and placed in 10% formalin. Computed tomography (CT) scans were obtained with a GammaMI Gamma Medica X-SPECT Dedicated Animal Imaging unit (Gamma Medica-Ideas Ltd., London, ON, Canada). Data for each sample were reconstructed with Cobra_EXXIM software (Exxim Computing Corporation, Pleasanton, CA).

**Statistical analysis**

Behavior data are presented as the mean ± standard deviation (SD). Differences in bodyweight data are presented as differences from BL values ± SD. Statistically significant differences between groups were determined with two-way analysis of variance (ANOVA) followed by Bonferroni post hoc analysis. A two-tailed P-value of less than 0.05 was considered significant.

**Results**

**H&E stain**

The H&E-stained sections of the ipsilateral distal femur from PBS-injected rats indicated the presence of healthy marrow within the epiphysis and diaphysis. Healthy trabecular bone was also visible in sections from the PBS-injected rats. Sections of the ipsilateral distal femur from MLL cell injected rats indicated tumor replacement of marrow within the epiphysis (Figure 1). Also visible within the epiphysis of MLL cell injected rats was eroded trabecular bone (Figure 1). As in the sections from PBS-injected rats, those from MLL-injected rats revealed the presence of healthy marrow within the femoral diaphysis.
Rat model of metastatic prostate cancer

PBS-injected rats indicated healthy ipsilateral hind legs with a lack of bone degradation in the distal epiphysis. Scans from MLL cell injected rats indicated extensive osteolytic damage to the distal epiphysis of the ipsilateral hind leg (Figure 3).

Difference in bodyweight

Figure 4 shows the change in bodyweight from BL of rats following PBS or MLL cell injection. The difference in this weight change in the MLL group was significantly different from that in the PBS injected group on days 10 and 13 ($P < 0.001$). Weight gain in the MLL cell injected group plateaued between days 7 and 10 with a loss in weight between days 10 and 13. PBS-injected rats exhibited normal weight gain over time associated with normal growth. Data are displayed as mean ± SD.

Incapacitance test

Prior to model induction, both control and model rats were observed to place weight evenly on both hind legs, thus displaying a differential weight distribution of approximately zero when placed in the chamber. Figure 5A shows changes in hind limb weight distribution (contralateral–ipsilateral) following PBS or MLL cell injection. The MLL cell injected group was significantly different from the PBS-injected group on days 7, 10, and 13 ($P < 0.001$). PBS-injected group maintained BL level of weight distribution.

Randall–Selitto test

Prior to model induction, both groups of rats voluntarily withdrew their ipsilateral paw at approximately 130 g. Figure 5B depicts change in ipsilateral paw withdrawal threshold from the Randall–Selitto pressure clamp following PBS or MLL cell injection. The MLL cell injected group was significantly different from the PBS-injected group on days 7, 10, and 13 ($P < 0.001$). PBS-injected group maintained BL level of withdrawal threshold.

Effect of meloxicam in the incapacitance test

Figure 6A shows hind limb weight distribution (contralateral–ipsilateral) following MLL cell injection at different doses of meloxicam. The vehicle group was given a 5% methyl cellulose solution. The 5.0 mg/kg group was significantly different from the 2.5 mg/kg and 1.0 mg/kg groups and the
vehicle group on days 10 and 13 ($P < 0.001$). The 5.0 mg/kg group was significantly different from the 1.0 mg/kg group on day 7 ($P < 0.01$). The 5.0 mg/kg group was significantly different from the PBS group on days 7, 10, and 13 ($P < 0.001$). The 2.5 mg/kg group was significantly different from the 1.0 mg/kg group on day 7 ($P < 0.05$). The 2.5 mg/kg group was significantly different from the PBS group on days 7, 10, and 13 ($P < 0.001$). The 1.0 mg/kg group was significantly different from the PBS group on days 7, 10, and 13 ($P < 0.001$). The vehicle group was significantly different
from the PBS group on days 7, 10, and 13 ($P < 0.001$). The 5.0 mg/kg group reduced the difference in hind leg weight distribution when compared with the 2.5 mg/kg, 1.0 mg/kg, vehicle, and PBS groups. Changes in weight difference in the 5.0 mg/kg group plateaus from day 7 to day 13. Thus, the 5.0 mg/kg dose of meloxicam appears to be highly effective in reducing paw weight imbalance in the incapacitation test.

**Effect of meloxicam in the Randall–Selitto test**

Figure 6B illustrates the ipsilateral paw withdrawal threshold from the Randall–Selitto pressure clamp following different doses of meloxicam in the MLL cell-injected group and the group receiving PBS alone. The vehicle group received a 5% methyl cellulose solution. The 5.0 mg/kg group was significantly different from the 2.5 mg/kg, 1.0 mg/kg, and vehicle groups on days 7, 10, and 13 ($P < 0.001$). The 5.0 mg/kg group was significantly different from the PBS group on day 13 ($P < 0.001$). The 2.5 mg/kg group was significantly different from the 1.0 mg/kg and vehicle groups on day 7 ($P < 0.001$). The 2.5 mg/kg group was significantly different from the PBS group on days 7, 10, and 13 ($P < 0.001$). The 1.0 mg/kg group was significantly different from the PBS group on days 7, 10, and 13 ($P < 0.001$). Rats receiving 5.0 mg/kg meloxicam maintained...
BL withdrawal threshold from the Randall–Selitto pressure clamp until day 10 of testing. Thus, it appears that 5.0 mg/kg of meloxicam was effective in delaying the decrease in withdrawal threshold.

Discussion
In this study, injection of MLL cells into the rat femoral epiphysis resulted in an aggressive osteolytic lesion. The resultant tumor formation led to trabecular bone degradation and the development of nociceptive behaviors.

Tumor growth as a result of MLL cell injection resulted in the appearance of nociceptive behaviors in injected rats. The incapacitance test demonstrated that rats receiving the MLL cell injection progressively favored the contralateral hind leg over the course of the experiment. Supporting this observation, Niiyama and colleagues recently demonstrated that injection of murine sarcoma cells NCTC 2472 into the mouse femur resulted in severely reduced weight bearing on the ipsilateral hind paw during standing.\(^4\) It has also been independently observed that intrafemoral injection of the NCTC 2472 murine sarcoma cells into rats resulted in the reduced weight-bearing ability on the ipsilateral hind leg.\(^4\)

Medhurst and colleagues also demonstrated that following intra tibial injection of MRMT-1 rat mammary gland carcinoma cells the weight-bearing ability on the ipsilateral hind leg was reduced progressively over the course of the experiment.\(^4\) A similar progressive loss in weight-bearing ability in the ipsilateral hind leg following tumor formation was observed with intra femoral Walker-256 mammary gland cell injection.\(^4\)

Moreover, tumor growth also reduced significantly the paw withdrawal threshold of the ipsilateral hind paw. Bone structure, growth of the tumor, and an inflammatory response are likely contributors to the observed nociceptive behaviors. The periosteum of the femur is richly innervated by primary afferent sensory nerve fibers. There are also peripheral nociceptive neurons located in the area of the patella and distal femur. The progressively growing tumor mass could have placed pressure upon the periosteal and peripheral nerve fibers resulting in their sensitization. Also, the presence of inflammatory factors leading to inflammation within the immediate area of tumor growth could have resulted in the sensitization of neurons. It has recently been demonstrated that the inflammatory mediator interleukin-1β is increased in the area of an induced tibial osteosarcoma and within the inflamed paws of injected mice.\(^4\) Similar results have also been published by Zhang and colleagues.\(^4\)

Conclusion
The findings from this project demonstrate that intra-femoral MLL cell injection leads to tumor formation and progressive bone destruction. The induced bone damage results in a progressive distribution of weight from the ipsilateral to the contralateral hind leg and a reduction in the ipsilateral paw withdrawal threshold. To our knowledge, this is the first study to provide a complete analysis of histological and radiographic results of rodent femurs combined with behavioral analysis in a model for CIBP induced by prostate cancer cell lines and via measurement of nociceptive scores. This model may be used in the future for therapeutic studies examining the pain associated with cancer induced bone metastasis.

Disclosure
The authors report no conflict of interest in this work.

 References


