

Wolf's Isotopic Response of Eosinophilic Dermatitis After Herpes Zoster Infection: Case Reports and Literature Review

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Abstract: Wolf's post-zoster isotopic response refers to the occurrence of an unrelated new skin disorder at the same site of a healed skin lesion. Mechanism of this dermatological phenomena after herpes zoster infection remains unclear. In this study, we present three rare cases of eosinophilic dermatitis following herpes zoster infection. Erythematous infiltrative plaques or scattered red papules were found in all patients after remission of a previous herpetic infection. Skin biopsy revealed dermal perivascular eosinophilic infiltration, which was histologically confirmed as eosinophilic dermatitis. Based on the clinical timeline and histopathological characteristics, we supposed that the secondary lesion to be an isotopic response of Wolf. Skin lesion in one of the current patients overlapped with her tattoo, suggesting that tattoos might also predispose patients to post-zoster isotopic events. Topical corticosteroid was applied and all patients achieved remission. We also summarize the epidemiological, clinical and histopathological characteristics of the post-zoster eosinophilic dermatitis based on review of previous literature focusing on Wolf's isotopic response and secondary inflammatory dermatological disorders.

Keywords: Wolf's isotopic response, herpes zoster, eosinophilic dermatitis, tattoo

Introduction

Wolf's post-zoster isotopic response refers to the occurrence of a new cutaneous disorder at the same site as an unrelated, previously healed skin disease caused by herpes zoster infection.¹ Various novel skin diseases could occur, including granulomatous dermatitis, malignancy and lymphoma.^{2,3} Eosinophilic dermatitis is a relatively rare secondary dermatosis, with only five cases of post-zoster eosinophilic dermatitis (PZED) reported previously. It is important to distinguish the suspected lesions from common relapses of herpes-zoster infection and primary inflammatory dermatitis. Herein, we describe another three cases of eosinophilic dermatitis arose from an isotopic response of Wolf and review the previously published literature focusing on PZED.⁴⁻⁷

Case Reports

The first patient was a 31-year-old female (patient 1) who developed scattered erythematous infiltrative plaques with persistent pruritus on her face, left chest and shoulder (Figure 1A). The skin lesion on her left chest overlapped with a tattoo. Three months before she was affected by herpes zoster virus, with groups of papules distributed over the same skin site. The previous skin disease achieved complete remission after regular valaciclovir treatment. Laboratory tests indicated positive antinuclear antibody (1:160; normal, <1:40), with a relatively high CD4/CD8 ratio (2.53; normal 0.9–2.0). The histopathological examination of the biopsy taken from her lesion revealed perivascular mild eosinophilic infiltration, which confirmed the diagnosis of PZED. HZV-antigen was Immunologically negative. By applying Corticosteroid Ointment, her conditions quickly improved within two months (Figure 1B).

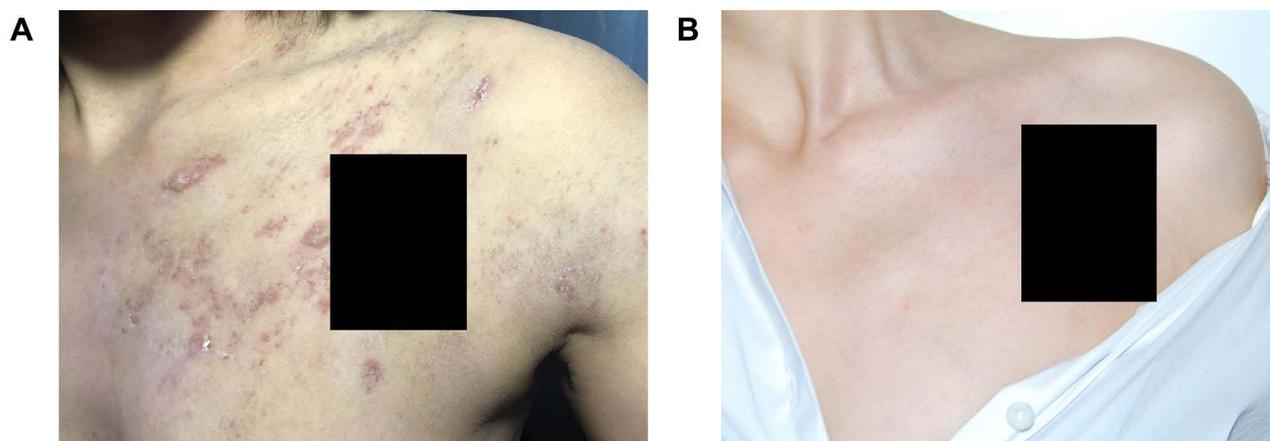


Figure 1 Skin lesions of patient 1 (tattoo was masked by black bars). **(A)** Erythematous papules and plaques on the left chest and shoulder. **(B)** Skin lesions healed after topical corticosteroid treatment.

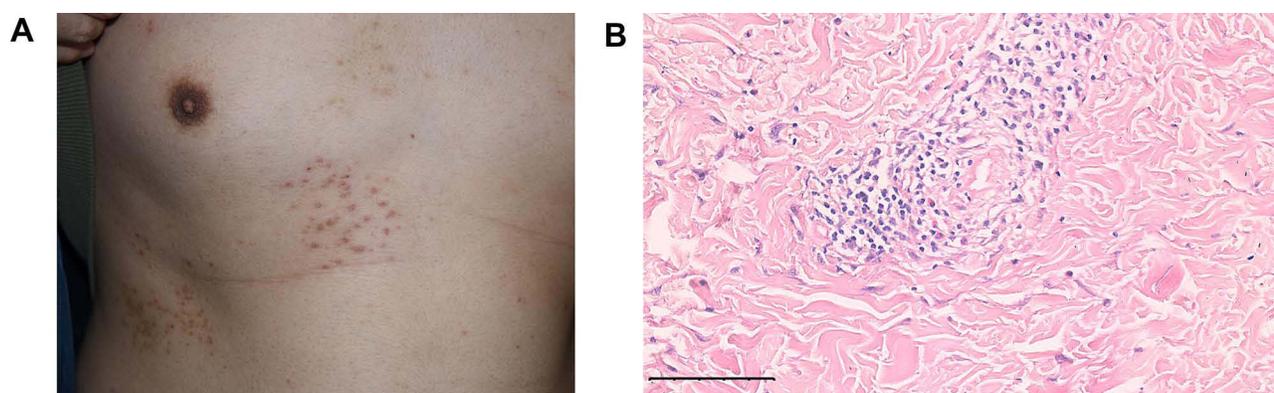


Figure 2 Skin lesions and histopathological results of patient 2. **(A)** Red papules along the T5-T7 dermatome on the right flank. **(B)** Dermis showing perivascular infiltration of eosinophils and lymphocytes. (Hematoxylin and Eosin staining - H&E, magnification: 100×).

The second patient was a 31-year-old male (patient 2) presented with a 1-month history of pruritic and itching scattered red papules distributed on his right chest and flank (Figure 2A). He had been affected by herpes zoster five months previously, with skin lesions over the same area. The virus infection had been successfully treated by valaciclovir. Histopathological examination of the skin biopsy indicated dermal perivascular infiltration of inflammatory cells dominated by eosinophils and lymphocytes (Figure 2B). No HZV-antigen was detected in his blood sample or skin tissue. PZED was diagnosed and the lesions resolved over two weeks with topical Halometasone treatment.

The third patient was a 40-year-old male (patient 3) presented with extensive erythematous infiltrative plaques and scattered papules on the left chest noticed 1 month prior (Figure 3A). Five months before skin lesion caused by herpes zoster virus had been found distributed along the same dermatome, which was eliminated completely by valaciclovir. The secondary cutaneous lesion failed to respond to topical treatment by Ketoconazole, Diphenhydramine and Amorolfine. Finally, a histopathological examination was performed, demonstrating dense cellular infiltrates with eosinophils and other inflammatory cells (Figure 3B). No HZV-antigen was found in serum and skin tissues. Thus, diagnosis of PZED was confirmed. With the application of topical Mometasone Furoate, lesions gradually resolved within two months.

Discussion

Wolf's isotopic response (WIR) has been reported in more than 200 patients with various types of secondary dermatosis. Granulomatous reaction, including granuloma annulare and granulomatous dermatitis, was reported to be one of the most common subsequent diseases.³ However, eosinophilic dermatitis after herpes zoster infection has only been reported in

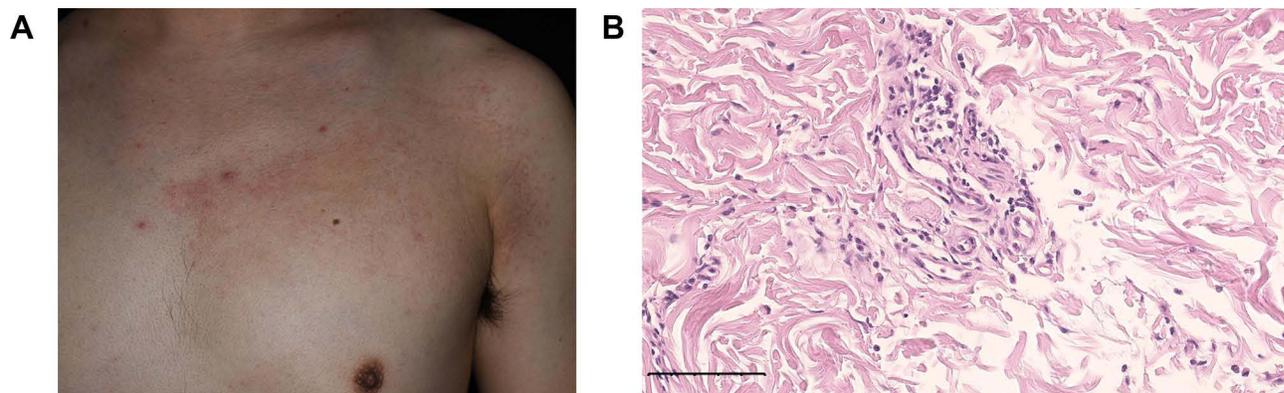


Figure 3 Skin lesions and histopathological results of patient 3. **(A)** Extensive erythematous infiltrative plaques and scattered papules on the left chest. **(B)** Dermis indicating dense infiltration with eosinophils and inflammatory cells (H&E, 100 \times).

eight patients, including the three reported here (Table 1).⁴⁻⁷ No obvious pattern was found in terms of patient sex or age. Interestingly however, all published reports of PZED involved Asian individuals, probably related to ethnic characteristics and diagnostic methods. The time interval between the onset of eosinophilic dermatitis and herpes zoster infection varied from fifteen days to thirteen years. Lesioned areas of the secondary eosinophilic dermatitis seemed to be nonspecific, except for patient 1 in this report, in whom the lesions overlapped with a tattoo on her left chest. The common clinical features of PZED included erythematous infiltrative plaques and papules with pruritus, sometimes with itching. Histologically, dermal changes were characterized by perivascular eosinophils without granuloma, irrespective of the time interval between virus infection and eosinophilic dermatitis. However, two patients in whom the subsequent disease occurred after more than two years presented with more severe dermatological manifestations.^{4,5} We assumed that dermal impairment at the site of the preceding virus infection might persist in a subclinical state until triggered by internal or external factors, such as trauma or immunocompromised condition.

Wang et al have proposed a 4-group classification method of WIR based on dermatopathological changes.⁸ PZED hardly presents with epidermal or follicular changes, nor dermal tissue changes or malignant invasions. With characteristic perivascular eosinophils, PZED belongs to the inflammatory infiltration category in WIR.

Although the exact pathogenesis of PZED and WIR remains unclear, it can be partly explained by the neuro-immune impairment theory. Previous literature supposes a positive feedback cycle between neural injury, immune dysregulation and angiogenic changes, which initiates by the primary virus infection.^{8,9} Herpes zoster infection elicits the onset of PZED by damaging peripheral A δ and C sensory nerve fibers, resulting in abnormal release of the neuropeptides.¹⁰ Apart from causing direct lesions, these neurotransmitters may also combine with membranous receptors on dermal immune cells to alter the local neuroimmune response. This immune destabilization may remain after virus clearance. After a period of accumulation, interleukin-4 induces eotaxin, leading to excessive eosinophils recruitment.⁶ This hypothesis is supported by the case of patient 1 in the current study, who had a relatively high CD4/CD8 ratio, representing a shift towards Th2-dominant cytokine production. The altered immune cell composition may further contribute to immune dysregulation. Apart from local immune dysfunction, Yoon and his team has also supposed that the immunocompromised state of the patient might also contribute to the activation of secondary dermatosis, such as granulomatous dermatitis.

Tattooing involves applying ink intraepidermally, and has been reported to activate herpes simplex infection, which histologically presented with multilocular eosinophilic inclusion bodies in the dermis.^{11,12} It is also thought to decrease local skin immunity, facilitating infection and inoculating virus remnants for later inflammation or reactivation.^{11,12} Supposedly, the overlaps between skin lesions and tattoo in patient 1 might thus not have been a coincidence. The patient was advised to continue regular follow-visits because of a potentially higher risk of PZED recurrence.

The Management for PZED has no consensus. Topical steroids, including topical Betamethasone, Halometasone and Mometasone, are usually applied for treatment. Lesions resolved without relapse in all reported patients.⁴⁻⁷ Patient 1 in our current study achieved remission even without erasing her tattoos, further indicating the effectiveness of steroid

Table 1 Characteristics of Post-Zoster Eosinophilic Dermatitis in Previous Reports and the Present Cases

Author	Sex/ Age	Nationality	Onset After HZI	Lesional Area	Clinical Manifestations	Pathology	Immunohistochemistry	Treatment
Mitsuhashi et al. ⁴	F/70	Japan	2.5 years	Right lower abdomen and lumbar area	Sharply demarcated brown plaques	Epidermal acanthosis and spongiosis, dermal perivascular eosinophils, RBC extravasation, no granuloma	NA	Topical steroid (not specific)
Lee et al. ⁵	F/48	South Korea	13 years	Right flank	Erythematous to brown plaques and papules; scales	Epidermal acanthosis and spongiosis, dermal perivascular eosinophils, no granuloma	NA	Topical steroid (not specific)
Miura et al. ⁶	M/69	Japan	3 months	Right chest and back	Red plaques; pruritus	Prominent eosinophils in dermis, no granuloma	HZV antigen in sweat glands; CD4+ and CD8+ T cells	Topical steroid (not specific)
Miura et al. ⁶	M/72	Japan	6 months	Right chest and back	Erythematous infiltrative plaques and papules; itching	Dense eosinophils in dermis, RBC extravasation, no granuloma,	HZV antigen in sweat glands	Topical steroid (not specific)
Chen et al. ⁷	F/49	China	15 days	Right trunk and back	Linear erythematous infiltrative plaques and blisters; pruritus	Dermal perivascular eosinophils and lymphocytes, edema, vasodilation	NA	Topical steroid (Betamethasone)
Present case 1	F/31	China	3 months	Left chest (overlap with tattoo), shoulder and face	Erythematous infiltrative plaques; pruritus	Dermal perivascular eosinophils	NA	Topical steroid (not specific)
Present case 2	M/31	China	4 months	Right chest and flank	Scattered red papules; pruritus and itching	Dermal perivascular eosinophils and lymphocytes, edema, cellulose degeneration	NA	Topical steroid (Halometasone)
Present case 3	M/40	China	5 months	Left chest	Extensive erythematous infiltrative plaques; scattered red papules; pruritus and itching	Dermal perivascular eosinophils and lymphocytes	NA	Topical steroid (Mometasone)

Abbreviations: HZI, herpes zoster infection; HZV, herpes zoster virus.

liniment. Application of antiviral therapy remains controversial. Considering previously reported failure and the inconsistency of herpes zoster virus at lesion found in our study, antiviral agents are not recommended for general use.¹³

Conclusion

In conclusion, we report three cases of PZED and review a further five cases from the literature. PZED usually presents as erythematous plaques and papules, and a longer interval between infection and eosinophilic dermatitis might result in more severe secondary skin lesions. Although the pathogenesis of PZED remains uncertain and need further researches, topical steroids are experiencedly recommended to achieve total remission.

Informed-Consent Statement

Written informed consent was obtained from all patients for their case details and accompanying images to be published in this paper.

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Disclosure

The authors report no conflicts of interest related to the work in this manuscript.

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