

# Quantile-Specific Heritability of Inflammatory and Oxidative Stress Biomarkers Linked to Cardiovascular Disease

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**Purpose:** Heritability ( $h^2$ , the proportion of the phenotypic variance attributable to additive genetic effects) is traditionally assumed to be constant throughout the distribution of the phenotype. However, the heritabilities of circulating C-reactive protein, interleukin-6, plasminogen activator inhibitor type-1 (PAI-1), and monocyte chemoattractant protein-1 (MCP-1) concentrations depend upon whether the phenotype is high or low relative to their distributions (quantile-dependent expressivity), which may account for apparent gene–environment interactions. Whether the heritabilities of other inflammatory biomarkers linked to cardiovascular disease are quantile-dependent remain to be determined.

**Patients and Methods:** Quantile-specific offspring-parent ( $\beta_{OP}$ ) and full-sib regression slopes ( $\beta_{FS}$ ) were estimated by applying quantile regression to the age- and sex-adjusted phenotypes of families surveyed as part of the Framingham Heart Study. Quantile-specific heritabilities were calculated as:  $h^2 = 2\beta_{OP}/(1+r_{spouse})$  and  $h^2 = \{(1+8r_{spouse}\beta_{FS})^{0.5} - 1\}/(2r_{spouse})$ .

**Results:** Heritability ( $h^2 \pm SE$ ) of lipoprotein-associated phospholipase A2 (Lp-PLA<sub>2</sub>) mass concentrations increased from  $0.11 \pm 0.03$  at the 10<sup>th</sup> percentile,  $0.08 \pm 0.03$  at the 25<sup>th</sup>,  $0.12 \pm 0.03$  at the 50<sup>th</sup>,  $0.20 \pm 0.04$  at the 75<sup>th</sup>, and  $0.26 \pm 0.06$  at the 90<sup>th</sup> percentile, or  $0.0023 \pm 0.0006$  per each one-percent increase in the phenotype distribution ( $P_{\text{linear trend}} = 0.0004$ ). Similarly,  $h^2$  increased  $0.0029 \pm 0.0011$  ( $P_{\text{linear trend}} = 0.01$ ) for sP-selectin,  $0.0032 \pm 0.0009$  ( $P_{\text{linear trend}} = 0.0001$ ) for soluble intercellular adhesion molecule 1 (sICAM-1), and  $0.0026 \pm 0.0006$  for tumor necrosis factor receptor 2 (TNFR2) ( $P_{\text{linear trend}} = 5.0 \times 10^{-6}$ ) per each one-percent increase in their distributions when estimated from  $\beta_{OP}$ . Osteoprotegerin and soluble ST2 heritability also increased significantly with increasing percentiles of their distributions when estimated from  $\beta_{FS}$ . Lp-PLA<sub>2</sub> activity, CD40 ligand, TNF $\alpha$ , interleukin-18, and myeloperoxidase heritability showed no significant quantile-dependence.

**Conclusion:** The heritabilities of circulating Lp-PLA<sub>2</sub>-mass, sP-selectin, sICAM-1, TNFR2, osteoprotegerin and soluble ST2 concentrations are quantile-dependent, which may contribute to purported genetic modulations of: 1) sP-selectin's relationships to venous thrombosis, pulmonary hypertension, type 2 diabetes and atorvastatin treatment; 2) sICAM-1's relationships to brain abscess and atorvastatin treatment; and 3) Lp-PLA<sub>2</sub>'s relationships to myocardial infarction and preeclampsia.

**Keywords:** gene–environment interaction; heritability, P-selectin, intercellular adhesion molecule-1, lipoprotein-associated phospholipase A2, osteoprotegerin

## Introduction

Biomarkers of systemic inflammation and oxidative stress are associated with cardiovascular disease,<sup>1</sup> metabolic syndrome,<sup>2</sup> frailty,<sup>3</sup> diabetes,<sup>4</sup> obesity,<sup>5,6</sup> and

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chronic renal disease.<sup>7</sup> The Framingham Heart Study has reported that additive genetic effects explain significant portions of the phenotypic variance of these markers (heritability,  $h^2$ ): 0.17 for CD40 ligand,<sup>8</sup> 0.34 for intercellular adhesion molecule-1 (ICAM-1),<sup>8</sup> 0.25 for lipoprotein-associated phospholipase A2 (Lp-PLA<sub>2</sub>) mass,<sup>9</sup> 0.41 for Lp-PLA<sub>2</sub> activity,<sup>9</sup> 0.24 for myeloperoxidase,<sup>8</sup> 0.45 for P-selectin,<sup>8</sup> 0.34 for tumor necrosis factor receptor II (TNFR2),<sup>8</sup> 0.45 for soluble ST2,<sup>10</sup> and 0.16 for tumor necrosis factor-alpha (TNF $\alpha$ )<sup>8</sup> when log-transformed. Traditionally, these estimates are assumed to apply throughout the phenotype distribution.<sup>11</sup>

“Quantile-dependent expressivity” refers to the phenotypic expression of a genetic variant being dependent on whether the trait is high or low relative to its distribution.<sup>12</sup> For example, the heritability of total and HDL cholesterol,<sup>13–15</sup> triglycerides,<sup>16</sup> leptin,<sup>17</sup> glucose,<sup>18</sup> insulin,<sup>18</sup> uric acid<sup>19</sup> and adiponectin concentrations,<sup>20</sup> coffee and alcohol consumption,<sup>21,22</sup> adiposity,<sup>12,23</sup> and postprandial lipemia<sup>24</sup> increase with increasing quantiles of each trait, whereas intakes of other macronutrients and height do not.<sup>12,22,23</sup> One potential consequence of quantile-dependent expressivity is that sampling by characteristics that distinguish high- vs low-valued phenotypes may produce genetic differences traditionally ascribed to gene–environment, gene–drug and gene–diet interactions when a simpler explanation of quantile-dependence might suffice.<sup>15</sup>

We have previously demonstrated quantile-dependent expressivity for C-reactive protein,<sup>25</sup> a nonspecific acute-phase reactant,<sup>26</sup> and interleukin-6,<sup>27</sup> a primary stimulator for the production of most acute-phase proteins.<sup>28</sup> Specifically, their heritabilities increased significantly with their increasing serum concentrations, such that larger genetic effects at higher vis-à-vis lower concentrations might contribute to published examples of their gene–drug, gene–diet, and gene–environment interactions. Using data from the Framingham Heart Study,<sup>29,30</sup> the current report furthers these analyses by examining whether quantile-dependent heritability might also affect other biomarkers representing different aspects of inflammatory cascade: inflammatory cytokines (TNF $\alpha$ , TNFR2, interleukin-18), leukocyte tethering (P-selectin), cellular immunity (CD40 ligand), leukocyte adhesion (ICAM-1), and monocyte adhesion and endothelial sensitization (osteoprotegerin).<sup>31–36</sup> Soluble ST2 was examined because it functions as a decoy receptor for interleukin-33 that prevents ST2/IL-33 signaling.<sup>10</sup> Lp-PLA<sub>2</sub> and

myeloperoxidase concentrations were included as measures of oxidative stress.<sup>37</sup> Quantile-regression does not require statistical normality and therefore tests for genetic effects on these phenotypes as originally measured.

## Materials and Methods

The Framingham Study data were obtained from the National Institutes of Health FRAMCOHORT, GEN3, FRAMOFFSPRING Research Materials obtained from the National Heart, Lung, and Blood (NHLBI) Biologic Specimen and Data Repository Information Coordinating Center. The hypothesis tested is not considered as part of the initial Framingham Study design and is exploratory. The Offspring Cohort included 5124 adult children of the Original Cohort and their spouses who were initially examined between 1971 and 1975, reexamined eight years later, and then every three to four years thereafter.<sup>29</sup> The Third Generation Cohort was composed of the prodigy of the Offspring Cohort.<sup>30</sup> Subjects used in the current analyses were at least 16 years of age and were self-identified as non-Hispanic White.

Lawrence Berkeley National Laboratory Human Subjects Committee (HSC) approved the analyses of these data for protocol “Gene–environment interaction vs quantile-dependent penetrance of established SNPs (107H021)”. LBNL holds the Office of Human Research Protection's Federal Wide Assurance Number FWA 00006253. Approval number: 107H021-13MR20. All surveys were conducted under the direction of the Framingham Heart Study human use committee guidelines, with signed informed consent from all participants or parent and/or legal guardian if <18 years of age.

Phlebotomy was performed on fasting participants who had rested for 5 to 10 minutes in a supine position, typically between 8 and 9 AM. Specimens were stored at –80°C without freeze-thaw cycles until assay. Collected blood was spun at 5000 rpm for 20 minutes in a balanced oxalate tube. The inflammatory biomarkers were measured in the Offspring Cohort at clinical examination 6 (soluble ST2), examination 7 (sICAM-1, myeloperoxidase, Lp-PLA<sub>2</sub>, osteoprotegerin, sP-selectin, TNFR2, CD40 ligand, TNF $\alpha$ , interleukin-18) and examination 8 (sICAM-1, Lp-PLA<sub>2</sub>, osteoprotegerin, sP-selectin, TNFR2) and in the Generation Three Cohort at examination 1 (ICAM-1, LpPLA<sub>2</sub>, osteoprotegerin, sP-selectin, TNFR2). Offspring Cohort examination 6 took place between 1996 and 1998, examination 7 between 1998 and 2001, and examination 8 between 2004 and 2008. The Third Generation Cohort

examination one occurred between 2002 and 2005. Details of the assays have been published<sup>36,38</sup> and are available online.<sup>39</sup>

## Statistics

The statistical analyses have been described elsewhere,<sup>12–25</sup> and summarized briefly here. Individual subject values are the average of the age- and sex-adjusted concentrations over all available exams. Offspring-parent regression slopes ( $\beta_{OP}$ ) were computed using parents from the Offspring Cohort and their Third Generation Cohort children. Full-sibling regression slopes ( $\beta_{FS}$ ) were calculated for the sibships identified in the Offspring and Third Generation Cohorts by forming all  $k_i$  ( $k_i-1$ ) sib pair combinations for the  $k_i$  siblings in sibship  $i$  and assigning equal weight to each sibling.<sup>40</sup> Heritability in the narrow sense ( $h^2$ ) was calculated as  $h^2 = 2\beta_{OP}/(1+r_{spouse})$  and  $h^2 = \{(1+8\beta_{FS}r_{spouse})^{0.5}-1\}/(2r_{spouse})$ , where  $r_{spouse}$  is the spouse correlation.<sup>11</sup>

Simultaneous quantile regression was performed using the `sqreg` command of Stata (version 11, StataCorp, College Station, TX).<sup>41</sup> One thousand bootstrap samples were drawn to estimate the variance-covariance matrix for the 91 quantile regression coefficients between the 5th and 95th percentiles of the offspring's distribution.<sup>42</sup> Quantile-specific expressivity was assessed by: 1) estimating quantile-specific  $\beta$ -coefficients ( $\pm$ SE) for the 5th, 6th, ..., 95th percentiles of the sample distribution; 2) plotting the quantile-specific  $\beta$  coefficient vs the quantile of the trait distribution; and 3) testing whether the resulting graph was constant, or changed as a linear, quadratic, and cubic functions of the percentile of the trait distribution using orthogonal polynomials.<sup>43</sup> Statistics are reported  $\pm$  one standard error. "Quantile-specific heritability" refers to the heritability statistic, whereas "quantile-specific expressivity" is the biological phenomenon of the trait expression being quantile-dependent.

Published examples of gene-disease and gene-environment interactions were identified through keyword search on PubMed. Data from these studies were re-analyzed using genotype-specific means or medians presented in the original articles<sup>44–56</sup> or by extracting these values from published graphs<sup>57–62</sup> using the Microsoft PowerPoint formatting palette as previously described.<sup>24</sup> Specifically, histograms were created that display a precision medicine perspective of genotype-specific patient-control differences or treatment effects. These were compared to line graphs showing a larger genetic effect size when average circulating concentrations were

high, ie, a quantile-dependent expressivity perspective. The juxtaposition of the histograms and line graphs shows that both interpretations warrant consideration. Our interpretations of these other studies are not necessarily those of the original authors.

## Data Availability

The data are not being published in accordance with the data use agreement between the NIH National Heart Lung, and Blood Institute and Lawrence Berkeley National Laboratory. However, the data that support the findings of this study are available from NIH National Heart Lung, and Blood Institute Biologic Specimen and Data Repository Information Coordinating Center directly through the website <https://biolincc.nhlbi.nih.gov/my/submitted/request/>.

## Results

Table 1 displays the sample characteristics by sex and cohort. Estimated age and sex-adjusted spouse correlations ( $r_{spouse}$ ) were 0.0921 for sP-selectin, 0.1110 for sICAM-1, 0.0525 for Lp-PLA<sub>2</sub> mass, -0.0171 for Lp-PLA<sub>2</sub> activity, 0.0067 for osteoprotegerin, 0.0561 for CD40 ligand, -0.0376 for interleukin-18, 0.0238 for TNF $\alpha$ , 0.0835 for TNFR2, 0.0845 for myeloperoxidase, and 0.0538 for soluble ST2. Table 2 presents the traditional estimates of heritability for the untransformed inflammatory markers, which were strongest for sP-selectin concentration, soluble ST2 concentration, and Lp-PLA<sub>2</sub> activity, modest for circulating sICAM-1, Lp-PLA<sub>2</sub>-mass, osteoprotegerin, TNFR2, and myeloperoxidase concentrations, and non-significant for TNF $\alpha$  and CD40 ligand.

## Quantile-Specific Heritability

Figure 1A presents the offspring-parent regression slopes ( $\beta_{OP}$ ) for selected quantiles of the offspring's age and sex-adjusted Lp-PLA<sub>2</sub> mass concentrations. Each ng/mL increment in the parents' Lp-PLA<sub>2</sub> concentration corresponded to a 0.057 $\pm$ 0.018 ng/mL Lp-PLA<sub>2</sub> increase at the 10<sup>th</sup> percentile of the offspring's Lp-PLA<sub>2</sub> distribution ( $P = 0.001$ ), a 0.042 $\pm$ 0.014 ng/mL increase at the 25<sup>th</sup> percentile ( $P = 0.003$ ), a 0.063 $\pm$ 0.014 ng/mL increase at the 50<sup>th</sup> ( $P = 8.4 \times 10^{-6}$ ), a 0.106 $\pm$ 0.020 ng/mL increase at the 75<sup>th</sup> percentile ( $P = 6.3 \times 10^{-8}$ ), and a 0.139 $\pm$ 0.031 ng/mL increase at the 90<sup>th</sup> percentile ( $P = 7.9 \times 10^{-6}$ ). These correspond to  $h^2 \pm$ SEs of 0.109 $\pm$ 0.034 at the 10<sup>th</sup>, 0.080 $\pm$ 0.026 at the 25<sup>th</sup>, 0.119 $\pm$ 0.027 at the 50<sup>th</sup>, 0.201 $\pm$ 0.037 at the 75<sup>th</sup>, and 0.264 $\pm$ 0.059 at the 90<sup>th</sup> percentile. These

**Table 1** Sample Characteristics

	Third Generation Cohort		Offspring Cohort	
	Male	Female	Male	Female
Sample size (N)	1804	2050	1328	1531
Age, years	40.36 (8.65)	39.91 (8.75)	63.78 (9.23)	63.67 (9.12)
BMI, kg/m <sup>2</sup>	28.00 (4.67)	26.04 (6.11)	28.56 (4.48)	27.41 (5.73)
sP-selectin ng/mL	54.57 (19.97)	44.43 (16.46)	41.90 (14.79)	37.84 (11.60)
sIntercellular Adhesion Molecule 1 (sICAM-1) ng/mL	260.56 (76.02)	251.11 (74.40)	263.32 (82.02)	264.87 (86.29)
Lipoprotein-associated phospholipase A2 (Lp-PLA <sub>2</sub> ) mass ng/mL	298.88 (49.02)	282.20 (46.40)	289.31 (63.26)	267.67 (63.30)
Lipoprotein-associated phospholipase A2 (Lp-PLA <sub>2</sub> ) activity mmol/min/mL	160.66 (33.09)	123.49 (29.48)	155.03 (30.80)	130.45 (27.90)
Osteoprotegerin pmol/l	4.025 (1.252)	4.784 (1.776)	5.252 (1.728)	5.565 (1.780)
CD40 ligand ng/mL			3.187 (4.728)	3.551 (4.995)
High-sensitivity TNF-alpha (TNF $\alpha$ ) pg/mL	1.434 (1.085)	1.577 (1.520)		
Interleukin-18 pg/mL			282.45 (114.33)	239.76 (127.14)
Soluble ST2 ng/mL			24.66 (9.08)	19.81 (7.19)
Tumor necrosis factor receptor 2 (TNFR2) pg/mL	2312.51 (722.32)	2203.04 (564.24)	2474.36 (941.00)	2381.79 (831.79)
Myeloperoxidase ng/mL			51.88 (35.46)	46.20 (27.90)

**Note:** Mean (standard deviation).

quantile-specific regression slopes were included with those of other quantiles to create the quantile-specific heritability function in [Figure 1B](#), ie, where the offspring-parent slopes (Y-axis) are plotted as a function of the quantile of the offsprings' sample distribution (X-axis). If the offspring-parent slope was the same for all offspring quantiles as traditionally assumed, then [Figure 1A](#) would display parallel regression lines, and [Figure 1B](#) would present a flat horizontal graph. In fact, the graph shows that the slopes become progressively greater with increasing quantiles above about the 70<sup>th</sup> percentile, such that on average each 1-percent increase in the offspring's distribution was associated with a  $0.0023 \pm 0.0006$  unit linear increase in  $h^2$  ( $P_{\text{linear trend}} = 0.0004$ ). The heritability function is, in fact, convex ( $P_{\text{quadratic}} = 0.01$ ) meaning that the increase in heritability with increasing percentiles of the offspring's Lp-PLA<sub>2</sub> distribution is accentuated at higher concentrations. [Figure 1C](#) presents a significant increase in  $\beta_{\text{FS}}$ -estimated heritability with increasing quantiles of the sib Lp-PLA<sub>2</sub> mass distribution.

[Table 3](#) presents quantile regression analyses for the additional inflammatory markers. [Figure 2](#) shows that the

heritabilities of sP-selectin, sICAM-1, and TNFR2 increase significantly with increasing percentiles of the offspring phenotype distribution. Moreover, these increases in heritability were further accelerated at higher concentrations of sICAM-1 ( $P_{\text{quadratic}} = 0.05$ ) and TNFR2 ( $P_{\text{quadratic}} = 0.03$ ). [Figure 3](#) presents the significant increases in  $h^2$  for osteoprotegerin and soluble ST2 concentrations. The results for osteoprotegerin were mixed, with increasing  $\beta_{\text{FS}}$  with increasing percentiles of the sibling concentrations, but not  $\beta_{\text{OP}}$ . Lp-PLA<sub>2</sub> activity and circulating concentrations of CD40 ligand, TNF $\alpha$ , interleukin-18 and myeloperoxidase heritability showed no significant quantile-dependence.

## Logarithmically Transformed Phenotypes

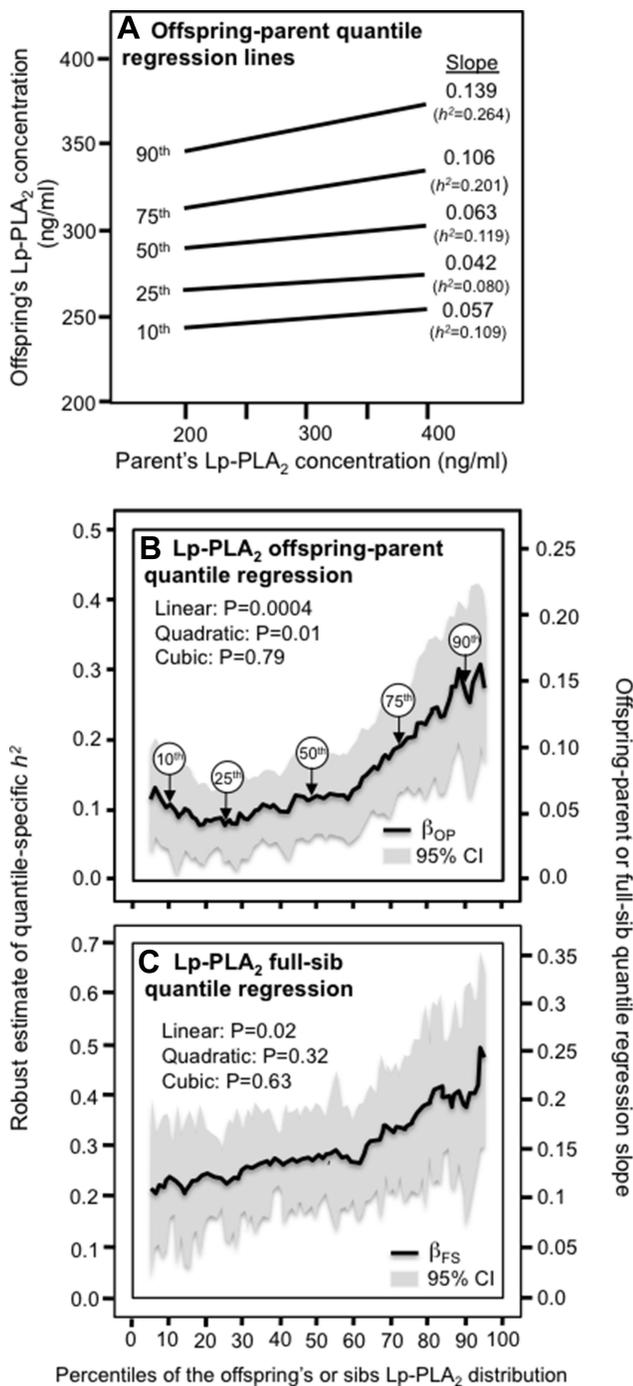
[Supplementary Table 1](#) shows that the logarithmic transformation generally alters, rather than eliminates, quantile-dependent heritability, ie, greater heritability at lower (not higher) concentrations for log sP-selectin, log Lp-PLA<sub>2</sub> activity, and log TNFR2, and increasing convexity for Lp-PLA<sub>2</sub>-mass and CD40 ligand. The increase in heritability with increasing sICAM-1 concentrations persisted when log-transformed. Estimated age and sex-adjusted spouse

**Table 2** Traditional Estimates of Offspring-Parent ( $\beta_{OP}$ ) and Full-Sib Regression Slopes ( $\beta_{FS}$ ) with Estimated Heritability

	Correlation	Regression Slope	Significance	Heritability
<b>sP-selectin</b>				
Offspring parent	0.18	0.2463±0.0226	<10 <sup>-15</sup>	0.451±0.041
Full sibling	0.21	0.2061±0.0171	<10 <sup>-15</sup>	0.398±0.034
<b>sICAM-1</b>				
Offspring parent	0.12	0.1041±0.015	4.2×10 <sup>-12</sup>	0.187±0.027
Full sibling	0.14	0.1420±0.0174	2.2×10 <sup>-16</sup>	0.276±0.043
<b>Lp-PLA<sub>2</sub> mass</b>				
Offspring parent	0.11	0.0804±0.0126	1.7×10 <sup>-10</sup>	0.153±0.024
Full sibling	0.13	0.1516±0.0208	2.8×10 <sup>-13</sup>	0.304±0.035
<b>Lp-PLA<sub>2</sub> activity</b>				
Offspring parent	0.19	0.2038±0.0177	<10 <sup>-15</sup>	0.415±0.036
Full sibling	0.24	0.2364±0.0170	<10 <sup>-15</sup>	0.477±0.034
<b>Osteoprotegerin</b>				
Offspring parent	0.08	0.0750±0.0158	2.0×10 <sup>-6</sup>	0.149±0.031
Full sibling	0.13	0.1301±0.0173	6.0×10 <sup>-14</sup>	0.260±0.035
<b>CD40 ligand</b>				
Full sibling	0.05	0.0515±0.0319	0.10	0.102±0.064
<b>High-sensitivity TNF-alpha (TNF<math>\alpha</math>)</b>				
Full sibling	0.01	0.0101±0.0398	0.80	0.020±0.079
<b>Interleukin-18</b>				
Full sibling	0.12	0.1176±0.0327	0.0003	0.233±0.065
<b>Soluble ST2</b>				
Full sibling	0.18	0.1801±0.0305	3.7×10 <sup>-9</sup>	0.353±0.061
<b>Tumor necrosis factor receptor 2 (TNFR2)</b>				
Offspring parent	0.16	0.1161±0.0121	<10 <sup>-15</sup>	0.214±0.022
Full sibling	0.15	0.1481±0.0225	4.4×10 <sup>-11</sup>	0.289±0.035
<b>Myeloperoxidase</b>				
Full sibling	0.12	0.1207±0.0323	<10 <sup>-15</sup>	0.237±0.064

**Notes:** Number of offspring with one and two parents were: 1711 and 1696, respectively for sP-selectin; 1709 and 1761, respectively for sICAM-1; 1710 and 1780, respectively for LpPLA<sub>2</sub>-mass and LpPLA<sub>2</sub>-activity; 1706 and 1785, respectively for osteoprotegerin; and 1720 and 1787, respectively for TNFR2. There were 5113 siblings in 1840 sibships with sP-selectin; 5081 siblings in 1830 sibships with sICAM-1, 5113 siblings in 1839 sibships with LpPLA<sub>2</sub>-mass, 5111 siblings in 1838 sibships with LpPLA<sub>2</sub>-activity; 5114 siblings in 1840 sibships with osteoprotegerin, 1615 siblings in 632 sibships with CD40-ligand, 1072 siblings in 441 sibships with TNF- $\alpha$ , 1498 siblings in 606 sibships with interleukin-18, 1697 siblings in 659 sibships with soluble ST2, 3068 siblings in 1133 sibships with TNFR2; and 1553 siblings in 608 sibships with myeloperoxidase.

correlations ( $r_{spouse}$ ) were 0.0898 for log sP-selectin, 0.1121 for log sICAM-1, 0.1161 for log Lp-PLA<sub>2</sub> mass, 0.0330 for log Lp-PLA<sub>2</sub> activity, 0.0795 for log osteoprotegerin, 0.0345 for log CD40 ligand, 0.1392 for log TNF $\alpha$ , 0.0760 for log TNFR2, 0.0873 for log myeloperoxidase, and 0.0688 for log soluble ST2.



**Figure 1** (A) Offspring-parent regression slopes ( $\beta_{OP}$ ) for selected quantiles of the offspring's untransformed Lp-PLA<sub>2</sub>-mass concentrations with corresponding estimates of heritability ( $h^2=2\beta_{OP}/(1+r_{spouse})$ ),<sup>11</sup> where the correlation between spouses was  $r_{spouse}=0.0525$ . The slopes became greater (ie, steeper) with increasing quantiles of the Lp-PLA<sub>2</sub> distribution. (B) The selected quantile-specific regression slopes were included with those of other quantiles to create a quantile-specific heritability function. Significance of the linear, quadratic and cubic trends and the 95% confidence intervals (shaded region) were determined by 1000 bootstrap samples. (C) Quantile-specific full-sib regression slopes ( $\beta_{FS}$ ) with corresponding estimates of heritability as calculated by  $h^2=\{(8r_{spouse}\beta_{FS}+1)^{0.5}-1\}/(2r_{spouse})$ .<sup>11</sup>

## Reassessing Published Gene–Disease and Gene–Treatment Interactions

Heritability lacks the specificity of directly measured genotypes; therefore, we also examined published studies that measured genetic variants directly from the perspective of quantile-dependent expressivity to establish external validity and generalizability. Figures 4 and 5 are derived from published examples that show larger genetic effect sizes for conditions that elevate P-selectin, ICAM-1, Lp-PLA<sub>2</sub>-mass, and osteoprotegerin concentrations, consistent with their quantile-specific heritability. Specifically, the histograms present patient-control differences by genotype for venous thromboembolism, coronary heart disease with pulmonary hypertension, T2DM, brain abscess, myocardial infarction, intervertebral disc degeneration and carotid artery unstable plaque, and genotype-specific reductions in sP-selectin and sICAM-1 due to statin treatment. Alternatively, the line graphs present the results from the perspective of quantile-dependent expressivity, ie, larger cross-sectional differences between genotypes at the higher mean concentration of the diseased state or prior to statin treatment.

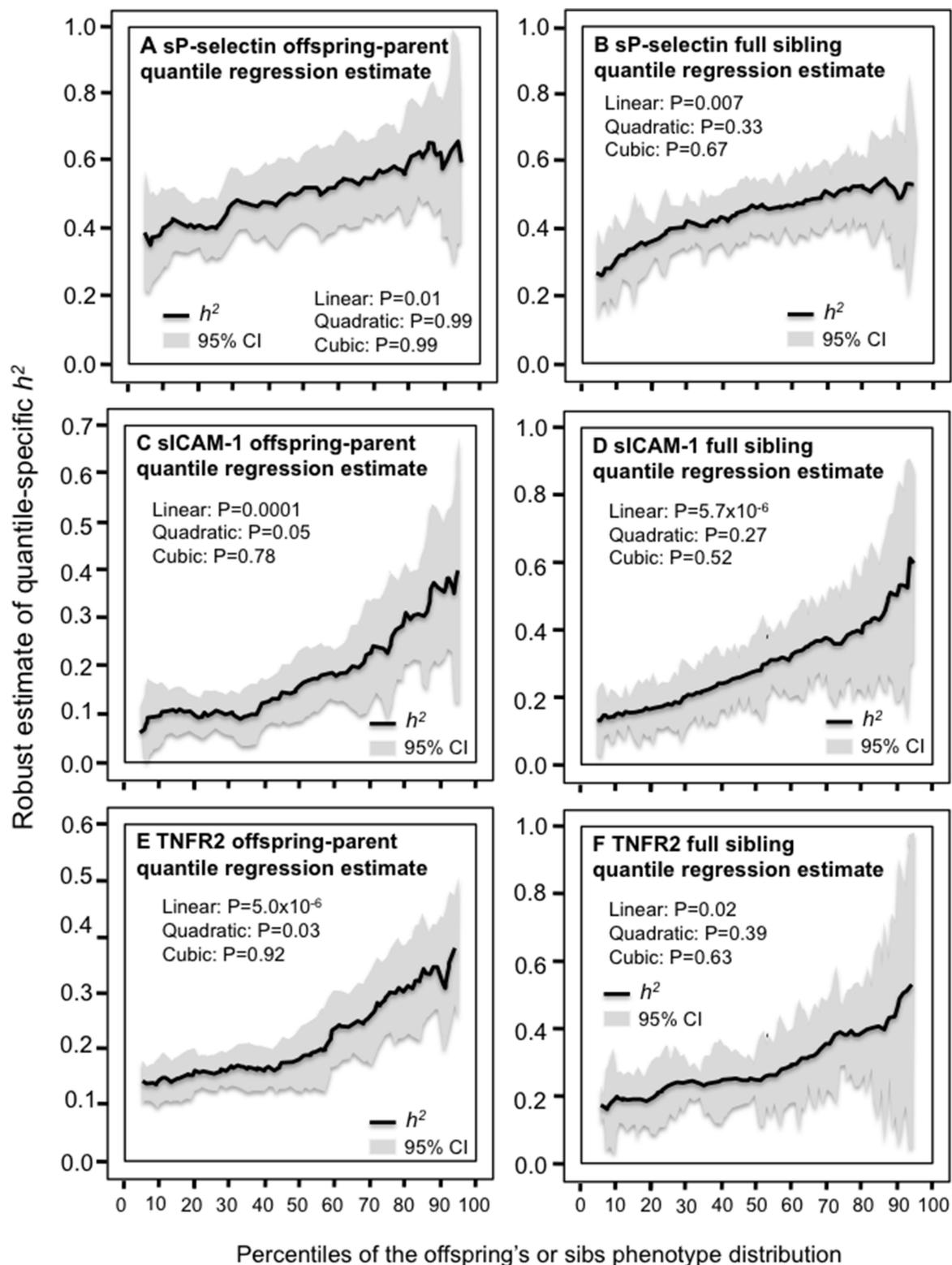
## Discussion

These analyses suggest that the heritability of circulating sP-selectin, sICAM-1, Lp-PLA<sub>2</sub>-mass, TNFR2, and soluble ST2 concentrations increase with increasing percentiles of their phenotype distributions. Relative to the 10<sup>th</sup> percentile, the heritability at the 90<sup>th</sup> percentile was 43% greater for sP-selectin, 3.8-fold greater for sICAM-1 ( $P = 0.0009$ ), 2.4-fold greater for Lp-PLA<sub>2</sub> mass ( $P = 0.01$ ), and 2.3-fold greater for TNFR2 ( $P = 0.0009$ ) when estimated from  $\beta_{OP}$ . Similar differences were obtained for sICAM-1 (3.5-fold greater,  $P = 0.006$ ), Lp-PLA<sub>2</sub> mass (61% greater,  $P = 0.04$ ), and TNFR2 (2.3-fold greater,  $P = 0.03$ ) when estimated from  $\beta_{FS}$ . These differences in heritability between the 90<sup>th</sup> and 10<sup>th</sup> percentiles are smaller than those previously reported for circulating C-reactive protein (17.7-fold difference)<sup>25</sup> and IL-6 (14-fold difference),<sup>27</sup> but similar to those reported for two other inflammatory markers—plasminogen activator inhibitor type-1 (2.9-fold difference)<sup>63</sup> and monocyte chemoattractant protein-1 concentrations (3.0-fold difference).<sup>64</sup> The different results for osteoprotegerin heritability when estimated from  $\beta_{OP}$  ( $P_{trend}=0.48$ ) and  $\beta_{FS}$  ( $P_{trend}=0.002$ ) may

**Table 3** Quantile Regression Analyses of Offspring-Parent and Full-Sib Phenotypes from the Framingham Heart Study

	Increase in Slope per 1% Increase in the Offspring's Distribution				Difference in Slope Between the 90 <sup>th</sup> and 10 <sup>th</sup> Percentiles	
	Linear Effect		Nonlinear Effects		Difference ±SE	P
	Slope±SE	Linear P	Quadratic P	Cubic P		
<b>sP-selectin</b>						
Offspring parent	0.0016±0.0006	0.01	0.99	0.99	0.094±0.060	0.12
Full sibling	0.0014±0.0005	0.007	0.33	0.67	0.106±0.061	0.08
<b>sICAM-1</b>						
Offspring parent	0.0018±0.0005	0.0001	0.05	0.78	0.146±0.044	0.0009
Full sibling	0.0023±0.0006	5.7×10 <sup>-5</sup>	0.27	0.52	0.190±0.068	0.006
<b>Lp-PLA<sub>2</sub> mass</b>						
Offspring parent	0.0012±0.0003	0.0004	0.01	0.79	0.082±0.033	0.01
Full sibling	0.0012±0.0005	0.02	0.32	0.63	0.072±0.064	0.26
<b>Lp-PLA<sub>2</sub> activity</b>						
Offspring parent	-0.0004±0.0005	0.44	0.33	0.90	-0.042±0.054	0.43
Full sibling	0.0001±0.0004	0.73	0.73	0.36	0.004±0.045	0.94
<b>Osteoprotegerin</b>						
Offspring parent	0.0003±0.0005	0.48	0.64	0.17	0.025±0.041	0.55
Full sibling	0.0015±0.0005	0.002	0.55	0.36	0.129±0.040	0.001
<b>CD40 ligand</b>						
Full sibling	0.0022±0.0014	0.11	0.93	0.27	0.153±0.181	0.40
<b>High-sensitivity TNF-alpha (TNF<math>\alpha</math>)</b>						
Full sibling	0.0014±0.0012	0.25	0.31	0.47	0.157±0.129	0.23
<b>Interleukin-18</b>						
Full sibling	0.0018±0.0011	0.10	0.14	0.02	0.195±0.144	0.18
<b>Soluble ST2</b>						
Full sibling	0.0027±0.0010	0.008	0.52	0.50	0.227±0.159	0.15
<b>Tumor necrosis factor receptor 2 (TNFR2)</b>						
Offspring parent	0.0014±0.0003	5.0×10 <sup>-6</sup>	0.03	0.92	0.101±0.031	0.0009
Full sibling	0.0017±0.0006	0.02	0.39	0.63	0.126±0.076	0.10
<b>Myeloperoxidase</b>						
Full sibling	0.0026±0.0014	0.06	0.29	0.66	0.182±0.148	0.22

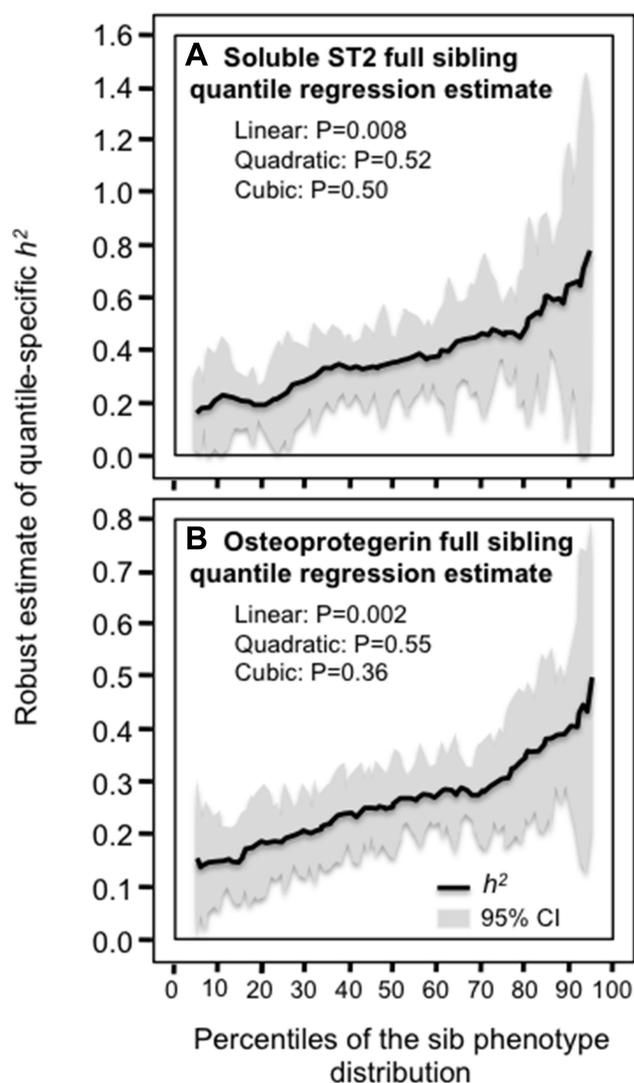
**Abbreviations:** ICAM-1, intercellular adhesion molecule-1; Lp-PLA<sub>2</sub>, lipoprotein-associated phospholipase A2.



**Figure 2** Quantile-specific heritability by percentiles of the offspring or sib phenotypic distribution for: sP-selectin concentrations (**A** and **B**); sICAM-1 concentrations (**C** and **D**); and tumor necrosis factor receptor type 2 (TNFR2) concentrations (**E** and **F**).

relate to shared environmental effects or genetic dominance affecting sibling but not offspring-parent associations.<sup>11</sup> Importantly, Lp-PLA<sub>2</sub> activity, CD40 ligand, TNF $\alpha$ , and

myeloperoxidase heritability exhibited no significant quantile-dependence, showing that not all inflammatory markers exhibit quantile-dependent expressivity.



**Figure 3** Quantile-specific heritability by percentiles of the sib phenotypic distribution for: (A) soluble ST2 concentrations in citrated plasma, and (B) serum osteoprotegerin concentrations.

A potential consequence of quantile-dependent expressivity is that the selection of patients by characteristics that distinguish high- vs low-value phenotypes may display different size genetic effect.<sup>14,15</sup> These genetic differences are often interpreted from the perspective of precision medicine, ie, genotypic markers that predict treatment efficacy or disease severity, when a simpler explanation of quantile-dependent expressivity might suffice.

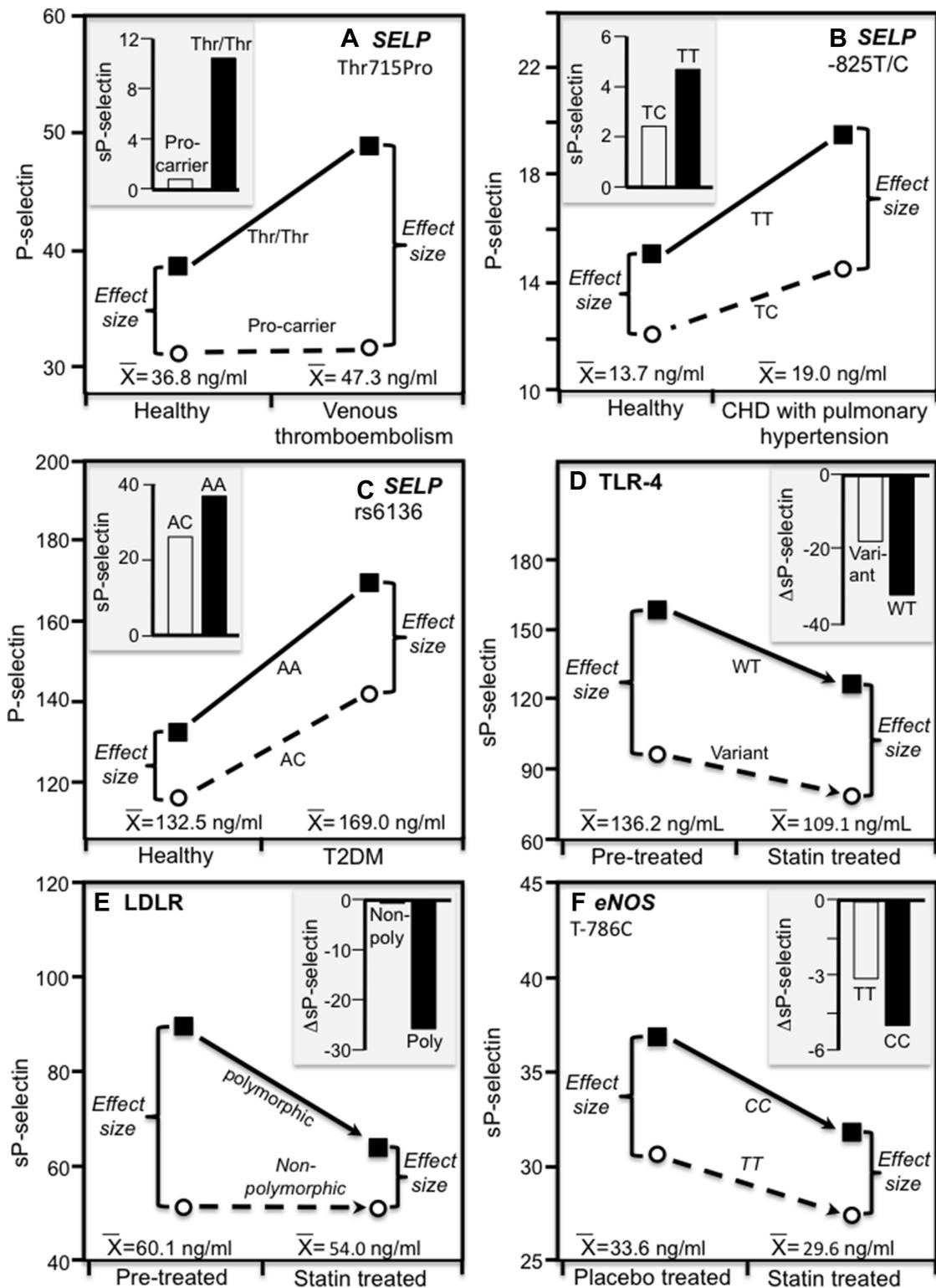
### sP-Selectin

Adhesion molecules are found to be membrane-bound forms that mediate leukocyte attachment and internalization,<sup>65</sup> and soluble forms produced by the shedding or enzymatic cleavage of the membrane-bound

molecules.<sup>66</sup> P-selectin belongs to the selectin family of adhesion molecules.<sup>67</sup> Elevated sP-selectin concentrations have been associated with diabetes,<sup>68</sup> cardiovascular disease,<sup>69,70</sup> obstructive sleep apnea,<sup>71</sup> and obesity.<sup>72</sup> sP-selectin concentrations in serum are about 2.5-fold greater than their plasma concentrations due to in vitro platelet activation and sP-selectin release.<sup>48</sup>

Others report that the heritability of sP-selectin is moderately strong, ie 46±10% in the Fels longitudinal study,<sup>73</sup> 45% in the Framingham Offspring Study,<sup>8,74</sup> 70% in the San Antonio Family Heart Study,<sup>75</sup> and 78% in the Emory Twin Studies.<sup>76</sup> P-selectin is encoded by the *SELP* gene on chromosome 1q21-q24 spanning >50 kb,<sup>77</sup> and includes three SNPs that have been associated with disease: Ser290Asn (rs6131) in exon 7, G1980T Leu599Val (rs6133) in exon 12, and A2331C Thr715Pro (rs6136) in exon 13.<sup>77,78</sup> Barbalic et al reported that 9.3% of variance in sP-selectin concentrations was attributable to *SELP* genetic variants in their genome-wide association study (GWAS) of 4115 subjects,<sup>79</sup> with the strongest association for the *SELP* rs6136 polymorphism ( $P = 4.1 \times 10^{-61}$ ). sP-selectin concentrations were also significantly related to polymorphisms located near the ABO blood group gene (rs579459,  $P = 1.9 \times 10^{-41}$ ), which may affect P-selectin (and ICAM-1) shedding from cell membranes by altering their glycosylation.<sup>79</sup>

P-selectin concentrations are elevated immediately following venous thrombosis and remain elevated for months thereafter, either as a cause or the consequence of the thromboembolism.<sup>57</sup> Ay et al<sup>57</sup> reported significantly higher plasma P-selectin concentrations in 116 patients with confirmed recurrent venous thrombosis than in 129 age and sex matched controls (47.3±1.4 vs 36.8±1.0 ng/mL,  $P < 0.001$ ). Figure 4A histogram suggests that the difference was specific to Thr/Thr homozygotes of the Thr715Pro (rs6136) polymorphism ( $P < 0.001$ ) whilst the patient-control difference for Pro715 allele carriers was nonsignificant ( $P = 0.63$ ). Alternatively, the associated line graph shows the significant interaction between genotype and condition ( $P_{\text{interaction}}=0.002$ ) could also be ascribed to a larger difference between genotypes (17.3±2.4 ng/mL) at the higher patient concentrations vis-à-vis the smaller genotype difference (7.5±1.9 ng/mL) at the lower average concentrations of controls. Whereas the histogram represents a precision medicine perspective (genotype-specific health effect), the line graph represents a quantile-



**Figure 4** Precision medicine perspective of genotype-specific sP-selectin differences (histogram inserts) vs quantile-dependent expressivity perspective (line graphs showing larger genetic effect size when average sP-selectin concentrations were high) for: (A) Ay et al 2007 report on the serum sP-selectin difference between 116 venous thromboembolism (VTE) patients and 129 age and sex-matched controls by *SELP* rs6136 (Thr715Pro) genotypes;<sup>57</sup> (B) Li et al 2015 report on the sP-selectin difference between congenital heart disease patients with pulmonary hypertension and healthy controls by -825T/C genotypes in the *SELP* promoter region;<sup>44</sup> (C) Kaur et al 2019 report on the sP-selectin difference between type 2 diabetes mellitus (T2DM) patients and healthy controls by *SELP* rs6136 genotypes;<sup>45</sup> (D) Di Nisio et al 2004 report on the decrease in sP-selectin concentrations following 20 mg/d atorvastatin by toll-like receptor-4 (*TLR-4*) gene variants (Asp299Gly and Thr399Ile vs wild type);<sup>46</sup> (E) Bolewski et al 2008 report showing greater reductions in mean sP-selectin concentrations following 3 months of 20 mg/d atorvastatin treatment in 8 hypercholesterolemic patients with *LDLR* mutations vs 26 unmutated patients;<sup>58</sup> (F) Souza-Costa et al 2007 report on the decrease in sP-selectin concentrations following 10 mg/d atorvastatin in 15 CC homozygotes and 15 TT homozygotes of the T-786C polymorphism of the endothelial nitric oxide synthase (*eNOS*) gene.<sup>59</sup>

dependent expressivity interpretation (larger genetic effect size at the higher mean concentration).

Li et al<sup>44</sup> reported that plasma sP-selectin concentrations were markedly higher in congenital heart disease patients with pulmonary hypertension than in healthy age- and sex-matched controls ( $P < 0.0001$ ). Figure 4B histogram shows that the patient minus control sP-selectin difference was greater in TT homozygotes than TC heterozygotes of the -825T/C polymorphism in the *SELP* promoter region (4.7 vs 2.4 ng/mL), which quantile-dependent expressivity might attribute to the larger difference between genotypes at the higher sP-selectin concentrations of the patients (genotype difference of 5.2 ng/mL in patients vs 3.0 ng/mL in controls).

Kaur et al<sup>45</sup> reported significantly higher serum sP-selectin concentrations in Type 2 diabetics than healthy controls (169.0±7.2 vs 132.5±5.4 ng/mL,  $P < 0.001$ ), particularly in AA homozygotes ( $P < 0.001$ ) and less so in AC heterozygotes ( $P = 0.11$ , Figure 4C histogram) of the *SELP* rs6136 polymorphism. Correspondingly, the line graph shows that the difference between AA and AC genotypes was greater at the higher average concentrations of the diabetics (27.4 vs 16.6 ng/mL).

Three studies report reductions in sP-selection concentrations following 10 to 20 mg/d of atorvastatin. They include Di Nisio et al<sup>46</sup> report of somewhat greater reductions in sP-selectin concentrations in noncarriers of the Thr399Ile or Asp299Gly polymorphisms of the toll-like receptor-4 (*TLR-4*) gene (ie wild type, Figure 4D histogram), Bolewski et al<sup>58</sup> report of greater sP-selectin reductions in hypercholesterolemic patients having mutations in low-density lipoprotein receptor (*LDLR*) gene than in those lacking mutations ( $P_{\text{interaction}} < 0.05$ , Figure 4E), and Souza-Costa et al<sup>59</sup> report of significant ( $P < 0.05$ ) sP-selectin reductions in CC homozygotes of the T-786C polymorphism of the endothelial nitric oxide synthase (*eNOS*) gene but not in TT homozygotes (Figure 4F). In all three cases, the associated line graphs show a greater difference between genotypes at the higher pre-treatment than lower post-treatment average sP-selectin concentrations. From a precision medicine perspective, the original reports concluded that CC homozygote of the T-786C polymorphism and carriers of the *LDLR* mutations might identify patients most likely to benefit from atorvastatin-induced sP-selectin reduction. Alternatively, from the perspective of quantile-dependent expressivity, these genetic markers may simply track the reduction in the genetic effect size associated with lower sP-selectin concentrations.

Quantile-dependent expressivity would not explain the significant rs6136 by smoking interactions reported by Carter et al<sup>47</sup> and Barbaux et al<sup>48</sup> due to a larger genotype difference at the lower average P-selectin concentrations of the nonsmokers.

## Intercellular Adhesion Molecule-1

ICAM-1 (aka CD54) is an intercellular adhesion molecule belonging to the immunoglobulin gene superfamily that facilitates leukocyte endothelial transmigration.<sup>80</sup> sICAM-1 heritability was estimated to be 24±10% in the Fels longitudinal study,<sup>73</sup> 24.0% and 34.1% in the Framingham Study,<sup>8,81,82</sup> 55% in the Longitudinal Study of Aging of Danish Twins,<sup>83</sup> 55% in the Emory Twin Studies,<sup>76</sup> and 56% in the San Antonio Family Heart Study.<sup>84</sup> Barbalic et al reported that sICAM-1 concentrations showed the strongest association with rs3093030 within the ICAM-1 gene ( $P = 3.5 \times 10^{-23}$ ) and was also significantly related to the aforementioned rs579459 polymorphism located near the ABO blood group gene ( $P = 1.2 \times 10^{-15}$ ).<sup>79</sup>

The study by Bolewski et al<sup>58</sup> showed that statin treatment decreased sICAM-1 by 21% for those with *LDLR* mutations and by 7% for those without mutations (Figure 5A,  $P_{\text{interaction}} < 0.01$ ). Alternatively, the line graph shows a greater difference between genotypes at the higher average pre-treatment sICAM-1 concentrations vis-à-vis the smaller genotype differences after their average concentrations had decreased following treatment.

Brain abscess, the result of parenchymal infection by pyogenic bacteria, can cause focal neurological deficits, loss of mental acuity, and seizures. Mishra et al<sup>60</sup> reported that average serum sICAM-1 concentrations were 30-fold higher in patients with brain abscesses compared to matched healthy controls ( $P < 0.001$ ). The histogram of Figure 5B shows that the patient-control differences were substantially greater in *ICAM-1* rs5498 EE-homozygotes vis-à-vis carriers of the K-allele. Consistent with quantile-dependent expressivity, the associated line graph shows that the cross-sectional genotype difference between EE-homozygotes and K-allele carriers was much greater at the higher concentrations of the affected patients.

Three studies lack genotype-specific information in healthy controls, which is needed to assess their consistency with quantile-dependent expressivity. Japanese encephalitis is a fatal condition in approximately one third of cases and produces permanent neurological sequelae in about one-half of survivors due to virus-induced tissue damage and

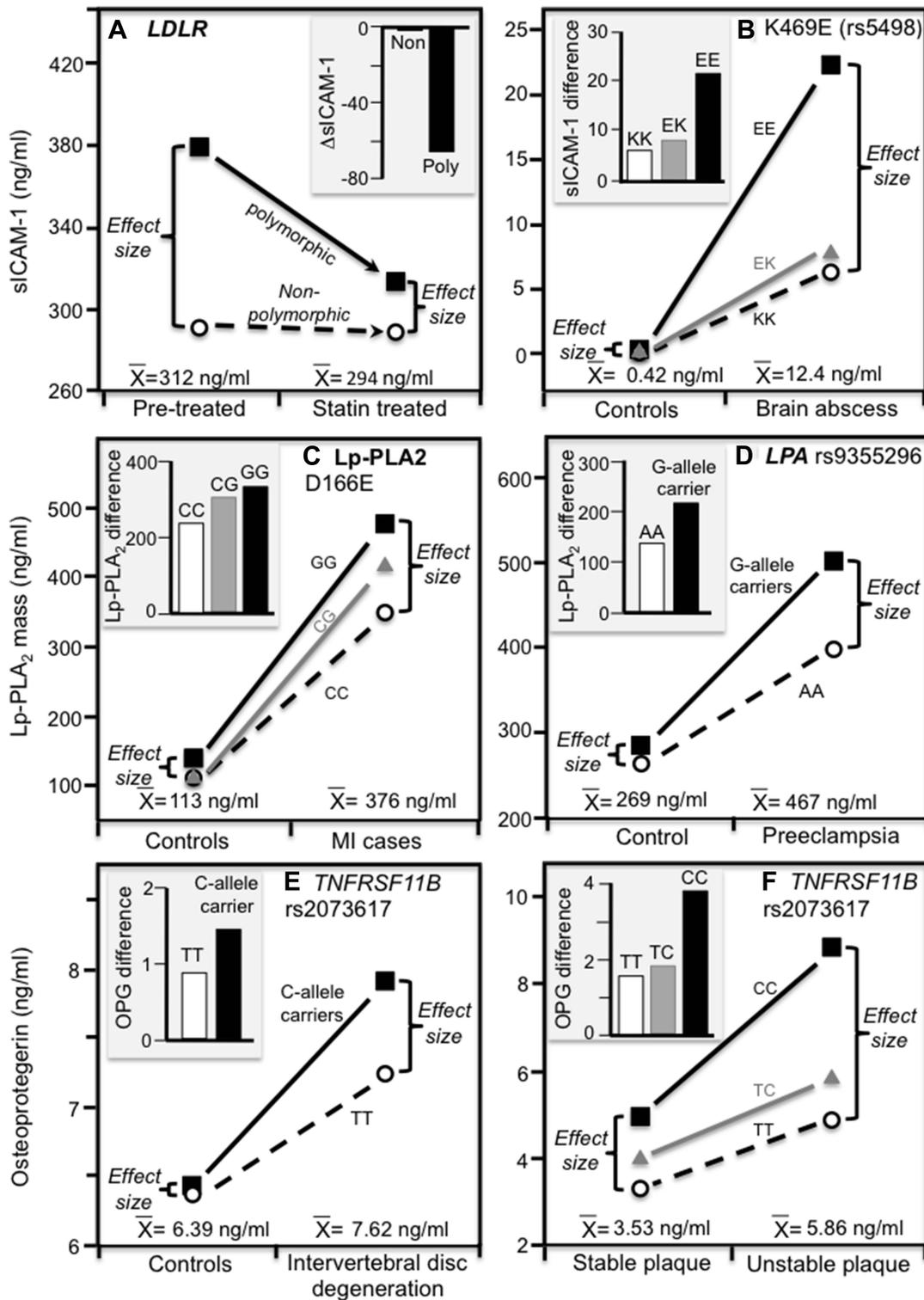


Figure 5

**Figure 5** Precision medicine perspective of genotype-specific differences in inflammatory biomarkers (histogram inserts) vs quantile-dependent expressivity perspective (line graphs showing larger genetic effect size when average concentrations were high) for: (A) Bolewski et al 2008 report on three-month atorvastatin-induced changes in sICAM-1 concentrations in 8 patients with mutations in the low-density lipoprotein receptor (*LDLR*) gene vs 26 un-mutated patients;<sup>58</sup> (B) Mishra et al 2016 report on differences in serum sICAM-1 concentrations between 100 brain abscess patients and 100 controls by ICAM-1 K469E (rs5498) genotypes;<sup>60</sup> (C) Zhang et al 2019 report on differences in serum Lp-PLA<sub>2</sub> mass concentrations between 297 myocardial infarction (MI) patients and 262 healthy controls by Lp-PLA<sub>2</sub> D166E genotypes;<sup>51</sup> (D) Tuten et al 2021 report on differences in serum Lp-PLA<sub>2</sub> mass concentrations between 149 women with preeclampsia and 49 with normal pregnancies by *LPA* rs9355296 genotypes;<sup>61</sup> (E) Xue et al 2016 report on differences in serum osteoprotegerin concentrations between intervertebral disc degeneration patients and matched controls by *TNFRSF11B* 950T/C (rs2073617) genotypes;<sup>52</sup> and (F) Straface et al 2011 report on differences in serum osteoprotegerin concentrations between 74 internal carotid artery stenosis patients with unstable plaques and 95 with stable plaque by *TNFRSF11B* 950T/C (rs2073617) genotypes.<sup>53</sup>

host-induced immune response.<sup>85</sup> Baluni et al<sup>86</sup> reported that patients infected with Japanese encephalitis virus had significantly higher ICAM-1 concentrations than healthy controls ( $P = 0.002$ ), and significantly higher ICAM-1 concentrations in EE homozygotes than EK heterozygotes ( $P = 0.01$ ) or KK homozygotes ( $P = 0.007$ ) of the *ICAM-1* K469E polymorphism but did not describe the genotype-specific effects in the healthy controls.

Pseudoxanthoma elasticum (PXE), an autosomal-recessive disorder caused by mutations in the ATP binding cassette transporter gene (*ABCC6*), is characterized by calcification and fragmentation of elastic fibers, proteoglycan accumulation in the extracellular matrix, skin lesions, and loss of visual acuity.<sup>87</sup> Hendig et al reported that in addition to having significantly higher serum ICAM-1 concentrations than healthy controls (303 vs 241 mg/L,  $P < 0.02$ ),<sup>49</sup> PXE patients with two nonsense *ABCC6* mutations or one nonsense mutation plus one missense mutation had significantly higher ICAM-1 concentrations than those lacking these mutations ( $314 \pm 16$  vs  $259 \pm 17$  ng/mL,  $P < 0.03$ ), but did not provide genotype-specific ICAM-1 concentrations in controls.

A third study by He et al<sup>50</sup> reported significantly higher mean ICAM-1 serum concentrations in migraine patients than controls ( $4372 \pm 78$  vs  $679 \pm 21$ ,  $P < 0.01$ ). They also reported that patients with the E-allele had higher ICAM-1 concentrations than K-allele carriers of the *ICAM1* K469E polymorphism ( $5493 \pm 137$  vs  $3971 \pm 80$ ,  $P < 0.01$ ) but did not provide the genotype-specific ICAM-1 concentrations in controls (which may reflect their nonsignificant differences).

## Lipoprotein-Associated Phospholipase A2

Abnormal plasma Lp-PLA<sub>2</sub> (aka platelet-activating factor acetylhydrolase, PAF-AH) mass, activity, or its distribution across lipoproteins is associated with inflammatory diseases, such as hypertension, cerebral ischemia, cardiac infarction,<sup>88</sup> sepsis, asthma, polycystic ovary syndrome (PCOS), and gestational diabetes mellitus. The enzyme, encoded by the *PLA2G7* gene, is secreted primarily by macrophages, and circulates bound to low-density lipoproteins, high-density lipoproteins, and Lp(a).<sup>88</sup> Reported Lp-PLA<sub>2</sub> heritability by others range from 25% to 37% for its mass concentration and from 37% to 62% for enzymatic activity.<sup>9,89–91</sup> However, Lp-PLA<sub>2</sub> mass and activity measurements do not correlate strongly ( $\rho = 0.24$ ,<sup>92</sup>  $r = 0.51$ )<sup>93</sup> presumably due to variation in catalytic activity in addition

to enzyme availability affecting the latter. In particular, loss of catalytic activity has been reported for the missense mutation V279F and A379V polymorphisms.<sup>88</sup> The analyses of the Framingham data sets showed that the heritabilities of Lp-PLA<sub>2</sub> mass concentration and Lp-PLA<sub>2</sub> activity differed with respect to both strength (15–30% vs 42–48%, Table 2) and quantile-dependence ( $P_{\text{linear}} = 0.0004$  vs  $P_{\text{linear}} = 0.44$ , Table 3).

Zhang et al<sup>51</sup> reported significantly higher Lp-PLA<sub>2</sub> serum mass concentrations in patients sampled within 24 hours of hospital admission for a myocardial infarction (MI) compared to age- and sex-matched controls ( $375.7 \pm 3.7$  vs  $112.5 \pm 1.7$  ng/mL,  $P < 0.001$ ). When these differences were examined with respect to the *PLA2G7* D166E polymorphism, Figure 5C shows that the case-control difference is greatest for GG, intermediate for CG and least for CC genotypes. The line graph shows that this corresponds to a significant difference between genotypes at the higher mean concentrations of the MI patients ( $P < 0.001$ ) but not at the lower concentrations of the control group ( $P = 0.23$ ).

Tuten et al<sup>61</sup> reported significantly higher Lp-PLA<sub>2</sub> mass concentrations in women experiencing preeclampsia than controls ( $P < 0.01$ ). As shown in Figure 5D, the net effect of preeclampsia on Lp-PLA<sub>2</sub> mass concentrations was greater in G-allele carriers of the *LPA* rs9355296 polymorphism. They also reported significant differences in Lp-PLA<sub>2</sub> mass concentrations between rs9355296 G-allele carriers compared with AA homozygotes in women with preeclampsia ( $< 0.01$ ) but not their healthy counterparts.

## Osteoprotegerin

Osteoprotegerin is synthesized primarily by osteoblasts and participates in the regulation of osteoblasts/osteoclasts balance and bone formation/absorption.<sup>94</sup> Specifically, osteoprotegerin competitively binds to the receptor activator for nuclear factor- $\kappa$ B ligand (RANKL) so as to modulate bone re-absorption, decrease osteoclasts number, and regulate bone homeostasis via osteoblast-osteoclast cross-talk.<sup>95</sup> Thus, factors affecting osteoprotegerin gene regulation influence bone mass and risks for fractures, osteoporosis and osteoarthritis.<sup>96</sup> The osteoprotegerin gene (*TNFRSF11B*) is located on chromosome 8q23-24 and includes several polymorphisms affecting serum osteoprotegerin concentrations, including rs3134069 (245T/G) in

the promoter region, rs2073617 (950T/C) in the 5' untranslated region, and rs2073618 (1181G/C) in exon 1.<sup>52</sup>

Osteoprotegerin plays an important role in the pathology of intervertebral disc degeneration (IDD, aka degenerative disc disease), a debilitating condition characterized by lower back pain, intervertebral disc herniation and spinal canal stenosis.<sup>97</sup> Xue et al reported significantly higher osteoprotegerin serum concentrations in IDD patients than matched controls ( $7.62 \pm 0.17$  vs  $6.39 \pm 0.16$  ng/mL).<sup>52</sup> Figure 5E shows a greater osteoprotegerin difference between patients and controls in carriers of the C-allele than TT homozygotes of the *OPG* rs2073617 polymorphism ( $1.47 \pm 0.35$  vs  $0.89 \pm 0.30$  ng/mL). Consistent with quantile-dependent expressivity, the line graph shows a greater difference between genotypes at the higher mean osteoprotegerin concentration of the patients (Osteoprotegerin<sub>C+</sub> - Osteoprotegerin<sub>TT</sub>:  $0.65 \pm 0.33$  ng/mL) than at the lower mean concentration of the controls ( $0.07 \pm 0.32$  ng/mL).

Elevated osteoprotegerin concentrations have also been associated with acute myocardial infarction, unstable angina, peripheral artery disease and heart failure severity, symptomatic carotid stenosis, and vulnerable carotid plaques.<sup>53</sup> Straface et al<sup>53</sup> reported that carotid artery stenosis patients who underwent carotid endarterectomy had significantly higher osteoprotegerin than age and sex-matched controls ( $4.02$  vs  $2.94$  ng/mL,  $P < 0.01$ ), and those with unstable plaque had higher concentrations than the carotid artery stenosis patients with stable plaque ( $5.86$  vs  $3.53$  ng/mL,  $P < 0.01$ ). Figure 5F shows that the net osteoprotegerin difference associated with carotid artery stenosis and plaque instability was greater in the rs2073617 CC homozygotes than in the T-allele carriers. Correspondingly, the osteoprotegerin difference between rs2073617 genotypes was greater at the higher concentrations of the carotid stenosis patients with unstable plaque.

Osteoprotegerin is also linked to insulin resistance.<sup>98</sup> Nanda et al<sup>99</sup> reported that osteoprotegerin concentrations were significantly higher in women with gestational diabetes mellitus vs nondiabetic pregnancies ( $55.9$  vs  $45.6$  pg/mL,  $P = 0.02$ ) and significantly higher in CT heterozygotes than TT homozygotes of the rs2073617 polymorphism in those with gestational diabetes ( $P < 0.05$ ). The authors did not report the osteoprotegerin differences between genotypes in women with normal pregnancies.

## Tumor Necrosis Factor Receptor Type 2

Tumor necrosis factor receptor type 2 (TNFR2, aka p75 and TNFRSF1B) is one of the two distinct cell surface receptors that mediate the biological effects of TNF $\alpha$ .<sup>100,101</sup> The receptor is encoded by the *TNFRSF1B* (aka TNFR2) gene located on the short arm of chromosome 1 (1p36).<sup>102</sup> Alternative splicing/shedding of membrane-bound TNFR2 produces its soluble form (sTNFR2) whose elevated concentrations during inflammation is thought to reflect upregulation of the membrane-bound TNFR2 receptor.<sup>103</sup> Higher circulating sTNFR2 concentrations have been associated with rheumatoid arthritis,<sup>57,104</sup> inflammatory bowel disease,<sup>105</sup> sarcoidosis,<sup>106</sup> primary progressive multiple sclerosis,<sup>107</sup> coronary heart disease, endometriosis, and amyotrophic lateral sclerosis.

Ronemma et al attributed two-thirds,<sup>108</sup> and Raggi et al attributed 63% of sTNFR2 variance to additive genetic effects,<sup>76</sup> while others estimated the sTNFR2 heritability to be slightly less (34%,<sup>8</sup> 50%<sup>109</sup>). The most widely reported TNFR2 genetic variant is the +676T>G polymorphism (rs1061622) that replaces the amino acid methionine (M) with arginine (R) at TNFR2 position 196 (M196R). Data presented by Oregón-Romero et al showed larger differences between MM homozygotes and R-allele carriers in rheumatoid arthritis patients than in healthy controls ( $255$  vs  $75$  pg/mL) corresponding to the significantly higher average TNFR2 concentrations in the patients ( $2914$  vs  $2078$  pg/mL,  $P = 0.0001$ ).<sup>62</sup> Differences between the 196M carriers and RR homozygotes in the rheumatoid arthritis patients reported by Glossop et al<sup>54</sup> were greater than the difference in the normal volunteers reported by Stark et al ( $661 \pm 264$  vs  $161 \pm 70$  pg/mL),<sup>55</sup> consistent with the higher average sTNFR2 concentrations of the patients ( $5132 \pm 121$  vs  $1200 \pm 24$  pg/mL). Toluoso et al also reported larger M196R genotype differences in rheumatoid arthritis patients than healthy blood donors ( $1190$  vs  $560$  pg/mL) consistent with the patients' higher TNFR2 concentrations ( $5350$  vs  $3110$  pg/mL,  $P < 0.0001$ ).<sup>56</sup> Some of these effects could, in part, be related to TNFR2 quantile-dependent genetic effects.

## Limitations

Quantile-dependent expressivity represents an alternative explanation to the more traditional gene–disease or gene–treatment interactions that warrants consideration, but the analyses presented herein do not disprove gene–environment interactions as proposed by the original authors. The

use of Falconer's formula may underestimate the complexity of genetic and nongenetic contributions to biomarkers of inflammation and oxidative stress. Because only a small percentage of the sP-selectin, sICAM-1, Lp-PLA<sub>2</sub>-mass, osteoprotegerin, and sTNFR2 heritabilities are attributable to specific genotypes, the effects of individual genotypes on their circulating concentrations are not necessarily constrained by the heritability plots of Figures 1–3. The examples of Figures 4 and 5 are admittedly selective. This is because quantile-dependent expressivity is a novel concept, and, therefore, many studies do not provide the information required to evaluate its applicability, namely genotype-specific differences for both healthy and affected subjects. Finally, quantile regression does not depend upon statistical normality, and the analyses presented are for circulating concentrations as originally measured; however, the estimated quantile-specific heritability is not independent of data transformations. With few exceptions,<sup>47,48,57</sup> reports of gene–environment interaction are mostly described for the untransformed<sup>44,45,59,60</sup> or median values.<sup>46,56,86</sup> [Supplementary Table 1](#) suggests that logarithmic transformations mostly alter the shape heritability function rather than eliminate its quantile-dependence.

## Conclusion

The analyses of the Framingham Heart Study family sets presented in this paper suggest that genetic influences on circulating sP-selectin, sICAM-1, Lp-PLA<sub>2</sub>, osteoprotegerin, and TNFR2 concentrations are quantile dependent, and that larger genetic effect size at higher circulating concentrations could potentially explain many of the gene–disease and gene–treatment interactions that have been previously described. These results suggest caution is warranted when assigning clinical significance to gene-specific associations from a precision medicine perspective.

## Abbreviations

ABCC6, ATP-binding cassette transporter gene;  $\beta_{FS}$ , full-sib regression slope;  $\beta_{OM}$ , offspring-midparental regression slope;  $\beta_{OP}$ , offspring-parent regression slope; BMI, Body mass index; GWAS, Genome-wide association study;  $h^2$ , Heritability in the narrow sense; IDD, Intervertebral disc degeneration; IL-6, Interleukin-6; ICAM-1, Intercellular adhesion molecule-1; LDLR, Low-density lipoprotein receptor; Lp-PLA<sub>2</sub>, Lipoprotein-associated phospholipase A2; MI, Myocardial infarction;

NHLBI, National Heart Lung and Blood Institute; PAF-AH, platelet-activating factor acetylhydrolase; PXE, Pseudoxanthoma elasticum;  $r_{spouse}$ , spouse correlation; RANKL, Receptor activator for nuclear factor- $\kappa$ B ligand; SD, Standard deviation; SE, Standard error; SELP, Selectin P gene; SNP, Single nucleotide polymorphism; TLR-4, Toll-like receptor-4; TNF $\alpha$ , Tumor necrosis factor-alpha; TNFR2, Tumor necrosis factor receptor 2.

## Disclosure

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