

# Polymeric Nanocarriers for Effective Synergistic Action of Sorafenib Tosylate and Gold-sensitized Gamma Radiation Against HepG2 Cells

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**Purpose:** One of the key parameters towards effective and synergistic combinatorial anticancer therapeutic models is the nanocarrier. Nearly all previous studies have been limited to one nanocarrier for one drug. However, a comparative study on two polymeric nanocarriers for the same drug against the same cancer cell and under the same conditions helps to rationalize the properties of each polymeric nanocarrier to the effectiveness of the drug-loaded nanocapsules.

**Methods:** In this study, two of biocompatible polymers, namely poly lactic-co-glycolic acid (PLGA) and polyε-caprolactone (PCL), were used for co-delivery of sorafenib tosylate and gold nanoparticles (G).

**Results:** The anticancer effects of sorafenib tosylate (ST) combined with gold-sensitized radiation therapy were studied and rationalized to the physicochemical properties of each nanocarrier. Both models inhibited the proliferation of HepG2 cells via cell cycle arrest. The use of PCL and PLGA as nanocarriers for the proposed combined (chemo-radio) therapeutic model reduced the viability of HepG2 cells to 26% and 8%, respectively. PCL and PLGA models showed high necrosis levels (15.1 and 16.2, respectively).

**Conclusion:** Both PCL and PLGA are good nanocarriers for the proposed combined model. Compared to PCL NPs, PLGA NPs showed enhanced release, higher cytotoxicity and higher necrosis levels.

**Keywords:** biodegradable polymers, drug delivery, flow cytometry, PLGA, PCL, radiotherapy

## Introduction

Anticancer combination therapy demonstrated superior safety and efficacy to monotherapies and, therefore, has emerged as an important treatment paradigm in the curative management of multidrug resistant cancer cells.<sup>1</sup> Nanocarriers based on biodegradable polymers hold impressive promise for co-delivery and combination of diverse therapies against multidrug-resistant tumor cells.<sup>2</sup> Drug-loaded polymeric nanocapsules are featured with excellent water dispersibility, sustained drug release, and enhanced tumor targeting.<sup>3</sup> Further, polymeric nanoparticles minimize the non-specific binding of the drugs with blood proteins.<sup>4</sup> Previously, polymeric nanocarriers were utilized to load one drug only,<sup>5</sup> which may be less potent against tumor cells, especially multidrug resistant (MDR) cells.<sup>6</sup> Eventually, single-drug nanoparticles cannot inhibit recurrence or metastasis of cancer. Recently, polymer-based synergistic drug combinations have gained momentum in cancer therapy because of their superior

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therapeutic benefits to the classical monotherapeutics used in clinical practice.<sup>7</sup> For example, cancer monotherapy of hepatocellular carcinoma (HCC) in the clinic using the anti-angiogenic drug sorafenib tosylate (ST) produces relatively low tumor response rates in the majority of patients due to poor aqueous solubility and hepatic first-pass effect of ST and its tosylate derivative. Therefore, PLGA nanoparticles were used to co-deliver ST and doxorubicine.<sup>8</sup> Gan et al reported on the enhanced delivery of sorafenib with anti-GPC3 antibody-conjugated with pluronic P123 for targeted delivery of HCC.<sup>9</sup> Another example for monotherapy is radiotherapy in which the deposited energy can cause damage to the healthy tissues nearby the tumor. The need of prior administration of radiosensitizer such as gold nanoshapes is essential to enhance the radiobiological response of the cancer cells. Combination of chemotherapy with gold-sensitized radiotherapy has recently developed to achieve synergistic anticancer actions.<sup>10</sup> Importantly, polymeric nanocarriers can co-load and co-deliver both the chemotherapeutic and the radiosensitizer regardless of their physical and chemical properties.<sup>11,12</sup> Novel methods, such as electrospinning and electrospraying, have been recently developed for creating polymeric nanocarriers of favorable biomedical characteristics. For example, Wang et al<sup>13</sup> reported that electrospun Janus zein–PVP nanofibers provide a two-stage controlled release of poorly water-soluble drugs. Also, electrospraying method was used for preparation of drug–zein@lipid hybrid nanoparticles characterized with sustained drug release.<sup>14</sup>

In this work, we studied the effects of the polymeric nanocarrier on the therapeutic benefits of a combinatorial (chemo-radio) model against hepatocellular carcinoma. Two biocompatible polymers namely, poly(D,L-lactide-co-glycolide) (PLGA) and polyε-caprolactone (PCL) were selected for this study because they are preferentially used for production of monodispersed nanoparticles featured with high drug-payload, sustained drug release, tumor targeting and biodegradability.<sup>15,16</sup> Gold nanoparticles were selected

as a radiosensitizer due to its biocompatibility and its ability to localize the ionizing radiation in the tumor sites and thus, minimizing the radiation-induced damage of the normal tissues nearby the tumor.<sup>17</sup> GNPs have been used as radiosensitizer in several combination therapeutic models.<sup>18</sup> The synergistic actions of the prepared models against HepG2 cells were investigated via cell viability assay, flow cytometry and mitochondrial membrane potential assay.

## Materials and Methods

Monodispersed gold nanoparticles were prepared according to literature procedures<sup>19</sup> with slight modifications. In brief, a 100 mL aqueous solution of HAuCl<sub>4</sub> 4H<sub>2</sub>O (1 mM, 99.99%, Sigma) was brought to the boil with vigorous stirring, and then 10 mL of sodium citrate tribasic dihydrate solution (38.8 mM) was quickly added. After the solution color changed to deep red, the solution was refluxed for an additional 15 min. Ten milligrams of poly(ethylene glycol) methyl ether thiol (mPEG-SH) (M<sub>w</sub>=6000, Sigma) was added to 10 mL of above aqueous solution, and stirred for 24 h to complete the ligand exchange (citrate to PEG).

## Loading of Gold and/or Sorafenib Tosylate in PCL

Sorafenib tosylate was a product of Sigma-Aldrich. In brief, 3 mg sorafenib tosylate and 24 mg of poly ε-caprolactone (PCL, M<sub>w</sub> ~14,000, Sigma) were dissolved in 3 mL of dry tetrahydrofuran (THF) until a clear solution was obtained. This solution was slowly added to a strongly stirred 15 mL of PVA aqueous solution (1%) previously passed through a 0.45 μ microfilter. For preparation of gold containing nanoparticles, the organic solution was dropped to PVA solution containing the desired concentration of gold. As given in Table 1, the ratios of polymer/drug/organic solvent/water were (1/8/1/5, respectively). After vortexing for 5 min, the samples were sonicated (25 W, 20 cycles) using a microtip-probe sonicator while the sample was cooled over an ice bath. THF was then

**Table 1** Polymer-based Formulations Studied in This Work

Formulation	ST (mg)	GNPs (mg)	Polymer	Org. Solvent	Aq. PVA (1%)
ST/PCL	3 mg	–	24 mg	3 mL	15 mL
G/PCL	–	5	24 mg	3 mL	15 mL
G+ST/PCL	3 mg	5	24 mg	3 mL	15 mL
ST/PLGA	3 mg	–	24 mg	3 mL	15 mL
G/PLGA	–	5	24 mg	3 mL	15 mL
G+ST/PLGA	3 mg	5	24 mg	3 mL	15 mL

evaporated under reduced pressure at room temperature. To remove the large capsules, samples were subjected to centrifugation (3000 rpm, 5 min.). The supernatant containing the small and uniform nanocapsules was passed through a 0.45  $\mu$ M filter to remove the nonencapsulated drug.<sup>20</sup> Drug-loaded nanocapsules were collected by high-speed centrifugation (13,000 rpm, 20 min), washed twice with PBS (pH 7.4). The nanoparticles were redispersed in 1% sucrose aqueous solution, freeze dried, and kept at  $-20^{\circ}\text{C}$  until used.

## Loading of Gold and/or Sorafenib Tosylate in PLGA

These nanocapsules were prepared as described for PCL NPs, except acetone was used as solvent for both poly(D, L-lactide-co-glycolide) acid terminated (PLGA, Mw 7000–17,000 (50%:50%, Sigma) and ST) (Table 1).

## Drug-loading and Encapsulation Efficiency

The supernatant collected during synthesis and purification of the nanoparticles was analyzed for unloaded (free) drug. This supernatant was analyzed for sorafenib tosylate content by standard HPLC method, where a mobile phase composition consisting of acetonitrile and water (containing orthophosphoric acid, pH 4.1) at 65:35 v/v at a flow rate of 0.8 mL/min with UV detection at 265 nm.<sup>21</sup> The amount of encapsulated ST was calculated by abstraction the drug concentration in the supernatant from the total drug amount added in the experiment. For determination of gold content in the prepared nanocapsules, an accurate weight of the lyophilized nanoparticles was sonicated in chloroform for 10 minutes to dissolve the polymers followed by centrifugation (10,000 rpm, 10 min), digestion of the residual gold in aqua regia and sampling in pre-calibrated atomic absorption spectrometer.<sup>22</sup> Drug loading (DL, %) and encapsulation efficiency (EE, %) were calculated according to equations 1 and 2.

$$\text{Drug loading(mg/g)} = \frac{\text{Drug amount in NPs}}{\text{Weight of NPs powder}} \quad [1]$$

$$\text{Encapsulation efficiency(\%)} = \frac{\text{Drug loaded in NPs}}{\text{Total drug added}} \times 100 \quad [2]$$

## In Vitro Release Profile

The release profiles of sorafenib tosylate (ST) from the ST/PCL and ST/PLGA nanoparticles were studied as follows: 10 mg of the lyophilized powder was dispersed in

4 mL of PBS (pH 7.4) and put in dialysis tubing (MWCO 3 KDa). The bag was immersed in 20 mL of dialysate (PBS, pH 7.4) under air bath thermostat ( $37 \pm 0.5^{\circ}\text{C}$ , 180 rpm). At different time intervals (1–72 h), exactly 1 mL of the dialysate was taken out and replaced with 1 mL of fresh PBS. The dialysate aliquots were analyzed for ST content and gold content by HPLC technique and atomic absorption spectroscopy, respectively as previously described.

## Cell Viability Assay

Human hepatoma HepG2 cells were obtained from American Type Culture Collection and were cultured at  $37^{\circ}\text{C}$  in RPMI-1640 medium supplemented with 10% fetal bovine serum (FBS), L-glutamine (200 mM), penicillin (100 U/mL), streptomycin (100  $\mu\text{g/mL}$ ), and HEPES buffer (1 M) (All from Biowest, Nuaille, France). When reaching confluence, monolayer cells were rinsed with phosphate buffered saline (PBS) and harvested by trypsin/EDTA (Biowest) treatment. After treatment of cells with the serial concentrations of the formulations to be tested and incubation for 48 h at  $37^{\circ}\text{C}$ , the plates were examined under the inverted microscope before MTT assay.

## Cell Irradiation

After incubation of the cells with different formulations for 48 h, the media was replaced with fresh media and the cells were irradiated with different radiation doses (2 and 4 Gy) by cesium-137 source and incubated at  $37^{\circ}\text{C}$  for 24 h. The source-to-cell surfaces distance was adjusted at 100 cm for the irradiated culture plates at a radiation field size of  $15 \times 15 \text{ cm}^2$ . Twenty-four hours postirradiation, cell viability was assessed by MTT assay. Sensitization enhancement ratio (SERs) of various treatment groups was calculated and compared using HepG2 cells. SERs were calculated by dividing the surviving fraction of the irradiated cells in the absence of gold on the surviving fraction in presence of gold for each dose of radiation according to standard protocols.

## Cell Apoptosis Analysis by Flow Cytometry

For apoptosis analysis, HepG2 cells were cultured and incubated overnight at  $37^{\circ}\text{C}$  with 5%  $\text{CO}_2$ . Cells were then incubated with prepared nanoformulations for 48 h, where concentrations of gold and sorafenib tosylate were

kept constant in all formulations. Selected test samples were irradiated by Cs-137 (6 Gy). The induced apoptosis was predicted 96 h post irradiation. After trypsinization and centrifugation of the cells, pellets were thoroughly rinsed with PBS (pH 7.4) and resuspended in a binding puffer. Exactly 5  $\mu$ L of FITC annexin V and 5  $\mu$ L PI were added to samples. Afterward, cells were gently vortexed and incubated at RT (24°C) for 20 min in the dark. 400  $\mu$ L of 1 $\times$  binding buffer were added to each tube and then cells were analyzed using flow cytometry within 1 h. and then cells were checked using a FACS Calibur (Becton Dickinson, USA) and CellQuest Pro Software (Becton Dickinson, USA), with emission filters set at BP530/30 and BP585/42 nm for FITC annexin V and propidium iodide labels, respectively. Ten thousand cells per sample were measured for both fluorescence intensities. Before measurements, control samples (cells without labeling and cells labeled with either FITC annexin V or propidium iodide) were used to optimize device measurement parameters (fluorescence threshold and compensation).<sup>23</sup>

### Cell Cycle Analysis by Propidium Iodide (PI) Staining

The cell analysis experiments were carried out according to the standard protocol.<sup>24</sup> After treatment, HepG2 cells were harvested and washed twice in PBS. Cells were fixed with 70% ethanol and incubated with 1 mg/mL Ribonuclease A (Sigma-Aldrich, St Louis, MO, USA) for 30 min at 37°C. Afterwards, HepG2 cells were washed twice in PBS and stained with PI. DNA content was analyzed by flow cytometry on a FACSCalibur™ Cytometer (Becton and Dickinson, Heidelberg, Germany). Data analysis was performed using CellQuest software (Becton and Dickinson, Heidelberg, Germany).

### Mitochondrial Membrane Potential (MMP)

The MMP was tagged using an NIR Mitochondrial Membrane Potential Assay kit (Abcam 113852) according to the manufacturer's protocol. In brief, HepG2 cells ( $2.5 \times 10^5$  cells/well) were seeded into 24-well plates and incubated in a carbon dioxide incubator at 37°C for 20 h. HepG2 cells were treated with the prepared nanoformulations comprising 5  $\mu$ M of sorafenib tosylate and 0.3  $\mu$ M of gold nanoparticles for 72 h. MitoNIR Dye (200X, 5  $\mu$ L/mL) was added to each sample, followed by incubation at 37°C for 25 min. Finally, the cells pellets

was resuspended in 1 mL of assay buffer, and the fluorescence intensity was monitored using flow cytometry in the FL4 channel ( $\lambda_{\text{Excitation}}/\lambda_{\text{Emission}}=635/660$  nm).

### Statistical Analysis

All experiments were repeated three times (n=3) and differences in the data were evaluated with one way ANOVA test. The data are given as a mean  $\pm$  standard deviation (SD) at statistically significant values ( $P < 0.05$ ).

## Results and Discussion

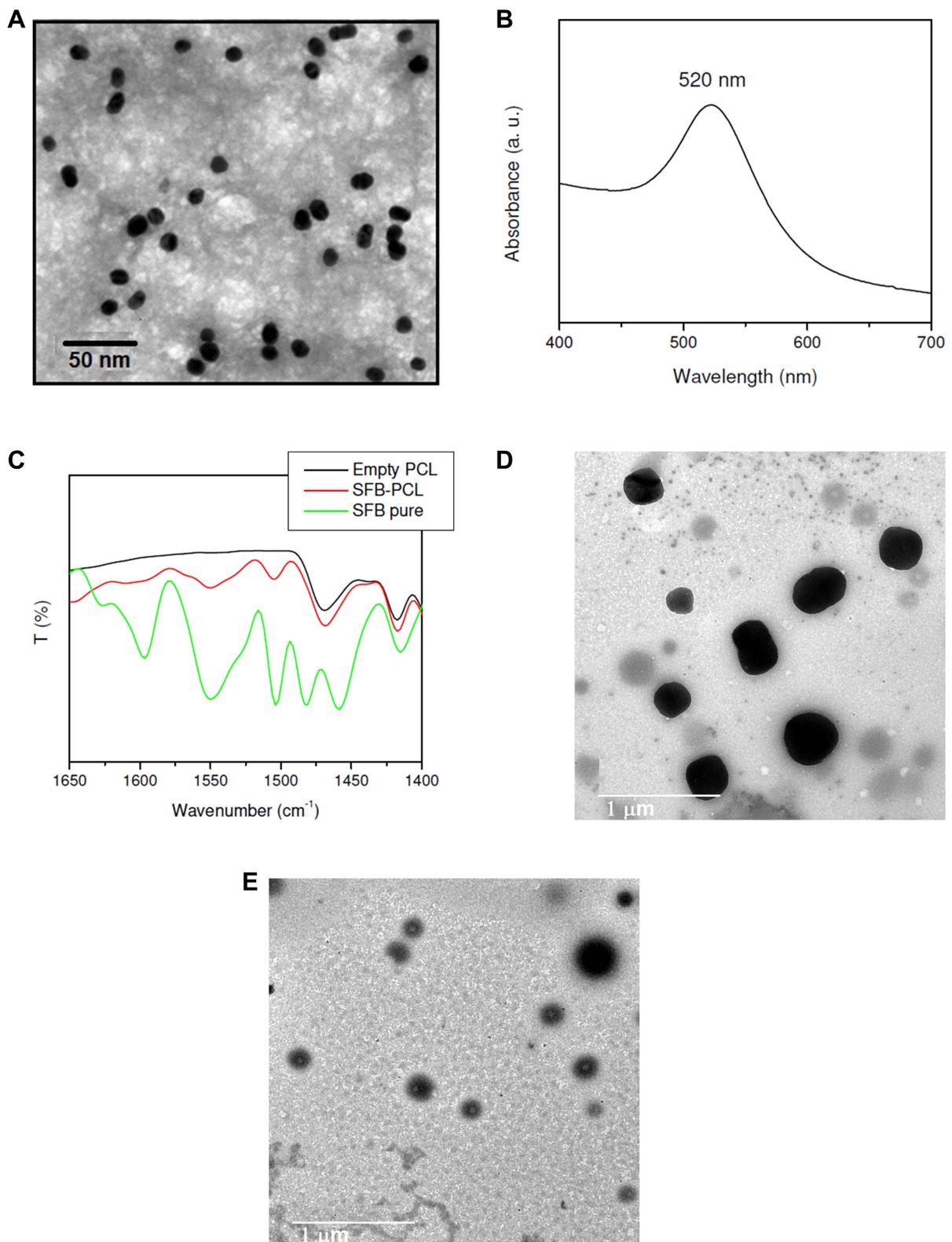
In this work, we studied the influence of the nature of the polymeric nanocarrier on the anticancer actions of combinatorial treatment model, comprising the chemotherapeutic sorafenib tosylate (ST) and gold-sensitized  $\gamma$ -radiation, on HepG2 cells. Two biocompatible/biodegradable polymers, namely poly lactic-co-glycolic acid (PLGA) and poly  $\epsilon$ -caprolactone (PCL), were selected for this study. PLGA NPs and PCL NPs were used to co-load sorafenib tosylate and gold radiosensitizer. Pegylated gold nanoparticles were used as a radiosensitizer capable to enhance the radiobiological response of HepG2 cells and thus reduce the effective radiotherapeutic dose. The key parameter in the success of such a combinatorial model is the nanocarrier selection. The nanocarrier should be characterized with high loading and moderate release kinetics of both the drug and the radiosensitizer. Data driven from apoptosis assay, cell cycle assay and mitochondrial membrane potential assay provide important information about the effect of the nature of polymeric nanocarrier on the chemo- and radiotherapeutic indices of HepG2 cells.

### Pegylated Gold Nanoparticles

TEM image of the prepared GNPs (Figure 1A) showed monodispersed spherical nanoparticles of mean diameter 16 nm. Extinction spectra of the prepared GNPs showed an extinction spectrum at 520 nm (Figure 1B). DLS measurements of GNPs colloid showed average hydrodynamic diameter of  $22 \pm 2.1$  nm. According to  $\zeta$  potential measurements, GNPs have a negative surface charge of  $-16.42$  mV.

### Polymeric Nanoformulations

In this work, the hydrophilic radiosensitizer (gold nanoparticles, GNPs) and/or the hydrophobic anticancer drug (sorafenib tosylate, ST) were efficiently loaded in both PCL NPs and PLGA NPs via nanoprecipitation method. High encapsulation efficiencies of both ST and GNPs



**Figure 1** TEM image of GNPs (A), UV-Vis spectrum of GNPs (B), FTIR spectra of pure ST, empty PCL NPs and ST/PCL NPs (C), TEM images of G+ST/PCL (D) and G+ST/PLGA (E).

**Table 2** Physical and Morphological Properties of the Prepared Nanoparticles

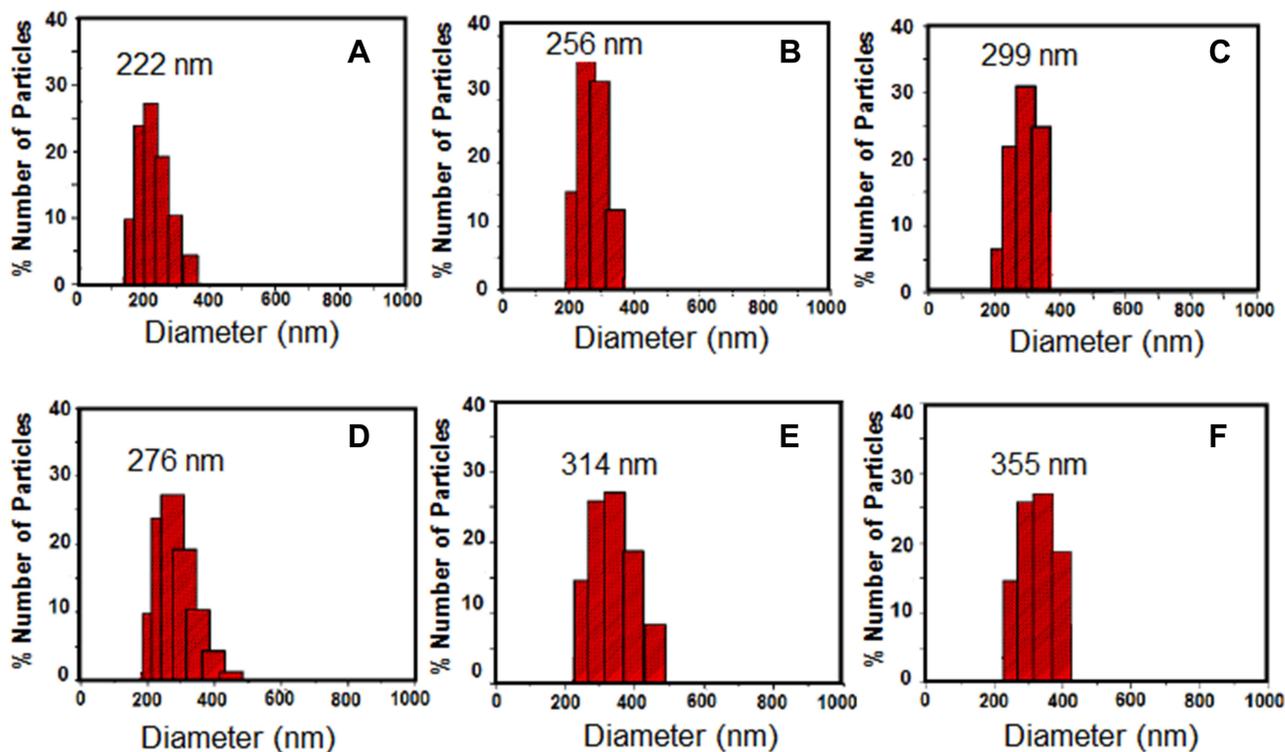
Nanoparticles	HD±SD (nm)	PDI±SD	Zeta±SD (mV)	Drug loading (mg/g)		EE (%)	
				ST	GNPs	ST	GNPs
Empty PLGA	205.5±3.1	0.022±0.05	-20.1±1.9	-	-	-	-
ST/PLGA	222.1±4.4	0.172±0.11	-22.8±0.6	54.2±2.2	-	40.1±2.6	-
G/PLGA	256.9±2.9	0.152±0.08	-26.1±0.9	-	44.1±2.3	-	61.2±2.5
ST+G/PLGA	299.8±6.2	0.216±0.13	-27.5±2.2	50.6±3.4	38.2±1.1	38.9±1.6	55.8±1.3
Empty PCL	265.4±4.2	0.205±0.21	-14.1±1.9	-	-	-	-
ST/PCL	276.1±3.2	0.256±0.27	-12.8±0.6	44.6±4.5	-	38.5±1.8	-
G/PCL	314.9±3.9	0.298±0.18	-13.9±0.9	-	35.2±2.9	-	21.5±2.6
ST+G/PCL	355.8±6.4	0.282±0.14	-14.8±1.2	38.9±3.9	29.6±3.1	33.8±1.6	19.8±2.2

**Note:** Data represent the mean ± SD, n=3.

**Abbreviations:** ALG, alginate; EE, encapsulation efficiency; HD, hydrodynamic diameter assessed by DLS; HG, hexagonal gold nanoparticles; ST, sorafenib tosylate; PDI, polydispersity index; SD, standard deviation; Zeta, zeta potential.

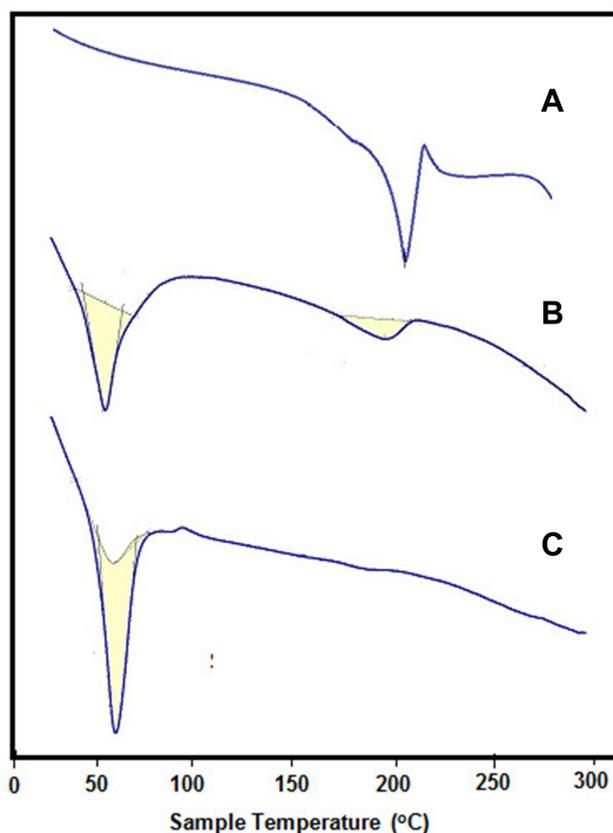
(Table 2) were obtained via optimizing the reaction conditions (drug to polymer and organic to aqueous ratios) in our laboratory. The morphological and physicochemical properties of the prepared nanoprobe were studied by FTIR, TEM, DLS, zeta-potential analyzer, and DSC. FTIR spectra of ST and ST/PCL NPs (Figure 1C) exhibited the characteristic vibrations of ST in the range of (1400–1650  $\text{cm}^{-1}$ ) for pure ST and ST-loaded nanoparticles. These bands were not observed in FTIR of empty polymeric nanoparticles. Similar trend was observed for

PLGA NPs. According to TEM images (Figure 1D and E), PLGA NPs exhibited monodispersed spherical nanoparticles with mean diameters of 190, 200, 230, 260 nm for empty PLGA NPs, ST/PLGA NPs, G/PLGA NPs, and G+ST/PLGA NPs, respectively. PCL NPs nanoparticles are relatively larger in size with mean diameters of 240, 253, 289, 311 nm for empty PCL NPs, ST/PCL NPs, G/PCL NPs, and G+ST/PCL NPs, respectively. Results of dynamic light scattering (DLS) measurements of the prepared nanoparticles are shown in (Figure 2) and the data



**Figure 2** Results of DLS measurements of the prepared nanoparticles: (A) ST/PLGA NPs, (B) G/PLGA NPs, (C) G+ST/PLGA NPs, (D) ST/PCL NPs, (E) G/PCL NPs, (F) G+ST/PCL NPs.

are listed in (Table 2). PLGA NPs displayed hydrodynamic diameters in the range of 205–300 nm, while PCL NPs displayed a higher range of 265–355 nm. All nanoparticles showed a narrow size distribution (polydispersity index PDI <0.3) and negative zeta potential (Table 2). The conditions were optimized in our laboratory with respect to drug to polymer and water to organic solvent ration in order to produce nearly monodispersed nanoparticles with high drug loading and encapsulation efficiency (Table 2). The prepared nanoformulations are physically stable, due to the negative surface charges, and no significant changes in size, zeta potential, or drug content were observed one month after preparation. Stability was further monitored by observing any changes in the extinction spectra of ST and GNPs in all formulations before in vitro studies. Results of DSC analysis of pure ST and the lyophilized nanoparticles (empty PCL, empty PLGA NPs, ST/PCL, and ST/ PLGA) are shown in Figure 3. DSC measurements were carried out to demonstrate the possible physical or chemical interactions of the drug with the nanocarrier. DSC thermogram of pure ST (Figure 3A) showed a sharp endothermic peak centered at 211.32°C



**Figure 3** DSC thermograms of (A) pure ST, (B) G+ST/PCLA, (C) G+ST/PLGA.

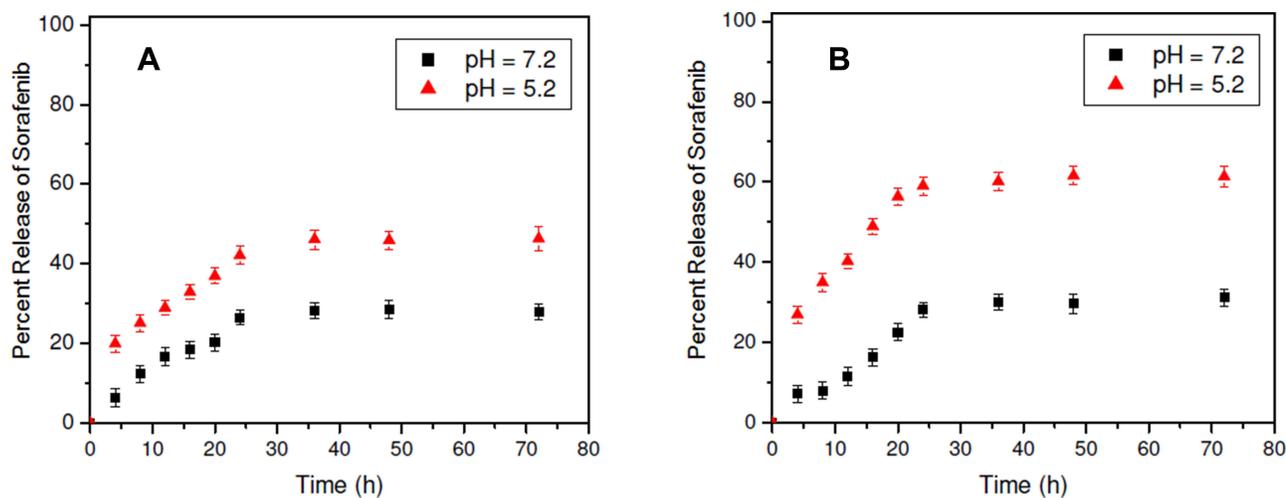
indicating the melting temperature of the crystalline pure ST. In the other side, Both DSC thermograms of empty PLGA and ST-loaded PLGA showed only one endothermic peak centered at 61.69°C indicating the melting temperature of PLGA (Figure 3B).<sup>25</sup> DSC thermogram of empty PCL nanoparticles showed one endothermic peak centered at 59.59°C indicating the melting temperature of PCL (Figure 3C). Interestingly, ST loaded PCL NPs showed the melting peak of PCL and another broad peak centered at 193.21°C probably attributed to melting temperature of ST. This reveals that ST is probably encapsulated in a relatively crystalline phase (Figure 3C).

## In Vitro Release Profiles

Figure 4 shows the release profiles of sorafenib tosylate from ST/PCL NPs and ST/PLGA NPs in neutral medium (pH 7.2) and acidic medium (pH 5.2). Generally, a sustained release profile of ST from both nanoparticles was observed. In neutral medium (pH 7.2), the driven mechanism of release of ST from the nanoparticles is drug diffusion. Release of ST from both formulations in neutral media is slow with maximum release of 27.9% and 31.2% from ST/PCL and ST/PLGA, respectively (Figure 4). This is probably due to the hydrophobicity of ST. In acidic medium (pH=5.2), faster release rates of ST from both nanoparticles were observed with maximum release of 46.3% and 61.3%, from ST/PCL and ST/PLGA, respectively (Figure 4). Generally, a steady amount of the released ST from both formulations was observed after 48 h. The release of ST from ST-PLGA NPs is faster than that from ST/PLGA in both neutral and acidic media. This is mainly because PLGA NPs are smaller in size, have uniform size and characterized with higher hydrophilicity due to 50% composition of the hydrophilic glycolic acid unites.

## Cell Viability by MTT Assay

To assess the cytotoxic effects of the proposed models, hepatocellular carcinoma HepG2 cells were cultured and incubated with formulations of different concentrations of sorafenib tosylate (5–30 µg/mL). Selected cells were incubated with formulations followed by exposure to  $\gamma$ -irradiation using cesium-137 (<sup>137</sup>Cs) with a radiation dose of 6 Gy. In this work, the half-maximal inhibitory concentration (IC<sub>50</sub>) of 19.2 µg/mL of sorafenib tosylate free drug was estimated from the dose-response curves. This value matches well with the previously reported value (17.5 µg/mL).<sup>10</sup> Free drug samples were prepared



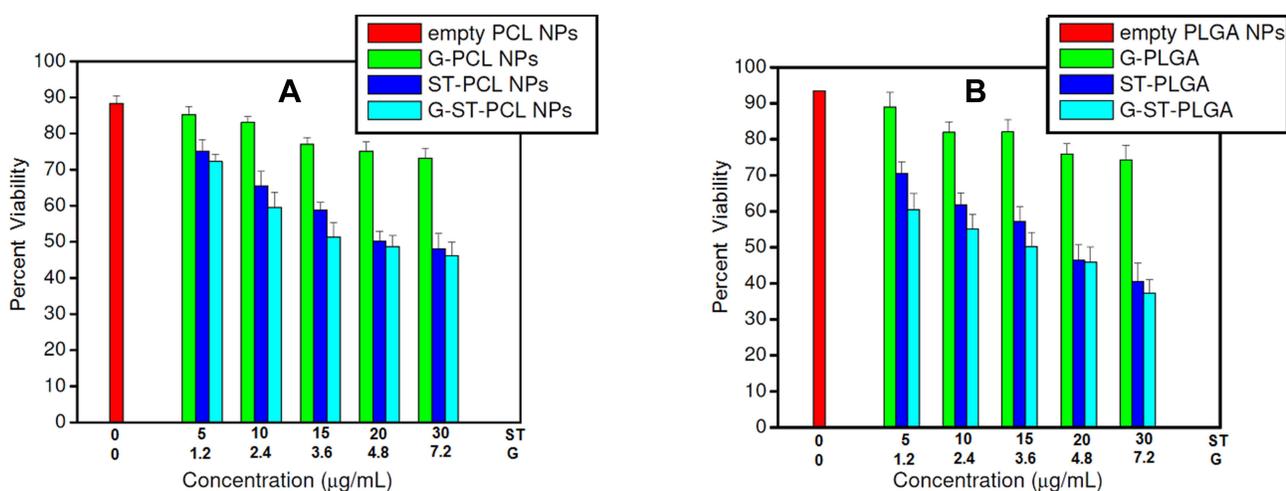
**Figure 4** In vitro release profiles of ST from ST/PCL and ST/PLGA in neutral and acidic media.

by dissolving sorafenib tosylate in dimethyl sulfoxide (DMSO) and stored as stock solution at  $-20^{\circ}\text{C}$ . According to gold analysis, the corresponding gold concentrations were found to be in the range of (1.2–7.2  $\mu\text{g}/\text{mL}$ ). HepG2 cells were cultured and incubated with the formulations for 48 h before processing MTT assay.  $\text{IC}_{50}$  of sorafenib tosylate in ST/PCL, ST/PLGA, ST/PCL+6 Gy, ST/PLGA+ 6 Gy were found to be 12.7, 10.3, 8.9, and 4.9  $\mu\text{g}/\text{mL}$ , respectively. Inclusion of ST in PCL and PLGA NPs significantly reduced the  $\text{IC}_{50}$  values of ST, compared to the free drug. This evidences the crucial role of the nanocarrier in the cellular internalization of ST molecules and subsequently their

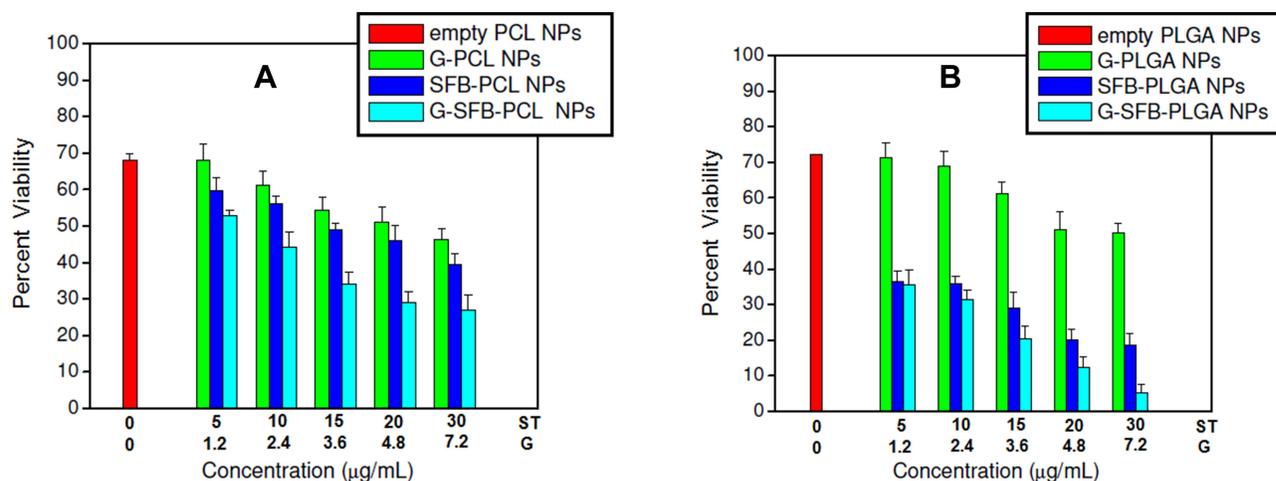
cytotoxic actions. The cell viability results are shown in Figures 5 and 6. The cell viability results are summarized in the next two parts.

#### Treatment Without External Radiation

Cell viabilities obtained after incubation of HepG2 cells with the prepared nanoprobe without applying an external radiation represent the pure chemical cytotoxicity of the formulations as single treatment modality (Figure 5). Empty PCL NPs and PLGA NPs showed high biocompatibility to HepG2 cells and about 90% of the cells remain viable. G/PCL NPs or G/PLGA NPs are relatively non-toxic to HepG2 cells at low concentrations of gold



**Figure 5** Viability of HepG2 cells after incubation with different PCL NPs and PLGA NPs for 48 h without irradiation. Test concentrations of ST in the nanoparticles were chosen according to  $\text{IC}_{50}$  of ST, lyophilized NPs were weighed and the corresponding gold concentration were calculated according to gold analysis in the nanoparticles. **Notes:** For the combined models, X axis represents the conc. of G and ST. However, for G/polymer NPs, conc. of ST is zero. Similarly, for ST/polymer NPs, conc. of gold is zero.



**Figure 6** Viability of HepG2 cells after incubation with different PCL NPs and PLGA NPs for 48 h followed by  $\gamma$ -radiation (6 Gy). Test concentrations of ST in the nanoparticles were chosen according to  $IC_{50}$  of ST, lyophilized NPs were weighed and the corresponding gold concentration were calculated according to gold analysis in the nanoparticles.

**Notes:** For the combined models, X axis represents the conc. of G and ST. However, for G/polymer NPs, conc. of ST is zero. Similarly, for ST/polymer NPs, conc. of gold is zero.

nanoparticles (<3.6  $\mu\text{g/mL}$ ). Higher concentrations of gold nanoparticles induced a moderate cytotoxicity and about 75% of the cells remain viable. Treatment with sorafenib containing nanoparticles (ST/PCL or ST/PLGA) induced a clear dose-dependent chemical cytotoxicity to HepG2 cells. ST/PLGA induced a relatively higher cytotoxicity than ST/PCL at the same concentration levels of ST. Treatment with G+ST/PCL and G+ST/PLGA nanoparticles exhibited cytotoxic actions close to that induced by ST/PCL and ST/PLGA, respectively and this is attributed to the low cytotoxicity of the biocompatible pegylated gold nanoparticles.

#### Treatment Followed by Irradiation (6 Gy)

Treatment of cells with empty PCL NPs or PLGA NPs followed by irradiation with 6 Gy resulted in a radiation-induced cytotoxicity and only less than 70% of the cells remain viable. This pure radiation effect is probably due to necrosis of the cells due to radiation-induced-generation of free radicals.<sup>11,25</sup> This action was significantly enhanced in G/PCL and G/PLGA as a result of gold-sensitized enhancement of the radiobiological response of HepG2 cells with less than 60% of the viable cells. This effect is dependent in gold concentration. Treatment of the cells with ST/PCL or ST/PLGA followed by irradiation with 6 Gy, resulted in significantly increased cytotoxicity in a concentration-dependent manner. This action is attributed to the chemical action of ST and nonsensitized radiation.

Treatment of HepG2 cells with G+ST/PCL or G+ST/PLGA followed by exposure to a radiation dose of 6 Gy resulted in the highest cytotoxicity with less than 10% of viable cells. This is due to combination ST chemotherapeutic actions in synergism with gold-sensitized radiation action. In all treatments, PLGA nanoparticles exhibited cytotoxic actions higher than the corresponding PCL nanoformulations. Eventually, the lactide/glycolide ratio (50%:50%) provides the feasibility of controlling the degradation rate of PLGA in vitro and in vivo and, subsequently, the drug release kinetics.<sup>26</sup> Drug-loaded PLGA nanocapsules (NCs) are characterized with drug sustained release in vitro and, therefore, enhanced cytotoxic actions.<sup>27</sup>

#### Flow Cytometry Using Annexin V/PI Double Staining

In the early stages of apoptosis, phosphatidylserine (PS) transform to the outer layer of the cell membrane. Since annexin-V has a high affinity to bind to (PS), changes in the fluorescence of annexin-V are considered as a sensitive measure of the early stages of apoptosis. In the initial stages of apoptosis, the cell membrane remains intact, while in the later stages, the cell membrane loses its integrity and becomes leaky. Therefore, the measurement of annexin-V binding to the cell surface can be performed simultaneously with a dye-exclusion test such as propidium iodide (PI). This makes it available to establish the integrity of the cell membrane and thereby determines the

stage of apoptosis.<sup>28</sup> In this work, the influence of the proposed combinatorial models on the chemo- and radio-therapeutic indices of HepG2 cells was studied. The cellular apoptosis and necrosis were analyzed using flow cytometry using annexin V/PI double staining. (Figures 7 and 8). In addition to the untreated cells (control) and the

cells treated only with 6 Gy radiation, another cells were treated with the prepared nanoformulations (G-ST/PCL and G-ST/PLGA) without or with a subsequent irradiation of 6 Gy. Concentrations of ST and G in the test groups were 10 and 2.4 μg/mL, respectively. UT HepG2 cells exhibited only low levels of apoptosis with 0.5% cells in

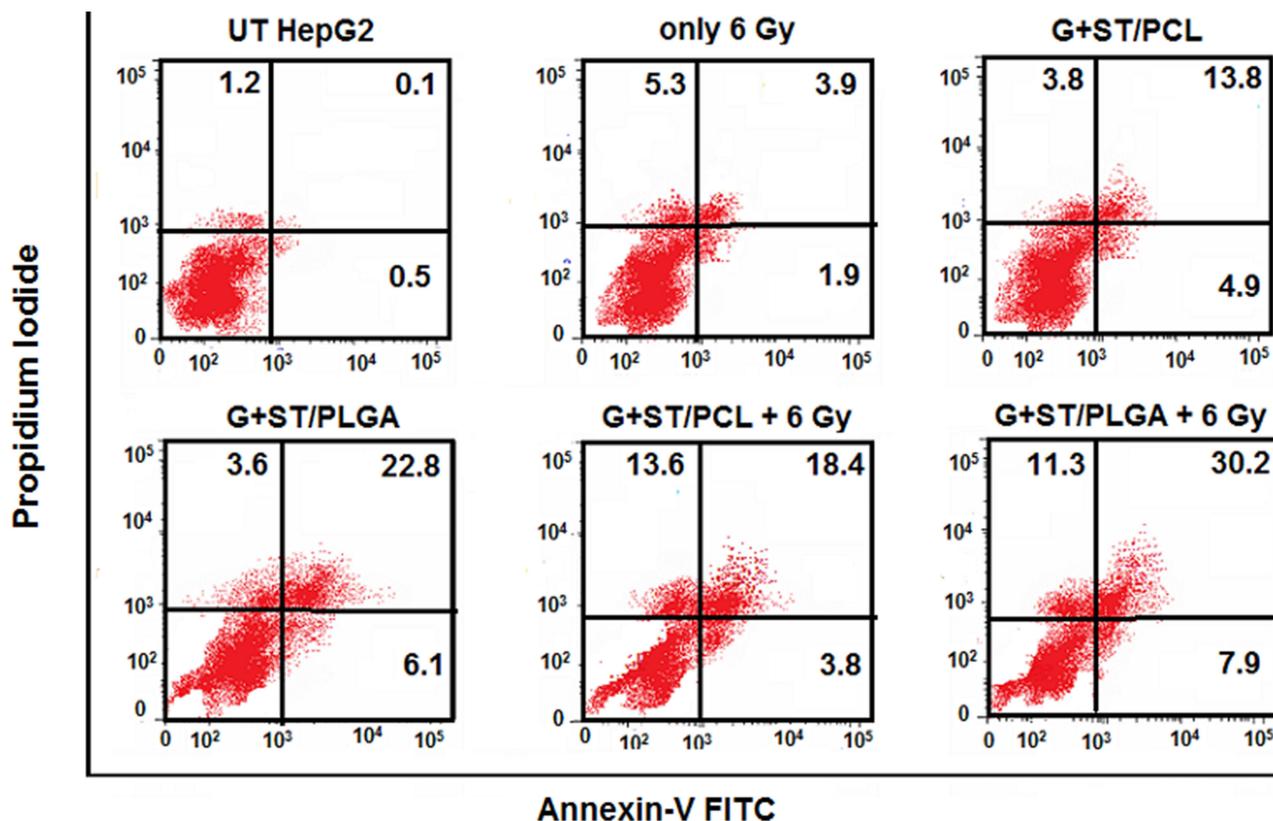


Figure 7 Flow cytometric analyses of the cellular apoptosis and necrosis in HepG2 cell lines following treatments with the prepared nanoformulations compared to the untreated cells using annexin V/PI double staining.

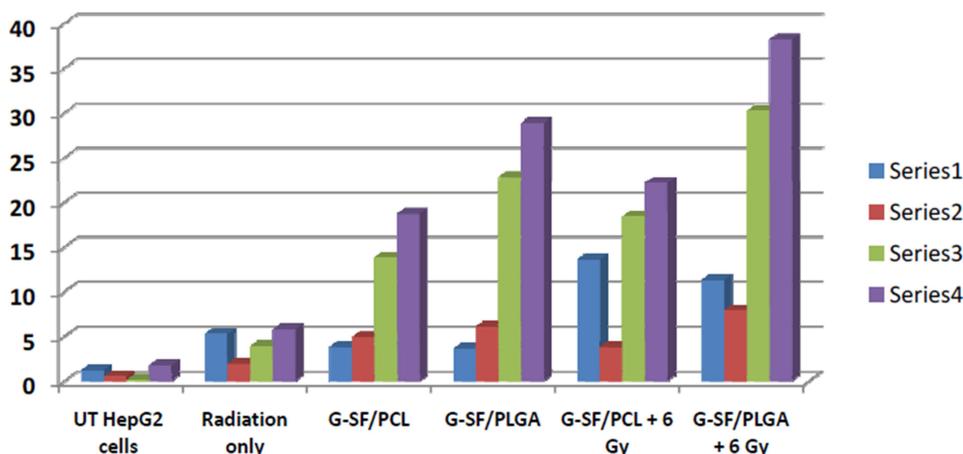


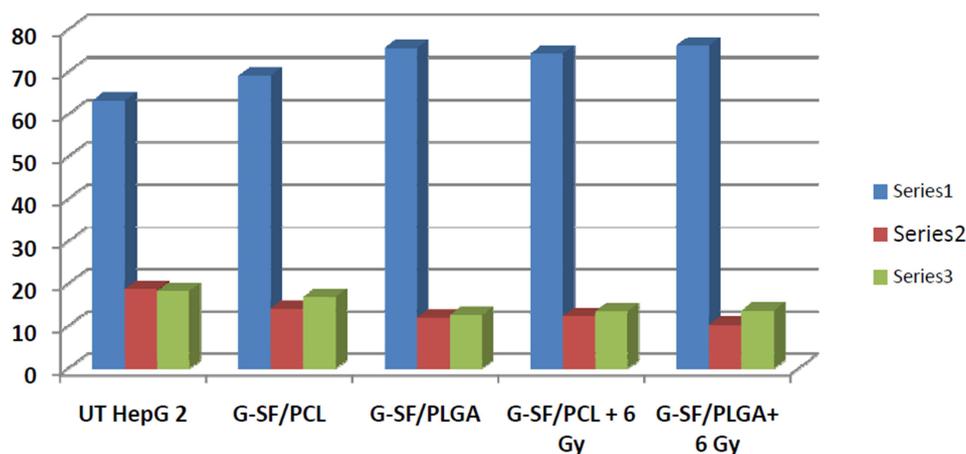
Figure 8 Illustrative diagram for the cellular apoptosis and necrosis in HepG2 cell lines following treatments with the prepared nanoformulations compared to untreated cells using flow cytometry using annexin V/PI double staining.

early apoptosis, 0.1% in late apoptosis and 1.2% being necrotic (Figures 7 and 8). About 98.2% of the untreated cells remain viable. For HepG2 cells treated only with radiation dose of 6 Gy, 88.9% of the total cell population is still viable, while only 5.8% apoptotic cells and 5.3% necrotic cells were observed (Figures 7 and 8) Thus, no significant apoptotic-inducing effects are observed after radiotherapy alone.<sup>23</sup> All nanoformulations induced a high level of apoptosis compared to untreated cells and cells treated only with radiation. Treatment of HepG2 cells with G+ST/PCL and G+ST/PLGA without irradiation induced low levels of early apoptosis since gold nanoparticles generally exhibit slight toxicity by apoptosis.<sup>23</sup> However, these treatments exhibited high levels in late apoptosis, probably due to release of ST from the polymeric nanoparticles. For the combined treatment models (G+ST/PCL+6 Gy) and (G+ST/PLGA+6 Gy), both models showed high necrosis levels (15.1 and 16.2, respectively). This is mainly attributed to the gold-sensitized radiobiological cytotoxic actions on the cells. It is well established that gold nanoparticles improve the generation of hydroxyl radicals during radiation treatment.<sup>29</sup> These free radicals react with and damage nucleic acids, proteins, and lipids of the plasma membrane, and thus GNPs are considered responsible for radiation-induced necrosis and direct death of the cells. PLGA NPs either without or with a radiation dose of 6 Gy induced apoptosis and necrosis levels significantly higher than those induced by PCL NPs. This clearly evidences the good impact of PLGA as a nanocarrier in therapeutic and radiotherapeutic indices of sorafenib tosylate and gold nanoparticles. It is noteworthy to mention that PLGA NPs are uniform in size, has lower glass transition (T<sub>g</sub>) and higher hydrophilicity

due to 50% glycolic acid composition and, therefore, exhibited better release in the first 48 h.<sup>30</sup>

## Cell Cycle Analysis by Propidium Iodide (PI) Staining

To investigate the growth inhibition of the prepared nanoformulations, analyses for apoptosis and necrosis using annexin FITC and propidium iodide staining was carried out (Figure 9 and Table 3). Samples included the untreated HepG2 cells (UT) and the cells treated with nanoparticles comprising sorafenib tosylate (15 µg/mL) and gold nanoparticles (3.6 µg/mL) without or with exposure to a radiation dose of 6 Gy (Figure 9 and Table 3). Proliferation inhibition was seen as early as 96 h after first exposure.<sup>24</sup> All formulations inhibited the growth of HepG2 cells by increasing the population of cells in G<sub>0</sub>/G<sub>1</sub>-phase ( $P < 0.004$ ) with a corresponding decrease in the number of cells in S-phase ( $P < 0.005$ ) and G<sub>2</sub>/M-phase ( $P < 0.234$ ) compared to UT (Figure 9). Cell cycle arrest in G<sub>2</sub>/M-phase involves disruption of the tubulin-microtubule equilibrium,<sup>31</sup> suggesting that G<sub>2</sub>/M arrest may have a role in the inhibition of microtubule dynamics. All formulations significantly increased the amount of apoptosis in HepG2 cells vs the untreated samples, as indicated from the significant increase in (% sub-G<sub>1</sub>) (Table 3). Importantly, the combined treatment models exhibited elevated necrosis and apoptotic levels and evidences the synergistic actions of the combined (chemo-radio) treatment model. Necrosis/apoptosis results match well with the cell viability results obtained by MTT assay for the nanoparticles comprising the same concentrations of ST and G in the test groups were 10 and 2.4 µg/mL,



**Figure 9** Analysis of cell cycle perturbation in HepG2 cell line following treatments with the prepared nanoformulations compared to untreated cells.

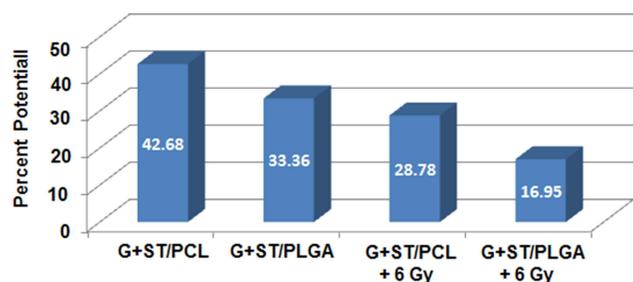
**Table 3** Data of Cell Cycle Analysis Perturbation in HepG2 Cell Line Following Treatments with the Prepared Nanoformulations Compared to Untreated Cells

Treatment	%G <sub>0</sub> -G <sub>1</sub>	%S	%G <sub>2</sub> /M	% Sub-G <sub>1</sub>
UT HepG 2	63.2	18.6	18.2	1.92
G+ST/PCL	69.1	14.1	16.8	16.29
G+ST/PLGA	75.6	11.9	12.5	23.88
G+ST/PCL+6 Gy	74.3	12.3	13.4	27.23
G+ST/PLGA+6 Gy	76.2	10.2	13.6	33.04

respectively. It can be concluded that all treatment models inhibited the proliferation HepG2 cells at certain extents and higher than UT cells and cells treated only with radiation. Sorafenib tosylate induces cell cycle arrest.<sup>24</sup> It is well established that ST induces growth inhibition and apoptosis in human HCC cells by inhibiting the RAF/MEK/ERK signaling pathway.<sup>7</sup> Interestingly, the total apoptosis induced by PLGA NPs is higher than that induced by PCL NPs, This evidences again that PLGA is a better nanocarrier for both ST and gold nanoparticles than PCL.

## Mitochondrial Membrane Potential (MMP)

The expression of glycoproteins in the mitochondrial inner membrane renders it negatively charged.<sup>32</sup> A large accumulation of protons out of the inner membrane caused trans-membrane potential. Flow cytometric analysis of MMP was used to predict alterations in the MMP of the HepG2 cell line following treatments with the prepared nanoformulations compared to untreated cells. The obtained results (Figure 10) demonstrate that UT cells accumulated the MitoNIR dye in the mitochondria, resulting in increased red fluorescence intensity; however, in apoptotic cells, the NIR staining intensity decreased due



**Figure 10** Changes in the MMP of the HepG2 cell line following treatments with the prepared nanoformulations compared to untreated cells as estimated by flow cytometric analysis.

to the decline in MMP.<sup>32</sup> Figure 10 demonstrates that treatment with the prepared nanoformulations significantly reduces MMP compared to that observed with untreated samples. The decline in MMP suggests a decrease in fluorescence intensity of the MitoNIR dye and thus more extensive mitochondrial membrane damage due to the larger amount of apoptosis following combined treatment.

## Conclusion

The chemical and physiological properties of the polymeric nanocarriers largely affect the synergistic actions of the combined biologically active molecules. Both PLGA and PCL are capable for co-delivery of sorafenib and gold nanoparticles and exhibited elevated necrosis and apoptotic levels and evidences the synergistic actions of the combined (chemo-radio) treatment model at different levels. However, PLGA-based nanoformulations exerted higher antitumor efficacy and exhibited a greater influence on the chemo- and radiotherapeutic indices of HepG2 cells. The cytotoxic actions on HepG2 cells were assessed by cell viability assay, flow cytometry and mitochondrial membrane potential assay. The results were rationalized to the physicochemical and biological properties of each nanocarrier. Both combined treatment models exhibited elevated necrosis and apoptotic levels and evidences the synergistic actions of the combined (chemo-radio) treatment model at different levels.

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## Disclosure

The authors report no conflicts of interest in this work.

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