(Rose Bengal)/(Eosin Yellow)-Gold-Polypyrrole Hybrids: A Design for Dual Photo-Active Nano-System with Ultra-High Loading Capacity

Abdullah I El-Kholy 1
Doaa Abdel Fadeel 1
Maha Nasr 2
Ibrahim El-Sherbiny 2
Maha Fadel 1

1Department of Medical Applications of Laser, Pharmaceutical Nano-Technology Unit, National Institute of Laser Enhanced Sciences (NILES), Cairo University, Giza, Egypt; 2Department of Pharmaceutics and Industrial Pharmacy, Faculty of Pharmacy, Ain Shams University, Cairo, Egypt; 3Nanomaterials Lab, Center for Materials Science, Zewail City of Science and Technology, 6th October City, Giza, Egypt

Purpose: Enhancement of the photodynamic/photothermal efficiency of two water-soluble dyes, rose bengal (RB) and eosin yellow (EY), via conjugation to a polymeric nano-system gold-polypyrrole nanoparticle (AuPpy NPs).

Methodology: A multi-step synthesis method and an in situ one-pot synthesis method were used. Loading percentage, particle size, zeta potential, morphology, UV-Vis-NIR spectro-photometry and in vitro photothermal activity were measured. Then, both hybrid nanocomposites were examined for their cytotoxicity and photocytotoxicity on HepG2 cell line as a model for cancer cells.

Results: Dyes loaded in the traditional multi-step method did not exceed 9% w/w, while in the one-pot synthesis method they reached ~67% w/w and ~75% w/w for EY-AuPpy NPs and RB-AuPpy NPs, respectively. UV-Vis-NIR spectrophotometry showed that both nano-systems exhibited intense absorption in the NIR region. The mean size of the nanoparticles was ~31.5 nm (RB-AuPpy NPs) and ~33.6 nm (EY-AuPpy NPs) with zeta potential values of ~26.5 mV and ~33 mV, respectively. TEM imaging revealed the morphology of both hybrids, showing ultra-nano spherical-shaped gold cores in the case of RB-AuPpy NPs, and different shapes of larger gold cores in the case of EY-AuPpy NPs, both embedded in the polymer film. Conjugation to AuPpy was found to significantly reduce the dark cytotoxicity of both RB and EY, preserving the photocytotoxicity of EY and enhancing the photocytotoxicity of RB.

Conclusion: Gold-polypyrrole nanoparticles represent an effective delivery system to improve the photodynamic and photothermal properties of RB and EY. The in situ one-pot synthesis method provided a means to greatly increase the loading capacity of AuPpy NPs. While both hybrid nanocomposites exhibited greatly diminished dark cytotoxicity, RB-AuPpy NPs showed significantly enhanced photocytotoxicity compared to the free dyes. This pattern enables the safe use of both dyes in high concentrations with sustained action, reducing dose frequency and side effects.

Keywords: polypyrrole nanoparticles, polymerization, nano-system, photosensitizer, photocytotoxicity

Introduction

Rose bengal and eosin yellow are two xanthene dyes commonly used in photodynamic therapy and photodynamic inactivation of micro-organisms.1–5 However, the efficient use of the two dyes, as photosensitizers, faces some pharmaceutical challenges, such as poor lipophilicity and non-selectivity which limits their clinical use.6,7 One of the basic aspects of pharmaceutical technology is to overcome the
obstructions of optimal drug use such as insolubility, poor bioavailability, high toxicity, poor efficacy, etc. Concurring with the recent advances in pharmaceutical technology, several drug delivery systems were developed and utilized to improve the pharmaceutical properties of numerous drugs, among which are photosensitizers. By the beginning of the 21st century and in the last two decades, great developments and contributions in the nanotechnology field have given rise to a wide variety of nano-systems based mainly on nanoparticles. Such nanoparticles are widely variable in their properties and, hence, their purposes and uses. Types of nanoparticles are too many to list, but they can be divided into three basic categories: metal nanoparticles, non-metal nanoparticles and hybrid nanoparticles. Metal nanoparticles are made of pure metals (e.g., platinum, silver, gold, titanium) or their compounds (e.g., oxides, hydroxides, phosphates). Axiomatically, non-metal nanoparticles cover all nanoparticles that are not composed of pure metals or their compounds such as carbon nanotubes and polymeric nanoparticles. On the other side, hybrid nanoparticles, as the name suggests, are those composed of more than one component (metal/non-metal, metal/metal or non-metal/non-metal). This diversity enables the development of such materials with pre-engineered and specified properties. Pronounced examples here are magnetic nanoparticles, fluorescent nanoparticles, stimuli-responsive nanoparticles and multifunctional hybrid nano-systems, among others. Coinciding with the accelerating pace in this field, polymeric drug delivery systems were recently introduced as platforms for selective and controlled delivery of drugs. Among polymeric materials, conducting polymers are considered to be promising in formulation of multi-purpose drug delivery systems. Well-known examples of such compounds are polypyrroles, which are polymers with unique conducting properties. Despite their organic nature, such compounds are characterized by their ability to transfer electrical current to an extent that may exceed those of semi-conductors or even metals. The hybrid nature of polypyrroles, being organic yet conducting compounds, has delineated them as materials of interest in several fields. Apart from their industrial applications,
Polypyrroles were recently exploited as flexible tools in medicine and pharmacy, especially in photothermal therapy, biosensors designing, nerve-repairing surgeries and tailored drug delivery systems. Photothermal therapy involves the use of a material possessing photothermal properties to induce programmable hyperthermia, leading to specific effect (e.g., cell death). The most commonly used nano-system in this approach is gold nanorods, but owing to its drawbacks which involve synthesis-related coating toxicity and non-biodegradability, the use of biocompatible alternative materials with comparable efficiency became a necessity. Polypyrrole is a good example of an alternative material with high biocompatibility and low cytotoxicity, but its challenging pharmaceutical properties (e.g., very poor solubility) represent a basic obstacle. In a previous work, we introduced highly dispersed polypyrrole-coated gold nanoparticles as a novel photothermal agent with high tolerability, compatibility and good pharmaceutical properties. In this study, rose bengal and eosin yellow, which are well-known photosensitizers, were loaded into the aforementioned nanoparticles, and the resulting loaded nanoparticles were characterized and examined for their cytotoxicity and photocytotoxicity.

Materials and Methods

Materials
Chloroauric acid (HAuCl₄), rose bengal (RB) and eosin yellow (EY) were purchased from Sigma-Aldrich Co. (St. Louis, USA). Dulbecco’s modified Eagle’s media (DMEM), fetal bovine serum (FBS), trypsin-EDTA and streptomycin-penicillin G mixture were purchased from Lonza (B-4800 Verviers, Belgium). 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyl tetrazolium bromide (MTT) was purchased from BIO BASIC CANADA (Ontario, Canada). All other reagents and solvents were of analytical grade.

Loading Rose Bengal and Eosin Yellow Onto AuPpy NPs

Post-Synthesis Loading Method
In this method, RB/EY was added to the already prepared AuPpy NPs as thoroughly described in a previous work by Fadel et al. Briefly, 1 mL of 10 mM chloroauric acid was rapidly added to 20 mL of 25 mM of stirred aqueous solution of pre-distilled pyrrole at room temperature (25°C), left for 2–3 min to assure reaction completion, centrifuged at 10,000 rpm for 60 min (Kontron, Italy), and then redispersed in double-distilled water to get the intended concentration. Then, RB/EY was added to the already prepared AuPpy NPs in different concentrations (100, 200 and 500 µM), sonicated for 10 minutes, left for 24 hours in a dark cool place and finally centrifuged at 10,000 rpm for one hour to get rid of excess RB and EY.

In-situ One-Pot Synthesis Method
This method was carried out in one pot in which 1 mL of HAuCl₄ (10 mM) is added rapidly to 20 mL stirring aqueous pre-distilled pyrrole (25 mM) and RB/EY (100, 200 and 500 µM) pre-mixed solutions. The reaction was left for 4–5 mins, and the resulting solutions were centrifuged at 10,000 rpm to get rid of excess unreacted RB, EY and pyrrole. Pellets were re-dispersed in double-distilled water to get the intended concentration.

Determination of the Loading Efficiency of RB and EY
Loading efficiency was determined indirectly from the difference between RB/EY initial concentrations and their concentrations in the supernatant after centrifugation. Concentrations were determined colorimetrically at the maximum visible absorption of both RB and EY at 546 nm and 520 nm, respectively. Loading studies were performed at least in triplicate, and the mean loading values were calculated.

Characterization of the Synthesized Nanoparticles (AuPpy, RB-AuPpy and EY-AuPpy NPs)
UV-Visible-NIR absorption spectra were measured using a Rayleigh 2601 double-beam spectrophotometer (Beijing, China). Zeta potential and particle size values were measured by a Malvern Zetasizer (Malvern, UK), at least in triplicate. TEM images were captured by a JEOL transmission electron microscope (JEOL, Japan) in order to assess the morphology of the nanoparticles.

Photothermal Study
The synthesized nanoparticles (AuPpy, RB-AuPpy and EY-AuPpy) in addition to RB and EY solutions and double-distilled water (as a control) were subjected to a photothermal study using 3 mL of each suspension/solution of the same concentration (correspondent to 500 µM RB or EY photosensitizer in case of RB-AuPpy, EY-
AuPpy, RB and EY) and the corresponding concentration of AuPpy in case of free AuPpy. Each suspension/solution/water was irradiated in a Petri dish (3 cm in diameter) by white light of a halogen lamp (1 W) for 10 min, and the temperature of the suspension/solution/water was recorded every one min to determine the temperature rise induced by each formulation (nanoparticles suspensions, free dye solutions and water). The photothermal study was repeated at least three times for each, and means were calculated.

Release Study
Release patterns of RB and EY from RB-AuPpy and EY-AuPpy, respectively, were studied over 30 days. In vitro release studies were performed using Visking dialysis tubing with an average flat width of 25 mm and 12,000 Da MWCO (Medicell Membranes Ltd, UK). One mL of each formulation of known concentration (500 µM with respect to RB or EY) was placed in the dialysis tubing, sealed, then submerged into 100 mL of phosphate buffer solution (PBS pH 7.4) in an amber glass container and maintained at 37°C. Concentrations of each dye were detected colorimetrically every 60 min for 3 h, after 24, 48 and 72 h, then after 7, 14, 21 and 30 days. Measured concentrations were plotted as a function of time. Release study was conducted three times, and means were taken.

In vitro Evaluation of Cytotoxicity and Photocytotoxicity
Cell Culture
Human hepatocellular carcinoma (HepG2) cell line (Nawah Scientific Co., Egypt) was used as a model for cancer cells. Cells were cultured on DMEM medium containing 10% FBS and 1% penicillin/streptomycin antibiotic mixture and maintained at 37°C under 5% CO₂ humidified atmosphere. Concentrations of RB and EY were studied over 30 days. In vitro release studies were performed using Visking dialysis tubing with an average flat width of 25 mm and 12,000 Da MWCO (Medicell Membranes Ltd, UK). One mL of each formulation of known concentration (500 µM with respect to RB or EY) was placed in the dialysis tubing, sealed, then submerged into 100 mL of phosphate buffer solution (PBS pH 7.4) in an amber glass container and maintained at 37°C. Concentrations of each dye were detected colorimetrically every 60 min for 3 h, after 24, 48 and 72 h, then after 7, 14, 21 and 30 days. Measured concentrations were plotted as a function of time. Release study was conducted three times, and means were taken.

Cell Viability Test
MTT assay was applied to quantify the viability of HepG2 cells, after treating them with test and control samples for the intended time and conditions. MTT assay was performed by replacing the previous medium with 10% MTT DMEM medium, and incubating for 4 h to allow the reduction of MTT by viable cells. The media were then discarded, and cells were washed by PBS twice. Finally, the formed formazan crystals were solubilized using DMSO (200 µL per well) then read at 570 nm using ELISA microplate reader (Biotek ELx800, USA).

Cytotoxicity and Photocytotoxicity
Serial concentrations of free RB and EY (5, 10, 20, 30, 40, 50, 100 and 200 µM) and the corresponding concentrations of the conjugated RB/EY (RB-AuPpy and EY-AuPpy) were examined for their dark cytotoxicity firstly, and then the maximum safe concentrations (ie, the highest concentration that does not exert cytotoxic effect) of both free and conjugated RB/EY were applied for photocytotoxicity experiments. Cells were seeded on culture medium (10% FBS and 1% penicillin/streptomycin DMEM medium) in 96-well plates (~7000 cells per well) and left to adhere in the incubator for 24 h at 37°C under 5% CO₂ humidified atmosphere. The old media were then discarded, replaced by 2% FBS DMEM media containing the test and control samples and left in the incubator for 24 h under the same conditions. For dark cytotoxicity, MTT assay was applied directly after the incubation period, while, for photocytotoxicity, wells were firstly exposed to white light delivered from a halogen lamp (1 W) for 5 mins. After irradiation, MTT assay was applied. To avoid errors that may arise from the interference (in visible absorption at 570 nm) between RB (λ\text{max}: 540–550 nm), EY (λ\text{max}: 520 nm), AuPpy (λ\text{max}: 560 nm), different nanoparticles formulations and solubilized formazan (DMSO-solubilized reduced MTT crystals, λ\text{max}: 570 nm), negative-MTT control wells were also included where all steps were applied except MTT step. Although the residual contents of formulations in cells were too small to affect the MTT results after solubilization, negative control wells were necessary to exclude any errors especially at high concentrations. All experiments were carried out simultaneously, and each experiment was repeated at least three times.

Statistical Analysis
Statistics were analyzed by one-way analysis of variance test (one-way ANOVA) followed by Tukey–Kramer test using GraphPad Prism version 5.01 software (GraphPad, San Diego, CA). Differences were considered significant when the \(p\)-value is less than 0.05. Results were displayed as means ± SEs or means ± SDs.

Results and Discussion
Loading of Rose Bengal and Eosin Yellow into AuPpy and Determination of the Loading Efficiency
In case of the conventional multi-step method (ie, post-synthesis method), AuPpy NPs were firstly synthesized. The reaction between HAuCl₄ and pyrrole was fast with
rapid change in the solution color from transparent colorless to deep black color. The synthesized AuPpy nanoparticles were extremely well-dispersed with clear appearance. No aggregates or flocculates were observed in any stage of the reaction. In this reaction, while gold salt (H\text{AuCl}_4) induces the oxidative polymerization of pyrrole, gold ions are reduced into elemental gold (gold atoms). During the nucleation of gold atoms, the synthesized polypyrrole acts as stabilizer for the nucleating gold nanoparticles preventing them from further growth or aggregation. The size of the synthesized gold nanoparticles depends on the initial concentration of the monomer (pyrrole).\textsuperscript{43} The loading efficiency after incubation of RB and EY for 24 h did not exceed 9% w/w at its best. In contrast, the loading percentages of RB and EY reached 74.6±1.8% w/w and 67.64±2.1% of the total conjugate, respectively, for the 500 µM loading solution, and were 37.24±0.81% and 54.04±0.93% for RB, and 29.48±0.74% and 45.46±0.86% for EY, at concentrations 100 µM and 200 µM, respectively (Table 1). This vast difference in loading capacity between the post-synthesis method and the in situ one-pot method can be explained in the light of the loading pattern, where loading, in the first case, takes place just onto the surface of the synthesized nanoparticles (on the outer surfaces of the polypyrrole layer(s) which are of very limited area), while, in the second case, proposed and used in the current work, loading takes place during the synthesis process; hence the dye (RB/EY) is incorporated within the whole nanoparticle (AuPpy) in addition to the surface (both within and onto the surfaces of the polypyrrole layers), which massively increases the loading capacity. This delineates that almost all the photosensitizers’ amounts were loaded within AuPpy, suggesting the high efficiency of this method. Knowing that the real molar ratio of the reaction here is 1:1:2 (RB/EY:Au:Pyrrole) where the excess of pyrrole does not react\textsuperscript{43} and the molecular weights of RB/EY, Au and pyrrole are 973.67/691.86 g/mol, 196.96657 g/mol and 67.09 g/mol, respectively, a question may arise about the capacity of the synthesized polypyrrole to enclose all the synthesized gold nanoparticles plus RB/EY. But a simple comparison between the density of Au and polypyrrole (19.3 g cm\textsuperscript{-3} and 1.5 g cm\textsuperscript{-3}\textsuperscript{50,51}) reveals that polypyrrole volume alone represents about 13-fold that of gold nanoparticles. Adding that to the volume of RB/EY already loaded in the polypyrrole film clearly explains why RB/EY-polypyrrole films totally coat/embed gold nanoparticles in both formulations.

**Characterization of AuPpy, RB-AuPpy and EY-AuPpy NPs**

**UV-Vis-NIR Spectrophotometry**

As shown in Figure 1, it can be observed that the conjugation dramatically enhanced the NIR absorption of both RB-AuPpy NPs and EY-AuPpy NPs in comparison to the absorption of RB, EY or AuPpy alone, with distinctive new definite peaks in this region (800–1000 nm). Such peaks were not present in the individual spectra of free AuPpy NPs, but appear very faintly in the spectra of free RB and free EY, and are more pronounced in case of EY-AuPpy than in RB-AuPpy NPs. Taking into consideration that the basic absorption peak of RB and EY are resident in the visible region (546 and 515 nm, respectively) and that of AuPpy nanoparticles nearly covers the whole spectrum, enhancement of the RB/EY-related peak is expected since AuPpy absorption constructively interferes with those of RB and EY in the visible region, but, unevenly, the absorption intensity of both RB and EY in the visible region is diminished upon loading. This may be attributed to the hindering effect of polypyrrole as concluded from a separate experiment, where physical mixtures of both dyes with polypyrrole (in the same concentrations used in the loading process) were prepared and measured for their UV-Vis-NIR absorption. The resulting spectra showed that visible absorption of both dyes was magnified with no effect on the NIR region. This is also an indication that most loading in the presented in situ model was within the polymer not onto the surface. Similarly, the enhancement of RB-AuPpy and EY-AuPpy NIR absorption is somehow

<table>
<thead>
<tr>
<th>Type and Concentration (µM) of the Photosensitizer</th>
<th>Rose Bengal</th>
<th>Eosin Yellow</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>100</td>
<td>200</td>
</tr>
<tr>
<td>Conventional method</td>
<td>7.4±0.23</td>
<td>8.3±0.98</td>
</tr>
<tr>
<td>One-pot synthesis method</td>
<td>37.24±0.81</td>
<td>54.04±0.93</td>
</tr>
</tbody>
</table>
unpredictable, since free RB and EY have almost no absorption in this region. As reported in similar cases, gold-polypyrrole conjugation may enhance RB and EY absorption in the NIR region. Another hypothesis involving chemical rather than physical incorporation of some RB and EY in the polypyrrole backbone (i.e., doping) may be true. This means that conjugation of RB/EY to AuPpy has altered the spectroscopic properties of the gold-polypyrrole conjugate, similar to what was reported by Shrikrushna et al and Rahaman et al. The release pattern of both dyes from conjugates (see below) suggests a hybrid model, where some RB/EY is incorporated in the polymer backbone during synthesis, and the major amount is physically loaded.

**Particle Size and Zeta Potential Values**

The zeta potential value of AuPpy was $+46.2 \pm 11.1$ mV with average diameter of 56.64 $\pm$ 30.02 nm, while the zeta potential values of RB-AuPpy and EY-AuPpy were $-26.5 \pm 5.41$ mV and $-33 \pm 6.36$ mV with average diameter of 31.51 $\pm$ 11.93 nm and 33.63 $\pm$ 25.93 nm, respectively. The high zeta potential values indicate relatively good colloidal stability. The reversal of the zeta potential values from positive in case of AuPpy to negative in case of RB-AuPpy and EY-AuPpy further confirms the conjugation of the dyes to the nanoparticles, since RB and EY ions bear negative charges, as reported in the conjugation of polypyrrole to allicin (a molecule that mainly results from the enzymatic hydrolysis of alliin). A similar pattern was observed by Wen et al upon mixing polypyrrole nanoparticles (zeta potential value: $+37.7$ mV) with silver nanoparticles (zeta potential value: $-35.6$ mV). This also gives an insight into the mechanism of conjugation between RB/EY (or at least a proportion of RB/EY) and polypyrrole that resembles the doping process in polypyrrole. Doping is a process where negatively charged ions such as chloride (small ion) or dodecybenzenesulphonate (large ion) are incorporated as dopants, mainly to enhance polypyrrole electrical conductivity. Here, proportions of the loaded RB and EY, being negatively charged large molecules, act as dopants during the synthesis process. This explains the dramatic increase in the NIR absorption of the conjugate, since doping, particularly with large molecules like RB (973.67 g/mol) and EY (691.86 g/mol), greatly enhances electrical conductivity, which, in turn, is reflected in enhancing absorption in the NIR region.

**TEM Imaging**

TEM imaging of free AuPpy revealed the previously literature-described morphology of the synthesized hybrid nanoparticles which resembles spheres-embedded gel masses with a mean diameter of 50–60 nm for each cluster. Individual gold nanoparticles range between 4 nm and 10 nm in diameter with spherical or semi-spherical shapes.

**Figure 1** UV-Vis-NIR absorption spectra of AuPpy, RB-AuPpy and EY-AuPpy NPs (identical diluted concentrations).
(Figure 2A). On the other hand, RB-AuPpy NPs under TEM appear to be quite different showing ultra-nano spherical gold cores (~2–5 nm in diameter) relatively more distant from each other, embedded in RB-Ppy films with homogeneous distribution (Figure 2B). Surprisingly, TEM imaging showed that the EY-AuPpy nanoparticles have a completely different morphology with spherical, semi-spherical, short rod-like and crescent-like gold nanoparticles embedded in EY-polypyrrole films (Figure 2C). Gold nanoparticles remain distant from each other as in case of RB-AuPpy but the size of gold cores in case of EY-AuPpy is larger than in RB-AuPpy yet still smaller or at least similar to it in AuPpy. This difference in size of the gold nano-cores between AuPpy, RB-AuPpy and EY-AuPpy can be explained. The relationship between the size of the synthesized gold nanoparticles and the concentration of the stabilizer is often a parabolic relationship, where size decreases by increasing the concentration of the stabilizer till reaching a minimum, then increase by increasing concentration. Stabilizer here is Ppy, RB-Ppy or EY-Ppy. So, decrease or increase in size (compared to AuPpy) is predictable depending on the concentration of the synthesis solution and on whether that concentration lies right or left of the concentration corresponding to the vertex of the parabola. If the concentration lies left of that corresponding to the vertex, the size will be reduced by increasing concentration and vice versa. Intuitively, the vertex concentration differs from one compound (stabilizer) to another. This explains the differences in gold core size between preparations.

**Photothermal Study**

Among all formulations and from a baseline temperature of 20°C, the maximum photothermal actions accompanied with the fastest heating rates were exerted by EY-AuPpy, RB-AuPpy and free AuPpy where the maximum temperatures reached were 45.7°C, 42°C and 41.7°C after 10 min, respectively, while the minimum photothermal actions and slowest heating rates (in ascending order) were exerted by water, free RB and free EY, where the maximum temperatures reached were 27°C, 29.5°C and 29.9°C after 10 min, respectively. This behavior coincides with the NIR absorption pattern of AuPpy, RB-AuPpy and EY-AuPpy, where maximum absorption is exhibited by EY-AuPpy, while AuPpy and RB-AuPpy exhibit close absorption intensity with the minimum absorption ascribed to AuPpy. Approximating the temperature rise...
rate equations to the corresponding most probable equations reveals that heating rates of water, free RB and free EY follow a logarithmic relationship, while heating rates of AuPpy, RB-AuPpy and EY-AuPpy follow a polynomial relationship. The enhancement of photothermal action in both RB-AuPpy and EY-AuPpy compared to AuPpy enables the use of such composites as multi-purpose drug delivery systems with high loading capacity and photothermal and photodynamic actions. Such enhancement also supports the enhanced absorption in the NIR region. Figure 3 comparatively illustrates the photothermal actions exerted by each formulation. This photothermal action is of particular importance in cancer treatment, in which, when administered simultaneously with chemotherapy or radiotherapy, it results in enhancement of the treatment outcome. 62

Release Study

Release of both dyes was slow with initial burst release of 23% (RB) and 14% (EY) of the total amount loaded in the first hour followed by gradual slow regular release till reaching maximum concentration of 75% of the total loaded RB and EY in the accepting solution after 14 and 10 days, respectively (Figure 4). Equations of time-release curves were approximated to the corresponding most probable mathematical equations and found to express a logarithmic relationship at best fitting ($R^2$ values are 0.9729 and 0.9568 for RB and EY, respectively). This means that release pattern of both dyes from the polymeric matrix mostly follows a first-order model. Extending the release study to 30 days did not result in significant change in the release of the dyes ($P>0.05$), and a plateau was reached, which suggests, as mentioned before, the presence of traces of the dyes inside the AuPpy nanoparticles. These traces are probably trapped into the deeper polymer layers (hence making them difficult to be released) or caught by polypyrrole as dopants. However, the latter assumption is more likely since high-molecular-weight dopants are difficult to be released from polypyrrole even under electric potential. 63 Considering that RB and EY are relatively large molecules, their incomplete release is justified.

Cytotoxicity and Photocytotoxicity

As shown in Figure 5, significant differences in cytotoxicity at dark conditions between the photosensitizing dyes (RB/EY) in the free and loaded form were obvious ($P<0.05$). The highest safe concentration of free RB in dark was about 5 µM, while that of free EY was about 50 µM. Loading into AuPpy nanoparticles greatly decreased the dark cytotoxicity (ie, enhanced the safety) of both dyes, in which the highest safe concentrations of RB and EY (conjugated) in dark conditions became about 100 µM and 200 µM, respectively. The enhanced safety of

Figure 3 In vitro photothermal activity of water, AuPpy, RB, EY, RB-AuPpy and EY-AuPpy (Means ± SDs).
Figure 4 Release pattern of RB and EY from AuPpy NPs (A) over 30 days and (B) over 72 h (Means ± SDs).

Figure 5 Dark cytotoxicity of RB, EY, RB-AuPpy and EY-AuPpy (Means ± SEs).
the dyes by conjugation to AuPpy NPs may be ascribed to the slow release of the dyes, hence decreasing their harmful effects on the cells in dark conditions, which enables controlling and taming their dark cytotoxicity. On the contrary, under irradiation conditions, it was observed that the photocytotoxicity of the conjugated dyes at the highest safe concentrations was the same as that of the free dye (EY-AuPpy) or even higher (RB-AuPpy) (Figure 6). Apparently, the cytotoxicity of both conjugates (RB-AuPpy and EY-AuPpy) may be considered of low significance. But a simple comparison between the real available concentration of either dye in case of free and conjugated forms (ie, about 50% after 24 h) clearly reveals the differences in cytotoxicity. Since the release of RB/EY from either formulation is somehow slow, this enhancement in photocytotoxicity may be attributed either to the enhanced photothermal action of the whole system or to the enhanced cellular uptake, owing to AuPpy conjugation, of the dyes. Although efficient photothermal action needs a much higher dose of light, the dose applied was enough to induce mild hyperthermia which might have accelerated the action of RB and EY. Another factor that may explain the enhanced photocytotoxicity despite the transient decrease of the free dye concentration (ie, due to slow release) is the efficient cellular uptake of polypyrrole, which is translated into an overall elevation of the dye concentration after release. Therefore, conjugation to AuPpy achieved two purposes: firstly, minimizing the dark cytotoxicity; and secondly, maximizing the photocytotoxicity of dyes. In other words, the reduced dark cytotoxicity upon conjugation allows the safe use of high concentrations of both photosensitizers with controlled release. The dual nature of the dye-loaded nanoparticles (photodynamic/photothermal) allows the use of the whole nano-system as an efficient photodynamic/photothermal tool (the use of the loaded dye as a photodynamic tool and the use of the depleted gold-polymer nanoparticles after dye release as a pure photothermal tool), but this should be applied later since the energy needed to exert photothermal action of polypyrrole is much higher than that needed to activate the photodynamic action of the conjugated/released dyes. Moreover, the slow release of dyes from the AuPpy system makes it possible to repeat the photo-treatment without the need of repeated doses.

**Conclusion**

Rose bengal and eosin yellow were successfully loaded within AuPpy with ultra-high loading efficiency in a one-pot simple method. The presence of gold-polypyrrole as a drug delivery system diminished the dark cytotoxicity of both RB and EY, making them controllable and safer for use even at high concentrations, while the apparent photocytotoxicity was enhanced (RB-gold-polypyrrole) or at least was not affected (EY-gold-polypyrrole). On the other hand, loading RB and EY within AuPpy significantly enhanced the photothermal activity of the resulting composites compared to free AuPpy. The massive reduction in dark cytotoxicity together with controlled release represents an advantage for clinical use where a single large dose with multiple irradiation sessions could replace multiple dose treatment. Further preclinical and clinical studies are recommended here. In summary, conjugation of both RB and EY to AuPpy enhanced both photothermal action of AuPpy and photodynamic action of RB/EY which, in turn, improves their characteristics as anti-cancer tools. The loading method, used in this study, can be used to easily synthesize other hybrids by changing the loaded drugs.

**Abbreviations**

RB, rose bengal; EY, eosin yellow; Ppy, polypyrrole; AuPpy, gold-polypyrrole; NPs, nanoparticles; NIR, near infra-red; UV, ultraviolet, PS; photosensitizer.

**Disclosure**

The authors declare no conflicts of interest in this work. This work is supported by a Cairo University project 2016 entitled: “Nano-systems in topical photodynamic therapy and photodynamic diagnosis: preparation, characterization and clinical evaluation”.

![Figure 6 Photocytotoxicity of RB, EY, RB-AuPpy and EY-AuPpy (Means ± SEs).](https://doi.org/10.2147/DDDT.S338922)
References


El-Khoły et al


