

Utility of a Ruler for Reconstructed Auricle Positioning

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Purpose: This study evaluated the utility of a ruler for reconstructed auricle positioning.

Methods: Forty-seven patients with unilateral microtia were selected from August 2020 to September 2021.

Results: The linear distance from the highest point of the reconstructed auricle to the central axis of the nose was not significantly different from the distance from the highest point of the normal contralateral auricle to the central axis of the nose ($P>0.05$). The distance from the lowest point of the reconstructed auricle to the central axis of the nose was not significantly different from the distance from the lowest point of the normal auricle to the central axis of the nose ($P>0.05$). The linear distance from the highest to the lowest point of the reconstructed auricle was not significantly different from the distance from the highest to the lowest point of the normal auricle ($P>0.05$). These results indicate that the reconstructed auricle was symmetrical to the contralateral ear.

Conclusion: The positioning ruler evaluated in this study is simple, easy to use, accurate, and non-invasive.

Keywords: microtia, reconstructed auricle, ruler, ear

Introduction

Congenital microtia is a genetic disease with unknown etiology.¹ Its main clinical symptom is auricular dysplasia, usually accompanied by external auditory canal atresia, and middle ear and maxillofacial deformities.² The global prevalence of congenital microtia is 0.80 to 4.53 births per 10,000 births.³ Despite the low prevalence, this entity strongly affects children's facial appearance and mental health.⁴ The most effective method for treating congenital microtia is auricular reconstruction. After surgical intervention, the reconstructed and contralateral ear should have the same size and position. In 1994, Nagata performed quantitative measurements to determine the best position for the reconstructed auricle.⁵ In 1997, Nagata and Akira Yamada invented the ear-positioning template to locate the reconstructed auricular.⁶ Nonetheless, these methods they used are prone to measurement errors.

Chen et al⁷ used multi-slice spiral computed tomography (CT) to collect patients' skull data and used a 3D printer to make a 3D template for positioning the reconstructed auricle. Kohei Umekawa⁸ used 3D CT to determine the best site for auricular reconstruction. Walsh et al⁹ positioned the reconstructed auricle using silicone molds. These methods are technically demanding, difficult to operate, and are not conducive to the popularization and application of these technologies. In the treatment of

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congenital microtia, our otoplasty team developed a ruler to determine the position of the reconstructed auricle.

Patients and Methods

Clinical Data

Forty-seven patients (29 men and 18 women) with unilateral microtia (20 on the left side and 27 on the right) were selected from August 2020 to September 2021, and the position of the reconstructed auricle was assessed in the Plastic Surgery Hospital using a ruler. The mean age of the patients was 10.77 ± 2.64 years, and the mean follow-up period was 8.68 ± 2.40 months. This study was approved by the Medical Ethics Committee of our hospital. All study patients and their families signed an informed consent form. All procedures involving human participants conformed to the ethical guidelines of the institutional and/or national research committee and the 1964 Declaration of Helsinki.

Inclusion and Exclusion Criteria

The inclusion criteria were patients with auricular deformities, patients in good health, and patients who agreed with the use of a ruler to determine the position of the reconstructed auricle.

The exclusion criteria were the presence of bilateral microtia, other head and face deformities, diseases that could affect surgical outcomes, severe hemifacial microsomia, serious heart, kidney, liver, and other organ diseases that could affect surgical outcomes, severe craniofacial asymmetry, and patients who did not agree with the use of a ruler to determine the position of the reconstructed auricle.

The Structure of the Ruler is Shown in Figure 1

The ruler has a main body (Figure 1C) and two arms (Figure 1A and B). The main body is composed of retractable stainless-steel rods. An instrument that rotates over the stainless-steel rod is mounted on this section (Figure 1D). The two arms are stretchable stainless-steel rods. The section that connects the two arms with the main body are gears with scale (Figure 1E) that can be adjusted to the parallel position of the two arms.

Use of the Ruler

The patients were placed in the supine position during measurements, with the head straight and stationary, to avoid measurement errors. First, the upper edge of the reconstructed auricle (Figure 2) was located using the ruler based on the upper edge of the normal contralateral auricle (Figure 3). Then, the lower edge of the reconstructed auricle (Figure 4) was located based on the lower edge of the normal auricle (Figure 5). The line from the lowest to the highest point of the reconstructed auricle (Figure 6) was determined according to the line from the lowest to the highest point of the earlobe of the normal auricle (Figure 7). That is, the inclined angle of the reconstructed auricle. In this way, we determined the symmetric position between the reconstructed auricle and the contralateral ear by using the positioning ruler (Figure 8). During measurements, the main section of the ruler was kept at a horizontal position using a level (Figure 1D) to avoid measurements errors. In clinical

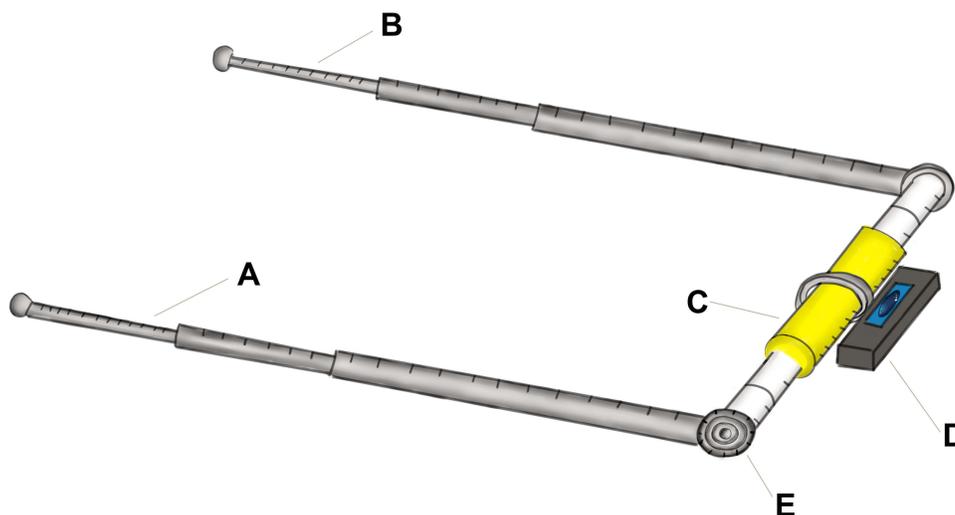


Figure 1 Structure of the ruler. **A** and **B**: arms; **C**: main body; **D**: level; **E**: the gear with scale.

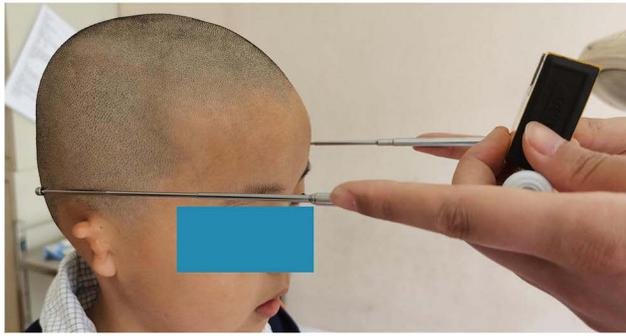


Figure 2 Upper edge of the reconstructed auricle.



Figure 3 Upper edge of the normal contralateral auricle.

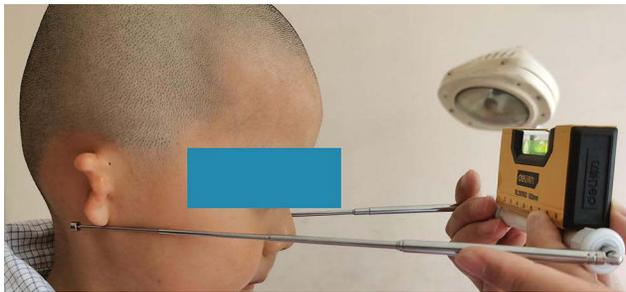


Figure 4 Lower edge of the reconstructed auricle.

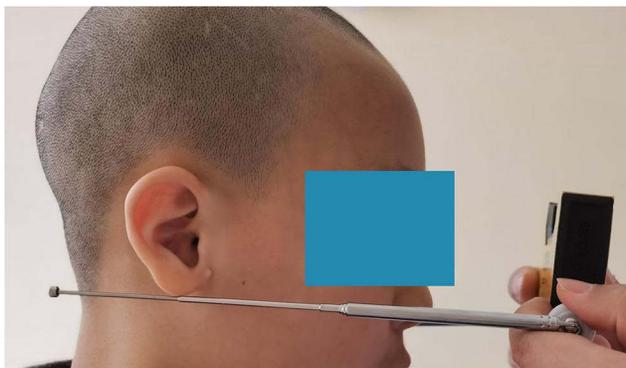


Figure 5 Lower edge of the normal contralateral auricle.

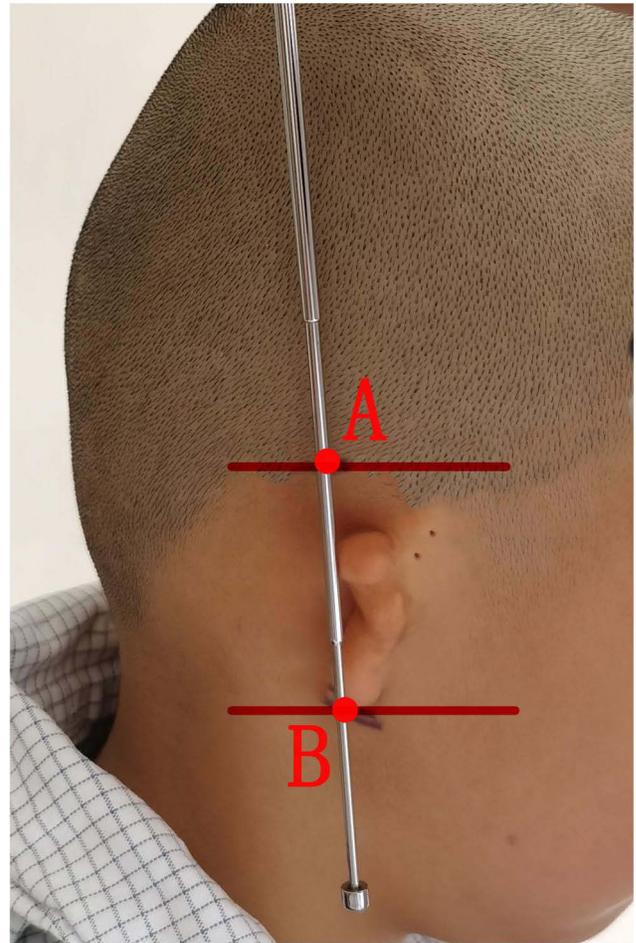


Figure 6 The line from the lowest to the highest point of the reconstructed auricle. (A) highest point of the reconstructed auricle; (B) lowest point of the reconstructed auricle.

application, the stability of patient's head is good because the measurement process takes a short time.

Evaluation Criteria

The distance from the highest point of the reconstructed auricle to the central axis of the nose was compared with the distance from the highest point of the normal auricle to the central axis of the nose. The distance from the lowest point of the reconstructed auricle to the central axis of the nose was compared with the distance from the lowest point of the normal auricle to the central axis of the nose. The distance from the highest to the lowest point of the reconstructed auricle was compared with the distance from the highest to the lowest point of the normal auricle. In order to ensure the accuracy of the data, patients



Figure 7 The line from the lowest to the highest point of the normal auricle.

were placed in supine position during measurement to ensure the stability of the patients' heads (Figure 9).

Statistical Analysis

Data were analyzed using SPSSAU (<https://spssau.com/>). Differences in categorical variables were analyzed using the chi-squared test and expressed as numbers and percentages. Continuous variables are presented as means \pm SD. The normality of the distributions was assessed using the Shapiro–Wilk test. Normally and non-normally distributed data were analyzed using a *t*-test and Wilcoxon signed-rank test, respectively. P-values of less than 0.05 were considered statistically significant.

Results

A total of 47 patients were included in the study. The average distance from the highest point of the reconstructed auricle to the central axis of the nose was 14.12 ± 0.52 cm. The average distance from the highest point of the normal auricle to the central axis of the nose was 14.08 ± 0.45 cm. The average distance from the lowest point of the reconstructed auricle to the central axis of the nose was 12.71 ± 0.31 cm. The average

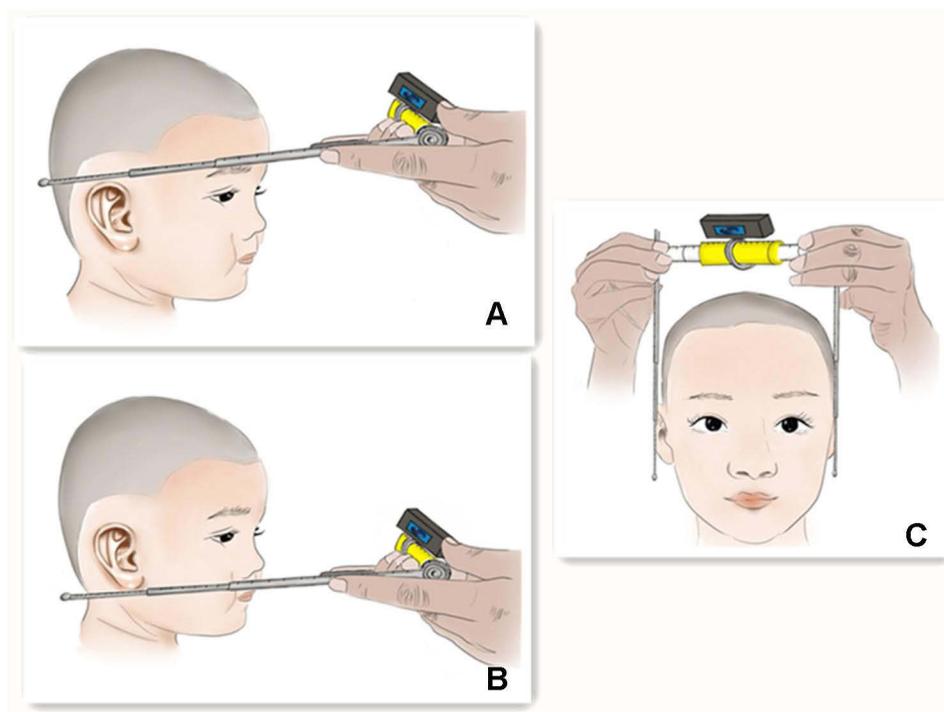


Figure 8 Use of the ruler. (A) the first step is to locate the highest point of the ear; (B) the second step is to locate the lowest point of the ear; (C) the third step is to determine the inclined angle of the ear.



Figure 9 Patients were placed in supine position during measurement.

distance from the normal auricle to the central axis of the nose was 12.67 ± 0.26 cm. The average distance from the highest to the lowest point of the reconstructed auricle was 6.03 ± 0.32 cm. The average distance from the highest to the lowest point of the normal auricle was 5.91 ± 0.27 cm. The results of

the Shapiro–Wilk test indicated that the data distributions were non-normal ($P < 0.05$). According to the Wilcoxon signed-rank test, the distance from the highest point of the reconstructed auricle to the central axis of the nose was not significantly different from the distance from the highest point of the normal auricle to the central axis of the nose ($P > 0.05$); the distance from the lowest point of the reconstructed auricle to the central axis of the nose was not significantly different from the distance from the lowest point of the normal auricle to the central axis of the nose ($P > 0.05$); the distance from the highest to the lowest point of the reconstructed auricle was not significantly different from the distance from the highest to the lowest point of the normal auricle ($P > 0.05$). These results demonstrate that the reconstructed auricle was highly symmetrical to the contralateral auricle.

The data are summarized in [Table 1](#). Postoperative images are shown in [Figure 15](#).

Discussion

After auricular reconstruction, the reconstructed and normal contralateral auricle should have the same size and position.¹⁰ Therefore, the accurate positioning of the reconstructed auricle preoperatively is essential. Auricular reconstruction is based on the experience of the surgeon and is subjective and uncontrollable. 3D

Table 1 Data Summary Table

Variables	Specific Values	Wilcoxon Signed Rank Test, P-value
Age, years	10.77 ± 2.64	
Gender Male Female	29 (61.7%) 18 (38.3%)	
Follow-up, months	8.68 ± 2.4	
The vertical distance from the highest point of the reconstructed auricle to the central axis of the nose, cm	14.12 ± 0.52	$P = 0.77 (P > 0.05)$
The vertical distance from the highest point of the patient's normal auricle to the central axis of the nose, cm	14.08 ± 0.45	
The vertical distance from the lowest point of the reconstructed auricle to the central axis of the nose, cm	12.71 ± 0.31	$P = 0.46 (P > 0.05)$
The vertical distance from the patient's normal auricle to the central axis of the nose, cm	12.67 ± 0.26	
The length of the line between the highest point and the lowest point of the reconstructed auricle, cm	6.03 ± 0.32	$P = 0.1 (P > 0.05)$
The length of the line between the highest point and the lowest point of the patient's normal auricle, cm	5.91 ± 0.27	



Figure 10 Frontal view of patient 1.

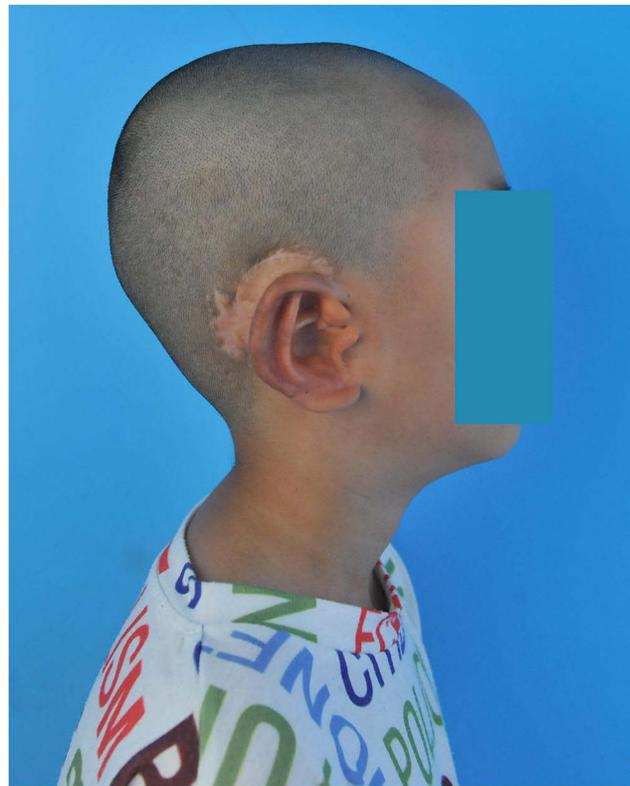


Figure 12 Lateral view of patient 1.

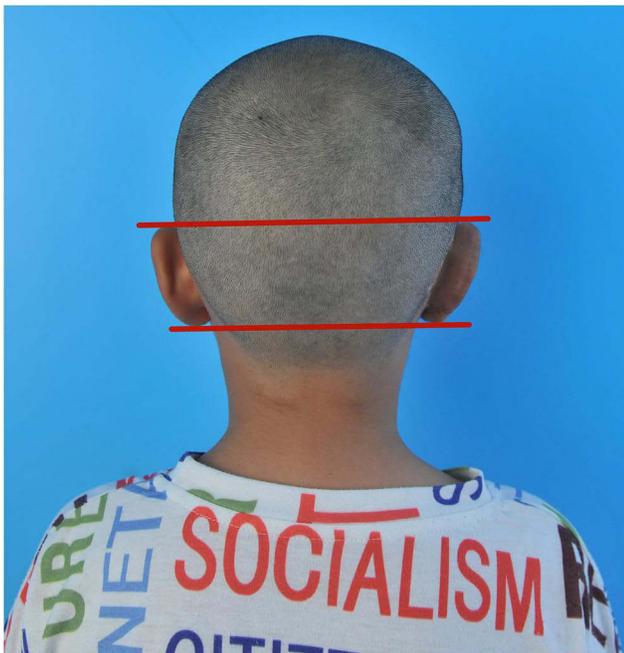


Figure 11 Posterior view of patient 1.

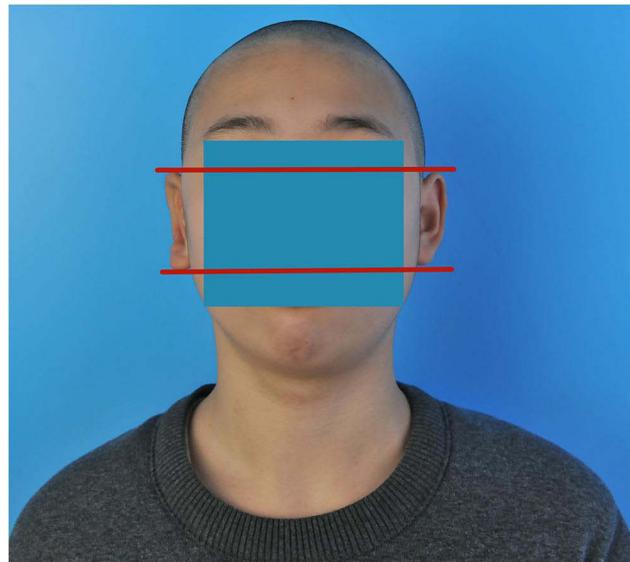


Figure 13 Frontal view of patient 2.

printers, CT equipment, and computer-assisted positioning method are complex and expensive, limiting their use in clinical practice.⁷⁻⁹ The ruler developed by our surgical team is simple, easy to use, accurate, and non-invasive and thus more applicable in plastic surgery.

The positioning of auricular reconstruction was performed preoperatively in 47 patients using a ruler. The results showed that the reconstructed auricle was symmetrical to the normal contralateral auricle, confirming the accuracy of this instrument.

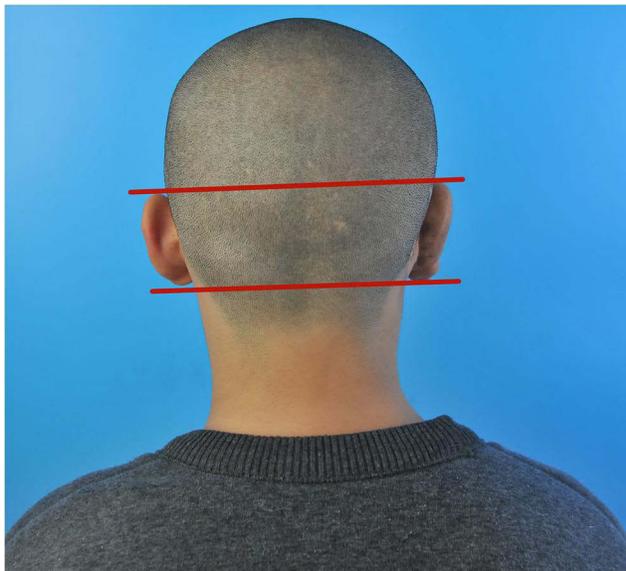


Figure 14 Posterior view of patient 2.

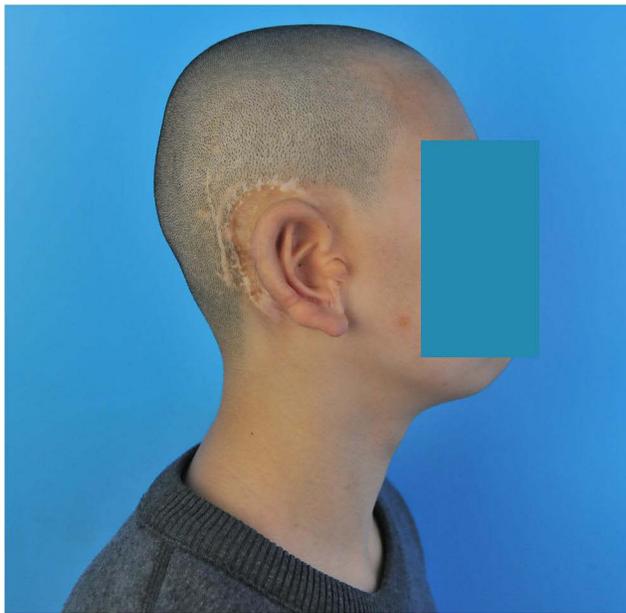


Figure 15 Lateral view of patient 2.

The clinical condition of the patients should be considered when positioning the reconstructed auricle using a ruler. Many patients with microtia have varying degrees of craniofacial asymmetry.¹¹ In patients with severe craniofacial asymmetry, the plastic surgeon should move the reconstructed auricle slightly forward to adapt to the asymmetry. In addition, the positioning of the reconstructed auricle in patients with bilateral microtia should be carried out according to the ideal anatomical position of the auricle. The positioning ruler is

suitable for all types of auricular reconstruction surgeries currently used in clinical practice. In two-stage or three-stage ear reconstruction surgeries, the ruler can be used to position the reconstructed auricle before each surgical stage and provide reference for surgeons' surgical operations.

This study has limitations. First, the small sample size may have affected the reliability of the results. Second, patients with severe craniofacial asymmetries or bilateral microtia were not included in the study; thus, the results do not apply to this population. In this respect, a follow-up study with a larger sample size is underway to assess the usefulness and accuracy of this ruler in cases involving severe craniofacial asymmetries or bilateral microtia. And in order to verify the advancement of positioning ruler, in subsequent studies, we will conduct comparative studies with other positioning methods. Third, researchers were not blinded to patient data, potentially increasing the risk of data collection bias.

In conclusion, the ruler evaluated in this study is simple, easy to use, accurate, and non-invasive, and thus highly useful in plastic surgery.

Ethical Approval

All procedures involving human participants conformed to the ethical guidelines of the institutional and national research committee and the 1964 Declaration of Helsinki. The study was approved by the Medical Ethics Committee of the Chinese Academy of Medical Sciences of the Plastic Surgery Hospital (No. 2021185).

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Disclosure

The authors declare that there are no conflicts of interest associated with the research, authorship, and publication of this study.

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