ORIGINAL RESEARCH

# Endoscopic Ultrasound-Guided Acquisition of Portal Venous Circulating Tumor Cells as a Potential Diagnostic and Prognostic Tool for Pancreatic Cancer

Yixuan Zhang<sup>1,\*</sup>
Haochen Su<sup>2,\*</sup>
Haibo Wang<sup>3,\*</sup>
Chenghu Xu<sup>1</sup>
Siqi Zhou<sup>4</sup>
Jing Zhao<sup>1</sup>
Shanshan Shen<sup>1</sup>
Guifang Xu<sup>1</sup>
Lei Wang<sup>1</sup>
Xiaoping Zou<sup>1</sup>
Shu Zhang<sup>1</sup>
Ying Ly<sup>1</sup>

<sup>1</sup>Department of Gastroenterology, Nanjing Drum Tower Hospital, The Affiliated Hospital of Nanjing University Medical School, Nanjing, People's Republic of China; <sup>2</sup>Department of Gastroenterology, Nanjing Drum Tower Hospital, Clinical College of Nanjing Medical University, Nanjing, People's Republic of China; <sup>3</sup>Cyttelbio Corporation, Beijing, People's Republic of China; <sup>4</sup>Department of Gastroenterology, Nanjing Drum Tower Hospital, The Affiliated of Jiangsu University, Nanjing, People's Republic of China

\*These authors contributed equally to this work

Correspondence: Shu Zhang; Ying Lv Email zhangsgastro@nju.edu.cn; lvying@njglyy.com

**Background:** Circulating tumor cells (CTCs) were a promising liquid biopsy for pancreatic cancer (PC) but circulate in low counts in peripheral blood. We evaluated the diagnostic and prognostic values of portal vein (PoV) CTCs in PC patients.

**Methods:** PoV was aspirated under EUS guidance from 40 patients with suspected pancreaticobiliary cancers. Epithelial–mesenchymal-transition-related subtypes of CTCs were identified via immunofluorescence using EpCAM and Twist antibodies. The diagnostic and prognostic performance of PoV CTCs was investigated by receiver-operating characteristic (AUC) curve and Kaplan–Meier survival analysis.

**Results:** In total, 40 patients including 31 with PC, 4 with non-pancreatic periampullary cancer and 5 with benign pancreatic diseases (BPD) were enrolled. CTCs were detected more in PoV compared with peripheral blood. PoV CTC numbers in BPD patients were lower than in PC patients. The number of PoV CTCs, especially mesenchymal-CTCs (M-CTCs), was positively correlated with the tumor burden, instead of epithelial-CTCs (E-CTCs). The combination of PoV CTC numbers and CA19-9 demonstrated better diagnostic efficiency (AUC value 0.987) than either alone in differentiating PC with BPD. Moreover, the diagnostic efficacy of PoV CTCs and M-CTCs were obviously better than that of E-CTCs and CA19-9 in distinguishing early and late stage PC. Lastly, high PoV CTC and M-CTC numbers were both associated with shorter overall survival.

**Conclusion:** Acquisition of the PoV samples in PC patients via EUS-guided procedures has been proved safe and feasible. PoV CTCs, especially M-CTCs, have great potentials in diagnosing and predicting the prognosis of PC, especially in combination with CA19-9.

**Keywords:** circulating tumor cell, endoscopic ultrasound, portal vein blood, diagnosis, prognosis

#### Introduction

Pancreatic cancer (PC) is the most devastating malignant disease with poor prognosis worldwide. Unlike many other cancers, the incidence and mortality of PC are increasing, and PC is predicted to be the second-leading cause of cancer-related deaths worldwide by 2030. Most patients with symptomatic PC have reached advanced and metastatic stages, making them ineligible for surgical resections. Besides, PC still has a dismal 5-year survival rate below 5% despite improvement of survival for the patients undergoing surgical resections. This suggested that

current criteria are not appropriate to select patients who might benefit from surgeries. Currently, carbohydrate antigen 19-9 (CA19-9) has been used widely in clinical practice. However, the sensitivity and specificity of CA19-9 for diagnosing PC, especially for differential diagnosis of PC patients at different stages, are still in doubt. And patients with negative Lewis antigen do not benefit from CA19-9 examination.<sup>5</sup> Therefore, developing reliable biomarkers that can aid early detection and prognostic judgment is crucial for improving clinical outcome of PC.<sup>6</sup>

Circulating tumor cells (CTCs), recognized as the seeds of distant metastasis, are tumor cells shed from primary tumors and migrate into the circulation causing secondary deposits.<sup>7</sup> Accumulating evidence have confirmed that CTCs have promising effects in diagnosing PC and predicting metastasis and prognoses of PC patients.<sup>8,9</sup>

The pancreatic vein blood drains first into the liver, causing liver as the most common metastatic site of PC. 10,11 The filtration effect of the liver made CTCs highly diluted in the peripheral blood, and increased the difficulty of detecting enough CTCs in the peripheral blood samples. 12 Unlike traditional liquid biopsy, tumorproximal liquid biopsy means obtaining a sample in vessels close to the tumor, especially in the main veins that drain blood from the organ invaded by the cancer, leading to higher capability of capturing and detecting enough CTCs.<sup>13</sup> The feasibility of the puncture in these vessels has already been successfully tested in patients with colorectal cancer, 14 liver cancer, 15 lung cancer 16 and PC. 17 However, until now, most researchers obtained portal vein blood from PC patients during pancreaticoduodenectomy rather than minimally invasive access.

Endoscopic ultrasound (EUS) provides high-resolution, precise access to portal vein allowing for minimally invasive access for portal vein blood sampling. Catenacci et al first reported that portal vein blood can be acquired safely, and an increased number of CTC in the portal vein blood was found compared with peripheral circulation in PC patients. However, due to the relatively small sample size and heterogeneity of the patients, they did not further investigate the correlation between clinical features and CTCs in the portal vein blood.

The most widely used biomarker to identify CTCs is an epithelial cell marker called epithelial cell adhesion molecule (EpCAM) by far. CellSearch® which is based on the surface antibody-based technique to capture EpCAM+ CTCs is the first and only FDA-approved CTC detection platform in

breast, colorectal, and prostate cancer. <sup>20</sup> However, the majority of studies have shown that the EpCAM-based identification of CTCs does not fit logically with the theory of epithelial–mesenchymal transition (EMT) in the malignant progression, and may miss these EpCAM-negative CTCs which are believed to be a more aggressive and invasive subtype and are essential for distant metastasis. <sup>21–23</sup> Therefore, to avoid underestimating the number of CTCs, we decide to capture CTCs with a negative enrichment method, followed by the characterization of the captured CTCs with epithelial biomarker EpCAM and mesenchymal biomarker Twist together with leukocyte common antigen CD45 to exclude remnant white blood cells.

In the present study, we evaluated the safety and feasibility of the trans-hepatic puncture using a 22G needle to collect portal vein blood in patients with suspected PC referred for EUS-FNA (fine-needle aspiration). Besides, we identified the EpCAM-positive and/or Twist-positive CTCs in the portal vein blood and peripheral blood of PC patients, and analyzed their diagnostic and prognostic values in the clinical practice.

# Materials and Methods

## Patients and Clinical Samples

From July 2019 and July 2020, 40 patients with suspected pancreaticobiliary cancers referred for EUS-FNA were enrolled into this prospective study. All included patients had a negative history of blood transfusion, acquired immunologically mediated disease or any anti-tumor treatment before enrollment. Classification of PC was assessed using the 8th edition of the American Joint Committee on Cancer (AJCC) Classification. Follow-up was made by telephone call every 2 months and terminated on January 2021, and none of the patients lost to follow-up during the study. Patients were followed completely and overall survival (OS) was defined as the time interval between the date of EUS procedure when portal vein blood samples were obtained and the date of death or the end of follow-up.

All patients signed informed consent before the procedure. This study was conducted in compliance with the institutional policy to protect private patient information and was approved by the institutional review board of the Ethics Committee of Nanjing Drum Tower Hospital affiliated to Nanjing University Medical School (approval number: 2018–076-01). Our clinical studies are registered on clinical-trials.gov (ID: NCT03821909). The study was performed in accordance with the principles of Declaration of Helsinki.

## Portal Vein Sampling

Under EUS guidance, the left and right portal veins were identified. After verifying flow signal by Doppler, a 22-gauge EUS fine needle was subsequently punctured transhepatically into the portal vein (Figure 1) and a 5-mL sample of portal vein blood was aspirated. Puncture site complications were monitored under EUS. Meanwhile, 5-mL peripheral blood was obtained before EUS in parallel.

## Isolation and Identification of CTCs

Blood samples were processed within 4 h of collection. CTCs were isolated using the Cyttel Detection kit (CS1, CS2, CS3, and CF1 solutions; Cyttel Biosciences INC, Jiangsu, China). Briefly, a 5-mL sample of peripheral or

portal vein blood was collected in a BD Vacutainer tube (Becton, Dickinson and Company, Franklin, NJ) and was washed once with CS1. The red blood cells in sample were then lysed using CS2 and separated by centrifugation at 650 g for 5 min, the resulting cell pellet was re-suspended in CS1. White blood cells bound to the CD45 monoclonal antibody coated magnetic beads were placed on top of CS3 (a special gradient centrifugation liquid) and separated at 300 g for 5 min. The resulting solution with any CTCs was smeared on a single slide (Thermo Fisher Scientific, Franklin, MA), fixed, and dried for subsequent analysis.

CTC subpopulations were identified using immunofluorescence. Detection of EMT phenotype was performed

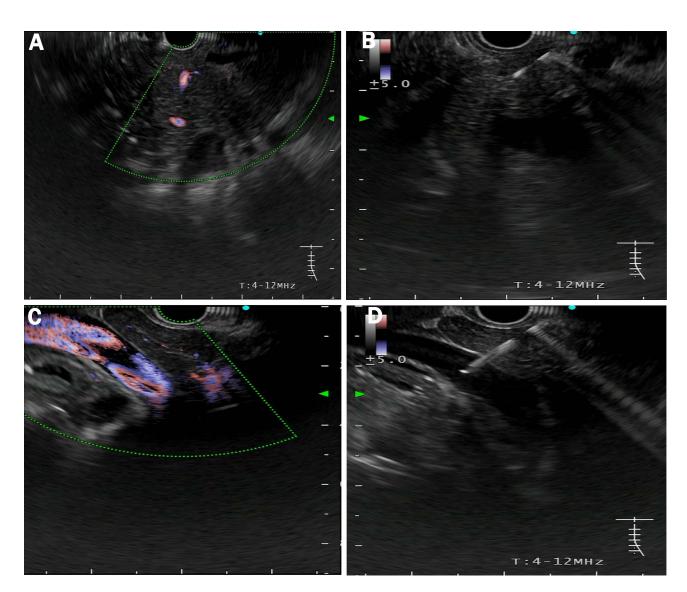


Figure 1 EUS-guided access of the portal vein. (A) Pancreatic mass was hypoechoic with poorly defined boundaries. (B) EUS-FNA to obtain histological cytology and histological examination. (C) The main portal vein was identified under EUS guidance with Doppler wave verification. (D) Puncture the primary vein with a needle for portal venous blood acquisition.

using epithelial biomarker EpCAM and mesenchymal biomarkers Twist. The enriched cells were fixed and incuwith the anti-human EpCAM/Twist/CD45 bated (leukocyte biomarker, leukocyte common antigen) antibody for 2 h. Fluorescein-conjugated secondary antibodies were incubated at 37°C for 30 min and then rinsed with washing buffer. The slides were then mounted using DAPI-containing mounting media and observed using a fluorescence microscope. We defined CTCs as epithelial CTCs showing orange fluorescence with EpCAM expression, while mesenchymal CTCs exhibited green fluorescence with Twist expression. A third hybrid population of CTCs expressing both epithelial- and mesenchymalspecific markers was also observed (Figure 2).

## Cell Lines

The cells were maintained at 37°C with 5% CO2. Human pancreatic cell lines Panc-1, Miapaca-2, BxPC3 and Sw1990 were obtained from the Cell Bank of Chinese Academy of Sciences (Shanghai, China). All cell lines were authenticated by Short Tandem Repeats profiling and tested for mycoplasma contamination.

## Statistical Analysis

All statistical analyses were performed using SPSS 25.0 (IBM Corp., Armonk, NY, USA) and Prism 8.0 (GraphPad, La Jolla, CA, USA), and a two-tailed P value ≤0.05 was considered significant. Descriptive statistics were presented as mean values with ranges for continuous variables and as percentages for categorical variables. Differences were compared through the Student's *t*-test or Mann–Whitney *U*-test, and to compare the levels between multi-group analysis, the Kruskal-Wallis test was used. A receiver operating characteristic (ROC) curve and the area under the curve (AUC) were used to describe the diagnostic performance. Differences in OS were plotted using Kaplan–Meier survival plots and tested using the Log rank test. Hazard ratios (HR) and 95% CI (confidence intervals) were assessed by Cox regression analysis.

## Result

# Patient Characteristics and Protocol Feasibility

A total of 40 patients with suspected pancreaticobiliary cancers who underwent EUS-FNA were prospectively enrolled in

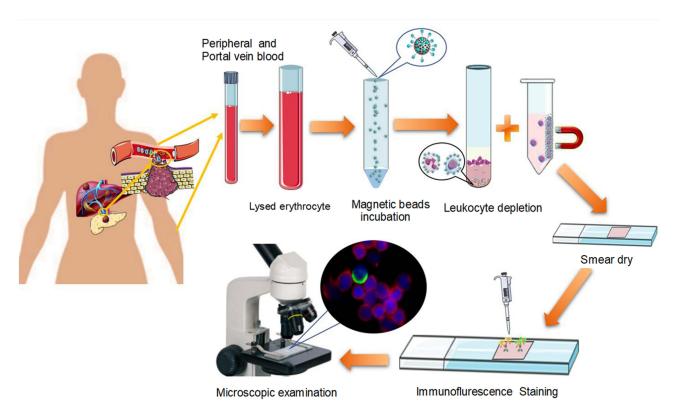


Figure 2 Flowchart of the protocol for CTC detection in our study. The peripheral and portal vein blood were collected from each patient. Red blood Cells (RBCs) in the samples were lysed, and residual cell pellets were resuspended. Samples were labeled with anti-leukocyte-specific antibodies (CD45) monoclonal antibody coated magnetic beads for 20 min, followed by separation of the beads using a gradient centrifugation liquid and magnetic stand. The resulting solution with any CTCs was smeared on a single slide, fixed, and dried for CTC EMT phenotype detection by immunofluorescence.

this study (Figure 3). The mean age of the patients at the time of diagnosis was 63 years (range, 33–76 years), and they were predominantly females (n=24, 60%). 31 patients were confirmed to have pancreatic cancer (PC), 4 patients with non-pancreatic periampullary cancer (non-PC), including 2 with ampullary carcinoma (AMPC) and 2 with distal bile duct cancer (DBDC), and another 5 patients with benign pancreatic diseases (BPD), including 2 patients with intraductal papillary mucinous neoplasm (IPMN), 1 patient with mucinous cystic neoplasm (MCN), 1 patient with serous cystadenoma (SCN) and 1 patient with neuroendocrine neoplasm (NEN). Of all the PC patients, 9 had stage I–II disease and 22 had stage III–IV disease. Notably, 8 (25.81%) of the patients had distant metastasis. All the patient characteristics are summarized in Table 1.

In our practice, the FNA entry site is monitored under direct EUS color Doppler visualization for complications for a minimum of 5 min in the endoscopy suite. Patients were observed in the recovery area for 45 min after the procedure. Telephone calls were made routinely 24 hours and 7 days after the procedure to assess for post-procedure recovery. None of immediate or delayed complications from the procedure of portal vein blood acquisition, including bleeding or thrombotic events, were observed. Collectively, our results demonstrated the safety and feasibility of the trans-hepatic puncture using 22G needle to collect portal vein blood in clinic.

# Characterization of CTCs in Pancreatic Cancer

The specificity of the antibodies for epithelial (EpCAM) and mesenchymal (Twist) markers were initially validated in various PC cell lines. Panc-1 and Miapaca-2 displayed high expression of mesenchymal markers, while less invasive cell lines, such as SW1990 and Bxpc3 demonstrated the opposite expression profile (Figure 4A).

Subsequently, we succeeded in detecting CTCs in the portal vein of patients with PC. CTCs were divided into the following three subtypes based on the expression profiles of epithelial and mesenchymal markers as M-CTCs (mesenchymal subtype, EpCAM<sup>+</sup>/Twist<sup>+</sup>/CD45<sup>-</sup>/DAPI<sup>+</sup>), H-CTCs (hybrid subtype, EpCAM<sup>+</sup>/Twist<sup>+</sup>/CD45<sup>-</sup>/DAPI<sup>+</sup>) or E-CTCs (epithelial subtype, EpCAM<sup>+</sup>/Twist <sup>-</sup>/CD45<sup>-</sup>/DAPI<sup>+</sup>) (Figure 4B).

Taken together, these data indicated the flexibility of our platform to identify EMT characterization of CTCs in patients with PC.

# Validation of CTC Numbers in Portal Vein Blood as a Potential Biomarker for Pancreatic Cancer Diagnosis

Among all 31 patients with PC, CTCs were detected in 30 patients (97%) with PC in portal vein blood (PoV), while 27 patients (87%) had detectable CTCs in peripheral blood. The

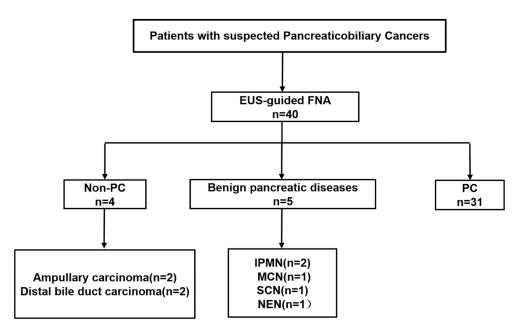


Figure 3 Flowchart of the enrolled patients.

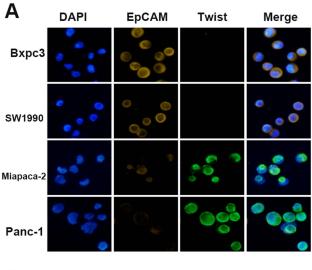
Abbreviations: EUS, endoscopic ultrasound; FNA, fine-needle aspiration; Non-PC, non-pancreatic periampullary cancer; PC, pancreatic cancer; IPMN, intraductal papillary mucinous neoplasm; MCN, mucinous cystic neoplasm; SCN, serous cystadenoma; NEN, neuroendocrine neoplasm.

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Table I Patient Characteristics

Table I Patient Characteristics	
Characteristics	
PC (n=31)	
Age, mean (range, years)	63 (43–76)
Sex (%)	
Male	12 (38.70%)
Female	19 (61.30%)
Tumor size, mean (range, mm)	31, 75 (20.00–42.80)
AJCC stage (%)	
1	7 (22.58%)
II	2 (6.45%)
III	14 (45.16%)
IV	8 (25.81%)
Tumor location (%)	
Head or neck	18 (58.06%)
Body or tail	13 (41.94%)
Lymph nodes status (%)	
Positive	14 (45.16%)
Negative	13 (41.94%)
Nx	4 (12.90%)
Vascular infiltration (%)	
No	16 (51.61%)
Yes	15 (48.39%)
Metastasis (%)	
No	23 (74.19%)
Yes	8 (25.80%)
Non-PC (n = 4)	
Age, mean (range, years)	64.75 (62–67)
Sex (%)	
Male	2 (50.00%)
Female	2 (50.00%)
Tumor size, mean (range, mm)	29.90 (20.80–37.60)
Histopathologic type	
Ampullary carcinoma	2 (50.00%)
Distal bile duct carcinoma	2 (50.00%)
Benign diseases (n =5)	
Age, mean (range, years)	58 (33–70)
	, ,
Sex (%) Male	2 (40%)
Female	3 (60%)
Tumor size, mean (range, mm)	34.18 (11.70–60.20)
	(
Histopathologic type	2 (40%)
IPMN	2 (40%)
MCN SCN	I (20%) I (20%)
NEN	I (20%)
Abbreviations: PC paperentic cancer: A	` '

Abbreviations: PC, pancreatic cancer; Non-PC, non-pancreatic periampullary cancer; IPMN, intraductal papillary mucinous neoplasm; MCN, mucinous cystic neoplasm; SCN, serous cystadenoma; NEN, neuroendocrine neoplasm.



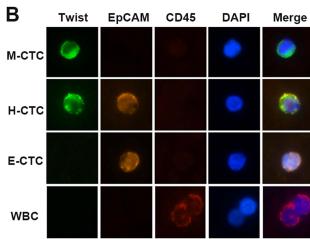


Figure 4 Verification and detection of EMT phenotype in PC cell lines and portal vein CTCs from PC patients. (A) EMT phenotype of this platform was verified in representative "epithelial" (Bxpc3, sw1990) and "mesenchymal" (Miapaca-2, Panc-1) PC cell lines. The cells were analyzed using a 200X× objective. (B) Representative images of CTCs in portal vein blood from a patient with PC. Leukocytes were stained for CD45 (red fluorescence). CTCs were stained for epithelial markers (EpCAM, Orange fluorescence) and mesenchymal markers (Twist, green fluorescence). The cells were analyzed using a 400× objective.

number of CTCs in PoV was higher than in peripheral blood (PV) in each patient indicated by paired analysis (median, 10 vs 6 cell/5mL blood) (Figure 5A, p<0.0001). To further validate the specificity of CTCs in PoV as a biomarker for PC, we examined the number of CTCs in PC, BPD and non-PC, respectively. According to the above definition, the number of CTCs was 0-36 CTCs/5mL (median,10 CTCs/ 5mL) in PC patients, 0–4 CTCs/5mL (median, 2 CTCs/5mL) in BPD and 8-14 CTCs/5mL (median,11 CTCs/5mL) in non-PC. The total CTC numbers in patients with BPD were significantly lower than those in patients with PC (p=0.004); however, no obvious difference of the CTC numbers in PoV was observed between PC and non-PC groups (Figure 5B).

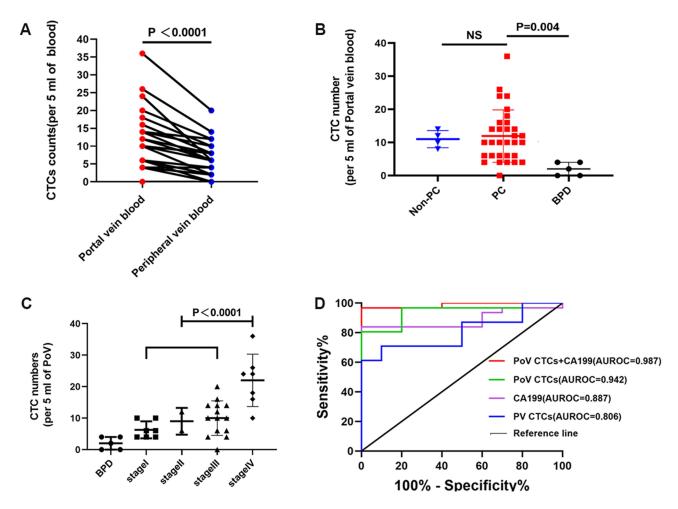


Figure 5 Circulating tumor cells (CTCs) in portal vein blood (PoV) constitute a potential biomarker for PC. (A) CTC numbers in PoV were significantly higher than in peripheral blood (median, 10 vs 6 cell/5mL of blood, p<0.0001); (B) Comparison of PoV CTC numbers in patients with PC, non-PC and BPD. PC, pancreatic cancer; non-PC, non-pancreatic periampullary cancer; BPD, benign pancreatic diseases. (C) CTC numbers among patients with BPD, and PC patients at different stages. (D) The diagnostic performance of PoV CTC numbers, PV CTC numbers, CA19-9, and combined PoV CTC numbers with CA19-9 in differentiating PC and BPD was shown by ROC curves.

Next, we investigated the CTC numbers of PoV in PC patients at different stages. As shown in Figure 5C, CTCs were rare in BPD, and it was obvious that the CTC numbers in PoV at the latest stage of PC were significantly higher than stage I–III groups (p<0.0001). Importantly, in stage I–III PC patients, the increasing trend in the number of CTCs was stage-dependently (Figure 5C). We further constructed receiver operating characteristic (ROC) curve to assess the utility of the CTC number in PoV (combined with or without serum CA19-9 levels) as a diagnostic tool for differentiating PC and BPD.

For all the patients, at the optimized cut-off of 6 PoV CTCs/5mL, PoV CTCs were able to distinguish patients with BPD from those with PC, with a sensitivity of 80.6%, specificity of 100.0%, and AUROC of 0.942 (95% CI 0.864 –1.000). Similarly, CA199, at the optimum cut-off of

47.43U/mL, distinguished patients with BPD, with a sensitivity 83.9%, specificity of 100.0%, and AUROC of 0.887 (95% CI 0.777-0.997) (Figure 5D). Moreover, the combination of PoV CTCs and CA19-9, at the optimum cutoff of 0.99, distinguished patients with BPD from those with PC, with a sensitivity of 84.0% and specificity of 100.0%, and AUROC of 0.987 (95% CI 0.956-1.000). For comparison, at the optimized cut-off of 5 CTCs/5mL, PV CTCs were able to distinguish patients with BPD, with a sensitivity of 61.3%, specificity of 100.0%, and AUROC of 0.806 (95% CI 0.654–0.958). Notably, we found that the diagnostic power of PV CTCs was relatively poor compared with PoV CTCs and CA19-9. Therefore, we suggested that the PoV CTC numbers had promising potentials in PC diagnosis, and the combination of PoV CTCs and serum CA19-9 could further improve the diagnostic value.

## Numbers of CTCs, Especially Mesenchymal CTCs in the Portal Vein Blood, Correlate with the Tumor Burden

In our 31 patients with PC, we noticed that the mesenchymal CTCs (M-CTC) were more frequently detected than epithelial CTCs (E-CTC) in PoV (median, 8 vs 3 cell/5mL blood) (Figure 6A, p<0.0001). Furthermore, we analyzed the correlation of the numbers of PoV CTC and M-CTC with the clinical characteristics of all PC patients, and the results are shown in Table 2. In the group comparisons (Figure 6B), the lymph node invasion positive group showed higher levels of PoV CTCs than the negative group (p=0.005). Besides, the total PoV CTC numbers in the metastatic group (23 cells/5mL) were obviously enhanced compared with non-metastatic group (8 cells/ 5mL, p<0.0001). What's more, the PoV CTC numbers were markedly increased in late-stage patients (TNM stage III–IV) than in early-stage patients (TNM stage I–II) (p=0.010). In parallel, the same trend of differences existed among all the comparisons for M-CTCs in PoV

(Figure 6C). However, no obvious differences of E-CTC numbers in PoV and total CTC numbers in PV blood were observed between patients with different lymph node status or TNM stages (Figure 6D and E). Moreover, we constructed the ROC curve analysis to distinguish patients with stage I-II from those at the stage of III-IV (Figure 6F and G). The AUC values of CTCs, M-CTCs, E-CTCs numbers in PoV and serum CA19-9 were 0.790 (95% CI 0.634–0.946), 0.788 (95% CI 0.632–0.944), 0.652 (95% CI 0.4637–0.839), and 0.750 (95% CI 0.569–0.931), respectively. Interestingly, the diagnostic efficacy of PoV CTCs and M-CTCs were obviously better than that of E-CTCs and serum CA19-9. More importantly, the AUC values of combined CTCs or M-CTCs with serum CA19-9 were 0.833 (95% CI 0.693-0.974) and 0.828 (95% CI 0.682-0.975), respectively, better than the diagnostic efficacy of CTCs or M-CTCs alone (Figure 6F and G). What's more, we also noticed that the diagnostic power of PV CTCs was relatively poor with an AUC value of 0.702 (95% CI 0.509-0.895) compared with PoV CTCs and CA19-9. Taken together, these data demonstrated that the

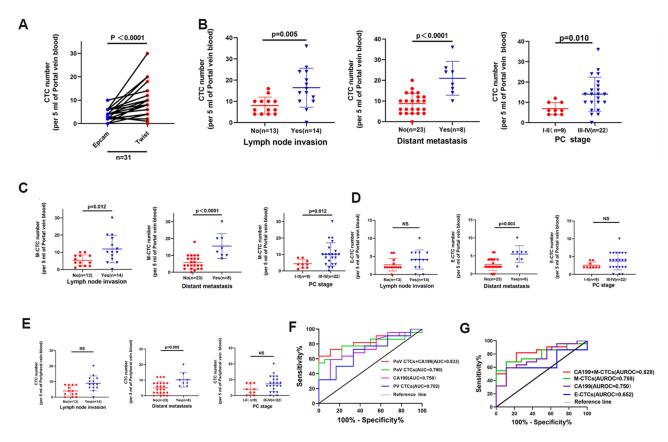


Figure 6 Correlation of the number of CTCs, M-CTCs and E-CTCs in PoV and the number of CTCs in PV with the clinical features of PC patients. (**A**) The comparison of PoV CTC numbers detected using Twist and EpCAM antibodies. (**B**—**E**) Correlation of the numbers of CTCs (**B**) M-CTCs (**C**) E-CTCs (**D**) in portal vein blood and the numbers of CTCs in peripheral vein blood (**E**) with lymph node invasion, distant metastasis and PC stages. (**F** and **G**) ROC curves of CTCs, M-CTCs, E-CTCs in portal vein blood, CTCs in peripheral blood and serum CA19-9 to distinguish PC patients between stage I-II and III-IV.

Table 2 The Correlation Between Clinicopathological Characteristics and Numbers of CTCs or M-CTCs in Portal Vein Blood

Characteristics	No.	стс		м-стс	
		Count (per 5mL)	P value	Count (per 5mL)	P value
All patients	31				
Sex			0.509		0.435
Male	12	24 (22–30)		18 (16–24)	
Female	19	4 (4–7)		8 (4–10)	
Age (years)			0.892		0.953
>65	16	10 (7–23)		8 (4–10)	
≤65	15	24 (15–25)		8 (4–10)	
Tumor location			0.859		0.953
Head or neck	18	4 (4–7)		8 (3.5–10)	
Body or tail	13	24 (15–30)		6 (4–12)	
Tumor size (mm)			0.975		0.875
>40	3	10 (6–17)		6 (4–10)	
≤40	28	24 (15–25)		8 (4–10)	
AJCC stage			0.010*		0.012*
I–II	9	6 (5–9)		4 (2–6)	
III–IV	22	24 (17–30)		10 (4–12)	
Lymph nodes status			0.005*		0.012*
Positive	14	24 (17–30)		10 (6–18)	
Negative	13	4 (4–7)		4 (2–8)	
Vascular infiltration			0.006*		0.008*
No	14	6 (4–12)		4 (2.5–8)	
Yes	17	14 (10–24)		10 (7–16)	
Metastasis			<0.0001		<0.0001
No	23	4 (4–7)		4 (3–8)	
Yes	8	26 (25–31)		13 (10–20)	
CA19-9 level (U/mL)			0.908		0.945
>37	23	11 (7–23)		8 (4–10)	
≤37	8	6 (4.5–14.5)		6 (4–14)	

**Note**: \* p < 0.05.

number of PoV CTCs, especially M-CTCs, was positively correlated with the tumor burden, and had greater potentials in distinguishing early and late PC patients compared with PV CTCs.

# Numbers of CTCs, Especially Mesenchymal CTCs in Portal Vein Blood, are Prognostic Markers in PC Patients

To evaluate the potential of CTCs and M-CTCs as predictors for cancer prognosis, we investigated their relevance with the overall survival (OS) in the 31 PC patients. Since there is currently no uniform criterion to

define high/low CTC numbers, we used the Youden Index (= sensitivity + specificity-1) to determine the threshold for differentiating high vs low CTCs in this work. We found that both total CTC numbers and M-CTC numbers in PoV had good performance, with a cut-off value of 10/5mL (sensitivity=70.3%, specificity=100.0%) and 8/5mL (sensitivity=68.2%, specificity=77.8%), respectively. Kaplan–Meier survival analysis showed that patients with high CTCs and high M-CTCs in PoV had significantly decreased OS compared with patients with low CTCs (p=0.004, Figure 7A) and M-CTCs (p=0.007, Figure 7B).

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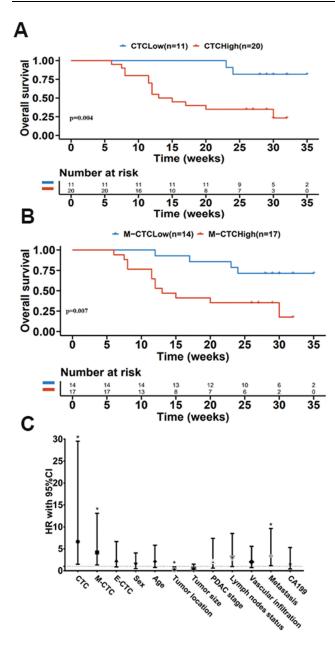


Figure 7 Overall survival (OS) in patients with different levels of CTCs and M-CTCs in PoV. (A) Kaplan-Meier survival analysis showed that patients with lower CTC (CTCs<10/5 mL) had better OS compared with higher CTC (CTCs≥10/5mL) (p=0.004). (B) OS in patients with lower M-CTC (M-CTCs <8/5mL) was superior to those with higher M-CTC (M-CTCs ≥8/5mL) (p=0.007). (C) The hazard ratio (HR) with 95% CI of the CTCs and M-CTCs parameters and clinicopathological characteristics for OS in PC patients based on COX regression analysis.

The COX regression analysis revealed that patients with CTCs and M-CTCs numbers over the cutoff value had inferior OS (Figure 7C and Table 3), including CTC numbers (HR=6.638, p=0.013), M-CTC numbers (HR=4.172, p=0.014), tumor location (HR=0.253, p=0.033), and metastasis (HR=3.377, p=0.023). These data supported the number of PoV CTCs and M-CTCs as prognostic markers in PC patients.

## **Discussion**

In the present study, we reported the safety and feasibility of EUS-guided acquisition of PoV for measurement of CTCs. None of immediate or delayed adverse events from the procedure of portal vein sampling were observed. Although sample size of the pilot study is relatively small, we suggest that the number of PoV CTCs, especially M-CTCs, might be a valuable tool for early diagnosis, risk stratification and prognosis prediction for PC patients.

To our knowledge, we are the second after Catenacci et al<sup>19</sup> to demonstrate that the minimally invasive EUS-guided acquisition of PoV for CTC enumeration and isolation is feasible and safe in PC, and PoV CTC can serve as a biomarker for early diagnosis and prognosis for PC. Due to the challenging nature of the procedure, there are no other studies reporting EUS acquired PoV sampling.<sup>24</sup>

PC remains one of the deadliest cancers with poor prognosis due to lack of specific symptoms and early biomarkers for this highly aggressive disease.<sup>25</sup> In parallel with the search for new strategies to treatment, the most significant challenge is to discover novel biomarkers to ensure early detection, predict prognosis, and help risk stratification.<sup>26</sup> CTCs, as a non-invasive, real-time blood biomarker, have received concerns in various types of malignancies, including metastatic breast, 27 prostate, 28 colon<sup>29</sup> and pancreatic cancers.<sup>30</sup> However, application of CTCs in PC has mainly been performed on peripheral blood, and it is noteworthy that, even for advanced patients, CTCs are likely to be more abundant in PoV before being filtered by the liver.<sup>31</sup> Thus, to increase the chances of CTC detection, blood was sampled directly from the portal vein. Until now, most researchers have obtained PoV from PC patients during surgeries. 32,33 However, some limitations of intraoperative PoV collection should be noted. First, manipulation of pancreas during resection may release CTCs, leading to the inaccuracy of CTC detection.<sup>34</sup> Second, only about 15% of PC patients are eligible for surgical resection.<sup>26</sup> EUS provides high-resolution, precise access to portal vein allowing for minimally invasive access for PoV sampling, and all patients with various pathological stages can be enrolled. Therefore, obtaining CTCs from PoV via EUS guidance appears to merit significant considerations given the limitations of intraoperative PoV sampling.

Pairwise analysis of CTC counts between PoV and peripheral blood samples showed that the numbers of

Table 3 Cox Regression Analysis of OS in Pancreatic Cancer

Variables	Hazard Ratio	95% CI	P value
CTCs in PoV (5mL) ≥10 <10	6.638	1.491–29.545	0.013*
M-CTCs in PoV (5mL) ≥8 <8	4.172	1.328–13.109	0.014*
Sex Male Female	1.406	0.487–4.057	0.528
Age (years) >65 ≤65	2.108	0.764–5.814	0.150
Tumor location Head or neck Body or tail	0.253	0.072–0.896	0.033*
Tumor size (mm) >40 ≤40	0.422	0.118–1.504	0.183
AJCC stage I–II III–IV	2.106	0.598–7.409	0.246
Lymph nodes status Positive Negative	2.87	0.968–8.510	0.057
Vascular infiltration No Yes	2.019	0.732–5.571	0.175
Metastasis No Yes	3.377	1.180–9.661	0.023*
CA19-9 level (U/mL) >37 ≤37	1.501	0.426–5.290	0.528

**Note**: \* p < 0.05.

CTCs were significantly higher in PoV, consistent with the results of previous studies. <sup>19,33,35</sup> The number of CTCs in patients with PC was obviously increased compared with those with BPD, and no obvious difference of the CTC numbers in PoV was observed between PC and non-PC patients. Encouragingly, the combination of PoV CTC numbers and serum CA19-9 improved the specificity and sensitivity of PC diagnosis compared with either CTC or CA19-9 alone.

The majority of studies have identified CTCs by detecting the expression of EpCAM. And the CellSearch system is the only US FDA-approved platform for CTC enumeration, which defines a CTC according to the positive EpCAM expression and negative CD45 expression. However, EpCAM-based identification of CTCs has limited the positive rate of CTCs and gone against the theory of EMT process. Besides, it has already been shown that low detection rates were reported by CellSearch system in

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patients with locally advanced PC. 36,37 Thus, to increase the chances of capturing CTCs, a novel technology applying the combination of EpCAM and an EMT core transcription factor (Twist) was used to determine CTCs. Our results showed that the Twist CTCs was significantly higher than EpCAM+ CTCs in PoV. Further analysis demonstrated that the numbers of PoV CTCs and M-CTCs were positively correlated with lymph node metastasis, distant metastasis, and advanced TNM stage, instead of E-CTCs. Meanwhile, the number of CTCs and M-CTCs improved the diagnosis power of CA19-9 for distinguishing patients at stage I-II from those at stage III-IV, consistent with previous studies suggesting that M-CTCs have been linked to aggressive tumors. Collectively, the numbers of both portal CTCs and M-CTCs may act as potential biomarkers for tumor burdens for PC patients.<sup>22,23</sup>

Next, we validated CTCs and M-CTCs in PoV as prognostic markers in PC patients. Here, we used the Youden Index (= sensitivity + specificity-1) which could suggest the best cut-off value by fitting optimal sensitivity and specificity to determine the threshold in this work. We found that the baseline levels of≥10 CTCs/5 mL or ≥8 M-CTCs/5 mL were associated with shorter OS. These results support the conclusion of previous studies that patients with a high number of CTCs in PoV may have an adverse prognosis and may require efficient managements to improve clinical outcomes. <sup>24,33,35</sup>

In conclusion, we provided a systematic approach in detecting PoV CTCs for PC diagnosis and prognosis prediction. Acquisition of the PoV samples in patients with PC via EUS-guided procedures has been proved to be safe and feasible. The number of PoV CTCs, especially M-CTCs, is positively correlated with the tumor burden, and has great potentials in distinguishing early and late PC patients, especially in combination with serum CA19-9. More importantly, PoV CTCs and M-CTCs can be used to predict prognosis in PC patients. Further study to investigate the clinical significance of PoV CTCs in a larger cohort of patients is needed in the near future.

## **Data Sharing Statement**

We don't want to share individual deidentified participant data.

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## **Disclosure**

The authors report no conflicts of interest in this work.

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