

AB Blood Group Confers Higher Risk for Primary Brain Tumors in Pediatrics

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Purpose: Our current study investigates the relationship between ABO blood groups and brain tumor incidence in the Jordanian pediatric population in a case-controlled manner.

Patients and Methods: This case-control study targeted pediatric primary brain tumor patients and tumor-free controls. Cases included patients younger than 18 when given a histologically confirmed diagnosis with a primary brain tumor, ascertained from two tertiary hospitals in Jordan. Controls were age- and gender-matched to cases and acquired from JUH pediatric clinics, with an exclusion for all patients with a personal history of tumors. Through using available records and calling guardians, our team obtained patients' and controls' blood groups.

Results: Our case control included 81 (35.4%) pediatric primary brain tumor patients and age- and gender-matched tumor-free controls 148 (64.6%). When compared to O blood group, patients with A and B blood groups were not at higher risk of developing pediatric primary brain tumors ($P=0.742$, $P=1.000$, respectively). However, Chi-square analysis revealed a 2.79-fold higher risk for pediatric primary brain tumors in AB blood group patients ($P=0.024$). Gender-specific analysis revealed a 3.42-fold higher risk for pediatric brain tumors in AB blood group males when compared to O blood group males.

Conclusion: This work represents the first published study on the association between blood groups and pediatric brain tumors. With future research with larger samples and control of confounding factors, AB blood group may become a more established risk factor for pediatric brain tumors, aiding in screening.

Keywords: pediatrics, children, brain tumors, ABO blood groups

Introduction

Brain tumors are the most common solid tumors in children, with an incidence rate ranging from 1.15 to 5.14 cases per 100,000 children-year.^{1,2} In Jordan, the incidence rate of pediatric primary brain tumors was 2.09 per 100,000 children-year.³ The various types of brain tumors include choroid plexus tumors, craniopharyngiomas, dysembryoplastic neuroepithelial tumors, germ cell tumors, pineal tumors, medulloblastomas and gliomas, with the latter two being the most common. As evidence of the seriousness of these diseases, medulloblastomas 5-year survival rate ranged between 50% and 60%.^{4,5} The situation is even worse regarding glioblastomas, which have a 13 to 73 months median survival a 5-year survival rate of less than 20%.⁶⁻¹³ As for those who will survive into their adulthood, they may face a significant long-term impairment to intellectual and neurological function.¹⁴

Potential risk factors for childhood brain tumors include familial syndromes and history, congenital anomalies, early infection exposure, advanced paternal age,

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higher birth weight and head circumference at birth, radiation exposure and certain maternal medications. For instance, the use of CT scan to deliver a cumulative dose of 60 mGy tripled the risk of brain cancer.¹⁵ Regarding infection exposure, children of mothers who had a documented viral infection during pregnancy had an 11-fold increased risk of a malignant nervous system tumor.¹⁶ In support, Krynska et al reported JCV DNA positivity in 11 of 23 medulloblastoma samples.¹⁷ Birth anomalies were also associated with a higher risk for medulloblastomas.¹⁸ Regarding maternal medications, antihypertensives, such as beta-blockers, diuretics, angiotensin-converting enzyme inhibitors and angiotensin receptor blockers, were associated with an increased risk of brain tumors in offspring.¹⁹

Although inconsistent, different ABO blood groups were also correlated with brain tumors. For example, blood group A conferred a higher risk for astrocytoma, glioblastoma and craniopharyngioma.^{20–22} Conversely, a prospective study of 107,472 participants revealed no association between blood group A and gliomas.²³ Blood group B, for its part, was the most common (56.1%) blood group in central nervous system tumors in an Indian tertiary hospital.²⁴ Except for Grade IV being more common in blood group B, Kumarguru et al identified Blood group O as the most common in patients with primary grade I, II and III CNS tumors.²⁵ ABO blood groups were also investigated in the prognosis of brain tumors. In glioblastoma multiforme, one study found no association, whereas another revealed an independent poor prognostic value for non-O blood groups.^{26,27} Due to inconsistency and lack of any study over ABO blood groups effect over pediatric brain tumors, our current study aims to investigate the relationship between ABO blood groups and brain tumor incidence in the Jordanian pediatric population in a case-controlled manner.

Materials and Methods

Study Structure

This study is a case-control study that included 81 pediatric primary brain tumor patients and 148 tumor-free controls. Patients under 18 years of age with a histologically confirmed diagnosis with a primary brain tumor were included. The study was held in Jordan University Hospital (JUH) and King Abdullah University Hospital (KAUH). Controls were matched parallel to cases' age and gender and acquired from JUH pediatric clinics, with

an exclusion for all patients with a personal history of tumors. Through using available records and calling guardians, our team obtained patients' and controls' blood groups.

Ethical Approval and Consent of Participants

Ethical approvals were obtained from the Academic Research Council of the Faculty of Medicine at the University of Jordan, in accord with the ethical principles of the Helsinki Declaration. Verbal consent was obtained from all parents/legal guardians, as approved by the Academic Research Council of the Faculty of Medicine at the University of Jordan.

Statistical Analysis

The data was entered into a spreadsheet and analyzed using the IBM SPSS Statistics for Windows, version 22 (IBM Corp, Armonk, NY, USA). Descriptive statistics obtained included the mean and standard deviation for each variable measured. An independent *T*-test was used to investigate the relationship between age and brain tumor risk. Chi-square and odds ratio analysis was performed to evaluate the relationship between gender, ABO blood groups, and brain tumors risk. A significant level was set at 0.05.

Results

Sociodemographic Characteristics and Blood Grouping of Cases and Controls

Our case control included 81 (35.4%) pediatric primary brain tumor patients and 148 (64.6%) tumor-free controls. Both groups were age- (7.4 ± 4.84 vs 8.69 ± 4.58 , respectively, $P=0.053$, *t*-test) and gender-matched ($P=0.267$, Chi-square).

The distribution of ABO blood groups in cases and controls was 29.6% and 29.8% for A blood group, 12.3% and 14.2% for B blood group, 16% and 6.8% for AB blood group, and 42% and 43.9% for O blood group. [Table 1](#).

Blood Grouping and Pediatric Primary Brain Tumors Risk

When compared to blood group A, neither blood group B, AB or O had a difference in risk for pediatric brain tumors development ($P=0.823$ (OR=1.145), $P=0.089$ (OR=0.42), and $P=0.742$ (OR=1.171), respectively, Chi-square).

Table 1 Characteristics of Children Diagnosed with Primary Brain Tumors and Controls

Characteristics	Cases	Controls	P value (Odds Ratio)
	(81) n (%)	(148) n (%)	
Sex			0.267 (1.416)
Male	48 (59.3)	75 (50.7)	
Female	33 (40.7)	73 (49.3)	
Age at Diagnosis			0.053
Mean (Standard Deviation)	7.4 (4.84)	8.69 (4.58)	
Blood Group			
A	24 (29.6)	44 (29.8)	
B	10 (12.3)	21 (14.2)	
AB	13 (16)	10 (6.8)	
O	34 (42)	65 (43.9)	

Moreover, gender-specific comparisons revealed insignificant differences.

When compared to blood group B, neither blood group AB or O had a difference in risk for pediatric brain tumors development ($P=0.098$ ($OR=0.366$), and $P=1.000$ ($OR=1.022$), respectively, Chi-square). Moreover, gender-specific comparisons revealed insignificant differences.

When compared to O blood group, patients with A and B blood groups were not at higher risk of developing pediatric primary brain tumors ($P=0.742$, $P=1.000$, respectively, Chi-square). However, Chi-square analysis revealed a 2.79-fold higher risk for pediatric primary brain tumors in AB blood group patients ($P=0.024$, Chi-square). Gender-specific analysis revealed insignificant differences except for AB blood group males who had a significantly higher risk of developing primary pediatric brain tumors when compared to O blood group males ($P=0.042$, $OR=3.42$, Chi-square). [Table 2](#).

Discussion

This work represents the first published study on the association between ABO blood groups and pediatric brain tumors.

Table 2 Comparison Between Blood Groups and Risk of Pediatric Brain Tumors

Group	A	B	AB
	P value (OR)	P value (OR)	P value (OR)
A	–	0.823 (1.145)	0.089 (0.42)
B	0.823 (1.145)	–	0.098 (0.366)
O	0.742 (1.171)	1.000 (1.022)	0.024 (2.791)^A

Note: ^ABold values are statistically significant.

ABO blood groups, discovered by Karl Landsteiner in 1901, proposed great value for transfusion medicine through blood compatibility testing and prevention of hemolytic reactions.²⁸ However, more recent studies demonstrate a higher predisposition to certain diseases in certain ABO groups. Although inconsistently, these links were reported in numerous conditions, including nonalcoholic fatty liver disease, congenital heart disease, deep venous thrombosis, malaria severity, type 2 diabetes, and different cancers.^{29–34} Regarding brain tumors, non-O blood groups were repeatedly associated with increased risk and poor prognosis.^{24,25,27}

In the current study, when compared to pediatric O blood group patients, AB group patients had a 2.79-fold higher risk of developing primary brain tumors. This risk was further increased in male-specific analysis ($OR=3.42$). These findings oppose Koul et al study, in which AB blood group was not associated with a significant risk, but B blood group was.²⁴ Moreover, inconsistent with previous findings, A group patients were not more susceptible to brain tumors.^{20–22}

The findings of this study, when combined with other identified risk factors such as early-life exposure to ionizing radiation, may help in enhancing early detection and intervention. However, due to its observational nature, our case-control presents with strengths and weaknesses. One of the main strengths is being the first study to evaluate the effects of ABO blood groups on pediatric brain tumors. On the other hand, the main weakness of our study is the small sample size, along with the lack of more details, including tumor type, grade and outcomes, and lack of exclusion for possible risk factors. Accordingly, we recommend a larger sample size with more consideration of confounding factors and specifications in tumor types.

Conclusion

This work represents the first published study on the association between blood groups and pediatric brain tumors. With future research with larger sample sizes and control of confounding factors, AB blood group may become a more established risk factor for pediatric brain tumors, aiding in screening.

Disclosure

The authors report no conflicts of interest in this work.

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