Letter to the Editor Regarding “Advantages of the Combination of Conscious Sedation Epidural Anesthesia Under Fluoroscopy Guidance in Lumbar Spine Surgery” [Letter]

Aleksandr Urakov ^{1,2,*}
Natalya Urakova^{1,*}
Aleksandr Samorodov ³

¹Department of General and Clinical Pharmacology, Izhevsk State Medical Academy, Izhevsk City, Udmurt Republic, Russian Federation; ²Department of Modeling and Synthesis of Technological Processes, Institute of Applied Mechanics, Udmurt Federal Research Center of the Ural Branch of the Russian Academy of Sciences, Izhevsk City, Udmurt Republic, Russian Federation; ³Department of Pharmacology, Bashkir State Medical University, Ufa City, Republic of Bashkortostan, Russian Federation

*These authors contributed equally to this work

Dear editor

Recently, Kang et al¹ released a paper in the Journal of Pain Research, entitled “Advantages of the Combination of Conscious Sedation Epidural Anesthesia Under Fluoroscopy Guidance in Lumbar Spine Surgery.” The results mentioned in the original paper¹ are inaccurate due to the fact that the authors did not take into account the physical-chemical factors of local interaction of drug solutions that affect their local pharmacokinetics at the injection sites. Essentially an article by Kahn et al¹ is devoted to the study of the peculiarities of the local action of drug solutions when injected into soft tissues in the spine. The data search strategy included the relationship between the duration of local anesthesia retention and the patient’s age. Such factors of local action as the concentration, volume, pH of the drugs solutions were not taken into account. It is not possible to repeat results in the original article¹ using the same methods. In the section “Anesthesia technique and postoperative course” it is indicated that “... a single injection of the mixture was administered 5–10 mL of half of 0.325% ropivacaine with epinephrine 1:200,000, diluted in 5–10 mL of radiocontrast dye (BONOREX[®]) (Figure 1).”

Firstly, it is impossible to accurately assess the reason for the duration of the pharmacological effect in the original article,¹ without taking into account, at least, the exact value of the concentration of ropivacaine in the mixture and the exact value of its volume when injected after dilution of 5–10 mL solution of local anesthetic in 5–10 mL solution of radiocontrast. They needed a different study design. It was necessary to evaluate the effectiveness of two doses of a local anesthetic, namely, in the first group only 5 mL, and in the second group only 10 mL of a solution of half of 0.325% ropivacaine with epinephrine 1:200,000. Moreover, they had to divide each group into 2 additional subgroups: in the first and second subgroups, dilute a solution of the specified local anesthetic in 5 mL and 10 mL of radiocontrast dye (BONOREX[®]), respectively. By the way, the above proposal is not new and unknown for anesthesiologists, since in earlier similar articles other authors took into account the exact volume and concentration of the local anesthetic solution.² In addition, it was necessary to specify a specific radiocontrast drug, its formulation, the concentration of its ingredients and acid (alkaline) activity.

Correspondence: Aleksandr Urakov
Izhevsk State Medical Academy,
Kommunarov Street 281, Izhevsk City,
Udmurt Republic, 426034, Russian
Federation
Tel +79127600939
Email urakoval@live.ru

Secondly, for their study, the authors had to take into account the acid activity of the dilute solution in each of the 4 subgroups, since the acid activity of a solution of 0.325% ropivacaine solution with epinephrine 1:200,000 differs from the acid activity of a solution of radiocontrast dye (BONOREX[®]). Therefore, the mixture of these drugs in each of the 4 subgroups has a different acidity. In addition, the acid activity of drug solutions may be different for drugs produced by different pharmaceutical companies and in different serial numbers for the same pharmaceutical company.³ By the way, the value of the acid activity of drug solutions is included in the standard list of controlled indicators of the quality of medicines.⁴ In addition, the pH indicator can be determined using a pH-meter in a biochemical laboratory.

In our opinion, Kang et al could provide more accurate and valuable information if they took into account that the mechanism of action of local anesthetics depends on their dose, concentration, volume and acidity of the mixture that is injected into soft tissues.

Moreover, Kang et al the study did not take into account pharmaceutical companies that produced a solution of 0.325% ropivacaine solution with epinephrine 1:200,000, as well as the year of manufacture and the batch number of the drug used. It should be added that the authors did not take into account which radiocontrast drug was used. The fact is that radiocontrast agents used in X-ray examinations can be grouped in positive (iodinated agents, barium sulfate), and

negative agents (air, carbon dioxide, methylcellulose). From the standpoint of clinical pharmacology, it is inappropriate to evaluate the pharmacological effect of a mixture prepared by diluting a solution of a certain drug with a solution of an unspecified drug with unknown physical-chemical properties. Determining the actual values of physical and chemical indicators of the quality of solutions for injection can improve the accuracy of research results in the future.

Disclosure

The authors report no conflicts of interest in this communication.

References

1. Kang SY, Kashlan ON, Singh R, et al. Advantages of the combination of conscious sedation epidural anesthesia under fluoroscopy guidance in lumbar spine surgery. *J Pain Res.* 2020;13:211–219. doi:10.2147/JPR.S227212
2. Ristev G, Sipes AC, Mahoney B, Lipps J, Chan G, Coffman JC. Initiation of labor analgesia with injection of local anesthetic through the epidural needle compared to the catheter. *J Pain Res.* 2017;10:2789–2796. doi:10.2147/JPR.S145138
3. Kasatkin A, Urakov A, Nigmatullina A, Kopytov M. Balanced crystalloid versus 0.9% sodium chloride: what we overlook in our research. *Anesthesiology.* 2021;134:353–354. doi:10.1097/ALN.0000000000003614
4. United States Pharmacopeial Convention. United States Pharmacopeia 36 and National Formulary 31. Rockville, MD: United States Pharmacopeial Convention; 2013.

Dove Medical Press encourages responsible, free and frank academic debate. The content of the Journal of Pain Research 'letters to the editor' section does not necessarily represent the views of Dove Medical Press, its officers, agents, employees, related entities or the Journal of Pain Research editors. While all reasonable steps have been taken to confirm the content of each letter, Dove Medical Press accepts no liability in respect of the content of any letter, nor is it responsible for the content and accuracy of any letter to the editor.

Journal of Pain Research

Dovepress

Publish your work in this journal

The Journal of Pain Research is an international, peer reviewed, open access, online journal that welcomes laboratory and clinical findings in the fields of pain research and the prevention and management of pain. Original research, reviews, symposium reports, hypothesis formation and commentaries are all considered for publication. The manuscript

management system is completely online and includes a very quick and fair peer-review system, which is all easy to use. Visit <http://www.dovepress.com/testimonials.php> to read real quotes from published authors.

Submit your manuscript here: <https://www.dovepress.com/journal-of-pain-research-journal>

<https://doi.org/10.2147/JPR.S336458>