Keratin 17 is Not Always a Marker of Proliferation of Keratinocytes in Skin Diseases

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Purpose: Keratin 17 (K17) is an embryonic keratin and overexpression is seen in psoriasis, which is a hyperproliferation skin disease. Nonetheless, whether it is also highly expressed in other proliferative skin diseases remains unclear. The aim of this study is to explore the expression of K17 in cutaneous lichen planus (CLP), lichen simplex chronicus (LSC), and prurigo nodularis (PN).

Methods: A total of 20 skin samples from CLP lesions, 20 from LSC lesions, 20 from PN lesions, and 10 healthy adult skin tissues were obtained. Then, the expression of K17 was analyzed using immunohistochemistry on paraffin-embedded tissue sections. Furthermore, quantitative and semi-quantitative immunohistochemical scores of K17 were independently evaluated under a microscope by 2 dermatologists.

Results: Immunohistochemical analysis revealed that in normal skin, K17 was minimally expressed. Nevertheless, it was highly expressed in all epidermal layers in CLP lesions (P -value <0.01), and negatively expressed in LSC and PN lesions (all P -value >0.05). The average gray value of K17 in CLP was 151.153 ± 13.985 (P -value <0.001), while the average values of K17 in LSC and PN were 178.720 ± 12.001 and 181.316 ± 8.920 , respectively (all P -value >0.05).

Conclusion: K17 is potentially expressed in certain inflammatory skin diseases, including psoriasis and lichen planus. Besides, it is not always a marker of hyperproliferation of keratinocytes in skin diseases.

Keywords: keratin 17, proliferation of keratinocytes, inflammatory skin diseases

Introduction

Keratin 17 (K17) is an embryonic keratin produced by keratinocytes, and it plays a crucial role in regulating fetal epidermal development, skin wound repair, and induced of several inflammatory skin diseases.^{1,2} Researchers recognize that it as a key marker of human epithelial proliferation.³ K17 is highly expressed in psoriasis, which is a chronic, recurrent, inflammatory skin condition, characterized by hyperproliferation, aberrant differentiation and apoptosis of keratinocytes (KC), and infiltration of inflammatory cells in dermis.^{4,5} Cutaneous Lichen planus (CLP) is a chronic, pruritic, T cell-mediated inflammatory skin disease.⁶ Numerous similarities in pathogenesis have been noted between psoriasis and CLP.⁷ K17 expression occurs in lichen planus lesions, cutaneous wound healing, and warts, therefore, the expression of K17 might reflect hyperproliferative changes.^{3,8} Prurigo nodularis (PN) presents with crusted or excoriated light to bright-red nodules on clinical examination.⁹ Notably, lichen simplex chronicus (LSC) is a skin disorder characterized by lichenification of skin.¹⁰ Both PN and LSC are chronic pruritic skin

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diseases, with epidermal hyperkeratosis, irregular acanthosis and dermal lymphocytic infiltrate when observed in histopathology.^{9,10} Whether K17 is a real marker of proliferative changes in hyperkeratotic skin disease remains unclear. As such, this study explores the expression of K17 in CLP, PN, and LSC.

Materials and Methods

Observed Groups of Persons

Patients diagnosed with CLP, PN and LSC accompanied by typical clinical manifestations and confirmed by histopathology, and adult normal healthy skin (NHS) as control group were recruited as research objects. All selected patients were not administered with any drugs (including glucocorticoids, retinoic acid, and immunosuppressive drugs) within 2 months, and did not use any topical drugs in the previous 2 weeks. Written informed consent was obtained from all participants. Biopsies were conducted under local anesthesia. All experimental protocols were approved by the Institutional Review Board of the Xi'an Jiaotong University, and performed according to guidelines governing ethics' care in China. This study was performed in accordance with the rules laid down in the Declaration of Helsinki and its later amendments.

Immunohistochemical Analysis

All tissues were embedded in paraffin and specimen sections were incubated with the K17 primary antibody (monoclonal mouse antibody, clone E3, purchased from Fuzhou Maixin Biotechnology Development Co., Ltd. China) overnight at 4°C. Then, they were incubated with an appropriate biotinylated streptavidin-horseradish peroxidase-conjugated secondary antibody (ZSGB-BIO, Beijing, China), followed by hematoxylin counterstaining, and finally visualized using 3'-diaminobenzidine (ZSGB-BIO, Beijing, China). Phosphate buffered saline (PBS) was used as the primary antibody in negative control.

Semi-Quantitative and Quantitative Analysis of Immunohistochemical Results

Stained sections were visualized on NanoZoomer Digital Pathology (Hamamatsu, Japan). For quantitative analysis, 5 randomly selected images at high-power fields (200× magnification) were digitally captured using a DP 70 CCD camera (Olympus Corp., Tokyo, Japan). The HPIAS-1000 fully automatic color pathology report analysis system (Wuhan Tongji Qianping Image Engineering Co., Ltd, China) was used to evaluate the average gray value. The average gray value was inversely proportional related to protein expression.

Semi-quantitative analysis of immunohistochemical results: The sample was scored based on the percentage of positive cells and staining intensity score. The staining intensity score was 0 for unstained, 1 for light yellow, 2 for yellow-brown, and 3 for brown. Based on the percentage of positive cells, the score was divided into: 0 points for <5%, 1 point for 5% to 25%, 2 points for 26% to 50%, and 3 points for >50%. The degree of staining and the percentage of positive cells was multiplied in each section is the final score: 0 to 1 was negative, and ≥2 was positive.

Statistical Analysis

All data were processed using SPSS13.0 statistical analysis software (SPSS Inc., Chicago, IL, USA). Unpaired *t*-test and Chi-square test were used to analyze the differences. The results were presented as $\bar{X} \pm S$, $P < 0.05$ was considered as statistically significant.

Results

The Characteristics of the Participants

As shown in Table 1, for PN and LSC, young adults accounted for 60–70% of all the 40 patients, and the male to female ratio was 7 to 3. But CLP was more prevalent among the women. Middle-aged people were predominant and all diseases showed a chronic course.

Table 1 The Characteristics of the Participants

Clinical Data	N	Age (Year)			Sex		Duration of Disease (Years)	
		17–25	29–49	>50	Man	Female	<2	>2
CLP	20	2	6	12	10	10	18	2
PN	20	1	12	7	14	6	6	14
LSC	20	1	14	5	14	6	8	12

Abbreviations: CLP, cutaneous lichen planus; LSC, lichen simplex chronicus; PN, prurigo nodularis.

Figure 1 (A) Immunohistochemistry (IHC) showing K17 not being expressed in normal healthy skin (NHS); (B) but expressed in hair follicles and sebaceous glands (all magnifications 200×).

K17 in Normal Healthy Skin

K17 was minimally expressed in all epidermal layers of normal skin. Only a few basal cells demonstrated weak K17 expression; however, it was primarily distributed in hair follicles and sebaceous glands (Figure 1A and B).

K17 in CLP

Immunohistochemical staining revealed that K17 was highly expressed in all epidermal layers of CLP lesions

(Figure 2A). Among them, 4 cases had weak positive expressed in spinous and granular layers, 12 cases were moderately expressed, while 4 cases were strongly expressed (Table 2). K17 was majorly localized in the cytoplasm of keratinocytes. The average gray value of K17 was 151.153 ± 13.985 (P -value < 0.001) (Table 3).

K17 in PN and LSC

In lesions of LSC, 1 case was positive stained for K17, with brown particles in the granular and spinous layers. A total of 4 cases were weakly positive expressed for K17, mostly in the basal layer, while 2 cases were suspicious, with few scattered brown particles. The remaining 14 cases were negative (Figure 2B, Table 2). In PN, only 2 skin lesions were weakly positive stained for K17, while others were negative (Figure 2C, Table 2). The average gray values of K17 in LSC and PN were 178.720 ± 12.001 and 181.316 ± 8.920 , respectively (all P -value > 0.05). Compared with PN and LSC, the average gray value of K17 in CLP was lower (all P -value < 0.001) (Table 3).

Discussion

K17 belongs to the type I intermediate family of keratins, and it is a vital marker of human epithelial cell proliferation and is implicated in unique organizations of epithelial tissues.³ In addition to promoting cell proliferation and growth, K17 can regulate skin inflammation, differentiation and development of skin appendages. Despite not being expressed in normal skin epidermis, K17 is over-expressed in hyperproliferative conditions, including psoriasis, or after sustaining a wound.^{1,2} Here, K17 was minimally expressed in normal epidermis, and mainly presented in the follicles and sebaceous glands, this finding consistent with previous research results.^{1,2}

So far, the pathogenesis of LSC and PN are scantily understood. However, reports indicate that dermal and

Figure 2 (A) Immunohistochemistry (IHC) demonstrated that K17 was highly expressed in all epidermal layers in cutaneous lichen planus (CLP) lesions (brown staining); (B) but not in lichen simplex chronicus (LSC); (C) and prurigo nodularis (PN). (all magnifications 200×).

Table 2 The Expression of K17 in the Lesions of CLP, LSC and PN

Samples	N	-	+	++	+++	P-value
CLP	20	0	4	12	4	<0.01
LSC	20	14	2	4	0	>0.05
PN	20	18	0	2	0	>0.05
NHS	10	9	1	0	0	

Abbreviations: CLP, cutaneous lichen planus; LSC, lichen simplex chronicus; PN, prurigo nodularis; NHS, normal healthy skin.

Table 3 Quantitative Analysis the Expression of K17

Groups	N	Average Gray Value (Mean $\pm$ Std. Dev.)	P-value
NHS ¹	10	185.565 $\pm$ 4.994	^a P < 0.001
CLP ²	20	151.153 $\pm$ 13.985	^b P < 0.001, ^c P < 0.001
LSC ³	20	178.720 $\pm$ 12.001	^d P = 0.4627, ^e P = 0.1174
PN ⁴	20	181.316 $\pm$ 8.920	^f P = 0.3284

Notes: ^aComparison between groups 1 and 2, ^bComparison between groups 2 and 3, ^cComparison between groups 2 and 4, ^dComparison between groups 3 and 4, ^eComparison between groups 1 and 3, ^fComparison between groups 1 and 4.

Abbreviations: CLP, cutaneous lichen planus; LSC, lichen simplex chronicus; PN, prurigo nodularis; NHS, normal healthy skin; Std.Dev., Standard Deviation.

perivascular dense infiltrate with T cells, mast cells, eosinophil granulocytes, and expression of interleukin-31, which all promote epidermal hyperplasia.¹¹ In this work, K17 was not expressed in the hyperplastic epidermis, despite hyperplastic epidermis being a characteristic of LSC and PN. Therefore, the expression of K17 is potentially related to inflammatory factors, it might be in LSC and PN, no inflammatory factors promoting the expression of K17 were found, hence further research is necessary.

In CLP, K17 was highly expressed in all the epidermal layers, its upregulated expression being a precise response to the inflammatory response related to high levels of IFN- γ .¹² IFN- γ promotes the occurrence and development of lichen planus.¹³ Besides, IFN- γ can increase the expression of K17 in human keratinocyte and positive feedback between IFN- γ activity and K17 expression in psoriasis was found.¹² Therefore, it is apparent that K17 was highly expressed in lichen planus and psoriatic epidermis, both being IFN- γ -induced disorders. Interestingly, K17 has been observed in several types of skin tumors and epidermal malignancies, including keratinizing types of basal cell carcinoma (BCC) or invasive squamous cell carcinoma (SCC), actinic keratosis, Bowen disease, and urothelial neoplasia.^{14–17} Of note, K17 might be a biomarker of cancer diagnosis and prognosis. Besides promoting cell growth, K17 regulates protein synthesis,

and being a hallmark of KC proliferation, it is considered the K17 maybe a therapeutic target.^{2,18,19} K17 potentially promotes epithelial proliferation and tumor growth by polarizing the immune response in skin.²⁰ As such, K17 is a significantly important factor in inflammatory diseases and tumors.

Our recent studies verified the overexpression of K17 in CLP, a disease attributed to an immune response in the skin. In PN and LSC, epidermal hyperplasia might be induced by itching scratching cycle, not directly caused by inflammatory factors, thereby confirming that K17 was not expressed in PN and LSC.

Conclusion

Therefore, overexpression of K17 cannot be always regarded as a precise manifestation of hyperkeratosis. It might only be a marker of proliferation of keratinocytes in a few inflammatory skin diseases, including psoriasis and lichen planus, but not always a marker of all proliferation skin diseases.

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Disclosure

The authors report no conflicts of interest in this work.

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