REVIEW

Recent Advances and Challenges in Gene Delivery Mediated by Polyester-Based Nanoparticles

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Abstract: Gene therapy is a promising approach for the treatment of several diseases, such as chronic or viral infections, inherited disorders, and cancer. The cellular internalization of exogenous nucleic acids (NA) requires efficient delivery vehicles to overcome their inherent pharmacokinetic drawbacks, e.g. electrostatic repulsions, enzymatic degradation, limited cellular uptake, fast clearance, etc. Nanotechnological advancements have enabled the use of polymer-based nanostructured biomaterials as safe and effective gene delivery systems, in addition to viral vector delivery methods. Among the plethora of polymeric nanoparticles (NPs), this review will provide a comprehensive and in-depth summary of the polyester-based nanovehicles, including poly(lactic-co-glycolic acid) (PLGA) and polylactic acid (PLA) NPs, used to deliver a variety of foreign NA, e.g. short interfering RNA (siRNA), messenger RNA (mRNA), and plasmid DNA (pDNA). The article will review the versatility of polyester-based nanocarriers including their recent application in the delivery of the clustered, regularly-interspaced, short palindromic repeats/Cas (CRISPR/Cas) genome editing system for treating gene-related diseases. The remaining challenges and future trend of the targeted delivery of this revolutionary genome-editing system will be discussed. Special attention will be given to the pivotal role of nanotechnology in tackling emerging infections such as coronavirus disease 2019 (COVID-19): ground-breaking mRNA vaccines delivered by NPs are currently used worldwide to fight the pandemic, pushing the boundaries of gene therapy.

Keywords: PLGA, PLA, siRNA, CRISPR, COVID-19, CLAN

Introduction

Gene therapy refers to the use of exogenous nucleic acid molecules (NA) as drugs and tools for disease treatment at the genetic level. The goal of gene therapy is to introduce foreign genetic material into target cells for therapeutic purposes without off-target toxicity. The main approaches to gene therapy include inactivating ("knocking out") a mutated gene that is functioning improperly; replacing a mutated gene with a healthy one; and introducing foreign NA into the cells to protect them from diseases.[1]

The use of NA is gaining increasing interest and more than 2000 clinical trials of NA-based therapies are underway.[2] The current advancements in medicine, biology and biotechnology have extended the scope of gene therapy from the "simple" transfection of plasmid DNA (pDNA) to the delivery of a variety of NA, including short interfering RNA (siRNA), microRNA (miRNA), messenger RNA (mRNA), and also the emerging CRISPR-based genome editing machinery.[3–5] This challenging approach has revealed benefits in clinical trials; however, the duration of treatment

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effects and the long-term safety (specifically when viral vectors are used as delivery systems) remain a concern to be investigated. NA suffer from some pharmacokinetic drawbacks, such as susceptibility to enzymatic degradation, limited cellular uptake, fast clearance and immunogenicity, making them less appealing for applicability compared with FDA already approved molecules. Given this, a successful gene therapy must be achieved with the assistance of highly efficient delivery systems;[6] so far, the two main available ones are viral and non-viral vectors, based on the nature of the carrier involved. Recombinant virus vectors (adeno-viruses, adeno-associated viruses, lentiviruses) have been the most used in gene therapy development,[7] showing remarkable efficacy, as demonstrated by several commercialized products (e.g., Gendicine, Luxturna, etc).[2] They rely on the highly efficient viruses' physiological cellular uptake in internalizing NA into the cells. Viral vector-based technology has been recently exploited for cancer treatment[7] and for the development of infectious disease vaccines, including against Ebola and COVID-19.[8,9]

During the last year, great interest and effort have been focused around the advancement of COVID-19 vaccines, ranging from conventional viral vectored vaccines to the more cutting-edge mRNA-based ones.[9–11] Nowadays, the approved ground-breaking mRNA vaccines (e.g. BioNTech/Pfizer (Comirnaty) and Moderna mRNA-1273), employing lipid-based nanoparticles (LNPs) as carriers for mRNA encoding SARS-CoV-2 spike glycoprotein, have demonstrated the great translational potential of nanotechnology associated with gene therapy from experimental to clinical applications.

Beside vaccines advancement, the recent progress in nanomedicine and gene therapy has also developed efficient siRNA delivery systems. One of the main examples of this success is Onpattro® (patisiran), the first commercial siRNA-based therapeutic developed by Alnylam Pharmaceuticals, approved by the FDA in 2018 for the treatment of the polyneuropathy associated with hereditary transthyretin amyloidosis.[12] Onpattro® is a chemically modified anti-transthyretin (TTR) siRNA formulated in liposomes for targeted delivery to hepatocytes, the primary site of TTR synthesis, and it has marked a milestone event in the history of siRNA therapeutics development.[13]

The NA-based therapeutics currently commercialized, exploiting different delivery systems, pointed out that the limitations and pitfalls of viral-vector, such as the risk of inherent toxicity, pre-existing anti-vector immunity and induction of anti-vector immunity, can be solved by the development of non-viral gene delivery systems opportunely designed to balance tractability, transfection efficiency, safety and also tissue targeting.[14] Compared with virus-derived vectors, non-viral vectors have several advantages: safety of administration, low immunogenic response, high gene loading, chemical design flexibility, but also almost unlimited transgene size and the possibility of repeated administration.[15]

Nanostructured gene delivery systems can be made of lipids, exosomes, polymers, polypeptides, graphene-family nanomaterials, inorganic materials, e.g. gold nanoparticles or their combination, although significant limitations to the use of graphene nanocarriers include their low degradability and controversial biocompatibility, as well as questions regarding their long-term safety.[16–18] Herein we focus our attention on polyester-based nanovehicles for gene therapy (Figure 1), including poly(lactic-co-glycolic acid) (PLGA) and polylactic acid (PLA), which are FDA-approved and commonly employed to design drug/gene delivery systems and tissue engineering scaffolds. To date, 15 pharmaceutical products based on PLA or PLGA have been approved by the FDA.[15] Polyester-based nanoparticles (NPs) have gained success in improving therapeutic efficacy of the encapsulated guest, both in vitro and in vivo, owning outstanding advantages, such as stability in the blood, high cellular uptake by endocytosis, potential for targeted delivery, controllable and sustainable release kinetics.[19] Moreover, several PLGA- or PLA-based NPs have been proposed, so far, to deliver different payloads, ranging from small drug molecules,[20–23] to large proteins,[24] and NA.[25] Specifically, the application of polyester-based nanocarriers to the delivery of NA has required the incorporation of cationic components, through chemical conjugation, physical mixing, or copolymerization, resulting in a biodegradable and biocompatible delivery system with transfection efficiency comparable to commercial in vitro transfection reagents. Compared with LNPs, gold NPs and polyplexes, polyester-based nanocarriers showed lower immunogenicity and improved release profile, complete biodegradation through natural pathways without accumulation in tissues, and well-defined shapes and sizes.[26,27] Furthermore, they turned out to be ideal platforms for the co-delivery of NA and chemotherapeutic drugs for cancer treatment ("combo-nanomedicine").[28,29]

The newly developed genome editing technology, CRISPR (clustered, regularly-interspaced, short palindromic repeats), has shown great promise in the treatment of
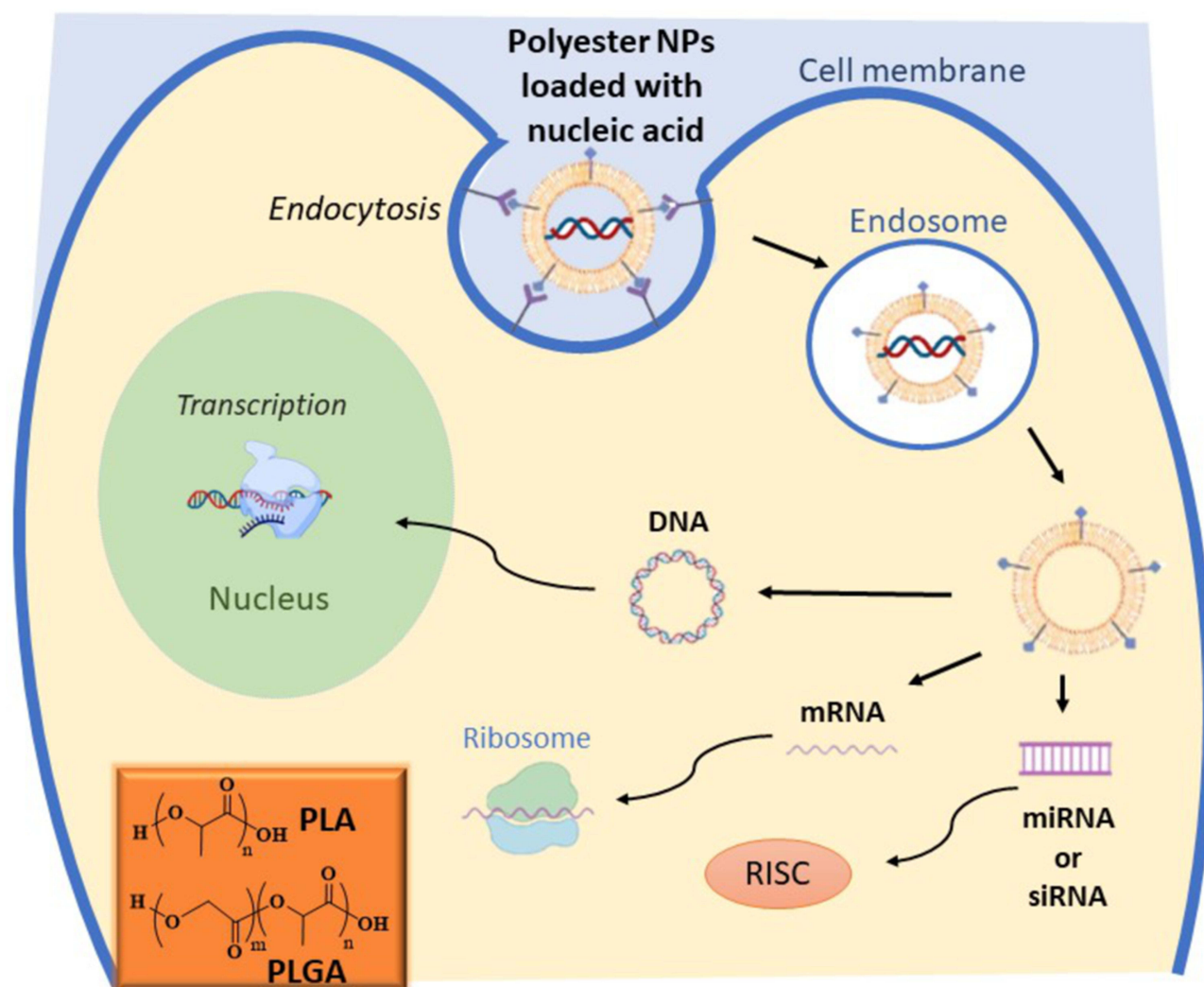
Figure 1 Delivery of different nucleic acids (DNA, mRNA, miRNA or siRNA) by non-viral vectors based on polyester NPs. The image represents the cell interaction and uptake, via endocytosis, of polyester-based NPs delivering NA. After endocytosis and endosomal escape, NA are released by the NPs and they follow different specific pathways. siRNA and miRNA act by binding the RNA-induced silencing complex (RISC), mRNA bind the translational machinery (ribosome) to be translated, and DNA must be transported to the nucleus to exert its activity. In the inset, the chemical structures of PLGA and PLA are reported.

several diseases;[5] however, the delivery of CRISPR/Cas components to target tissues and cells requires appropriate vectors and routes of administration to ensure efficacy, safety, and specificity. Most of the common vectors successfully used in gene therapy could also be good candidates for CRISPR components delivery, but the large size of their genome editing components requires the development of alternative vectors with improved delivering capacity. In this regard, polyester-based nanocarriers have demonstrated promising ability to deliver plasmid encoding Cas9 and single guide RNA (sgRNA).[30] The main strategy relies on the inclusion of CRISPR/Cas components into the core of Cationic Lipid-Assisted Nanoparticles (CLAN) composed of amphiphilic copolymers [e.g. poly(ethylene glycol)/polylactic acid (PEG-PLA) or poly(ethylene glycol)/ poly(lactic-co-glycolic acid) (PEG-PLGA)] and cationic lipids. Recent advances in polyester-based CRISPR delivery modes will be reviewed in the following sections.

Applications of Exogenous Nucleic Acids in Therapy

Gene expression can be downregulated, increased or corrected by introducing a foreign NA to the target tissue: siRNA and miRNA can be used to trigger gene inhibition; whereas pDNA, mRNA, and CRISPR/Cas systems are usually employed to increase or correct target gene expression. Understanding the NA cellular functions is crucial to develop therapeutic candidates for the treatment of a wide range of diseases.

siRNA are short double stranded RNA sequences (usually between 20 and 25 bp), found in many eukaryote species as defence mechanisms against viral mRNA exogenous infections.[31–33] Once in the cytosol, the RNA Induced Silencing Complex (RISC) recognizes and incorporates the siRNA, unbounding its double strands. Within the RISC, protein Argo 2 (an RNA interfering mediated silencing protein), activated by the single strand siRNA, targets the mRNA of interest, silencing the specific region coded by the siRNA.[34,35] Gene silencing induced by siRNA has been investigated in clinical trials since the early 2000s,[36] and globally 12 active trials are under investigation for the treatment of cancer, ocular and infectious diseases.[37,38] siRNA delivery is challenging, due to their negative charge and the molecular weight (12 KDa), making them vulnerable and degradable. In fact, the main barriers to overcome degradation before siRNAs enter the cytosol to silence their targets are mononuclear phagocytosis, kidney/glomerular filtration and lysosomal endocytosis. siRNA can be delivered both locally and systemically using modified adenovirus, adeno-associated virus, retroviruses, lentiviruses and alphaviruses, with high efficiency in transduction and expression.[37–39] However the side effects associated with viral carriers (unexpected immune reactions and toxicity) have prompted the use of non-viral vectors, whose main advantages are a low immune body response and the ease in which they can be produced in large scale. Currently, the non-viral carriers for siRNA delivery[36] can be listed into three main categories: lipid-based nanoparticles, polymer-based nanoparticles and conjugate delivery systems (for example N-AcetylGalactosamine, GalNAc).[40] All these non-viral vectors are in clinical trials mainly for diseases such as tumors, hepatitis B and hypercholesterolemia.[37] Moreover, they provide versatile platforms for the co-delivery of siRNA and chemotherapeutic drugs that may be beneficial for cancer therapy.[29,41,42]

Similarly to siRNA, short stranded RNA (shRNA) are processed by RISC/Argo to target the sequence of interest, but they can also be integrated into the DNA, as they consist of two complementary 19–22 bp with a short 4–6 bp loop; once transcribed, they are recognised by Dicer and spliced into the cytosol to target the right mRNA sequence.[43] The delivery methods for shRNA are similar to the ones proposed for siRNA;[43,44] moreover, also ultrasound-mediated gene delivery and nanobubbles have been investigated in vitro and in vivo for treating liver cancer.[45] Recently, shRNA and long non-coding RNAs (long ncRNAs, lncRNA) have been discovered in the regulation of many cancer pathways. LncRNA originate from different non-coding regions of genes (introns or exons around 200 bp long) and are involved in chromatin remodelling, transcription or post-transcriptional regulation, acting in the cellular differentiation, vitality and disease.[46] They have been studied for their significant role as biomarkers and as a specific therapeutic target in cancer (e.g. colorectal, breast, leukemia, bladder), being a promising tool to target oncogenes such as HOTAIR in breast cancer, and MALAT1 in metastatic lung cancer.[47,48] Few studies based on RNAseq have hypothesized the important role of lncRNA in gene regulation and expression, for instance the polycomb repressive complex 2 (PRC2) has many physiological cell functions such as regulation of the X chromosome and chromatin structure modification, and it can be used as a therapeutic target to regulate specific tissue/organ genes to modulate their silencing or expression.[49] So far, only few studies in vitro have successfully demonstrated their therapeutic applicability, but no clinical trials have been started yet. A successful lncRNA delivery has been reported by Rao et al. in treating rheumatoid arthritis (RA), using human/mouse derived exosomes as carriers for lncRNA to modulate the expression of RA characteristic genes. Moreover, it emerged that lncRNA encoding for oncogenic factors can be transported via cellular exosomes from the tumor site to the healthy neighboring cells, affecting them. A deeper understanding of these features is the starting point to develop lncRNA-based customized therapies.[50]

miRNA are short single stranded non-coding RNA molecules that can generate from exons or introns by the Dicer ribonuclease complex cleavage,[51] differently from siRNA that directly interact with RISC. Similarly to siRNA, once in the cytosolic space, miRNA are processed in the same way by the RNAi machinery protein (RISC/Ago2) complex, inducing the posttranscriptional gene silencing by matching at the 3′ untranslated region (UTR) on the target mRNA sequence via mRNA degradation or protein synthesis inhibition.[52–54] Moreover, the 5′ UTR has also been reported to be a less frequent target site for miRNA.[55] miRNA have been investigated in preclinical and clinical studies mainly in cardiac diseases, cancer, and nervous system related diseases. For example, recent cardiac pathologies studies demonstrated that miRNA are involved in cardiac remodeling processes (hypertrophy, fibrosis and apoptosis) and they can be inhibited (blocking the overexpressed target gene) and/or replaced

(substituting and restoring a miRNA expression modified during the disease) by ad hoc synthesized miRNA.[53] The main issues related to miRNA delivery are similar to those discussed for siRNA, such as the quick degradation and difficulties crossing cell barriers. The use of viral vectors for miRNA delivery has raised concerns on their safety, especially for their toxicity and unwanted immune responses.[56] Hence, the use of non-viral vectors has recently been investigated to effectively deliver miRNA. Even though kidney/liver clearance and nuclease degradation remain a major issue on the delivery system, the non-viral vectors have the advantage of being artificially modified.[56] The main polymeric vectors used in recent preclinical studies are cationic polymers (such as chitosan, dextran, gelatin, easily associated to NA via their positive charge) and liposomes (liposomal NPs, biocompatible, biodegradable and chemically similar to the cell membrane).[36,38,56] Preclinical trials in Phase I and II based on non-viral vectors are ongoing for several diseases such as lung, breast, pancreatic, ovarian cancers, cardiac pathologies and skin diseases.[56,57]

mRNA is a single strand molecule of RNA involved in the DNA-to-proteins transcription. In eukaryotic cells, RNA is transcribed from DNA, and processed by splicing (introns cleavage), capping (adding a 7-methylguanosine cap at the 5′ end for ribosome's recognition), editing and polyadenylation (adding a polyA tail at the 3′, avoiding exonucleases degradation) before starting its translation into proteins by ribosomes. The main therapeutic mRNA mechanisms are based on gene and protein editing.[58] The UTR regions at 5′ and 3′ are key points for their degradation, regulation and stability,[59] and the sequence modification at these sites by synthetic mRNA has been proven to influence the gene translation and protein replacement in immunotherapy.[60] The main advantages of using mRNA are: the high efficiency of the dose-response ratio (a small amount of mRNA can lead to highly effective immunostimulatory activity), the direct interaction with the ribosomes (instant translation) and the low toxicity and relatively high stability.[58] At present, clinical trials of therapies using mRNA focus mainly on cancer and infectious diseases in the form of vaccines. The anticancer use of mRNA is based on the interaction with tumour associated antigens as promising targets for mRNA to focus on; recently, the main clinical trials found in phase I and II focus on melanoma, myeloma, glioblastoma, prostate, renal and ovarian cancer.[60] mRNA has an important role in infectious diseases such as HIV, rabies, influenza and,

more recently, SARS-CoV-2.[61] Its employment in fighting these diseases have been successful both in preclinical and clinical trials for the high levels of induced immune response.[60] Delivering mRNA within the body is challenging due to its degradation by kidneys, liver and endonucleases, instability within the cellular environment and the higher unexpected immune response.[58,61,62] Recent advances in nanotechnologies have allowed the mRNA to be delivered using lipid-based and polymer-based delivery systems, optimized to elude the immune system and degradation enzymes. Lipid-based delivery systems, such as cationic lipids and the more recently discovered LNPs, base their own success on formulation with cholesterol, a zwitterionic lipid (DOPE), PEG, and ionizable lipids, all of them helping to stabilize and mimicking the body composition, eventually eluding the immune system degradation.[58,62] A successful example of LNP technology are the new COVID-19 vaccines from Moderna and BioNTech/Pfizer, approved by the FDA and EMA in December 2020, that carry the viral mRNA for the translation into the envelope spike protein, successfully giving a high coverage in immune response.[63] Polymer carriers play an important role in mRNA delivery as well, but their use has been found critical in aspects such as endosomal degradation, clearance and polymer dispersion and toxicity (especially for high molecular weight carriers). The most studied materials that avoid these issues are low weight polyethylenimine (PEI), poly (β-amino) esters (PBAEs) linked with PEG to stabilize the complex within the serum, charge altering releasable transporters (CARTs) and biodegradable amino-polyesters (APEs).[38,58,62]

Genome therapies based on DNA have been largely studied for their great potential in the cure of cancers, cardiovascular, infectious and monogenic diseases. With the advent of new gene engineering techniques, the therapeutic synthesized DNA sequence of interest is usually coupled with a zinc-finger nucleases sequence and a transcription activator-like effector (TALE) or CRISPR/Cas9. This is a complex molecular machinery that, once entered in the cell nucleus, can act by correcting, adding or knocking down the DNA corrupted gene of interest. These steps, eventually, modify the protein expression, production and stability.[36,64,65] Lentiviral and retroviral vectors have been approved as DNA carriers by the FDA and EMA for immunodeficiency, lipase-deficiency and melanoma, but, despite the high ratio of therapy success, the negative side effects (high toxicity and tumorigenic effects) on patients still raise serious concerns on their use.[65] Similarly for the mRNA

therapies, lipid- and polymeric-based therapies are the most promising due to their characteristics of stability, DNA packaging capacity and low immune response.[64,66,67] Polymeric DNA vectors have the advantage of broad functionalization, amplifying their potential against body degradation. For example, the two most used polymeric vectors, poly(L-lysine) (PLL) and PEI functionalized with PEG, have been clinically investigated (phase I and II) for fibrosis and colorectal and ovarian cancers and have demonstrated to be well tolerated by the body.[36] However, this kind of delivery system has to be improved as the nuclear membrane crossing and the big size of the cargo are the major barriers for their function.[66,67] Amongst all, lipid-based vectors have a successful role in gene therapy thanks to their chemical composition and physical features, allowing crossing of the cell membrane, eluding endosomal uptake. The most recent lipid-based vectors on clinical trials phase I/II are DOTAP/ Chol (1,2 dioleolyl-3-N,N,N,-trimethylammonium-propane /cholesterol, targeting the tumor suppressor FUS1 in cancer), DOTMA (N-(1-(2,3-dioleoyloxy)propyl)-N,N,N-trimethyl-lammonium, a cationic lipid targeting IL-2), GL67 (cholesterol derivate targeting cystic fibrosis) and cationic immune-lipoplexes (targeting mainly p53 and RB94).[64] Some of the main issues related to lipid-based vectors remain the low stability and low efficacy delivery, rapid clearance by kidneys and inflammatory responses that make them a subject still to be optimized on their design and formulation.

Use of Viral Vectors as Delivery Tools: A Brief Outline

Virus-mediated gene delivery systems exploit the virus's ability to inject their genetic material inside the host cells. Viral vectors based on DNA, RNA, and oncolytic viruses (OVs) have been used for the treatment of diseases including cancer, neurological disorders such as Alzheimer's and Parkinson's diseases, AIDS, cardiovascular disorders, rare metabolic diseases, protein replacement therapy and infectious disease vaccines.[7]

Viral vectors based on both DNA or RNA viruses include herpes virus, poxvirus, adenovirus, adeno-associated virus, lentivirus, retrovirus, human foamy virus.[68] Currently, several DNA gene therapeutics based on viral vectors are commercialized. As an example, Gendicine, the first-in-class gene therapy product, entered the China market in 2004 for the treatment of head and neck squamous cell carcinoma, is based on an adenovirus-based shuttling system carrying the tumor suppressor p53

gene. Clinical data indicated a good safety profile and higher response rates when combined with chemo- and radiotherapy than standard therapies alone.[2,7] These positive results inspired the development of other viral vectors and, in 2017, the FDA licensed Luxturna that employed an adeno-associated viral vector serotype 2 for the delivery of a functional copy of the RPE65 gene into retinal pigment epithelial cells to compensate for the RPE65 mutation in patients with vision loss.[69] So far, adenoviral vectors represent about 20% of 2500 gene therapy-associated clinical trials conducted since 1989.

OVs administration has been proposed as a novel cancer treatment and their anticancer activity has been proved in numerous pre-clinical models and in cancer patients with localized diseases. Currently, Oncorine H101 (an oncolytic adenovirus product, approved by China for nasopharyngeal carcinoma) and Imlygic (an oncolytic herpes simplex virus-1-based drug, approved by the FDA for treating advanced melanoma) are the only two clinical approved oncolytic virus drugs. In both cases, therapeutic efficacy is related to local administration by direct injecting of OVs into the tumors.[70] OVs can be tailored for specific targets by opportune engineering of their regulatory and structural components. In this regard, the virus must either replicate within the tumor and target and lyse cancer cells, inducing long-lasting tumor-specific immunity.[1,71] Moreover, the safety and efficacy upon systemic administration are important properties to be pursued for a potential oncolytic virus-based drug candidate. Viral vectors might represent a significant step further for genetic dysfunction, such as cystic fibrosis[72] and Duchenne muscular dystrophy,[73] that are difficult targets for current gene therapy strategies. Vector immunogenicity and the consequent short duration of transgene expression are the main limitations that can be overcome by a more controlled, targeted and programmable gene delivery mediated by nanostructured biomaterials.

Polyester-Based Nanoparticles for Gene Delivery

Great efforts have been made in recent years to exploit polymeric NPs as safe alternatives to viral vectors for gene delivery. Biodegradable polyesters, including PLGA and PLA, have been highly employed to design effective gene delivery systems.[15,25] The NA encapsulation in the polymeric NPs core appears to be extremely challenging due to NA dimensions and charge. The nanoformulation of these

macromolecules can be achieved by different techniques, including nanoprecipitation, spray-drying and double emulsion (water-oil-water, W/O/W) solvent evaporation methods. Moreover, a pre-functionalization of PLGA or PLA with hydrophilic moieties and/or a pre-cationization is needed to enhance NA encapsulation efficiency and to modulate their release.[19] Cationic molecules, such as PEI, polyarginine, chitosan, poly(2-dimethylamino)ethyl methacrylate (pDMAEMA), PBAEs, cationic lipids (DOTAP, DOTMA), dimethylaminoethane carbamoyl cholesterol (DC-Chol) and cationic cell-penetrating peptide (CCCP) are the most used adjuvants to improve the encapsulation efficacy of NA-loaded NPs. Furthermore, a hydrophilic polymer such as PEG or PEI grafted to PLGA or PLA NPs generally improves the in vitro and in vivo stability and the release kinetics, prolongs blood circulation times, reduces the non-specific interactions with serum proteins, opsonization and clearance by the reticuloendothelial system and, ultimately, improves transfection efficiency.

The association of PLGA with the cationic PBAEs has been recently investigated to realize a nanostructured PLGA-PEG/PBAE platform able to deliver green fluorescent protein encoding plasmid (pGFP) as a reporter gene. The NPs consisted of an outer PEG surface and a PLGA inner core containing PBAE/pGFP nanocomplexes, with the cationic PBAE improving gene payload encapsulation efficiency. A sustained gene release over a period of 8 days, with high transfection efficacy and minimal toxicity, was observed in human embryonic kidney 293 cell line (HEK 293).[74]

A highly efficient gene and drug delivery nanoformulation based on the combination of PLGA:PBAE (50:1) containing SOX9 siRNA-expression plasmid, retinoic acid (RA), and Ag_2S quantum dots (QDs) (PBAE-PLGA-Ag_2S-RA-siSOX9 or PPAR-siSOX9, Figure 2) was proposed as stem cell-based regenerative therapy for Alzheimer's disease treatment, given its ability to regenerate damaged neural networks in the brain.[75] siSOX9 expressing plasmid and RA were employed for controlling neuronal differentiation of neural stem cells, whereas Ag_2S QDs were used for in vivo tracking. The NPs were prepared by an emulsion–diffusion-evaporation method; the hydrophobic RA and Ag_2S QDs were encapsulated in the hydrophobic core of PPAR; the negatively charged plasmid genes were adsorbed to the positively charged surface due to the presence of the cationic PBAE.[75]

Successful gene expression in primary human astrocytes was assessed by the combination of PLGA/pDNA NPs with arginine-modified PEI polymers.[76] The arginine residues enhance NPs uptake, nuclear entry of pDNA and subsequent gene expression; moreover, PEI increased chloride concentrations to induce endosomal swelling and promote endolysosomal escape; thus, it has been hypothesized that the arginine-modified PEI may enhance intracellular pDNA survival.

Different PLGA-PEI-PEG-based vectors decorated with targeting agents such as folic acid (FA) and peptides (i.e., arginylglycylaspartic acid, RGD, and isoleucine-lysine-valine-alanine-valine, IKVAV) were investigated by Cao et al.[77] The DNA encapsulation was carried out at different N/P ratios (molar ratio of amine groups in PEI to phosphate groups in DNA) ranging from 1:1 to 16:1, and the transfection efficiency was assessed on HEK 293 cells and rat pheochromocytoma cell line (PC12 cells).

PLGA−PEG−PEI NPs functionalized with SP94, a peptide targeting the hepatocellular carcinoma (HCC), were loaded with an engineered triple therapeutic gene (thymidine kinase−p53−nitroreductase plasmid, TK−p53−NTR) for a gene-directed enzyme−prodrug therapy (GDEPT).[78] Exogenous genes expressing metabolic enzymes introduced into target cancer cells convert non-toxic prodrugs into activated cytotoxic agents able to kill cancer cells, either by inducing DNA damage or by interfering with the cell cycle. In vivo delivery of TK−p53−NTR genes by SP94-targeted PLGA−PEG−PEI NPs in mice resulted in the restoration of p53-mediated apoptotic function in HCC cells, in a strong expression of suicide genes selectively in tumors, without significant off-target effects; the subsequent administration of prodrugs, ganciclovir (GCV) and CB1954, led to a decrease of tumor growth.[78]

The same authors also proposed, in 2018, ultrasound (US) and microbubble (MB) mediated sonoporation for efficient delivery of the TK-NTR fusion gene into PLGA/PEI NPs to triple-negative breast cancer (TNBC) for GDEPT. US-MB image-guided delivery of TK-NTR gene led to significant expression levels of TK-NTR protein in TNBC cells and tumor reduction in vivo when animals were treated with GCV/CB1954 prodrugs.[79]

The gene silencing effect of PEI-coated siRNA-PLGA hybrid micelles targeted to glypican-3 (Gpc3) on ovarian cancer cells were evaluated both in vitro and in vivo in a mouse model.[80] Gpc3 is a member of the heparan sulfate proteoglycans present on the cell surface as carcinoembryonic antigen,

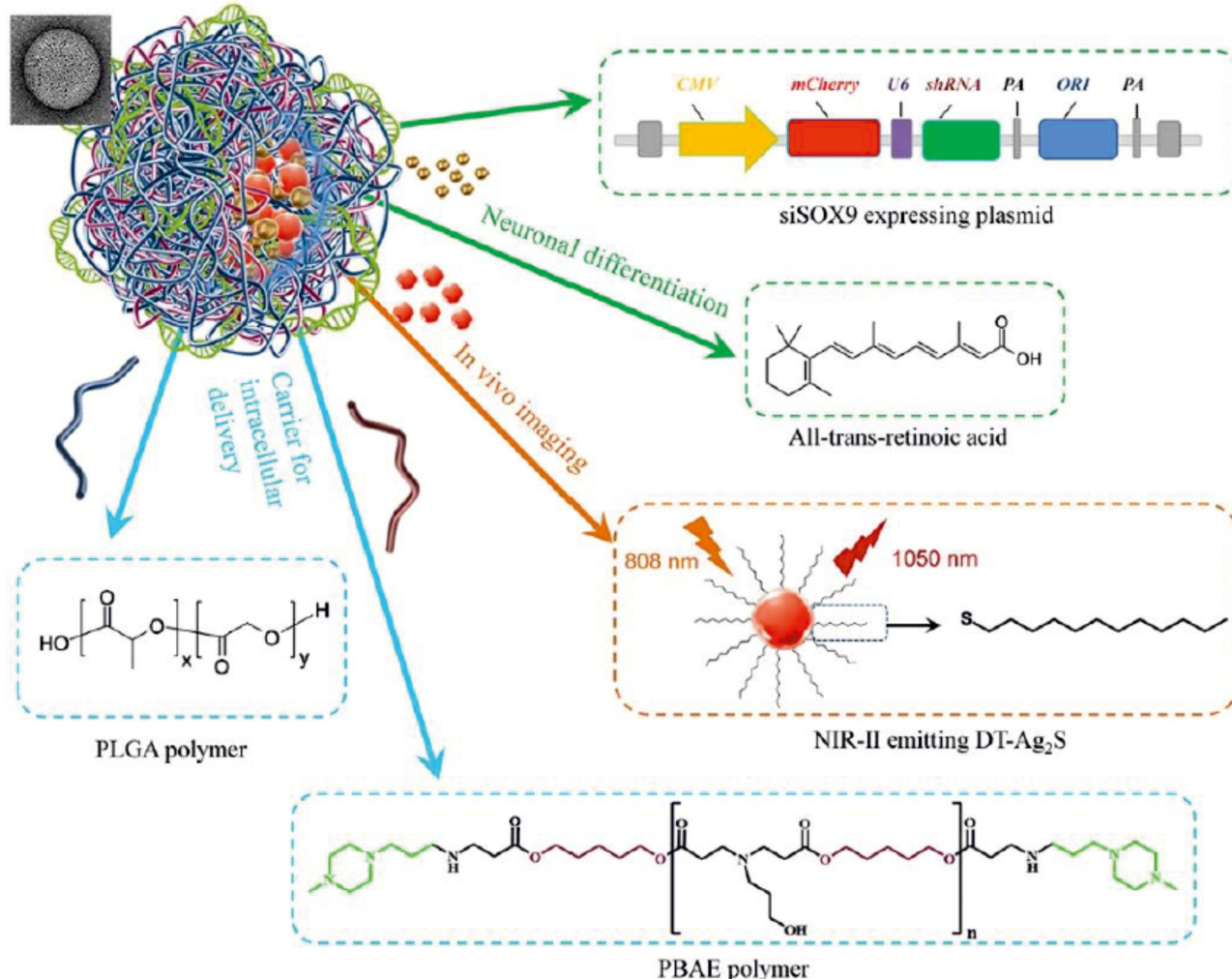## PBAE-PLGA-Ag₂S-RA-Plasmid (PPAR-Plasmid) Nanoformulation

Figure 2 Schematic illustration of the structure and chemical components of multifunctional PBAE-PLGA-Ag₂S-RA-siSOX9 (PPAR-siSOX9) nanoformulation.
Notes: Reproduced with permission from Huang D, Cao Y, Yang X et al. A Nanoformulation-Mediated Multifunctional Stem Cell Therapy with Improved Beta-Amyloid Clearance and Neural Regeneration for Alzheimer's Disease. *Adv Mater.* 2021;33:2006357. © 2021 The Authors. Published by WILEY-VCH Verlag GmbH & Co. KGaA, Weinheim under Creative Commons Attribution 4.0 International License.[75]

involved in tumor progression and inflammatory reaction. The siRNA-PLGA hybrid conjugate was synthesized via a disulfide exchange and it was expected to form self-assembled micelles in aqueous solution. The nanosystem was conceived to deliver the siRNA into murine ovarian cancer cells (HM-1), promoting Gpc3 gene silencing following intra-peritoneal injection in a mice model. The target Gpc3 knock-down effectively led to cancer repression in vivo.[80]

Vitamin B12-labeled PLGA-PEG NPs loaded with microRNAs-532-3p (miR-532-3p@PLGA-PEG-VB12 NPs) were developed as a targeting gene delivery system to be selectively delivered into transcobalamin II-overexpressed gastric cancer cells.[81] Rapidly dividing cells, such as tumor cells, have high vitamin B12 requirement and its receptor (the transcobalamin II receptor, CD320) is overexpressed in many cancer cells. The miR-532-3p@PLGA-PEG-VB12 NPs significantly decreased the expression of apoptosis repressor with caspase recruitment domain (ARC), inducing activation of the ARC/Bax/mitochondria-mediated apoptosis signaling pathway, that finally suppressed proliferation of gastric cancer cells both in vitro and in vivo.[81]

Hyaluronic acid- and chondroitin sulfate-modified PLGA-PEG copolymers were synthesized and employed to prepare pH-responsive NPs loaded with DOTAP/pDNA lipoplex.[82] Both types of NPs owned targeting moiety to specifically bind CD44 receptors, resulting in efficient uptake and higher transfection in CD44 high-expressed

U87 cell lines than in CD44-negative HepG2 cells. DNA was completely released at pH 4.0 within 24 hours, whereas a sustained release up to 72 hours was observed at pH 7.4.[82]

Four cationic lipids, including DC-Chol, DOTAP, cetyltrimethylammonium bromide (CTAB), didodecyldi-methylammonium bromide (DMAB) were tested for the preparation of pDNA-loaded PLGA-PEG NPs.[83] The conventional W/O/W emulsion solvent evaporation method was used to prepare the NPs, loaded with an EGFP reporter gene. This model pDNA allowed a straightforward analysis of DNA transfection efficacy based on the GFP protein expression checked by confocal laser scanning microscopy (CLSM) and fluorescence-activated cell sorting (FACS). After a systematic investigation of different types of cationic lipids, pDNA concentrations, and PEG-PLGA copolymers (varied PEG length and varied glycolic to lactic acid ratio), the optimized DOTAP-PEG-PLGA NPs demonstrated excellent transfection efficacy (close to half of the commercially available Lipofectamine™ 2000) and a stable and sustained expression of interleukin IL-27 pDNA in murine model.[83]

In 2019, Wang and coworkers proposed the use of CLAN based on PEG-PLGA copolymer to encapsulate and deliver siRNA into macrophages and B cells for Bruton's tyrosine kinase (BTK) gene silencing.[84] BTK in macrophages and B cells has been demonstrated to be a promising therapeutic target for RA. CLAN$_{siRNA}$ was prepared by DOTAP-assisted self-assembly of the amphiphilic PEG-PLGA copolymer, through a double-emulsion solvent evaporation method. The in vitro and in vivo investigation pointed out a great reduction of joint inflammation, without toxicity.[84]

The versatility of CLAN has been deeply investigated by Wang and coworkers and the effectiveness of "CLAN nanomedicine" for the delivery of siRNA and CRISPR/Cas9 plasmid in several disease models has been demonstrated by their extensive scientific production.[30,84,85] Recently, the use of CLAN has been fruitfully extended also to vaccine application, as a clinically translatable mRNA delivery system for cancer immunotherapy.[86] The use of mRNA encoding tumor-associated antigen has gained increasing interest in recent years and mRNA-based vaccines hold prominent advantages compared with conventional approaches, such as the avoidance of nuclear entry and the high safety without integrating into host genome.[87] In this regard, Wang and coworkers demonstrated that the intravenous administration of CLAN formulation based on PEG-PLGA and N,N-bis (2-hydroxyethyl)-N-methyl-N-(2-cholesteryloxycarbonyl aminoethyl) ammonium bromide (BHEM-Chol) encapsulating mRNA encoding ovalbumin (OVA) stimulates the maturation of dendritic cells (DCs) and provoked in mice a strong OVA-specific T-cell response and slowed tumor growth in an aggressive E.G7-OVA lymphoma model (Figure 3).[86]

A series of macrophage-targeted NPs has been prepared by self-assembly of a PLGA-PEG di-block copolymer and a cationic lipid-like molecule (G0-C14) which is composed of a cationic head group (able to electrostatically interact with the therapeutic NA) and a flexible hydrophobic tail (for the self-assembly with PLGA-PEG).[88] NPs were engineered with different carbohydrates, including mannose, galactose, and dextran for targeted delivery of mRNA and pDNA to macrophages. The influence of carbohydrate decoration on the targeting capacity and transfection efficacy were deeply investigated, showing that dextran-functionalized NPs had the highest endocytosis at various concentrations and the best mRNA transfection efficiency.[88]

Recently, Ajdary et al. have demonstrated that a combinatorial delivery of antigen and Toll-like receptors (TLR) agonists via PLGA NPs modulates *Leishmania major*-infected-macrophages activation, which is crucial for the parasite elimination.[89] PLGA NPs were loaded with soluble-antigen of Leishmania (SLA), agonists of TLR7/8 (R848) and TLR1/2 (Pam3CSK4). The effects of single-, dual-, triple-PLGA NPs and soluble SLA, R848, Pam3CSK4, and their different combinations were determined on pro-inflammatory cytokines (IL-1β, IL-6, and TNF-α) and inducible nitric oxide synthase (iNOS) genes expression by qPCR at different times, in *Leishmania major*-infected-macrophages. Among the different nano-formulations, the triple (SLA-R848-Pam3CSK4)-loaded NPs promoted the highest activation of macrophages, followed by dual SLA-Pam3CSK4 and by the SLA-R848 NPs. The co-encapsulation resulted in a strong immune response, with increased and prolonged expression of cytokine and iNOS, and leishmanicidal activity, suggesting a longer availability or sustained delivery of the NPs into the macrophages. These findings highlighted the advantages of co-encapsulation of antigen and TLR agonists as adjuvants to induce immune responses against *L. major* infection for potential vaccine development.[89]

A smart biomimetic gene delivery system based on amphiphilic PLGA-PEI NPs with typical core-shell structure, loaded with pZNF580 plasmid, and coated with
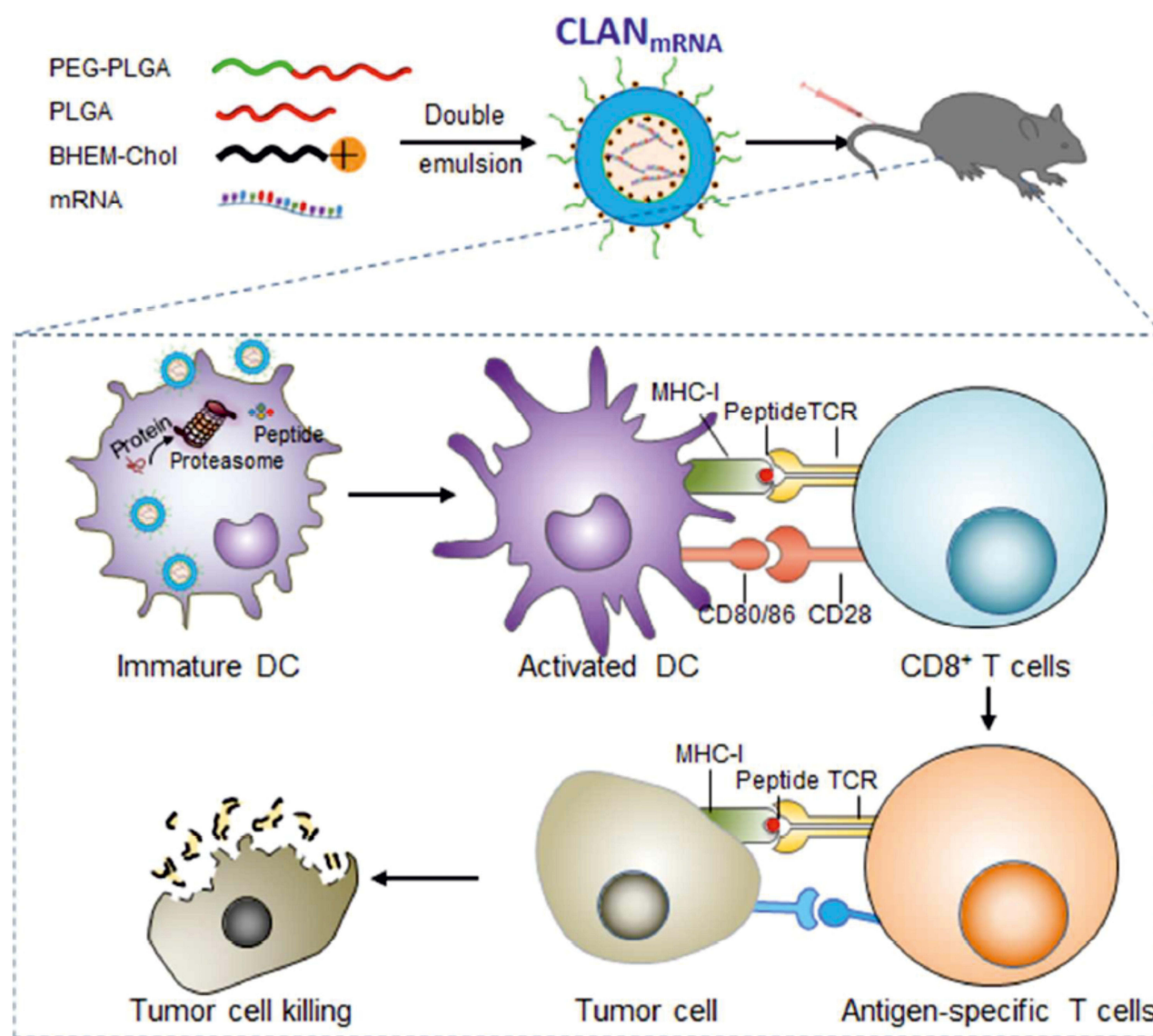
Figure 3 Schematic illustration of CLAN encapsulating mRNA coding for the model immunology protein OVA that stimulates the maturation of DCs, promotes the activation and proliferation of antigen-specific T cells and induces a robust anti-tumor immune response in an aggressive E.G7-OVA lymphoma murine model.
Notes: Reprinted with permission from Fan YN, Li M, Luo YL, et al. Cationic lipid-assisted nanoparticles for delivery of mRNA cancer vaccine. *Biomater Sci.* 2018;6:3009–3018;[86] permission conveyed through Copyright Clearance Center, Inc.

nano-sized red blood cell (RBC) membrane by electrostatic interaction, was proposed to obtain high blood compatibility and long circulation time. The natural cell membrane coating of NP/pZNF580/RBC assured immune-escaping ability and high transfection efficiency.[90]

A polydopamine-modified suture carrying PLGA-PEI nanoparticle/pEGFP-basic fibroblast growth factor (bFGF) and pEGFP-vascular endothelial growth factor A (VEGFA) complexes was developed with the aim to transfer the growth factor genes into injured tendon tissues to promote healing.[91,92] After tendon tissues were sutured, the nanoparticle/plasmid complexes could diffuse from sutures to tendons transfecting genes, increasing the expression of growth factors useful for the treatment of the injury. In vitro release experiments demonstrated that plasmids are continuously released for 28 days. The nanoparticle/plasmid complex-coated sutures significantly improve flexor tendon healing strength compared with the corresponding unmodified sutures, especially at 4–6 weeks after operation.[91,92]

The plasmids expressing VEGF-A and the platelet derived growth factor (PDGF-B), two factors that accelerate regenerative processes by promoting neovascularization, granulation tissue formation, synthesis of collagen and re-epithelialization, were loaded into PLGA-PEI

nanospheres to upregulate genes expression in diabetic rats with the aim to improve wound healing in the case of diabetic foot ulceration (DFU).[93]

Magnetic NPs prepared by double-emulsion solvent evaporation method from PEI-coated Fe_3O_4 NPs, PEI-PLA-PEG-folate and plasmid DNA (pEGFP-N1) were decorated with the EPPT peptide (Glu-Pro-Pro-Thr) for targeting MUC-1 receptors overexpressed on breast cancer cells MCF-7. The NPs demonstrated good stability under physiological conditions and released encapsulated plasmid DNA rapidly under acidic conditions. The endosomal escape capability of the incorporated DNA to the cytoplasm before fusion with lysosome avoided gene degradation from lysosomal enzymes including DNase.[94]

A folate-decorated gene delivery system (FA-DMA) consisting of DOTAP, PEG-PLA, and FA-PEG-PLA was recently proposed as carrier for CCL19 plasmid for targeted cancer immunotherapy (Figure 4).[95] CCL19 emerged as a candidate immunomodulator for colon cancer therapy by increasing the possibility of interaction among dendritic cells, T and B cells in secondary lymphatic tissue, thus regulating the primary (or secondary) adaptive immune responses. The folate decoration improved the transfection efficiency of CCL19 in CT26 cells and the treatment of tumor-bearing mice with FA-DMA/CCL19 remarkably inhibited tumor growth and reduced the burden of ascite formation.[95]

The same authors proposed a similar nanosystem (DMA) without folate decoration as a carrier for interleukin-15 (IL15), a potent pro-inflammatory cytokine, which has emerged as a candidate immunomodulator for the treatment of colorectal cancer,[96] and for interleukin-12 (IL12), an ideal candidate for tumor immunotherapy.[97] The growth of CT26 cells transfected with DMA-pIL15 or DMA-pIL12 was inhibited in vitro by cell apoptosis; moreover, the treatment of tumor-bearing mice with both nanoformulations significantly inhibited tumor growth in vivo by inhibiting angiogenesis, promoting apoptosis,
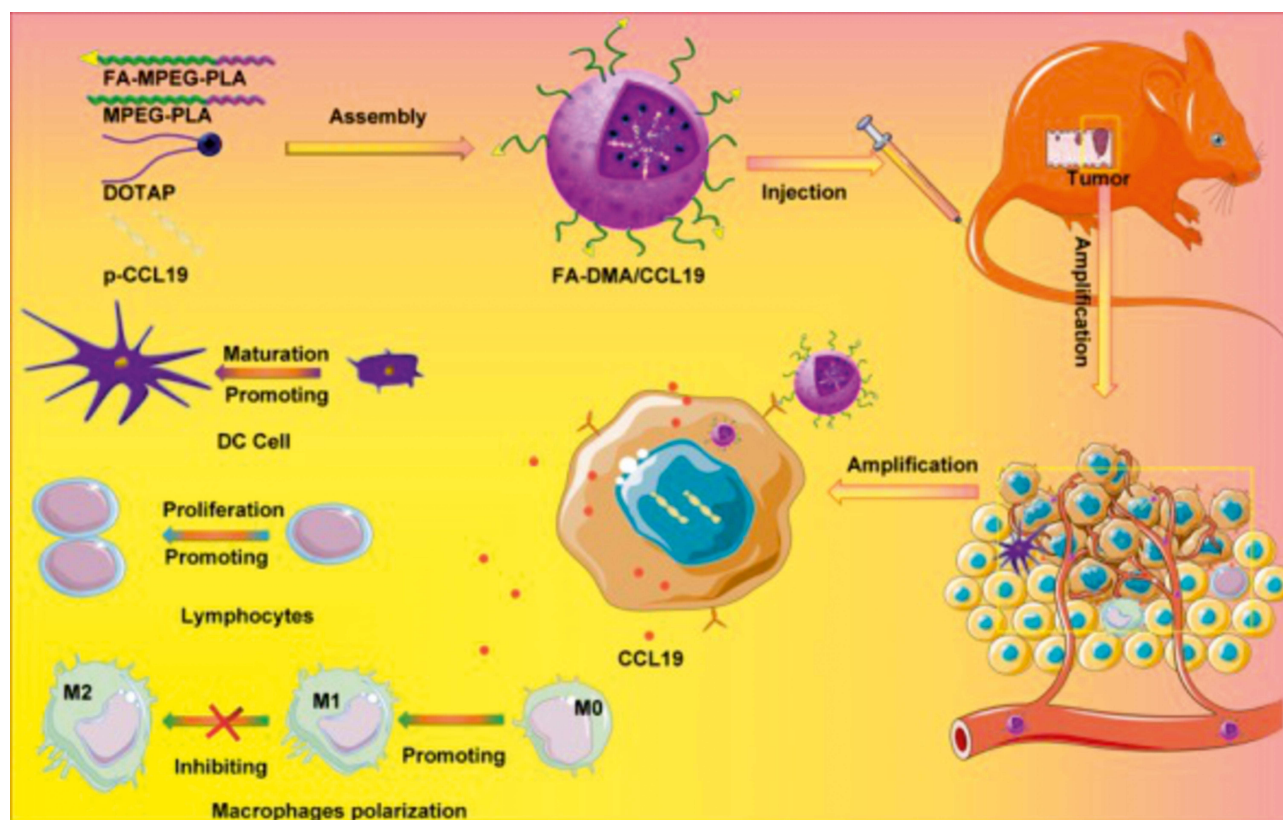

Figure 4 Schematic illustration of the effects of the folate targeted gene-delivery system consisting of methoxy poly(ethylene glycol)-poly(lactide) (MPEG-PLA) and DOTAP loaded with CCL19 (FA-DMA/CCL19). The gene delivered into tumor cells expresses and secrets CCL19 protein factor, which induced activation of the immune system to kill cancer.
Notes: Reprinted with permission from Liu X, Wang B, Li Y, et al. Powerful Anticolon Tumor Effect of Targeted Gene Immunotherapy Using Folate-Modified Nanoparticle Delivery of CCL19 To Activate the Immune System. *ACS Cent Sci.* 2019;5:277–289 (https://pubs.acs.org/doi/10.1021/acscentsci.8b00688).[95] Copyright (2019) American Chemical Society. Further permissions related to the material excerpted should be directed to the ACS.

and reducing proliferation through activation of the host immune system.[96,97]

An amphiphilic cationic tri-arm star copolymer which comprises hydrophilic poly(ethylene oxide) (PEO), hydrophobic PLA, and a cysteine-terminated polylysine block (CKn) with a cleavable disulfide linkage, all coupled through a serine (S) core was synthesized by a combination of ring opening polymerization (ROP) and a thiol–disulfide exchange. The PEO-S(CKn)-PLA system was employed to study the DNA condensation ability at different N/P ratios (ratios of N atoms in CKn blocks to P atoms in the plasmid DNA). In vitro DNA transfection studies pointed out that the amphiphilic star copolymer is able to induce DNA transfection and GFP expression, without cytotoxicity.[98]

The co-delivery of paclitaxel (PTX) and survivin siRNA was realized for lung cancer therapy by a pH-responsive polymeric carrier composed of cationic PEI-PLA NPs coated with a negatively charged PEG-block-poly(l-aspartic acid sodium salt) (PEG-PAsp). Survivin is an antiapoptotic protein overexpressed in many cancer tissues, including non-small cell lung cancer, and its inhibition caused by siRNA transfection with PEI-PLA/PTX/siRNA/PEG-PAsp NPs promotes apoptosis, suppresses cancer cell proliferation and significantly increased the PTX-induced cell death, leading to a synergistic antitumor effect.[29]

A useful strategy, as an alternative to the employment of traditional cationic nanocarriers, to improve the inherent features of siRNA molecules (i.e. negative charge and hydrophilic nature) was the mixing of siRNA with doxorubicin hydrochloride (DOX·HCl) to achieve siRNA hydrophobization driven by electrostatic interactions.[99] The resulting hydrophobic [siRNA and DOX] complex was efficiently encapsulated into non-cationic PEG-PLA micelles for systemic delivery. The NPs had excellent colloidal stability, encapsulation efficacy of 41.16 ± 0.47%, a size of 53 ± 5.7 nm and a zeta potential of approximately −13.2 mV. The silencing efficacy was evaluated in MDA-MB-231 cancer cells incubated with [siRNA and DOX]-loaded NPs, at different siRNA concentrations, and the expression of polo-like kinase 1 (Plk1), as the oncogenic target gene, at the mRNA and protein levels was analyzed. The treatment with NPs loaded with [siPlk1 and DOX] induced a dose-dependent gene silencing in Plk1 protein expression; this dose-dependent downregulation of Plk1 expression finally induces cancer cell apoptosis. The present combination

of siRNA therapy and chemotherapy was successful also in vivo in MDA-MB-231 xenograft murine model following intravenous injection. This strategy could be extended to deliver other hydrochloride forms of anticancer drugs with large hydrophobic domains and it is also applicable to plasmid DNA, mRNA, miRNA, providing a versatile strategy for combined gene and drug delivery.[99]

CRISPR/Cas Formulations Based on PLGA and PLA Nanoparticles

CRISPR/Cas9 is an emerging genome-editing tool with unprecedented potential for the treatment of several diseases.[5] It consists in two main components: (i) an RNA guided-endonuclease (Cas9) that can produce blunt-end cleavage at specific sites of DNA complementary to sgRNA; (ii) a hybrid RNA (sgRNA) which contains the complementary sequences to the target DNA (crRNA) and a non-variable sequence (tracrRNA) for the hybridization with crRNA.[100] The delivery of CRISPR/Cas9 components by viral vectors has been widely explored due to its high efficiency, although this technology is often related to drawbacks, such as mutagenesis, immunogenicity, and off-target effects. Currently non-viral vectors, including polymers, liposomes, cell-penetrating peptides, and other synthetic vectors, are extensively investigated to deliver CRISPR/Cas9. Many factors should be considered in the selection of the transfection method, including efficiency, lifetime expression and ability to cross both the cell membrane and the nuclear membrane. The CRISPR/Cas9 system can be delivered by three different formats (Figure 5), including: the delivery of pDNA, which encodes Cas9, and sgRNA (Figure 5, format a); the delivery of mRNA and sgRNA (Figure 5, format b); the delivery of Cas9 protein complexed with sgRNA (ribonucleoprotein, RNP; Figure 5, format c). The pDNA delivery is an inexpensive method generating stable Cas9 nucleases, but it is associated with some disadvantages, such as the persistent expression, generating off-target effects at undesired genome sites, and the large size of some plasmids that could present difficulty in the packaging into the vector. Plasmid enters the nucleus expressing the corresponding protein components by transcription and translation (Figure 5, format a). The delivery of RNP and mRNA (Figure 5, format b and c), due to their relatively short half-life, overcomes the safety limitation of pDNA delivery, preserving the gene-editing ability.[101] The translation of mRNA into Cas9 protein occurs in the ribosome
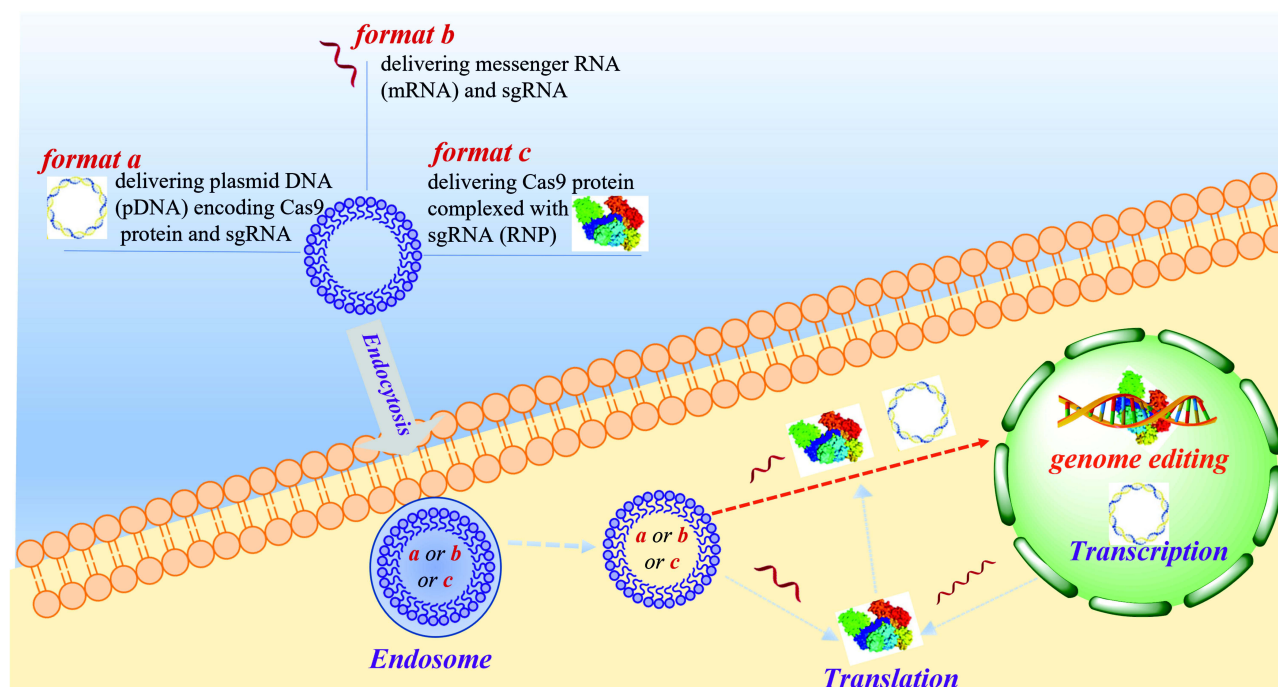
Figure 5 Schematic representation of different configurations of Cas9/sgRNA elements used in the intracellular delivery: format a delivers plasmid DNA encoding Cas9 proteins and sgRNA; format b delivers mRNA and sgRNA; format c delivers Cas9 protein complexed with sgRNA (ribonucleoprotein RNP).

avoiding the nuclear entry; this requires the simultaneous loading of mRNA and sgRNA into the carrier (Figure 5, Format b), hence formulation and storage might be challenging, due to mRNA lability. The delivery of RNP (Figure 5, format c), bypassing the transcription and translation processes, generates the fastest gene-editing effect. Moreover, a protective effect of Cas9 proteins to sgRNA producing stable RNP has been reported in literature.[102]

So far, only a few polymer-based carriers have demonstrated promising ability to deliver plasmid encoding Cas9 and sgRNA. In this context, the main strategy relies on the "CLAN nanomedicine" that consists in the NA inclusion into the inner core of polymeric nanosystems by double emulsion procedure assisted by cationic lipids, such as BHEM-Chol.[30,85] CLAN preparation includes a primary emulsification step in which NA and the cationic lipids assemble into tight complexes at the water-oil interface and a second emulsification step which allows the encapsulation of complexes into the inner aqueous core of PEG-PLA or PEG-PLGA NPs (Figure 6A).[85] Being NA encapsulated in the core, the PEG surface prevents their degradation by nucleases or their recognition by the immune system. Moreover, PEG stabilizes CLAN by preventing aggregation, protein adsorption, and protects CLAN from opsonization thanks to its stealth

ability.[103] Macrophage-specific CD68 promoter-driven Cas9 expression plasmids (pM330 and pM458) encapsulated into PEG-PLGA-based CLAN were proposed as a delivery strategy for cell-specific genome editing since the expression of Cas9 protein occurs only in macrophages and monocytes instead of other cell lines (Figure 6A–C).[85]

The same type of CLAN carriers was exploited to deliver Cas9 mRNA and sgRNA targeting NLRP3, a major mediator of acute/chronic inflammation.[104] The CLANmCas9/gNLRP3 delivery system was proposed to disrupt NLRP3 locus into macrophages. Experimental results indicated that CLAN with a higher surface charge and lower PEG density were more efficiently internalized by macrophages. Moreover, Cas9/gNLRP3 RNA encapsulated in CLAN were protected from RNase of the physiological environment and the Cas9 protein expression was detected within several hours after transfection. However, CLANmCas9/gNLRP3 did not completely inactivate the NLRP3 inflammasome, probably due to a moderate transfection efficiency.[104]

CLAN carrying the CRISPR/Cas9 system was proposed as a promising strategy for reprogramming DCs to abate transplant rejection.[105] Cas9 mRNA (mCas9) and a guide RNA targeting the costimulatory molecule CD40 (gCD40) were delivered into DCs using CLAN as a vector.
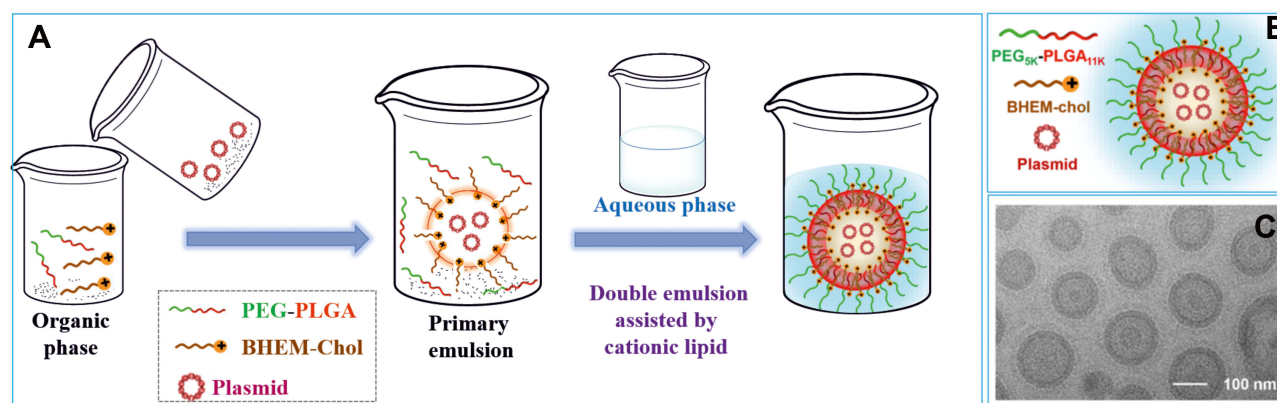
Figure 6 (**A**) Schematic representation of Cationic Lipid Assisted Nanoparticles (CLAN) preparation by double emulsion solvent evaporation method. (**B**) CLAN vector and its components (PEG$_{5K}$-PLGA$_{11K}$, cationic BHEM-Chol lipid, and plasmid); (**C**) Representative TEM image of CLAN$_{pM458}$.
Notes: Panels B and C reprinted with permission from Luo YL, Xu CF, Li HJ, et al. Macrophage-Specific in vivo Gene Editing Using Cationic Lipid-Assisted Polymeric Nanoparticles. *ACS Nano.* 2018;12:994–1005.[85] Copyright (2018) American Chemical Society.

After intravenous injection into an acute mouse skin transplant model, CLANmCas9/gCD40 released mCas9/gCD40 into DCs and disrupted CD40 at the genomic level, both in vitro and in vivo, with a significant inhibition of T cell activation.[105] Recently, Wank and coworkers utilized CLAN for the simultaneous co-encapsulation of an autoimmune diabetes-relevant peptide (2.5mi), a CRISPR-Cas9 plasmid (pCas9), and three sgRNA targeting costimulatory molecules (CD80, CD86, and CD40).[106] The proposed all-in-one nanomedicine was able to effectively co-deliver these components into DCs, in vitro and in vivo, followed by knockout of the three costimulatory molecules and presentation of the 2.5mi peptide on DCs surfaces. CLANpCas9/gCD80,86,40/2.5mi treatment effectively restored autoantigen-specific immune tolerance, inhibited insulitis and inflammation in NOD/Ltj mice with spontaneous autoimmune diabetes.

The delivery of the RNP complex (Figure 5 format c) is the most straightforward method for genome editing. RNP is a negative complex of about 10 nm, consisting of both a positively charged Cas (22 positive charges) and a negatively charged sgRNA (about 100 negative charges). RNP was delivered both in vitro and in vivo using RNP packaging carriers that exploited electrostatic interactions, such as dendrimers, PBAEs, PLL, and chitosan NPs.[103,107]

Up to now, no polyester-based NPs have been developed for RNP delivery and transfection.

The rapid worldwide spread of COVID-19 has led to a public health crisis of an unprecedented scale since the beginning of 2020. The global efforts to discover new diagnostic and therapeutic solutions to tackle the pandemic have involved also the revolutionary CRISPR/Cas system of genome editing. Firstly, CRISPR technology has been successfully used to develop rapid diagnostic devices for COVID-19.[108,109] Recently, the CRISPR/Cas13 system has been proposed for the cleavage of the viral RNA genome inside the infected cells or for prevention of the expression of protein-coding genes of the virus. Cas13 nuclease cleaves single-strand RNA (ssRNA) rather than double-strand DNA (dsDNA), a promising result for gene knockdown applications. The CRISPR-Cas13 based therapy called Prophylactic Antiviral CRISPR in the huMAN cells (PAC-MAN-T6) was proposed for the first time by Abbott et al.[110] Different locations of SARS-CoV-2 RNA genome (i.e. NSP1-NSP16, accessory proteins, and ORF1-10) have been identified as targets for CRISPR/Cas13-based therapy. However, some potential off-target effects and the challenge of delivery in mammalian cells are the main hindrances for the therapeutic use of CRISPR/Cas13 against COVID-19. To the best of our knowledge, no polymeric carriers have been investigated for antiviral CRISPR/Cas13 therapy so far and the current investigated transfection methods consist in lipofection, electroporation, nucleofection, microinjection, and viral vectors.[111]

COVID-19 mRNA Vaccine: Nanotechnology's Role for a Global Race

The SARS-CoV-2 pandemic has set off an international need to develop innovative approaches for COVID-19 management and treatment. Current interventions include vaccines,[9,11,63] therapies targeting the CoV's life cycle,

either blocking cell entry or inhibiting the viral cycle within the host cell,[112,113] and therapies to target the immune response.[114] Despite considerable global efforts and over 300 active clinical evaluations, no effective drugs exist, so far, to combat the pandemic. In this scenario, the pivotal role of nanotechnology in developing ground-breaking mRNA-vaccines delivered by NPs, has emerged wordwide, pushing the boundaries of gene therapy, enabling a swift response to the COVID-19 pandemic. Currently, two forms of nanotechnology-based mRNA vaccines have been explored: conventional mRNA and self-amplifying mRNA derived from the genome of positive-stranded RNA viruses. Conventional mRNA-based vaccines encode the antigen of interest and contain untranslated regions from 5′ and 3′; whereas self-amplifying RNAs encode viral replication mechanism in addition to viral antigen permitting intracellular RNA amplification and profuse protein synthesis.[115] Both approaches share essential elements of a eukaryotic mRNA: a cap structure [m7Gp3N (N, any nucleotide)], a 50 UTR, an open reading frame (ORF), a 30 UTR, and a tail of 40–120 adenosine residues [poly(A) tail]. The self-amplifying mRNA vaccines are able to direct their self-replication through the synthesis of the RNA-dependent RNA polymerase complex, generating multiple copies of the antigen-encoding mRNA. Thus, it is possible to express high levels of the heterologous gene when they are properly delivered into the cytoplasm of host cells. The acquired capability of the mRNA vaccines to mimic the production of viral pathogens-antigens in vivo trigger both host humoral and cellular immune responses. Both the mRNA vaccines which received Emergency Use Authorization for COVID-19 (BioNTech/Pfizer and Moderna) employ LNPs as a carrier which also act as an adjuvant. The nanocapsule included four lipids (cationic lipids, cholesterol, PEGylated lipids, and phospholipids) formulated in a fixed ratio with mRNA. Cationic lipids assist the incorporation of negatively charged mRNA, phospholipids and cholesterol contribute to the NPs structure, the PEG component stabilizes LNPs prolonging their lifespan, even if some researchers speculate that it could be responsible for occasional allergic side effects.[116] The nanocarrier encapsulating mRNA shields it from enzymatic degradation, assure an efficient cellular uptake and shuttles it into cells, where the mRNA encodes the spike (S) protein of SARS-CoV-2. Specifically, mRNA vaccine developed by BioNTech/Pfizer (Comirnaty) consists in mRNA encapsulated in 80 nm ionizable LNPs targeting

the receptor-binding domain (RBD) of the S protein of SARS-CoV-2; it elicits high neutralizing titers as well as Th1-based CD4+ T-cell responses.[117–119] Moderna mRNA-1273 vaccine consists in a synthetic viral mRNA encoding for a stable form of the S protein encapsulated in LNPs.[120] mRNA encodes the S-2P antigen, consisting of the SARS-CoV-2 glycoprotein with a transmembrane anchor and an intact S1–S2 cleavage site. S-2P is stabilized in its prefusion conformation by two consecutive proline substitutions at amino acid positions 986 and 987, at the top of the central helix in the S2 subunit.[118]

Currently, self-assembly represents the main approach for the preparation of most of the non-viral vectors for mRNA delivery, including a large fraction of mRNA vaccines.[121] Self-assembly is an important concept in material science and it entails the formation of supramolecular architectures by a spontaneous arrangement of individual building blocks driven by noncovalent interactions. The mixing of mRNA and the encapsulating materials is often carried out by microfluidic mixers to obtain controlled and reproducible lots. The recent advances in microfluidic technology can allow for scale-up with the precision that is required for Good Manufacturing Practice (GMP) facilities.[121,122] mRNA vaccines formulated in LNPs have enabled a swift response to the pandemic, but issues of stability, currently mitigated by an ultra-cold chain, and the related production cost pose a major hurdle for effective and equitable distribution. To overcome these drawbacks, other nanocarriers including protamine nanoliposomes, PEG-lipid functionalized dendrimers, positively charged oil-in-water cationic nanoemulsions, and cationic polymer (chitosan, PEI, etc.) NPs are investigated, although to the best of our knowledge, no examples are under clinical development.[123]

In the past, native PLGA was studied as a delivery vehicle for DNA vaccine; however, some weaknesses such as the acidification of the microenvironment upon its degradation and the attenuation of immunogenicity of delivered vaccines limited its application in this field.[124] The combination of PLGA with other polymers, such as cationic glycol-chitosan/PLGA and PEI/PLGA, was proposed to improve the stability of the formulation and the performance of transfection of DNA vaccines. Although vaccine carriers based on PLGA are still confined in the laboratory arena,[125] the fundamental delivery attributes of polyester-based NPs, including their ability to integrate multiple potent antigens or antigen-encoding NA, co-deliver appropriate costimulatory molecules, and target specific immune

cells could be useful to induce the well-orchestrated immunity required for an efficient and prolonged protection against SARS-CoV-2 and other viral infection-related respiratory injuries.[126–128] Polyester-based NPs and cationic lipid-assisted nanoparticles may still find a key role in future vaccines, paying special attention to the fundamental formulation aspects that would guarantee a good encapsulation efficiency, cargo stability, optimal size and shape. Moreover, nanoparticles' lyophilization or other drying approaches would offer great advantages in terms of long-term stability of the vaccines.

Beside the two mentioned mRNA vaccines, the management of the pandemic currently benefits from other effective vaccines, that we report in Table 1, pointing out that mass immunization through vaccination represents the highest priority for the control of the SARS-CoV-2 pandemic.[116,120,129]

Conclusion and Future Perspectives

Non-viral gene delivery vehicles, including poly(lactic-co-glycolic acid) and polylactic acid NPs, have been developed to mitigate the side-effects associated with viral delivery carriers, which have a history of safety concerns. In this review, we have discussed the recent advances in the application of polyester-based NPs for the delivery of different types of nucleic acids (e.g. siRNA, mRNA, plasmid DNA, and the revolutionary genome editing machinery CRISPR/Cas), pointing out their excellent biocompatibility and biodegradability, low immunogenicity and easily tailored properties. Safety and biocompatibility of polyester-based nanovehicles are merits that have been assessed in the long term, differently from other emergent nanomaterials proposed for gene delivery, including graphene and carbon nanotubes, whose impact on cell biology still seems partially and fragmentally elucidated. PLGA- and PLA-based NPs are prone to efficiently promote a sustained delivery of foreign nucleic acids to the target tissue, protecting them from enzymatic degradation and immune recognition, improving plasma half-life and cellular uptake and assisting the nucleic acid in escaping from renal and hepatic clearance. They turned out to be able to overcome the limitations of free therapeutics and navigate biological barriers (e.g. systemic, microenvironmental and cellular) that are heterogeneous across patient populations and diseases. The versatile engineering of NPs surface influences solubility, aggregation features, ability to cross physiological barriers, intracellular trafficking, targeting properties, inherent responsiveness to the intracellular environment and release profile.

An intelligent NPs design allows to improve payload delivery, enhancing the performance of precision medicine therapies, thus accelerating their clinical translation. Furthermore, the use of PLGA and PLA NPs enables to effectively combine various therapeutics (e.g. small molecule drugs and NA) and treatment modalities, overcoming the limitations of existing therapies and the multidrug resistance often associated with cancer treatment. Although most of the polyester-based delivery systems are still in the lab-scale, their potentialities could be explored as an avenue of enhancing gene therapeutics production and their clinical applications.

We also believe that further research into the delivery potential of PLGA and PLA nanocarriers for vaccines development is warranted due to their biocompatibility, size consistency, colloidal stability, tunable adjuvant loading, pH responsive release, and antigen functionalizability. Although oncology was the major area where nanotechnological drug carriers had been widely explored before the COVID-19 crisis, nowadays the mRNA vaccines formulated with lipid-based NPs represent the stepping stone for the future of both nanomedicine and gene therapy.

Abbreviations

NA, nucleic acid; NPs, nanoparticles; PLGA, lactic-co-glycolic acid; PLA, polylactic acid; siRNA, short interfering RNA; mRNA, messenger RNA; pDNA, plasmid DNA; CRISPR/Cas, clustered, regularly-interspaced, short palindromic repeats/Cas; COVID-19, Coronavirus Disease 2019; miRNA, microRNA; LNPs, lipid-based nanoparticles; TTR, transthyretin; sgRNA, single guide RNA; CLAN, Cationic Lipid-Assisted Nanoparticles; PEG-PLA, poly(ethylene glycol)/polylactic acid; PEG-PLGA poly(ethylene glycol)/poly(lactic-co-glycolic acid); RISC, RNA-Induced Silencing Complex; GalNAc, N-AcetylGalactosamine; shRNA, short stranded RNA; lncRNA, long non-coding RNA; PRC2, polycomb repressive complex 2; RA, rheumatoid arthritis; UTR, untranslated region; PEI, polyethylenimine; PBAEs, poly(β-amino)esters; CARTs, charge altering releasable transporters; APEs, amino-polyesters; TALE, transcription activator-like effector; PLL, poly(L-lysine); DOTAP/Chol, 1,2 dioleolyl-3-N,N,N,-trimethylammonium-propane/cholesterol; DOTMA, N-(1-(2,3-dioleoyloxy)propyl)-N,N, N-trimethylammonium; OVs, oncolytic viruses; W/O/W, water-oil-water; pDMAEMA, poly(2-dimethylamino)ethyl methacrylate; DC-Chol, dimethylaminoethane carbamoyl cholesterol; CCCP, cationic cell-penetrating peptide;

Table 1 Overview of COVID-19 Vaccines Licensed or Under Development

Vaccine Target	Name	Delivery System/ Formulation	Status
Inactivated virus vaccines, which use inactivated or weakened virus to generate an immune response without disease	PiCoVacc	Inactivated SARS-CoV-2 + alum adjuvant	Clinical trial ongoing
	Sinovac (Sinovac and Instituto Butatan) (known as CoronaVac)	Inactivated SARS-CoV-2 + alum adjuvant	Approved in China and Bahrain. Emergency use in other countries
	Sinopharm (BBIBP-CorV)	Inactivated virus produced in Vero cells	Approved in China. Emergency use in other countries
Vaccines Based on Full-Length S Protein to generate an immune response	Novavax (NVX-CoV2373)	Spontaneous NPs formation; it contains a saponine-based adjuvant	Under review by EMA and FDA
Protein Subunit Vaccine (RBD-Based vaccine) RBD of SARS-CoV-S contains major antigenic epitopes	NCT 04473690 (Kentucky Bioprocessing Inc.)	Recombinant antigenic proteins that induce both neutralizing antibodies and T cell responses	I and II clinical trials (NCT04473690)
Viral vector vaccines, which use non-replicating viral vector as platform to produce coronavirus proteins to generate an immune response	Vaxzevria Oxford/ AstraZeneca (AZD1222)	Chimpanzee Ad (ChAdOx1) expressing the gene of S protein	Approved in Brazil. Emergency use in the UK, EU, other countries. Stopped use in Denmark.
	Gam-COVID-Vac (Sputnik V)	Modified Ad26 and Ad5 viruses containing the gene for S protein	Approved in Russia; under review by EMA
	Janssen (Johnson & Johnson) (JNJ-78436735)	Recombinant, replication-incompetent Ad26 expressing the S protein	FDA/ EMA approved
	Ad5-nCoV CanSinoBio	Recombinant Novel Coronavirus Vaccine (Adenovirus Type 5 Vector)	
RNA vaccines: is a cutting-edge approach that uses genetically engineered RNA to generate a protein that itself safely prompts an immune response	Comirnaty (BioNTech/ Pfizer)	Lipid NPs	FDA/ EMA approved
	Moderna	Lipid NPs	FDA/ EMA approved
	CureVac (CVnCoV vaccine)	Lipid NPs	Results of phase 2b/3 (June 2021) indicated an efficacy of 47% in symptomatic disease, lower than 50% and 70% efficacy requested by the FDA and OMS, respectively.[130,131]

(*Continued*)

Table 1 (Continued).

Vaccine Target	Name	Delivery System/ Formulation	Status
DNA vaccines which use plasmid DNA to generate a protein that prompts an immune response	AG0301-COVID19 (AnGesInc)	Plasmid encoding S protein	Phase 1/2
	INO-4800 (Inovio Pharmaceuticals)	DNA with electroporation	Phase 2–3 (USA) (NCT04642638)

pGFP: green fluorescent protein encoding plasmid; HEK 293, human embryonic kidney 293 cell line; RA, retinoic acid; QDs, quantum dots; FA, folic acid; RGD, arginyl-glycylaspartic acid; IKVAV, isoleucine-lysine-valine-alanine-valine; PC12, rat pheochromocytoma cell line; HCC, hepatocellular carcinoma; TK−p53−NTR, thymidine kinase−p53−nitroreductase plasmid; GDEPT, gene-directed enzyme−prodrug therapy; GCV, ganciclovir; US, ultrasound; MB, microbubble; TNBC, triple-negative breast cancer; Gpc3, glypican-3; ARC, apoptosis repressor with caspase recruitment domain; CTAB, cetyltrimethy-lammonium bromide; DMAB, didodecyldimethylammonium bromide; CLSM, confocal laser scanning microscopy; FACS, fluorescence-activated cell sorting; BTK, Bruton's tyrosine kinase; BHEM-Chol, N,N-bis (2-hydroxyethyl)-N-methyl-N-(2-cholesteryloxycarbonyl aminoethyl) ammonium bromide; OVA, ovalbumin; DCs, dendritic cells; TLR, Toll-like receptors; SLA, soluble-antigen of Leishmania; iNOS, inducible nitric oxide synthase; RBC, red blood cell; bFGF, basic fibroblast growth factor; VEGFA, vascular endothelial growth factor A; PDGF-B, platelet derived growth factor; DFU, diabetic foot ulceration; IL15, interleukin-15; IL-12, interleukin-12; PEO, poly(ethylene oxide); ROP, ring opening polymerization; PTX, paclitaxel; PEG-PAsp, PEG-block-poly (l-aspartic acid sodium salt); DOX·HCl, doxorubicin hydrochloride; Plk1, polo-like kinase 1; RNP, ribonucleo-protein; ssRNA, single-strand RNA; dsDNA, double-strand DNA; ORF, open reading frame; S, spike protein; RBD, receptor-binding domain; GMP, Good Manufacturing Practice.

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Disclosure

The authors report no conflicts of interest in this work.

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