### ORIGINAL RESEARCH

# Real-World Outcomes of Intravitreal Aflibercept for Neovascular Age-Related Macular Degeneration: A Large-Scale Postmarketing Surveillance in Korea

### Gahyung Ryu D<sup>1,2</sup> Donghyoun Noh<sup>1,2</sup> Guihyun Moon<sup>3</sup> Min Sagong D<sup>1,2</sup>

<sup>1</sup>Department of Ophthalmology, Yeungnam University College of Medicine, Daegu, Republic of Korea; <sup>2</sup>Yeungnam Eye Center, Yeungnam University Hospital, Daegu, Republic of Korea; <sup>3</sup>Bayer Korea Ltd, Seoul, Republic of Korea **Purpose:** To investigate the efficacy and safety of intravitreal aflibercept (IVT-AFL) in Asian patients with neovascular age-related macular degeneration (nAMD) in a real-world clinical setting.

**Patients and Methods:** In this analysis of a prospective, regulatory, postmarketing surveillance study for IVT-AFL, 3115 patients with nAMD were included and followed for 8 months. The mean changes in best-corrected visual acuity (BCVA) and central retinal thickness (CRT) were analyzed using last observation carried forward method. A post hoc subgroup analysis and a multivariate logistic regression analysis were also performed to assess factors related to treatment outcomes.

**Results:** Mean BCVA improved from 0.62 to 0.51 logarithm of minimum angle resolution and mean CRT decreased from 383.3 to 289.7  $\mu$ m, with a mean of 3.4 injections during the 8-month follow-up. In the subgroup analysis, patients who had received 3 initial monthly doses had significantly better anatomical improvements than those treated as needed. Patients with confirmed polypoidal choroidal vasculopathy (PCV) had significantly better anatomical improvements and better visual recovery than those with other types of nAMD. The multivariate regression analysis demonstrated that age, injection number, PCV, and baseline BCVA were significantly associated with higher odds of gaining 3 lines at 8 months, and sex, injection number, PCV, and baseline CRT were associated with CRT  $\leq$ 250  $\mu$ m at 8 months. No new safety findings were identified.

**Conclusion:** IVT-AFL was effective and well tolerated in a real-world setting with a large number of Asian patients with nAMD. Number of injections and PCV were important determinants for improved treatment outcomes.

**Keywords:** affibercept, Asian, neovascular age-related macular degeneration, polypoidal choroidal vasculopathy, postmarketing surveillance, real-world

### Introduction

Age-related macular degeneration (AMD) is one of the leading causes of blindness in adults older than 65 years.<sup>1</sup> As the aging population grows, the number of patients with AMD is expected to continue to increase.<sup>2–5</sup> Currently, the established standard of care for neovascular AMD (nAMD) is anti–vascular endothelial growth factor (VEGF) agents.<sup>6</sup>

Although many landmark clinical trials have shown that anti-VEGF treatment may optimise functional outcomes, generalisability and replication of findings in the real world can be limited by protocol-required inclusion/exclusion criteria and

Clinical Ophthalmology 2021:15 3601-3611

Correspondence: Min Sagong Department of Ophthalmology, Yeungnam University College of Medicine, 170 Hyunchungro, Nam-gu, Daegu, 42415, Republic of Korea Tel +82-53-620-3443 Fax +82-53-626-5936 Email msagong@yu.ac.kr treatment patterns during clinical trials that result in a high degree of motivation for treatment, and regular follow-up. $^{7-10}$ 

Real-world evidence suggests that anti-VEGF treatment is not always dosed according to recommendations and patients generally receive fewer doses than label recommendations, sometimes resulting in substantial differences in treatment outcomes compared with clinical trials.<sup>11–13</sup> Additionally, most international clinical trials predominantly include white patients, whereas the characteristics of nAMD in East Asian populations differ in many respects. For example, in East Asian populations, it is more common to observe male preponderance, a higher rate of polypoidal choroidal vasculopathy (PCV), a lower rate of retinal angiomatous proliferation, and genetic variants associated with AMD.<sup>14–22</sup>

(EYLEA<sup>®</sup>. Intravitreal aflibercept Regeneron. Tarrytown, NY, and Bayer HealthCare, Berlin, Germany), a fusion protein with binding domains from VEGF receptors, has been reported to have a substantially higher binding affinity for VEGF and potentially longer duration of action in the eye than ranibizumab (Lucentis<sup>®</sup>, Genentech, Inc., San Francisco, CA, USA) or bevacizumab (Avastin<sup>®</sup>; Genentech, Inc., San Francisco, CA, USA).23,24 Although several studies have investigated the efficacy and safety of intravitreal aflibercept (IVT-AFL) in Asian patients with nAMD, most of the studies have taken place retrospectively or in a randomised controlled trial setting in small samples of Asian patients with nAMD.<sup>25-29</sup> The current study investigates the effectiveness and safety of IVT-AFL in a realworld clinical setting in Korean patients with nAMD, using large-scale postmarketing surveillance (PMS) study data.

## Materials and Methods Korean PMS Study: An Observational Study

This study was a prospective, multicenter, observational study. After approving IVT-AFL for nAMD in March 2013 by the Korean Ministry of Food and Drug Safety, the regulatory PMS study was conducted from May 2014 to March 2019 to evaluate the clinical safety and effectiveness of IVT-AFL in routine clinical practice. According to the Ministry of Food and Drug Safety guide-lines, the minimum regulatory requirement for recruitment was 3000 patients; but assuming a 20% drop-out rate, 3750 patients were sought. Patients who were diagnosed with nAMD and for whom IVT-AFL was planned to be

given for the first time were enrolled. Patients who received any other anti-VEGF agent within 90 days prior to enrollment were excluded from the PMS study.

### Study Population

As of March 2019, 3189 patients were enrolled in the PMS study. Of these, 3169 patients who had at least 1 injection were included in the safety analysis set excluding 1 duplicate patient, 9 patients who had consented prior to the contract date of the study sites, 8 patients who had did not receive IVT-AFL, and 2 patients in whom inclusion/ exclusion criteria were not met. Among those 3169 patients who were included in the safety analysis set for the PMS study, 3115 patients with nAMD were included in the safety analysis set for this post hoc analysis of PMS study. Patients in the safety analysis set who had both baseline data and at least 1 effectiveness data measurement after injection comprised the effectiveness set. Further, 2864 patients who had at least one best-corrected visual acuity (BCVA) measurement after injection were included in the BCVA effectiveness analysis set, and 2932 patients who had at least one central retinal thickness (CRT) measurement after injection were included in the CRT effectiveness analysis set. The disposition of patients in this study is described in Figure 1

### Study Outcomes and Measurements

The primary efficacy outcome measure was the mean change in BCVA over 8 months. The secondary outcome measures were mean change in CRT over 8 months, mean number of injections during follow-up, number of cases with systemic and ocular adverse events (AEs) and adverse drug reactions (ADRs, where the causal relationship was assessed by the clinician and the AE considered an ADR unless the causal relationship was "unlikely").

Demographics and baseline characteristics including medical history and previous ocular treatment were collected at the first visit. Data on subtype of nAMD were determined based on investigators' clinical judgment. Fluorescein angiography and indocyanine green angiography were not mandatory. Thus, the cases with diagnostic ambiguity were classified as unknown. Effectiveness data, assessed using BCVA and CRT, were collected at every visit. BCVA was evaluated using Snellen charts and converted to logarithm of minimum angle resolution (logMAR) for statistical analysis. The number of IVT-AFL injections administered overall and visit frequency were also collected. The incidence of AEs and ADRs that



Figure I Distribution of patients included in the study.

Abbreviations: BCVA, best-corrected visual acuity; CRF, case report form; CRT, central retinal thickness; LOCF, last observation carried forward; nAMD, neovascular agerelated macular degeneration.

could not be excluded from a causal relationship with IVT-AFL injection during follow-up were also evaluated as a safety analysis. AEs were classified as system organ class and preferred term using MedDRA version 21.1. The case number of reported AEs, ADRs, serious AEs, and serious ADRs were summarised by dividing into systemic and ocular AEs.

### Statistical Analysis

Changes in BCVA and CRT after IVT-AFL treatment were assessed using the paired t test. The missing data for BCVA and CRT during the study were analyzed using last observation carried forward (LOCF). Eyes were classified into three groups by BCVA changes as improved (BCVA improvement ≥0.3 logMAR), maintained (BCVA change <0.3 logMAR), and deteriorated (BCVA worsening  $\geq 0.3 \log MAR$ ). Subgroup analysis was performed according to administration of three initial monthly doses defined as at least three injections at intervals of 1 month  $\pm$  14 days (complete initial doses vs incomplete initial doses) or nAMD subtype (PCV vs non-PCV). Chi-square test or Fisher's exact test for categorical data and t test for continuous variables were performed to compare baseline characteristics and effectiveness between subgroups. To investigate factors associated with any visual acuity (VA) improvement of more than 3 lines (0.3 logMAR) and CRT under 250 µm at 8 months, a multivariate logistic regression analysis was then performed including factors that were significant in the univariate analysis. The analyses were performed using SAS, version 9.4 (SAS Institute Inc., Cary, NC, USA), and the test statistics were the

results of two-sided tests with a statistically significant level of 0.05.

## Results

### **Baseline Characteristics**

At baseline, mean age was 70.0 $\pm$ 8.9 years and 61.8% of the patients were male. Mean BCVA was 0.62 $\pm$ 0.40 logMAR, and mean CRT was 383.3 $\pm$ 138.2 µm. Mean duration of nAMD was 16.3 $\pm$ 119.9 days (median, 1 day; Q1-Q3, 1 day-6 days), and 96.3% of patients had nAMD diagnosis for less than 1 month. Of all patients, 99.3% were treatment naïve, and of the 0.7% of pretreated patients, injections of other anti-VEGF agents (61.9%) were the most common pretreatment, followed by photocoagulation (19.1%), photodynamic therapy (9.5%), and surgery (9.5%). PCV (26.5%) was the most common subtype of nAMD, although the type of nAMD was unknown in 24.4% (Table 1).

As a result of IVT-AFL treatment over 8 months, patients were administered an average of  $3.4\pm1.0$  injections and visited the hospital for a total of  $4.5\pm1.5$  visits (Table 2). Among the 3115 patients, 1150 (36.9%) were followed-up for more than 8 months. These patients were administered an average of  $3.6\pm1.0$  injections and had an average of  $5.7\pm0.6$  visits in 8 months.

### Visual and Anatomical Outcomes

Mean BCVA improved from  $0.62\pm0.40 \log$ MAR at baseline to  $0.57\pm0.40$  at 1 month,  $0.54\pm0.41$  at 2 months,  $0.54\pm0.41$  at 3 months,  $0.52\pm0.41$  at 4 months,  $0.52\pm0.41$  at 5 months,  $0.51\pm0.41$  at 6 months,  $0.51\pm0.41$  at 7 months, and  $0.51\pm0.42$  at 8 months (P < 0.001 for all time points)

<b>Table</b>		Baseline Patie	nt Demog	raphics and	l Disease	Characteristics
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Variable	Total (n=3115)
Age (years)	70.0±8.9
Age Group, n (%)	
<50 years	21 (0.7)
50–59 years	398 (12.8)
60–69 years	1052 (33.8)
70–79 years	1182 (38.0)
≥80 years	462 (14.8)
Sex, n (%)	
Male	1925 (61.8)
Female	1190 (38.2)
Baseline BCVA, logMAR	0.62±0.40
Duration of nAMD, days (median; Q1, Q3)	16.3±119.9 (1.0; 1.0, 6.0)
Duration Category <sup>a</sup> , n (%)	
<i month<="" td=""><td>2266 (96.3)</td></i>	2266 (96.3)
I – <3 months	41 (1.7)
≥3 months	46 (2.0)
Pretreatment of nAMD, n (%)	21 (0.7)
PDT	2 (9.5)
Photocoagulation	4 (19.1)
Surgery	2 (9.5)
Other anti-VEGF agents	13 (61.9)
Subtype of nAMD, n (%)	
PCV	825 (26.5)
Non-PCV	1529 (49.1)
Occult CNV	622 (40.7)
Predominantly classic CNV	604 (39.5)
Minimally classic CNV	189 (12.4)
RAP	100 (6.5)
Other	14 (0.9)
Unknown	761 (24.4)

Notes: Values are mean±standard deviation unless otherwise noted. <sup>a</sup>A total of 762 patients were excluded for analysis of duration.

**Abbreviations:** BCVA, best-corrected visual acuity; CNV, choroidal neovascularization; logMAR, logarithm of the minimum angle of resolution; nAMD, neovascular age-related macular degeneration; PCV, polypoidal choroidal vasculopathy; PDT, photodynamic therapy; RAP, retinal angiomatous proliferation; VEGF, vascular endothelial growth factor.

(Figure 2A). The proportion of patients whose BCVA improved by more than 0.3 logMAR gradually increased from 12.46% at 1 month to 24.6% at 8 months. Furthermore, during the observation period, less than 8% of patients had a deterioration in vision of  $\geq$ 0.3 logMAR (Figure 3).

The mean CRT declined from  $383.3\pm138.2 \ \mu m$  at baseline to  $317.0\pm124.4 \ \mu m$  at 1 month,  $299.3\pm120.7 \ \mu m$  at 2 months,  $295.4\pm119.1 \ \mu m$  at 3 months,  $289.2\pm115.2 \ \mu m$  at 4 months,  $289.0\pm113.9 \ \mu m$  at 5 months,  $289.5\pm113.4 \ \mu m$  Table 2 Treatment Exposure Over 8 Months

Variables	Total (n=3115)
Mean number of injections	3.4±1.0
Patients with I to 5 Injections, n (%)	
l injection	215 (6.9)
2 injections	518 (16.6)
3 injections	1376 (44.2)
4 injections	596 (19.1)
5 injections	410 (13.2)
Mean number of visits	4.5±1.5
Patients with I to 6 Visits, n (%)	
l visit	66 (2.1)
2 visits	277 (8.9)
3 visits	586 (18.8)
4 visits	540 (17.3)
5 visits	491 (15.8)
6 visits	1155 (37.1)

Note: Values are mean±standard deviation unless otherwise noted.

at 6 months,  $291.0\pm114.8 \ \mu m$  at 7 months, and  $289.7 \pm 112.9 \ \mu m$  at 8 months (P < 0.001 for all) (Figure 2B).

# Subgroup Analysis of Outcomes Depending on Initial Dosing Regimen

Of the 3115 patients whose data were analyzed, 733 patients who received less than 3 injections during the study period were excluded. Of the remaining 2382 patients, 1759 patients (73.8%) received three initial monthly doses. Comparing those who completed three initial monthly doses to patients that did not, the group that completed initial dosing had fewer males (60.3% vs 65.8%, P = 0.014), a shorter mean nAMD duration (8.5±59.0 days vs 28.2±168.5 days, P = 0.009), and received more injections (3.6±0.8 injections vs 3.5±0.7 injections, P < 0.001), although there was no significant difference in age or the presence of pretreatment between groups (Supplementary Table S1).

The BCVA at every month was found to be generally improved in those who received three initial monthly doses compared with those that did not, but a significant difference was observed only at 7 months (Figure 4A). CRT reduction was also greater in those with three initial monthly injections, and significant differences were observed at every month except for the first month and third month (Figure 4B).

# Subgroup Analysis of Outcomes Depending on Subtype of nAMD

Comparing the 825 patients with confirmed PCV (26.5%) and 1529 patients with non-PCV (49.1%) (Table 1), the



Figure 2 BCVA and CRT over 8 months. (A) BCVA (logMAR), (B) CRT (μm). Abbreviations: BCVA, best-corrected visual acuity; CRT, central retinal thickness; LOCF, last observation carried forward; logMAR, logarithm of minimum angle resolution.



Figure 3 Proportion of patients with vision outcome (3 categories) compared to baseline.

Abbreviations: LOCF, last observation carried forward; logMAR, logarithm of minimum angle resolution.

PCV patient group was younger (68.9 $\pm$ 8.9 years vs 71.6  $\pm$ 9.0 years, *P* < 0.001), included more males (male 69.0% vs 60.2%, *P* < 0.001), and had more injections (3.4 $\pm$ 1.0 injections vs 3.2 $\pm$ 1.1 injections, *P* < 0.001), although there was no significant difference of disease duration and the presence of pretreatment between groups (Supplementary Table S2).

The BCVA was generally improved in the PCV group compared with non-PCV group at every month, but significant differences were observed only after 3 months (Figure 5A). CRT reduction was also greater in the PCV group compared patients without PCV, and significant differences were observed at every month except for the first, 4th, and 5th month (Figure 5B).

A 0.00 0.02 0.00 0.0	ne (LOCF)	) 2 Mor	the state of the s	1 4 Mont Market	ths (LOCF)	6 Mont	ths (LOCF)	8 Month	T (LOCF)	B -20 - -20 - -40 - -00 - -00 - -00 - -100 - -120 - -120 - -120 - -120 - -120 - -120 -	e (LOCF)	2 Mon	ths (LOCF)	4 Mont Mining dose of	* hs (LOCF) onths	* 6 Mont	* arting dose	* 8 Month	* • • • • • • • • • • • • • • • • • • •
LOCE	Baseline	— Total —	Loa	ading dose o	- 4 months	5 months	ading dose	incom plete	8 months	LOCE	Baseline	— Total —	Loa	ding dose o	omplete -	- Lo:	ading dose	7 months	8 months
Total	0	-0.05±0.24	-0.07±0.28	-0.08±0.29	-0.10±0.30	-0.10±0.31	-0.10±0.32	-0.10±0.33	-0.11±0.34	Total	0	-66.3±97.9	-84.1±110.0	-88.0±113.8	-94.1±117.3	-94.4±120.3	-93.8±122.4	-92.3±121.9	-93.6±122.1
Loading dose complete	0	-0.05±0.25	-0.09±0.30	-0.09±0.31	-0.12±0.32	-0.12±0.33	-0.13±0.34	-0.13±0.35	-0.13±0.36	Loading dose complete	0	-75.1±100.8	-98.9±114.4	-102.6±116.9	-111.2±121.0	-111.3±125.5	-110.8±127.4	-108.6±127.1	-111.0±126.4
Loading dose incomplete	0	-0.04±0.26	-0.06±0.27	-0.09±0.30	-0.09±0.30	-0.10±0.33	-0.11±0.32	-0.10±0.33	-0.10±0.33	Loading dose incomplete	0	-70.6±105.6	-83.6±111.0	-93.7±122.6	-98.6±122.5	-99.7±123.9	-98.1±128.9	-95.6±127.0	-94.5±128.6
P-value (t-test)		0.649	0.056	0.770	0.076	0.116	0.154	0.043	0.073	P-value (t-test)		0.344	0.004	0.109	0.026	0.046	0.034	0.028	0.005

Figure 4 Mean change of BCVA and CRT depending on initial monthly dosing status (whether patients received three initial injections given at intervals of 1 month  $\pm$  14 days). (A) Mean change of BCVA depending on initial monthly dosing status. (B) The mean change of CRT depending on the initial monthly dosing status. \*P < 0.05. Abbreviations: BCVA, best-corrected visual acuity; CRT, central retinal thickness; LOCF, last observation carried forward; logMAR, logarithm of minimum angle resolution.



LOCF	Baseline	1 month	2 months	3 months	4 months	5 months	6 months	7 months	8 months	LOCF	Baseline	1 month	2 months	3 months	4 months	5 months	6 months	7 months	8 months
Total	0	-0.04±0.26	-0.07±0.30	-0.08±0.31	-0.09±0.32	-0.10±0.33	-0.10±0.34	-0.10±0.35	-0.10±0.36	Total	0	-74.5±106.5	-92.1±118.1	-96.9±122.2	-102.3±125.8	-102.5±129.5	-101.2±131.9	-99.0±131.7	-99.9±131.6
PCV	0	-0.05±0.26	-0.08±0.32	-0.09±0.32	-0.12±0.33	-0.13±0.33	-0.13±0.34	-0.13±0.35	-0.14±0.35	PCV	0	-79.0±108.3	-100.3±122.0	-106.2±124.9	-109.2±126.9	-108.5±126.9	-109.8±128.3	-108.2±129.0	)-108.0±126.4
Non-PCV	0	-0.04±0.26	-0.06±0.29	-0.07±0.30	-0.08±0.31	-0.09±0.33	-0.08±0.34	-0.08±0.35	-0.08±0.36	Non-PCV	0	-72.2±105.4	-87.6±115.7	-91.9±120.4	-98.6±125.1	-99.3±130.8	-96.6±133.6	-94.0±132.9	-95.5±134.1
P-value (t-test)		0.369	0.128	0.042	0.004	0.003	0.001	0.002	<0.001	P-value (t-test)		0.138	0.013	0.007	0.052	0.099	0.021	0.013	0.028

Figure 5 Mean change of BCVA and CRT depending on subtypes of nAMD. (A) The mean change of BCVA depending on subtypes of nAMD (PCV vs non-PCV). (B) the mean change of CRT depending on subtypes of nAMD (PCV vs non-PCV). \*P < 0.001, \*\*P < 0.05.

Abbreviations: BCVA, best-corrected visual acuity; CRT, central retinal thickness; LOCF, last observation carried forward; logMAR, logarithm of minimum angle resolution.

Variables	3-1	ine Gainers	CRT ≤ 250 µm			
	P-value	OR (95% CI)	P-value	OR (95% CI)		
Age, years	<0.001	0.97 (0.96, 0.98)	0.057	1.01 (1.00, 1.02)		
Sex, male vs female	0.647	1.05 (0.86, 1.27)	0.027	0.83 (0.71, 0.98)		
Number of injections	<0.001	1.56 (1.45, 1.68)	<0.001	1.43 (1.35, 1.51)		
Subtype of nAMD (patients with vs without confirmed PCV)	0.001	1.44 (1.16, 1.78)	0.007	1.28 (1.07, 1.53)		
Baseline CRT, µm	0.385	1.00 (1.00, 1.00)	<0.001	0.99 (0.99, 0.99)		
Baseline BCVA, logMAR <sup>a</sup> First Quartile						
Second quartile	<0.001	15.58 (8.68, 27.96)	0.100	0.84 (0.68, 1.04)		
Third quartile	<0.001	41.44 (23.27, 73.81)	0.717	1.04 (0.84, 1.29)		
Fourth quartile	<0.001	98.00 (54.56, 176.03)	0.236	1.16 (0.91, 1.47)		

Table 3 Multivariate Regression Analysis Associated with BCVA and CRT Outcome at 8 Months

Notes: <sup>a</sup>Baseline BCVA was classified through quartiles: first quartile  $-0.079 \le$  BCVA (logMAR)  $\le 0.301$ ; second quartile 0.301  $\le$  BCVA (logMAR)  $\le 0.523$ ; third quartile 0.523  $\le$  BCVA (logMAR)  $\le 0.824$ ; fourth quartile 0.824  $\le$  BCVA (logMAR)  $\le 2.000$ .

Abbreviations: BCVA, best-corrected visual acuity; CI, confidence interval; CRT, central retinal thickness; nAMD, neovascular age-related macular degeneration; OR, odds ratio; PCV, polypoidal choroidal vasculopathy.

# Multivariate Analysis of Factors Associated with Treatment Outcomes at 8 Months

A multivariate regression analysis indicated that younger age (P < 0.001), frequent injections (P < 0.001), PCV (P = 0.001), and having a worse baseline BCVA (P < 0.001) were significantly associated with higher odds of gaining 3 lines at 8 months. Additionally, females (P = 0.027), having frequent injections (P < 0.001), PCV (P = 0.007), and a lower baseline CRT (P < 0.001) were significantly associated with higher odds of a CRT less than 250 µm at 8 months (Table 3).

## Safety Outcomes

Eight months after initiation of IVT-AFL, a total of 46 systemic (1.22%) and 67 ocular AEs (1.83%) and 21 systemic (0.61%) and 41 ocular (1.22%) ADRs were reported. Among the reported AEs, a total 10 systemic serious AEs and 1 serious ADR were reported. Details of safety outcomes are presented in <u>Supplementary Table S3–S6</u>.

The occurrence and incidence of AEs were consistent with those observed in other studies and no new safety signals were observed during the 8 months after initiation of IVT-AFL treatment.<sup>10</sup>

## Discussion

This study reports a visual gain of 0.11 logMAR (equivalent to 5 letters) at 8 months. This improvement is approximately 3-4 letters better than that reported in the 1-year results of the pivotal VIEW 1 and 2 trials (7.9 letters in VIEW 1 and 8.9 letters in VIEW 2).<sup>10</sup> Although the 8-month results were not specifically reported in those trials, the results from 1 year were used for comparison as BCVA improvement plateaued after 3 initial monthly doses and was maintained for up to 1 year.<sup>10</sup> Differences in BCVA outcomes between realworld evidence studies and clinical trials are not unexpected since real-world evidence studies should allow for the inclusion of eyes with a wider range of baseline BCVA and choroidal neovascularization lesions, as well as those with structural damage at the fovea, and may include confounders such as cataracts, which would be excluded from clinical trials. Further, BCVAs recorded here are not equivalent to refracted protocol-standardised VA measurements seen in clinical trials, and as such, may show less VA gained compared with a clinical trial-recorded VA measurement. Fewer injections may also have influenced the results. The injection number of the patients in VIEW 1 and VIEW 2 trials during 1-year was 7.5 injections and that of this observational study during 8 months was 3.4 injections.<sup>10</sup> The results from previous studies revealed that although anti-VEGF treatment resulted in an initial improvement in BCVA, this was not maintained over time in real clinical practice due to treatment discontinuation.<sup>30-</sup> <sup>32</sup> In this study, only 36.9% of patients completed the 8-month study period, but even these patients received an average of 3.6 injections, which was not significantly different from the overall average, suggesting that flexible dosing in a real-world setting may result in fewer injections.

Despite the above observations, approximately 92.4– 94.6% of patients improved or maintained vision for the 8-month observation period, and CRT reduction at month 8 was –93.61  $\mu$ m. Considering that 1-year result seen in clinical trials (–128.5  $\mu$ m in VIEW 1 and –149.2  $\mu$ m in VIEW 2), the difference of CRT was approximately 34.89  $\mu$ m and 55.59  $\mu$ m, respectively.<sup>10</sup> In clinical trials, CRT was reduced rapidly by week 4 and maintained at week 52.<sup>10</sup> Similarly, initial improvements in BCVA and CRT were maintained up to 8 months in this observational study. The results are comparable with previous clinical trials, precluding the possibility of significant undertreatment in real-world settings, despite fewer injections.

Although there are fewer studies evaluating real-world efficacy of IVT-AFL for nAMD because of its more recent approval, the results of our study of an approximately 5-letter BCVA gain over 8 months are also favourable compared with the previous IVT-AFL observational studies. In the 12-month outcome of the RAINBOW study, conducted on 586 French patients with nAMD, the mean change in BCVA at 8 months was demonstrated to be between 5.0 letters at 6 months and 5.5 letters (4.5 letters using LOCF approach) at 12 months.<sup>33</sup> Similarly, an observational study including 197 eves from the Fight Retinal Blindness database reported BCVA improvement of 4.3 letters at 12 months, and 109 eyes from retrospective analysis of electronic medical record in United Kingdom reported BCVA improvement of 5.4 letters at 12 months.<sup>34,35</sup> However, observational studies including larger datasets reported reduced visual improvements; 2.9  $\pm$  16.8 letters at 12 months in a study including 848 German patients with nAMD,  $2.74 \pm 7.06$  letters at 12 months in a study including 31 Portugal patients with nAMD, and -0.39 letters at 12 months in a study including 4300 American patients with nAMD.<sup>36–38</sup> Although direct comparison is not possible due to the different study periods and demographics, our study reported relatively superior results with more than 3000 patients, most likely because most patients were treatment naïve and had a shorter disease duration. Korean patients can easily visit retinal clinics without referral from primary physicians, and the short distance from home to clinics or hospitals in Korea might enable early detection and timely treatment for patients with nAMD. It has been established that a delay from symptoms to anti-VEGF treatment is associated with a reduced BCVA outcome.<sup>39,40</sup> Timely initiation of anti-VEGF treatment might also explain the favourable visual outcome in the Korean nAMD population in the current study compared with previous realworld setting studies.<sup>41</sup>

According to the approved label of Korea, the IVT-AFL recommended dose for nAMD is three initial monthly doses, followed by one dose every 8 weeks. The use of initial monthly doses was known to be important for maximizing the initial visual gain and many previous studies highlighted the importance of this for VA improvements.<sup>30,42–44</sup> Despite the real-world setting, 73.8% of patients received the three initial monthly doses in this study, and showed better treatment outcomes during the 8-month follow-up period than those who did not. The results of this PMS study, which are comparable to those of clinical trials, are assumed to be due to the stricter adherence to this initial treatment period in Korean patients with nAMD. Additionally, a high proportion of patients with PCV may have contributed to the results. In the current study, 26.5% were diagnosed with PCV, which may have been an underestimate given that indocyanine green angiography was not mandatory. Furthermore, patients with PCV achieved better treatment outcomes during the 8 months than patients without PCV. As the prevalence of PCV is known to be around 4–14% in white patients with nAMD, this study included a higher incidence of PCV than in clinical trials.<sup>45</sup> Because PCV takes a relatively stable long-term course of disease, patients with PCV may achieve relatively better efficacy on IVT-AFL than other types of nAMD, especially in the short term.<sup>46</sup> In particular, since this study included more than 96% of patients with a disease duration of less than 1 month and evaluated the short-term efficacy for 8 months, eyes with PCV would achieve better treatment outcomes for IVT-AFL. Simple comparisons should be interpreted with caution, in view of inevitable differences in baseline characteristics between subgroups, as it is an observational study. However, even after adjusting for the confounding factors, the multivariate regression analysis demonstrated the injection number and subtype of nAMD (PCV or not) to be potential prognostic predictors for treatment of nAMD. The association of worse baseline BCVA with better VA gain and thinner baseline CRT with better CRT reduction is also generally consistent with previous studies.47-51 These determinants related to treatment response of IVT-AFL to nAMD from real-world data would be informative for managing treatment.

The incidence rate of systemic and ocular AEs was under 2% during the observation period (1.22% and 1.83%, respectively). Of these, there were 3 serious ADRs including one case each of transient ischemic attack, endophthalmitis, and macular hole. The safety outcome of this study revealed lower incidence than in VIEW, possibly due to differences in reporting of AEs between randomised and observational studies, with the possibility of under-reporting. These findings were, however, consistent with the known safety profile of IVT-AFL in nAMD.<sup>10</sup>

There are several limitations of this observational study. First, there were no detailed inclusion and exclusion criteria. Thus, heterogeneous nAMD patients with wide spectrums of baseline clinical characteristics were included, who were treated using different retreatment criteria and follow-up intervals per standard practices at each center. This might have affected the outcome analysis; but conversely, it can also be considered a strength of the study, since it could reveal the treatment outcomes in real clinical practice and provide answers to questions that even well-designed clinical trials cannot address. Second, the follow-up period was relatively short at 8 months. Exploring long-term outcomes of anti-VEGF treatment in nAMD is important given the chronic nature of the disease. An extended study with longer follow-up would be needed. Third, due to the nature of a realworld-based study, different patients can contribute to the data observed at each visit. Considering this, LOCF was used for analysis, but since LOCF analysis relies on the assumption that BCVA and CRT remain constant after loss to followup, this can inflate or deflate study results due to this assumption method. Finally, BCVA was measured with Snellen and then converted to logMAR scale for analysis, making it difficult to accurately compare it with randomised controlled trial data.

In conclusion, this observational PMS study showed the effectiveness and safety of IVT-AFL in more than 3000 Asian patients with nAMD in real clinical practice. Intravitreal affibercept injections for nAMD showed effectiveness and safety comparable to that in clinical trials, even though this study was a real-world clinical practice study with fewer injections. In particular, the patients who received three initial monthly injections and patients with PCV subtype showed better treatment response. Both number of injections and PCV were important determinants for improved treatment outcomes. During this observational study, there were no new safety signals and safety profile

was maintained. This real-world study showed that intravitreal aflibercept treatment was effective and well tolerated in a real-world setting with a large number of Asian patients with nAMD.

### **Data Sharing Statement**

The datasets used and/or analyzed during the current study are available from the corresponding author on reasonable request.

### **Statement of Ethics**

Before conducting the study, institutional ethics approval was obtained from the Institutional Review Board of each participating study sites and the study was registered on ClinicalTrials.gov (NCT01783925). A complete list of study sites and investigators is in the <u>Supplementary</u> <u>Table S7</u>. Patients have given their written informed consent. All decisions in terms of diagnostic procedures, treatments, and management of the disease were fully dependent on mutual agreements between the patients and the investigator, following the principles of the Declaration of Helsinki.

### Acknowledgments

The authors thank the investigators and their patients who participated in this PMS study. The authors thank Hyeseon Lee from Dream CIS Ltd., for medical writing and editorial support for this manuscript.

### Disclosure

Min Sagong received research grants and consultation fees from Bayer, Novartis, and Allergan. Guihyun Moon is an employee of Bayer Korea, Seoul, Republic of Korea; also reports that Bayer Korea sponsored the study and was involved in the study conception, design, protocol writing, study coordination, data analysis, data interpretation, manuscript writing, editing, and submission, and reports that Dream CIS company, was a Contract research organization involved with data analysis, manuscript preparation and editing. Gahyung Ryu has nothing to declare. Donghyoun Noh has nothing to declare.

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