ORIGINAL RESEARCH

## Development of AEI47 Peptide-Conjugated Nanocarriers for Targeting uPAR-Overexpressing Cancer Cells

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Correspondence: Kyung Taek Oh College of Pharmacy, Chung-Ang University, 221 Heukseok-dong, Dongjakgu, Seoul, 06974, Republic of Korea Tel +82-2-824-5617 Email kyungoh@cau.ac.kr **Purpose:** An AE147 peptide-conjugated nanocarrier based on PEGylated liposomes was developed in order to target the metastatic tumors overexpressing urokinase-type plasminogen activator receptor (uPAR), which cancer progression via uPA signaling. Therefore, the AE147 peptide-conjugated nanocarrier system may hold the potential for active targeting of metastatic tumors.

**Methods:** The AE147 peptide, an antagonist of uPAR, was conjugated to the PEGylated liposomes for targeting metastatic tumors overexpressing uPAR. Docetaxel (DTX), an anticancer drug, was incorporated into the nanocarriers. The structure of the AE147-conjugated nanocarrier, its physicochemical properties, and in vivo biodistribution were evaluated.

**Results:** The DTX-loaded nanocarrier showed a spherical structure, a high drug-loading capacity, and a high colloidal stability. Drug carrying AE147 conjugates were actively taken up by the uPAR-overexpressing MDA-MB-231 cancer cells. In vivo animal imaging confirmed that the AE147-conjugated nanoparticles effectively accumulated at the sites of tumor metastasis.

**Conclusion:** The AE147-nanocarrier showed potential for targeting metastatic tumor cells overexpressing uPAR and as a nanomedicine platform for theragnosis applications. These results suggest that this novel nano-platform will facilitate further advancements in cancer therapy.

**Keywords:** tumor-targeting ligand, urokinase-type plasminogen activator, liposome, circulating tumor cell, metastatic tumor

#### Introduction

Cancer, a disease caused by the uncontrolled growth of abnormal cells in the body, is a major cause of death worldwide, accounting for approximately 9.6 million deaths in 2018.<sup>1</sup> Although various anticancer therapies, including surgery at the primary tumor site, have decreased the mortality rate, the occurrence of cancer metastasis reflects treatment failure and a poor prognosis.<sup>2</sup> In cancer metastasis, cancer cells disseminate from the primary tumor site to invade surrounding tissues, enter the vasculature as circulating tumor cells, and extravasate into distant sites to develop metastatic tumors.<sup>3–5</sup> The cascading steps of cancer metastasis require stromal cells.<sup>6,7</sup> Moreover, several protease systems including the urokinase-type plasminogen activator (uPA) and uPA receptor (uPAR) system have been recognized to play critical roles in the degradation of the basement membrane and the extracellular matrix, eventually resulting in cell invasion and

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© 1021 Park et al. This work is published and licensed by Dove Medical Press Limited. The full terms of this license are available at https://www.dovepress.com/terms.php was not and incorporate the Creative Commons Attribution – Non Commercial (unported, v3.0) License (http://treativecommons.org/licenses/by-nr/3.0/). By accessing the work you hereby accept the Terms. Non-commercial uses of the work are permitted without any further permission from Dove Medical Press Limited, provided the work is properly attributed. For permission for commercial use of this work, please see paragraphs 4.2 and 5 of our Terms (http://www.dovepress.com/terms.php). metastasis.<sup>7</sup> The uPAR, a glycolipid-anchored membrane glycoprotein, is overexpressed in several aggressive cancers, and its overexpression is linked to the regulation of tumorigenesis, invasion, metastasis, and cancer cell survival.<sup>8–12</sup> As uPA binds to uPAR followed by the internalization of the uPA-uPAR complex, targeting uPAR with uPA antagonists may be a promising strategy to inhibit metastasis. Furthermore, incorporating cytotoxic payloads with uPAR targeting moieties can lead to the internalization of the complex and intracellular delivery of the chemotherapeutic drugs, siRNAs, and protein-based therapeutics.<sup>11,13–15</sup>

Several therapeutics based on nanomaterials, including liposomes, micelles, albumin nanoparticles, and metal nanoparticles, have been widely developed for treating metastatic cancers. In particular, nanocarriers modified with ligands targeting specific metastatic cancer cell types have been designed for effective tumor targeting. The AE147 peptide, composed of 13 amino acids, is an antagonist of uPAR.<sup>9,16,17</sup> The AE147 binds to uPAR by occupying its central cavity, causing subsequent internalization via receptor-mediated endocytosis.<sup>18,19</sup> Therefore, conjugating AE147 on therapeutic nanoformulations is expected to impart tumor specificity and improve cytotoxic drug delivery.

Liposomes are the most common and well-known nanocarriers used for anticancer drug delivery.<sup>20–23</sup> Moreover, certain modification methods can stabilize encapsulated molecules, improve their cellular uptake by tumor cells via passive targeting, exhibit the enhanced permeability and retention (EPR) effect, and improve drug distribution at the target sites.<sup>23–28</sup> Active cancer cell targeting has been achieved by the surface modification of nanoparticles. Attaching specific targeting moieties to the nanocarrier surface increases its accumulation and cellular uptake by the target cells.<sup>21,29–31</sup> Targeted delivery of therapeutics not only reduces the nonspecific cytotoxicity but also increases drug accumulation in cancer tissues, resulting in improved effects.<sup>18,23,32</sup>

In this study, we developed targeting nanocarrier liposomes to recognize uPAR expressed in metastatic cancer cells. The nanocarrier liposomes were prepared by the thin-film method using cholesterol, L- $\alpha$ -phosphatidylcholine, hydrogenated (Soy) (HSPC), and 1,2-distearoyl-sn-glycero-3-phosphoethanolamine-N-[methoxy(polyethylene glycol)-2000] (DSPE-PEG). To target uPAR, AE147 was conjugated with DSPE-PEG via a stable amide group.<sup>33–35</sup> Docetaxel (DTX), an anticancer drug currently used to treat metastasis, was encapsulated within the hydrophobic lipid bilayer of AE147-conjugated liposomes and evaluated for therapeutic efficacy. In addition, for the in vivo imaging study, the fluorescent dye chlorin e6 (Ce6) was conjugated with the liposomes. The AE147-conjugated PEGylated liposome targeted metastatic tumors overexpressing uPAR, the circulation tumor cells, as well as the soluble uPAR due to the increased systemic circulation time of the PEGylated liposomes.<sup>36,37</sup> The liposomal formulation was characterized for its particle size, zeta potential, and morphology. In addition, we studied the targeting potential of AE147-conjugated liposomes in vitro and in vivo using fluorescence techniques. An outline of this study is depicted in Figure 1.

## Materials and Methods Materials

DSPE-PEG, DSPE-PEG-NH<sub>2</sub>, HSPC, and cholesterol were bought from Avanti Polar Lipids Inc. (Alabaster, AL, USA). Dimethyl sulfoxide (DMSO) and dimethyl formamide (DMF) were purchased from Honeywell Burdick & Jackson (Muskegon, MI, USA). Triethylamine (TEA), 1-ethyl-3-(3-dimethyl aminopropyl) carbodiimide hydrochloride (EDC), DMSO-d<sub>6</sub>, and N-hydroxysuccinimide (NHS) were purchased Sigma-Aldrich (St. Louis, MO, USA). from Fluorescein isothiocyanate (FITC) conjugated DSPE-PEG (DSPE-PEG-FITC) was acquired from Nanocs (New York, NY, USA). DSPE-PEG-NHS was obtained from Nanosoft Biotechnology LLC (Winston Salem, NC, USA). Ce6 was bought from Frontier Scientific (Logan, UT, USA). KSD-cha-FskYLWSSK (cha = L-cyclohexyl alanine, s = D-form Ser, k = D-form Lys, acetate salt) (AE147) was purchased from Bankpeptide Biological Technology (Hefei, Anhui, China). DTX was purchased from Samyang Bio Pharmaceutical (Seongnam-si, Gyeonggi-do, South Korea). Human breast cancer cell lines MDA-MB-231 (KCLB No 30026) and MCF-7 (KCLB No 30022) were obtained from the Korean Cell Line Bank (Seoul, South Korea). RPMI 1640 medium, fetal bovine serum, Dulbecco's phosphate-buffered saline, trypsin-EDTA, and penicillin-streptomycin were acquired from Welgene (Gyeongsan-si, Gyeongsangbuk-do, South Korea). The Cell Counting Kit-8 (CCK-8) was purchased from Dojindo Molecular Technologies (Rockville, MD, USA). All other chemicals used were of analytical grade.

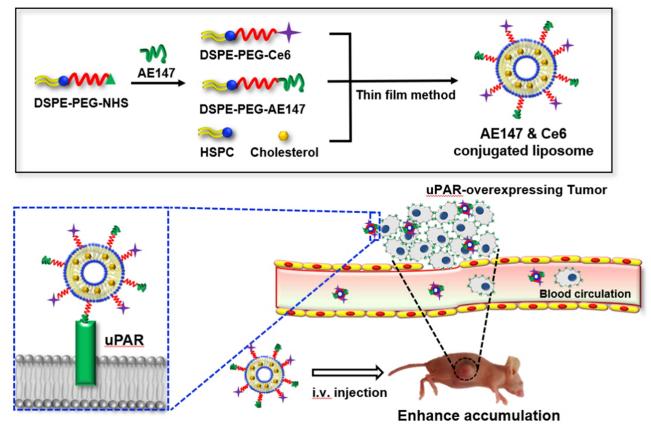


Figure I Schematic conceptual representation of AE147-conjugated liposomes. Note: i.v. injection, intravenous injection.

# Synthesis of DSPE-PEG-AE147 and DSPE-PEG-Ce6

AE147 and DSPE-PEG-NHS were dissolved in DMSO at a molar ratio of 1:1 (total 5 mg/mL). After stirring for 1 h, TEA was added in excess, and the air was replaced with the nitrogen gas. After stirring at 25 °C for three days, the solution was dialyzed against distilled water (DW) for two days using a dialysis membrane (molecular weight cutoff [MWCO] 3.5 kDa; Spectrum Laboratories, Rancho Dominguez, CA, USA) to remove the by-products. DSPE-PEG-AE147 was lyophilized using an Operon FDB-5503 freeze dryer (Gyeonggi-do, Korea). The AE147 conjugation to DSPE-PEG was analyzed using a <sup>1</sup>H NMR 600 MHz spectrometer (JNM-ECZ600R, JEOL, Tokyo, Japan) and confirmed by comparing the Fourier transform infrared (FT-IR) peaks measured by an FT-IR spectrometer (Nicolet 6700, Thermo Fisher Scientific) in the spectral range of 400–4000  $\text{cm}^{-1}$ . Each spectrum was obtained with four scans and a resolution of 2  $cm^{-1}$ , and peak fitting was performed using OMNIC software (Thermo Nicolet Corporation, Madison, WI, USA).<sup>38</sup>

For real-time in vivo tumor imaging experiments, DSPE-PEG-NH<sub>2</sub> was reacted with the carboxyl group of Ce6 (excess amount) via EDC/NHS activation.<sup>39</sup> Ce6 was dissolved in 10 mL DMF and activated with EDC and NHS for 30 min at room temperature. DSPE-PEG-NH<sub>2</sub> was added to the solution, and a coupling reaction was carried out for 3 h at room temperature with N<sub>2</sub> purging. Free reactants were removed by dialysis (MWCO 3.5 kDa) against DMSO for two days and then dialyzed against DW for two days. Finally, Ce6-conjugated DSPE-PEG was obtained by freeze-drying.

## Preparation of Non-Targeting and Targeting Liposomes Encapsulating DTX

Liposomes were prepared using the thin-film hydration method followed by ultrasonication.<sup>20,40–42</sup> For the preparation of non-targeting liposomes (Lipo), a mixture of HSPC: cholesterol:DSPE-PEG (molar ratio 11:8:1) was mixed with chloroform in a glass vial; the organic solvent was eliminated using a rotary evaporator and vacuum dried overnight. For preparing targeting liposomes (AE-Lipo), the same

procedure, as for the Lipo preparation, was followed, except for the use of a mixture of DSPE-PEG and DSPE-PEG-AE147 at a molar ratio of 1:1. The lipid film was resuspended on DW, ultrasonicated for 30 min, and extruded 12 times through two stacked Nuclepore polycarbonate filters (400 nm) using a stainless-steel extruder (Avanti Polar Lipids, Alabaster, AL, USA). For the preparation of FITC or Ce6-conjugated liposomes, the same procedure, as described for AE-Lipo, was followed except for the use of DSPE-PEG-FITC or DSPE-PEG-Ce6. Table 1 summarizes the composition ratio of all liposomes.

For the preparation of DTX-loaded liposomes (DTX/Lipo and DTX/AE-Lipo), DTX solution (1 mg/mL) in chloroform was mixed with the lipid stock solution (1 mg/mL) at a 1:9 volume ratio and stirred for one day. After a dry film of the mixed solution was formed, it was hydrated, ultrasonicated, and extruded. The liposome solution was filtered using a 0.2  $\mu$ m-pore-size membrane filter to remove the unloaded drug and ensure the sterility of the liposome preparation.

## Characterization of the Prepared Liposomes

To characterize liposome properties, we measured the effective hydrodynamic diameter, zeta potential, and particle size distribution by photon correlation spectroscopy using the Zetasizer Nano-ZS (Malvern instruments, Worcestershire, UK) equipped with the Multi Angle Sizing Option (BI-MAS).<sup>24,40</sup> All samples were stabilized for 30 min before measurement. The zeta potential values, average particle size, and polydispersity index (PDI) were evaluated from three independent measurements for each sample (n = 3).

For the morphological evaluation, the prepared liposomes were investigated using field emission-scanning electron microscope (FE-SEM; Sigma, Carl Zeiss Meditec AG, Jena, Germany), which avoided damage to electron beam-sensitive samples.<sup>43</sup> The samples of liposomal solutions were ground on a glass slide and dried in vacuo. Ion-beam sputtered platinum coating was applied to the sample surface before acquiring the microphotographs.<sup>44</sup>

The concentration of DTX in DTX/Lipo and DTX/AE-Lipo was determined by performing high-performance liquid chromatography (Agilent 1200 series, Agilent Technologies Santa Clara, CA, USA).<sup>45</sup> A reverse phase C18 column (ZORBAX Eclipse Plus C18,  $4.6 \times 150$  mm, pore size 5 µm, Agilent Tech., CA, USA) was used, and the flow rate of the mobile phase was set at 1 mL/min. The mobile phase included a mixture of acetonitrile and DW (55:45, v/v%). The column effluents were detected at 230 nm, and DTX concentrations were calculated using a linear calibration curve of the standard DTX solutions. The DTX loading capacity and efficiency of the prepared liposomes were calculated using the following equations:

Drug-loading capacity (wt %) = Weight of the drug in liposomes (mg)/Weight of the liposomes (mg) X 100 (Eq. 1)

Drug-loading efficiency (wt %) = Weight of the drug in liposomes (mg)/Weight of the drug initially added to the formulation (mg) X 100 (Eq. 2)

#### In vitro Cellular Uptake Study

The cellular uptake of liposomes by MDA-MB-231 and MCF-7 cells was evaluated by confocal microscopy and flow cytometry.<sup>12,13</sup> To obtain confocal images, cells ( $4 \times 10^5$  cells/well) were seeded in each confocal dish, and after 24 h, treated with FITC-conjugated AE-Lipo (FITC-AE-Lipo) and FITC-conjugated Lipo (FITC-Lipo). After 4 h incubation, the cells were washed three times with cold PBS and incubated with Vectashield<sup>®</sup> mounting medium with 4',6-diamidino-2-phenylindole (Vector Laboratories, Burlingame, CA, USA) for 15 min. The treated cells were covered with a confocal dish cover glass and analyzed under a confocal microscope

lable I	Molar	Ratio o	t Componen	ts Used in All	Liposomal	Formulat	tions	

Sample	HSPC	Chol	DSPE-PEG	DSPE-PEG- AE147	DSPE-PEG- FITC	DSPE-PEG- Ce6
Lipo	11	8	I	-	-	-
AE-Lipo	11	8	0.5	0.5	-	-
FITC-Lipo	11	8	I	-	0.2	-
FITC-AE-Lipo	11	8	0.5	0.5	0.2	-
Ce6-Lipo	11	8	I	-	_	I
Ce6-AE-Lipo	П	8	-	I	-	I

Abbreviations: Chol, cholesterol; Lipo, non-targeting liposomes; AE-Lipo, targeting liposomes; FITC-Lipo, FITC-conjugated Lipo; FITC-AE-Lipo, FITC-conjugated AE-Lipo; Ce6-Lipo, Ce6-conjugated Lipo; Ce6-AE-Lipo, Ce6-conjugated AE-Lipo.

(LSM 510 Meta, Carl Zeiss AG, Jena, Germany). For flow cytometry analysis, both cell lines ( $4 \times 10^5$  cells/well) were seeded in six-well plates. The next day, cells were treated with FITC-AE-Lipo and FITC-Lipo for 4 h. The cells were washed three times with cold PBS, harvested, and subjected to the fluorescence-activated cell sorting (FACS) analysis using FACSCalibur flow cytometer and Cell Quest Pro software (BD Biosciences, San Diego, CA, USA).<sup>46</sup>

#### In vitro Cytotoxicity Assay

MDA-MB-231 and MCF-7 cells ( $8 \times 10^3$  cells/well) were seeded in 96-well plates 24 h prior to the cytotoxicity test.<sup>12,13</sup> Free DTX (in 0.1% DMSO aqueous solution<sup>47</sup>), DTX/Lipo, and DTX/AE-Lipo in RPMI 1640 medium were prepared immediately before use. The growth medium was removed from the 96-well plate and free DTX, DTX/Lipo, and DTX/AE-Lipo at different concentrations were added and incubated for 48 h. Cell cytotoxicity was assessed colorimetrically using the CCK-8, which contains a highly water-soluble tetrazolium salt that produces water-soluble formazan dye following reduction in the presence of electron mediators present in the viable cells. Briefly, 90 µL of fresh medium along with 10 µL of CCK-8 solution was added to each well, and the plates were incubated for an additional 2 h. The absorbance was read on the Flexstation 3 microplate reader (Molecular Devices, Sunnyvale, CA, USA) at 450 nm.<sup>46</sup>

#### In vivo Fluorescence Imaging

In vivo studies were performed on four-week-old female nude mice (BALB/c, nu/nu mice; Nara Biotech, Seoul, South Korea). The mice were maintained according to the guidelines of the protocol approved by the Institutional Animal Care and Use Committee of Chung-Ang University of Korea, and all experiments were performed in accordance with the relevant laws and institutional guidelines (National Institutes of Health guidelines, "Principles of laboratory animal care", approval number: 2019-00121). The uPAR-overexpressing MDA-MB-231 cells were inoculated into BALB/c nude mice by subcutaneous injection (5  $\times$  10<sup>5</sup> cells per mouse) and Ce6-labeled liposomes (at a molar ratio of 1 of Ce6-conjugated DSPE-PEG in each liposome) were injected intravenously via the tail vein when the tumor volume reached 100 mm<sup>3</sup>. The fluorescence-labeled organism bioimaging instrument (FOBI) fluorescence live imaging system (NeoScience, Suwon, South Korea) was used to obtain fluorescent tumor images for the mice. The mice were euthanized 24 h post-injection, and organs were harvested for further analysis.<sup>44</sup> The results were analyzed by Student's *t* test at a significance level of p < 0.01.

## **Results and Discussion** DSPE-PEG-AE147 Synthesis

To target uPAR-overexpressing tumors, AE147 peptide was conjugated to DSPE-PEG-NHS by a coupling reaction in the presence of TEA (Figure 2A).<sup>48,49</sup> The imide bond of DSPE-PEG-NHS changed to the amide bond by reacting with the amine side group of the N-terminus Lys of the 13-mer peptide AE147. The conjugation of AE147 to DSPE-PEG-NHS was confirmed by the presence of a <sup>1</sup>H nuclear magnetic resonance peak at  $\delta$  7.1, consistent with the benzene ring of AE147 (Figure 2B). In addition, the formation of a stable amide bond by coupling reaction was confirmed by FT-IR analysis (Figure 2C).<sup>33–35</sup>

The spectra of DSPE-PEG-NHS and DSPE-PEG-AE147 indicated that the 1713.73 cm<sup>-1</sup> (imide bond) peak shifted to 1628.90 cm<sup>-1</sup> (amide bond) due to the coupling reaction.<sup>38</sup> Also, the conjugation of Ce6 to DSPE-PEG-NH<sub>2</sub> was analyzed by the presence of a <sup>1</sup>H nuclear magnetic resonance peak at  $\delta$  5.1, consistent with the vinyl of Ce6 (shown in Supplementary Figure S1).

## Preparation and Characterization of Liposomes and DTX-Loaded Liposomes

PEGylated liposomes, also called stealth liposomes, exhibit improved physicochemical properties and performance in drug delivery applications, such as an increased hydrophilicity, a decreased opsonization, and an increased circulatory half-life.<sup>23,24,27,28</sup> For example, Doxil<sup>®</sup>, a well-known doxorubicin incorporating PEGylated liposome, has a prolonged half-life and improved antitumor efficacy.<sup>28,50</sup> In the present study, the targeting moiety, AE147 peptide, was anchored on the surface of the PEGylated liposomal carrier to target uPAR-overexpressing tumors, such as MDA-MB 231 derived tumors.<sup>12,13</sup>

The properties of Lipo and AE-Lipo are listed in Table 2. The Lipo with HSPC:cholesterol:DSPE-PEG (at a molar ratio of 55:40:5) showed a particle size of 92.6  $\pm$  0.9 nm with approximately 0.2 PDI. The size of the AE-Lipo was slightly bigger (107.7  $\pm$  1.3 nm) than that of Lipo, but had a similar PDI value. The zeta potentials were approximately -9.9 and -14.6 mV for Lipo and AE-Lipo, respectively. The difference in both the size and zeta potential of Lipo and AE-

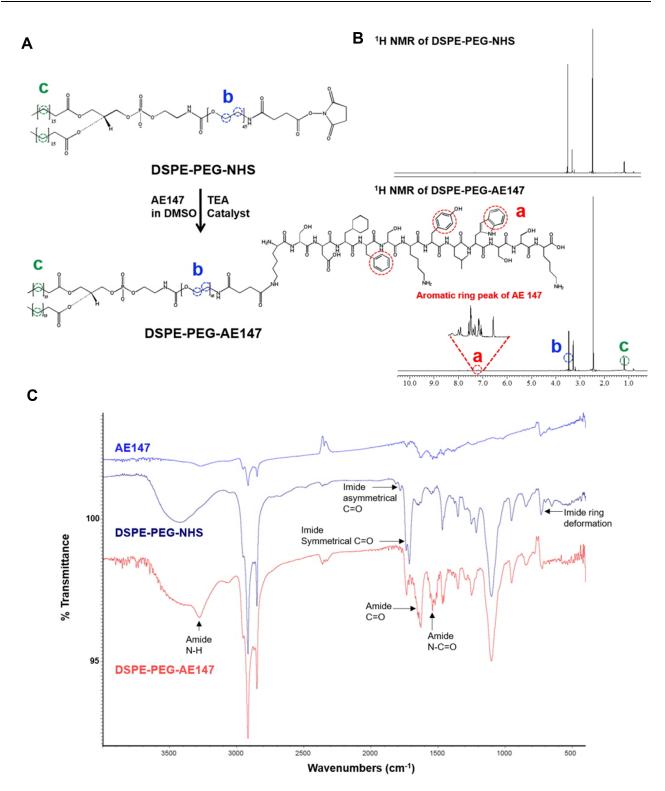


Figure 2 (A) Synthesis scheme of DSPE-PEG-AE147. (B) <sup>1</sup>H NMR spectra of DSPE-PEG-NHS and DSPE-PEG-AE147. (C) FT-IR spectra of AE147, DPSE-PEG-NHS, and DSPE-PEG-AE147.

Sample	Size (nm)	PDI	Zeta Potential (mV)	Loading Capacity (%)	Loading Efficiency (%)
Lipo	92.6 ± 0.9	0.212 ± 0.008	-9.9 ± 0.45	N/A	N/A
AE-Lipo	107.7 ± 1.3	0.196 ± 0.019	-14.6 ± 0.22	N/A	N/A
DTX/Lipo	108.3 ± 1.1	0.243 ± 0.003	-12.3 ± 2.11	8.0	80
DTX/AE-Lipo	129.5 ± 2.4	0.247 ± 0.007	-14.2 ± 2.71	7.1	71
Ce6-Lipo	124.9 ± 1.9	0.168 ± 0.024	-15.1 ± 0.26	N/A	N/A
Ce6-AE-Lipo	121.3 ± 1.9	0.189 ± 0.002	-19.7 ± 0.67	N/A	N/A

Table 2 Characterizations of All Liposome Formulations

Abbreviations: Lipo, non-targeting liposomes; AE-Lipo, targeting liposomes; DTX/Lipo, DTX-loaded liposomes; DTX/AE-Lipo, DTX-loaded targeting liposomes; Ce6-Lipo, Ce6-conjugated Lipo; Ce6-AE-Lipo, Ce6-conjugated AE-Lipo; N/A, Not available.

Lipo may be attributed to the anchored AE147 peptide and increased hydration of liposomal particles. DTX was selected as the anticancer drug for assessing payload delivery ability of targeting AE-Lipo. DTX, one of the most effective anticancer drugs, is widely used to treat tumors in multiple locations, including the stomach, breasts, prostate, and lungs.<sup>40,41,45</sup> DTX-loaded liposomes had a slightly increased particle size and PDI compared to the unloaded liposomes (Table 2). The drug-loading efficiency of Lipo and AE-Lipo formulations was 80% and 71%, respectively. Reduced DTX-loading efficiency of AE-Lipo could be due to the increased hydrophilicity imparted by the hydrophilic AE147 peptides on the surface of liposomes. The particle distribution of DTX/AE-Lipo was mono-distributed, and the morphology indicated regular spherical particles of approximately 70 nm-diameter with smooth surfaces (Figure 3). This result is consistent with the previous hypothesis that AE147 conjugation could increase the hydration of liposomes in the aqueous solutions and dehydration under the condition of the FE-SEM experiment, leading to a considerably smaller particle size.<sup>51,52</sup> Furthermore, the formulated DTX/AE-Lipo showed high stability in aqueous conditions, without undergoing a change in particle size or precipitation for four weeks (shown in <u>Supplementary</u> Figure S2).

## Cellular Uptake and in vitro Cytotoxicity of AE147-Conjugated Liposomes

The uPA-uPAR system plays a dominant role in tumorigenesis and metastasis and is overexpressed in metastatic tumor cells, such as breast cancer-derived MDA-MB-231 cells.<sup>8,53–56</sup> This suggests that high uPAR expression on cancer cells can be a marker for metastatic tumors and

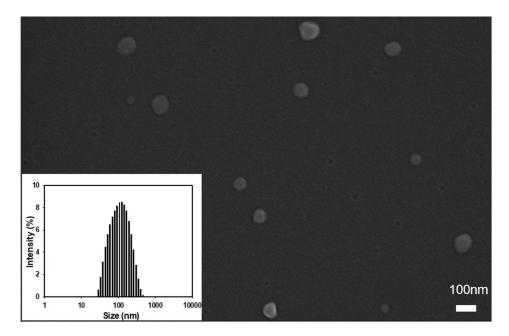


Figure 3 FE-SEM image and particle size distribution (see inset) of DTX/AE-Lipo. Abbreviation: DTX/AE-Lipo, DTX-loaded targeting liposomes.

used for targeted delivery of anticancer drugs to these cells. AE147 derived from a functionally identified uPA sequence binds to uPAR with a  $K_d$  of 16.4 nM.<sup>9</sup> Targeting the cavity present in uPAR was suggested as a promising strategy for treating the tumors overexpressing uPAR. Moreover, the pathway of receptor-mediated endocytosis is more effective than the passive endocytosis for the intracellular uptake of liposomes.<sup>9,22,23</sup> Thus, we attached AE147 on the liposomal surface via amide bond to enhance the efficacy of these liposomes as drug delivery vehicles.

Flow cytometry and confocal microscopy were used to determine the efficiency of the cellular delivery of AE147

conjugated liposomes to the MDA-MB-231 cells; MCF-7 cells, which do not express uPAR,<sup>13</sup> were used as a control. Confocal fluorescence imaging showed no significant difference in FITC fluorescence intensity of MCF-7 cells treated with FITC-Lipo or FITC-AE-Lipo, while FITC fluorescence intensity of uPAR-overexpressing MDA-MB-231 cells treated with FITC-AE-Lipo was higher than FITC fluorescence intensity of cells incubated with FITC-Lipo (Figure 4A and B). FITC-AE-Lipo demonstrated a uniform distribution throughout cancer cells. Furthermore, the enhanced uptake of FITC-AE-Lipo was confirmed by flow cytometry analysis. Flow cytometry results demonstrated a similar uptake of FITC-

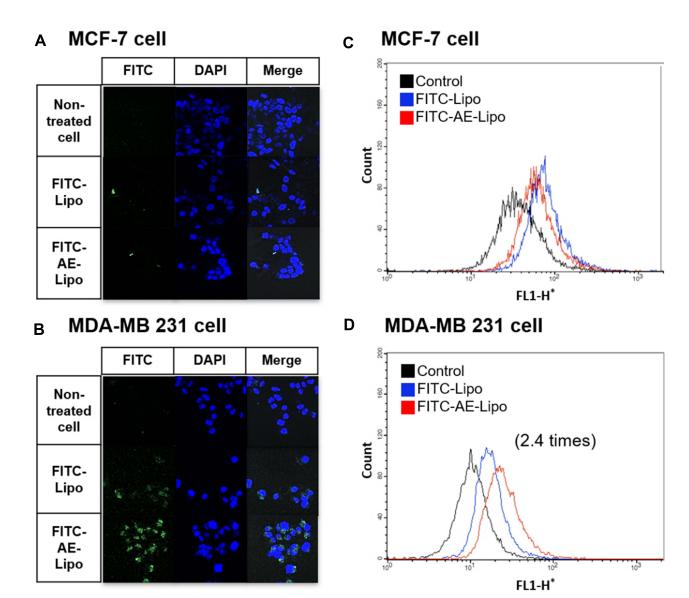


Figure 4 Confocal microscopy images ((A) MCF-7 cell, (B) MDA-MB 231 cell) and flow cytometry analysis ((C) MCF-7 cell, (D) MDA-MB 231 cell) treated with FITC-Lipo or FITC-AE-Lipo for 4 h.

Note: \*FLI-H indicates the relative intensity of fluorescence.

Abbreviations: FITC-Lipo, FITC-conjugated Lipo; FITC-AE-Lipo, FITC-conjugated AE-Lipo.

Lipo and FITC-AE-Lipo by MCF-7 cells (Figure 4C). However, the cellular uptake of FITC-AE-Lipo in MDA-MB-231 cells was ~2.4 times higher than that of FITC-Lipo (Figure 4D). These results may be due to the AE147 moietyconjugated delivery platform, which promotes cellular uptake via the ligand-receptor interaction in uPAR-overexpressing cancer cells. DTX-loaded liposomes of approximately 130 nm particle size (Table 2) were evaluated for their in vitro anticancer effect. AE147-conjugated liposomes are more likely to be taken up by the tumor cells via uPAR-mediated endocytosis, leading to enhanced anticancer activity.<sup>10,57,58</sup>

The cytotoxicity of DTX/Lipo and DTX/AE-Lipo against MDA-MB-231 and MCF-7 cells was evaluated using a cell viability test. The cells were treated with equivalent concentrations of DTX, DTX/Lipo and DTX/AE-Lipo for 48 h and the viability of the treated cells was assessed using CCK-8. In MCF-7 cells, free DTX showed stronger anticancer activity than DTX/Lipo or DTX/AE-Lipo (shown in <u>Supplementary Figure S3</u>). However, in uPAR-overexpressing MDA-MB-231 cells, DTX/AE-Lipo (IC<sub>50</sub> 4.61 µg/mL) achieved better anticancer activity than free DTX (IC<sub>50</sub> 7.18 µg/mL) or

DTX/Lipo (IC<sub>50</sub> 8.59  $\mu$ g/mL), indicating that the addition of the targeting moiety AE147 could improve the therapeutic efficacy of the drug against uPAR-overexpressed tumors (Figure 5, and shown in <u>Supplementary Table S1</u>).

Collectively, these results indicate that AE147 conjugation to nanoparticles, such as liposomes, may be an effective strategy to improve the delivery of anticancer agents in uPAR-overexpressing tumors, especially those associated with metastatic cancer. Furthermore, this approach of active targeting via ligand–receptor mediation can be used in diagnostic applications, such as the detection of circulating tumor cells and metastasis.<sup>9,11,13,59</sup>

#### In vivo Imaging Analysis

To demonstrate tumor-targeting via the AE147-uPAR interaction, the time-dependent biodistribution of the prepared liposomes was evaluated in an MDA-MB-231 xenograft mouse model. Free Ce6, Ce6-labeled Lipo (Ce6-Lipo), and Ce6labeled AE-Lipo (Ce6-AE-Lipo) were intravenously injected into uPAR-overexpressing, MDA-MB-231 cells-derived tumor bearing, nude mice. Ce6 is one of the most widely

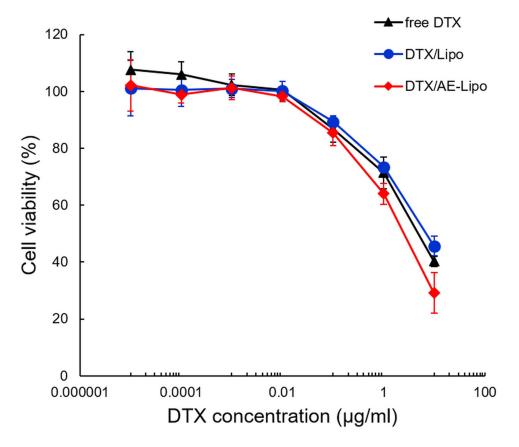


Figure 5 Cell viability of MDA-MB-231 cells treated with free DTX (1 mg/mL DTX solution in DMSO), DTX/Lipo, and DTX/AE-Lipo when exposed to a series of equivalent concentrations of DTX for 48 h.

Abbreviations: DTX/Lipo, DTX-loaded liposomes; DTX/AE-Lipo, DTX-loaded targeting liposomes.

used second-generation photosensitizers in photodynamic therapy with high efficacy and low dark toxicity.<sup>60,61</sup> As shown in Figure 6, Ce6-Lipo and Ce6-AE-Lipo gradually increased the fluorescence intensity at the tumor site,

compared to the free Ce6. The PEGylated liposome has longer circulation time in the blood; moreover, these liposomes avoid the immune system due to the slightly negative charge and reduced degree of opsonization imparted by  $PEG^{62-64}$  and can

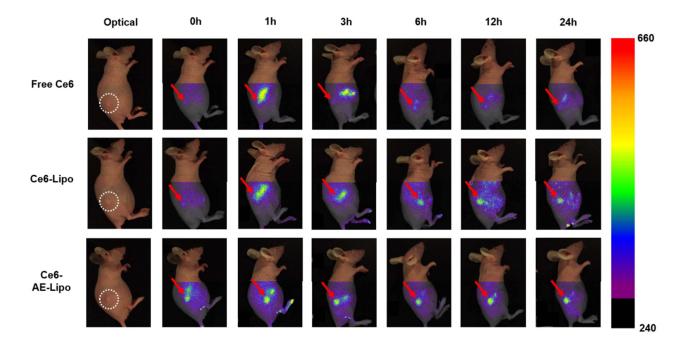


Figure 6 Non-invasive in vivo fluorescent imaging of free Ce6, Ce6-Lipo, and Ce6-AE-Lipo after i.v. injection via the tail vein of MDA-MB-231 cells-derived tumor-bearing Balb/c nude mice. Whole body imaging at predetermined time points (0, 1, 3, 6, 12, and 24 h) after i.v. injection at the 24 h time point. Abbreviations: Ce6-Lipo, Ce6-conjugated Lipo; Ce6-AE-Lipo, Ce6-conjugated AE-Lipo; i.v. intravenous.

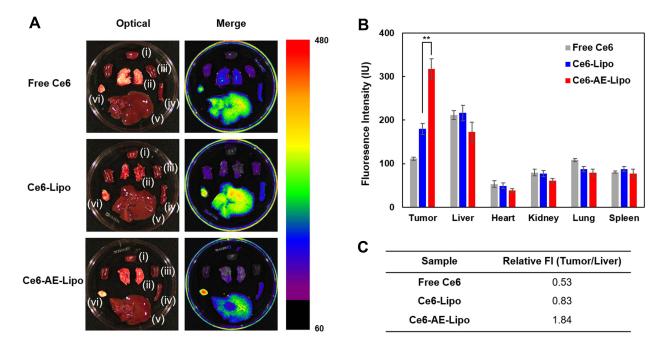


Figure 7 (A) Ex vivo optical and fluorescent imaging of (i) heart, (ii) lungs, (iii) kidneys, (iv) spleen, (v) liver, and (vi) tumor tissues obtained 24 h post-injection of liposomes (Free Ce6, Ce6-Lipo, and Ce6-AE-Lipo). (B) Quantitative FI of tumors and main organs (n = 3). (C) Relative FI of the tumor to liver. Notes: \*\*p < 0.01, Student's t-test, Ce6-AE-Lipo versus Ce6-Lipo in the tumor.

Abbreviations: Ce6-AE-Lipo, Ce6-conjugated AE-Lipo; Ce6-Lipo, Ce6-conjugated Lipo; FI, fluorescence intensity.

accumulate at tumor sites due to the EPR effect.<sup>20,27,40</sup> In addition, to determine the targeting ability of AE147, nude mice were euthanized, and the main organs as well as tumors were excised 24 h post-injection (Figure 7). The absolute fluorescence intensity of Ce6 of each system was remarkably higher in the liver compared to that in the other organs (shown in <u>Supplementary Figure S4</u>). However, when the intensity was normalized by the organ area, the relative fluorescence intensity of tumors treated with Ce6-AE-Lipo was 3.50 and 2.22 times higher than those treated with free Ce6 and Ce6-Lipo, respectively. This indicated that AE147-conjugated liposomes were more efficiently transported to the tumor site due to active targeting.

#### Conclusion

In this study, AE147-conjugated liposomes were prepared and evaluated for their potential as a drug delivery nano-platform to actively target uPAR-overexpressing metastatic tumors. HSPC, cholesterol, and DSPE-PEG at a molar ratio of 55:40:5 were used to improve the DTX-loading capacity and liposomal stability. The AE147 moiety was conjugated to the liposomes to enhance their targeting efficacy. The hydrophobic drug DTX was successfully loaded within the bilayer lipid membrane of liposomes with an average size of approximately 130 nm. Compared to the free DTX, DTX/AE Lipo demonstrated improved anticancer effects by showing a 64% lower IC<sub>50</sub> value (4.61 µg/mL) against uPAR-overexpressing MDA-MB-231 cancer cells. Also, the AE147-conjugated liposomes showed improved tumor-targeting ability. Based on these findings, the AE147-conjugated liposomes are a potential delivery nano-platform for the treatment of metastatic tumors.

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### **Author Contributions**

All authors made a significant contribution to the work reported, whether that is in the conception, study design, execution, acquisition of data, analysis and interpretation, or in all these areas; took part in drafting, revising or critically reviewing the article; gave final approval of the version to be published; have agreed on the journal to which the article has been submitted; and agree to be accountable for all aspects of the work.

#### Disclosure

The authors report no conflicts of interest in this work.

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