Renal Involvement in Retroperitoneal Fibrosis: Prevalence, Impact and Management Challenges

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Abstract: Retroperitoneal fibrosis (RPF) is a rare disorder consisting of idiopathic and various secondary forms and characterized by chronic inflammatory infiltrates and marked fibrosis in the retroperitoneal space. In idiopathic RPF (IRPF), 35–60% of cases have been reported to be IgG4-related RPF, the retroperitoneal lesions of IgG4-related disease (IgG4-RD). IRPF can frequently lead to renal insufficiency mediated by urinary tract obstruction and hydronephrosis irrespective of being IgG4-related or not. Clinical pictures, laboratory and imaging findings, and location of the urinary tract obstruction are generally similar in IgG4-related and non-IgG4-related IRPF although multiple organ involvement and serum IgG4 elevation may be characteristic of the IgG4-related forms. Periaortic/periarterial lesions are the most frequent cause of renal insufficiency. Although the response to glucocorticoids is generally good, relapse does occur in a considerable proportion of patients, and may require an additional immunosuppressive agent and/or urological intervention in cases with multiple relapses or refractory obstructive uropathy. In general, the prognosis of patients with IRPF is good, but careful attention needs to be paid to chronic kidney disease as a major complication and rupture of the affected aorta/artery as a life-threatening one. Further studies are necessary to better understand the pathogenesis of the disease and to establish the optimal diagnostic and therapeutic strategies for it.

Keywords: retroperitoneal fibrosis, IgG4-related disease, hydronephrosis, renal involvement

Introduction

Retroperitoneal fibrosis (RPF) is a rare disorder characterized by chronic inflammatory infiltrates and marked fibrosis in the retroperitoneal space.¹ Although the term “retroperitoneal fibrosis” has not been defined clearly, it encompasses a fibro-inflammatory tissue surrounding the aorta and its major branches, also referred to as periaortitis/periarteritis, soft tissue masses in the renal pelvic wall and/or around the ureter, and placoid lesions in the pelvis and paravertebral area.

RPF consists of idiopathic and various secondary forms.¹ Idiopathic RPF (IRPF) is considered to be an immune-mediated disorder. In IRPF, 35–60% of cases have been reported to be immunoglobulin G4 (IgG4)-related RPF.^{2–5} Therefore, IRPF has recently been divided into IgG4-related RPF and non-IgG4-related IRPF although an obvious borderline between the two remains to be established. Indeed, RPF is one of the major organ manifestations of IgG4-related disease (IgG4-RD), which has become a widely recognized condition in recent years. Several large cohort studies have reported that the prevalence of RPF among overall patients with IgG4-RD is approximately 15–30%.^{6–10} On the other hand, secondary forms constitute about one-third of all RPF cases.¹¹ Secondary etiologies of RPF

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include drugs (eg methysergide, ergot alkaloids, analgesics, beta-blockers, and dopamine agonists), infections (eg tuberculosis, histoplasmosis, and actinomycosis), malignancies (eg lymphoma, sarcoma, various metastatic carcinomas, and carcinoids), radiotherapy, trauma, major surgery of the abdomen, and proliferative disorders such as multicentric Castleman's disease and Erdheim-Chester disease. Therefore, an exclusion of various secondary etiologies is quite important in diagnosing IRPF or IgG4-related RPF.

RPF frequently causes renal insufficiency mainly due to urinary tract obstruction.¹ The location of the urinary tract obstructions and the lesions causing it vary widely.¹² In addition, renal insufficiency can be caused by renal parenchymal lesions referred to as IgG4-related kidney disease (IgG4-RKD)^{13,14} especially in IgG4-related RPF. Such renal involvement in RPF can lead to not only acute kidney injury (AKI) but also chronic kidney disease (CKD) including renal atrophy or even end-stage renal disease (ESRD).¹⁵ Accordingly, the epidemiology, pathophysiology, clinical features, and management of RPF need to be clarified.

In this review, we provide an up-to date overview of IRPF and IgG4-related RPF, with particular emphasis on renal involvement in RPF.

Epidemiology

About 70% of all RPF cases have idiopathic forms, both IgG4-related and non-IgG4-related IRPF. The epidemiology of RPF has not yet been fully elucidated because few epidemiological studies are available. A case-control study in Finland estimated the prevalence and age-standardized incidence of IRPF to be 1.4 per 100,000 inhabitants and 0.10 per 100,000 person-years, respectively.¹⁶ A prospective study in the Netherlands showed a higher IRPF incidence of 1.3 per 100,000 person-years.¹⁷ IRPF occurs more frequently in persons aged 50–70 years and shows a male predominance with a male to female ratio of 2–4:1.^{17–20} In observational studies of patients with IgG4-related RPF,^{2–5,9} the mean age was 55.7 to 66.5 years, and the proportion of males was 55.5 to 100%, both of which were consistent with those in overall IRPF cases.

Risk Factors

Risk factors for IRPF reported in the literature include asbestos exposure and smoking.^{16,21} A case-control study by Uibu et al showed that individuals exposed to asbestos were more than five times more likely to develop RPF.¹⁶

Another case-control study by Goldoni et al reported that combined exposure to asbestos and tobacco multiplicatively increased the odds ratio for developing IRPF.²¹ Interestingly, the association of smoking with IgG4-RD was shown in a recent case-control study, which additionally indicated the greater influence of current smoking on having IgG4-RD especially among patients with RPF compared with those without it.²²

Prevalence of Renal Involvement in RPF

As mentioned above, urinary tract obstruction is a major and frequent presentation of renal involvement in RPF. In past reports limited to approximately 10 patients with IgG4-related RPF,^{2–4,23} the prevalence of hydronephrosis and/or ureter obstruction was estimated to be 33–67%. On the other hand, non-IgG4-related patients with IRPF had a comparable prevalence of hydronephrosis and/or ureter obstruction in the same studies,^{2–4} and IRPF patients with unknown relationship to IgG4 also had a comparable prevalence in other studies.^{24–30} Moreover, a larger series of 53 patients with IRPF showed that the prevalence of hydro-ureteronephrosis was 55%.¹⁷ Therefore, the prevalence of urinary tract obstruction is high in IRPF irrespective of IgG4-related status.

Another cause of renal involvement in IRPF may be renal parenchymal lesions. In IgG4-RD, the kidney is one of the most frequently affected organs. The most common presentation is plasma cell-rich tubulointerstitial nephritis (TIN). The prevalence of renal lesions was reported to be approximately 10–20% of overall IgG4-RD cases.^{6–8,10} Only a few studies have investigated the prevalence of renal parenchymal lesions in IgG4-related RPF. A Japanese multicenter study investigating 99 patients with IgG4-related periaortitis/periarteritis and retroperitoneal fibrosis showed the prevalence of kidney lesion to be 16.2%.³¹ A Chinese retrospective study analyzing 58 patients with IgG4-related RPF among 407 with IgG4-RD reported 25.9% of cases with kidney lesion in the 58 patients.⁹ On the other hand, non-IgG4-related IRPF rarely has extra-retroperitoneal lesions including renal ones.^{2,5,32} Accordingly, although rare, IgG4-related TIN should be brought to mind as a differential diagnosis in IRPF patients with renal insufficiency. In addition, it is also important to consider commonly occurring renal diseases in elderly patients, including diabetic kidney disease and hypertensive nephrosclerosis.

Clinical Pictures

As clinical presentation of RPF, symptoms/signs such as abdominal (20–50%), lower back (40–60%), or flank (25–50%) pain, lower extremity edema (2–20%), low grade fever (5–15%), appetite loss (2–15%), weight loss (5–50%), and decreased urinary excretion (4–5%) are common.^{5,17–20} The pain in RPF is often difficult to localize, leading to substantial diagnostic delays, and its severity does not correlate with the presence of hydronephrosis. Other urological manifestations including urinary frequency, testicular pain, varicocele, and hydrocele may also be observed. Rare vascular complications include deep venous thrombosis, lower limb claudication, and even pulmonary embolism.

In IgG4-related RPF, each of these clinical symptoms/signs is observed at a comparable or lower frequency.³¹ In total, however, 58% of patients are asymptomatic,³¹ suggesting a more subclinical nature of IgG4-related RPF. In addition, any influence of the presence of hydronephrosis on the frequency of symptoms is also not evident.^{17,31} On the other hand, IgG4-related RPF more frequently shows other organ involvement, for which careful systemic screening is needed.⁵

Laboratory Findings

Usually, increased acute-phase reactants such as erythrocyte sedimentation rate (ESR) and C-reactive protein (CRP) are observed in patients with IRPF. Several studies reported that the levels of inflammatory markers were not significantly different between IgG4-related RPF and non-IgG4-related IRPF,^{4,5,32} while the frequency of serum CRP elevation was significantly higher in non-IgG4-related IRPF in one study.⁵ On the other hand, in patients with IgG4-RD, those with RPF showed significantly higher frequencies of elevated ESR and CRP levels compared with those without it.⁹ Kasashima et al suggested that not pelvic, paravertebral, and ureteral lesions but periaortic/periarterial ones were associated with inflammatory features in IgG4-related RPF.³³

Impaired renal function is another common finding in IRPF. Its frequency ranges from 33 to 71% of cases.^{17,19,20,25–29} IRPF patients with hydronephrosis had significantly higher serum creatinine levels than those without hydronephrosis.¹⁷ In patients with IgG4-RD, those with RPF showed significantly higher serum creatinine levels compared with those without RPF although the influence of hydronephrosis on renal function was not evaluated.⁹ On the other hand, serum creatinine levels

seem not to differ between IgG4-related and non-IgG4-related IRPF.^{5,32}

Hypocomplementemia is observed in some patients with IRPF. In IgG4-related RPF, the frequency of hypocomplementemia was reported to be approximately 25–30%,^{5,31} with a comparable frequency (22%) noted in non-IgG4-related IRPF.⁵ The impact of IgG4-RKD on hypocomplementemia was not analyzed in detail in these reports. In addition, hypocomplementemia was reported to be related to not only IgG4-RKD but also type 1 autoimmune pancreatitis (AIP) as a pancreatic lesion of IgG4-RD and IgG4-related respiratory disease.¹⁰ However, the same report also demonstrated that severe hypocomplementemia was more strongly related to patients with IgG4-RKD than those with type 1 AIP or IgG4-related respiratory disease.¹⁰ Therefore, the finding of severe hypocomplementemia in IRPF, especially in the IgG4-related form, should prompt an evaluation of possible renal involvement. On the other hand, the mechanisms underlying hypocomplementemia in non-IgG4-related IRPF remain to be further explored.

Anti-nuclear antibody (ANA) and other autoantibodies including rheumatoid factor (RF) and anti-thyroid antibodies are observed in some patients, whereas IRPF-specific autoantibodies have not been identified yet. In recent years, as IgG4-RD has become a more widely recognized condition, serum IgG4 levels are usually checked at the time of diagnosis. Indeed, one study defined IgG4-related periaortitis and idiopathic periaortitis based on the presence or absence of serum IgG4 elevation.³² However, we should consider that elevated serum IgG4 levels are observed in various other diseases as well,³⁴ and that cases with IgG4-related RPF may have significantly lower serum IgG4 levels than other IgG4-RD cases without RPF.⁸ Therefore, serum IgG4 levels are of limited value in differentiating IgG4-related RPF from non-IgG4-related IRPF and other inflammatory or neoplastic disorders. On the other hand, because IRPF patients with high serum IgG4 levels more frequently have extra-retroperitoneal fibro-inflammatory lesions,³⁵ an appropriate systemic screening for other potentially involved sites should be performed in such patients.

Imaging Findings

Some typical computed tomography (CT) and/or magnetic resonance imaging (MRI) findings of IRPF have been described¹⁵ although they are not disease-specific, and a comprehensive approach considering clinical and radiological correlations is still needed. Compared with the findings

in secondary RPF (eg malignancy), the typical CT/MRI findings of IRPF include soft tissue masses surrounding anterolaterally a infrarenal abdominal aorta (as opposed to malignant RPF which usually extends to a suprarenal aorta) and/or proximal common iliac arteries without displacing them, a tendency for the ureters to deviate medially (as opposed to lateral displacement by malignant RPF), and absence of infiltration into muscle or bone (Figure 1). In addition, contrast-enhanced CT and/or MRI show a characteristic delayed-phase homogeneous enhancement with paucity of enhancement in the early parenchymal phase.

Recently, the usefulness of positron emission tomography (PET)-CT in IRPF has been emphasized.^{36–38} PET-CT can identify extra-retroperitoneal involvement and is useful in monitoring disease activity after treatment. Its usefulness has similarly been reported in IgG4-RD.^{38,39}

Mechanisms Underlying Renal Involvement in RPF

The location of the urinary tract obstructions and the lesions causing them vary widely in IRPF patients with hydronephrosis. Accordingly, it seems appropriate to divide the mechanisms of hydronephrosis into three categories. In addition, renal parenchymal lesions may also cause renal insufficiency in patients with IRPF. Here, based on a review of the past reports on IgG4-related RPF complicated by hydronephrosis¹² and IgG4-RKD,^{40–42} we describe their respective characteristics as follows. In the review of IgG4-related RPF complicated by

hydronephrosis, of 31 patients from the past case reports or case series, the properties of the lesions were described in 28 patients, and pre-treatment renal function was noted in 22.¹² On the other hand, in the review of IgG4-RKD, the baseline patient data from 3 studies^{40–42} were reviewed although some patients were included in both studies.^{40,42}

Urinary Tract Obstruction or Stricture at the Renal Pelvis Due to Mass Lesion of the Renal Pelvis

Hydronephrosis due to mass lesion of the renal pelvis or ureteropelvic junction was observed in 9 of 28 cases (32.1%) in which the properties of the lesions were described. Six cases had left unilateral involvement, 2 right unilateral involvement, and one bilateral involvement. Of six cases whose pre-treatment renal function was noted, only one showed renal insufficiency with serum creatinine >1.0 mg/dL.

Urinary Tract Obstruction or Stricture at the Upper to Lower Ureter Due to Encasement of the Ureter by Periaortic/Periarterial Lesions

Eleven of 28 cases (39.3%) had ureter obstruction or stricture due to encasement by periaortic/periarterial lesions. The upper and middle ureters were the location of the obstruction or stricture in most cases. Five cases had bilateral

Figure 1 Typical computed tomography findings in idiopathic RPF. (A) Periaortic lesion (arrow) with aneurysmal change of the affected abdominal aorta and left hydronephrosis. (B) Right renal pelvic mass (arrow). (C) Right periureteral mass (arrow). (D) Placoid lesion (arrow) in the pelvis.

involvement, and 3 each had left and right unilateral involvement, respectively. All ten cases whose pre-treatment renal function was mentioned had a serum creatinine exceeding 1.0 mg/dL.

Urinary Tract Obstruction or Stricture at the Upper to Lower Ureter Due to Periureteral Lesions

Hydronephrosis due to concentric periureteral lesions or pseudotumor was detected in the remaining 8 cases (28.6%). The location of the obstruction or stricture was distributed throughout the upper to lower ureter, with no obvious site predilection. Six cases had left unilateral involvement, and one each had right unilateral and bilateral involvement, respectively. Of six cases whose pre-treatment renal function was noted, only one showed renal insufficiency with serum creatinine >1.0 mg/dL.

Renal Parenchymal Lesions

Due to the systemic nature of IgG4-RD, some patients with IgG4-related RPF may have IgG4-related TIN. In IgG4-related TIN, elevated serum creatinine levels (>1.0 mg/dL) are frequently observed at the time of diagnosis in 60–85% of cases.^{40–42} Characteristic radiologic findings include multiple low-density lesions, small cortical hypodense nodules, diffuse patchy involvement, and ‘rim-like lesion of the kidney’ on contrast-enhanced CT, and bilateral diffuse kidney enlargement despite severe renal dysfunction on plain CT. These findings should be checked when unexplainable renal insufficiency without urinary tract obstruction is present in patients with IRPF. As mentioned above, because non-IgG4-related IRPF is rarely accompanied by extra-retroperitoneal fibro-inflammatory lesions, these renal parenchymal lesions are not expected to be observed in non-IgG4-related IRPF.

Thus, from the review of published reports, the most frequent lesions causing renal involvement in RPF appear to be periaortic/periarterial lesions, which frequently cause bilateral hydronephrosis and renal insufficiency. Although these findings were found based on a review of IgG4-related forms, they may also apply to patients with non-IgG4-related IRPF because of a lack of obvious differences in the location of the retroperitoneal lesions and prevalence of hydronephrosis between IgG4-related RPF and non-IgG4-related IRPF.^{2–5,32} Studies of larger numbers of patients are required to validate these findings.

Management

The main purpose of treatment for IRPF is to preserve renal function. Although obtaining and maintaining remission of the lesions would be ideal, the lesions without urinary tract obstruction or renal insufficiency can be treated with only medical therapy or even allowed to be carefully observed with neither medical therapy nor ureteral drainage especially when the patients show aneurysmal changes in the affected aorta/artery. In treating patients with AKI and/or at least moderate obstructive uropathy on imaging, ureteral drainage is necessary using ureteral stents or nephrostomies, followed by medical therapy.^{43,44} If patients are refractory to such combination therapy, a surgical approach, such as ureterolysis with omental fat wrapping of the ureters, is efficacious. Relapse does occur in a considerable proportion of patients (15–50%),^{25–29} leading to the necessity of long-term clinical monitoring and maintenance therapy in most patients. Accordingly, a conservative medical therapy with and without temporary ureteral stenting or percutaneous nephrostomy depending on the presence of progressive renal insufficiency or urinary tract obstruction is recommended, with surgery reserved for refractory cases (Figure 2).

The first-line medical therapy is glucocorticoids, with initial doses of 0.6–1 mg/kg per day of prednisolone gradually tapered to a maintenance dose of 2.5–5 mg/day.^{45,46} In most cases, reduction of the retroperitoneal lesions and improvement of renal function are achieved in this way,^{2,23,46,47} making possible stent removal in many of the patients who have been subjected to ureteral stenting. However, as mentioned above, relapses after tapering or cessation of glucocorticoids are often experienced in IRPF, as well as IgG4-RD which is well known to frequently relapse. Concerning the regimen of glucocorticoid therapy, several differences are noted between IgG4- and non-IgG4-related forms of RPF. In the former, the initial prednisolone dose of 0.6 mg/kg/day, continuation of the initial dose for 2–4 weeks, and tapering by 5 mg every 1–2 weeks to a maintenance dose (2.5–5 mg/day) over a period of 2–3 months are recommended according to the standard glucocorticoid treatment for type 1 AIP.⁴⁸ Moreover, in Japan, long-term maintenance glucocorticoid therapy for 3 years to decrease the number of relapses is recommended based on the results of several studies^{49,50} while a shorter duration of maintenance therapy is common in Western countries. On the other hand, in the latter, the initial prednisolone dose of

Figure 2 Proposed algorithm for the management of idiopathic RPF.
Abbreviations: GC, glucocorticoids; IS, immunosuppressants.

1 mg/kg/day for 1 month and tapering to 10mg/day in the following 3 months, followed by a slow tapering for another 6 months until drug cessation, are recommended.⁵¹ The impact of these differences on the relapse rate and/or prognosis in each form remains to be clarified.

The efficacy of tamoxifen, monotherapy or in combination with glucocorticoids, in IRPF has been shown in several studies.^{52–54} In randomized controlled trial, however, maintenance treatment with tamoxifen after prednisone induction was significantly less effective for decreasing relapses compared with that with prednisone despite fewer glucocorticoid-associated side effects.⁵⁵ Therefore, tamoxifen has been proposed as an alternative to glucocorticoids for IRPF patients with contraindications to glucocorticoids or intolerance for glucocorticoid toxicity. The use of tamoxifen for treatment of IgG4-related RPF or IgG4-RD has rarely been reported.

Other immunosuppressants reported as a valuable option for treatment of IRPF include methotrexate,⁵⁶ cyclophosphamide,⁵⁷ azathioprine,⁵⁸ and mycophenolate mofetil⁵⁹ although clinical evidence of these agents from

controlled trial is lacking. In addition, refractory cases treated with biological agents such as rituximab⁶⁰ and tocilizumab⁶¹ have been reported in case reports or case series, suggesting their efficacy. Interestingly, many of these immunosuppressive agents^{62–67} also show therapeutic efficacy for IgG4-RD. Especially, the efficacy of rituximab is notable in both IgG4-related RPF and non-IgG4-related IRPF. In recent retrospective studies, rituximab administration (1000 mg 2 weeks apart or 375 mg/m²/week×4 weeks) with or without glucocorticoids achieved amelioration of symptoms, improvement of serum inflammatory markers, radiologic reduction of the retroperitoneal lesions, and dose reduction of glucocorticoids.^{68,69} Of note, rituximab monotherapy was as efficacious as combination therapy of rituximab and glucocorticoids against both IgG4-related RPF and non-IgG4-related IRPF, suggesting the possibility of effective treatment without glucocorticoid and its associated toxicity.^{68,69} Further evaluation of these agents is necessary to establish the most effective treatment strategy.

Ureteral drainage and/or surgical intervention are another important component in the management of RPF.

As ureteral drainage, percutaneous nephrostomy and indwelling ureteral stents are both efficacious with comparable safety and can be removed under appropriate medical treatment^{44,70} although the latter has a higher incidence of obstruction during the indwelling period.⁴⁴ Surgical intervention includes ureterolysis by open exploration or laparoscopy with omental fat wrapping of the ureters and intraperitoneal transposition,^{53,71,72} which is regarded as the best surgical approach to relieve ureteral obstruction. However, since surgical treatment does not prevent progression and recurrence of disease, and has no or little effect on the systemic manifestations, preceding medical therapy is recommended.

Prognosis

In general, the prognosis of patients with IRPF is good. Long-term observation studies reported mortality rates of 0–9%^{25,26,53} and ESRD rates of 0–8%^{25–27,29} although the follow-up durations were different among these studies (Table 1). On the other hand, CKD is a major complication of IRPF, and presumably results from urinary tract obstruction due to the retroperitoneal lesions. CKD defined as an estimated glomerular filtration rate (eGFR) of less than 60 mL/min/1.73m² was observed in 20–47% of IRPF patients.^{25,26,29} The risk factors for these poor outcomes in IRPF have not been established partly because of inconsistencies in the treatment regimens and disease monitoring protocols between individual studies.

Relapse is another important outcome investigated in several past studies. As mentioned above, observation studies demonstrated that relapses during the observation periods were observed in approximately 15–50% of patients.^{25–29} Although the suggested risk factors of relapse were inconsistent among the studies, they included higher baseline ESR,²⁵ a shorter course of glucocorticoid treatment,²⁵ ANA positivity,²⁷ smoking,²⁷ AKI,²⁷ and lumbar pain.²⁷ Reliable predictors of relapses are desired because relapse is suggested to result in a greater eGFR decline during the clinical course.²⁷

Long-term outcomes or relapse predictors specific for IgG4-related RPF have not been clarified yet. In comparison with non-IgG4-related IRPF, some studies showed a higher recurrence rate in IgG4-related RPF,⁴ while others demonstrated no significant differences in the response to therapy or relapses between the two groups.³⁵ On the other hand, several studies investigated relapse predictors of IgG4-RD not limited to IgG4-related RPF. In type 1 autoimmune pancreatitis (AIP), the pancreatic lesion of IgG4-

RD, the risk factors for relapse were reported to include absence of low-dose maintenance glucocorticoid treatment, presence of IgG4-related sclerosing cholangitis, and high immune complex level in long-term observational studies or randomized controlled trials.^{49,50,73,74} Different factors including younger age, male gender, elevation of serum IgG4, IgG, and IgE levels, eosinophil counts, RF positivity, and initial dose of glucocorticoids were identified in long-term observational studies focusing on a large number of subjects from the whole IgG4-RD population mainly consisting of patients with dacryoadenitis and sialadenitis.^{75–77} In addition, our own recent study demonstrated that the risk factors of recurrent and de novo organ involvement were different in IgG4-RD. Risk factors of recurrent organ involvement were younger age and ANA positivity, whereas those of de novo organ involvement were elevation of peripheral blood eosinophil counts and discontinuation of glucocorticoids/observation without glucocorticoids.⁷⁸

Attention also needs to be paid to one particular treatment risk when patients with hydronephrosis due to periaortic/periarterial lesions are treated. Early initiation of glucocorticoid therapy is desired for preservation of renal function, but careful follow-up after it is essential when the affected aorta/artery has already shown luminal dilatation or aneurysmal formation. A risk of exacerbation of the existing luminal dilatation or rupture of the affected aorta/artery is presumed as an unintentional consequence of such treatment in IgG4-related periaortitis/periarteritis^{47,79–81} (Figure 3).

Conclusions

IRPF both IgG4-related and non-IgG4-related is a rare disorder that frequently causes several types of renal involvement, mainly obstructive uropathy due to periaortic/periarterial lesions. Not only AKI due to temporary urinary tract obstruction but also CKD of various severities in persistent cases can occur. However, appropriate management with immunosuppressive agents and urological interventions can improve the renal prognosis and prevent ESRD. Although the prognostic difference remains unclear between IgG4-related and non-IgG4-related forms, more attention should be paid to multiple organ involvement including IgG4-related TIN as another cause of renal insufficiency in IgG4-related RPF. In addition, exacerbation of the luminal dilatation or rupture of the affected aorta/artery may occur as an unintended consequence of treatment in IgG4-related RPF, and so requires careful follow-up observation. Further studies will be necessary to better clarify the

Table 1 Main Clinical Pictures, Laboratory Findings, Treatment, and Outcomes of Patients with IRPF in Different Clinical Series

References	Kermani et al ²⁶	van Bommel et al ¹⁷	Brandt et al ³⁰	Moriconi et al ²⁷	Zhao et al ²⁵	Wallwork et al ⁴⁸	Urban et al ⁴⁹	Wang et al ⁵	Wang et al ⁵	Mizushima et al ³¹
IgG4 or non-IgG4	185 Pts NA	53 Pts NA	204 Pts NA	43 Pts Mixed	155 Pts Mixed	26 Pts Mixed#	20 Pts Non-IgG4	85 Pts Non-IgG4	47 Pts IgG4	99 Pts IgG4
Age, years	58 ± 12	64 ± 11	56 ± 12	55 ± 11	58 ± 12	55 (43–58)	58 (53–67)	55 ± 13	59 ± 12	67 ± 10
Male, %	61	77	68	63	71	85	65	63	83	85
Clinical Pictures at Diagnosis										
Pain (abdominal, flank, back), %	40	92	66	62	57	73	85	55	36	23
Fever, %	9	17	NA	NA	14	NA	NA	6	4	8
Limb edema, %	13	8	17	5	34	NA	NA	8	11	4
Hydronephrosis, %	57	55	96	49	95	46	65	59	74	21
Unilateral, %	NA	40	40	17	38	NA	40	22	34	15
Bilateral, %	56	15	56	32	57	NA	25	36	40	6
Impaired renal function, %	42	66	NA	NA	62	NA	NA	NA	NA	NA
Laboratory Findings at Diagnosis										
ESR, mm/h	32 ± 29	45 (23–76)	NA	NA	45 (17–154)	28 (17–48)	47 (29–71)	30 (12–57)	39 (18–72)	NA
CRP, mg/dL	2.1 ± 2.6	2.3 (0.7–4.4)	NA	2.2 ± 1.7	2.6 (0.8–23.1)	0.6 (0.3–1.1)	1.2 (0.6–3.6)	1.0 (0.3–2.0)	0.6 (0.2–1.6)	0.3 (0.1–1.0)
eGFR, mL/min/1.73m ²	NA	NA	NA	77 ± 20	NA	NA	64 (28–86)	NA	NA	NA
Serum creatinine, mg/dL	1.3 (1.1–2.1)	1.4 (1.1–1.9)	NA	NA	4.5 (1.2–21.4)	NA	NA	1.1 (0.8–1.8)	1.0 (0.7–1.4)	NA
Treatments										
PSL monotherapy, %	12	NA	57	70	10	0	0	7	11	NA
PSL + tamoxifen, %	NA	NA	2	30	NA	0	0	13	2	NA
Tamoxifen monotherapy, %	NA	NA	13	0	NA	0	0	0	0	NA
PSL + IS, %	NA	NA	21	0	NA	0	0	47	62	NA
PSL + RTX, %	NA	NA	0	0	NA	27	80	1	2	NA
RTX monotherapy, %	NA	NA	0	0	NA	73	20	0	0	NA
No medication, %	12	NA	7	0	14	0	0	23	15	NA
Ureteral stent, %	57	NA	12	51	71	39	45	46	34	NA
Nephrostomy, %	6	NA	2	NA	18	0	0	14	4	NA
Ureterolysis, %	28	NA	24	7	12	0	0	16	8	NA
Outcomes										
Follow-up duration, months	48 (25–80)	NA	NA	90 ± 56	45 (0.1–169)	3.6 (2.9–4.2)	38 (17–61)	24 (12–48)	20 (12–36)	NA
Remission, %	54	NA	NA	60	NA	NA	75	NA	NA	NA
Relapse, %	12	NA	NA	40	18	NA	15	NA	21	NA
ESRD, %	0	NA	NA	8	0	4	0	NA	NA	NA
CKD, %	32*	NA	NA	NA	47**	NA	NA	NA	NA	NA
Death, %	6	NA	NA	0	9	0	5	NA	NA	NA

Notes: Conversion factor for Cr: mg/dL to µmol/L, ×88.4. Data are presented as mean ± standard deviation or median [interquartile range (IQR-IQR3)] for continuous variables. *Defined as serum creatinine levels higher than upper limit of normal. **Defined as eGFR <60 mL/min/1.73m².

Abbreviations: CKD, chronic kidney disease; CRP, C-reactive protein; eGFR, estimated glomerular filtration rate; ESRD, end stage renal disease; IgG, immunoglobulin G; IgG4, immunoglobulin G4; IgE, immunoglobulin E; IQR, interquartile range; IS, immunosuppressant; NA, not available; PSL, prednisolone; Pts, patients; RTX, rituximab; SD, standard deviation; #IgG4:73%, non-IgG4:27%.

Figure 3 Aneurysm formation at the periaortic lesion of the abdominal aorta after glucocorticoid therapy. Before (A) and after (B) glucocorticoid therapy, the periaortic lesion is markedly ameliorated, while an aneurysm has developed at the same site.

pathogenesis of this disease and to establish optimal diagnostic and therapeutic strategies.

Acknowledgments

We thank John Gelblum for his critical reading of the manuscript.

Funding

There is no funding to report.

Disclosure

The authors report no conflicts of interest in this work.

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