In vitro Activity of Meropenem-Vaborbactam versus Other Antibiotics Against Carbapenem-Resistant *Escherichia coli* from Southeastern China

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Purpose: This study aimed to evaluate the in vitro activity of meropenem-vaborbactam (MVB) against a collection of carbapenem-resistant *Escherichia coli* (CREC) isolates and to compare the activity with other antibiotics with regard to different separation sites, carbapenem-resistant mechanisms, and sequence types (STs).

Methods: A total of 58 CREC strains were used as the experimental strains from the First Affiliated Hospital of Wenzhou Medical University in southeastern China. The minimum inhibitory concentrations of MVB, ceftazidime-avibactam, and tigecycline against all the experimental strains were determined by the microdilution broth method.

Results: MVB exhibited higher antimicrobial activity (83% susceptibility) than that of other antibiotics, except for colistin and tigecycline. The susceptibility of CREC strains towards MVB varied with regard to carbapenem-resistant mechanisms and STs, especially in *Klebsiella pneumoniae* carbapenemase (KPC)-positive isolates and ST8 isolates.

Conclusion: MVB exhibited considerably high activity against KPC-producing and ST8 CREC isolates. It has the great potential to be an alternative for the treatment of infections caused by CREC after determining the type of carbapenemase, the susceptibility to MVB and/or STs.

Keywords: meropenem-vaborbactam, carbapenem-resistant *Escherichia coli*, in vitro activity, KPC-producing, ST8

Introduction

The emergence and spread of carbapenem-resistant *Enterobacteriales* (CRE) are serious threats,^{1,2} leading to poor clinical outcomes of conventional antibiotic therapy, and especially carbapenem-resistant *Escherichia coli* (CREC), as one class of the most clinically relevant CRE, has become a major threat in hospitals worldwide. Resistance in CREC is mainly attributed to the presence of carbapenemase encoded by plasmid, which should be closely monitored because of their potential trend to spread in both hospital and community settings.^{3,4} The currently available antibiotic options against CREC infections are limited to polymyxins, tigecycline, fosfomycin, and aminoglycosides as the mainstays.^{5,6} Nowadays, in clinic context, the CREC infections have raised serious concerns that common infections with these “superbugs” may soon be untreatable, which is necessary to exploit new and effective anti-CRE therapies.

Meropenem-vaborbactam (MVB), a new antibacterial drug, based on an old betalactam molecule with a novel beta/Betalactam inhibitor active on

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carbapenemases, was approved in August 2017 by the US Food and Drug Administration (FDA) for the treatment of complicated urine infections caused by *Enterobacteriales*.⁷ MVB can slow down the development of bacterial resistance, and hence, is advantageous than meropenem.^{6,8} A study reported that MVB exhibits considerable activity against class A and C serine beta/Betalactams, including *Klebsiella pneumoniae* carbapenemase (KPC), imipenem-hydrolyzing beta/Betalactam carbapenemase, *Serratia marcescens* enzymes, non-Metallo-carbapenemase-A, and Brazilian *Klebsiella* carbapenemase-1.⁹ In addition, MVB monotherapy showed significant improvement in clinical cure rates, lower nephrotoxicity, and lower mortality rates.^{7,8}

In recent years, different resistance patterns against colistin and fluoroquinolone have been observed in *E. coli* isolates of different sequence types (STs).^{10–12} This study aimed to evaluate the in vitro activity of MVB against CREC isolates and to compare the activity with other antibiotics with regard to different separation sites, carbapenem-resistant mechanisms, and STs. This study provides important insights for the development of new effective therapeutic strategies against CREC infections.

Materials and Methods

Bacterial Isolates and Resistance Mechanisms

A total of 58 CREC isolates were isolated during our previous study¹³ from different clinical samples collected from the First Affiliated Hospital of Wenzhou Medical University, Wenzhou, China. These isolates were categorized into 19 different STs, among which the predominant was ST8. The isolates were isolated from different clinical samples, and most of them were isolated from urine samples. Various carbapenem-resistant mechanisms were identified mainly through polymerase chain reaction (PCR) and sequencing in our previous study,¹³ and *bla*_{NDM} was the principal carbapenem-resistant mechanism.

Antimicrobial Susceptibility Testing

Meropenem, vaborbactam, ceftazidime, avibactam, and tigecycline were provided by The Medicines Company (MedChemExpress, USA). The minimum inhibitory concentrations (MICs) of MVB (the fixed concentration of vaborbactam: 8 µg/mL),¹⁴ ceftazidime-avibactam (CAZ/AVI; the fixed concentration of avibactam: 4 µg/mL),

and tigecycline were evaluated by the microdilution broth method. The results were interpreted on the basis of the latest guidelines published by the Clinical and Laboratory Standards Institute (CLSI 2019; Pittsburgh, PA, USA). Quality control testing was performed by using *E. coli* ATCC 25922, and the quality control results were within the specified CLSI limits. All the experiments were performed in triplicate.

Statistical Analysis

Statistical analyses were performed using the SPSS 22.0 software (IBM, Armonk, NY, USA). The categorical variables were defined as the number and percentage of subjects. The Chi-square test or Fisher's exact test was performed to evaluate the differences in the categorical variables. A *p*-value of <0.05 was considered statistically significant.

Results

Antimicrobial Susceptibility Testing of CREC for Commonly Used Antimicrobials

The MIC₅₀ and MIC₉₀ values and resistance rates of commonly used drugs against CREC are shown in Table 1 and our previous study.¹³ All 58 CREC strains exhibited lower susceptibility towards ampicillin (2%), ceftriaxone (2%), ceftazidime (7%), ertapenem (0), ciprofloxacin (0), levofloxacin (0), and gentamicin (14%), compared with the susceptibility towards amikacin (78%), fosfomycin (62%) and imipenem (65%). While colistin, tigecycline, CAZ/AVI and MVB were the last-line of defense drugs for the treatment CREC infection, with susceptibility rates of 0, 100%, 60%, and 83%, respectively.

MICs of MVB versus MICs of Meropenem

Only 6 CREC strains (6/58, 10.34%) were resistant to MVB and all of them contained *bla*_{NDM-1} or *bla*_{NDM-5}. The MICs of the remaining 52 strains (52/58, 89.66%) were in the range of ≤0.03125/8 µg/mL to 8/8 µg/mL, which decreased by 2–128 folds compared with meropenem alone. A total of 14 strains (14/58, 24.1%) carrying *bla*_{KPC-2} were highly susceptible to MVB, and their MICs decreased by 4–128 folds. Among the 14 strains, the MICs of 7 strains (7/14, 50%) were ≤0.03125/8 µg/mL. The MIC₅₀ and MIC₉₀ of the strains carrying *bla*_{KPC-2} decreased by 128-fold and 16-fold, respectively.

Table I Minimum Inhibitory Concentrations (MICs) of 58 Carbapenem-Resistant *Escherichia coli* Isolates

Isolates	Fold Change	MIC (µg/mL)				
		MEM	MVB	CAZ/AVI	COL	TGC
DC-38	4	0.25	0.0625/8	64/4	0.25	0.125
DC-269	2	2	1/8	64/4	0.125	0.25
DC-1918	2	0.25	0.125/8	4/4	0.125	0.125
DC-1960	2	2	1/8	1/4	0.125	0.25
DC-2003	1	0.5	0.5/8	64/4	0.25	0.25
DC-3285	64	4	0.0625/8	0.5/4	0.5	0.25
DC-3737	1	16	16/8	>256/4	16	0.25
DC-3835	128	16	0.125/8	1/4	0.125	0.25
DC-3938	8	2	0.25/8	0.5/4	0.125	0.125
DC-4069	16	16	1/8	8/4	0.25	0.25
DC-4385	16	2	0.125/8	8/4	0.125	0.25
DC-4852	8	1	0.125/8	0.5/4	0.125	0.25
DC-4967	64	2	≤0.03125/8	<0.12/4	0.25	0.25
DC-5108	64	4	≤0.03125/8	0.25/4	0.125	0.25
DC-5113	64	16	≤0.03125/8	1/4	0.5	0.25
DC-5114	64	4	≤0.03125/8	<0.12/4	0.125	0.25
DC-5127	8	0.125	0.0156/8	<0.12/4	0.25	0.25
DC-5128	1	16	16/8	<0.12/4	0.5	0.25
DC-5147	64	1	0.0156/8	0.5/4	0.25	0.25
DC-5178	2	4	2/8	0.5/4	0.25	0.125
DC-5183	4	4	1/8	0.25/4	0.25	0.25
DC-5208	4	4	1/8	1/4	0.25	<0.0625
DC-6525	2	0.125	0.0625/8	<0.12/4	0.25	0.125
DC-6581	2	8	4/8	1/4	0.125	0.125
DC-6669	2	0.5	0.25/8	1/4	0.25	0.25
DC-6729	1	0.5	0.5/8	>256/4	0.25	0.125
DC-6824	16	2	0.125/8	8/4	0.25	0.25
DC-6834	8	0.25	0.03125/8	1/4	0.25	0.125
DC-6856	64	2	≤0.03125/8	0.25/4	0.25	0.25
DC-6896	64	2	≤0.03125/8	<0.12/4	0.25	0.5
DC-6899	2	4	2/8	0.25/4	0.25	<0.0625
DC-6911	1	1	1/8	>256/4	0.25	<0.0625
DC-7114	1	4	4/8	>256/4	0.25	<0.0625
DC-7143	1	4	4/8	>256/4	0.25	0.125
DC-7157	1	4	4/8	8/4	0.25	<0.0625
DC-7333	1	2	2/8	>256/4	16	<0.0625
DC-7350	1	8	8/8	>256/4	0.25	<0.0625
DC-7368	1	2	2/8	>256/4	0.25	0.5
DC-7523	1	4	4/8	>256/4	0.5	0.5
DC-7603	2	16	8/8	8/4	0.5	0.5
DC-7658	1	8	8/8	>256/4	0.5	0.25
DC-7663	1	2	2/8	8/4	0.125	2
DC-7683	1	2	2/8	8/4	0.25	1
DC-7706	1	4	4/8	>256/4	0.5	0.5
DC-7741	1	8	8/8	>256/4	0.5	2
DC-7781	1	4	4/8	>256/4	0.25	0.25
DC-7782	1	16	16/8	>256/4	0.25	0.125
DC-7828	1	2	2/8	0.25/4	0.25	1
DC-7911	1	16	16/8	>256/4	0.25	1

(Continued)

Table 1 (Continued).

Isolates	Fold Change	MIC (µg/mL)				
		MEM	MVB	CAZ/AVI	COL	TGC
DC-7914	1	16	16/8	>256/4	0.25	1
DC-7956	1	16	16/8	>256/4	0.5	2
DC-7969	1	0.125	0.125/8	32/4	0.125	0.125
DC-7980	1	0.5	0.5/8	1/4	0.25	1
DC-7994	64	1	0.0156/8	0.25/4	0.25	0.5
DC-8085	1	2	2/8	64/4	0.25	0.25
DC-8087	1	4	4/8	8/4	0.25	1
DC-8111	1	4	4/8	>256/4	0.5	0.5
DC-8234	4	2	0.5/8	1/4	0.25	0.25

Notes: Fold change, indicating the ratio of the MIC of Meropenem to the MIC of MVB. Bolded MICs values, indicating a strain resistant to corresponding drugs.

Abbreviations: MEM, meropenem; MVB, meropenem-vaborbactam; CAZ/AVI, ceftazidime/avibactam; COL, colistin; TGC, tigecycline.

However, the MICs of 27 strains (27/58, 46.5%) carrying *bla*_{NDM} (except 3 strains) had no obvious changes. The MICs of strains carrying Cefotaximase-Munich (CTX-M)-type beta/Betalactam genes and *bla*_{TEM-1} gene decreased by 2–8 folds, indicating a minor change. All data are shown in Table 1 and Figure 1.

Comparison of Susceptibility Rates with Regard to Diverse Separation Sites

There was no significant difference in the MVB susceptibility rate among strains isolated from diverse separation sites and was the highest for blood (87.5%), followed by urine and pus (83.3%), and drainage fluid (81.8%). The meropenem susceptibility rate was lower than the MVB susceptibility rate and was the highest for drainage fluid (36.4%), followed by pus (33.3%), and blood (25%). Vaborbactam had a greater effect on meropenem susceptibility. There was no significant difference in various drug susceptibility rates of strains isolated from diverse separation sites (Table 2).

Comparison of Susceptibility Rates with Regard to Diverse Resistance Genes

MVB susceptibility did not vary significantly with regard to resistance genes carried by the strains. The higher MVB susceptibility was observed in the case of KPC strains (92.9% susceptibility) and strains carrying CTX-M (85.7% susceptibility). The MVB susceptibility rate of strains carrying resistance genes was higher than that of the meropenem susceptibility rate. Furthermore, CAZ/AVI susceptibility was significantly higher in KPC isolates compared with that in the isolates carrying *bla*_{NDM} ($P < 0.05$). There were non-significant differences in

susceptibility rates among strains carrying other genes and towards other drugs (Table 3).

Comparison of Susceptibility Rates with Regard to Diverse Combinations of Resistance Mechanisms

A total of 14 combinations of resistance mechanisms were found in the strains (Table 4), and the most common combination was “New Delhi Metallo-beta/Betalactam (NDM) + CTX + TEM + ompC/F”, followed by CTX + ompC/F, KPC + CTX, and NDM + CTX + TEM. The susceptibility rate of MVB was significantly different among those groups including KPC and was different in the strains carrying both KPC and NDM at the same time. However, the MIC₅₀ in groups including NDM was similar and the susceptibility rate was increased because of the increase of MVB breakpoint. The remaining combinations of resistance mechanisms involved the beta/Betalactam resistance genes (CTX and TEM) and outer membrane porin genes (ompC and ompF), and most of these strains were susceptible meropenem and MVB, except one isolate that carried TEM and ompC/F.

Comparison of Susceptibility Rates with Regard to Diverse STs

The MVB susceptibility rate was significantly different among strains belonging to different STs, and was the highest in ST8 (100% susceptibility rate), and was 85.2% in other STs. Vaborbactam had a considerable effect on the restoration of meropenem susceptibility because the susceptibility percentage of meropenem in each ST group was lower. Compared with other ST groups, the susceptibility percentage

Figure 1 The cumulative percent of *Escherichia coli* isolates with different carbapenem-resistant mechanisms inhibited at specified meropenem-vaborbactam concentrations (µg/mL).

of MVB, meropenem, and ceftazidime/avibactam in the ST8 group and the susceptibility percentage of amikacin in the ST19 group was statistically significant ($P < 0.05$) (Table 5).

Discussion

MVB, a new and effective anti-CREC drug, has expanded the spectrum of meropenem against CREC infection. However, its effects on different strains including CREC

have not been evaluated. Therefore, this study aimed to evaluate the in vitro activity of MVB against CREC isolates and to compare the activity with other antibiotics with regard to different separation sites, carbapenem-resistant mechanisms, and STs.

All 58 isolates showed higher resistance rates to commonly used drugs, including CAZ/AVI, which was an antibiotic with activity against serine-lactamase and had

Table 2 Percent Susceptible^a for Meropenem/Vaborbactam (MVB) and Comparator Agents in Relation to Different Separation Sites^b

Agent	Total No. (% of 58)	Different Separation Sites, No, (Column %)				
		Urine (n=18) ^c	Blood (n=16) ^c	Drainage Fluid (n=11) ^c	Pus (n=6) ^c	Other Separation Sites (n=7) ^c
MVB	48 (82.8)	15 (83.3)	14 (87.5)	9 (81.8)	5 (83.3)	5 (71.4)
MEM	14 (24.1)	4 (22.2)	4 (25.0)	4 (36.4)	2 (33.3)	0
CAZ/AVI	35 (60.3)	11 (61.1)	13 (81.3)	3 (27.3)	4 (66.7)	4 (57.1)
AMP	1 (1.7)	0	1 (6.3)	0	0	0
CRO	1 (1.7)	0	1 (6.3)	0	0	0
CAZ	4 (6.9)	0	1 (6.3)	0	1 (16.7)	2 (28.6)
IPM	38 (65.5)	12 (66.7)	10 (62.5)	6 (54.5)	5 (83.3)	5 (71.4)
GEN	8 (13.8)	4 (22.2)	2 (12.5)	2 (18.2)	0	0
TOB	10 (17.2)	4 (22.2)	2 (12.5)	3 (27.3)	0	1 (14.3)
AMK	45 (77.6)	14 (77.8)	12 (75.0)	10 (90.9)	4 (66.7)	5 (71.4)
FOS	36 (62.1)	13 (81.3)	12 (75.0)	5 (45.5)	4 (66.7)	2 (28.6)

Notes: All isolates were susceptible to tigecycline. All isolates were non-susceptible to ertapenem, ciprofloxacin, levofloxacin and colistin. ^aData are expressed as no. isolates (column %). ^bPercent susceptible of isolates with separation sites irrespective. ^cThere is no statistical significance ($P > 0.05$, according to χ^2 test for two-group comparisons of all isolates).

Abbreviations: MVB, meropenem-vaborbactam; MEM, meropenem; CAZ/AVI, ceftazidime/avibactam; AMP, ampicillin; CRO, ceftriaxone; CAZ, ceftazidime; IPM, imipenem; ETP, ertapenem; CIP, ciprofloxacin; LVX, levofloxacin; GEN, gentamicin; TOB, tobramycin; AMK, amikacin; FOS, fosfomycin; COL, colistin.

Table 3 Percent Susceptible^a for Meropenem/Vaborbactam (MVB) and Comparator Agents in Relation to Individual Resistance Genes^b

Agent	Total No. (% of 58)	Carbapenem Resistance Genes, No, (Column %)		Beta/Betalactam Resistance Genes, No, (Column %)		Outer Membrane Porin Genes, No, (Column %)	
		<i>bla_{KPC}</i> (n=14) ^c	<i>bla_{NDM}</i> (n=30) ^c	<i>bla_{CTX-M-x}</i> (n=56) ^c	<i>bla_{TEM-1}</i> (n=34) ^c	<i>ompC</i> (n=22) ^c	<i>ompF</i> (n=21) ^c
MVB	48 (82.8)	13 (92.9)	21 (70.0)	48 (85.7)	26 (76.5)	16 (72.7)	16 (76.2)
MEM	14 (24.1)	1 (7.1)	4 (13.3)	14 (25.0)	7 (20.6)	3 (13.6)	5 (23.8)
CAZ/AVI	35 (60.3)	12 (85.7)*	10 (33.3)*	34 (60.7)	14 (41.2)	12 (54.5)	15 (71.4)
AMP	1 (1.7)	0	1 (3.3)	1 (1.8)	0	1 (4.5)	0
CRO	1 (1.7)	0	1 (3.3)	1 (1.8)	0	1 (4.5)	0
CAZ	4 (6.9)	0	1 (3.3)	4 (7.1)	2 (5.9)	4 (18.2)	0
IPM	38 (65.5)	8 (57.1)	18 (60.0)	38 (67.9)	24 (70.6)	15 (68.2)	13 (61.9)
GEN	8 (13.8)	2 (14.3)	4 (13.3)	7 (12.5)	3 (8.8)	3 (13.6)	2 (9.5)
TOB	10 (17.2)	3 (21.4)	4 (13.3)	9 (16.1)	3 (8.8)	3 (13.6)	2 (9.5)
AMK	45 (77.6)	12 (85.7)	20 (66.7)	43 (76.8)	26 (75.0)	17 (77.3)	14 (66.7)
FOS	36 (62.1)	10 (71.4)	13 (43.3)	35 (62.5)	21 (61.8)	14 (63.6)	13 (61.9)

Notes: All isolates were susceptible to tigecycline. All isolates were non-susceptible to ertapenem, ciprofloxacin, levofloxacin and colistin. All isolates did not carry *bla_{IMP}* (n=0), *bla_{VIM}* (n=0), *bla_{OXA-48}* (n=0) and *bla_{SHV}* (n=0). ^aData are expressed as no. isolates (column %). ^bPercent susceptible of isolates with individual resistance genes irrespective of the presence/absence of other individual resistance genes. ^cSignificant differences ($P < 0.05$, according to χ^2 test for two-group comparisons of all isolates that have the indicated resistance gene) are in boldface and marked with an asterisk.

Abbreviations: MVB, meropenem-vaborbactam; MEM, meropenem; CAZ/AVI, ceftazidime/avibactam; AMP, ampicillin; CRO, ceftriaxone; CAZ, ceftazidime; IPM, imipenem; ETP, ertapenem; CIP, ciprofloxacin; LVX, levofloxacin; GEN, gentamicin; TOB, tobramycin; AMK, amikacin; FOS, fosfomycin; COL, colistin.

broad-spectrum activity against CREC isolates formerly, compared with those of colistin, tigecycline, and MVB. Similar results were reported by Brian D. Johnston et al; however, the resistance rate of amikacin was higher than that of our study (26% vs.19%).¹⁵ Therefore, the susceptibility results of MVB in CREC should be studied with a proper clinical niche. Among 58 CREC strains, the MICs

of MVB for some strains decreased by 2–128 folds after the addition of vaborbactam. The considerably high in vitro activity was shown against some strains. The results of this study and those reported by Castanheira et al¹⁴ were similar, as both showed the potential MVB activity against contemporary CRE, CREC, and multi-drug resistance *E. coli* isolates.

Table 4 Combination of Resistance Mechanisms Among 58 Carbapenem-Resistant *Escherichia coli* Isolates

Combination of Resistance Mechanisms ^a	Total No. (% of 58)	Meropenem			Meropenem/Vaborbactam		
		MIC ₅₀ (µg/mL)	MIC Range (µg/mL)	No. (%) Susceptible	MIC ₅₀ (µg/mL)	MIC Range (µg/mL)	No. (%) Susceptible
KPC+CTX	8 (13.8)	4	1, 16	1 (12.5)	≤0.03125/8	≤0.03125/8, 1/8	8 (100)
KPC+CTX+TEM	1 (1.7)	16	- ^b	0 (0)	2/8	- ^b	1 (100)
KPC+CTX+ompC/F	3 (1.7)	2	2, 4	0 (0)	≤0.03125/8	≤0.03125/8, 1/8	3 (100)
KPC+CTX+TEM+ompC/F	1 (1.7)	4	- ^b	0 (0)	2/8	- ^b	1 (100)
KPC+NDM+CTX+TEM+ompC/F	1 (1.7)	2	- ^b	0 (0)	0.5/8	- ^b	1 (100)
NDM+CTX	1 (1.7)	4	- ^b	0 (0)	4/8	- ^b	1 (100)
NDM+CTX+ompC/F	3 (5.2)	16	2, 16	0 (0)	16/8	2/8, 16/8	1 (33.3)
NDM+TEM+ompC/F	2 (3.4)	4	4, 8	0 (0)	4/8	4/8, 8/8	1 (50)
NDM+CTX+TEM	8 (13.8)	1	0.125, 2	4 (50)	1/8	0.125/8, 2/8	8 (100)
NDM+CTX+TEM+ompC/F	15 (25.9)	4	2, 16	0 (0)	4	0.125/8, 16/8	9 (60)
CTX+TEM	1 (1.7)	0.25	- ^b	1 (100)	0.0625/8	- ^b	1 (100)
CTX+ompC/F	9 (15.5)	0.5	0.125, 4	6 (66.7)	0.125/8	0.03125/8, 2/8	9 (100)
CTX+TEM+ompC/F	4 (6.9)	0.5	0.5, 2	2 (50)	0.25	0.0156/8, 1/8	4 (100)
TEM+ompC/F	1 (1.7)	16	- ^b	0 (0)	8/8	- ^b	0 (0)

Notes: ^aCombination of resistance mechanisms are listed alphabetically (prioritising carbapenemases); ^b -, Indicating not applicable (only one isolate).

In fact, KPC-producing CRE infections are associated with a significantly higher risk of overall mortality compared with that of non-KPC-producing CRE infections.³ In our research, it is worth noting that MVB, CAZ/AVI, and AMK were active against KPC-producers, which was an Ambler class A enzyme that utilizes serine at the active

site to facilitate hydrolysis of nearly all currently available beta/Betalactam antibiotics,¹⁶ and 50% of KPC-producing CREC isolates were susceptible to MVB (MIC ≤0.003125/8 µg/mL) and this was in line with Zhou et al.¹⁷ A previous study reported that a combination of MVB with various carbapenems reduced the MIC values by 16–64 folds for tested KPC-producing isolates in the US.¹⁸ Our finding expressed that MVB had the highest decrease in MIC values for KPC-producing CREC strains isolated from southeastern China. On the other hand, the MICs of strains carrying CTX-M-type beta/Betalactam genes, *bla*_{TEM-1} genes, and outer membrane porin genes were different; however, the extent of decrease was less than that of KPC. Probably the inhibitory activity of vaborbactam is less important when it meets class A ESBLs and class C cephalosporinases alone¹⁹ compared with that of the stable carbapenem. In other words, the low off rate of vaborbactam for KPC plays an important role in enhancing the activities of antibiotics against KPC-producing strains, and the low potency of vaborbactam against CTX- and TEM-producing strains might be that it cannot form a stable inhibitory complex with these enzymes.¹⁹ However, our study showed that MVB and CAZ/AVI did not exhibit strong inhibitory activity against the Metallo-beta/Betalactam NDM-1 and NDM-5, and was consistent with the results reported by Lomovskaya et al.²⁰ As vaborbactam and avibactam lack inhibitory activity against Metallo-beta/Betalactam, it resulted in a similar

Table 5 Percent Susceptible^a for Meropenem/Vaborbactam (MVB) and Comparator in Relation to Sequence Types (STs)^b

Agent	Total No. (% of 58)	ST, No. (Column %)			
		ST8 (n=17) ^c	ST19 (n=7) ^c	ST692 (n=7) ^c	Other STs (n=27) ^c
MVB	48 (82.8)	17 (100)*	4 (57.1)	4 (57.1)	23 (85.2)
MEM	14 (24.1)	4 (23.5)*	0	1 (14.3)	9 (33.3)
CAZ/AVI	35 (60.3)	15 (88.2)*	2 (28.6)	1 (14.3)	17 (63.0)
AMP	1 (1.7)	0	0	0	1 (3.7)
CRO	1 (1.7)	0	0	0	1 (3.7)
CAZ	4 (6.9)	1 (5.9)	0	0	3 (11.1)
IPM	38 (65.5)	12 (70.6)	2 (28.6)	5 (71.4)	19 (70.4)
GEN	8 (13.8)	4 (23.5)	1 (14.3)	0	3 (11.1)
TOB	10 (17.2)	5 (29.4)	1 (14.3)	0	4 (14.8)
AMK	45 (77.6)	16 (94.1)	2 (28.6)*	5 (71.4)	22 (81.5)
FOS	36 (62.1)	14 (82.4)	2 (28.6)	4 (57.1)	16 (59.3)

Notes: All isolates were susceptible to tigecycline. All isolates were non-susceptible to ertapenem, ciprofloxacin, levofloxacin and colistin. ^aData are expressed as no. isolates (column %). ^bPercent susceptible of isolates with STs. ^cSignificant differences ($P < 0.05$, according to χ^2 test for two-group comparisons of all isolates) are in boldface and marked with an asterisk.

Abbreviations: MVB, meropenem-vaborbactam; MEM, meropenem; CAZ/AVI, ceftazidime/avibactam; AMP, ampicillin; CRO, ceftriaxone; CAZ, ceftazidime; IPM, imipenem; ETP, ertapenem; CIP, ciprofloxacin; LVX, levofloxacin; GEN, gentamicin; TOB, tobramycin; AMK, amikacin; FOS, fosfomycin; COL, colistin.

MIC distribution for MVB and meropenem, with the MIC₅₀ and MIC₉₀ of both the two drugs were 16 and 32 mg/L, respectively.^{14,21} However, the MIC₅₀ and MIC₉₀ of MVB and meropenem of the NDM group were lower in our study (Table 1). The percent susceptibility of MVB was higher than that of meropenem in the NDM group (Tables 3 and 4). It was not only related to Metallo-beta/Betalactam, but also the increase of MVB breakpoint. This phenomenon was observed in 14 combinations of resistance mechanisms; MVB exhibited considerably high activity even when both KPC and NDM were present in the same strain.

MVB has been approved by the FDA for the treatment of complicated urinary tract infections.⁷ The CRCE strains isolated from various separation sites showed susceptibility towards MVB, and had similarities with no statistical differences, suggesting that MVB might be effective against CREC infections of various sources. This observation needs to be verified with more isolates and in vivo tests. Additionally, MVB activity varied significantly with regard to STs; the susceptibility of ST8 strains towards MVB, meropenem, and CAZ/AVI had statistical differences. Notably, ST8 was the predominant ST in the present study; however, other studies have reported that ST131 H30R1 and H30Rx subclones are more susceptible to MVB than isolates of other STs.^{12,22}

To summarize, MVB is effective against most CREC clinical isolates found in the hospital of southeastern China, and the susceptibility of CREC strains towards MVB varied with regard to carbapenem-resistant mechanisms and STs. MVB might be considered an alternative treatment against invasive infections caused by KPC-producing and ST8 CREC isolates. It requires the determination of the type of carbapenemase and susceptibility to MVB and/or STs.

Ethical Statement

The study was approved by the Ethics Committee of the First Affiliated Hospital of Wenzhou Medical University. This article did not conduct human or animal studies, so informed consent was abandoned.

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Author Contributions

All authors made a significant contribution to the work reported, whether that is in the conception, study design, execution, acquisition of data, analysis and interpretation, or in all these areas; took part in drafting, revising or critically reviewing the article; gave final approval of the version to be published; have agreed on the journal to which the article has been submitted; and agree to be accountable for all aspects of the work.

Disclosure

The authors report no conflicts of interest in this work.

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