ORIGINAL RESEARCH

Impact of Antimicrobial Stewardship Program on Vancomycin Usage: Costs and Outcomes at Hospital for Tropical Diseases in Ho Chi Minh City, Vietnam

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Background: Nowadays, with the emergence of vancomycin-resistant strains, the clinical use of vancomycin has been followed closely by applying the antimicrobial stewardship program (ASP) to enhance effectiveness in treatment and reduce cost burden for patients.

Methods: A descriptive cross-sectional study at the Hospital for Tropical Diseases was conducted to assess the inpatient status assigned to intravenous vancomycin and factors associated with the cost of treatment during two periods of implementing ASP, which were i) from April 1, 2016 to March 31, 2018 (previous ASP-pASP) and ii) from June 1, 2018 to March 31, 2020 (new ASP-nASP).

Results: Among 1375 patients who met the sampling criteria, there were 601 and 774 patients in pASP and nASP, respectively. The rate of no improvement/mortality in the pASP was higher than that in nASP (37.10% vs 25.98%, p <0.05). The proportion of patients with two or more infection episodes in nASP is lower than that in pASP (9.83% vs 18.64%, p<0.05). Besides, nASP has higher length of therapy (LOT) and higher day of therapy (DOT). The average treatment cost in the pASP is higher than that in the nASP, 1891.22 (95% CI, 1713.46–2068.98) USD vs 1775.55 (95% CI, 1576.22–1974.88) USD. There are seven factors (p<0.05) that associate with the total cost of treatment (age, number of infection episodes, length of stay, discharge status, clinical department, LOT, DOT) in pASP. On the other hand, the nASP has five factors (p<0.001), in which the log(LOT) and age are not as statistically significant (p=0.5127 and 0.3852, respectively) as in the pASP model.

Conclusion: The implementation and improvement of the ASP at the Hospital for Tropical Diseases have initially shown benefits for patients using intravenous vancomycin. Specifically, the ASP helps to reduce treatment costs, improve patient outcomes, reduce length of stay and decrease the average daily dose of vancomycin.

Keywords: antimicrobial stewardship program, vancomycin, Hospital for Tropical Diseases, Vietnam, treatment costs, outcomes

Introduction

The prevalence of gram-positive infection has continued to increase steadily over the past two decades and has become a common cause of community infection and a burden on the total cost of treatment.[1,2] Among pathogenic gram-positive bacteria, *Staphylococcus aureus, Streptococcus pneumoniae* and enterococci stand out as the main cause of global antimicrobial resistance.[3] These have led to an increasing use of vancomycin in clinical practice against gram-positive bacteria.[4]

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However, the emergence of vancomycin-intermediate and vancomycin-resistant *Staphylococcus aureus* and *Enterococcus faecium* (VRE) strains has resulted in a more rigorous approach to vancomycin restriction in use and to vancomycin treatment monitoring.[5,6] Applying antimicrobial stewardship programs (ASPs) in clinical practice improves the rationality of antibiotic use, clinical effectiveness and reduces cost of treatment.[7] In Vietnam, the ASP started in 2016 according to Decision 772/QD-BYT of the Ministry of Health; however, the implementation of hospitals still remained limited.[8,9] Hospital for Tropical Diseases in Ho Chi Minh City (HTD) is one of the first hospitals to apply ASP, but the evidence of benefits and effectiveness of ASP has not been systematically assessed. In addition, the patients, who used vancomycin during treatment, should also be strictly monitored and the ASP strongly focuses on managing this group of antibiotics as well. For these reasons, this study was conducted to assess the inpatient status assigned to intravenous vancomycin and factors associated with the patient's cost of treatment during the implementation of ASP.

Materials and Methods
Study Design
This study was conducted as a retrospective study at the HTD, between April 2016 and March 2020. HTD is a hospital specialized in infectious diseases with 500 beds (180 beds for children and 320 beds for adults), is also a terminal specialized hospital in the south. The study investigated the status of intravenous vancomycin treatment and the factors associated with the total treatment costs in two stages of applying ASP which were as follows: i) from April 1, 2016 to March 31, 2018 (previous ASP-pASP) and ii) from June 1, 2018 to March 31, 2020 (new ASP-nASP). During the nASP period, the hospital made some amendments and increased investment in management program and policy for antibiotic use. The summary of differences in policies between pASP and nASP is described in Table 1.

For vancomycin, at HTD, the recommended dose (for patients> 8 years) is as follows: i) Loading dose (not compulsory): 25–30 mg/kg according to actual weight and ii) Maintenance dose: 15–20 mg/kg according to actual weight every 8–12 hours. In case of patients with suspected risks of MRSA, vancomycin is indicated after a consultation between physicians and clinical pharmacists. However, at the pASP stage, most of the initial

dose will maintain if the patient is clinically stable. In the nASP stage, treatment is monitored more closely and interventions are taken after receiving culture. These interventions include down the antibiotic scale according to antibiotic results after considering the clinical progression, considering the combination of antibiotics with the aim of expanding the spectrum of effects on pathogenic microorganisms, synergistically enhancing the bactericidal effect, reducing and preventing the emergence of resistance mutations during treatment.

Data Collection
Evaluated Variables
This study aims to evaluate the association between patient characteristics and clinical indicators with the total treatment cost of patients using intravenous vancomycin under administration of an antimicrobial stewardship program. The variables include i) baseline characteristics: age, gender, height, weight, hospital admission department and diagnosis of infection by ICD-10; ii) clinical outcome: discharge status, length of stay, infection episode, duration of vancomycin use and dose; iii) direct medical costs: drug costs (antibiotics, vancomycin, and non-antibiotics), bed cost and other costs.

Inclusion and Exclusion Criteria
Data were collected through retrospective full electronic medical records of inpatients. Inclusion criteria comprised i) inpatients who received intravenous vancomycin during treatment and ii) patients who had all needed information for the study (include baseline characteristics, drug indications, clinical outcome and direct medical costs). Exclusion criteria included i) inability to pay or get free medical bills; ii) patients < 18 years of age; iii) on dialysis, peritoneal dialysis, and pregnant women (there is a large variation in pharmacokinetics in these patients); iv) patients with tuberculosis diagnosis (these patients were affected by another intervention that is not affected by the ASP).

Data Analysis
The costs in this study were estimated as the direct medical costs according to the payer's perspective (Vietnam Social Security) follow the sum-all cost and incidence-based approach. Infection episode is determined based on the date the antibiotic treatment was started. The next infection episode begins after at least 2 non-using antibiotic days after the previous infection episode or a relapse of

Table 1 Summary Differences in Policies Between pASP and nASP

	pASP	nASP
How to stratify the patient	3 groups	2 groups, focusing on examining the risk of infection with multi-resistant bacteria
Number of antibiotics in 01 prescription	No specified	Maximum of 02 antibiotics
Antibiotics need consultation	10 antibiotics	All intravenous antibiotics and oral linezolid
Return microbiological results	–	According to each step
Blood transplant procedure	–	Increased blood collection into 2 bottles, using fast bacteria identifier Maldi-tof
Limited antibiotic approval process	–	Change the approval process, integrate into hospital management software
Limited number of physicians who can approve antibiotics	2 physicians	9 physicians
Limited number of clinical pharmacists who can approve antibiotics	3 clinical pharmacists	4 clinical pharmacists
Compliance assessment, report results	At the end of 2017	At the beginning of each month

a previous infection episode (for example, 1st to 3rd date of using antibiotics, counted as the first infection, 4th and 5th date of not using, and days 6th and 7th of using antibiotics again was counted as the second infection). Length of therapy (LOT) calculated for a course of infection is based on the number of days using antibiotics, regardless of the number of antibiotics used. Days of therapy (DOT) is similar to LOT; however, it does include the number of antibiotics used.[10–12] The hospital classified the patient's discharge into six states as 1) recovery, 2) reduced, 3) hospital transfer, 4) unchanged, 5) severe and 6) mortality. In particular, to assess the outcome of patients, the study classified the outcome of patients into two main states: improvement (including recovery or reduced) and no improvement (lack of improvement in the clinical signs and symptoms or mortality, which include unchanged or severe or mortality or hospital transfer).

The study has been conducted over the years; therefore, all costs were converted into the analysis time (2020) by using the consumer price index (CPI), and then adjusted to US dollars, at the exchange rate updated as of March 2020 (1 USD = 23,172.50 VND).[13]

Statistical Analysis

Data were analyzed using R version 3.6.3. The study used a standard Q-Q plot probability chart to check the variables of LOT, DOT and treatment costs following the normal distributions. Continuous variables were expressed as the mean (SD [Standard Deviation]) for normal distribution or the median (interquartile range) for non-normally distributed data. Categorical variables were expressed as number and percentages. The Chi-squared test is used to compare categorical variables, the *t*-test or Mann–Whitney test is used to compare continuous variables, and a p-value <0.05 was considered statistically significant. The study fitted the appropriate distribution of the cost data using Maximum Likelihood Estimate (MLE) and chose a distribution which had the minimum sum of squared error between the fits and the actual distribution[14] The study analyzes factors associated with the patient's treatment costs using generalized linear regression model (Generalized Linear Model, GLM). GLM is one of the best options for data in medical research, which has high applicability and has been widely used around the world.[15,16]

Ethical Statement

Informed consent was obtained from patients or their caregivers by healthcare professionals during treatment at hospital in both pASP and nASP period. All patient information was anonymized and stored as unlinked data prior to analysis to prevent the disclosure of personal information. This study protocol was approved by Biomedical

Research Ethics Council at the Hospital for Tropical Disease in HCMC under Decision 38/HDDD on September 30, 2019. This study was conducted in accordance with the Declaration of Helsinki.

Results
Patient Characteristics
Of the 1375 patients who formed the reference case, 601 patients were in the pASP group, 774 in the nASP groups. The number of male and female cases in the pASP period was 389 (64.72%) and 212 (35.28%), respectively, and in the nASP period 501 (64.73%) and 273 (35.27%), respectively. There is no statistically significant difference between the rate of men and women of the two periods (p = 0.1636). Inpatients using vancomycin at HTD in pASP and nASP stages have mean age of 44.3 and 43.4, respectively. Accordingly, in the pASP stage, the oldest case is 96 and 93 in nASP. The status of vancomycin usage was recognized in the study, which was widely distributed in 14/14 clinical departments, and was led by Department of B infection in both pASP and nASP stages. The patient characteristic results are shown in Table 2.

The results showed that the rate of no improvement/ mortality in pASP and nASP was 37.10% and 39.14%, respectively (p < 0.05). Comparing the LOT and DOT data between the two periods in the study, the values in the pASP stage were both lower than that in the nASP stage (median 10 vs 12 and 14 vs 20, respectively). In the first stage, the control on prescribing restricted and broad-spectrum antibiotics was not really effective. Therefore, the use of these antibiotics shortens the treatment of infection, leading to a decrease in DOT and LOT. However, the downside is that the patient may experience undesirable effects of the drug and accelerate the antibiotic resistance. Therefore, in the nASP, the hospital is more concerned with the long-term impact of antibiotic use, as demonstrated by the promulgation of regulations on the number of prescribed antibiotics, on initial antibiotic selection and tighter control over limited antibiotics. Limiting the use of these antibiotics increases the duration of antibiotic use but has a beneficial long-term effect on resistance. Similarly, the control of vancomycin use in this study was consistent with the results of the study of general antibiotic use with the median of the vancomycin duration in the nASP phase (9 days) was longer than that in the pASP phase (8 days).

Economic Burden
The average total treatment cost of patients in the pASP is higher than that in the nASP, 1891.22 (95% CI, 1713.46–2068.98) USD vs 1775.55 (95% CI, 1576.22–1974.88) USD. During the nASP stage, the average of the drug costs and other costs decreased compared to the pASP stage. However, in the period of 2018 to 2020, the Ministry of Health issued circulars adjusting prices for medical examination and treatment services, leading to a higher mean hospital bed cost in the nASP period (277.02 USD) than in the pASP period (243.46 USD). The results of analyzing the treatment cost components of the cases in the two research periods are presented in Figure 1.

Generalized Linear Model
The study used a generalized linear model. The manual average cost, though, is numerically valuable. But in practical terms, the average self-imposed cost does not have much value. Hence, this figure can be viewed for reference with different regression models. The multicollinearity was not detected in the model. The multivariate linear regression model has the following form:

pASP stage*

$$\log(TC) = 0.1439 * \log(Age) + 0.1257 * (IE) \\ + 0.7853 * \log(LOS) + 0.1172 * (DS) \\ - 0.1664 * (HAD) - 0.6203 * \log(LOT) \\ + 0.8138 * \log(DOT) + 6.0809$$

nASP stage*

$$\log(TC) = 0.1631 * (IE) + 0.7409 * \log(LOS) \\ + 0.0631 * \log(S) + 0.2229 * (DS) \\ - 0.2082 * (HAD) + 0.3065 * \log(DOT) \\ + 6.1406$$

*The coefficients have statistical significance with p <0.001. R^2 is 58.73% and 63.68% for the pASP and nASP model, respectively.

To analyzing factors that correlate treatment costs of patients, multivariate generalized linear regression was applied (Table 3). Two models both have R-square above 50.00% (58.73% and 63.68% for pASP and nASP, respectively). The pASP model has seven statistically significant parameters (p<0.001). On the other hand, the nASP has six statistically significant parameters (p<0.001), in which the log(LOT) is not as statistically significant as in the pASP model (p=0.5127). The days of hospitalization have the

Table 2 Patient Characteristics

		pASP (n = 601)	nASP (n = 774)	*p* (**)
Age	Mean (SD)	44.3 (21.80)	43.4 (20.60)	0.305
	Range	18–96	18–93	–
Gender, n (%)	Male	389 (64.72%)	501 (64.73%)	0.164[a]
	Female	212 (35.28%)	273 (35.27%)	
BMI	Underweight (< 18.5)	102 (16.97%)	134 (17.31%)	0.199[a]
	Normal (18.5–24.9)	419 (69.72%)	508 (65.63%)	
	Overweight (> 24.9)	80 (13.31%)	132 (17.05%)	
Number of infection episode	**No. of episode**	n (%)	n (%)	0.243[a]
	1	489 (81.36%)	698 (90.17%)	
	2	81 (13.48%)	48 (6.20%)	
	3	18 (2.99%)	18 (2.33%)	
	4	08 (1.33%)	06 (0.78%)	
	5	02 (0.33%)	03 (0.39%)	
	6	02 (0.33%)	01 (0.13%)	
	7	01 (0.18%)	–	
LOT$_{vancomycin}$	Median (Q1-Q3)	8 (3–11)	9 (4–12)	<0.001[b]
	Range	1–43	1–54	–
Vancomycin dose 24h	Mean (SD)	2119 (721.41)	930 (269.55)	<0.001
LOT	Median (Q1-Q3)	10 (7–13)	12 (8–17)	<0.001[b]
	Range	1–52	1–74	–
DOT	Median (Q1-Q3)	14 (10–22)	20 (12–29)	<0.001[b]
	Range	1–71	1–112	–
Discharge status (*)	Recovery	112 (18.64%)	131 (16.93%)	0.093
	Reduced	266 (44.26%)	340 (43.93%)	0.104
	Unchanged	99 (16.47%)	56 (7.24%)	0.074
	Severe	116 (19.30%)	139 (17.96%)	0.092
	Mortality	8 (1.33%)	6 (0.78%)	0.080
	Hospital transfer	–	102 (13.16%)	–
Infection characteristics	Pneumonia	40 (6.66%)	83 (10.72%)	0.072
	Meningitis	62 (10.32%)	51 (6.59%)	0.085
	Infective endocarditis	7 (1.16%)	6 (0.78%)	0.080
	Septicemia	271 (45.09%)	285 (36.82%)	0.130
	Encephalitis, myelitis and encephalitis - spinal cord	20 (3.33%)	18 (2.33%)	0.081
	Cellulitis	38 (6.32%)	97 (12.53%)	0.063
	Urinary tract infections	8 (1.33%)	3 (0.39%)	0.080
	Skin and soft tissue infections	6 (0.99%)	23 (2.97%)	0.078
	Others	149 (24.80%)	208 (26.87%)	0.080
LOS	Median (Q1-Q3)	16 (11–25)	14 (10–21)	<0.001[b]
	Range	3–300	3–133	–

Notes: (*) Statuses are classified according to the physician's clinical judgment recorded in the medical record. (**) The *t*-test is used, unless stated otherwise, [a]Chi-square test, [b]Mann–Whitney.
Abbreviations: BMI, body mass index; LOT, length of stay; DOT, day of therapy.

greatest impact on the patient's treatment costs in both antibiotic management programs with the median at the stage of pASP and nASP was 16 and 14 days, respectively. The intercept coefficient in the total cost regression model of patients in pASP and nASP is 6.0809 and 6.1406, respectively. This parameter means that the median self-determined average cost of a patient was 51.99 USD in pASP stage and 59.65 USD in nASP stage.
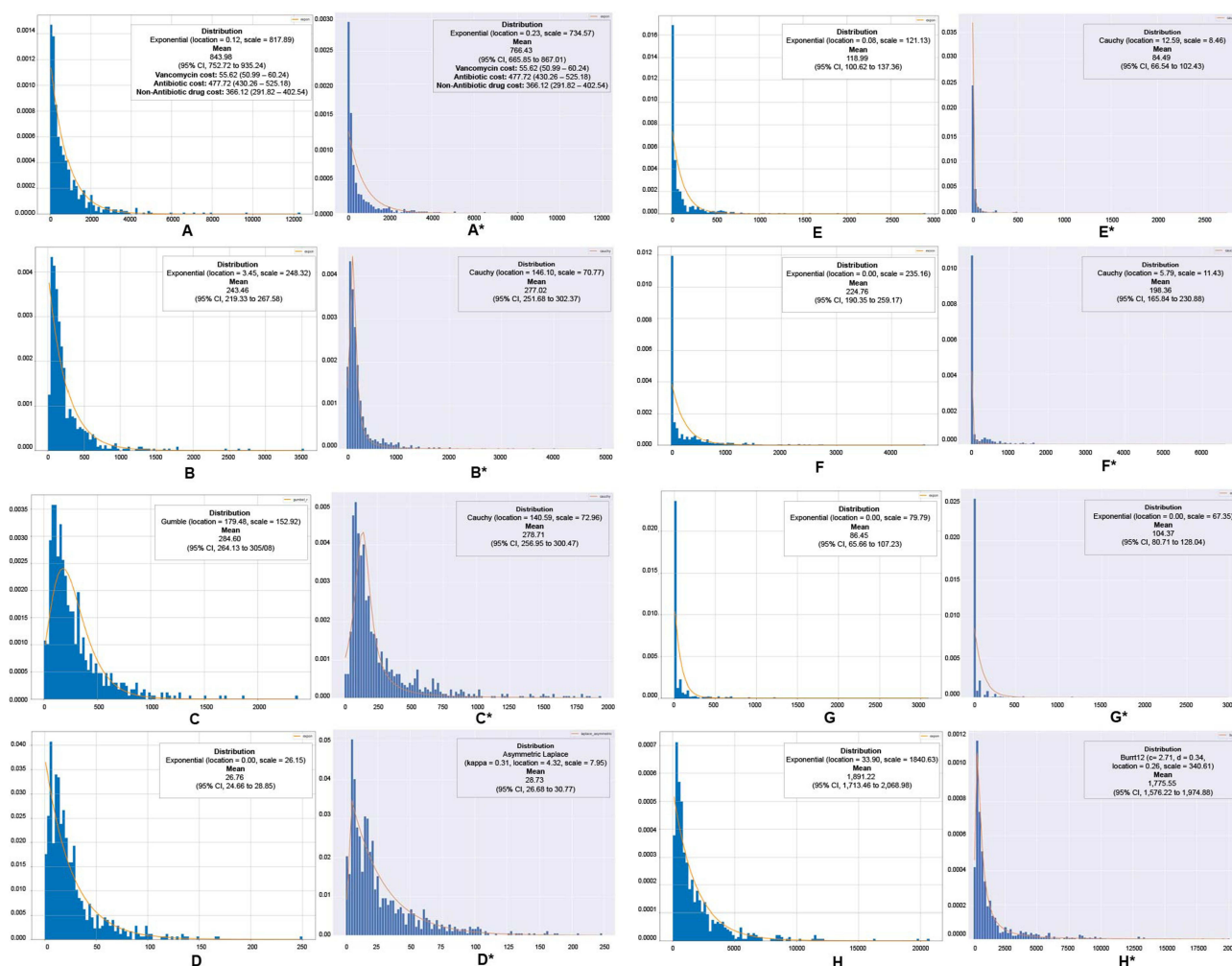
Figure 1 Mean treatment costs of patients and fitted distribution of cost data. (**A, A***) Drugs cost; (**B, B***) Bed cost; (**C, C***) Testing cost; (**D, D***) Image diagnosis cost; (**E, E***) Medical supplies cost; (**F, F***) Surgical procedures cost; (**G, G***) Blood cost; (**H, H***) Total cost. *The nASP period.
Note: All costs will be converted to 2020. Results are presented as Mean (95% CI) (USD).

The relationship between overall cost and LOS in hospital is described in Figure 2. The plot shows a non-linear relationship between the total cost and the number of days hospitalized. Shaded areas represent raw data of cases, solid lines represent averages through data using limited cubic spline. Therefore, the spline function is used to estimate the patient's average total cost over the length of hospital stay. According to this model, cost increases most during the first 4 weeks in both pASP and nASP periods. After that, although costs have continued to increase, but not significantly compared to the beginning.

Discussion

In addition to the increasing interest in antibiotic resistance rates, current healthcare practices, especially in antibiotic using practice, have faced many challenges such as improving health outcomes, reducing medical errors and

ensuring that treatment costs are affordable to patients. To address these challenges, the ASP has been introduced into clinical practice at HTD in 2016 and has been continually improved since then. The application of ASP initially showed positive results, such as reduction in costs, possible improvements in patient outcomes, reduction of the LOS as well as decrease in average daily dose of vancomycin. However, to be able to conclude the efficacy of vancomycin treatment, it is necessary to evaluate additional criteria including i) response status and clinical improvement after 24 to 48 hours of vancomycin use; ii) trough or AUC/MIC concentrations measured after drug administration; iii) adverse effects as well as risk of acute nephrotoxicity and iv) costs for monitoring, prevention and management of vancomycin-induced toxicity, as well as costs for staffs including doctors, pharmacists, clinical pharmacists and nurses. Even so, from the hospital's point

Table 3 The Coefficients of Multivariate Generalized Linear Model for Cost Prediction

Parameter	pASP		nASP	
	Coefficient (SE)	p	Coefficient (SE)	p
Intercept	6.0809 (0.1715)	<0.001	6.1406 (0.1498)	<0.001
log(Age)	0.1439 (0.0717)	0.0453	0.0567 (0.0652)	0.3852
IE	0.1257 (0.0275)	<0.001	0.1631 (0.0332)	<0.001
log(LOS)	0.7853 (0.0698)	<0.001	0.7409 (0.0642)	<0.001
Sex	0.0383 (0.0248)	0.1233	0.0631 (0.0222)	0.0047
DS	0.1172 (0.0302)	<0.001	0.2229 (0.0271)	<0.001
HAD	−0.1664 (0.0154)	<0.001	−0.2082 (0.0141)	<0.001
log(LOT)	−0.6203 (0.1182)	<0.001	0.0257 (0.0393)	0.5127
log(DOT)	0.8138 (0.0969)	<0.001	0.3065 (0.0539)	<0.001

Notes: TC (total cost), which is estimated from the model (the independent variable), is a continuous quantitative variable; IE (Number of infection episode): the number of infection episodes, is a discrete variable; LOS (length of stays) is a discrete variable; DS (discharge status): 1 if the state improve (recovery, reduced, hospital transfer), 2 if the state does not improve (unchanged, severe, mortality); S (sex): 1 if male, 2 if female; HAD (hospital admission department): 1 if Intensive care-Resuscitation Antipoison Department, 2 if Pediatrics Department, 3 if Infectious Disease Department, 4 if Internal Medicine Department.
Abbreviation: SE, standard error.

of view, when implementing the ASP, these results were found to be effective. Therefore, we recommend supplementing/modifying the ASP program policy to evaluate the treatment benefits as well as the economics of vancomycin use.

Although it is a narrow-spectrum antibiotic, vancomycin was used in most clinical departments at the hospital. This condition can be explained by the empirical indication of vancomycin in a wide variety of infectious diseases such as pneumonia, meningitis, soft tissue skin infections, endocarditis, sepsis and other designation. The median length of vancomycin therapy (LOTvancomycin) increased from 8 (IQR, 3–11) to 9 (IQR, 4–12) days

(p<0.001). The duration of treatment in nASP stage was consistent with the recommended duration of vancomycin for patients who cannot tolerate penicillin or ceftriaxone therapy (4 weeks).[18] In addition, the average vancomycin 24h dose was significantly reduced, from 2119 (721.41) to 930 (269.55) mg (p <0.001). This will help reduce many clinical risks for the patients in the long term.[19,20] In the pASP stage, when the introduction of an ASP was relatively new, the initial use of vancomycin was largely based on empiric dosing from physicians. On the other hand, when the patient is treated with the initial experienced dose level, if the clinical condition is stable or patient responds well to the drug, that dose level will continue to be maintained, from which the dose level is not used optimizingly for each patient which would results in rather high daily dosages. The daily dose level of the study in the pASP period was similar to that of the study by Vu et al, at Bach Mai hospital, which is the largest hospital in Northern Vietnam, the maintenance dose level using vancomycin was 2261 (1052) mg for ICU patients, and the maintenance dose level was 2000–3000 mg for non-ICU patients with CrCl from 61–130 mL/min.[26] However, in the nASP stage, changes and improvements to the ASP management protocol have resulted in a stricter control on the use of antibiotics in general and vancomycin in particular, and led to the dose adjustment of vancomycin based on disease characteristics of patients. During treatment, patients are monitored for drug response efficacy, and dose-adjustment interventions are made based on individual conditions to optimize the dose regimen. The dose regimen for the nASP stage is similar to that of Drayton A. Hammond's study with a mean dose level of 1148 (217) mg per day.[27] The results showed that the use of
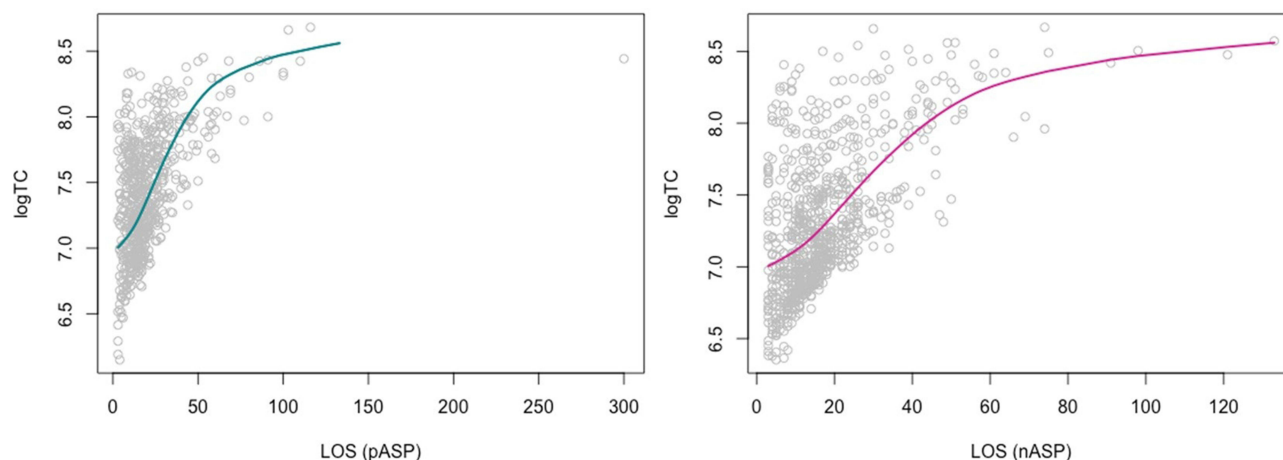
Figure 2 Total treatment cost (logTC) and length of stay (LOS) relationship of patients in the pASP and nASP period to the left and right hand side respectively.

vancomycin in infectious diseases in this study was relatively consistent with the recommended indications for using vancomycin and the rate of using vancomycin with appropriate indications in pASP and nASP was 75.21% and 73.13%, respectively. However, at the beginning of the administration of ASP, the vancomycin indications for infection have not been strictly controlled and vancomycin was used largely as empirical prescription of physician or as prescription to cover suspected bacteria. The factors, which associated with the inappropriate use of vancomycin, have been evaluated in several studies.[21,22] However, ADR for continuing empirical inappropriate vancomycin treatment is less often studied. A study by Junior M.S., which analyzed the continuation of inadequate vancomycin therapy for 72 hours after initiation, showed that in more than 50% of cases, vancomycin use was continued due to severe clinical conditions, without documented records of gram-positive bacteria and with associated factors of being age under 60, no hospitalization of Intensive Care Unit (ICU) and no leukopenia.[22] Hospitals need to promote microbiological culture and clinical evaluation after negative culture results. Prolonged empirical treatment with no clear evidence of infection, treatment of negative cases similar to positive cases is common antibiotic abuse.[18]

Predictive multivariate regression models of treatment costs are made by considering influencing factors including demographics and clinical outcomes. The model of treatment cost has relatively low R-square, in other words, some factors related to treatment cost have not been recognized. Despite this interest, as far as we know, no one has conducted a study to build a multivariate regression model to assess factors affecting treatment costs of vancomycin with inpatients. The R-square values in this study are still higher when comparing the R-square values in a similar study on the cost of treatment for Linezolid by MCKinnon et al (with R-square values in 2 population groups of 24% and 34%).[28] The LOS had the highest impact on the patient's total direct medical cost in the estimated models in both stages. The mean LOS in the nASP period was 17.44 (16.50–18.38, 95% CI) days, which was significantly shorter than the 20.57 (19.05–22.11, 95% CI) days in the prior period (p = 0.048). This reduction was noted to be similar to a study in Hong Kong, in which the way of implementing the ASP is quite similar to implementation in the HTD, showed a decrease in LOS from 7.46 to 6.97 days (p <0.001).[23] The LOS in this study was much shorter than the average hospital stays of 39.8

days reported in Junior M.S.'s study, a prospective survey conducted on all patients receiving vancomycin.[22] However, it was quite similar to the study by Nicolas Perin in 2020 assessed the proportion of intensive care unit (ICU), which had an average hospital stay of about 23 days.[24]

In terms of discharge status, compared with pASP period, the proportion of hospital discharge cases with cured or decreased status in nASP was lower (60.85% in nASP vs 62.06% in pASP), especially in the last 3 months of nASP period. The explainable reason is that during the outbreak of the COVID-19 pandemic as well as during the Lunar New Year period, the hospital mainly kept treating inpatient patients who were severe with bad prognosis. Hence, the successful treatment probabilities of these cases were also be lower. In addition, the proportion of patients with two or more infection episodes in nASP stage is lower than the pASP stage (9.83% vs 18.64%, p<0.05). As for the results of number of infections in the nASP stage, the study found that the rate of infections was 01 episode higher than the pASP stage (90.17% versus 81.36%). In which, the rates of vancomycin use in the first infection episode in the pASP and nASP stages are 547 cases (91.01%) and 734 cases (94.83%); in the second infection are 46 cases (7.66%) and 31 cases (4.00%); in the third episode of infection were 07 cases (1.16%) and 08 cases (1.03%) and in the fourth episode of infection were 01 case (0.17%) and 01 case (0.13%), respectively. However, using retrospective data, the study can only determine the number of infections per patient during treatment but cannot classify whether the infection was a relapse from the previous episode or a new infection, as well as identifying the agent causing the new infection. In general, the rate of vancomycin use right at the first infection in both stages is high, over 90%, and there is no use case after the 4th infection. By identifying the role of ASP in the hospital to contribute to reducing inappropriate antibiotic use through 4 "Ds" including 1) Drugs: choosing the right drugs; 2) Dose, including route and frequency; 3) De-escalation to pathogen-directed therapy and 4) Duration: reducing drug dosing time. These results of the study showed that the antibiotic management policies of nASP may have helped the hospital to improve the effectiveness of infection's treatment as well as improve the infection control process. Therefore, it helps reduce the incidence of new infections after being admitted to the hospital in inpatient cases in the hospital.

The drug costs account for a relatively high proportion, which was about 40% of total direct medical costs. Regarding the structure of drug costs, the proportion of drug costs of vancomycin accounted for about 6% and is similar in both pASP and nASP stages. The percentage of antibiotic costs at HTD accounted for 51.85% and 52.43% of the total drug cost in two stages, respectively. Compared to the results from the study conducted in 406 hospitals in the United States, most hospitals have antibiotic costs accounting for about 10–25% of the total drugs' cost, antibiotic costs at HTD are 2 to 5 times higher.[25] This disparity can be explained by the fact that the HTD is the terminal specialist hospital for infectious diseases, so antibiotic is an important group of drugs, accounting for most of the drugs' expenditure. The increase in LOT value during the nASP period also contributes to the increase in the cost of the hospital bed. However, the increase in the cost of the hospital bed is largely due to the increment according to Inter-Circular No. 37/2015/TTLT-BYT-BTC. This regulatory bill took effect from March 1, 2016, with a gradually increment route from 2017 to 2019.[17] The study estimated the fitted distributions of cost data to serve as the scientific basis for future Bayesian analysis and modeling studies for the ASP evaluation in hospital.

Limitations

There are several limitations in the study: i) outbreak of COVID-19 pandemic affecting hospital examination and treatment from January to March 2020; ii) research data were limited (because the hospital changed its hospital management system, it was difficult to re-access the previous database), so it was not possible to evaluate the non-implementation of ASP; iii) for the retrospective data, the data cannot determine whether the following episode and the previous infection episode have the same causative agent or not.

Conclusion

The implementation and improvement of the ASP at the Hospital for Tropical Diseases have initially shown benefits for patients using vancomycin. Specifically, the ASP helps reduce the amount of vancomycin used, reduce hospital stay days and reduce treatment costs. There was also a change in factors related to treatment costs. However, the COVID-19 pandemic may compromise these results. Therefore, it is necessary to have further evaluations to serve as a basis to make appropriate policy for the hospital as well as to advise ASP policy of the city.

Disclosure

The authors report no conflicts of interest in this work.

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