

# Genistein Attenuates Isoflurane-Induced Neuroinflammation by Inhibiting TLR4-Mediated Microglial-Polarization in vivo and in vitro

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**Background:** Isoflurane, a widely used anesthetic in surgery, has been found to induce neurotoxicity. In parallel, genistein is thought to attenuate isoflurane-induced neurotoxicity, although underlying molecular mechanisms are still unclear. In this study, we studied the protective effects of genistein on isoflurane-induced neuroinflammation in rats and BV2 cells.

**Methods:** Sprague-Dawley rat pups were exposed to 0.75% isoflurane for 6 hours at postnatal day 7 (P7), and genistein (20, 40, or 80 mg/kg/day) or saline administered from P3 to P15. Hippocampal single-cell suspensions were prepared and apoptosis analyzed by flow cytometry. mRNA expression was determined by RT-qPCR, while protein expression was assessed using Western blot, immunochemistry and immunofluorescence. TLR4 was knocked-out in BV2 cells through CRISPR-Cas9.

**Results:** Genistein treatment reduced isoflurane-induced apoptosis and inflammation in rat hippocampus. Importantly, genistein promoted M2 and suppressed M1 microglia polarization in rat hippocampus after stimulation with isoflurane. In addition, genistein reduced isoflurane-induced protein expression levels of TLR4, MyD88, TRAF6, p-TAK1, p-p38, p-ERK, p-I $\kappa$ B $\alpha$  and p-NF- $\kappa$ B in rat hippocampus. In BV2 cells exposed to isoflurane, genistein treatment decreased IL-1 $\beta$ , TNF- $\alpha$ , IL-6 and IL-8 mRNA expressions, promoted M2 and suppressed M1 microglia polarization. Similarly, genistein also decreased TLR4 protein levels in isoflurane-induced BV2 cells. However, genistein did not affect CD16, iNOS, CD206 and Arg1 protein levels in TLR4-KO BV2 cells exposed to isoflurane.

**Conclusion:** Genistein attenuates isoflurane-induced neurotoxicity by inhibiting TLR4-mediated microglial inflammation in vivo and in vitro.

**Keywords:** genistein, isoflurane, neurotoxicity, TLR4

## Introduction

Inhalation anesthetics, such as isoflurane, are commonly used in clinical practice, especially in infants, therefore there is a concern related to their safety and long-term effects on neurodevelopment.<sup>1,2</sup> A large number of animal experiments have shown that anesthetics such as isoflurane and sevoflurane can cause apoptosis of developing neurons.<sup>3</sup> Indeed, clinical research shows that general anesthetic exposure in infants and young children can cause serious adverse consequences in nerves, cognition and other neurological factors.<sup>4,5</sup> The apoptosis of developing neurons and the impairment of neurocognitive function in adulthood caused by general anesthetic exposure is termed developmental neurotoxicity of general

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anesthetics.<sup>6</sup> However, the molecular mechanisms of developmental neurotoxicity caused by general anesthesia remain controversial.

Neuroinflammation plays an important role in neurodegenerative alterations caused by anesthesia and subsequent cognitive dysfunction.<sup>7,8</sup> Previous studies have shown that isoflurane can not only up-regulate the expression of pro-inflammatory factors such as TNF- $\alpha$ , IL-1 $\beta$  and IL-6 in adult animals,<sup>9,10</sup> but also increase the expression of IL-1 $\beta$  in the rat cortex.<sup>11</sup> Moreover, isoflurane has also been found to cause NF- $\kappa$ B activation of microglia, rather than neurons, so it can be speculated that isoflurane may specifically act on microglia to induce neuroinflammation.<sup>12</sup> Microglia, which are myeloid-lineage cells residing in the central nervous system (CNS), are necessary for healthy brain functioning.<sup>13,14</sup> As a neuron protector, microglia are sensitive to the microenvironment and readily become activated in response to immunological stimuli, toxins, or injury.<sup>13,14</sup> Microglial cells develop roles similar to macrophages in the brain, resting under normal physiological conditions, and becoming activated and polarized to different phenotypes in response to factors of the microenvironment: M1 microglia (pro-inflammatory) and M2 microglia (anti-inflammatory).<sup>15</sup> Therefore, the study of microglia is the core of neuroinflammation research.

Genistein is a natural isoflavone compound, mainly found in legumes, with anti-tumor, antioxidant, anti-inflammatory, anti-aging, anti-senile dementia and estrogen-like effects.<sup>16</sup> Recent studies have found that genistein can improve neuronal apoptosis induced by A $\beta$  and tau protein through its antioxidant and anti-inflammatory effects.<sup>17,18</sup> The underlying mechanisms of the anti-inflammatory effects of genistein have been gradually uncovered. Genistein is able to inhibit the expression of pro-inflammatory factors induced by  $\beta$ -amyloid,<sup>19</sup> to reduce the secretion of inflammatory factors, such as TNF- $\alpha$ , IL-1 $\beta$  and IL-4 in hepatic encephalopathy rats, and to improve the cognitive function of rats.<sup>20</sup> In addition, a previous study found that genistein suppressed LPS-induced inflammatory response through the inhibition of NF- $\kappa$ B, following AMP kinase activation in RAW 264.7 macrophages. Our previous study has shown that genistein attenuates isoflurane-induced neurotoxicity and improves impaired spatial learning and memory by regulating cAMP/CREB and BDNF-TrkB-PI3K/Akt signaling.<sup>21</sup> However, the neuroprotective mechanisms of genistein are still not fully understood. It is also unclear if/

how this natural compound can exert neuroprotection by inhibiting neuroinflammation.

In this study, we investigated the protective effect of genistein on isoflurane-induced neuroinflammation in rats and BV2 cells. Our results suggest that genistein attenuates isoflurane-induced neurotoxicity by inhibiting TLR4-mediated inflammation of microglia in vivo and in vitro. Therefore, genistein, as a natural isoflavone compound, can be considered for the prevention and treatment of isoflurane-induced neurotoxicity.

## Materials and Methods

### Animals Ethics

This study and its experimental design were approved by the animal experimentation ethics committee of Shandong Cancer Research Institute, Shandong First Medical University & Shandong Academy of Medical Sciences. All techniques were performed in compliance with the guidelines issued for the care and use of laboratory animals by the NIH and National Animal Welfare Law of China.

### Isoflurane Exposure

Pregnant Sprague-Dawley rats were housed in individual sterile plastic cages under standard animal house conditions (12-h day/night cycle, 23°C $\pm$ 2°C) at 55~65% humidity levels,<sup>21</sup> with six rat pups in each group. Animals were monitored carefully for the birth of pups, and the day of birth was designated as postnatal day 0 (P0). Rat pups in ISO+L-Gen, ISO+M-Gen and ISO+H-Gen groups were respectively given 20, 40 or 80 mg/kg/day genistein (G6649, sigma, USA) from P3 to P15,<sup>22</sup> and were exposed to 0.75% isoflurane (6 hours) in 30% oxygen or air [ $\sim$ 0.3 minimum alveolar concentration (MAC)] at P7. Pups in the control group were given saline from P3 to P15 and exposed to the same concentration of isoflurane at P7.

### Preparation of Single-Cell Suspension and Flow Cytometry Analysis

We prepared hippocampal single-cell suspensions as described previously.<sup>23</sup> After removing the red blood cells and counting the cells, single-cell suspensions were incubated for 30 min on ice with the following antibodies: anti-Iba1 antibody (Alexa Fluor<sup>®</sup> 568, ab221003, Abcam, UK), anti-CD16 (PE, 12-0161-82, eBioscience, USA) and anti-arginase 1 (Alexa Fluor 700, 12-0161-82, eBioscience, USA). For the apoptosis assay, we used

Annexin V-FITC/PI Apoptosis Detection Kit (40302ES60, YEASEN, China) according to the manufacturer's protocol. Flow cytometry was used to detect the fluorescence and data analyzed using Flowjo 7.6.2.

## Real-Time Quantitative PCR

Real time quantitative PCR (RT-qPCR) was performed to assess the influence of genistein on gene expression in the hippocampal tissue and BV2 cells (CL-0493, Procell, China) stimulated with isoflurane as described previously.<sup>21</sup> Briefly, after preparing the complementary DNA using a PrimeScript RT reagent kit with gDNA eraser (RR047A, Takara Bio, Japan), 20 µL of a qPCR mixture were prepared using GoTaq qPCR Master Mix (A6001, Promega, China) according to the manufacturer protocols using the Touch system (CFX384, Biorad, USA). The thermocycling conditions were: 95°C of 2 minutes, (95°C of 5 seconds and 65 °C of 15 seconds) for 40 cycles. qPCR primers were: IL-1β-F: 5'-CGCATGTTCTCTGGGGAGATT-3', IL-1β-R: 5'-TGCGAATGCAACATGGCTCTT-3'; TNF-α-F: 5'-GCTGCACTTGGAGTGATCG-3', TNF-α-R: 5'-GGGAGAGTGGA TGAAGGCTG-3'; IL-6-F: 5'-CACTTCACAAGT CGGAGGCT-3', IL-6-R: 5'-ACATTGGGCCGTCATCAC TT-3'; IL-8-F: 5'-AAGCCTGAGCAGGAAAGCAT-3', IL-8-R: 5'-CAGCAGGGCACACAAGACTA-3'; CD16-F: 5'-ACTACCAACGGCACTGCTAC-3', CD16-R: 5'-CAGCG AGATTCCCTCCCATC-3'; iNOS-F: 5'-GCCGTTGCTA TCCTACTCCC-3', iNOS-R: 5'-ATTCCTG GCATCAGCGTCA-3'; CD206-F: 5'-AAAACG GCAGCAGGAAATGT-3', CD206-R: 5'-CCTC GGTCCACGCCTTCCCTC-3'; Arg1-F: 5'-CTTAA CAGGCGTTGCCTTGG-3', Arg1-R: 5'-GCCACACAG TGGTGAAGAGA-3'.

## Immunohistochemistry

We detected the protein expression of TLR4 in tissues using immunohistochemistry. Briefly, the slices were blocked with 5% w/v BSA for 1 hour at room temperature, and the anti-TLR4 antibody (ab22048, Abcam, UK) was incubated overnight at 4°C. The secondary antibody was incubated at room temperature for 1 hour. Proteins were visualized with DAB solution (P0202, Beyotime, China).

## Western Blot

The total protein was extracted from tissues and cells using a Tissue Protein Extraction Reagent (78,510, ThermoFisher, USA) and RIPA lysis buffer (89,900, ThermoFisher, USA), respectively. Protein concentration

was determined using a BCA kit (23,227, ThermoFisher, USA). Next, 40 µg of total protein was analyzed using a 10% SDS-PAGE. After transfer, PVDF membranes (LC2002, ThermoFisher, USA) were first blocked with 5% skimmed milk powder, and then was probed with primary antibodies against TLR4 (ab22048), MyD88 (ab19413), TRAF6 (ab33915), TAK1 (ab109526), p-TAK1 (ab109404), p38 (ab31828), p-p38 (ab4822), p-ERK1 (ab201015), ERK1 (ab184699), p-IκBα (ab133462), IκBα (ab32518), p-NF-κB (ab86299), NF-κB (ab16502), CD16 (ab203883), iNOS (ab15323), CD206 (ab64693) or Arg1 (ab91279) at 4°C overnight. The next morning, the secondary antibody was incubated at room temperature for 1 hour. Proteins were visualized with ECL solution (WBKLS0100, Beijing Xijiangke Biotechnologies Co., Ltd, China), followed by densitometry analysis using ImageJ 3.0 (IBM, USA). Anti-β-actin was used for equal protein loading control. All antibodies used for Western blot detection were purchased from ABCAM.

## Cell Viability Assay

Cells (20,000/well) were seeded into a 96-wells cell culture plate and cultured for 24 hours at 37°C. Cells were exposed to different concentrations (0, 0.2, 0.4, 0.8 and 1.6%) of isoflurane for varying time periods (0, 3, 6, 9 and 12 hours), and were incubated with different concentrations (0, 25, 50, 100 and 200 µmol/L) of genistein for varying time periods (0, 12, 24, 48 and 72 hours). Cells were washed and cell culture medium (100 µL/well) and CCK-8 reagent (10 µL/well) were added. After 1 hour, we determined the OD450 value of each well and calculated the relative cell viability as per the manufacturer's conditions.

## Cellular Immunofluorescence

BV2 or TLR4 KO BV2 cells were seeded (1 x 10<sup>5</sup> cells/well) onto Lab-Tek chambered (Thermo Scientific, USA) and cultured for 24 hours at 37°C with 5% CO<sub>2</sub>. Cell culture medium was removed and cells fixed with 4% paraformaldehyde for 10 minutes at room temperature. Then cells were blocked with 5% w/v BSA for one hour at room temperature. After fixing and blocking, cells were incubated with a primary antibody against TLR4 (ab22048, Abcam, UK) overnight at 4 °C. Next, cells were incubated with a secondary antibody, namely goat anti-mouse IgG H&L (Alexa Fluor<sup>®</sup> 488) (ab150113, Abcam, UK). The Nucleus was stained with 5 µg/mL

DAPI for 5 minutes at room temperature. Finally, all samples were visualized and analyzed using a Leica TCS SP5 microscope (Leica microsystem) with the LAS AF Lite 4.0 image browser software.

## TLR4 Gene-Specific Knockout

We used the CRISPR-Cas9 technique to knockout the TLR4 gene as described previously.<sup>24</sup> Briefly, gRNA for TLR4 (Oligo 1: 5'-CACCGCAGCTGGATCTTCCGCTCAA-3', Oligo 2: 3'-AACTTGAGCGGAAGATCCAGCTGC-5') was reorganized with lentiCRISPRv2 vector (52,961, Addgene, USA). Lentiviral particles were prepared by transferring the recombinant plasmid into HEK-293T cells. The cell culture medium containing the lentivirus was added to the BV2 cells. After 72 hours, we added 1 µg/mL puromycin for 7 days, and the surviving BV2 cells were monoclonalized. Finally, TLR4 KO BV2 cells were confirmed using immunoblotting and immunofluorescence and were used in subsequent studies.

## Statistical Analysis

We used Graph Prism 8 software (GraphPad Software, USA) to analyze the data contained in the present study. Data were expressed as (mean ± SD). Student's *t*-test was used to compare the difference of TLR4 protein expression in two groups and one-way ANOVA with Tukey's post-test was used to compare the difference between multiples groups. *P* < 0.05 indicates a significant difference.

## Results

### Genistein Protects Against Isoflurane-Induced Neuroapoptosis in Rat

Our previous study showed that isoflurane induces neuronal apoptosis which is detected by TUNEL assay and Fluoro-Jade B staining in hippocampal regions of rats.<sup>21</sup> Here, we prepared a single-cell suspension from rat hippocampus and stained it with Annexin V-FITC/PI double staining reagent to detect the proportion of apoptotic cells with a flow cytometer. We found results consistent with previous findings: isoflurane exposure led to neuronal apoptosis in the hippocampus of rats, and genistein treatment attenuated isoflurane-induced neuronal apoptosis in a dose-dependent manner (Figure 1).

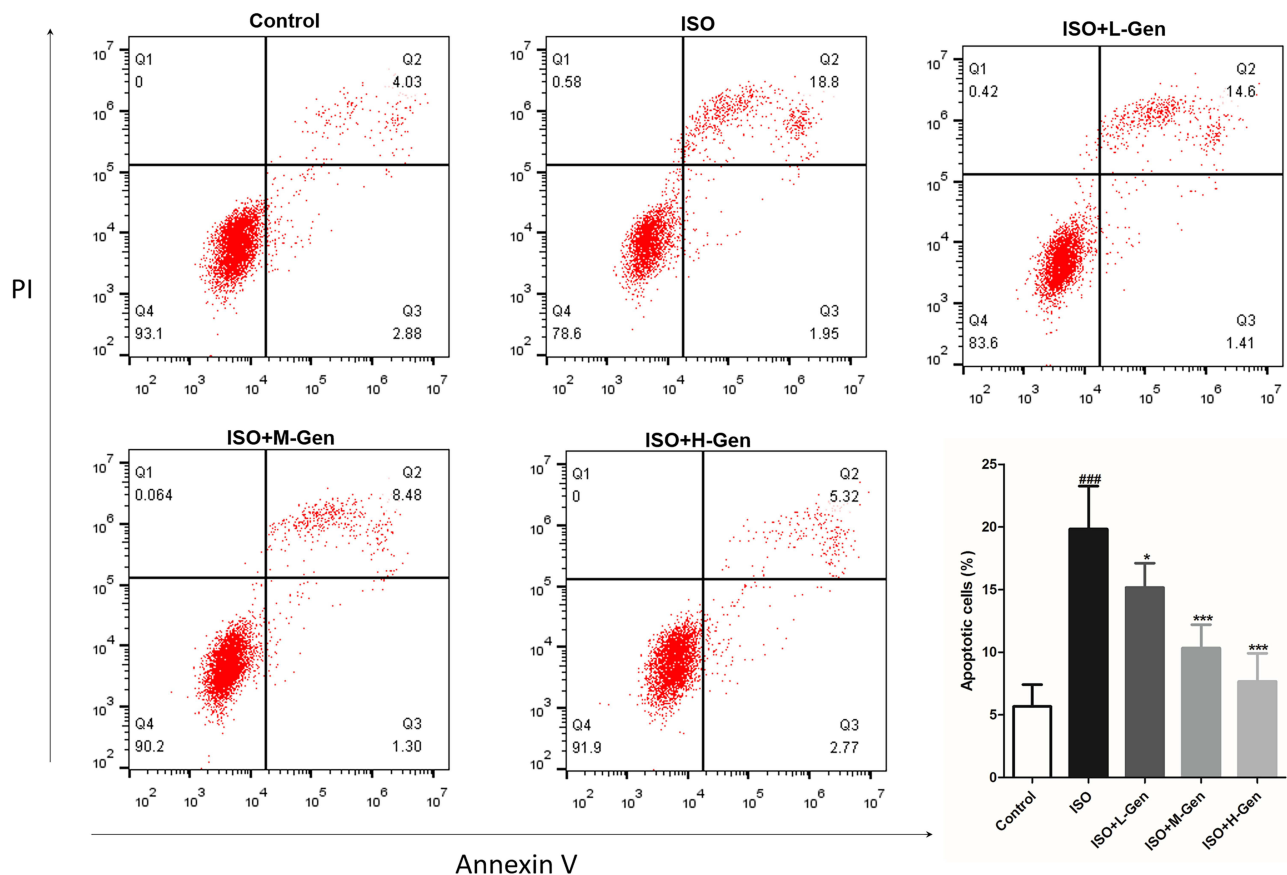
### Genistein Reduced Isoflurane-Induced Inflammation in Rat

We hypothesized that isoflurane exposure caused neuronal apoptosis by inducing neuronal inflammation in rats. To test this hypothesis, we harvested the tissues of hippocampal regions and detected the expression of inflammatory cytokines (IL-1β, TNF-α, IL-6 and IL-8) using qPCR and ELISA kits. Data from qPCR showed increased mRNA expressions of IL-1β (Figure 2A), TNF-α (Figure 2B), IL-6 (Figure 2C) and IL-8 (Figure 2D) in hippocampal tissues of the ISO group when compared to those from control rats. Similarly, protein detection by ELISA showed that the levels of IL-1β (Figure 2E), TNF-α (Figure 2F), IL-6 (Figure 2G) and IL-8 (Figure 2H) in hippocampal tissues of the ISO group were significantly higher than those from the control group. Importantly, we also found that genistein dose-dependently reduced isoflurane-induced inflammation in hippocampal regions of rats. Thus, genistein may protect against neuronal apoptosis by inhibiting neuroinflammation caused by isoflurane.

### Genistein Promoted M2 and Suppressed M1 Microglia Polarization in Rats

Microglia-mediated neuroinflammation is considered to play an important role in the pathogenesis and progression of anesthetic-induced neurotoxicity.<sup>25,26</sup> Here, we first extracted the total RNA from the rat hippocampus to detect M1 (CD16 and iNOS) or M2 microglia (CD206 and Arg1) surface markers. Isoflurane exposure significantly increased the expression of CD16 (Figure 3A), iNOS (Figure 3B), CD206 (Figure 3C) and Arg1 (Figure 3D), indicating that isoflurane exposure activated microglia. Additionally, genistein treatment dose-dependently decreased the mRNA expression of CD16 and iNOS and increased the mRNA expression of CD206 and Arg1 induced by isoflurane. In parallel, we prepared a single-cell suspension from the rat hippocampus to detect M1 and M2 microglia using flow cytometry. We first sorted out Iba-1 positive cells in a single-cell suspension, and then analyzed the ratio of CD16 and Arg1 positive cells among the Iba-1 positive cells. Data showed that isoflurane exposure significantly increased the ratio of M1 (Iba+/CD16+) and M2 microglia (Iba+/Arg1+) (Figure 3E–G). Similarly, genistein dose-dependently reduced M1 microglia (Iba+/CD16+) and increased M2 microglia (Iba+/Arg1+) induced by isoflurane. In summary, these data suggest that genistein promoted M2 and suppressed M1 microglia





**Figure 1** Genistein reduces isoflurane-induced cell apoptosis in hippocampal regions of rat. The effect of genistein (20, 40 or 80 mg/kg) on isoflurane-induced neuronal apoptosis by flow cytometer, and the statistical comparison of the proportion of apoptotic cells was showed in a column chart at last.  $n=6$ . Data was expressed as (mean  $\pm$  SD), and One-way ANOVA was used to calculate the P value. ### was  $P<0.001$  vs Control group; \* was  $P<0.05$  and \*\*\* was  $P<0.001$  vs ISO group.

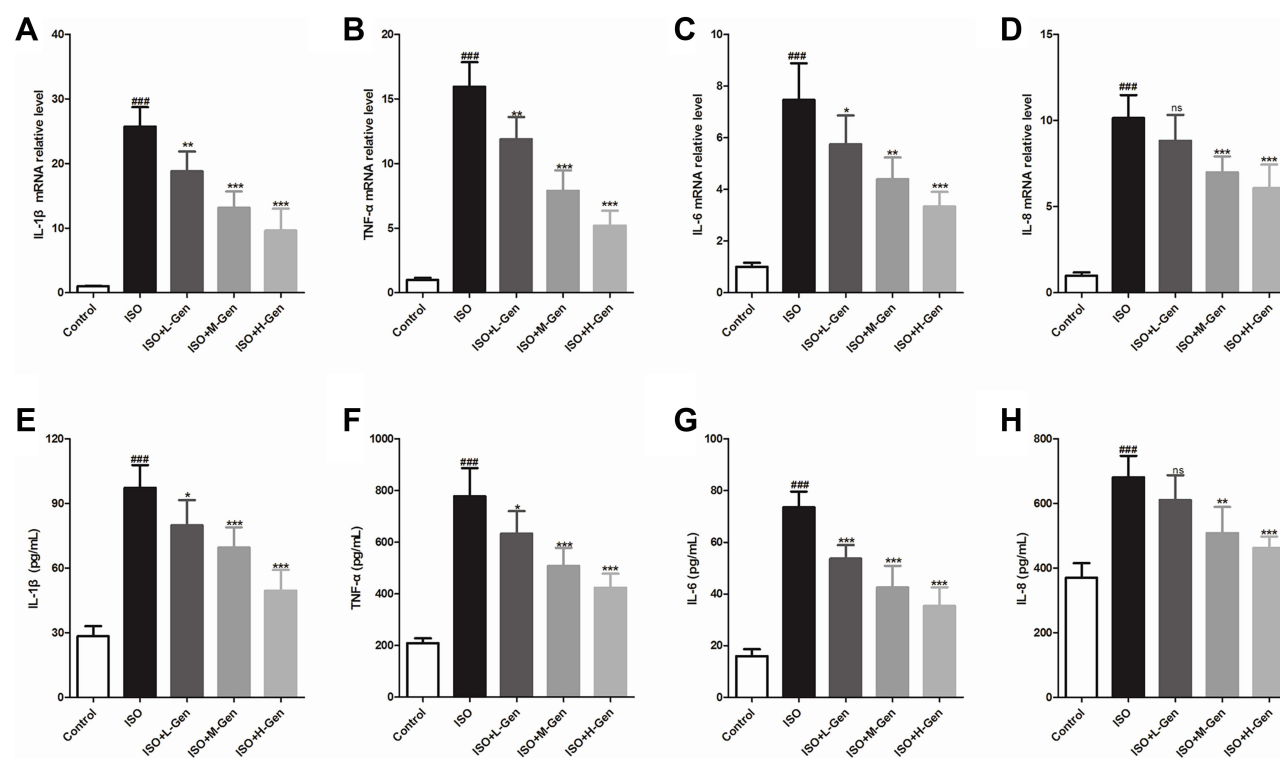
polarization in the hippocampus of rats exposed to isoflurane.

## Genistein Suppressed Isoflurane-Activated TLR4/P38 and TLR4/NF- $\kappa$ B Pathways in Rats

We studied the molecular mechanisms of the neuroprotective effects of genistein in isoflurane-induced neuroinflammation. The TLR4 pathway is regarded as an important candidate signaling pathway, not only because TLR4 mediates neuroinflammation,<sup>27,28</sup> but also because previous studies have reported that genistein inhibits TLR4-mediated inflammation.<sup>29,30</sup> In the present study, we first detected the expression of TLR4 protein expression using immunohistochemistry. Isoflurane exposure increased TLR4 expression, while genistein reduced isoflurane-induced TLR4 expression in a dose-dependent manner (Figure 4A). Next, we used Western blot to measure the expression levels of key proteins within

the TLR4 pathway, namely TLR4, MyD88, TRAF6 and TAK1 (Figure 4B–G). It was evident that isoflurane exposure increased the expression of TLR4, MyD88, TRAF6 and p-TAK1/TAK1 proteins in hippocampal regions, while genistein reduced the levels of the above proteins.

Furthermore, we evaluated two important inflammation-related signaling pathways downstream of TLR4, namely the p38 MAPK signaling pathway and the NF- $\kappa$ B signaling pathway.<sup>31,32</sup> These were investigated because p38 MAPK and NF- $\kappa$ B pathways are established signaling pathways related to microglia inflammation, as well as because genistein was shown to inhibit these pathways.<sup>33,34</sup> We found that isoflurane exposure not only increased the expression of p-p38/p38 and p-ERK/ERK (Figure 5) but also increased the expression of p-I $\kappa$ B $\alpha$ /I $\kappa$ B $\alpha$  and p-NF- $\kappa$ B/NF- $\kappa$ B (Figure 6). Importantly, genistein reduced the phosphorylation of the abovementioned proteins in hippocampal regions of rats.



**Figure 2** Genistein decreases inflammatory cytokines expression. The effect of genistein (20, 40 or 80 mg/kg) on isoflurane-induced inflammatory cytokine expression in hippocampal regions of rat, and were detected by qPCR (A–D) and elisa assay (E–H). n=6. Data was expressed as (mean  $\pm$  SD), and One-way ANOVA was used to calculate the P value. ### was  $P < 0.001$  vs Control group; ns was  $P > 0.05$ , \* was  $P < 0.05$ , \*\* was  $P < 0.01$  and \*\*\* was  $P < 0.001$  vs ISO group.

## Genistein Switched Microglia Polarization in Isoflurane-Induced BV2 Cells

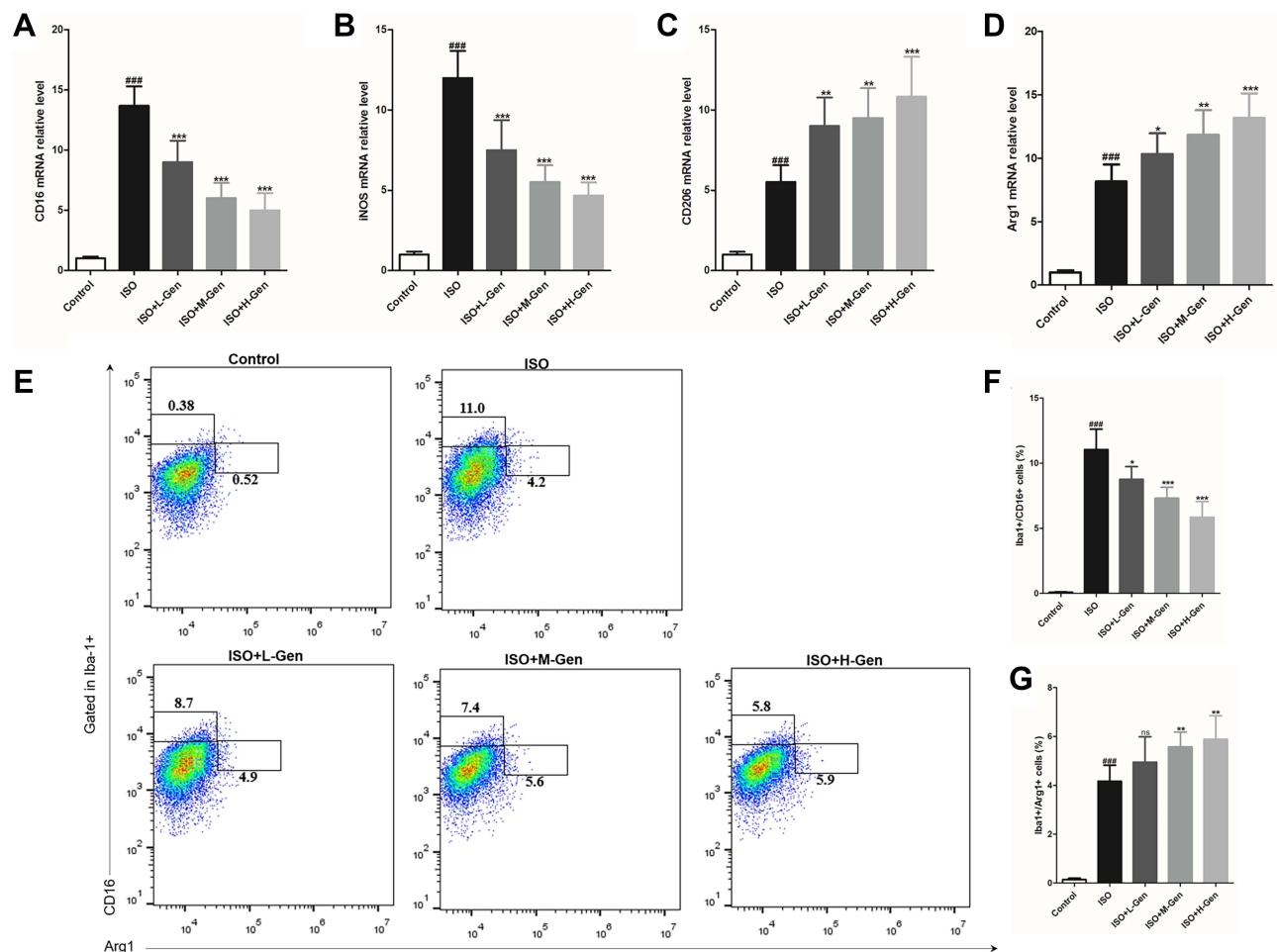
We used BV2 cells in vitro to study the effect of genistein on the polarization of microglia. First, we used the CCK-8 assay to determine the optimal conditions of genistein and isoflurane. We found that BV2 cells exposed to 0.4% isoflurane for 6 hours (Figure S1A and S1B) or 50  $\mu$ mol/L genistein for 24 hours (Figure S1C and S1D) presented normal cell activity. In addition, BV2 cells pre-treated with 50  $\mu$ mol/L genistein for 24 hours and then stimulated with 0.4% isoflurane for 6 hours presented normal cell activity (Figure S1E). Therefore, we used these conditions to conduct our experiments.

It was evident that isoflurane not only increased the expression of inflammatory cytokines (IL-1 $\beta$ , TNF- $\alpha$ , IL-6 and IL-8) but also augmented the expression of M1 (CD16 and iNOS) and M2 (CD206 and Arg1) microglia surface markers (Figure 7). More importantly, genistein pre-treatment was able to decrease the levels of IL-1 $\beta$ , TNF- $\alpha$ , IL-6, IL-8, CD16 and iNOS mRNA expression, while it increased CD206 and Arg1 mRNA expression in isoflurane-exposed cells. In addition, we also detected the

expression of M1 (CD16 and iNOS) and M2 (CD206 and Arg1) microglia surface markers using Western blot and cell immunofluorescence, and results showed that genistein pre-treatment was able to decrease the levels of CD16 and iNOS protein, and increase the levels of CD206 and Arg1 protein (Figure 8). Altogether, this dataset indicates that genistein promoted M2 and suppressed M1 microglia polarization in isoflurane-induced BV2 cells.

## Genistein Switched Microglia Polarization in a TLR4-Dependent Manner

Since genistein promoted M2 and inhibited M1 microglia polarization, we hypothesized that this may be related to the TLR4 signaling pathway in vivo. However, the lack of TLR4 gene knockout animals makes it impossible to confirm whether genistein's regulation of microglial polarization is TLR4-dependent. In vitro, we found similar results to experiments in vivo, namely that genistein could decrease TLR4 protein expression in BV2 cells induced by isoflurane (Figure 9A). To investigate if the effects of genistein were dependent on TLR4, we established a TLR4 knockout BV2 cell line using CRISPR-Cas9 and



**Figure 3** Genistein switches in the pro-inflammatory/anti-inflammatory microglia activation. We harvested hippocampal regions of rat after inducing by isoflurane and treating with genistein, and then we firstly detected the surface markers expression of M1 (A and B) and M2 (C and D) microglia by qPCR, and then analyzed the ratio of M1 (Iba-1+CD16+) and M2 (Iba-1+Arg1+) macrophages by flow cytometry (E), and statistical comparison of the ratio of M1 (F) and M2 (G) microglia in different groups. n=6. Data was expressed as (mean  $\pm$  SD), and One-way ANOVA was used to calculate the P value. ns was  $P>0.05$ , ### was  $P<0.001$  vs Control group; ns was  $P>0.05$ , \* was  $P<0.05$ , \*\* was  $P<0.01$  and \*\*\* was  $P<0.001$  vs ISO group.

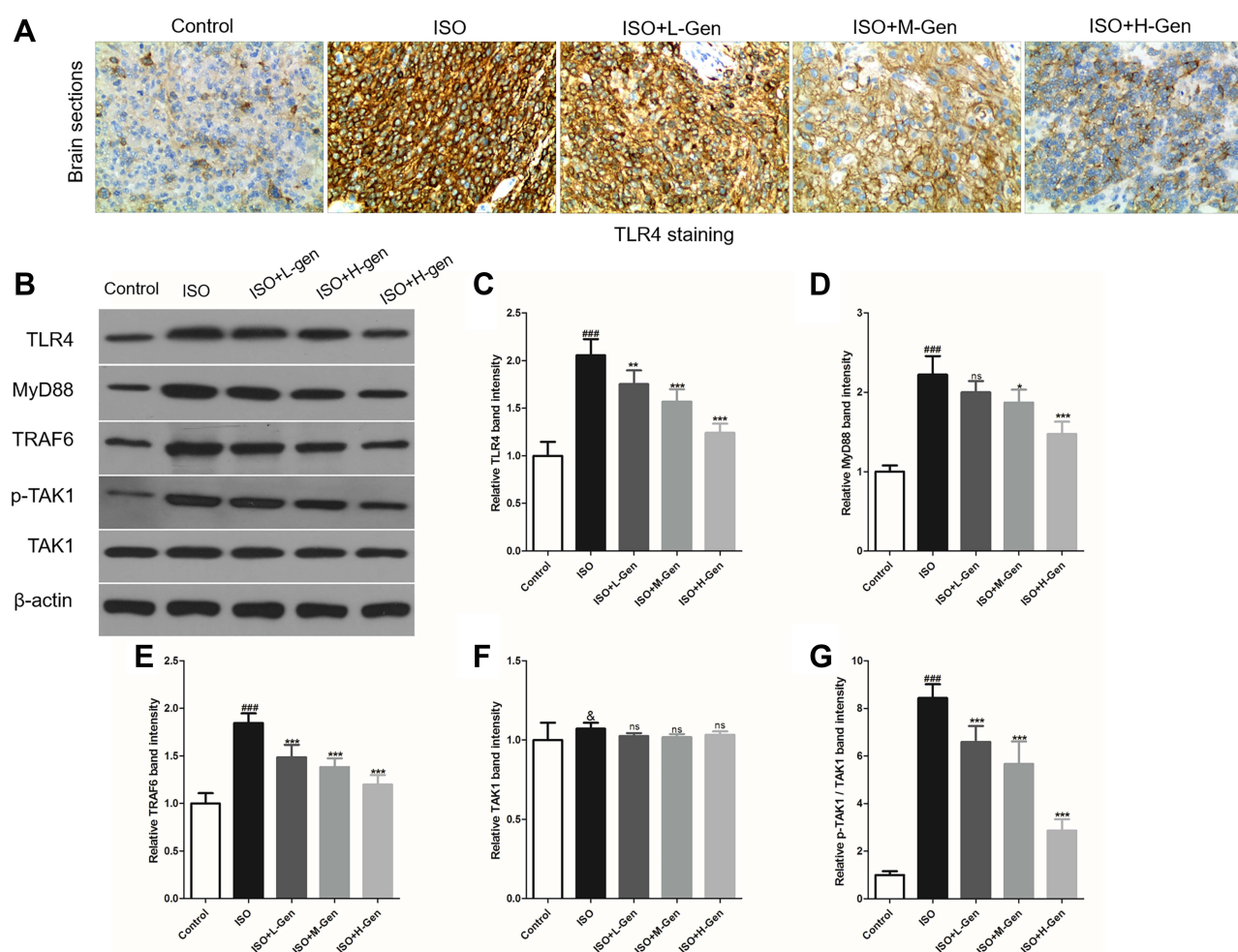
verified by immunoblotting (Figure 9B) and immunofluorescence (Figure 9C). TLR4 KO BV2 cells were pre-treated with or without 50  $\mu$ mol/L genistein for 24 hours and then stimulated with 0.4% isoflurane for 6 hours. We found that genistein did not affect the protein expression levels of CD16, iNOS, CD206 and Arg1 in TLR4 KO BV2 cells induced by isoflurane (Figure 9D–J), which indicated that genistein switched microglia polarization in a TLR4-dependent manner in isoflurane-induced BV2 cells.

## Discussion

Isoflurane can cause neuroapoptosis in the developing brain and, in line with previous reports,<sup>35,36</sup> the results from flow cytometry experiments showed that isoflurane exposure resulted in neuronal apoptosis in the hippocampus of rats. Genistein treatment attenuated isoflurane-

induced neuronal apoptosis in a dose-dependent manner. Although previous studies suggest that isoflurane preconditioning ameliorates electromagnetic pulse-induced neural damage,<sup>37,38</sup> this seems to contradict the results herein presented. It should be emphasized that the conditions of isoflurane exposure (time and concentration) may determine its effect,<sup>37,38</sup> since low-dose isoflurane pre-treatment for a short time plays a neuroprotective role, while high-dose long-term (anesthesia) causes neurotoxicity and neuroinflammation. In this study, we investigated the neurotoxicity of isoflurane as an anesthetic, therefore we used isoflurane at a high dose for a long time (0.75% isoflurane exposed for 6 hours).

In our previous study, we had found that genistein significantly reduced apoptosis in the hippocampus, reduced the expression of proapoptotic factors (Bad, Bax,



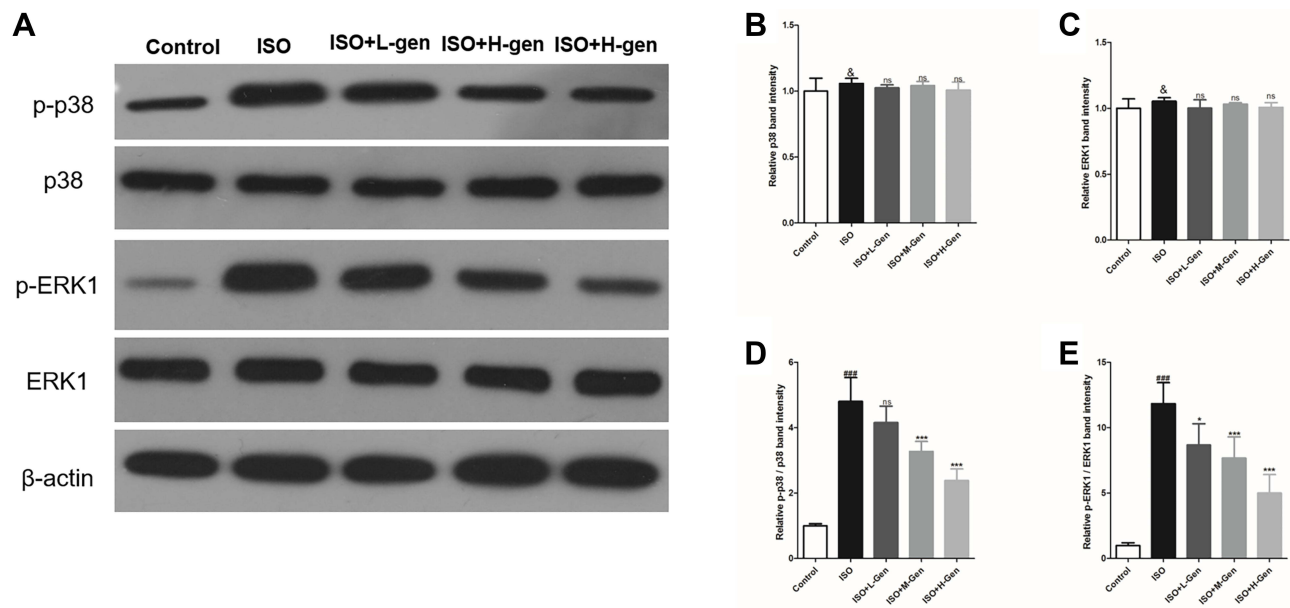
**Figure 4** Genistein reduces isoflurane-activated TLR4 pathway. We harvested hippocampal regions of rat after inducing by isoflurane and treating with genistein, and then we firstly analyzed TLR4 protein expression using immunochemistry (**A**). Next, we detected the key protein (such as TLR4, MyD88, TRAF6 and TAK1) expression in TLR4 pathway using Western blot (**B**), and the band intensity was statistically compared in column chart (**C–G**).  $n=6$ . Data was expressed as (mean  $\pm$  SD), and One-way ANOVA was used to calculate the P value. & was  $P>0.05$  and ### was  $P<0.001$  vs Control group; ns was  $P>0.05$ , \* was  $P<0.05$ , \*\* was  $P<0.01$  and \*\*\* was  $P<0.001$  vs ISO group.

and cleaved caspase-3), and increased the expression of Bcl-2 and Bcl-xL, which led us to characterize genistein as exerting a “direct neuroprotection” effect. Here, we focused on “indirect neuroprotection” to assess if genistein exerts neuroprotection by inhibiting isoflurane-induced neuroinflammation since it is known that neuroinflammation plays an important role in neurodegenerative changes caused by anesthesia and subsequent cognitive dysfunction.<sup>7,8</sup> We found that genistein reduced isoflurane-induced inflammatory cytokines expression in hippocampal regions of rats in a dose-dependent manner. The anti-inflammatory effects of genistein have been reported previously, for example, genistein was found to inhibit Alzheimer’s disease-related neuroinflammation by inhibiting the expression of PPAR.<sup>39</sup> It was shown that oral treatment with genistein reduced the expression of

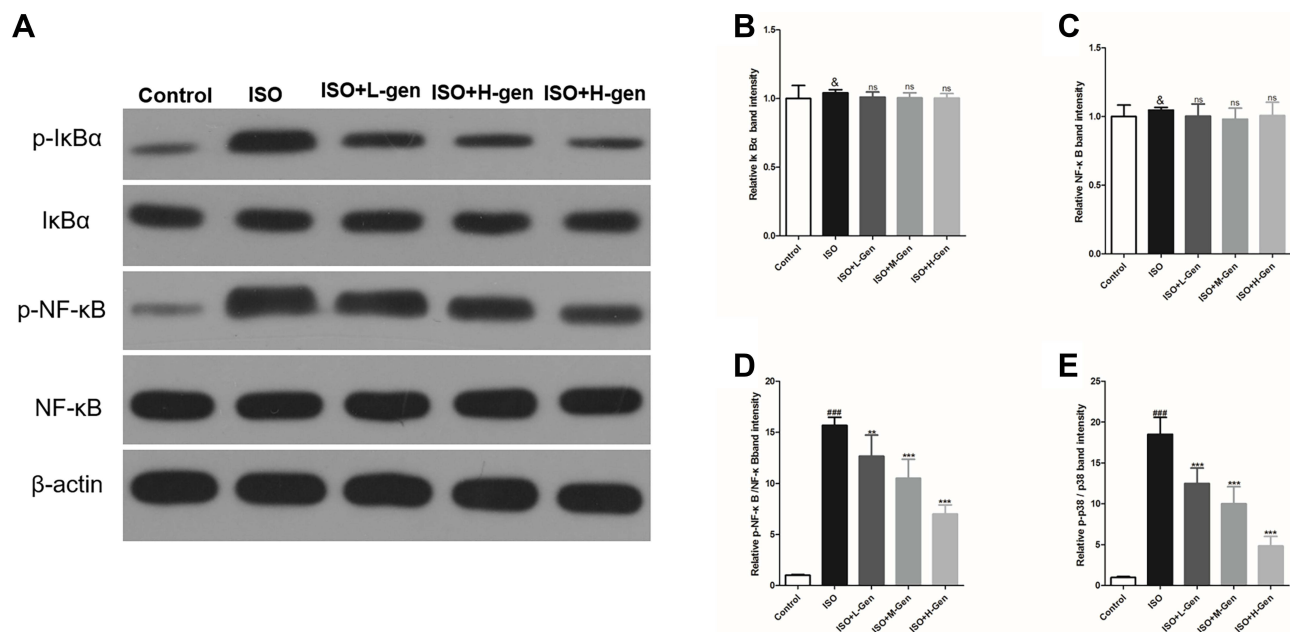
molecular and biochemical markers of inflammation in a rat model of chronic TNBS-induced colitis.<sup>40</sup> In addition, a previous study found that genistein attenuated retinal inflammation associated with diabetes by targeting microglial activation.<sup>41</sup> This latter study inspired us to assess if the effects of genistein on isoflurane-induced neuroinflammation were related to the polarization of microglia.

Microglia, the only cells derived from the mesoderm in the nerve tissue, are inherent immune effector cells in the central nervous system and play an important role in the physiological regulation of the CNS.<sup>15</sup> Microglial cells can be activated and polarized to different phenotypes in response to the microenvironment: M1 (pro-inflammatory) and M2 microglia (anti-inflammatory).<sup>15</sup> The activation of microglia and neuroinflammation are





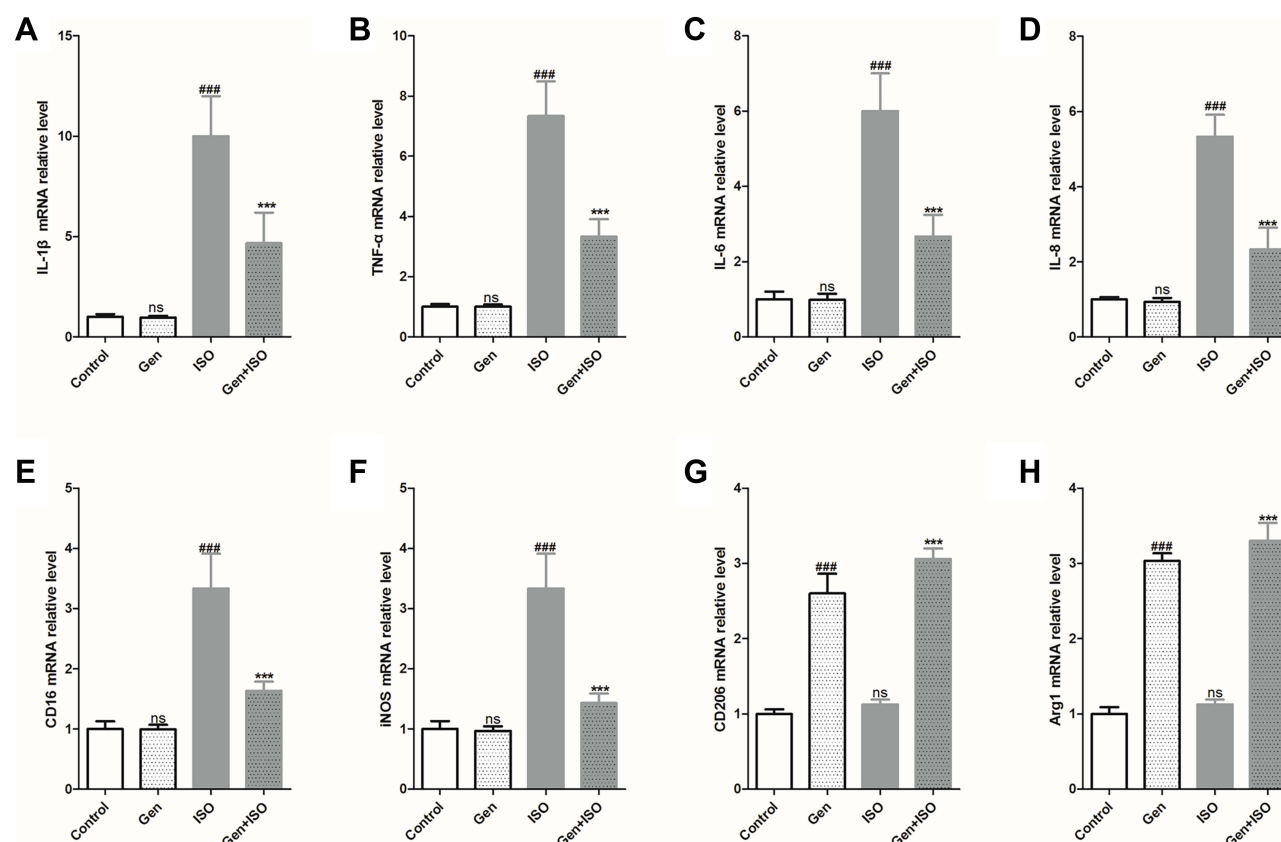
**Figure 5** Genistein reduces isoflurane-activated p38 MAPK pathway. We harvested hippocampal regions of rat after inducing by isoflurane and treating with genistein, and then we analyzed the key protein (p38 and ERK) expression in p38 MAPK pathway using Western blot (A), and the band intensity was statistically compared in column chart (B–E). n=6. Data was expressed as (mean ± SD), and One-way ANOVA was used to calculate the P value. & was P>0.05 and ### was P<0.001 vs Control group; ns was P>0.05; \* was P<0.05 and \*\*\* was P<0.001 vs ISO group.



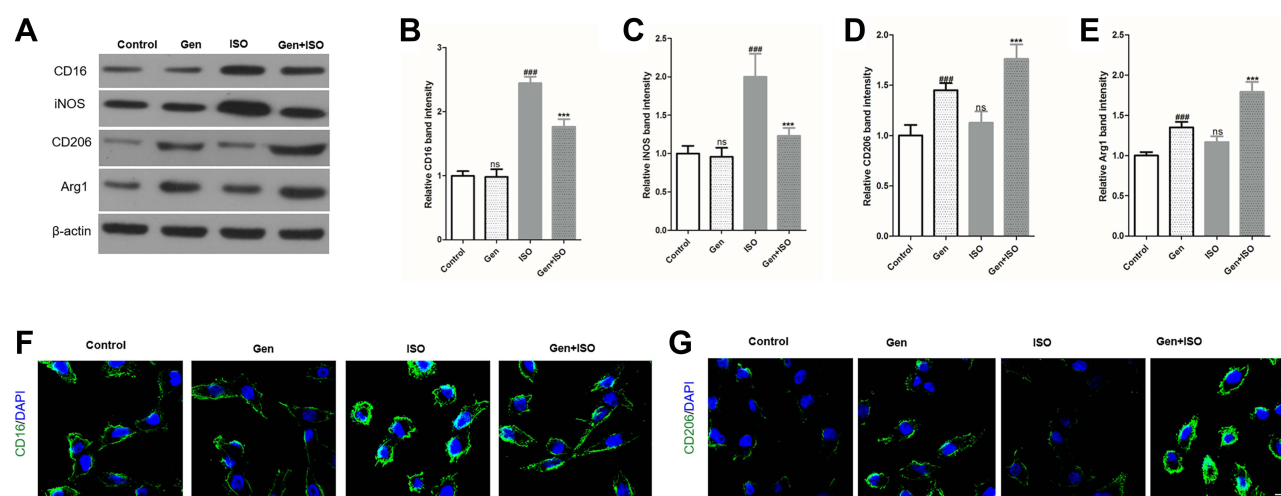
**Figure 6** Genistein reduces isoflurane-activated NF-κB pathway. We harvested hippocampal regions of rat after inducing by isoflurane and treating with genistein, and then we analyzed the key protein (IκBα and NF-κB) expression in NF-κB pathway using Western blot (A), and the band intensity was statistically compared in column chart (B–E). n=6. Data was expressed as (mean ± SD), and One-way ANOVA was used to calculate the P value. & was P>0.05 and ### was P<0.001 vs Control group; ns was P>0.05; \*\* was P<0.01 and \*\*\* was P<0.001 vs ISO group.

the main features of neuropathology since they mediate endogenous immune responses to CNS injury and disease, thereby exerting neuroprotective or neurotoxic effects.<sup>42,43</sup> Microglia respond to microenvironmental disturbances by

undergoing phenotypic changes and releasing inflammatory mediators. Such acute inflammatory response is usually beneficial to the survival of nerve cells, can reduce secondary damage in the brain, and heal damaged



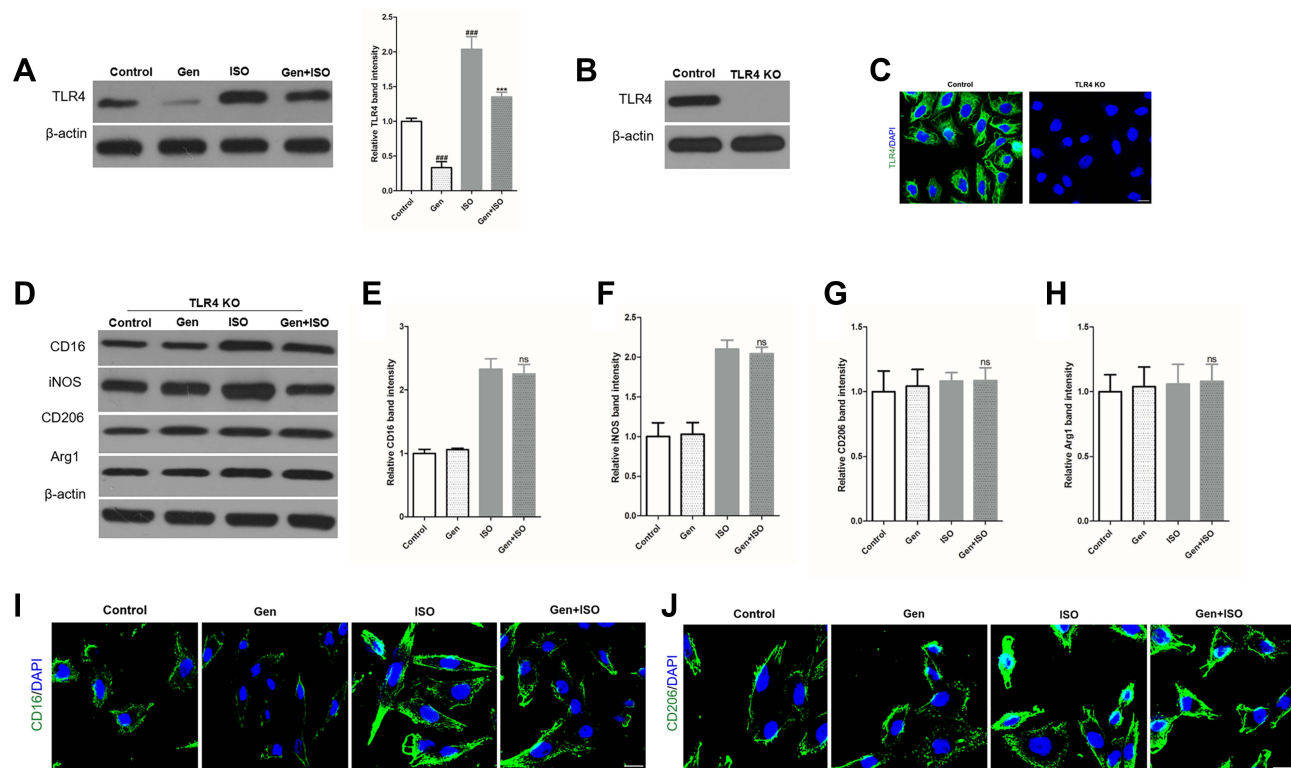
**Figure 7** Genistein suppresses M1 microglia polarization and promoted microglia polarization to the M2 phenotype in isoflurane-stimulated BV2 cells. BV2 cells was firstly stimulated with or without 50  $\mu\text{mol/L}$  genistein for 24 hours and then stimulated with 0.4% isoflurane for 6 hours. Next, we harvested BV2 cells, and detected proinflammatory cytokines (TNF- $\alpha$ , IL-1 $\beta$ , IL-6 and IL-8) (A–D), the surface markers expression of M1 (E and F) and M2 (G and H). Data was expressed as (mean  $\pm$  SD), and One-way ANOVA was used to calculate the P value. ns was  $P>0.05$  and ### was  $P<0.001$  vs Control group; \*\*\* was  $P<0.001$  vs ISO group.



**Figure 8** Genistein reduces isoflurane-induced M1 microglia polarization and promotes isoflurane-induced M1 microglia polarization in BV2 cells. BV2 cells was firstly stimulated with or without 50  $\mu\text{mol/L}$  genistein for 24 hours and then stimulated with 0.4% isoflurane for 6 hours. Next, we harvested BV2 cells, and detected the surface markers expression of M1 (CD16 and iNOS) and M2 (CD206 and Arg1) using Western blot (A–E) and cellular immunofluorescence (F and G). Data was expressed as (mean  $\pm$  SD), and One-way ANOVA was used to calculate the P value. ns was  $P>0.05$  and ### was  $P<0.001$  vs Control group; \*\*\* was  $P<0.001$  vs ISO group.

tissues.<sup>42,44</sup> However, persistent and excessive inflammation is harmful to the body and can cause nerve tissue damage.<sup>43</sup>

In the present study, we provide evidence that sustained high-dose isoflurane exposure was neurotoxic by inducing neuroinflammation, while genistein attenuated isoflurane-

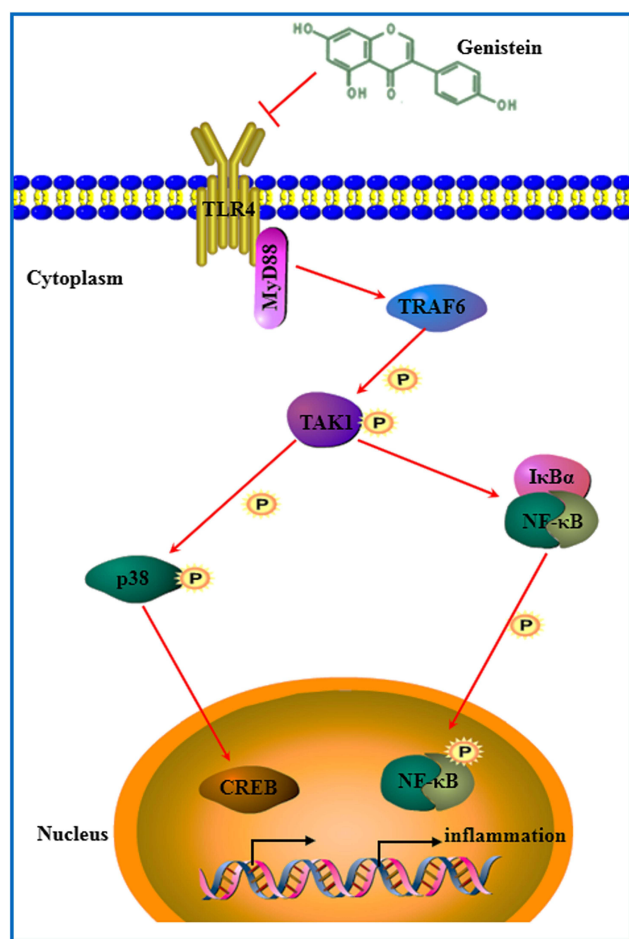


**Figure 9** Genistein cannot switch microglial polarization in TLR4 knockout BV2 cells. BV2 cells were firstly stimulated with or without 50  $\mu\text{mol/L}$  genistein for 24 hours and then stimulated with 0.4% isoflurane for 6 hours. Next, we harvested BV2 cells, and detected the expression of TLR4 protein using Western blot (A). We firstly established TLR4 knockout (TLR4) BV2 cells and verified by immunoblotting (B) and immunofluorescence (C), and this TLR4 KO BV2 cells were analyzed the surface markers expression of M1 (CD16 and iNOS) and M2 (CD206 and Arg1) using Western blot (D–H) and determined cellular immunofluorescence (I and J) after stimulating with 2.4% isoflurane for 6 hours followed by stimulating with or without 50  $\mu\text{mol/L}$  genistein for 24 hours. Data was expressed as (mean  $\pm$  SD), and P value was calculated by One-way ANOVA in (A) and by student's *t*-test in (D–H). ### was  $P < 0.001$  vs control group, ns was  $P > 0.05$  and \*\*\* was  $P < 0.001$  vs ISO group.

induced neurotoxicity by inhibiting microglia inflammatory signals. Moreover, we found that genistein promoted M2 and suppressed M1 microglia polarization in the hippocampus of rats exposed to isoflurane. Additionally, we also found that genistein suppressed isoflurane-activated TLR4/p38 and TLR4/NF- $\kappa\text{B}$  pathways in rats. TLR4 is a key receptor that regulates the polarization and function of microglia. In the cerebral ischemia-reperfusion injury model, TLR4 is found to be up-regulated, microglia are activated, and inflammatory factors are released, triggering CNS immune inflammatory response, neuronal degeneration, and death.<sup>45</sup> In the study of Alzheimer's disease, it was found that the increased A $\beta$  oligomers could activate the pattern recognition receptor TLR4 on the surface of microglia, causing chronic inflammation, stimulating cascade reactions, and promoting neurodegeneration.<sup>46</sup> Furthermore, Fellner et al<sup>47</sup> administered  $\alpha$ -synuclein to TLR4 gene-deficient mouse microglia and wild-type mouse microglia, and found that compared with the wild-type group, TLR4 deficiency led to decreases in NF- $\kappa\text{B}$  Nuclear transfer, cytokine release, and reactive oxygen species production. These data indicate that TLR4

plays an important role in  $\alpha$ -synuclein activation of microglia. Therefore, TLR4 plays a key role in the activation of microglia and the inflammation cascade, while genistein inhibits the polarization of microglia to M1 by inhibiting the signaling pathway mediated by TLR4, thereby inhibiting isoflurane-induced neuroinflammation.

The lack of TLR4 gene knockout animals makes it impossible to confirm whether genistein's regulation of microglial polarization is TLR4-dependent *in vivo*. Thus, we used BV2 cells to study the effect of genistein on the polarization of microglia, and found the same results as *in vivo*. Genistein promoted M2 and suppressed M1 microglia polarization in isoflurane-induced BV2 cells and decreased the elevated expression of TLR4 induced by isoflurane in BV2 cells. Importantly, we also found that genistein did not affect CD16, iNOS, CD206 and Arg1 protein expressions in TLR4 KO BV2 cells induced by isoflurane, which indicated that genistein switched microglia polarization in a TLR4-dependent manner in isoflurane-induced BV2 cells.



**Figure 10** Schematic diagram of genistein attenuates isoflurane-induced neurotoxicity by inhibiting TLR4-mediated microglia-inflammation.

Altogether, isoflurane can lead to neurotoxicity by causing neuroinflammation, while genistein attenuates isoflurane-induced neuroinflammation by inhibiting TLR4-mediated microglia polarization *in vivo* and *in vitro*. In addition, our results provide a potential drug for the prevention and treatment of developmental neurotoxicity caused by isoflurane in general anesthetics. Genistein, as a natural isoflavone compound, can be considered for the prevention and treatment of isoflurane-induced neurotoxicity (Figure 10). However, it should be noted that due to the lack of TLR4 knockout rats, we could not confirm if genistein switching of microglia polarization is dependent on TLR4 *in vivo*.

## Data Sharing Statement

The original contributions presented in the study are included in the article/Supplementary Materials, further inquiries can be directed to the corresponding author.

## Ethics Statement

The animal study was reviewed and approved by Shandong Cancer Research Institute, Shandong First Medical University & Shandong Academy of Medical Sciences.

## Author Contributions

All authors made substantial contributions to conception and design, acquisition of data, or analysis and interpretation of data; took part in drafting the article or revising it critically for important intellectual content; agreed to submit to the current journal; gave final approval of the version to be published; and agree to be accountable for all aspects of the work.

## Disclosure

The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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