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ORIGINAL RESEARCH

### Optimization, Characterization and in vivo Evaluation of Paclitaxel-Loaded Folate-Conjugated Superparamagnetic Iron Oxide Nanoparticles

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**Background:** Paclitaxel (PTX) has interesting anticancer activity. However, it is insoluble in water, which seriously hinders its use in clinical. Superparamagnetic iron oxide nanoparticles (SPIONs) are used as an ideal drug delivery system. Therefore, we proposed a folic acid (FA) targeting drug-loaded SPIONs to reduce its adverse reaction.

**Methods:** To improve the hydrophilicity of PTX, the structure of PTX was modified by succinic anhydride to obtain 2'-succinate paclitaxel (SPTX). FA conjugated Polyethylene glycol (PEG)/ polyethyleneimine (PEI)-SPIONs SPTX-loaded nanoparticles (SPTX@FA@PEG/PEI-SPIONs) were prepared by solvent volatilization and hydrogen bond adsorption, and the nano-formulation was optimized by response surface methodology (RSM). The characteristics, antitumor effect in vitro, pharmacokinetics, and biodistribution of SPTX@FA@PEG/PEI-SPIONs were evaluated.

**Results:** SPTX was successfully loaded on the surface of FA@PEG/PEI-SPIONs. The formation of SPTX@FA@PEG/PEI-SPIONs was exhibited water-dispersive monodispersity with high stability by RSM, and dynamic light scattering (DLS) was  $178.1\pm3.12$  nm, particle size observed in the transmission electron microscope (TEM) was  $13.01\pm1.10$  nm, and the encapsulation efficiency (EE) and loading efficiency (LE) were  $81.1\pm1.66\%$  and  $14.8\pm1.46\%$ , respectively. It enhanced the stability in normal physiological condition, accelerated drug release at tumorous pH, and preferentially prolonged the circulation time. In vitro, the SPTX@FA@PEG/PEI-SPIONs significantly targeted to folate receptor (FR) positive cancers cell (HNE-1) via the receptor-ligand mediated pathway, resulting in effective cytotoxic activity. Pharmacokinetic results demonstrated that SPTX@FA@PEG/PEI-SPIONs ( $t_{1/2}$ =3.41 h) had longer than free SPTX or PTX ( $t_{1/2}$ =1.67 h) in rats in vivo. Tissue distribution studies showed that SPTX@FA@PEG/PEI-SPIONs were present at high levels in the liver and help in targeting the folate receptors present on the kidneys.

**Conclusion:** These results suggest that SPTX@FA@PEG/PEI-SPIONs offer a highly promising approach to control drug release, improve drug pharmacokinetics and actively target the nasopharyngeal carcinoma.

**Keywords:** paclitaxel, folic acid, superparamagnetic iron oxide nanoparticles, targeted drug delivery, response surface methodology, anti-nasopharyngeal carcinoma

#### Introduction

Nasopharyngeal carcinoma (NPC) is one of the malignant tumors of nasopharyngeal epithelium in the head and neck, which is particularly prevalent in East and Southeast Asia.<sup>1</sup> Concurrently, chemoradiotherapy has become the standard treatment for locally advanced nasopharyngeal carcinoma.<sup>2,3</sup> However, most patients

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Paclitaxel (PTX), as a first-line chemotherapy option, is used in the treatment of lung cancer, breast cancer, head and neck malignancies and other cancers.<sup>2,4,5</sup> PTX exhibits good efficacy in patients with NPC during the early stages of treatment, but the subsequent development of resistance is the main cause of treatment failure.<sup>6</sup> And it can also cause many side effects, such as allergic reactions, myalgia and neutropenia, etc.<sup>7,8</sup> Therefore, improving its water solubility and bioavailability and reducing chemotherapy resistance are very essential to improve the treatment strategy for NPC.<sup>9,10</sup>

Magnetic nanoparticles have received tremendous attention in diverse fields because of their unique nanoscale physicochemical properties and the potential for a wide range of applications.<sup>11,12</sup> In particular, superparamagnetic iron oxide nanoparticles (SPIONs) have become one of the most widely studied targeted nanomaterials. The SPIONs open avenues to drug delivery,<sup>13,14</sup> magnetic resonance imaging (MRI)<sup>11,15</sup> and cellular-specific targeting,<sup>16</sup> and prolong the blood circulation.<sup>17</sup> The SPIONs accumulate in the tumor site via enhanced permeability and retaining (EPR) effect (passive) or via superparamagnetism properties under an external magnetic field (active).<sup>18</sup> However, these properties vary significantly within tumors and between tumor types, and are not always sufficient to achieve specific targeting.<sup>19</sup> Therefore, an alternative strategy for drug delivery systems based on SPIONs is the couple of these systems with targeting segments, such as folic acid (FA),<sup>20,21</sup> transferrin  $(Tf)^{22}$  and antibodies<sup>23</sup> to improve their targeting performance.

FA is a ligand with a high affinity for the folate receptor (FAR) and is very useful for cancer targeting since many cancer cells overexpress FAR.<sup>24</sup> FA is its possible conjugation with a number of nanotechnology platforms<sup>25</sup> and targets drug carriers.<sup>24</sup> Therefore, FA is used for the drug delivery to increase the efficacy, safety profiles and easy modify, and decrease immunogenicity.<sup>20,24,26</sup>

Recently, lots of studies have reported that the low solubility of PTX can be solved by constructing nanodelivery systems, such as nanoparticles,<sup>27</sup> liposomes<sup>28,29</sup> and nanoemulsions.<sup>30</sup> The desirable nanoparticles should maintain stability in body circulation, highly accumulate in tumor tissues, specifically recognize the targeted cells, and accelerate intracellular drug release to maximize the therapeutic efficacy and minimize the adverse drug reaction.<sup>13</sup> However, some magnetic nanodrug delivery systems exhibit cumbersome pre-drug preparation steps, expensive reagents, few in vivo distribution studies and low drug loading capacity. Therefore, we have focused on developing a targeting drug delivery system loaded with PTX.

In our work, the 2'-hydroxyl group of PTX was reacted with succinic anhydride to obtain the prodrug of PTX (SPTX). Then, carboxylic group of the succinyl spacer was coupled to FA@PEG/PEI-SPIONs to obtain SPTX@FA@PEG/PEI-SPIONs via solvent volatilization and hydrogen bond adsorption and optimized the formulation by response surface method (RSM). The prepared nano-formulations were characterized and drug entrapment efficiency was calculated. Moreover, the toxicity on nasopharyngeal carcinoma cells and tissue drug distribution of the SPTX@FA@PEG/PEI-SPIONs encapsulated were examined.

#### Materials and Methods Materials

PTX was obtained from Huiang biochemical Co., Ltd (Guilin, China). FA was provided by Sinopharm Chemical Reagent (Shanghai, China). Iron (III) acetylacetonate (Fe(acac)<sub>3</sub>, 98%) was purchased from Tokyo Kasei Kogyo Co., Ltd. (Tokyo, Japan). 1-(3-Dimethylaminopropyl)-3-ethyl-carbodiimide hydrochloride (EDC, 97%) and N-hydroxysulfosuccinimide sodium salt (sulfo-NHS, 98%) were provided by Adamas Reagent (Shanghai, China). 4-Dimethylaminopyridine (DMAP), Succinic anhydride and Poly(ethyleneimine) (PEI,  $M_w$ =1800) were obtained from Aladdin Industrial. Polyethylene glycol (PEG,  $M_w$ =1000) and other reagents were purchased from Xilong Chemistry Co., Ltd. (Shantou, China). All reagents were used without further purification.

#### Cell Lines and Animals

Nasopharyngeal carcinoma CNE-1 cell lines were procured from Xiangya Medical College of South Central University (Changsha, China)<sup>31</sup> and HNE-1cells were procured from Fuheng Biology Co., Ltd (Shanghai, China). The use of the cell lines has been approved by the Research Ethics Committee of Guilin Medical University, and the cell has been verified by STR profile. CNE-1 and HNE-1 cells were cultured with RPMI 1640 medium (Gibco, St Louis, MO, USA). All media contained 10% fetal calf serum (FBS, Gibco, St Louis, MO, USA), 100 U/ mL penicillin and streptomycin (Gibco, St Louis, MO, USA), and the cells were cultured at  $37^{\circ}$ C with 5% CO<sub>2</sub>.

Male Sprague Dawley (SD) rats (6–8 weeks old) and Kunming male mice (7–8 weeks old) were provided by the Center of Experimental Animals (Hunan, China, Certificate No. SCXK (Xiang) 2019–0004). Animals were fed a standard rodent diet ad libitum. Animal experiments were approved by the Animal Ethics Committee of Guilin Medical University and carried out in accordance with the Regulations for Animal Experiments and Guidelines for Ethics as defined by the Guilin Medical University (Guangxi, China).

### Preparation of SPTX@FA@PEG/ PEI-SPIONs

#### Surface Functionalization of PEG/ PEI-SPIONs

We synthesized PEG/PEI-SPIONs using the polyol pyrolysis method as previously reported.<sup>22</sup> Briefly, 0.3 g PEI-1800 with 0.7 g Fe(acac)<sub>3</sub> were added into 15.0 g PEG-1000, and the mixture was heated to 260°C. For surface functionalization, FA (0.199 mmol) was activated by fully dissolving in 25 mL of DMSO, and then EDC (0.398 mmol) and sulfo-NHS (0.398 mmol) were added and stirred for 3 h. Subsequently, under rapid stirring conditions, PEG/PEI-SPIONs were slowly added drop-wise to the FA active ester solution, and the mixture was then stirred for 24 h. Afterwards, the sample was isolated by LS magnetic separation column. Finally, the solution was purified with a dialysis bag (MWCO 8000–14000 Da) to remove free folic acid until the dialysate had no UV absorption. FA@PEG/PEI-SPIONs solution was obtained.

#### Preparation of SPTX@FA@PEG/ PEI-SPIONs by RSM

PTX was modified using a similar method as described in the previous study.<sup>32</sup> The detailed synthesis scheme is shown in <u>Supplementary File</u>. The SPTX@FA@PEG/ PEI-SPIONs were prepared using a solvent evaporation and hydrogen bond adsorption technique. Briefly, a certain amount of SPTX was first dissolved in methanol-chloroform (8:2) (as organic phase), then it was added dropwise into FA@PEG/PEI-SPIONs aqueous dispersion (Concentration of Fe was 1.0 mg/mL) (as aqueous phase) with a constant pressure tap funnel. The mixture was then reacted at 24°C stirred for 24 h.

Table I Levels of the Factors in RSM Design

Variable	Code	Levels				
		-1.682	-1	0	I	1.682
m <sub>(SPTX)</sub> : m <sub>(FA@PEG/PEI-</sub> SPIONs)	Xı	0.33	0.5	I	2	3
V <sub>(ethanol-chloroform</sub> ): V <sub>(H2O)</sub>	X <sub>2</sub>	0.2	0.33	0.5	I	2
Dropping speed of SPTX (mL/min)	X <sub>3</sub>	0.1	0.5	Ι	2	3

On the basis of single factor investigation, the central composite response surface design (central composite design, CCD) was used to select the above three factors: the mass ratio of SPTX and FA@PEG/PEI-SPIONs (m-(SPTX):  $m_{(FA@PEG/PEI-SPIONs)}$ ) ( $X_I$ ), the volume ratio of organic phase and aqueous phase ( $V_{(ethanol-chloroform)}$ :  $V_{(H2O)}$ ) ( $X_2$ ), and dropping speed of SPTX ( $X_3$ ) as the investigation factors (Table 1). The particle size ( $Y_I$ ) and encapsulation efficiency (EE) ( $Y_2$ ) were as the evaluation index. The star design of three factors and five levels was carried out. The levels of those independent variables were based on preliminary trials.

#### Characterization of SPTX@FA@PEG/PEI-SPIONs Z-Average Size, Zeta Potential, and Transmission Electron Microscopy

The average size and Zeta potential of SPTX@FA@PEG/ PEI-SPIONs were determined by Zetasizer Instrument (ZEN 3690, Malvern, USA). All measurements were performed at 25°C. The morphology of SPTX@FA@PEG/ PEI-SPIONs was observed using a transmission electron microscope (TEM, JEM 2100F, JEOL Ltd., Tokyo, Japan) at 200 kV.

# Encapsulation Efficiency and Loading Efficiency

The free SPTX in the SPTX@FA@PEG/PEI-SPIONs dispersion was separated using LS magnetic beads separation column (Miltenyi Biotec, Germany) and the filtrate was collected. To determine EE and loading efficiency (LE) of SPTX, the adsorption of SPTX in the filtrate was calibrated by a standard SPTX solution in the same conditions. The absorption of the filtrate was measured to calculate the free SPTX concentration, and the SPTX in the SPTX@FA@PEG/PEI-SPIONs dispersion was determined at 227 nm using a spectrophotometer (Shimadzu UV3600, Shimadzu Corporation, Kyoto, Japan). The EE and LE contents were calculated using the following formulae:

#### Release of SPTX from SPTX@FA@PEG/ PEI-SPIONs

The dialysis method was used to analyze the in vitro drug release from the optimal nano-formulation. Briefly, 2 mL of SPTX@FA@PEG/PEI-SPIONs containing 5 mg SPTX were sealed in dialysis bags (MWCO=8000~14000 Da) and immersed in 50 mL of PBS solution with pH 5.0, 6.0 or 7.4, respectively, in an incubator shaker at 37°C. At predetermined time intervals, 1 mL of release medium in each vial was withdrawn and replenished with an equal volume of release medium. Finally, the drug concentration in the release medium was determined by the UV spectrophotometer and the cumulative release was calculated.

### Stability of SPTX@FA@PEG/ PEI-SPIONs

The stability of the SPTX@FA@PEG/PEI-SPIONs was assessed in 0.01 mol/L PBS solution, in the FBS-containing PBS solution (10% FBS) and complete cell culture medium (10% FBS) at 37°C for 72 h or at 4°C for 28 days. The particle size changes of SPTX@FA@PEG/PEI-SPIONs were monitored by Zetasizer Instrument over time. The concentration of SPTX in the supernatant was measured by the UV spectrophotometer.

#### In vitro Cytotoxicity Studies

The cytotoxic effects of PTX and SPTX were conducted in nasopharyngeal cancer cells (CNE-1 and HNE-1) in vivo using MTT assay. CNE-1 and HNE-1 were cultured in RPMI-1640 medium with 10% FBS, 100 U/mL penicillin, and 100 µg/mL streptomycin at 37°C in a humidified incubator with a 5% CO<sub>2</sub>. Exponentially growing CNE-1 and HNE-1 cells were incubated in 96-well plates at the density of  $4 \times 10^3$  cells per well. After 24 h incubation, cells were subjected to 200 µL fresh medium containing PTX or SPTX ( $10^{-3}$ - $10^2$  µM) for 24 h, and PTX or SPTX ( $1-10^4$  nM) for 48 h. Cells treated with a medium containing 0.1% DMSO were used as a control.

The cytotoxicity of blank nanoparticles or drugloaded nanoparticles was also evaluated by MTT assay in nasopharyngeal cancer cells. CNE-1 and HNE-1 cells were seeded in 96-well plates and incubated overnight. Then, the medium was replaced with 200 µL fresh medium containing PEG/PEI-SPIONs, PTX. SPTX. FA@PEG/PEI-SPIONs and SPTX@FA@PEG/PEI-SPIONs for 24 h (Fe concentration was 50 µg/mL and PTX or SPTX concentration was 1  $\mu$ M in the medium). Subsequently, 10  $\mu$ L MTT (5 mg/mL) was added and incubated for another 4 h in the dark. 100 µL DMSO was added to dissolve the formazan crystals. The absorbance at 570 nm was measured using a BioTek microplate reader (BioTek ELx800, Winooski, Vermont, USA).

## In vivo Pharmacokinetics and Biodistribution Study

The SD rats were randomly divided into three groups (n=4): PTX group, SPTX group and SPTX@FA@PEG/PEI-SPIONs group. The rats were intravenously administered PTX, SPTX and SPTX@FA@PEG/PEI-SPIONs at a dose of PTX (5 mg/kg) or SPTX (5 mg/kg). Blood was collected into heparinized tubes at different time points (0.038, 0.083, 0.25, 0.5, 1, 2, 4, 6, 8, 10, 12 h) and centrifuged at 8000 rpm for 10 min to obtain plasma and stored at -80°C.

For the tissue biodistribution study, mice were randomly divided into three groups (n=4 per group): PTX group, SPTX group and SPTX@FA@PEG/PEI-SPIONs group. Each group was treated with PTX (5 mg/kg) or SPTX (5 mg/kg) through the tail vein. Mice were euthanized at 1, 4 and 12 h post injection and different tissues including heart, liver, spleen, lung and kidney were harvested and weighted. Meanwhile, tissue samples were homogenized with tissue homogenizer after the addition of three times the weight of physiologic saline. The concentrations of PTX or SPTX were determined by the high-performance liquid chromatography (HPLC, Agilent 1290 Infinity II, USA) method.

#### Statistical Analysis

Statistical significance was measured using the one-way analysis of variance (ANOVA) and Student's *t*-tests, as appropriate. All values were expressed as the mean  $\pm$  standard deviation. Values with *p*<0.05 were regarded as significantly

different. Pharmacokinetic parameters were calculated using the compartmental analysis tool of DAS 2.0.

### **Results and Discussion** Optimization of SPTX@FA@PEG/ PEI-SPIONs by RSM

SPTX was synthesized by the modified method of Liu et al.<sup>32</sup> It was confirmed by the HPLC and 1H-NMR analysis that the hydroxyl group of 2 position of PTX was reacted with succinic anhydride. The scheme of the synthesis is illustrated in Figure S1. The retention time was 6.14 min for PTX and 4.22 min for SPTX (Figure S2) indicating that the chemical structure of the substituent moiety played an important role in the polarity of PTX. SPTX exhibited to be more polar than PTX because of the polar carboxyl moiety. The characteristic peaks of SPTX were found at 2.55 ppm to 2.76 ppm (HOOC-CH2CH2-COO). Nevertheless, the methylene peak of succinic anhydride appeared at 2.57 ppm (Figure S3). The above results indicate that we had successfully modified the structure of PTX and successfully introduced carboxyl (-COOH) in its 2'-OH site.

The water-dispersible SPTX@FA@PEG/PEI-SPIONs conjugates were successfully prepared as illustrated in Figure 1. Firstly, FA was activated by EDC/NHS method, then SPTX was added, and the reaction was carried out by solvent volatilization and hydrogen bond adsorption. Finally, SPTX was attached to FA modified nanoparticles (FA@PEG/PEI-SPIONs), and SPTX conjugates were obtained (SPTX@FA@PEG/PEI-SPIONs).

In RSM design, the effects of three factors on the particle size (Figure 2A1-A3) and EE (Figure 2B1-B3) of SPTX@FA@PEG/PEI-SPIONs were investigated. According to the particle size of SPTX@FA@PEG/PEI-SPIONs was less than 200 nm and the EE was the highest, the optimal preparation process of SPTX@FA@PEG/PEI-SPIONs was determined by Design expert 10.0.7. The 3D plots were based on the function of two variables, with the other variable being at its optimum level. Figure 2A1 and B1 represented the interaction between m(SPTX): m(FA@PEG/PEI-SPIONs) and V<sub>(ethanol-chloroform)</sub>: V<sub>(H2O)</sub>. The lower and higher levels of both  $m_{(SPTX)}$ :  $m_{(FA@PEG/PEI-SPIONs)}$  and  $V_{(ethanol-chloro$ form): V(H2O) did not result in higher EE, but the particle size was increasing. Figure 2A2 and B2 showed the 3D plot corresponding to m(SPTX): m(FA@PEG/PEI-SPIONs) and dropping speed of SPTX. As shown in Figure 2A3 and B3, the response plot was elliptical, suggestion interaction between them with optimum particle size. Based on the analysis of the data in Figure 2, the optimal preparation process was m<sub>(SPTX)</sub>: m-(FA@PEG/PEI-SPIONs)=1, V(ethanol-chloroform): V(H2O)=1, dropping speed of SPTX: 1 mL/min.

Three samples were prepared in parallel according to the optimal process. As shown in Table 2, SPTX@FA@PEG/PEI-SPIONs exhibited an intensity diameter of around 178 nm (predicted value was 169.7 nm (RSD=4.9%)) and Zeta potential of around -10.8 mV. The results indicate that the mathematical model is reliable, predictable and relatively stable Besides, the results show that the EE and LE of SPTX@FA@PEG/PEI-SPIONs are around 81.1% and 14.8%, respectively.

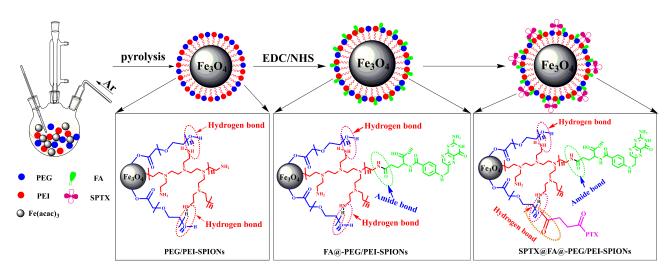


Figure I Synthesis schematic of SPTX@FA@PEG/PEI-SPIONs.

Abbreviations: PEG, polyethylene glycol; PEI, polyethyleneimine; FA, folic acid; SPTX, 2'-succinate paclitaxel.

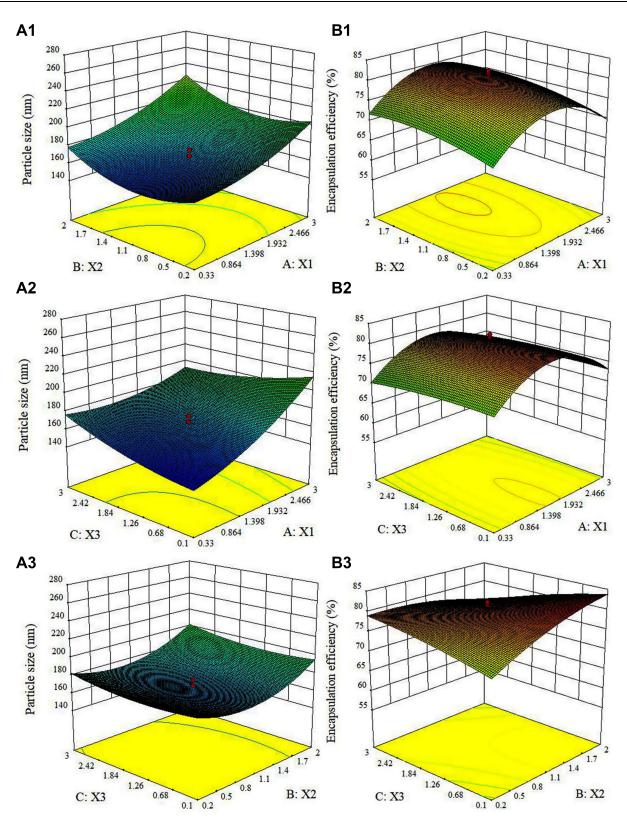


Figure 2 3D response surface diagram for particle size (AI-A3) and EE (BI-B3) of SPTX@FA@PEG/PEI-SPIONs showing interaction between (AI and BI)  $X_1$  and  $X_2$ ; (A2 and B2)  $X_1$  and  $X_3$ ; (A3 and B3)  $X_2$  and  $X_3$ .

 $\textbf{Abbreviations:} \ m_{(SPTX)}, \ m_{(FA@PEG/PEI-SPIONs)} \ (X_1); \ V_{(ethanol-chloroform)}, \ V_{(H2O)} \ (X_2), \ dropping \ speed \ of \ SPTX \ (X_3). \ (X_3) \ (X_3)$ 

Number	Particle Size (nm)	Zeta Potential (mV)	EE of SPTX (%)	LE of SPTX (%)
I	174.5	-10.24	81.3	13.6
2	180.3	-11.62	79.6	16.4
3	177.4	-10.64	82.3	14.3
Mean ± SD	178.1 ± 3.12	-10.8 ± 0.71	81.1 ± 1.66	14.8 ± 1.46

Table 2 Results of Certification Optimization

## Characterization of SPTX@FA@PEG/PEI-SPIONs

The SPTX@FA@PEG/PEI-SPIONs exhibited a Z-averaged size of 179.4 nm (Figure 3A). The Zeta potential of SPTX@FA@PEG/PEI-SPIONs was significantly lower ( $\sim$  -10 mV) than that of FA@PEG/PEI-SPIONs ( $\sim$  -3.4 mV) and PEG/PEI-SPIONs ( $\sim$  +19.5 mV), most likely due to the SPTX introduced (Figure 3B). The Zeta potential prevents the agglomeration of particles by using electrical repulsion. TEM examination further revealed the particle size and

morphology of the SPTX@FA@PEG/PEI-SPIONs. As shown in Figure 3C1–C3, TEM analysis confirms that SPTX@FA@PEG/PEI-SPIONs were almost spherical in shape with an average size distribution of 13 nm.

UV and FTIR spectra analyses were useful tools to investigate intermolecular interactions, through shifting or broadening of the bands in the spectra.<sup>28</sup> As shown in Figure 4A, the absorption peak of FA at 280 nm was the characteristic peak and the absorption peaks of 227 nm and 206 nm were the characteristic absorption peaks of SPTX. Due to the special structure of SPTX showed terminal absorption. In Figure 4B, FTIR results showed that there was a new absorption peak at  $1564.3 \text{ cm}^{-1}$ that the primary amine (-NH<sub>2</sub>) of FA@PEG/PEI-SPIONs disappears and secondary amine (-NH) appeared during the process of synthesis. In addition, the absorption band between 1646.4 cm<sup>-1</sup> and 1733.8 cm<sup>-1</sup> allocated ketone carbonyl stretching vibration at  $\delta$  (-CONH-). The absorption peak 1250.1 cm-1 was related to tensile vibration at  $\delta$  (C=O).<sup>28</sup> The absorption peaks of SPTX were between 3000 cm<sup>-1</sup> to 3250 cm<sup>-1</sup> of which were related to tensile vibration at  $\delta$  (-NH). The absorption

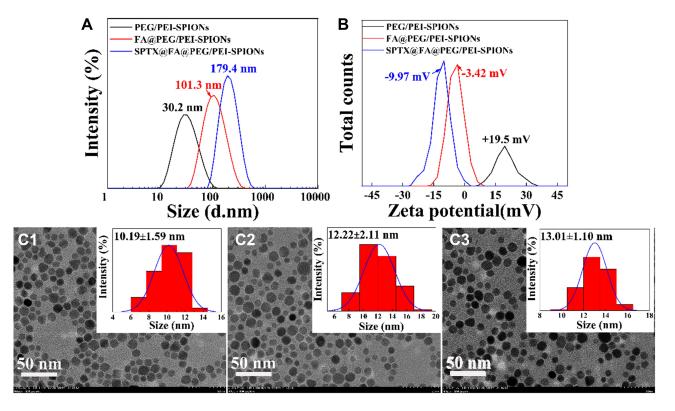


Figure 3 Particles size (A), zeta potential (B), TEM images and size distributions of PEG/PEI-SPIONs (C1), FA@PEG/PEI-SPIONs (C2), SPTX@FA@PEG/PEI-SPIONs (C3) under optimal conditions.

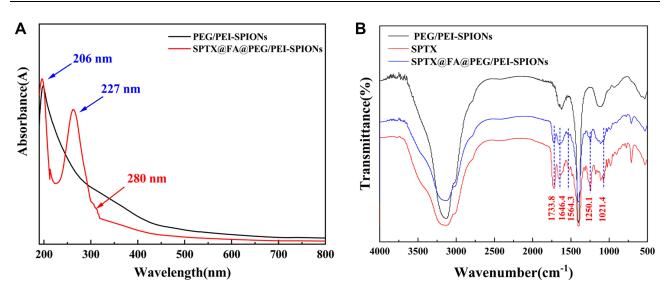


Figure 4 (A) The ultraviolet (UV) and (B) Fourier transform infrared (FTIR) spectra of SPTX@FA@PEG/PEI-SPIONs.

peaks may indicate SPTX loaded FA@PEG/PEI-SPIONs.

#### Stability Study

In order to evaluate the stability of SPTX@FA@PEG/PEI-SPIONs in vitro, the nanoparticles were incubated with 0.01 mol/L PBS solution, in the FBS-containing PBS solution (10% FBS) and complete cell culture medium (10% FBS) at 37°C for 72 h or at 4°C for 28 days (Figure 5). As shown in Figure 5A, the particle size of SPTX@FA@PEG/PEI-SPIONs was slightly increased in these media up to 72 h at 37°C (Figure 5A1), indicating that aggregation occurred. But the particle size was relatively stable at 4°C for 28 days (Figure 5A2), indicated that no aggregation occurred. More importantly, when the experimental temperature adjusted to be 37°C, simulating in vivo environment during blood circulation, the remnant drug percentage was still >80% within 48 h (Figure 5B1). In addition, the drug percentage in SPTX@FA@PEG/PEI-SPIONs remained above 90% at 4°C for up to 7 days. However, the drug content decreased to about 85% after 7 days (Figure 5B2). The high serum stability of SPTX@FA@PEG/PEI-SPIONs might be attributed to the ideal amphiphilic balance of the drug-loaded assemblies.<sup>33</sup>

#### In vitro Drug Release

Next, the in vitro drug release from SPTX@FA@PEG/ PEI-SPIONs in pH 7.3, 6.0 and 5.8 PBS solutions were studied. SPTX was slowly released within 72 h at pH 7.3 without an apparent burst release (Figure 6), which indicates that the SPTX@FA@PEG/PEI-SPIONs remain stable with reduced drug leakage during blood circulation. However, when the pH was 5.0, the drug cumulative released rate from the SPTX@FA@PEG/PEI-SPIONs by SPTX reached more than 82% of the total drug loading after 48 h. The main reason for this phenomenon was that the electrostatic interaction and hydrogen bonding between coating polymers and SPTX are broken because of the protonation effect at a low pH value.

#### In vitro Cytotoxicity Assays

The cytotoxicity of PTX and SPTX was compared with NPC cells CNE-1 and HNE-1 (Figure 7A and B). At 24 h, the IC<sub>50</sub> value for CNE-1 cells for PTX and SPTX were1.943 and 1.647  $\mu$ M. The IC50 values for HNE-1 cells for PTX and SPTX were 3.988 and 3.632  $\mu$ M (Figure 7A). The study indicated that PTX and SPTX were toxic to CNE-1 at a lower concentration than to HNE-1. However, after 48 h of treatment, the toxicity of PTX or SPTX to CNE-1 cells was significantly reduced (Figure 7B), indicated that HNE-1 was more sensitive to drugs than CNE-1 at 48 h.

The cytotoxicity of the PEG/PEI-SPIONs and FA@PEG/PEI-SPIONs were qualitatively determined using the colorimetric MTT assay on CNE-1 and HNE-1 cell lines. The cells were incubated with Fe concentration of 20–200  $\mu$ g/mL of PEG/PEI-SPIONs and FA@PEG/PEI-SPIONs for 24 h. As shown in Figure 7C, after 24-h incubation with PEG/PEI-SPIONs, the viability of CNE-1 and HNE-1 were still >80% at all Fe incubation concentrations. The FA@PEG/PEI-SPIONs showed no significant cell

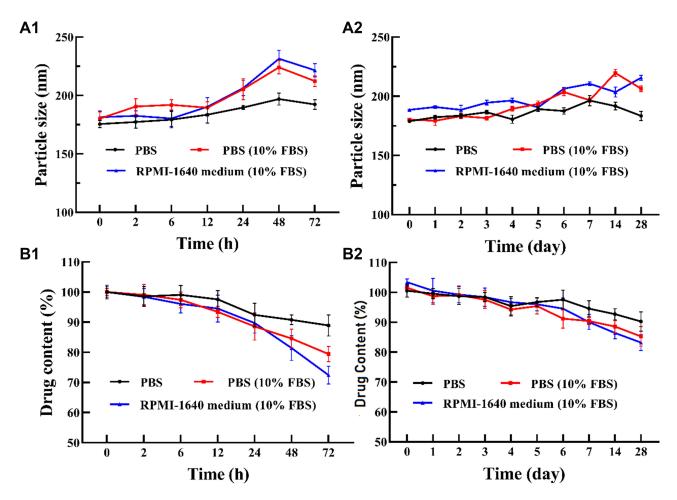


Figure 5 (A) The stability and (B) drug content of SPTX@FA@PEG/PEI-SPIONs in 0.01 mol/L PBS solution, FBS-containing PBS solution (10% FBS) and complete cell culture medium (10% FBS) at 37°C for 72 h (A1 and B1) or at 4°C for 28 days (A2 and B2). Data were represented as mean ± SD (n=3).

inhibition on CNE-1 even at the highest concentration of 200  $\mu$ g/mL, but with a concentration >100  $\mu$ g/mL had 20% inhibition on HNE-1 cells (Figure 7D). So PEG/

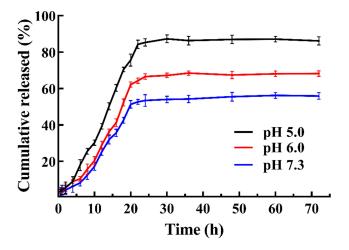


Figure 6 Release profiles of SPTX from SPTX@FA@PEG/PEI-SPIONs at pH 7.3, 6.0 and 5.0, respectively.

PEI-SPIONs and FA@PEG/PEI-SPIONs possess a reliable level of biocompatibility.

SPTX@FA@PEG/PEI-SPIONs with SPTX concentration of 2.0 µM were used to investigate the cytotoxicity of in vitro on NPC cells. The SPTX@FA@PEG/PEI-SPIONs were more cytotoxic than free SPTX or PTX (##P<0.01, Figure 7E and F), this infers that SPTX@FA@PEG/PEI-SPIONs enter the cells efficiently via the receptor-mediated endocytosis mechanism, and free SPTX or PTX only diffuse passively into cells.<sup>28</sup> It can be noticed that the application of magnetic field (MF) increases the cytotoxicity of SPTX@FA@PEG/PEI-SPIONs possibly due to that the MF increases the contact of SPTX@FA@PEG/PEI-SPIONs with the CNE-1 and HNE-1 cells (\*P<0.05, \*\*P<0.01, Figure 7E and F). Moreover, due to the active targeting of FAR increases the number of nanoparticles within FAR positive (FAR+) cancer cells (HNE-1) (<sup>&&</sup>p<0.01, Figure 7E and F), the results suggesting that SPTX@FA@PEG/PEI-SPIONs can improve the cytotoxicity to FAR+ cancer cells. These

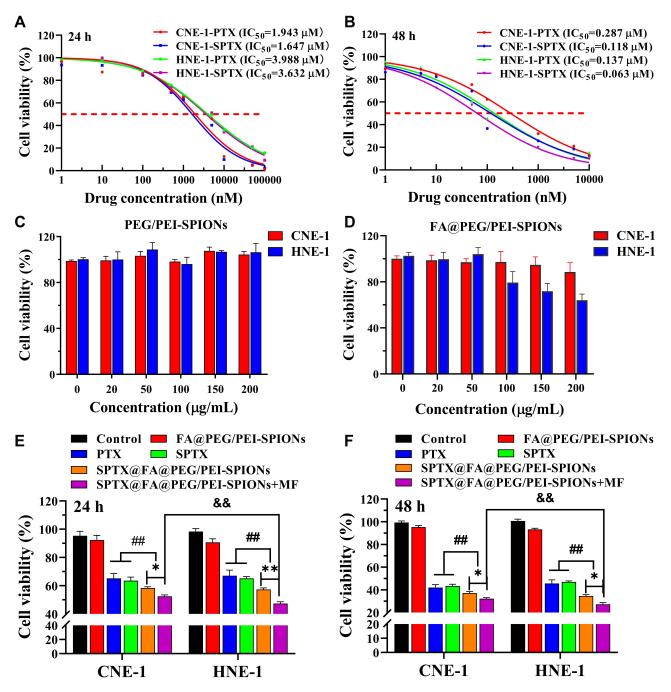


Figure 7 IC<sub>50</sub> of PTX and SPTX treated with at 24 h (**A**) and 48 h (**B**). Concentration-dependent survival curves of CNE-1 and HNE-1 cells treated by PEG/PEI-SPIONs (**C**) and FA@PEG/PEI-SPIONs (**D**) for 24 h. In vitro cytotoxicity of SPTX@FA@PEG/PEI-SPIONs against CNE-1 and HNE-1 cells after treatment for 24 h (**E**) or 48 h (**F**). Data were expressed as means  $\pm$  SD (n=3). \*P<0.01; ##P<0.01; ##P<0.01;

results showed the increased growth inhibition efficiency of SPTX@FA@PEG/PEI-SPIONs on CNE-1 and HNE-1 cells by FA and the MF applied.

## In vivo Pharmacokinetics and Biodistribution

The in vivo pharmacokinetics and biodistribution were analyzed after intravenous injection administrated as free PTX, SPTX and SPTX@FA@PEG/PEI-SPIONs. The plasma drug concentrations were measured by HPLC after different treatments. The results were shown in Figure 8A. The PTX or SPTX plasma concentration at 2 h after administration of free PTX or SPTX was close to the quantification limit. However, the SPTX plasma concentration was still detectable at 6 h after administration of the SPTX@FA@PEG/PEI-SPIONs. The AUC of SPTX@FA@PEG/PEI-SPIONs

was significantly increased, the t  $_{(1/2)}$  was prolonged from 1.67 to 3.41 h, displaying an increased accumulation and decreased clearance of PTX. Thus, SPTX@FA@PEG/PEI-SPIONs not only achieved higher drug blood levels and longer circulation time in rats but also effectively reduced the in vivo clearance rate.

The concentration of PTX and SPTX in different tissues were presented at three predetermined points (1, 4 and 12 h) after intravenous injection administration of 5 mg/kg PTX, SPTX or SPTX@FA@PEG/PEI-SPIONs (Figure 8B–D). The biodistribution of SPTX was significantly influenced by the SPTX@FA@PEG/PEI-SPIONs. At the time of 1 h post administration (Figure 8B), the SPTX concentrations of SPTX@FA@PEG/PEI-SPIONs in the liver (1.386  $\pm$  0.227 µg/mL), spleen (0.664  $\pm$  0.097 µg/ mL) and kidney  $(0.722 \pm 0.107 \text{ }\mu\text{g/mL})$  demonstrated the highest values in the whole course, which were 2.00-, 1.35- and 1.60-fold to those of free SPTX group, respectively (\*P < 0.05). In addition, after 4 h administration, PTX concentrations of SPTX@FA@PEG/PEI-SPIONs still accumulated higher levels in the liver, kidney and spleen (Figure 8C, \*P < 0.05). The accumulation in the liver and spleen of the drug was ascribed to the macrophages and other antigen-presenting cells of the mononuclear phagocyte system (MPS)<sup>34</sup> and kidney accumulation may be due to the surface functionalization of nanoparticles with folic acid, which is responsible for its affinity towards the kidneys.<sup>35</sup> However, after 12 h post-injection, accumulation in the kidney was markedly less. SPTX or PTX concentration was decreased after 12

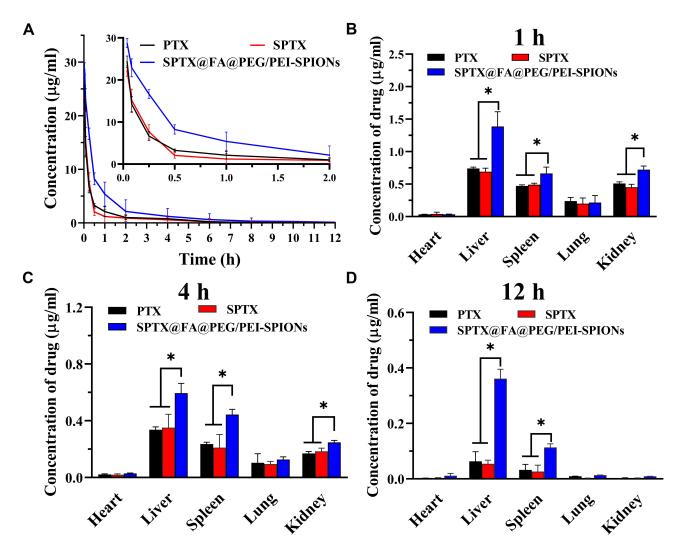


Figure 8 (A) Plasma concentration-time curves of free PTX, SPTX and SPTX@FA@PEG/PEI-SPIONs in vivo, data are expressed as the mean ± SD (n=4). Tissue distributions of free PTX, SPTX and SPTX@FA@PEG/PEI-SPIONs at I h (B), 4 h (C) and 12 h (D) post-intravenous injection (n=4), \*P<0.05.

h. This implied that elimination and distribution profiles were similar in all organs (Figure 8D).

#### Conclusion

In this study, SPTX@FA@PEG/PEI-SPIONs were synthesized using a solvent evaporation and hydrogen bond adsorption technique. The SPTX@FA@PEG/PEI-SPIONs had a nanoscaled size with a uniform size distribution, exhibited the sustained release, and remained stable in physiological media. The SPTX@FA@PEG/PEI-SPIONs were more efficiently internalized into HNE-1 cells, resulting in the enhancement of cellular uptake of PTX for cytotoxic effects. Importantly, we use PEG/PEI-SPIONs to influence the blood retention half-life of drug molecules and can load target ligands on its surface, thereby enhancing target uptake. The present work utilizes functionalized nanoparticles for targeting folate receptor (FR) positive cancers cell (HNE-1) and helps in targeting the folate receptors present on the kidneys. Though in vivo specificity towards FR and its effect on tumor models in vivo could not be established, but the pharmacokinetics as envisaged in the present design was successfully achieved and could be employed in the future designing of loading hydrophobic drug for improved theranostic applications.

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#### Disclosure

The authors state that there are no conflicts of interest in this work.

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