The Impact of Exacerbation History on the Safety and Efficacy of Acclidinium in Patients with Chronic Obstructive Pulmonary Disease and Increased Cardiovascular Risk: ASCENT-COPD Trial

This article was published in the following Dove Press journal:
International Journal of Chronic Obstructive Pulmonary Disease

Robert A Wise¹
Kenneth R Chapman²
Benjamin M Scirica^{3,4}
Sami Z Daoud⁵
Dan Lythgoe⁶
Esther Garcia-Gil⁷

¹Medicine, Pulmonary and Critical Care, Johns Hopkins University School of Medicine, Baltimore, MD, USA;

²Department of Medicine, University of Toronto, Toronto, ON, Canada;

³Cardiovascular Division, Brigham and Women's Hospital, Boston, MA, USA;

⁴Department of Medicine, Harvard Medical School, Boston, MA, USA; ⁵Late-Stage Respiratory and Immunology, BioPharmaceuticals R&D, AstraZeneca, Gaithersburg, MD, USA; ⁶Statistics, Phastar, Chiswick, London, UK;

⁷Respiratory & Immunology, BioPharmaceuticals Medical, AstraZeneca, Barcelona, Spain

Purpose: Chronic obstructive pulmonary disease (COPD) exacerbations are associated with increased risk of major adverse cardiovascular events (MACE) and mortality. Here, we investigate whether the safety and efficacy of acclidinium bromide differ due to exacerbation history in patients with COPD and increased cardiovascular risk.

Patients and Methods: ASCENT-COPD was a Phase 4, multicenter, double-blind, randomized, placebo-controlled, parallel-group study of patients with moderate-to-very severe COPD and increased cardiovascular risk. Patients were randomized 1:1 to receive acclidinium or placebo twice daily for up to 3 years. Outcomes included time to first MACE and all-cause mortality over 3 years, exacerbation rate during the first year on-treatment, and change in baseline pre-dose forced expiratory volume in 1 second (FEV₁) over 3 years. This pre-specified subgroup analysis compared outcomes in patients receiving acclidinium vs placebo. The comparison of patients with vs without an exacerbation history was added following a protocol amendment to increase enrollment in the primary study.

Results: Of 3589 patients, 2156 (60.1%) had ≥ 1 moderate or severe exacerbations in the prior year, compared with 1433 (39.9%) without prior exacerbations. Although patients with an exacerbation history had numerically higher rates of MACE and mortality regardless of treatment, acclidinium did not increase risk of MACE (≥ 1 : hazard ratio [HR] 0.79, 95% confidence interval [CI]: 0.54–1.16; none: HR 1.27, 95% CI: 0.65–2.47; interaction $P=0.233$) or all-cause mortality (≥ 1 : HR 1.08, 95% CI: 0.81–1.43; none: HR 0.66, 95% CI: 0.36–1.22; interaction $P=0.154$), regardless of exacerbation history. Acclidinium reduced the exacerbation rate vs placebo irrespective of exacerbation history (≥ 1 : rate ratio [RR] 0.80, 95% CI: 0.68–0.94; none: RR 0.69, 95% CI: 0.54–0.89; interaction $P=0.340$) and improved FEV₁ (interaction $P=0.633$).

Conclusion: In patients with moderate-to-very severe COPD and increased cardiovascular risk, acclidinium did not increase risk of MACE or mortality and reduced exacerbation rate vs placebo, regardless of exacerbation history.

Clinical Trial Registration: ClinicalTrials.gov Identifier: NCT01966107.

Keywords: COPD, COPD exacerbation, acclidinium, MACE, mortality

Correspondence: Robert A Wise
Medicine, Pulmonary and Critical Care,
Johns Hopkins University School of
Medicine, 5501 Hopkins Bayview Circle,
Baltimore, MD, 21224, USA
Email rwise@jhmi.edu

Introduction

Chronic obstructive pulmonary disease (COPD) is a heterogeneous disease characterized by persistent respiratory symptoms and airflow obstruction and is a leading cause

of morbidity and mortality worldwide.¹ In a review of five studies, over 70% of patients experienced ≥ 1 exacerbations within three years of study initiation,² and these events play a substantial role in the disease burden for both patients and healthcare systems. Exacerbations can be characterized as mild (requiring an increase in dose of regular medication), moderate (requiring additional medication from a physician, such as corticosteroids and/or antibiotics), or severe (resulting in hospitalization and/or mortality).³ Exacerbations are associated with an accelerated decline in lung function^{4,5} and an increased risk of major adverse cardiovascular events (MACE; defined as cardiovascular mortality, non-fatal myocardial infarction, or non-fatal stroke)^{6–9} and mortality.^{10–12}

Acclidinium bromide 400 μg twice daily is a long-acting muscarinic antagonist approved for use as maintenance treatment for patients with COPD, administered using a breath-actuated dry-powder inhaler (Genuair/Pressair; AstraZeneca).^{13,14} ASCENT-COPD was a Phase 4, multicenter, double-blind, randomized, placebo-controlled, parallel-group study that evaluated cardiovascular (CV) safety and COPD exacerbation rate in patients with moderate-to-very severe COPD and increased CV risk.¹⁵ Treatment with acclidinium did not increase risk of MACE vs placebo over 3 years and reduced the rate of COPD exacerbations vs placebo over one year.¹⁵

Most studies that aim to reduce COPD exacerbation risk enroll patients with a history of exacerbations and exclude patients with CV risk factors.^{3,16,17} ASCENT-COPD provided a unique population of patients with or without an exacerbation history and an increased CV risk. This pre-specified subgroup analysis aimed to compare the effect of acclidinium treatment on MACE, exacerbations, and lung function in ASCENT-COPD patients. The comparison of patients with vs without an exacerbation history was added following a protocol amendment to increase enrollment in the primary study. The hypothesis of this subgroup analysis was that a benefit in exacerbation prevention with acclidinium vs placebo would not be found in patients without an exacerbation history, but acclidinium would demonstrate improved lung function vs placebo. Moreover, it was hypothesized that patients with an exacerbation history would have more MACE and COPD exacerbations compared with patients without an exacerbation history.

Methods

Study Design

The study design for the ASCENT-COPD study has been reported in detail previously.¹⁸ In brief, ASCENT-COPD (NCT01966107) was a Phase 4, multicenter, double-blind,

randomized, placebo-controlled, parallel-group study conducted at 522 sites in the USA and Canada.¹⁵ The study comprised a 2-week washout period, followed by a double-blind treatment phase, during which patients were randomized 1:1 to receive acclidinium 400 μg or matching placebo twice daily for up to 3 years, until ≥ 122 MACE events occurred. In this subgroup analysis, patients were categorized according to whether or not they had experienced ≥ 1 moderate or severe COPD exacerbations (requiring additional medication from a physician, such as corticosteroids and/or antibiotics, or resulting in hospitalization and/or mortality) in the year prior to the study.

Study Population

The study population for the ASCENT-COPD study has been previously reported.¹⁵ In brief, eligible patients were males or females aged ≥ 40 years with moderate-to-very severe COPD (forced expiratory volume in 1 second [FEV₁]/forced vital capacity $< 70\%$, and FEV₁ $< 80\%$ predicted) and a smoking history of ≥ 10 pack-years. Details of the CV risk factors can be found in the [supplementary materials](#). When the ASCENT-COPD study was started, patients were required to have had ≥ 1 treated COPD exacerbations in the year prior to screening; however, this requirement was subsequently removed after approximately half of the patients were enrolled to increase accrual and allow for a broader patient population. At that time, the upper limit of FEV₁ was also increased from 70% to 80% predicted.

Outcome Measures

Safety outcomes included time to first MACE over 3 years, as adjudicated by a clinical endpoint adjudication committee,¹⁵ and all-cause mortality. Efficacy outcomes were annual rate of moderate or severe COPD exacerbations during the first year on-treatment and change in baseline pre-dose (trough) FEV₁ over 3 years.

Statistical Considerations

All statistical analyses were based on the full analysis set (all patients who took ≥ 1 dose of treatment), and patients were analyzed according to their randomized treatment. Safety analyses included “on-study” data, ie, all data collected during the follow-up period, irrespective of treatment discontinuation. Efficacy analyses included “on-treatment” data, ie, data up to discontinuation of randomized treatment, where applicable; MACE and moderate or severe COPD exacerbation rate analyses were pre-specified.

Time to first MACE was analyzed using subgroup-specific (ie, no or ≥ 1 exacerbations) Cox proportional hazards models with randomized treatment group (aclidinium/placebo), history of ≥ 1 exacerbation in the previous year (yes/no), baseline CV risk group (prior events and risk factors), and smoking status (current smoker, ex-smoker) as factors. To assess evidence of a differential treatment effect, an additional analysis was undertaken, including both subgroups and a treatment-by-exacerbation history interaction term. This approach was also undertaken for all-cause mortality. Moderate or severe COPD exacerbation rates were analyzed using negative binomial regression models with treatment group and exacerbation history, and their two-way interaction. Spirometry outcomes were analyzed on-treatment during the first year using mixed models for repeated measures adjusted for pre- and post-bronchodilator FEV₁ at screening, baseline FEV₁, smoking status, baseline inhaled corticosteroid use, exacerbation history, and visits. In addition, this included a three-way interaction between treatment, baseline exacerbation history, and study visit.

To compare the incidence of MACE and all-cause mortality between those with and without exacerbation history it was necessary to account for differential follow-up times between these subgroups. Cox regression models including randomized treatment group, history of ≥ 1 exacerbation in the previous year, baseline CV risk group, smoking status and the interaction between exacerbation history and treatment group were used. The overall effect of exacerbation history was obtained by averaging the treatment-specific effect estimates.

All reported outputs were produced using SAS version 9.3 (SAS Institute Inc). *P* values for treatment-by-exacerbation history interaction effects were considered statistically significant if *P* < 0.10; otherwise *P* values less than 0.05 were considered statistically significant.

Results

Baseline Demographics and Characteristics

Of the 3589 patients included in this analysis, 2156 (60.1%) patients had a history of ≥ 1 moderate or severe COPD exacerbations in the year prior to randomization compared with 1433 (39.9%) patients without prior COPD exacerbations (Figure 1). Baseline demographics were generally comparable between patients with and without an exacerbation history; however, baseline COPD

characteristics and CV risk differed (Table 1). Patients with an exacerbation history had worse airflow obstruction (14.9% very severe, 44.1% severe, 39.1% moderate, and 0.5% mild) vs patients without an exacerbation history (10.0% very severe, 35.2% severe, 53.1% moderate, and 0.4% mild). A higher percentage of patients with vs without an exacerbation history had one or more CV events, plus two or more atherothrombotic risk factors (47.3% vs 38.9%, respectively). Prior inhaled corticosteroid use was greater in patients with vs without an exacerbation history, both alone and in combination with a long-acting β_2 -agonists and/or long-acting muscarinic antagonist (60.0% vs 51.9%, respectively). COPD assessment test total and individual scores were similar between patients with and without an exacerbation history (total score, mean [standard deviation, SD]: 21.0 [7.3] vs 20.2 [7.1], respectively). Patients with an exacerbation history had lower lung function vs patients without an exacerbation history (post-bronchodilator FEV₁% predicted, mean [SD] 45.7 [14.6] vs 50.7 [15.1], respectively).

Safety

Although patients with an exacerbation history experienced numerically more MACE than patients without an exacerbation history (≥ 1 exacerbation: 5.1%; no exacerbations: 2.4%; hazard ratio [HR] 1.34, 95% confidence intervals [CI] 0.90–2.00; *P* = 0.156), aclidinium did not increase risk of MACE, regardless of exacerbation history (≥ 1 exacerbation: HR 0.79, 95% CI: 0.54–1.16; no exacerbations: HR 1.27, 95% CI: 0.65–2.47; interaction *P* = 0.233; Figure 2).

The rate of all-cause mortality was numerically higher in patients with an exacerbation history (≥ 1 exacerbation: 8.9%; no exacerbations: 2.9%; HR 1.11, 95% CI 0.76–1.62; *P* = 0.580). However, aclidinium did not increase all-cause mortality risk, irrespective of COPD exacerbation (≥ 1 exacerbation: HR 1.08, 95% CI: 0.81–1.43; no exacerbations: HR 0.66, 95% CI: 0.36–1.22; interaction *P* = 0.154; Figure 3).

Efficacy

The hazard ratios for time to first moderate or severe COPD exacerbations (Figure 4A) were similar for patients with or without an exacerbation history (interaction *P* = 0.279). The annual exacerbation rate was numerically higher in patients who had a history of COPD exacerbations (≥ 1 exacerbation: aclidinium 0.65 vs placebo 0.82, absolute rate reduction: 0.17; no exacerbation: aclidinium

Figure 1 Patient flow in the ASCENT randomized clinical trial. ^aPatients were randomized in error. ^bFor safety outcomes, 70.7% of patients had completed the 3-year study or were currently enrolled in the study when it was stopped; for efficacy outcomes, 67.3% of patients had completed 12 months of treatment or were in their first year of treatment when the study was stopped. The median exposure times for acclidinium vs placebo were: 770.0 and 736.5 days with a history of ≥ 1 exacerbation and 410.0 and 386.0 days without exacerbation history, respectively.

Abbreviation: COPD, chronic obstructive pulmonary disease.

Table I Baseline Demographics and Characteristics

Patients	≥1 Exacerbations in Previous Year Total (N=2156)	No Exacerbations in Previous Year Total (N=1433)
Mean age, years (SD)	66.9 (8.3)	67.5 (8.5)
Male, %	57.6	60.3
White, %	90.9	90.2
Current smoker, %	42.8	44.7
CAT total score, mean (SD)	21.0 (7.3)	20.2 (7.1)
Cough score, mean (SD)	2.7 (1.2)	2.7 (1.2)
Phlegm score, mean (SD)	2.6 (1.3)	2.4 (1.3)
Chest feeling tight, mean (SD)	2.1 (1.4)	1.9 (1.3)
Breathless going up, mean (SD)	3.8 (1.2)	3.7 (1.2)
Feeling limited, mean (SD)	2.8 (1.5)	2.6 (1.4)
Confident leaving home, mean (SD)	1.6 (1.5)	1.6 (1.4)
Sound sleep, mean (SD)	2.4 (1.5)	2.3 (1.5)
Energy level, mean (SD)	3.1 (1.3)	3.0 (1.2)
Post-bronchodilator FEV ₁ % predicted, mean (SD)	45.7 (14.6)	50.7 (15.1)
COPD exacerbations in previous year, n (%)		
0	0	1433 (100.0)
1	1596 (74.0)	0
≥2	560 (26.0)	0
COPD exacerbation rate in previous year, mean (SD)	1.4 (0.9)	0.0
COPD severity based on airflow obstruction, n (%)		
Mild	11 (0.5)	6 (0.4)
Moderate	843 (39.1)	761 (53.1)
Severe	951 (44.1)	505 (35.2)
Very severe	321 (14.9)	143 (10.0)
CV risk factors, %		
≥1 prior CV event + ≥2 atherothrombotic risk factors	47.3	38.9
≥1 prior CV event only	3.5	4.3
≥2 atherothrombotic risk factors only	48.9	56.6

Notes: Full analysis set (N = 3589); included all patients randomized to treatment who received ≥1 dose of study drug. COPD severity was defined according to percent predicted FEV₁ (GOLD 1, mild, FEV₁ ≥80%; GOLD 2, moderate, 50% ≤FEV₁ <80%; GOLD 3, severe, 30% ≤FEV₁ <50%; GOLD 4, very severe, FEV₁ <30%).

Abbreviations: CAT, COPD assessment test; COPD, chronic obstructive pulmonary disease; CV, cardiovascular; FEV₁, forced expiratory volume in 1 second; n, number of patients; N, total number of patients; SD, standard deviation.

0.27 vs placebo 0.38, absolute rate reduction: 0.11; [Figure 4B](#)). Acclidinium reduced the annual exacerbation rate vs placebo for patients with or without an exacerbation history with a similar relative benefit (≥1 exacerbation: rate ratio [RR] 0.80, 95% CI: 0.68–0.94; no exacerbations: RR 0.69, 95% CI 0.54–0.89; interaction $P=0.340$). In addition, benefits of treatment with acclidinium in reducing exacerbation rate were irrespective of whether the exacerbation required systemic corticosteroid or antibiotic use (of note, patients could be counted in >1 category; [Figure 4C](#)); RRs were comparable between the two exacerbation treatment approaches (systemic corticosteroid: RR 0.81, 95% CI: 0.70–0.95; antibiotics: RR 0.75, 95% CI 0.65–0.87).

In terms of lung function, trough FEV₁ was higher in patients with or without an exacerbation history treated with acclidinium vs placebo ([Figure 5](#)). Although treatment differences were numerically higher for patients with an exacerbation history vs those without (least square mean difference 93 mL, 95% CI: 66–120 vs 65 mL, 95% CI: 27–103), there was no evidence of a differential effect of treatment across subgroups (interaction $P=0.633$).

Discussion

In this subgroup analysis of the ASCENT-COPD study of patients with moderate-to-very severe COPD and CV risk factors, the risk of MACE, all-cause mortality, and rate of

Figure 2 Time to first adjudicated MACE (A) and risk of MACE (B) up to 3 years in patients with and without an exacerbation history. Cox regression model with factors, including treatment, exacerbation history, and their interaction, as well as adjusting for other baseline factors (see Statistical Considerations). An HR >1 indicated higher risk of MACE with acclidinium and an HR <1 indicated lower risk of MACE with acclidinium.

Abbreviations: A, acclidinium; CI, confidence interval; HR, hazard ratio; MACE, major adverse cardiovascular event; n, number of patients with MACE; N, total number of patients; P, placebo.

moderate-to-very severe COPD exacerbations were found to be numerically higher in patients with an exacerbation history vs those without an exacerbation history. Importantly, the safety of acclidinium with regards to MACE and all-cause mortality was similar to placebo, even in the higher risk population with a COPD exacerbation history. Although the relative reduction in rate of COPD exacerbations was similar in patients regardless of exacerbation history, the absolute reduction in exacerbation rate was greater in patients with an exacerbation history vs those without an exacerbation history. Improvements in pre-dose FEV₁ were observed in all patients treated with acclidinium vs placebo, regardless of exacerbation history.

Overall and similar to previous observations,^{6–9,11,12} patients with a history of COPD exacerbation had a numerically increased risk of MACE and all-cause mortality vs those without an exacerbation history.

In a retrospective analysis of the UPLIFT trial, which evaluated symptoms, lung function, and exacerbation history,¹⁹ patients in GOLD Groups A and B, had exacerbations with tiotropium (RR 0.64 and 0.72, respectively) that were similar to the non-exacerbation subgroup in this analysis (RR 0.69) in this study; however, in GOLD Groups C and D, exacerbations with tiotropium (RR 0.91 and 0.89, respectively) were numerically higher than the prior-exacerbation subgroup reported here (RR 0.80). Rates of MACE were similar between tiotropium and placebo for GOLD Groups A–C in the UPLIFT trial; however, tiotropium significantly reduced the rate of MACE in GOLD Group D vs placebo. Because of the inclusion of patients with an increased CV risk in the ASCENT-COPD study, and subgroup definitions, it is not possible to say whether acclidinium is more effective than tiotropium in patients with more severe COPD (ie, patients in GOLD Groups

Figure 3 Time to all-cause mortality event (A) and risk of all-cause mortality (B) up to 3 years based on vital status in patients with and without an exacerbation history. Cox regression model with factors, including treatment, exacerbation history, and their interaction, as well as adjusting for other baseline factors (see Statistical Considerations). An HR >1 indicated higher risk of all-cause mortality with acclidinium and an HR <1 indicated lower risk of all-cause mortality with acclidinium.

Abbreviations: A, acclidinium; CI, confidence interval; HR, hazard ratio; n, number of patients who died; N, total number of patients; P, placebo.

C and D, and those with an exacerbation history). However, coupled with results from the UPLIFT trial, these findings support and extend those of the overall ASCENT-COPD study¹⁵ and increase the confidence that long-acting muscarinic antagonists do not confer increased risk of CV disease in patients with COPD.¹⁹

Strengths of the study include the use of prospective and uniform data collection and verified definitions of both exacerbations and MACE. Furthermore, in contrast to observational studies, the ASCENT-COPD study was designed to demonstrate the effects of acclidinium, including the rate of exacerbations, in patients with COPD and increased CV risk, and as such the treatment assignment to acclidinium was random, regardless of COPD exacerbation history.

Limitations of the study include the change in patient enrollment after the study had begun; although an

exacerbation history was an inclusion factor at the beginning of the study, the enrollment of patients without an exacerbation history was permitted from approximately half-way through the study, therefore the two subpopulations were not completely concurrent. Together with study completion at 122 MACE events, this led to a longer follow-up time for patients with a COPD exacerbation history with respect to MACE and mortality; however, comparison of treatment effects between subgroups remain valid. In the ASCENT-COPD study, acclidinium was shown to be non-inferior to placebo for MACE risk. Finally, exacerbation history in the year prior to recruitment was ascertained via taking patient history, and therefore was subject to recall bias and uncertainty; COPD exacerbations are frequently under-reported²⁰ and some overlap in exacerbation history between groups cannot be excluded.

Figure 4 Time to first moderate or severe COPD exacerbation (A), moderate or severe COPD exacerbation rate during the first year (B), and COPD exacerbation treatments (C) (on-treatment analysis). Negative binomial model with factors, including treatment, exacerbation history, and their interaction. An RR >1 indicated higher risk of exacerbation with acclidinium and an RR <1 indicated lower risk of exacerbation with acclidinium.

Abbreviations: A, acclidinium; CI, confidence interval; COPD, chronic obstructive pulmonary disease; N, total number of patients; n, number of patients receiving specified treatment; P, placebo; RR, rate ratio.

Conclusion

In this pre-specified subgroup analysis of the ASCENT-COPD study of patients with moderate-to-very severe COPD and increased CV risk, patients with a history of COPD exacerbation were found to have increased CV

risk, compared with patients who had no prior exacerbations. However, there was no safety signal to suggest increased risk of MACE or mortality due to acclidinium vs placebo, irrespective of exacerbation history. In addition, treatment with acclidinium reduced the rate of COPD

Figure 5 Change from baseline in morning (trough) FEV₁ during the first year (on-treatment analysis). Baseline = average of two pre-dose values prior to administration of first dose, or one value if only one is available, or pre-dose bronchodilator value at screening if both are missing. Change in baseline FEV₁ (least square mean $\pm$ standard error) analysis is based on a mixed model for repeated measures with pre- and post-bronchodilator FEV₁ values at screening, and baseline FEV₁ as factors. On-treatment analysis included all patients who completed 1 year or were on-treatment when the study was stopped.

Abbreviations: A, acclidinium; FEV₁, forced expiratory volume in 1 second; N, total number of patients; n, number of patients receiving specified treatment; P, placebo.

exacerbations in patients, regardless of exacerbation history.

Acclidinium may be used to prevent future COPD exacerbations in patients with moderate-to-very severe COPD and increased CV risk without increased risk of MACE or mortality, regardless of exacerbation history.

Abbreviations

A, acclidinium; CAT, COPD assessment test; CI, confidence interval; COPD, chronic obstructive pulmonary disease; CV, cardiovascular; FEV₁, forced expiratory volume in 1 second; HR, hazard ratio; MACE, major adverse cardiovascular event; N, total number of patients; n, number of patients with events; P, placebo; RR, rate ratio; SD, standard deviation.

Data Sharing Statement

Data underlying the findings described in this manuscript, including individual deidentified participant data, protocols and clinical trial documents, may be obtained in accordance with AstraZeneca's data-sharing policy (described at <https://astrazenecagrouptrials.pharmacm.com/ST/Submission/Disclosure>) through Vivli (<https://vivli.org/>).

Ethics Approval and Consent to Participate

The study was performed in accordance with the Declaration of Helsinki and Good Clinical Practice

Guidelines. The trial protocol and informed consent procedures were approved by the institutional review board with controlling authority at each study site (see [Supplementary Table 1](#) for further details). All participants provided written informed consent.

Acknowledgments

Editorial support, under the direction of the authors, was provided by Richard Knight, PhD, and Sarah Hoyle, PhD, CMC Connect, McCann Health Medical Communications, and funded by AstraZeneca in accordance with Good Publication Practice (GPP3) guidelines (*Ann Intern Med.* 2015;163:461-464).

Author Contributions

RAW had full access to all the data in the study and takes responsibility for the integrity of the data and the accuracy of the data analysis. All authors made a significant contribution to the work reported, whether that is in the conception, study design, execution, acquisition of data, analysis and interpretation, or in all these areas; took part in drafting, revising or critically reviewing the article; gave final approval of the version to be published; have agreed on the journal to which the article has been submitted; and agree to be accountable for all aspects of the work.

Funding

The ASCENT-COPD study was initially funded by Forest Laboratories and later funded by AstraZeneca and Circassia. AstraZeneca was involved in data collection and interpretation, and the development and review of this manuscript. The decision to submit the manuscript for publication was made by the authors.

Disclosure

RAW reports personal fees from AstraZeneca during the conduct of the study; personal fees from AbbVie, Anaptsys Bio, AstraZeneca/MedImmune, Bristol Myers Squibb, Chimerix, Circassia, ContraFect, Galderma, GlaxoSmithKline, Kamada, Kinevant, Kiniksa, Merck, Novartis, Pneuma, Propeller Health, Pulmonx, Roche, Sunovion, and Verona, outside the submitted work; and research grants from AstraZeneca/MedImmune, Boehringer Ingelheim, and Pearl Therapeutics, outside the submitted work. KRC reports personal fees from AstraZeneca, Boehringer Ingelheim, CIHR-GSK Research Chair in Respiratory Health Care Delivery (UHN), CSL Behring, Genentech, Grifols, Kamada, Merck, Novartis, Roche, and Sanofi; and grants from Amgen, AstraZeneca, Bayer, Baxter, Boehringer Ingelheim, CSL Behring, Genentech, GlaxoSmithKline, Grifols, Kamada, Mereo Biopharma, Novartis, Regeneron, Roche, Sanofi, Shire, and Vertex, during the conduct of the study. BMS is a member of the TIMI Study Group which has received institutional research grant support through Brigham and Women's Hospital from Abbott, Amgen, Aralez, AstraZeneca, Bayer HealthCare Pharmaceuticals, Inc., BRAHMS, Daiichi-Sankyo, Eisai, GlaxoSmithKline, Intarcia, Janssen, MedImmune, Merck, Novartis, Pfizer, Poxel, Quark Pharmaceuticals, Roche, Takeda, The Medicines Company, and Zora Biosciences. He reports consulting fees from AbbVie, Allergan, AstraZeneca, Boehringer Ingelheim, Eisai, Elsevier Practice Update Cardiology, Esperion, Hamni, Lexicon, Medtronic, Merck, NovoNordisk, outside the submitted work; grants from Eisai, Merck, Novartis, NovoNordisk, and Pfizer Inc, outside the submitted work; and equity in Health[at]Scale. SZD and EG-G are employees of AstraZeneca. DL is an employee of PHASTAR and former consultant statistician to AstraZeneca. The authors report no other conflicts of interest in this work.

References

- Global Initiative for Chronic Obstructive Lung Disease. Global strategy for the diagnosis, management, and prevention of chronic obstructive pulmonary disease. 2020. Available from: <https://goldcopd.org/wp-content/uploads/2019/11/GOLD-2020-REPORT-ver1.0wms.pdf>. Accessed January 28, 2020.
- Hoogendoorn M, Feenstra TL, Boland M, et al. Prediction models for exacerbations in different COPD patient populations: comparing results of five large data sources. *Int J Chron Obstruct Pulmon Dis*. 2017;12:3183–3194.
- Lipson DA, Barnhart F, Brealey N, et al. Once-daily single-inhaler triple versus dual therapy in patients with COPD. *N Engl J Med*. 2018;378(18):1671–1680.
- Donaldson GC, Seemungal TA, Bhowmik A, Wedzicha JA. Relationship between exacerbation frequency and lung function decline in chronic obstructive pulmonary disease. *Thorax*. 2002;57(10):847–852.
- Halpin DMG, Decramer M, Celli BR, Mueller A, Metzendorf N, Tashkin DP. Effect of a single exacerbation on decline in lung function in COPD. *Respir Med*. 2017;128:85–91.
- Donaldson GC, Hurst JR, Smith CJ, Hubbard RB, Wedzicha JA. Increased risk of myocardial infarction and stroke following exacerbation of COPD. *Chest*. 2010;137(5):1091–1097.
- Halpin DM, Decramer M, Celli B, Kesten S, Leimer I, Tashkin DP. Risk of nonlower respiratory serious adverse events following COPD exacerbations in the 4-year UPLIFT(R) trial. *Lung*. 2011;189(4):261–268.
- Rothnie KJ, Yan R, Smeeth L, Quint JK. Risk of myocardial infarction (MI) and death following MI in people with chronic obstructive pulmonary disease (COPD): a systematic review and meta-analysis. *BMJ Open*. 2015;5(9):e007824.
- Rothnie KJ, Connell O, Mullerova H, et al. Myocardial infarction and ischaemic stroke after exacerbations of chronic obstructive pulmonary disease. *Ann Am Thorac Soc*. 2018;15(8):935–946.
- Suissa S, Dell'Aniello S, Ernst P. Long-term natural history of chronic obstructive pulmonary disease: severe exacerbations and mortality. *Thorax*. 2012;67(11):957–963. doi:10.1136/thoraxjnl-2011-201518
- Soler-Cataluña JJ, Martínez-García MA, Román Sánchez P, Salcedo E, Navarro M, Ochando R. Severe acute exacerbations and mortality in patients with chronic obstructive pulmonary disease. *Thorax*. 2005;60(11):925–931. doi:10.1136/thx.2005.040527
- Rothnie KJ, Müllerová H, Smeeth L, Quint JK. Natural history of chronic obstructive pulmonary disease exacerbations in a general practice-based population with chronic obstructive pulmonary disease. *Am J Respir Crit Care Med*. 2018;198(4):464–471. doi:10.1164/rccm.201710-2029OC
- AstraZeneca UK Ltd. Eklira Genuair Summary of Product Characteristics. 2017. Available from: https://www.ema.europa.eu/en/documents/product-information/eklira-genuair-epar-product-information_en.pdf. Accessed July 16, 2020.
- AstraZeneca PLC. Prescribing information Tudorza® Pressair® (aclidinium bromide 400 µg inhalation powder). 2016. Available from: http://www.accessdata.fda.gov/drugsatfda_docs/label/2016/202450s006lbl.pdf. Accessed June 3, 2016.
- Wise RA, Chapman KR, Scirica BM, et al. Effect of aclidinium bromide on major cardiovascular events and exacerbations in high-risk patients with chronic obstructive pulmonary disease: the ASCENT-COPD randomized clinical trial. *JAMA*. 2019;321(17):1693–1701. doi:10.1001/jama.2019.4973
- Tashkin DP, Celli B, Senn S, et al. A 4-year trial of tiotropium in chronic obstructive pulmonary disease. *N Engl J Med*. 2008;359(15):1543–1554. doi:10.1056/NEJMoa0805800
- Sethi S, Kerwin E, Watz H, et al. AMPLIFY: a randomized, Phase III study evaluating the efficacy and safety of aclidinium/formoterol vs monocomponents and tiotropium in patients with moderate-to-very severe symptomatic COPD. *Int J Chron Obstruct Pulmon Dis*. 2019;14:667–682.
- Wise RA, Chapman KR, Scirica BM, et al. Long-term evaluation of the effects of aclidinium bromide on major adverse cardiovascular events and COPD exacerbations in patients with moderate to very severe COPD: rationale and design of the ASCENT COPD study. *Chronic Obstr Pulm Dis*. 2018;5(1):5–15.

19. Halpin DMG, Tashkin DP, Celli BR, Leimer I, Metzdorf N, Decramer M. Effect of tiotropium on outcomes in patients with COPD, categorized using the new GOLD Grading System: results of the UPLIFT(R) Randomized controlled trial. *Chronic Obstr Pulm Dis.* 2015;2(3):236–251.
20. Barnes N, Calverley PM, Kaplan A, Rabe KF. Chronic obstructive pulmonary disease and exacerbations: patient insights from the global Hidden Depths of COPD survey. *BMC Pulm Med.* 2013;13:54.

International Journal of Chronic Obstructive Pulmonary Disease

Dovepress

Publish your work in this journal

The International Journal of COPD is an international, peer-reviewed journal of therapeutics and pharmacology focusing on concise rapid reporting of clinical studies and reviews in COPD. Special focus is given to the pathophysiological processes underlying the disease, intervention programs, patient focused education, and self management

protocols. This journal is indexed on PubMed Central, MedLine and CAS. The manuscript management system is completely online and includes a very quick and fair peer-review system, which is all easy to use. Visit <http://www.dovepress.com/testimonials.php> to read real quotes from published authors.

Submit your manuscript here: <https://www.dovepress.com/international-journal-of-chronic-obstructive-pulmonary-disease-journal>