Impact of Laterality on Cumulative Survival in Patients Diagnosed with Retinoblastoma: A Retrospective Cohort Analysis of 1925 Cases in the Surveillance, Epidemiology, and End Results (SEER) Program

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Background: Retinoblastoma is an intraocular cancer with potentially severe clinical consequences if left untreated. Diagnostic and clinical management guidelines are strictly dependent on nature of laterality. This analysis aims to characterize the influence of laterality on survival in patients diagnosed with retinoblastoma.

Methods: This retrospective cohort analysis utilized the Surveillance, Epidemiology, and End Results (SEER) program for population-based clinical data from 1975 to 2016, a period of 41 years. Univariable and multivariable Cox regression assessed survival with laterality as the primary independent predictor of mortality. Adjustment for demographical and clinical variables was performed.

Results: N = 1925 patients with a valid cause of death classification. Mean $\pm$ SD age was 2.35 $\pm$ 2.020 years (range 0–74). At the time of diagnosis, 819 (42.1%) patients were between 0 and 1 year of age, 469 (24.1%) patients were between 1 and 2 years, 350 (18.0%) patients were between 2 and 3 years, 147 (7.6%) patients were between 3 and 4 years, and 68 (3.5%) patients were between 4 and 5 years of age. The hazard of univariable cause-specific death is 55.6% and 52.9% lower for retinoblastoma patients with left-sided origin and right-sided origin as compared to patients with bilateral origin, respectively (HR = 0.444, CI 0.247–0.800, p = 0.007; HR = 0.471, CI 0.267–0.832, p = 0.009). After adjusting for confounding variables, the hazard of other-cause death for retinoblastoma patients is significantly less for left-sided origin (HR = 0.364, CI 0.140–0.946, p = 0.038) and right-sided origin (HR = 0.190, CI 0.066–0.549, p = 0.002) as compared to patients with retinoblastomas of bilateral origin.

Conclusion: Prognostication of survival is significantly influenced by the nature of laterality in retinoblastoma. Unilateral retinoblastomas showcase increased promise for long-term cause-specific and other-cause survival compared to cases of retinoblastoma arising from bilateral origin.

Keywords: retinoblastoma, survival, laterality

Introduction

Retinoblastoma is an intraocular cancer with originations from primitive neuroendocrine tissues.¹ This malignancy serves the highest incidence of pediatric intraocular cancers with incidences varying from 3.4 to 42.6 cases per million live births.² It is mostly diagnosed in developed nations.^{3–5}

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Remarkable strides in strategic therapeutic implementation of retinoblastomas are discovering the importance of laterality in clinical management guidelines.⁶ First-line therapy for bilateral retinoblastomas is intravenous chemotherapy (IVC) for prophylaxis against metastasis, secondary recurrences, and authority of intraocular growth.⁶ One-sided laterality considers alternative treatments, including globe-conserving intra-arterial chemotherapy (IAC).⁶ Cases of advanced retinoblastomas occurring in third-world countries remain precariously dependent on enucleation for mainstay of therapy.^{6–8}

Although survival of retinoblastoma is shown to correlate with economic development, age at diagnosis, and decade of diagnosis,^{7,9} survival analyses demonstrating the influence of laterality on mortality are few in number. This SEER analysis highlighted T stage and laterality as the single two covariates significantly influencing survival for overall survival; however, no discrimination for survival in cause-specific and other cause mortality was assessed.¹⁰ In addition, incidence rates for diagnoses of retinoblastoma cases seem stable for the past 40 years.⁹ Interestingly, a retrospective cohort analysis in Jordan at the King Hussein Cancer Center showcased disease stage, laterality, and delay in diagnosis as significant predictors for enucleation.¹¹ To the author's knowledge, this analysis represents the largest retrospective cohort study comprehensively evaluating the influence of laterality on survival in patients diagnosed with retinoblastoma.

We hereby present a retrospective cohort study utilizing the Surveillance, Epidemiology, and End Results (SEER) Program to characterize the impact of laterality on survival in patients with retinoblastomas with adjustment for age, sex, SEER registry, race/ethnicity, race origin, grade, ICD-O-3 histology/behavior, diagnostic confirmation, chemotherapy recode (yes, no/unk), radiation sequence, reason no cancer-directed surgery, radiation therapy, insurance recode (2007+), and type of follow-up expected.

Methods

This retrospective cohort analysis characterized the influence of laterality on survival in patients with retinoblastoma via utilization of the Surveillance, Epidemiology, and End Results (SEER) Program. SEER is the only open-source, patient de-identified, publicly accessible database funded by the National Cancer Institute (NCI) and the Centers for Disease Control and Prevention (CDC).¹² In addition, SEER contains de-identified population-

based data for demographical and clinical variables with additional cancer-based survival trends. The “Incidence – SEER 18 Regs Custom Data (with additional treatment fields), Nov 2018 Sub (1975–2016 varying)” database was utilized within the SEER software. This represents a study period of 41 years.

1946 patient cases of retinoblastoma were selected with the “ICCC site recode ICD-O-3/WHO 2008” classification system using the descriptor term “V Retinoblastoma”. Due to the survival-based nature of this study, all patient cases with unknown causes of death (N = 21) were eliminated, culminating in 1925 retinoblastoma cases for analysis.

To properly diagnose the relationship between laterality and survival in patients with retinoblastoma, univariable and multivariable analysis was performed with adjustment for age, sex, SEER registry, race/ethnicity, race origin, grade, ICD-O-3 histology/behavior, diagnostic confirmation, chemotherapy recode (yes, no/unk), radiation sequence, reason no cancer-directed surgery, radiation therapy, insurance recode (2007+), and type of follow-up expected. Due to the preferential incidence of retinoblastoma occurrences in the pediatric population, age was adjusted in multivariable analysis to yield year-to-year and grouped age outcomes.

Descriptive statistics of demographic and clinical characteristics were presented using means and standard deviations for continuous variables and counts and percentages for categorical variables. Kaplan–Meier plots were produced to visually show the unadjusted differences in survival by laterality. Univariable and multivariable Cox proportional hazard models were fit with laterality as the primary independent predictor. Models were fit for both cause-specific and other cause mortality. Cause-specific models define death in survival models by death by cancer; other cause models define death by causes unrelated to cancer. Proportional hazards assumptions were assessed using log-minus-log plots and time-dependent covariate modeling. Statistical noise and redundancy was minimized by grouping variables with too few cases together.

Statistical significance was defined as a p-value ≤ 0.05 . All analyses were performed in IBM SPSS Version 26.

Results

Table 1 shows the descriptive statistics of N = 1925 patients with a valid cause of death classification. By definition, all patients had malignant (100%) cancer(s) with nearly all patients receiving active follow-up

Table I Baseline Demographical and Clinical Characteristics

Variable	Value	Frequency	Percent
Laterality	Bilateral	556	28.9
	Left	652	33.9
	Right	686	35.6
	Other	31	1.6
Age	00 years	814	42.3
	1–4 years	1022	53.1
	5–9 years	70	3.6
	10–14 years	9	0.5
	15–19 years	5	0.3
	20+ years	5	0.3
Sex	Female	940	48.8
	Male	985	51.2
SEER registry	Alaska Natives - 1992+	4	0.2
	Atlanta (Metropolitan) - 1975+	101	5.2
	California excluding SF/SJM/LA - 2000+	290	15.1
	Connecticut - 1973+	110	5.7
	Detroit (Metropolitan) - 1973+	160	8.3
	Greater Georgia - 2000+	108	5.6
	Hawaii - 1973+	50	2.6
	Iowa - 1973+	118	6.1
	Kentucky - 2000+	66	3.4
	Los Angeles - 1992+	273	14.2
	Louisiana - 2000+	57	3
	New Jersey - 2000+	109	5.7
	New Mexico - 1973+	66	3.4
	Rural Georgia - 1992+	4	0.2
	San Francisco-Oakland SMSA - 1973+	117	6.1
	San Jose-Monterey - 1992+	58	3
	Seattle (Puget Sound) - 1974+	137	7.1
	Utah - 1973+	97	5
Race/Ethnicity	American Indian/Alaska native	34	1.8
	Asian Indian or Pakistani	15	0.8
	Black	278	14.4
	Chinese	25	1.3
	Filipino	28	1.5
	Hawaiian	23	1.2
	Japanese	11	0.6
	Vietnamese (1988+)	14	0.7
	White	1409	73.2
	System	88	4.6

(Continued)

Table I (Continued).

Variable	Value	Frequency	Percent
Origin	Hispanic (All races)	514	26.7
	Non-hispanic asian or pacific islander	171	8.9
	Non-hispanic black	267	13.9
	Non-hispanic white	918	47.7
	Other	55	2.9
Grade	Moderately differentiated; Grade II	62	3.2
	Poorly differentiated; Grade III	140	7.3
	Undifferentiated; anaplastic; Grade IV	196	10.2
	Unknown	1336	69.4
	Well differentiated; Grade I	191	9.9
ICD-O-3 Histology/behavior	9510/3: Retinoblastoma, NOS	1646	85.5
	9511/3: Retinoblastoma, differentiated	101	5.2
	9512/3: Retinoblastoma, undifferentiated	168	8.7
	9513/3: Retinoblastoma, diffuse	10	0.5
Diagnostic confirmation	Clinical diagnosis	29	1.5
	Direct visualization without microscopic confirmation	193	10
	Positive histology	1541	80.1
	Radiography without microscopic confirmation	123	6.4
	Other/Unknown	39	2
Chemotherapy recode (yes, no/unk)	No/Unknown	1094	56.8
	Yes	831	43.2
Radiation sequence	No radiation and/or cancer-directed surgery	1757	91.3
	Radiation after surgery	132	6.9
	Radiation prior to surgery	28	1.5
	Other	8	0.4
Reason no cancer-directed surgery	Not recommended	202	10.5

(Continued)

Table 1 (Continued).

Variable	Value	Frequency	Percent
	Recommended, but not performed, unknown reason	80	4.2
	Surgery performed	1619	84.1
	Unknown	21	1.1
	Other	3	0.2
Radiation therapy	Beam radiation	191	9.9
	None/unknown	1688	87.7
	Radioactive implants	22	1.1
	Other	24	1.2
Insurance recode (2007+)	Any medicaid	309	16.1
	Blank(s)	1223	63.5
	Insured	347	18
	Unknown/Uninsured	46	2.4
Type of follow-up expected	Active follow-up	1917	99.6
	Autopsy/death certificate only cases	2	0.1
	SF/Oakland only (originally inactive/now active)	6	0.3

(99.6%). Mean±SD age was 2.35±2.020 years (range 0–74). At the time of diagnosis, 819 (42.1%) patients were between 0 and 1 year of age, 469 (24.1%) patients were between 1 and 2 years, 350 (18.0%) patients were between 2 and 3 years, 147 (7.6%) patients were between 3 and 4 years, and 68 (3.5%) patients were between 4 and 5 years of age. Laterality was evenly distributed with 28.9% (556) of patients incurring bilateral retinoblastomas, 33.9% (652) incurring left-sided, and 35.6% (686) incurring right-sided retinoblastomas. Diagnostic confirmation via clinical diagnosis only occurred in 29 (1.5%) cases with direct visualization without microscopic confirmation in 193 (10.0%) cases, positive histology in 1541 (80.1%) cases, and radiography without microscopic confirmation in 123 (6.4%) cases. Radiation therapy was received via beam radiation in 191 (9.9%) cases, radioactive implants were received in 22 (1.1%) cases, and 1688 (87.7%) cases either did not receive or are not known to have received radiation therapy. Additional demographical and clinical data are showcased in [Table 1](#).

[Table 2](#) shows the univariable Cox regression model results of laterality for both cause-specific survival and other-cause survival models. Univariable results for cause-specific survival show that:

Table 2 Univariable Cox Regression Results

Laterality	Other-Cause Survival		Cause-Specific Survival	
	HR (95% CI)	p-value	HR (95% CI)	p-value
Bilateral origin	Ref.	Ref.	Ref.	Ref.
Left-sided origin	0.368 (0.179, 0.756)	0.007	0.444 (0.247, 0.800)	0.007
Right-sided origin	0.189 (0.077, 0.465)	< 0.001	0.471 (0.267, 0.832)	0.009

- The hazard of cause-specific death is 55.6% lower for retinoblastoma patients with left-sided origin as compared to patients with bilateral origin (HR = 0.444, CI 0.247–0.800, $p = 0.007$).
- The hazard of cause-specific death is 52.9% lower for retinoblastoma patients with right-sided origin as compared to patients with bilateral origin (HR = 0.471, CI 0.267–0.832, $p = 0.009$).
- [Figure 1](#) showcases univariable cause-specific Kaplan–Meier plot.

Univariable results for other-cause survival show that:

- The hazard of other-cause death is 63.2% lower for retinoblastoma patients with left-sided origin as compared to patients with bilateral origin (HR = 0.368, CI 0.179–0.756, $p = 0.007$).
- The hazard of other-cause death is 81.1% lower for retinoblastoma patients with right-sided origin as compared to patients with bilateral origin (HR = 0.189, CI 0.077–0.465, $p < 0.001$).
- [Figure 2](#) showcases univariable other cause Kaplan–Meier plot.

[Table 3](#) shows the multivariable Cox regression results of age for both cause-specific survival and other-cause survival models. Multivariable results for cause-specific survival show that:

- The Log rank (Mantel-Cox) test demonstrated multivariable cause-specific survival distributions stratified by laterality are significantly different ($p < 0.001$).
- After adjusting for confounding variables, the hazard of cause-specific death for retinoblastoma patients with bilateral origin is significantly different for those aged 1–4 years (HR = 1.850, CI 1.030–3.324, $p = 0.040$) compared to those aged 0–1 years.

Figure 1 Kaplan-Meier plot shows the differences in cumulative cause-specific survival over time for patients with retinoblastomas of left-sided origin (top, red line) and right-sided origin (top, green line) as compared to patients with retinoblastomas of bilateral origin (bottom, blue line). The Log rank (Mantel-Cox) test showed that the cause-specific survival distributions for the different levels of aged groups at diagnosis are significantly different ($p = 0.007$).

- After adjusting for confounding variables, the hazard of cause-specific death for retinoblastoma patients with left-sided origin (HR = 0.870, CI 0.402–1.879, $p < 0.722$) and right-sided origin (HR = 1.008, CI 0.501–2.031, $p < 0.981$) is not significantly different compared to patients with retinoblastomas with bilateral origin.
- When partitioning the age variable to a year-to-year basis, adjusted cause-specific distributions in patients with retinoblastomas of bilateral origin demonstrated increased mortality in patients aged 2 (HR = 2.564, CI 1.233–5.329, $p = 0.012$) compared to patients aged less than 1 year.
- **Figure 3** showcases multivariable cause-specific survival functions.
- After adjusting for confounding variables, the hazard of other-cause death for retinoblastoma patients is significantly less for left-sided origin (HR = 0.364, CI 0.140–0.946, $p = 0.038$) and right-sided origin (HR = 0.190, CI 0.066–0.549, $p = 0.002$) as compared to patients with retinoblastomas of bilateral origin.
- After adjusting for confounding variables, the hazard of other-cause death for retinoblastoma patients with bilateral origin is significantly less for those who obtained cancer-directed surgery (HR = 0.226, CI 0.068–0.749, $p = 0.015$) versus those who were not recommended cancer-directed surgery.

Multivariable results for other cause survival show that:

- The Log rank (Mantel-Cox) test demonstrated multivariable other-cause survival distributions stratified by laterality are significantly different ($p < 0.001$).

Outcomes of multivariable analysis are portrayed in **Table 4**.

- **Figure 4** showcases multivariable cause-specific survival functions.

Figure 2 Kaplan–Meier plot shows the differences in cumulative other-cause survival over time for retinoblastoma patients with left-sided origin (red line) and right-sided origin (green line) as compared to retinoblastoma patients with bilateral origin (bottom, blue line). The Log rank (Mantel-Cox) test showed that the other-cause survival distributions for the different levels of aged groups at diagnosis are significantly different ($p < 0.001$).

Discussion

This study utilized the national SEER database to procure 1925 patients diagnosed with retinoblastomas with a valid cause of death. Our findings highlight the influence of laterality on cause-specific and other cause of death in patients diagnosed with retinoblastomas. To the author’s knowledge, this study is only one of few assessing the influence of laterality on survivorship in those with retinoblastoma. Unilateral retinoblastomas preferentially showcase protective measures against mortality compared to retinoblastomas of bilateral origin. More specifically, our

univariable analysis demonstrates a 55.6% reduction in cause-specific mortality and a 52.9% reduction in other cause mortality, as compared to patients with bilateral retinoblastomas. Adjustment for demographical and clinical variables, such as age, sex, race/ethnicity, grade, ICD-O-3 histology/behavior, diagnostic confirmation, chemotherapy recode (yes, no/unk), radiation sequence, reason no cancer-directed surgery, radiation therapy, insurance recode (2007+), and type of follow-up expected were performed. With adjustment, our other cause mortality model maintained a strong stance for preferentiality of survival in

Table 3 Multivariable Cox Regression Results

Laterality	Other-Cause Survival		Cause-Specific Survival	
	HR (95% CI)	p-value	HR (95% CI)	p-value
Bilateral origin	Ref.	Ref.	Ref.	Ref.
Left-sided origin	0.364 (0.140, 0.946)	0.038	0.870 (0.402, 1.879)	0.722
Right-sided origin	0.190 (0.066, 279.590)	0.002	1.008 (0.501, 2.031)	0.981

Figure 3 Kaplan–Meier plot shows the differences in cumulative cause-specific survival over time for the choroidal cancer patients aged 25–49 years (top, red line) as compared to patients aged 75+ years (bottom, orange line), using Cox-model based estimates after adjusting for confounding variables.

patients with left- and right-sided retinoblastomas with an acknowledged 63.6% and 81.0% reduction, respectively, as compared to patients with dual-sided retinoblastomas. Significant differences in survival are observed in unilateral versus bilateral cases of retinoblastoma. In addition, our cohort analysis showcases that retinoblastomas demonstrate no appreciable differences in survival between left-sided and right-sided cohorts. This is observable via KM curves for cause-specific unadjusted and adjusted models.

A current market analysis of the literature supports these findings with genetic influences underpinning the development of unilateral versus bilateral retinoblastomas and treatment modalities specific to either qualities of unilaterality or bilaterality, irrespective of left-sided versus right-sided laterality. Interestingly, while rare trilateral diagnoses have been reported in the literature, the SEER database does not observe these specificities within the encoded laterality variables.

While several studies have established significant survival associations between laterality and mortality,^{9–11} this study represents the largest retrospective cohort analysis of

1925 patients evaluating this association. In addition, of the few studies that attempt to evaluate this association, even fewer evaluate cause-specific and other cause survival models.^{9–11} Interestingly, this study demonstrated a nearly 1900% increase in risk of hazards of overall death for bilateral versus unilateral cases of retinoblastoma.¹⁰ In contrast, our cause-specific analysis finds a 125% and 112% increase in bilateral cases of retinoblastoma as compared to left- and right-sided cases, respectively. Bifurcation of survival models in cause-specific and other cause models allows greater discrimination of true survival from death by cancer itself versus causes of death not related to cancer diagnosis.

Currently defined mechanisms postulating genetic etiologies shed light on deciphering why unilateral retinoblastomas may prognosticate increased propensity of survival. Prediction of improved clinical outcomes in children is dependent upon cogent identification of RB1 mutations,^{13,14} which was found in 86% of patients with sporadic bilateral retinoblastomas or those carrying a positive family history of retinoblastoma.¹⁵ Cumulative

Table 4 Multivariable Survival Analysis

Variable	Value	Hazard Ratio	95.0% CI for Exp(B)		p-value
			Lower	Upper	
Age	00 years	Ref	Ref	Ref	0.444
	1–4 years	0.92	0.43	1.99	0.040
	5–9 years	2.56	1.23	5.23	0.012
	10–14 years	0.00	0.00	1.65E+65	0.494
	15–19 years	0.03	0.00	2.75E+60	0.586
	20+ years	0.00	0.00	7.18E+83	0.798
Sex	Male	1.21	0.63	2.31	0.570
SEER Registry	Alaska Natives - 1992+	Ref	Ref	Ref	0.975
	Atlanta (Metropolitan) - 1975+	6387.89	0.00	2.43E+99	0.938
	California excluding SF/SJM/LA - 2000+	12821.30	0.00	4.85E+99	0.933
	Connecticut - 1973+	6902.64	0.00	2.62E+99	0.937
	Detroit (Metropolitan) - 1973+	5645.82	0.00	2.14E+99	0.939
	Greater Georgia - 2000+	14457.20	0.00	5.48E+99	0.932
	Hawaii - 1973+	1226.49	0.00	5.09E+98	0.950
	Iowa - 1973+	8469.91	0.00	3.21E+99	0.936
	Kentucky - 2000+	18839.88	0.00	7.16E+99	0.930
	Los Angeles - 1992+	11328.08	0.00	4.29E+99	0.934
	Louisiana - 2000+	11.12	0.00	5.44E+99	0.983
	New Jersey - 2000+	8067.56	0.00	3.08E+99	0.936
	New Mexico - 1973+	4956.99	0.00	1.87E+99	0.940
	Rural Georgia - 1992+	12.65	0.00	2.74E+173	0.990
	San Francisco-Oakland SMSA - 1973+	14927.20	0.00	5.66E+99	0.932
	San Jose-Monterey - 1992+	38333.21	0.00	1.46E+100	0.925
	Seattle (Puget Sound) - 1974+	5316.50	0.00	2.02E+99	0.939
	Utah - 1973+	12664.94	0.00	4.80E+99	0.933
Race/Ethnicity	American Indian/Alaska native	Ref	Ref	Ref	0.934
	Asian Indian or Pakistani	0.00	0.00	8.49E+125	0.949
	Black	0.20	0.02	1.91	0.163
	Chinese	0.00	0.00	1.87E+40	0.858
	Filipino	0.00	0.00	9.92163E+31	0.843
	Hawaiian	3.41	0.00	2819.12	0.721
	Japanese	0.00	0.00	6.93E+38	0.867
	Vietnamese (1988+)	0.00	0.00	4.85E+56	0.902
	White	0.21	0.03	1.73	0.148
Origin Recode (Hispanic, Non-Hispanic)	Spanish-Hispanic-Latino	0.44	0.15	1.29	0.138
Grade	Moderately differentiated; Grade II	Ref	Ref	Ref	0.981
	Poorly differentiated; Grade III	0.59	0.05	7.24	0.680
	Undifferentiated; anaplastic; Grade IV	0.00	0.00	2.56869E+32	0.870
	Unknown	0.86	0.11	6.91	0.885
	Well differentiated; Grade I	0.58	0.03	10.05	0.705
ICD-O-3 Hist/behav	9510/3: Retinoblastoma, NOS	Ref	Ref	Ref	0.999
	9511/3: Retinoblastoma, differentiated	1.21	0.10	14.12	0.879
	9512/3: Retinoblastoma, undifferentiated	0.59	0.00	1.81E+39	0.991
	9513/3: Retinoblastoma, diffuse	0.00	0.00	3.57E+136	0.958

(Continued)

Table 4 (Continued).

Variable	Value	Hazard Ratio	95.0% CI for Exp(B)		p-value
			Lower	Upper	
Diagnostic Confirmation	Clinical diagnosis	Ref	Ref	Ref	0.815
	Direct visualization without microscopic confirmation	1570.48	0.00	4.54889E+31	0.826
	Positive histology	1264.00	0.00	3.66033E+31	0.831
	Radiography without microscopic confirmation	416.52	0.00	1.23761E+31	0.857
	Other/Unknown	0.67	0.00	7.12E+52	0.995
Chemotherapy recode	Yes	0.55	0.23	1.33	0.188
Radiation Sequence	No radiation and/or cancer-directed surgery	Ref	Ref	Ref	0.127
	Radiation after surgery	8.07	0.73	88.96	0.088
	Radiation prior to surgery	0.00	0.00	1.49006E+28	0.867
	Other	57.50	2.02	1636.93	0.018
Reason for Surgery	Not recommended	Ref	Ref	Ref	0.199
	Recommended, but not performed, unknown reason	4.01	0.92	17.46	0.064
	Surgery performed	0.23	0.07	0.74	0.015
	Unknown	0.00	0.00	3.97577E+20	0.802
	Other	0.00	0.00	1.11E+84	0.953
Radiation Recode	Beam radiation	Ref	Ref	Ref	0.045
	None/unknown	0.16	0.04	0.59	0.007
	Radioactive implants	0.38	0.05	3.110	0.367
	Other	0.43	0.07	2.470	0.345
Insurance Recode	Any medicaid	Ref	Ref	Ref	0.007
	Blank(s)	0.12	0.04	0.39	<0.001
	Insured	0.31	0.08	1.22	0.095
Type of follow-up expected	Unknown/uninsured	0.00	0.00	6.06E+18	0.809
	Active follow-up	0.00	0.00	1.69E+38	0.892

mortality from hereditary retinoblastoma survivors showcased increased mortality from consequent malignancies (25.5%, CI 20.8% to 30.2%) compared to nonhereditary retinoblastoma survivors (1.0%, CI 0.2% to 1.8%),¹³ indicating genetic inheritance of relevant markers reduces survivorship compared to those with sporadic retinoblastomas.¹⁴ Interestingly, while our current understanding of the RB1 mutation demonstrates preferential positive prediction of bilaterality,¹⁶ this study showcased findings of germline abnormalities in 11% of sporadic unilateral retinoblastoma, indicating no preclusion of genetic testing in the presence of unilaterality.¹⁵ This 2019 survival analysis showcased that out of 924 patients with nonhereditary retinoblastoma, none incurred bilateral origin.¹⁴ By extension, through the unilateral nature of nonhereditary retinoblastomas, survivorship increases.¹⁴

Preferred choice of therapeutic strategy for retinoblastoma is partially dependent on nature of laterality.^{6,16} Clinical guidelines highlight preferentiality for intravenous chemotherapy with intermediate consideration for intra-arterial chemotherapy and periocular chemotherapy for bilateral retinoblastomas.⁶ In contrast, unilateral retinoblastomas demonstrate increased responsiveness to intra-arterial chemotherapy; however, intermediate or minimal consideration for intravenous, periocular, and intravitreal chemotherapy remains.⁶ Interestingly, our study highlighted a reduction in hazards by 77.4% in patients diagnosed with retinoblastoma of bilateral origin who received cancer-directed surgery compared to patients who were not recommended cancer-directed surgery.

Unique limitations exist for survival studies based on SEER-extracted data. Despite formal diagnoses of

Figure 4 Kaplan–Meier plot shows the differences in cumulative other-cause survival over time for the married choroidal cancer patients (top, orange line) as compared to widowed patients (bottom, dark green line), using Cox-model based estimates after adjusting for confounding variables.

a variety of cancers in public hospital systems, patients may seek treatment from clinicians in private practices, which largely do not share patient data with public hospital systems. Due to this discrepancy, patients may be designated with no receipt of treatment (radiation therapy, chemotherapy, surgical excision, etc.) in the SEER database, despite the likelihood of receipt of treatment from private clinicians. In addition, this study removed patients ($N = 21$) from analysis due to no listed cause of death. The outcomes of this study are strengthened by the sample size, number of survivors, and extraction of clearly interpretable data by virtue of the SEER classification system.

Conclusion

Our retrospective cohort study highlights the positive influence of laterality on cause-specific and other cause survivorship in patients diagnosed with unilateral retinoblastoma compared to patients with bilateral retinoblastoma. Cancer-directed surgery in patients diagnosed with retinoblastoma of bilateral origin demonstrates increased survival compared patients who were not recommended

cancer-directed surgery. An improved understanding of the underlying genetic mechanisms related to the retinoblastoma gene, chromosomal aberrations, and epigenetic alterations may shed light on this association; however, additional studies evaluating the unilateral influence of laterality on survival may be needed.

Disclosure

The author reports no conflict of interest in this work.

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