Femtosecond Laser-Assisted Big-Bubble Deep Anterior Lamellar Keratoplasty

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Purpose: To determine whether type 1 big-bubble (BB) formation is influenced by the sequence of incisions created with the Victus femtosecond laser (FSL) enabled with software version 3.4 (SV 3.4) during deep anterior lamellar keratoplasty (DALK).

Materials and Methods: Consecutive FSL-assisted DALK BB procedures were performed on 20 human donor corneas: 10 shaped by tunnel incision followed by lamellar incision (tunnel-lamellar group, TL) and 10 in the reverse order (lamellar-tunnel group, LT). The BB type was assessed by evaluating dynamic air movement during air inflation; bubble diameter and floor thickness were measured by anterior segment optical coherence tomography.

Results: Overall, a type 1 BB formed in 85% of eyes: 100% in the TL group and 70% in the LT group. In the LT group, a type 2 BB formed in 2 corneas and one cornea was perforated during cannula insertion. Type 1 BB was achieved after one attempt in 90% of eyes in the TL group and in 57% in the LT group.

Conclusion: Shaping the tunnel before rather than after lamellar incision may be more effective for obtaining a type 1 BB by air injection.

Keywords: deep anterior lamellar keratoplasty, femtosecond laser, big bubble, intrastromal incision, lamellar incision

Introduction

Deep anterior lamellar keratoplasty (DALK) is effective in treating corneal disorders of the anterior corneal layers, such as keratoconus (KC), dystrophy, and scarring.¹ Compared to penetrating keratoplasty, DALK minimizes the risk of endothelial rejection and assures similar outcomes in visual acuity.² The big-bubble (BB) technique, in which air is injected into the corneal stroma to separate the posterior lamellae, achieves a smooth cleavage plane between the deep stroma layer and the Descemet membrane (DM).³

The ideal cleavage plane for BB DALK is determined after identification of the pre-Descemetic layer (PDL). In their study of the dynamics of BB formation by pneumo-dissection, Dua and coworkers discriminated between a type 1 small-diameter (maximum 8.5 mm) bubble between the deep stroma and the PDL, a type 2 large-diameter bubble (maximum 10.5 mm) separating the PDL from the DM, and a type 3 bubble in which types 1 and 2 form simultaneously. The type of bubble can be further differentiated by the pattern of air spreading from the center to the periphery and from the periphery to center in type 1 and type 2 BB, respectively.⁴

Because the weakened wall is composed of only DM and endothelium, a type 2 BB is associated with a greater risk of perforation during surgery, formation of

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a double anterior chamber in the postoperative period,⁵ and poor stability of the anterior chamber after a triple procedure.⁶ Differently, exposure of a clear, regular cleavage plane in type 1 BB strengthens the recipient eye, with less risk of complications.^{7,8}

The overall success rate of BB formation depends primarily on the underlying conditions of the recipient cornea and the surgeon's expertise. In patients with KC, BB formation after manual dissection is reported in about 73% to 95% of cases, and type 1, type 2, and type 3 bubble is achieved in about 88%, 10%, and 2% of cases, respectively.^{9–11} Advanced keratoconus was found to be predictive of type 2 BB;⁹ BB formation is reported to be 64% in eyes with corneal scars.¹²

Femtosecond laser (FSL) technology for full- and partial-thickness corneal cuts of different depths and diameters provides highly consistent results in a variety of corneal surgeries.¹³ In the context of DALK, it allows for the creation of planar lamellar and side cut of different diameter and predefined corneal depth and location, with ease of dissection of the diseased cornea from the remaining stromal bed. Following FSL-assisted DALK, favorable visual and refractive outcomes have been reported in patients with keratoconus and corneal ectasia, as FSL incisions (eg, mushroom-shaped incision) provide for precise donor-recipient matching, better wound healing, and lower astigmatism.^{14,15}

In eyes with keratoconus, the use of FSL software for keratoplasty achieved type 1 BB in 90% and BB of both types 1 and 2 in 94% of patients undergoing DALK.^{16,17} A pilot study using new FSL software technology approved for intracorneal ring segment implantation reported that type 1 BB was achieved in 100% of cases.¹⁸ For this study, we evaluated *ex vivo* a new software program for sequence lamellar and tube-like (named channel or tunnel) incision specifically developed for FSL-assisted DALK. The aim was to determine whether the order of creating the two cuts influences the type of BB and its overall formation rate.

Materials and Methods

For this study, we obtained human donor corneas unsuitable for transplantation from the Veneto Eye Bank Foundation (FBOV, Venice, IT) following approval by the Institutional Review Board of the FBOV (protocol no. CRT/19 rev.02, 24 May 2018) and signed consent from the donor's next of kin for the tissues to be used

for research purposes. The study adhered to the tenets of the Declaration of Helsinki.

The corneas were maintained at room temperature in a dextran-containing medium; they were carefully washed with balanced salt solution (BSS) before mounting on a holder (artificial anterior chamber, Network Medical, UK), endothelium facing down. A BSS bottle was connected to the cornea holder and set to a height of 50 cm to maintain an intracameral pressure of 10 to 20 mmHg.

The corneas were cut using an 80 kHz Victus FSL (Technolas Perfect Vision, DE) equipped with software version 3.4 (SV-3.4), a program developed for intracorneal incision including DALK and integrated with image-guided procedure planning and intraoperative monitoring by intraoperative optical coherence tomography (iOCT). The SV-3.4 allows for creating sequential corneal incisions without the need for repeated docking. Lamellar incision provides vertical and horizontal cuts of the stromal layers, while tunnel incision creates a guide for the insertion of a cannula into the deep stroma for pneumo-dissection. For safety reasons, the cutting depth is programmed to a minimum distance of 125 μ m from the posterior side of the cornea. While performing the BB technique in this study, we disabled the bed cut to get closer to the endothelium. The parameters for each incision were entered following eye docking, and the expected results were displayed in real-time iOCT before starting the cut.

The corneas were randomly allocated for shaping the tunnel incision first and then the lamellar incision (TL group) or in reverse order (LT group). The iOCT images of each step in the procedure were recorded. Following BB formation, the cornea was everted and the floor thickness of the bubble was measured by AS-OCT (Visante, Carl Zeiss Meditec, DE).

Tunnel Incision

A tunnel was cut in the paracentral position at 130° to aid cannula insertion; it was composed of two planes: plane 1 angulated with respect to the corneal surface and plane 2 parallel to the corneal surface. The depth of plane 2 was adjusted to end 100 μ m above the endothelium to minimize the risk of perforation (Table 1).

Lamellar Incision

A mushroom configuration for cutting the corneas was applied because it has proven reliable when performing DALK.¹⁹ The mushroom incision was customized to each donor cornea and the cutting depth of the posterior

Table 1 Femtosecond Laser Parameters for Tunnel Incision

Parameter	Value	Description
Position	130°	Axial position of the incision
Angle of plane 1	35°	Angle at the entry of the incision
Length of plane 2	0.4 mm	Length of the posterior parallel part of the incision
Outer width	0.5 mm	Width at the entry of the incision
Inner width	0.4 mm	Final width at the endpoint of the incision

Table 2 Femtosecond Laser Parameters for Mushroom Lamellar Incision

Parameter	Value	Description
Anterior diameter	9.0 mm	Diameter of the MLKP at the anterior surface of the cornea
Posterior diameter	6.0 mm	Diameter of the corneal bed resulting from pachymetry, diameter and side cut angle
Depth ratio	70%	Ratio of cutting depth to pachymetry

diameter was set at 70% of the thinnest point as measured by iOCT. The cutting depth was calculated from the pachymetry measure and the depth ratio (Table 2).

Pneumo-Dissection

Following FSL incision, the cornea was viewed under a surgical microscope (OPMI Lumera 700, Carl Zeiss, DE) and the anterior stromal lamella was removed. Fogla's cannula was gently inserted bevel down into the end of the tunnel plane 1 incision and the entire length of plane 2. When the inner end of the tunnel was reached, the tip of the cannula was carefully advanced to find the plane of minimum resistance and delaminate it. Air was then gently introduced with a 5-mL syringe to create a BB. A single surgeon (E.P.) performed all dissections.

Evaluation of the Bubble

The formation and the type of a BB were evaluated intraoperatively according to the air diffusion pattern and the bubble width. At the end of the procedure, the BB was examined by cornea eversion and the thickness of the bubble floor was measured by AS-OCT.

Statistics

Descriptive analysis was carried out to compare the characteristics of BB formation between the two groups. Mean and standard deviation (SD) for BB floor thickness are reported.

Results

A total of 20 human donor corneas were treated, 10 in the TL and 10 in the LT group. Tunnel and lamellar incisions were successful in all cases (Figure 1). Overall, type 1 BB formed in 85% of corneas, 100% in the TL and 70% in the LT group, in which a type 2 BB formed (20%) and perforation of the Descemet-endothelium complex in one cornea was recorded during cannula insertion. Type 1 BB was achieved after one attempt in 90% of corneas in the TL group and in 57% in the LT group (Figure 2). As measured by AS-OCT, the mean ($\pm$ standard deviation [SD]) bubble floor thickness was 27.0 (1.43) μ m (range, 25–30) for type 1 BB and 17 and 20 μ m for type 2 BB, respectively.

Discussion

What is usually done with FSL-assisted DALK is to prepare the donor and the host cornea for anterior keratoplasty. Studies investigating the value of creating a tunnel in the posterior stroma are few, because current FSL software platforms lack specific software that can shape lamellar and tunnel incisions in sequence for the big-bubble technique.^{16,18,20} To our best knowledge, this ex vivo study is the first to determine whether the order in which the two types of FSL incision is performed during FSL-assisted DALK has an effect on outcome. We noted that the Victus SV-3.4 software provides for the formation of a type 1 bubble and that sculpting the intrastromal tunnel before the lamellar cut enhances its formation in up to 100% of cases.

The sequence of FSL treatment could affect the type of bubble because of laser-induced optical breakdown (LIOB), a phenomenon that occurs when light pulses interact with optically transparent tissue.²¹ Tightly focused, ultrashort light pulses in femtoseconds produce photo disruption of the tissue and create microcavitation bubbles (MCB) in the treated area.²² To create MCB effectively, the tissue needs to be transparent. When FSL works in a previously treated area, the ultrashort light pulses encounter a cloudy dielectric that may act as a barrier to the formation of MCB and compromise the cut. The tunnel and lamellar cuts intersect with each other. However, when the tunnel incision is performed first, the lamellar incision interferes with it at the level of plane 1.

Figure 1 Surgical microscopy and integrated optical coherence tomography images of tunnel and mushroom FSL incisions. Frontal view of the tunnel incision in the paracentral position at 130° (A, arrowhead); plane 1 is angulated while plane 2 lies parallel to the corneal surface (B, arrow); the cut of the internal layers is clear from the frontal view (C); anterior, middle, and posterior view of the lamellar cut following mushroom configuration (D).

Figure 2 Appearance of type 1 and type 2 BB after eversion of the cornea. Type 1 BB, frontal (A) and lateral view (B); type 2 BB, frontal (C) and lateral view (D) showing a smaller diameter type 1 compared to type 2 bubble.

When the procedure is performed in the reverse order, the tunnel incision is affected by the lamellar cut in plane 1 and along the entire length of plane 2. This likely results in

an incomplete tunnel or increased resistance in plane 2, which can lead to either difficult cannula insertion or its progression due to the need to push the cannula deeper

without guidance, ensuing in an increase in type 2 BB formation and risk of perforation.^{23,24}

In our series, we observed type 2 BB formation in two cases and perforation in one case, all following the LT sequence. Because of the difficulty in advancing the cannula, we were sure we would find the tunnel guide but the quality of the tunnel was actually compromised. While such events do not necessarily compromise the benefit obtained with the laser, they do underline the importance of utmost care during cannula insertion to avoid creating a dissection plane different from the one cut by the laser. In addition, the surgeon will need to carefully advance the cannula tip tangentially beyond the end of the tunnel so that the injected air enters the corneal center and does not flow back and spread into the stromal structure, likely leading to a type 2 BB.

When FSL-assisted DALK is performed on patients, the sequence of the FSL cuts is not the only factor to be taken into account to obtain a BB. We recognize that our study findings may not match the data from patients, in which the procedure can be performed for the treatment of corneal disorders that have been shown to influence successful BB formation.⁹

Nonetheless, when shaping the recipient cornea with the Victus SV-3.4 for FSL-assisted DALK, the TL sequence combined with proper insertion of the cannula and air injection may be more effective than the reverse sequence and may avoid an undesirable outcome.

Conclusion

This study provides ophthalmic surgeons with further evidence for understanding the proper approach toward optimization of the technique in FSL-assisted DALK by pneumo-dissection.

Disclosure

The author reports no conflicts of interest. The study was supported by Bausch & Lomb.

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