Measuring accurate IOPs: Does correction factor help or hurt?

Pinakin Gunvant¹
Robert D Newcomb²
Elliot M Kirstein³
Victor E Malinovsky⁴
Richard J Madonna⁵
Richard E Meetz⁴

¹Southern College of Optometry, Memphis, Tennessee, USA; ²The Ohio State University College of Optometry, Columbus, Ohio, USA; ³The Glaucoma and Diabetes Eye Institute, Cincinnati, Ohio, USA; ⁴Indiana University School of Optometry, Bloomington, Indiana, USA; ⁵State University of New York College of Optometry, New York, USA

Correspondence: Pinakin Gunvant
Southern College of Optometry, 1245 Madison Avenue, Memphis, TN 38104, USA
Tel +1-901-722-3357
Fax +1-901-722-3325
Email contact@pinakin-gunvant.com

Purpose: To evaluate if using the Ehlers correction factor on the intraocular pressure (IOP) measured using the Goldmann applanation tonometer (GAT) improves its agreement with the PASCAL dynamic contour tonometer (DCT).

Patients and methods: A total of 120 eyes of 120 individuals were examined. Participants underwent IOP measurement with both the DCT and the GAT and central corneal thickness measurement. The Ehlers correction factor was applied on the GAT IOP measurements to calculate Ehlers-corrected GAT IOP. The agreement between the DCT and GAT, and DCT and Ehlers-corrected GAT IOP was analyzed. The analyses were repeated by stratifying the data by race.

Results: The mean IOP of the GAT, DCT, and the Ehlers-corrected GAT was 15.30, 16.78, and 14.68 mmHg, respectively. The agreement as assessed by Bland–Altman plot for the GAT with the DCT and DCT and Ehlers-corrected GAT IOP was +4.1 to −6.9 and +4.15 to −8.25 mmHg, respectively. The results were similar even when stratifying the data by race.

Conclusion: Using Ehlers correction factor to account for the effect of corneal parameters on the IOP measured by the GAT worsens the agreement with the DCT. This effect remains even when stratifying the data by race.

Keywords: dynamic contour tonometer, Goldmann applanation tonometer, tonometric correction factors, central corneal thickness, intraocular pressure

Goldmann applanation tonometry has enjoyed the status of being the gold standard in tonometry for many years and is the most widely used tonometer in clinical practice. The Goldmann applanation tonometer (GAT) measures the intraocular pressure (IOP) by applanating a surface area of 3.06 mm of the central cornea. However, central corneal thickness (CCT) in a population varies widely and ranges from 440 to 640 µm. Due to this wide variation, the measured IOP is often erroneous, particularly in the eyes in which the CCT is significantly different when compared with the mean CCT of the population. Ehlers et al¹ by using intracameral IOP (manometry) experiments showed that there was a systematic variation in the IOP measured using the GAT with the variation of CCT. Ehlers et al¹ observed that IOP is measured erroneously higher in eyes with CCT more than normal, whereas the IOP is measured erroneously lower in eyes with CCT less than normal. Ehlers et al¹ proposed a nomogram that is used to date in clinics to correct the IOP measured using GAT (Goldmann IOP) for the errors induced due to variation in CCT.

The PASCAL® dynamic contour tonometer (DCT; Ziemer Ophthalmology, Port, Switzerland) is a contact tonometer that is reported to be repeatable²–⁵ and measures IOP independent of the effects of the CCT. It is shown with manometry experiments that unlike
in the GAT, IOP measured using the PASCAL DCT (PASCAL IOP) does not vary systematically with CCT and closely replicates the IOP measurements obtained with manometry.14,15

The aim of the study was to evaluate the validity of the Ehlers nomogram in correcting the Goldmann IOP. If the Ehlers correction nomogram works well in aiding to eliminate the errors due to the variation of CCT, the following will be expected: 1) the Ehlers-corrected GAT IOP (Ehlers IOP) would have good agreement with the PASCAL IOP. 2) Further, the agreement between Ehlers IOP and PASCAL IOP will be better than the agreement between Goldmann IOP and PASCAL IOP.

Ehlers algorithm was primarily derived from a population that was composed of Caucasians.1 CCT and corneal biomechanics are reported to vary among different races, and African Americans on an average have thinner central cornea when compared with Caucasians.16–18 The study participants included both Caucasian and African American individuals. Thus, an additional aim was to stratify the data on the basis of self-reported race and examine the validity of the Ehlers nomogram as a function of race.

Methods
The study was advertised and participants were examined at one of the following five locations: 1) Department of Research, Southern College of Optometry, 2) The Ohio State University College of Optometry, 3) The Glaucoma and Diabetes Eye Institute, 4) Indiana University School of Optometry, and 5) State University of New York, College of Optometry. The institutional review board approved the study at individual sites, and the tenets of the Declaration of Helsinki were observed. Data management conformed to Health Insurance Portability and Accountability Act (HIPPA) regulations. Written informed consent was obtained from all study participants. The investigators of the study were not observers who are the authors of this study. A drop of Fluress (benoxinate 0.4% with fluorescein sodium 0.25%) was instilled prior to the measurement of IOP with the GAT. A drop of proparacaine 0.5% was instilled before the measurement of IOP with the PASCAL DCT. The PASCAL DCT measures pressure continuously as long as it is in adequate contact to the eye. The tonometer gives out a whistling sound, the rhythm of which coincides with the ocular pulse and the cardiac cycle. It is recommended that the IOP be measured for a period of 6–8 cardiac cycles. The instrument’s software gives a quality score that ranges from 1 to 5, with 1 being the best reading and 5 being the worst reading. All measurements performed in the study had a quality reading of 1–3.

Central corneal thickness
Because reliable and accurate measurement of CCT was of paramount importance for the present study, all centers used a pachymeter that was obtained from the same manufacturer. The ultrasonic pachymeter that was used to measure CCT was Corneo-Gage™ Plus from Sonogage, Cleveland, Ohio. This instrument uses a 50-MHz ultrasonic probe, which gives a 2.5 times better resolution when compared with other commercially available pachymeters, which uses a 10- to 20-MHz probe. The subject’s eye was anesthetized with a drop of proparacaine 0.5%. Subjects were instructed to keep the eye closed for 30 seconds to 1 minute to ensure good anesthesia. Measurements were performed in rapid succession (up to 10 readings), and the lowest was taken as the CCT. Patients were instructed to blink after each measurement to avoid desiccation of the corneal epithelium. Measurements performed in this fashion are reported to be repeatable and reproducible.19

Statistical analysis
Ehlers IOP was calculated from the Goldmann IOP using the nomogram published by Ehlers et al.1 Paired-samples t-test was used to evaluate the difference in IOP measured using the GAT and the PASCAL DCT. Pearson correlation coefficient (r) was used to evaluate the associations between CCT and the Goldmann and PASCAL IOPs, and the difference between Goldmann IOP and the PASCAL IOP. Linear regression was used to analyze the residual association between the CCT and the difference in Ehlers IOP and PASCAL IOP. Both the Goldmann IOP and the Ehlers IOP were compared with the PASCAL IOP using Bland–Altman plots to assess the agreement between IOP values. Patients were stratified on the basis of self-reported race, and the agreement between IOP values was examined.
Results
As known previously, CCT has a weak yet statistically significant positive correlation with the IOP measured by the GAT \((r = 0.20, P = 0.03; \text{Figure 1})\); that is, the Goldmann IOP increases with increase in CCT. However, there is no association between the CCT and the PASCAL IOP \((r = 0.02, P = 0.84; \text{Figure 2})\). The difference in the Goldmann IOP and the PASCAL IOP was related to the measured CCT, indicating that part of the difference in IOP can be accounted by the physiological variation in CCT \((r = 0.18, P = 0.04; \text{Figure 3})\). The difference in the Goldmann IOP and the PASCAL IOP was significant \((P < 0.0001)\).

Examining the limits of agreement between the Goldmann IOP and the PASCAL IOP by using Bland–Altman plots, we find that the limits of agreement are wide, with the lower limit of agreement being \(-6.9 \text{ mmHg}\) and the upper limit of agreement being \(+4.1 \text{ mmHg}\) (Figure 4). There is no systematic error in measurement, and the difference in IOP measured using the two devices did not vary as a function of the IOP.

Evaluation of Ehlers IOP and PASCAL IOP
Examining the limits of agreement between the Ehlers IOP and the PASCAL IOP, we find that the limits of agreement are wider than that of the Goldmann IOP and PASCAL IOP with the lower limit of agreement being \(-8.25 \text{ mmHg}\) and upper limit of agreement being \(+4.15 \text{ mmHg}\) (Figure 5).

Linear regression analysis indicates that there is a negative trend when comparing Ehlers IOP and the PASCAL IOP, which indicate an overcorrection of IOP (Figure 6).

Ehlers nomogram and race
The study included individuals from both Caucasian and African American ancestries. The trends were similar even when groups were segregated by race, with limits of
agreement between the Ehlers IOP and the PASCAL IOP being wider, in both the Caucasian and African American ancestries when compared with limits of agreement between the Goldmann IOP and the PASCAL IOP. The limits of agreement of various comparisons are shown in Table 1.

**Discussion**

The IOP measured by the GAT is affected by CCT as shown by Ehlers et al.\(^1\) and numerous other studies subsequently.\(^{20-26}\) However, studies have shown that the IOP estimates obtained using the PASCAL DCT is independent of the effect of CCT.\(^{6-13}\) Furthermore, the IOP estimates obtained by the PASCAL DCT closely matches the manometry values,\(^{14,15}\) making it a closer representation to the “true IOP” when compared with the Goldmann IOP.

A portion of the difference in the measured values and agreement between the Goldmann IOP and the PASCAL IOP is attributed to the errors in tonometry induced by the physiological variations in biomechanical properties of the cornea.\(^{14,15}\)

If the Ehlers correction nomogram was indeed correct and used on the Goldmann IOP to correct for CCT, it is expected that the agreement with the PASCAL IOP should improve. This study shows that the limits of agreement between the Ehlers IOP and the PASCAL IOP are wider than that of the agreement between Goldmann IOP and PASCAL IOP, indicating that correcting the Goldmann IOP for the errors in CCT may in fact worsen the estimate of IOP and widen the difference from the “True IOP” in eye. Further, it was apparent from the negative trend observed in the regression analysis (Figure 6) that the Ehlers nomogram\(^1\) overcorrects and overestimates the effect of the CCT on IOP. Furthermore,
the corneal thickness may be only a part of the error in tonometry and parameters like corneal rigidity and hydration may affect corneal biomechanics and are other sources of errors in tonometry. This study is additional evidence to a finding that was reported in a prior study, which showed the effect of CCT on IOP after correcting it with the Ehlers nomogram.

This study shows that the Ehlers nomogram did not improve the agreement even when the participants were stratified by race. This is interesting because it was expected that the Ehlers nomogram would be more accurate for the individuals with Caucasian origin as was expected that the Ehlers nomogram would be more accurate for the individuals with Caucasian origin as was expected that the Ehlers nomogram would be more accurate for the individuals with Caucasian origin. However, there was a systematic error in the GAT measured IOP, with physiological variation of CCT. This study also confirms the finding that the IOP measured by the PASCAL DCT is less affected by the variation in CCT than the Goldmann GAT. There is a definite need to estimate the IOP accurately because the current treatment and management of glaucoma, to an extent, are based on the level of IOP. However, the results from this study indicate that the use of Ehlers nomogram to correct for the error induced due to CCT is not advisable, as it may be increasing the error rather than decreasing it.

**Disclosure**

Pinakin Gunvant, Robert D Newcomb, Elliot M Kirstein, Victor E Malinovsky, Richard J Madonna, and Richard E Meetz report no conflicts of interest in this work. Elliot M Kirstein is a paid research coordinator for Ziemer Ophthalmology AG, Port, Switzerland, who market and sells the PASCAL® dynamic contour tonometer. The PASCAL® tonometers used in the study and the consumable products furnished for use by the investigators at no cost by Ziemer Ophthalmology.

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**Table 1 Agreement between the intraocular pressure by various methods**

<table>
<thead>
<tr>
<th>Bland–Altman plots</th>
<th>Overall (n = 120) 95% CI</th>
<th>Caucasian (n = 88) 95% CI</th>
<th>African American (n = 32) 95% CI</th>
</tr>
</thead>
<tbody>
<tr>
<td>Goldmann IOP and PASCAL IOP</td>
<td>−6.9 to +4.10</td>
<td>−4.06 to +5.60</td>
<td>−2.50 to +9.02</td>
</tr>
<tr>
<td>Ehlers IOP and PASCAL IOP</td>
<td>−8.25 to +4.15</td>
<td>−3.99 to +7.57</td>
<td>−4.38 to +9.91</td>
</tr>
</tbody>
</table>

**Notes:** CI, confidence interval; Goldmann IOP, the intraocular pressure measured using the Goldmann applanation tonometer; PASCAL IOP, the intraocular pressure measured using the PASCAL dynamic contour tonometer; Ehlers IOP, the value obtained by applying Ehlers correction factor to the intraocular pressure measured using the Goldmann applanation tonometer.
References


