

The Value of the *inhA* Mutation Detection in Predicting Ethionamide Resistance Using Melting Curve Technology

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Yanhua Song¹
Guirong Wang²
Qiang Li¹
Rongmei Liu¹
Liping Ma¹
Qi Li³
Mengqiu Gao¹

¹Department of Tuberculosis, Beijing Chest Hospital, Capital Medical University, Beijing 101149, People's Republic of China; ²National Clinical Laboratory on Tuberculosis, Beijing Key Laboratory on Drug-Resistant Tuberculosis Research, Beijing Chest Hospital, Capital Medical University, Beijing 101149, People's Republic of China; ³Clinical Center on Tuberculosis, Beijing Chest Hospital, Capital Medical University, Beijing 101149, People's Republic of China

Objective: This study aims to analyze the correlation between gene *inhA* mutations by melting curve technology and phenotypic drug susceptibility (DST) results of ethionamide (ETH), and evaluate whether gene *inhA* mutations detection can serve as a molecular marker in predicting ETH resistance.

Methods: A retrospective analysis was conducted on 382 strains of *Mycobacterium tuberculosis* (MTB) with the anti-tuberculosis drugs isoniazid (INH), rifampicin (RIF), ETH, and others. Phenotypic drug susceptibility and the results of *inhA* and *katG* genotypes (mutation and no mutation) were obtained using the melting curve technology MeltPro TB assay.

Results: Of the 382 clinical strains of MTB tested, 118 (30.9%) were resistant to INH, and 28 (7.3%) were resistant to ETH. Among the 28 phenotypically ETH-resistant strains, *inhA* mutations accounted for 42.9% (12/28). These ETH-resistant strains comprise 35.3% (12/34) of the 34 *inhA* mutant strains. Of 8 single *inhA* mutation strains (without *katG* or *rpoB* mutation), 4(50%) were resistant to INH; however, all of these 8 strains were sensitive to ETH.

Conclusion: The *inhA* mutation test may not be a reliable predictor of ETH resistance. Mutant *inhA* strains are not necessarily resistant to ETH. The strains with single *inhA* mutation (without *katG* or *rpoB* mutation) may be effective for ETH treatment. The use of ETH in clinical medicine should be guided by gene (other than *inhA* alone) detection and phenotypic drug susceptibility testing.

Keywords: melting curve technique, *Mycobacterium tuberculosis*, drug resistance, *inhA*, gene mutation, prothionamide, ethionamide

Introduction

The arrival and prevalence of drug-resistant tuberculosis has become a major problem in global tuberculosis (TB) control. In 2019, it was estimated that there were 500,000 cases of rifampicin-resistant TB (RR-TB) worldwide, of which 78% were multidrug-resistant TB (MDR-TB), resistant to both isoniazid (INH) and rifampicin (RIF). China has a high burden of TB and RR/MDR-TB and accounts for 14% of global RR/MDR-TB cases.¹ INH and RIF are the core first-line drugs in the treatment of TB, but treatment of RR/MDR-TB with these first-line regimens will have poor effect. It is important to quickly identify the results of drug susceptibility tests (DST) in patients, especially tests relating to INH and RIF, to enable appropriate drugs to be chosen based on DST profiles.

Correspondence: Qi Li
Clinical Center on Tuberculosis, Beijing Chest Hospital, Capital Medical University, Beijing 101149, People's Republic of China
Tel +86 10 89509322
Fax +86 1069546790
Email liqi88_dr@163.com

Mengqiu Gao
Department of Tuberculosis, Beijing Chest Hospital, Capital Medical University, Beijing 101149, People's Republic of China
Tel +86 10 89509322
Fax +86 1069546790
Email gaomengqi55_dr@163.com

Detection of drug-resistant target gene mutation can help to detect drug resistance earlier than phenotypic DST. Molecular DST in MTB has been widely used in clinical work to evaluate resistance to INH and RIF. *KatG* and *inhA* gene mutations are the main mechanism of INH resistance in MTB.² Gene *inhA* (including promoter and coding areas) is one of important molecular markers of INH resistance, and *inhA* is also the molecular basis of cross resistance to ethionamide (ETH) prothionamide (PTH),^{2–4} a group C drug recommended by the WHO for the treatment of MDR-TB.⁵ ETH/PTH and INH are activated by monooxygenase EthA and catalase-peroxidase KatG. The activated forms of the two drugs act on a common target—the NADH-dependent enoyl-ACP reductase *inhA* (Rv1484) binding—with a bactericidal effect that affects cell wall synthesis.² ETH/PTH has obvious adverse reactions such as nausea and drug-induced liver injury,⁶ and care is needed when choosing this drug. However, due to the convenience and ease of oral administration, ETH/PTH is still recommended in MDR-TB treatment in China.⁶ Based on the correlation between ETH/PTH resistance and *inhA*, clinicians may refer to *inhA* gene detection to guide the use of ETH/PTH.^{3,4,7}

A variety of reports suggest that mutations in the *inhA* gene in TB strains can predict ETH/PTH resistance, although some studies have also shown that clinical strains with *inhA* mutations are sensitive to ETH.^{3,4,7} MeltPro TB assay utilizes the real-time polymerase chain reaction (PCR) probe-based melting curve analysis technique⁸ to detect the common drug-resistant mutation sites of *katG*, *inhA* and *rpoB* genes in MTB and rapidly diagnose INH and RIF resistance. This technique is widely used in clinical work.^{9,10} In this study, we analyze the correlation between *inhA* mutation test results and phenotypic ETH susceptibility through MeltPro TB assay and evaluate whether the *inhA* test can be used to guide the clinical application of ETH where phenotypic DST results are unavailable.

Materials and Methods

Study Subjects

In this retrospective study, patients undergoing treatment at Beijing Chest Hospital, Capital Medical University with positive MeltPro TB assay results for *inhA* and *katG* genes (mutated or not mutated) were screened from February 2015 to February 2016. Samples were tested for *katG* and *inhA* genes with culture and phenotypic DST and the dissociation curve method. Patients

who met the following conditions were subsequently included in the analysis: cultured clinical specimens were positive for MTB; DST results were available for INH, RIF, Levofloxacin (Lfx), Amikacin (Am), Capreomycin (Cm), and ETH; and test results were positive for *katG* and *inhA* mutations. If two or more samples from the same patient were positive, the first sample was recorded. The basic information collected for each patient included their age, gender, disease diagnosis, initial treatment, and subsequent treatment.

The study was conducted in accordance with the Declaration of Helsinki (revised 2013). The study was approved by Beijing Chest Hospital, Capital Medical University (No.2019–86) and informed consent was obtained from all the patients.

Clinical Samples

Sample processing, culture, and drug susceptibility detection were conducted in accordance with the Laboratory Inspection Procedure of Tuberculosis Diagnosis.¹¹ The clinical samples were treated and cultured on a modified Lowenstein–Jensen culture medium (Zhuhai intkr Co. Ltd., China). Positive colonies were cultured for DST and strain identification using the Lowenstein–Jensen proportion method. The critical concentration references were as follows: low-concentration INH 0.2 µg/mL, high-concentration INH 1.0 µg/mL, RIF 40 µg/mL, Levofloxacin 2 µg/mL, Amikacin 30µg/mL, Capreomycin 40 µg/mL, and ETH 40µg/mL. Growth (cultivation) at this concentration was defined as indicating drug resistance.³

Genetic Testing of Samples

An automatic DNA extraction machine (Zeesan Biotech, Xiamen, China) and a paramagnetic particle method were used to extract crude DNA (1 mL) from the decontaminated samples according to the MeltPro TB assay instructions. The amplification program was used to analyze the melting. The fluorescence signal intensity was collected on the LightCycler 480 System (Indianapolis Roche Group) in the FAM and TET channels, and the melting temperature T_M value was obtained by identifying the peak of the melting.^{7,12} The detection sites of INH resistance included *inhA94*, *inhA* promoter region –17 ~ –8 mutation, and *katG315* codon mutation. The *katG* and *inhA* mutation results were recorded.

Statistical Methods

Data collection was carried out using Excel 2007 and the statistical analysis employed SPSS 17.0 software. The

count data were represented by “rate (%)”, χ^2 TEST and Fisher’s exact test to compare the differences between the groups. The parameters of the continuous measurements were expressed as mean \pm standard deviation and compared using a *t*-test. $P < 0.05$ indicated that a result was statistically significant.

Results

Basic Information of the Patients Enrolled

A total of 704 clinical specimens were tested using the dissociation curve method and found to be positive for *inhA* and *katG* genes. Specimens of MeltPro TB assay detect negative, specimens without phenotypic DST results and repeated samples were removed. Following this, 382 patients were enrolled in the study. These patients included 283 (74.1%) cases of sputum, 58 (15.2%) cases of bronchial lavage fluid, 1(0.3%) case of cerebrospinal fluid, and 40 (10.5%) cases of sanious; 292 were initial treatment patients and 90 were re-treatment patients. And 28 (7.3%) cases were resistant to ETH. The proportion of re-treatment patients with resistance to ETH was higher than the proportion of initial treatment patients ($P < 0.001$; Table 1). In addition, 11.0% (42/382) were MDR-TB, 10.2% (39/382) were pre-extensively drug resistant tuberculosis (pre-XDR-

TB); 4.2% (16/382) were extensively drug resistant tuberculosis (XDR-TB).

Overall Isoniazid and Ethionamide Resistance

Of the 382 bacterial strains, 118 strains (30.9%) were resistant to INH. Among these INH resistant strains, 22.9% (27/118) were also resistant to ETH, and all of these strains were MDR-TB. Of the 118 INH-resistant strains, *katG* mutation accounted for 52.5% (62/118), *inhA* mutation accounted for 20.3% (24/118), and *inhA+katG* mutation accounted for 4.2% (5/118); strains with no mutation accounted for 22.9% (27/118). Of the 28 phenotypic ETH-resistant strains, 27 (96.4%) resistant to INH resistance. Of the same 28 strains, *inhA* mutation accounted for 42.9% (12/28). Of the 34 *inhA* mutant strains, 85.3% (29/34) had an *inhA* mutation without a *katG* mutation; among this group, 34.5% (10/29) showed low resistance to INH, 48.3% (14/29) showed high resistance to INH, and 13.8% (5/29) were sensitive to INH. The rates of ETH-resistance in low- and high-level INH-resistant strains showed no statistical differences ($\chi^2 = 2.264$; $P = 0.132$; Fisher’s test). The rate of single *inhA* mutations (without *katG* mutation) in strains with low INH-resistance was higher than the rate in strains

Table 1 Demographic and Clinical Characteristics of Patients

Characteristics	Sum (n, %)	ETH-Sensitive (n,%)	ETH-Resistant (n,%)	P
Number of patients	382(100)	354(92.7)	28(7.3)	
Gender(male)	253(66.2)	238(93.7)	15(53.6)	0.003
Age	44.7 \pm 19.3	45.2 \pm 19.3	38.4 \pm 19.3	0.073
No. of recurrent case	90(23.6)	74(20.9)	16(57.1)	<0.001
Place of residence				
Beijing	214(56%)	209(59%)	5(17.9%)	<0.001
Other regions	168	145	23	
Tuberculosis type				
Pulmonary tuberculosis	341	315	26	
Tubercular meningitis	1	1	0	
Bone tuberculosis	40	37	2	
Tuberculous empyema	1	1	0	
Types of drug-resistant				
MDR-TB	42	38(90.5%)	4(9.5%)	
Per-XDR-TB	39	27(69.2%)	12(30.8%)	
XDR-TB	16	5(31.3%)	11(68.8%)	
INH-R and not MDR-TB	21	21(100%)	0	
Other types	285			

Abbreviations: ETH, ethionamide; INH, isoniazid.

with high INH-resistance ($\chi^2 = 13.076$; $P < 0.001$; Fisher's test). All of 21 INH-resistant but non-MDR-TB strains were sensitive to ETH; four of these were *inhA* mutant strains. In addition, eight strains (four INH-resistant and four INH-sensitive) with single *inhA* mutation (without *katG* and *rpoB* mutations) were sensitive to ETH, and the patients carrying those eight strains were not initially treated with anti-TB drugs (Figure 1 and Table 2).

Discussion

China has a high burden of TB and one of the highest incidences of MDR-TB in the world.¹³ Particularly in recent years, the incidence of DR-TB has been on the rise in China. Rifampicin (RIF) and isoniazid (INH) are the leading first-line anti-TB drugs, playing an important role in the treatment of TB. MDR-TB is widely regarded as an important factor in the failure of chemotherapy in treating TB. The resistance of genes to INH is more complicated, and is mainly caused by mutations in genes such as *katG* and *inhA*. Each mutation site has a certain correlation with drug resistance. ETH/PTH is a second-line drug treatment for TB, used mostly in MDR-TB and XDR-TB. According to data from domestic and overseas research, the majority of ETH/PTH-resistant strains also show INH resistance.^{10,14,15} In the present study, almost all ETH-resistant strains were also found to be resistant to both INH and RIF (96.4%), and the ETH-resistance rate in MDR-TB was 27.8%, which is consistent with our previous studies and similar data (20%–24.8%) from TB treatment institutions in China.^{16–19}

The main molecular mechanisms underlying INH resistance are *inhA* and *katG* mutations, reported to account for 8%–43% and 50%–95% of drug-resistant strains, respectively.²⁰ Tests for these two genetic mutations are used to diagnose the majority of instances of MTB resistance to INH. Mutations in the *inhA* gene are the molecular basis of cross resistance to ETH/PTH and INH.

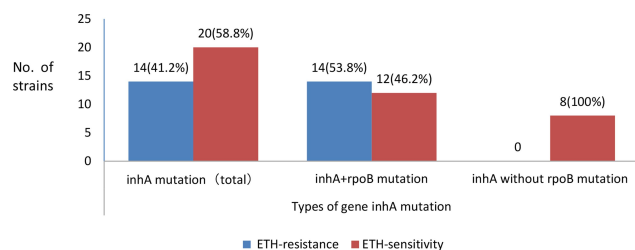


Figure 1 Phenotypic DST results of ETH in MTB with *inhA* gene mutation enrolled in this study.

Table 2 Frequency of Ethionamide Resistance in Low-and High-Level Isoniazid Resistant and Isoniazid Susceptible *Mycobacterium tuberculosis* Isolates

INH Phenotypic DST (n)	ETH Phenotypic DST	Frequency	<i>inhA</i> (with or without <i>katG</i> Mutation) (n)
High-level INH-resistant(98)	ETH-R	25	9 ^a
	ETH-S	73	9 ^b
Low-level INH - resistant(20)	ETH-R	2	2
	ETH-S	18	9 ^c
INH- sensitive (264)	ETH-R	1	1
	ETH-S	263	4

Notes: ^a2 of the 9 isolates with *katG* mutation; ^b2 of the 9 isolates with *katG* mutation; ^c1 of the 9 isolates with *katG* mutation. The ETH resistance rate was not significantly different between isolates with low- and high-level INH resistance ($\chi^2=2.264$, $P=0.132$, Fisher's exact test); The *inhA* mutation rate in isolates with low-level INH resistance (with or without *katG* mutation) was significantly higher than that in isolates with high-level INH resistance ($\chi^2=12.025$, $P<0.001$, Fisher's exact test); The single *inhA* mutation rate (not combined with *katG* mutation) was also significantly different between the two groups ($\chi^2=13.076$, $P<0.001$, Fisher's exact test).

Abbreviations: DST, drug susceptibility testing; INH, isoniazid; ETH, ethionamide; S, sensitive; R, resistant.

Therefore, the *inhA* gene can also aid in diagnosing ETH resistance. This study analyzed *inhA* and *katG* mutations and phenotypic INH and ETH susceptibility in clinical strains. Of the 118 INH-resistant strains analyzed, 56.7% (67/118) were *katG* mutations, and 24.5% (29/118) were *inhA* mutations. Of the 28 phenotypically ETH-resistant strains, *inhA* mutations accounted for 42.9%, which is consistent with previous reports.^{10,20} However, in this study, only 35.3% of the 34 *inhA* mutant strains were resistant to ETH, and only 42.9% of ETH-resistant strains had *inhA* mutations. A recent study in South Korea found that only 23 (67%) of 34 PTH-resistant strains had an *inhA* mutation, while data from a study in Guangzhou, China indicates that, of 46 PTH-resistant strains, 43.2% had an *inhA* promoter (12 strains were c-15t and 4 strains t-8c), and 6.2% had a coding gene mutation (all were S94A).^{10,21} The results of the present study show an *inhA* mutation rate in ETH-resistant strains (42.9%) similar to that in the study in China referenced above.

The question of whether *inhA* mutations can indicate phenotypic ETH resistance remains. Most previous research has focused on *inhA* mutations in INH- or ETH/PTH-resistant strains (mainly MDR-TB), while

inhA mutations in sensitive strains have rarely been studied. There is a moderate level of evidence for an association between c-15t *inhA* promoter mutations and low-to-moderate INH resistance.²² This study shows that only 35.3% of 34 *inhA* mutant strains were resistant to ETH. The possible reasons for the inconsistency between *inhA* mutation and the ETH-resistant phenotype include the dissociation curve detection of mutant codons on *inhA*94 from -17 to -8 in the *inhA* promoter region. In addition, some positive mutations may be synonymous mutations and will not cause protein changes or ETH resistance.^{15,17,23} The ETH-resistant phenotype may have other regulatory mechanisms that cause strains with *inhA* mutations not to generate ETH resistance. This study also found that all strains with single *inhA* mutations (without *katG* or *rpoB* mutations) were sensitive to ETH. Taking the results of the present study in combination with those of other domestic studies, it can be argued that *inhA* mutations are not a reliable indicator of ETH resistance in China;^{17,24} the detection of *inhA* mutations is not necessarily a sign of resistance to ETH, and genotypic and phenotypic drug susceptibility must be detected simultaneously to guide clinical use of ETH.

Although *inhA* mutations have been shown to be associated with low INH resistance, this study shows that, of 29 *inhA* mutant strains, 48.3% (14/29), mainly INH- and RIF-resistant strains, had high INH resistance.² *InhA* mutations were not a good indicator of low INH resistance. Other studies have also shown that *inhA* mutant (non-*katG* mutation) strains are highly resistant to INH, as are some strains combined with *furA*, *oxyr-ahpc*, or *inhA* double (c-15t combined with S94A or I194T) mutations.²⁵ The data in this study were derived from clinical data, and no particular type of *inhA* mutation was specified. In addition, apart from *inhA* and *katG*315, no other INH-resistant genes were examined. Hence, the specific mechanism underlying the high drug resistance of nearly half of *inhA* remains unclear. Nonetheless, we found that the single *inhA* mutant strain (without *katG* and *rpoB* mutation) showed low-level resistance and susceptibility to INH, and these strains were sensitive to ETH. Hence, ETH and high-dose INH treatment may be effective for the majority of single *inhA* mutated INH-resistant strains.

However, this study has certain limitations. First, the present study is a summary of clinical data. Laboratory tests only reported whether or not the isolates had *katG* and *inhA* mutations; they did not provide detailed descriptions including the mutation sites. In addition, we did not

discuss the mechanism of drug resistance in isolates where the *inhA* genotype and ETH-resistant phenotype were inconsistent. This will be the focus of further study, and we will evaluate the feasibility of using the targets identified by the melting curve analysis in the Chinese population. Third, the sample size was small, and all included patients came from the hospital where the author worked. The research findings may therefore contain some bias; however, they are still encouraging.

Conclusion

Although *inhA* mutations are associated with mechanisms of joint INH and ETH resistance, they may not be a reliable indicator of ETH resistance. In particular, TB strains with single *inhA* mutations (without *katG* or *rpoB* mutations) may remain sensitive to ETH. This is a preliminary study, future work is required to explore the mechanism of ETH resistance, to look for the reasons of inconsistency of phenotype and gene mutation.

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Disclosure

The authors declare that they have no competing interests.

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