

# p53 Promoted Ferroptosis in Ovarian Cancer Cells Treated with Human Serum Incubated-Superparamagnetic Iron Oxides

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**Methods:** In this study, we used MTT assays to demonstrate that a combination of SPIO-Serum and wild-type p53 overexpression can reduce ovarian cancer cell viability *in vitro*. Prussian blue staining and iron assays were used to determine changes in intracellular iron concentration following SPIO-Serum treatment. TEM was used to evaluate any mitochondrial damage induced by SPIO-Serum treatment, and Western blot was used to evaluate the expression of the iron transporter and lipid peroxidation regulator proteins. JC-1 was used to measure mitochondrial membrane potential, and ROS levels were estimated by flow cytometry. Finally, xCT protein expression and mitochondrial ROS levels were confirmed using fluorescence microscopy.

**Results:** SPIO-Serum effectively induced lipid peroxidation and generated abundant toxic ROS. It also facilitated the downregulation of GPX4 and xCT, ultimately resulting in iron-dependent oxidative death. These effects could be reversed by iron chelator DFO and lipid peroxidation inhibitor Fer-1. SPIO-Serum treatment disrupted intracellular iron homeostasis by regulating iron uptake and the cells presented with missing mitochondrial cristae and ruptured outer mitochondrial membranes. Moreover, we were able to show that p53 contributed to SPIO-Serum-induced ferroptosis in ovarian cancer cells.

**Conclusion:** SPIO-Serum induced ferroptosis and overexpressed p53 contributed to ferroptosis in ovarian cancer cells. Our data provide a theoretical basis for ferroptosis as a novel cell death phenotype induced by nanomaterials.

**Keywords:** ferroptosis, SPIO, p53, TF, xCT, iron-based nanomaterials

## Introduction

Ferroptosis, an iron-dependent programmed cell death characterized by lipid peroxide accumulation, is genetically, biochemically, and morphologically distinct from other forms of regulated cell death.<sup>1,2</sup> Unlike apoptosis, ferroptosis caused by lipid ROS accumulation with characteristics mainly of cytological changes, including decreased or vanished mitochondria cristae, a ruptured outer mitochondrial membrane, and a condensed mitochondrial membrane.<sup>1</sup> Although iron affects the biological behavior of various tumor cells, how intracellular iron regulates the fate of these cells is poorly understood.<sup>3</sup> An equally important question concerns how to increase iron levels in target cells both for *in vitro* cell culture studies and *in vivo* modeling. We address both these questions with respect to two ovarian cancer cell lines in this report.

Iron promotes matrix metalloproteinase (MMP) and interleukin-6 (IL-6) synthesis in ovarian cancer cells, improves invasion, and metastasis.<sup>4,5</sup> In addition, iron-dependent cell death results from an increase in intracellular lipid oxygen free radicals and an imbalance in redox homeostasis.<sup>6–8</sup> Other factors can influence the effect of ferroptosis. One gene associated with augmenting ferroptosis is p53 which acts by mediating cell cycle arrest, senescence, and apoptosis.<sup>9–11</sup> Additionally, p53 inhibits SLC7A11 (xCT) expression, a key component of the cystine/glutamate reverse transporter,<sup>12,13</sup> making cells more sensitive to iron by increasing H<sub>2</sub>O<sub>2</sub> and lipid peroxide levels.<sup>14–16</sup>

Iron-based nanomaterials can be used as anticancer agents,<sup>17,18</sup> such as iron oxide nanoparticles, iron-doped nanomaterials, iron-based metal-organic frameworks, and so on, as they induce excessive ROS production and trigger ferroptosis in cells.<sup>19,20</sup> Their ability of generating ROS is regarded as the key role in achieving gratifying therapeutic effect.<sup>21–23</sup> A recent discovered iron-based nanomaterials, metal-organic network-MON, was designed to induce oxidative stress and eradicate tumor cells through ferroptosis pathway.<sup>22</sup> Another study found that localized heterogeneous Fenton reaction could be initiated by single-atom Fe nanocatalysts for competent nanocatalytic cancer therapy.<sup>24</sup>

In this study, SPIO-nanoworms pre-incubated with human serum (SPIO-Serum) induced ferroptosis in human ovarian cancer cells, showing the potential of iron nanomaterials to be used in tumor therapy.

## Materials and Methods

### Key Materials

#### SPIO Nanoworms

SPIO nanoworms were synthesized in Dr. Simberg's laboratory as previously reported.<sup>25</sup> Transmission electron microscopy (TEM) results showed the average length and width of the multi-iron oxide crystals were  $103.2 \pm 38.0$  nm (s.d.) and  $7.0 \pm 1.4$  nm (s.d.), respectively (Figure 1A left). The hydrodynamic diameter which included both the iron oxide core and dextran shell was  $140 \pm 6.5$  nm.

#### SPIO-Serum

SPIO-nanoworms were incubated with human serum at 37°C for 30 min and washed 3 times using PBS by ultracentrifuge at 55,000 g for 5 min at 4°C. TEM showed a serum protein corona closely associated with the iron oxide core (Figure 1A right).

#### SPIO-FBS

SPIO-nanoworms were incubated with FBS at 37°C for 30 min and washed 3 times using PBS by ultracentrifuge at 55,000 g for 5 min at 4°C.

#### Reagents

3-(4,5-dimethylthiazol-2-yl)-2,5-di-phenyltetrazolium bromide (MTT) was purchased from Sigma-Aldrich (St. Louis, MO, USA). Deferoxamine was purchased from Abcam (Cambridge, MA, USA). Ferrostatin-1 and erastin were purchased from MedChemExpress (Princeton, NJ, USA). The following antibodies were used: anti- $\beta$ -actin, anti-p53 (Proteintech, Chicago, IL, USA); anti-GPX4, anti-xCT, anti-TF, anti-TFR (Abcam, Cambridge, MA, USA).

## Methods

### Cell Lines and Cell Culture

SKOV3 cells were purchased from the Chinese Academy of Medical Sciences and Peking Union Medical College (Beijing, China). A2780 cells were purchased from American Tissue Culture Collection (Rockville, MD, USA). These cells were cultured in RPMI-1640 (Gibco Life Technologies, Carlsbad, CA, USA) supplemented with 10% fetal bovine serum (FBS) (Invitrogen, Carlsbad, CA, USA) at 37°C, 5% CO<sub>2</sub> concentration.

### Human Serum

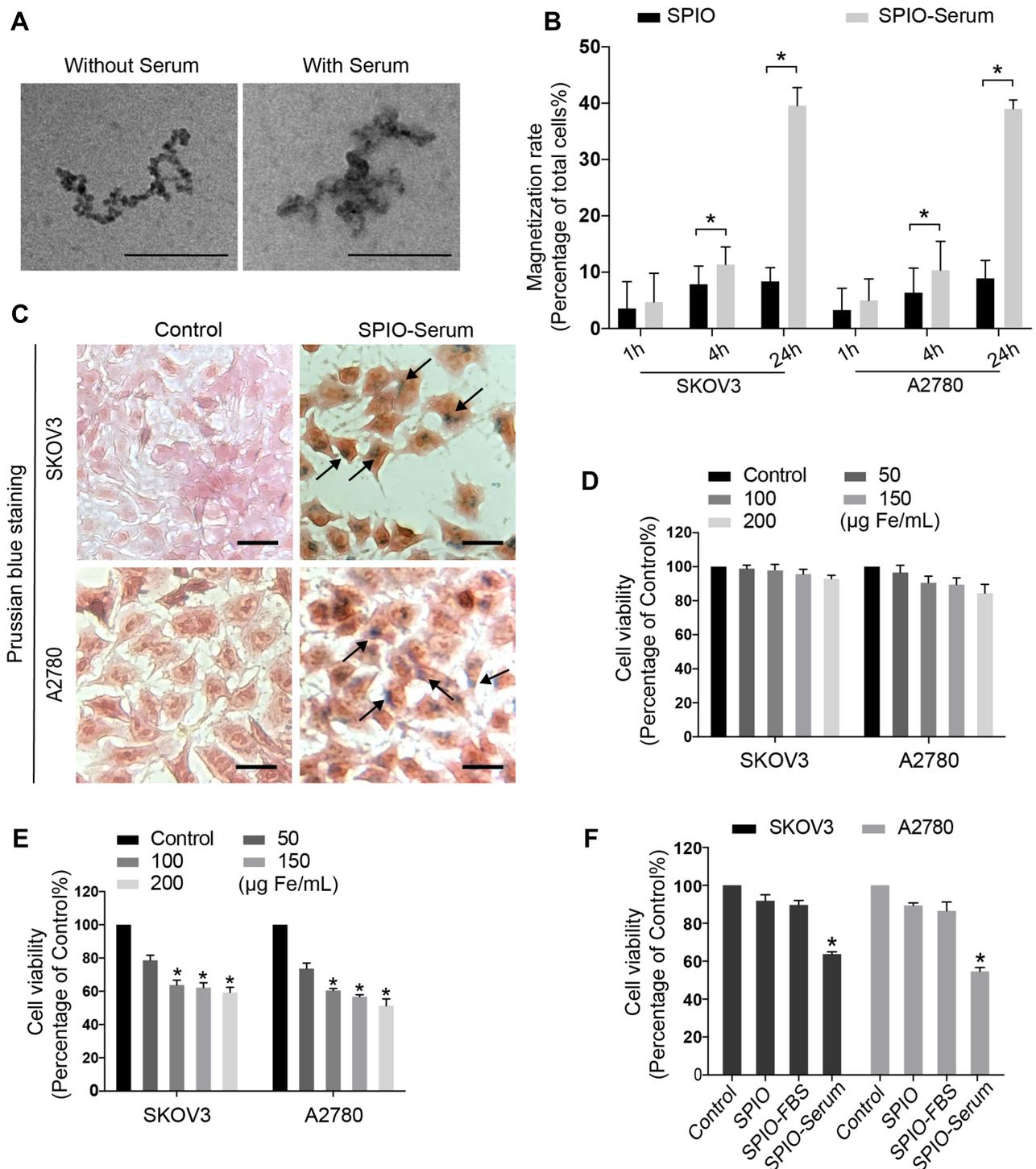
Whole blood was taken at China-Japan Union Hospital of Jilin University from five healthy volunteers after physical examination and obtaining informed consent. The study was approved by the Institutional Ethics Committee of China-Japan Union Hospital, Jilin University, Changchun, China. Human serum was pooled and stored at  $-80^{\circ}\text{C}$ .

### Cell Viability Assay

Cells were plated at  $8 \times 10^3$  cells per well on 96-well plates. After 24 h, cells were treated with different concentrations of SPIO, SPIO-FBS, and SPIO-Serum. Also, cells were treated with SPIO-Serum or erastin for 24 h with other co-treatment. Cell viability was detected using an MTT assay, the result was measured by Vmax Microplate Reader (Molecular Devices, LLC, Sunnyvale, CA, USA) at 570 nm.

### Intracellular Iron Staining

After treatment, cells were washed 3 times with PBS to remove free iron, and fixed with 4% paraformaldehyde for 10 min. Prussian blue staining was used to visualize



**Figure 1** SPIO-Serum inhibited ovarian cancer cells proliferation. **(A)** TEM images. SPIO nanoworms before and after incubated with serum were characterized by TEM. (Scale bar: 100 nm). **(B)** Assessment of SPIO nanoworms uptaken with or without incubation in human serum for 1 h, 4 h, and 24 h. **(C)** Prussian blue staining showed iron-containing cells (Scale bar: 20  $\mu$ m). **(D)** Ovarian cancer cells SKOV3 and A2780 were treated with SPIO (0, 50, 100, 150, and 200  $\mu$ g Fe/mL) for 24 h, MTT assay result showed SPIO had almost no cytotoxicity effect on cells. **(E)** Ovarian cancer SKOV3 and A2780 cells were treated with SPIO-Serum (0, 50, 100, 150, and 200  $\mu$ g Fe/mL) for 24 h. MTT assay result showed that SPIO-Serum inhibited SKOV3 and A2780 cells viability in a dose-dependent manner. **(F)** SKOV3 and A2780 cells were treated with SPIO, SPIO-FBS or SPIO-Serum (100  $\mu$ g Fe/mL) for 24 h. 100  $\mu$ g Fe/mL SPIO-Serum was used in the subsequent experiments. All data presented the mean  $\pm$  SD (n=6). \* $P$ <0.05 vs control group.

**Abbreviations:** SKOV3, A2780, ovarian cancer cells; SPIO, superparamagnetic iron oxide; FBS, fetal bovine serum.

intracellular iron following the manufacturer's protocol (Catalog number DJ0008, Leagene, China).

### Total Cellular Iron

Total iron levels were measured according to the protocol of iron assay from Dr. Simberg's laboratory. Cells were homogenized on ice and centrifuged at 16,000 g for 10 min at 4°C to obtain the supernatant for assay. Ten milliliter supernatant was incubated with ninety microliter of mixture buffer overnight at room temperature, then read at 570 nm. The results were expressed as a ratio to the concentration of the control cells.

### Lipid Peroxidation Assessment

Lipid peroxidation was measured using a malondialdehyde (MDA) assay kit (Beyotime Biotech, Nanjing, China). In brief, cells were harvested by trypsinization and cellular extracts were prepared by sonicating in ice-cold RAPA (Beyotime Biotech, Nanjing, China). After sonication, lysed cells were centrifuged at 10,000 g for 20 min to remove debris. The supernatant was subjected to the measurement of MDA levels and the protein contents. We used a protein assay kit (Bio-Rad Laboratories, Hercules, USA) to quantify protein concentration. MDA levels were then normalized to milligram protein. MDA content was expressed as a ratio to the absorbance value of the control cells.

### Mitochondrial Membrane Potential Assay

Mitochondrial membrane potential was assayed using JC-1 according to manufacture's instruction (Beyotime Biotech, Nanjing, China). Briefly, cells were cultured in 6-well plates with  $3 \times 10^5$  cells per well. After 24 h of growth, cells were treated with SPIO-Serum at concentrations of 100  $\mu\text{g Fe/mL}$  for 24 h. Staining with JC-1, the cells were analyzed by flow cytometry (BD Biosciences, Franklin Lakes, NJ, USA). The excitation wavelength of JC-1 is 488 nm, and the approximate emission wavelength of the monomeric and J-aggregate forms is 529 and 590 nm.

### SPIO Nanoworms Uptake Assay

The uptake was studied as described previously.<sup>26</sup> Briefly, cells were incubated with SPIO or SPIO-Serum for 1 h or 4 h, washed with PBS to remove the free nanoworms and passed over a Mini MACS magnetic column (Miltenyi Biotec) to separate IRON labeled from unlabeled cells. Magnetic cells from different groups were suspended in equal amounts of 1% (wt/vol) BSA-PBS and concentrated on glass slides using cytospin (Thermo Fisher Scientific,

Rockford, IL, USA). The cells on slides were then fixed with 10% buffered formalin solution and stained with Hoechst nuclear stain (Thermo Fisher Scientific, Rockford, IL, USA). Random microscopic areas were used for cell counting.

### ROS Detection

The average level of ROS was measured using a ROS assay kit DCFH-DA (Beyotime Biotech, Nanjing, China). Approximately  $3 \times 10^5$  cells/well were seeded in 6-well plates overnight followed by the treatment of SPIO-Serum for 24 h. DCFH-DA was diluted to a final concentration of 10  $\mu\text{M}$ . The cells were collected and suspended in diluted DCFH-DA in the dark at 37°C for 30 min and washed 3 times with PBS, and then samples were analyzed using an Accuri C6 Flow Cytometer (BD Biosciences, Franklin Lakes, NJ, USA).

### Mitochondrial ROS and Immunofluorescence Assay

SKOV3 cells ( $5 \times 10^4$ ) were seeded in 24-well plates. After treatment, samples were harvested, washed with PBS, resuspended in 200  $\mu\text{L}$  of 5  $\mu\text{M}$  MitoSOX-Red, and left to incubate for 15 min at 37°C. Cells were fixed in 4% (w/v) paraformaldehyde/PBS for 20 min and then permeabilized with 0.1% Triton X-100 for 15 min. After blocking with bovine serum albumin for 30 min, cells were incubated with primary antibody (Abcam, Cambridge, MA, USA) overnight at 4°C. Cells were then incubated with FITC/Texas Green-conjugated secondary antibody (Proteintech, Chicago, IL, USA) at room temperature for 1 h. The images were acquired using a ZEISS Imager Z2 Confocal microscope.

### Western Blot

Cells were lysed in RIPA buffer with protease inhibitors. Lysates were cleared by centrifugation at 10,000 g for 15 min at 4°C, boiled in loading buffer, and resolved using SDS-PAGE. Proteins were transferred to PVDF membranes and membranes were blocked with 5% milk, followed by incubation with primary antibodies overnight at 4°C. Membranes were then incubated with HRP-conjugated secondary antibodies (Proteintech, Chicago, IL, USA). ECL reagent (Thermo Fisher Scientific, Rockford, IL, USA) was used for immunodetection and visualization using Syngene Bio Imaging (Synoptics, Cambridge, UK, USA).

### Plasmids and Transfection

Trans-OE™ DNA TP53 was purchased from Genechem (Shanghai, China). Cells were transfected using

transfection Reagent (Promega, Madison, MI, USA) according to the manufacturer's instructions.

### Statistical Analysis

All experimental data represent at least 3 independent experiments and were presented as mean  $\pm$  standard deviation (SD) and carried out using Student's *t*-test.  $P < 0.05$  or  $P < 0.01$  were considered statistically significant difference. Statistical analysis was performed with GraphPad Prism 7.0 (La Jolla, CA, USA).

## Results

### SPIO-Serum Labeled Ovarian Cancer Cells and Inhibited Their Viability

The morphology and average size of SPIO nanoworms were determined by TEM (Figure 1A left). Incubating SPIO nanoworms in human serum at 37°C for 30 min, TEM images showed that SPIO nanoworms maintain their overall shape after incubation with human serum. Moreover, serum-incubated particles showed patchy electron-dense protein clusters close to the iron oxide core (Figure 1A right).

Incorporation of SPIO and SPIO-Serum into ovarian cells following 1 h, 4 h, or 24 h incubation was examined using a magnetic column sorting system. The number of magnetic cells treated by SPIO-serum is higher than that of SPIO either 1 h, 4 h, and 24 h suggesting a time-dependent response (Figure 1B). SKOV3 and A2780 cells treated with SPIO-Serum (100  $\mu\text{g Fe/mL}$ ) exhibited positive blue staining while untreated cells had minimal blue staining consistent with the result of MACS isolation experiment (Figure 1C). Ovarian cancer cells, SKOV3 and A2780, were treated with SPIO or SPIO pre-incubated with human serum or fetal bovine serum (FBS). SPIO from 50 to 200  $\mu\text{g Fe/mL}$  and SPIO-FBS (100  $\mu\text{g Fe/mL}$ ) had minimal effect on the proliferation of human ovarian cancer cells (Figure 1D and F). In contrast, SPIO-Serum from 50 to 200  $\mu\text{g Fe/mL}$ , substantially reduced cell proliferation, suggesting that incubation of SPIO nanoworms in human serum inhibited ovarian cancer cells viability (Figure 1E).

### No Intact Nanoparticles Exist but Mitochondria Were Damage in SPIO-Serum Treated Cells

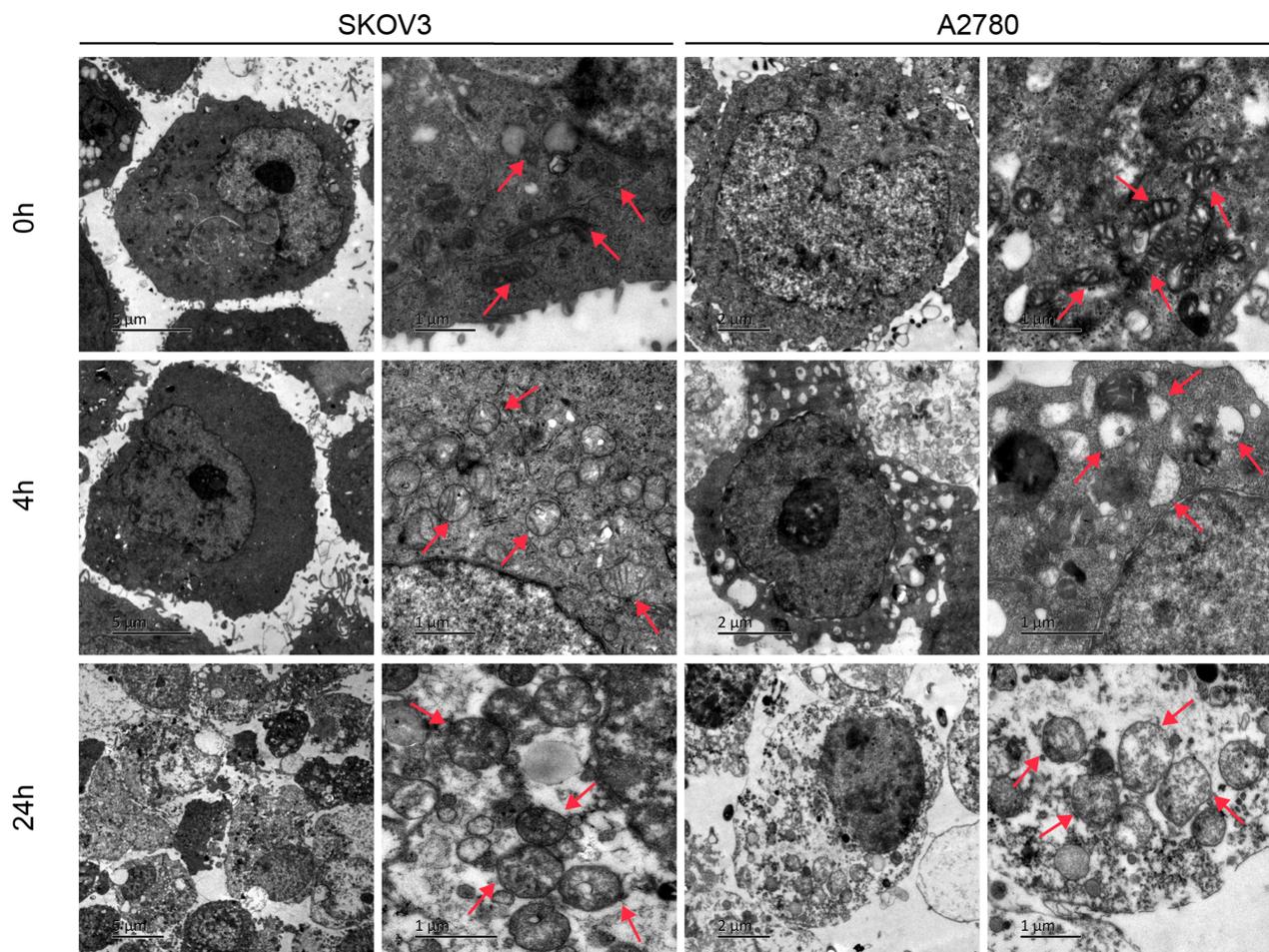
In order to observe whether ovarian cells incorporated SPIO, transmission electron microscopy was used to

observe the SKOV3 and A2780 cells. No obvious intact nanoparticles were found in cells (Figure 2). In the result of Figure 1C, the obvious increases in deep blue foci in the SPIO-Serum group was evidence of an increase in cellular iron ions. These results suggested that SPIO nanoparticles might be incorporated as iron ions in SKOV3 and A2780 cells after incubated with SPIO-Serum.

Mitochondria are major hubs of iron accumulation.<sup>27</sup> Specially, iron overload usually caused mitochondria dysfunction as mitochondria is the target of iron-mediated damage.<sup>28</sup> As shown, TEM images presented that untreated ovarian cancer cells were intact and their mitochondria were linear or granular with an integral bilayer membrane structure. In contrast, SPIO-Serum-induced injury marked by decreased mitochondrial cristae, swollen mitochondria, and ruptured mitochondrial membranes, which generally associated with morphology of ferroptosis. Consistently, only SPIO-Serum reduced cell proliferation, while SPIO or SPIO-FBS had little effect on proliferation (Figure 1F). Together, these results demonstrated that iron oxide nanoparticles were most likely incorporated as iron ions, and even transported to mitochondria in SPIO-Serum treated cells. SPIO-Serum-induced ovarian cancer cells death was associated with increased intracellular iron ion levels.

### SPIO-Serum Induced Ferroptosis in Ovarian Cancer Cells

We provided 6 observations supporting our belief that SPIO-Serum facilitated ferroptosis in ovarian cancer cells SKOV3 and A2780. 1) Supporting these observations we found that the ferroptosis inhibitors DFO or Fer-1 substantially increased the level of intracellular iron ovarian cancer cells survival when administered prior to treatment with erastin or SPIO-Serum (Figure 3A–E). 2) Mitochondrial damage is a distinct feature of ferroptosis. Using the JC-1 probe to detect mitochondrial membrane potential/damage in ovarian cancer cells, we found that red fluorescence was reduced in ovarian cancer cells treated with human SPIO-Serum, while green fluorescence was increased, consistent with mitochondrial damage (Figure 4A). 3) Intracellular ROS levels, determined by flow cytometry, increased after SKOV3 and A2780 cells were incubated with SPIO-Serum compared with untreated cells



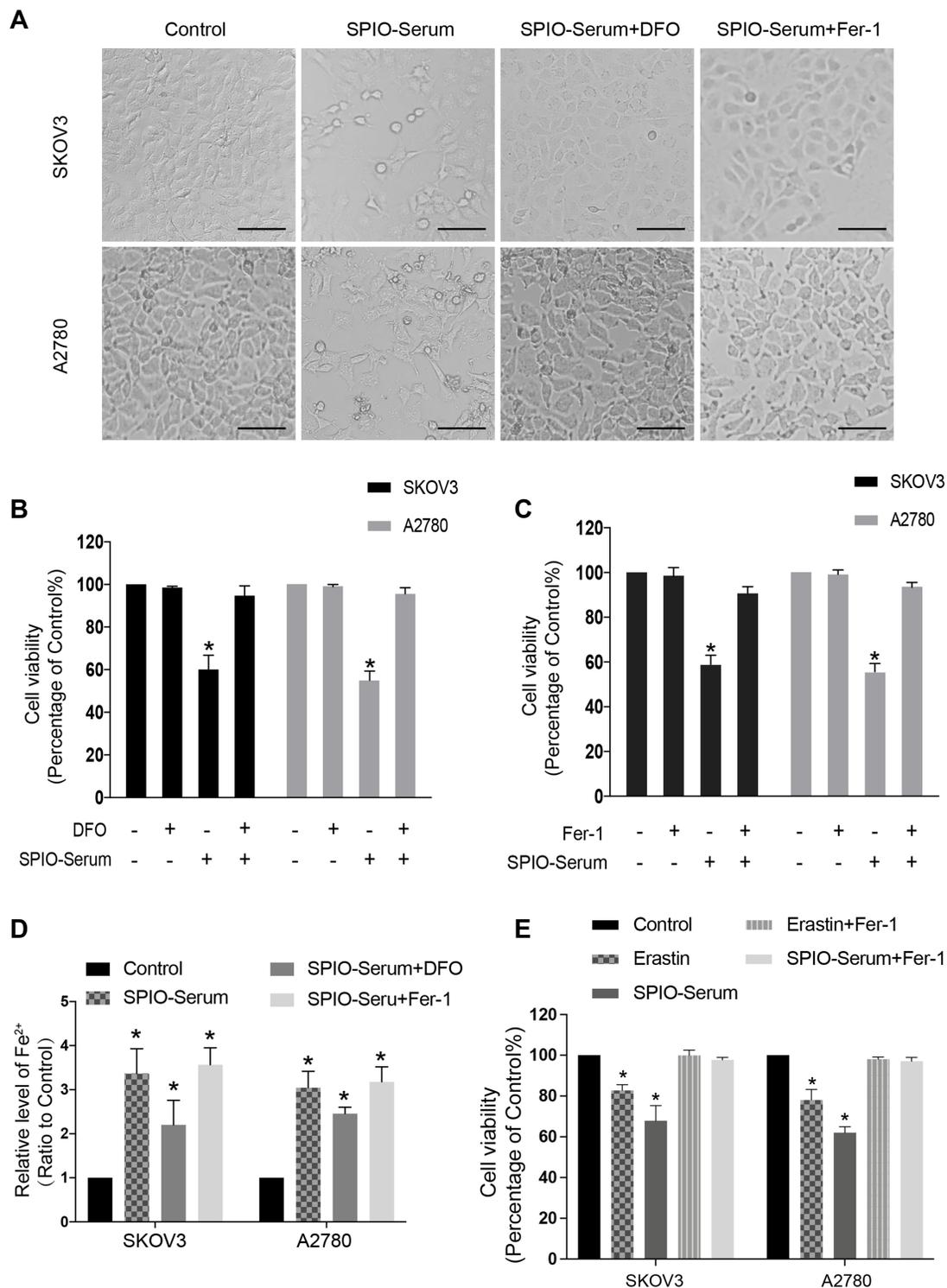
**Figure 2** SPIO-Serum induced mitochondrial damage. TEM images of SKOV3 and A2780 ovarian cells treated with SPIO-Serum for 4 h or 24 h (arrow). SPIO-Serum-treated cells showed mitochondrial damage with mitochondrial outer membrane ruptured and mitochondria crista vanished.

(Figure 4B). MitoSOX Red, a mitochondrial superoxide indicator, detected elevated levels of mitochondrial ROS in SPIO-Serum treated cells. Pre-treatment cells with DFO and Fer-1 for 30 min still yielded lower ROS levels (Figure 4C). 4) Cells experiencing ferroptosis expressed higher levels of lipid peroxidation (MDA).<sup>29</sup> SKOV3 and A2780 cells pre-treated with Fer-1 or DFO followed by SPIO-Serum treatment had lower levels of MDA than cells treated with SPIO-Serum alone, results consistent with ferroptosis (Figure 4D). 5) Additionally, Western blot results showed that the expression level of GPX4 and xCT reduced in the ovarian cancer cells treatment with SPIO-Serum, it was consistent with occurrence of ferroptosis (Figure 4E and F). 6) xCT is a specific light-chain subunit of the cystine/glutamate antiporter system  $x_c^-$ , promotes protection from oxidative stress and ferroptosis cell death.<sup>30</sup> To analyze changes in the transport of extracellular cystine into the cells, the

expression of xCT was examined. Western blot results showed that SPIO-Serum could inhibit the expression of xCT (Figure 4E and F).

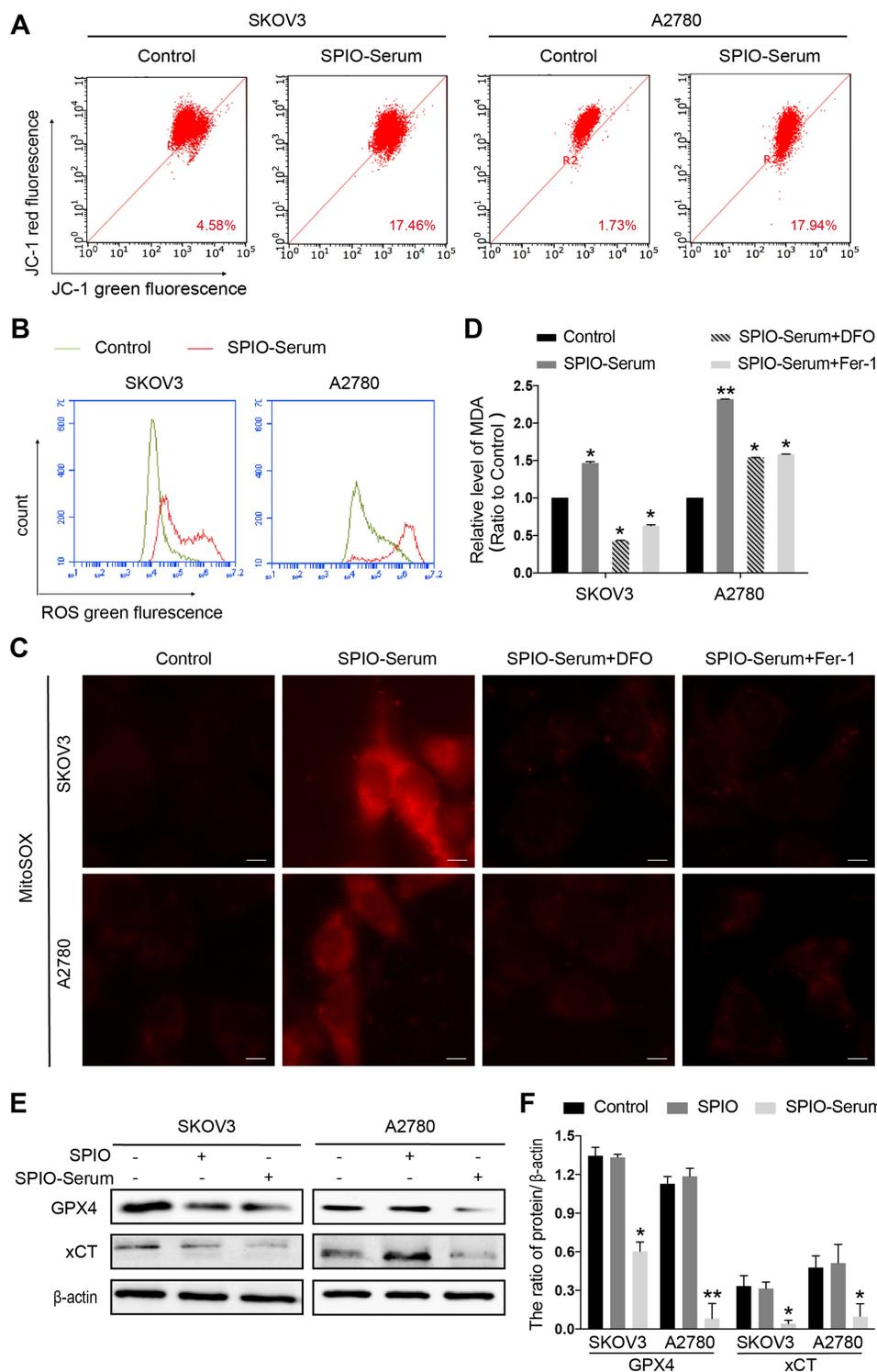
### SPIO-Serum Up-Regulated Transferrin (TF) and Transferrin Receptor (TFR) Expression

TF and TFR have recently been identified to regulate ferroptosis by directly or indirectly targeting iron metabolism.<sup>31–33</sup> To further define the role of SPIO-Serum increasing intracellular iron, Western blot was used to detect the expression of TF and TFR, which were involved in iron metabolism and assayed iron accumulation. TF and TFR expression up-regulated (Figure 5A and B), and total iron increased in SKOV3 and A2780 cells after treatment with SPIO-Serum relative to untreated cells (Figure 5C). TF and TFR levels of SPIO-Serum-treated cells were statistically higher than control cells and SPIO treated cells, which consisted with intracellular iron.

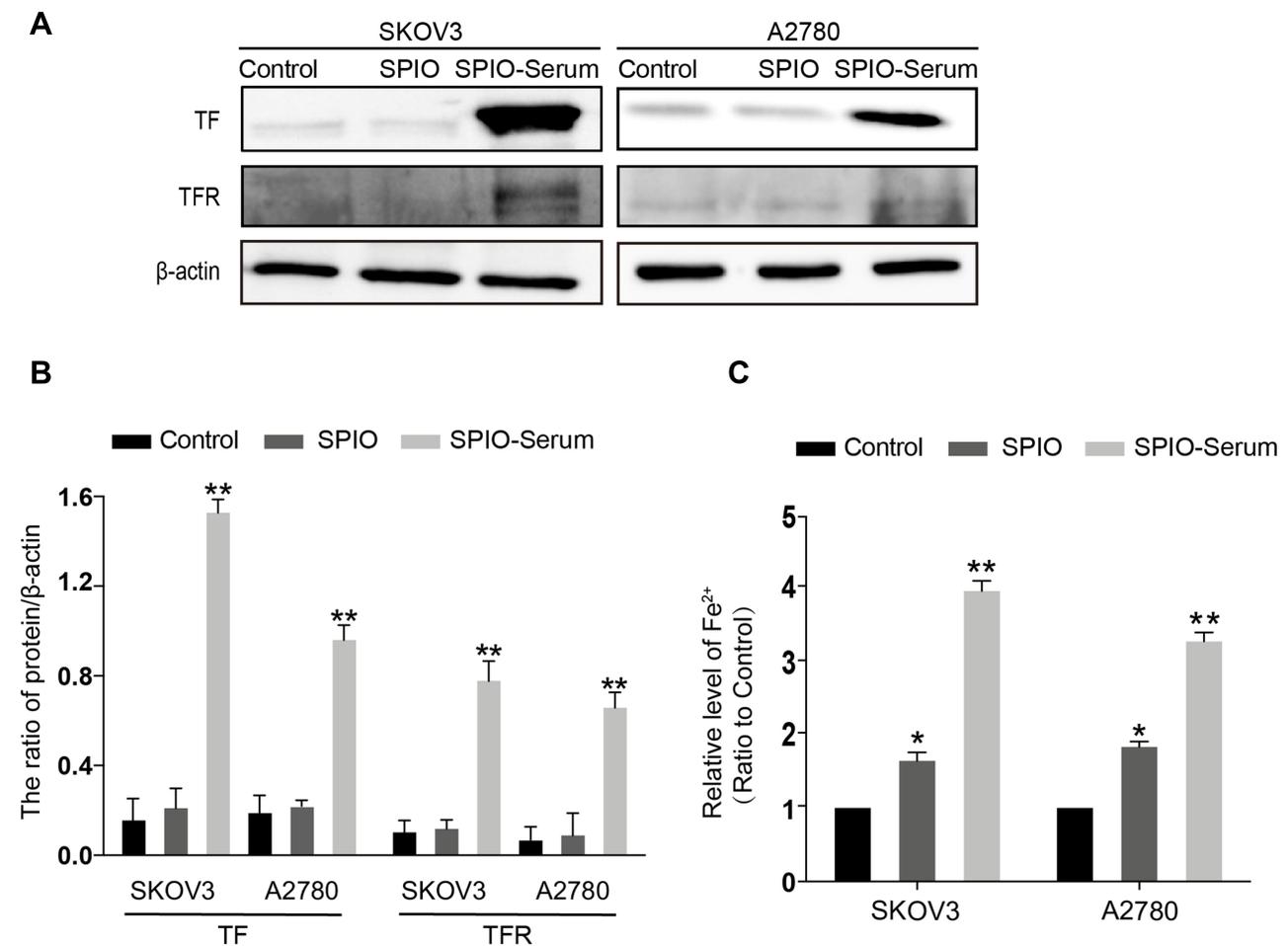


**Figure 3** Ferroptosis of ovarian cancer cells induced by SPIO-Serum. **(A)** Optical microscopy images showed pre-treatment with DFO (40 mM) and Fer-1 (50 nM) for 30min, mitigated the effect of SPIO-Serum on ovarian cancer cell death (Scale bar: 40  $\mu$ m). **(B and C)** Quantitative measurement of cell viability. The MTT assay results suggested that pre-treatment with 40 mM DFO **(B)** and 50 nM Fer-1 **(C)** for 30 min, reduced the effect of SPIO-Serum on ovarian cancer cells death. **(D)** Total iron levels for 24 h. The results showed that pre-treatment with DFO (40 mM) inhibited the ovarian cancer cells incorporated SPIO nanoparticles. **(E)** Ovarian cancer SKOV3 and A2780 cells were treated with erastin or SPIO-Serum for 24 h. MTT assay result showed that pre-treatment with Fer-1 (50 nM) for 30 min, mitigated the effect of SPIO-Serum or erastin on ovarian cancer cells death. All data presented the mean  $\pm$  SD (n=3). \*P<0.05 vs control group.

**Abbreviations:** DFO, deferoxamine; Fer-1, ferrostatin-1.



**Figure 4** ROS levels in ovarian cancer cells induced by SPIO-Serum. **(A)** JC-1 was used to detect mitochondrial membrane potential in SKOV3 and A2780 cells. The data showed that SPIO-Serum reduced mitochondrial membrane potential. **(B)** ROS probe DCFH-DA was used to detect the ROS levels inside ovarian tumor cells. The results revealed that the ROS levels increased in SKOV3 and A2780 after 24 h cultured with SPIO-Serum (100  $\mu$ g Fe/mL). **(C)** MitoSOX Red was used to detect the Mitochondria ROS of ovarian cancer after cultured with SPIO-Serum (100  $\mu$ g Fe/mL). The fluorescence microscopic images showed that mitochondrial ROS production increased by 100  $\mu$ g Fe/mL SPIO-Serum, while pretreatment with DFO (40 mM) or Fer-1 (50 nM) could mitigate this phenomenon (Scale bar: 10  $\mu$ m). **(D)** MDA assay kit was used to detect the generation of MDA. Following pre-incubation of ferroptosis inhibitors, DFO (40 mM) or Fer-1 (50 nM), cells were treated with SPIO-Serum (100  $\mu$ g Fe/mL). The results showed that both DFO and Fer-1 reduced MDA generation which activated by SPIO-Serum. **(E and F)** Western blot analyzed GPX4 and xCT expression in ovarian cancer cells SKOV3 and A2780 treated with SPIO-Serum. All data presented the mean  $\pm$  SD (n=3). \* $P$ <0.05 vs control group. \*\* $P$ <0.01 vs control group. **Abbreviations:** MDA, malonaldehyde; ROS, reactive oxygen species.



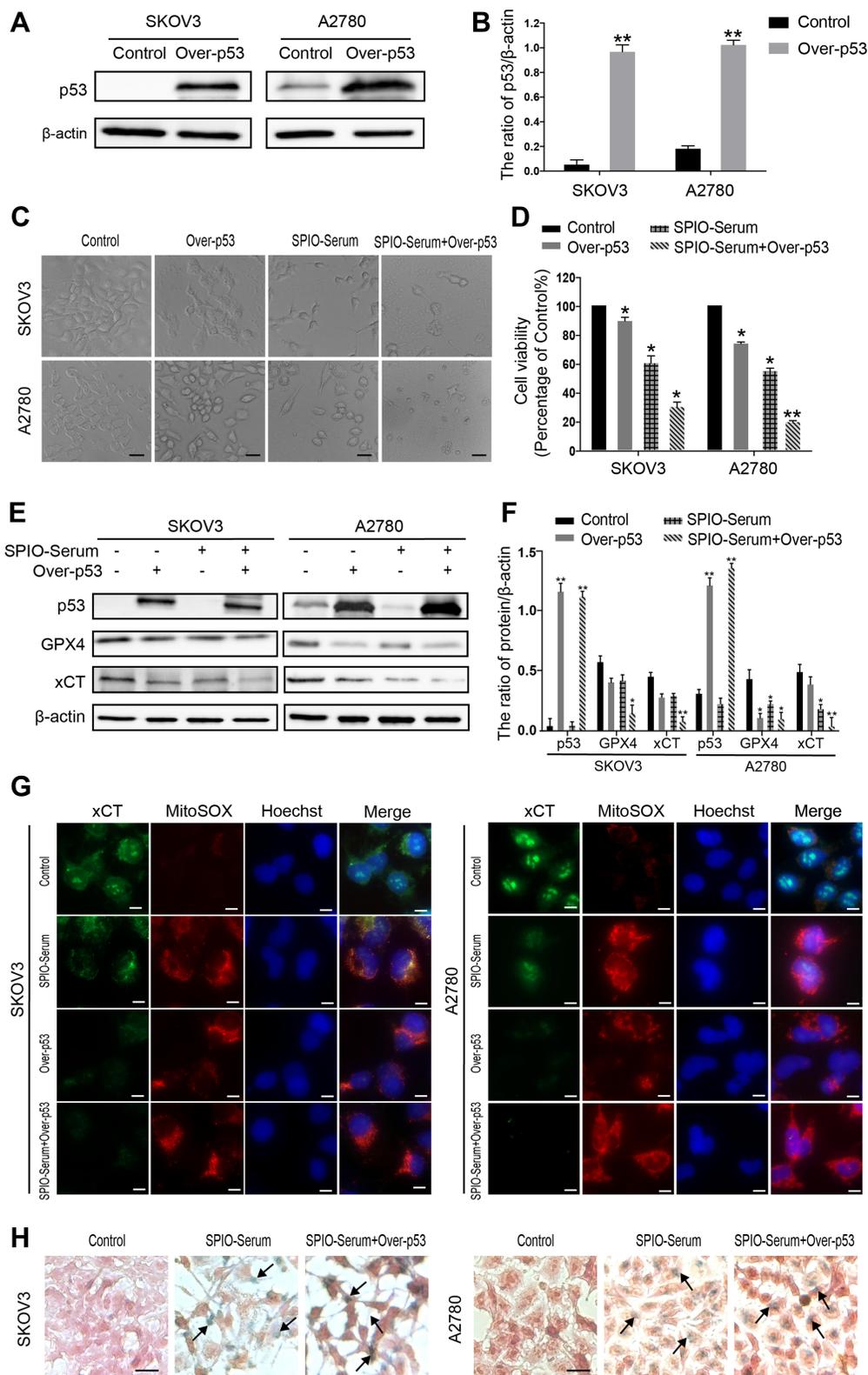
**Figure 5** Effect of SPIO and SPIO-Serum on TF, TFR and relative iron levels in SKOV3 and A2780 cells. (A and B) Cells were treated with SPIO or SPIO-Serum at 100  $\mu\text{g Fe}/\text{mL}$  for 24 h and quantitatively analyzed for TF and TFR by Western blot. (C) Total iron levels. All data presented the mean  $\pm$  SD (n=3). \* $P<0.05$  vs control group. \*\* $P<0.01$  vs control group.

**Abbreviations:** TF, transferrin; TFR, transferrin receptor.

## p53 and SPIO-Serum Synergistically Promoted Ferroptosis in Ovarian Cancer Cells

In order to explore synergistic interactions between p53 and SPIO-Serum, p53 was transfected in SKOV3 and A2780 cells. Western blot results showed that the expression of p53 was lower in SKOV3 and A2780 cells, but obviously higher in both transfected cells (Figure 6A and B). Light microscopy and MTT assay results indicated that the proliferation of ovarian cancer cells slightly reduced when overexpressed p53 or SPIO-Serum treated alone, suggesting that p53 synergistically worked with SPIO-Serum to induce ovarian cancer cell death (Figure 6C and D). Further support for these observations came from Western blot showed that the expression of ferroptosis-related proteins xCT and GPX4 in SKOV3 and A2780

cells were significantly down-regulated consistent with data in Figure 6A–D (Figure 6E and F). Subsequently, mitochondrial ROS and xCT expression were examined in ovarian cancer cells transfected p53 and treated with SPIO-Serum. As shown in Figure 6G, compared to single-agent groups, green fluorescence greatly reduced when transfected p53 prior to treatment with SPIO-Serum, indicating xCT expression further inhibited when p53 overexpression combined with SPIO-Serum. Consistently, red fluorescence from MitoSOX Red was significantly brighter in cells when transfected p53 prior to treatment with SPIO-Serum compared to single-agent and control groups. These data suggested p53 promoted human SPIO-Serum to accumulate excessive mitochondrial ROS (Figure 6G). Prussian blue staining results demonstrated that transfected p53 had no negative effect on the uptake of SPIO-Serum by ovarian cancer cells (Figure 6H).



**Figure 6** p53 promoted SPIO-Serum-induced ferroptosis. (A) Western blot detection of p53. (B) Quantification of p53 levels in SKOV3 and A2780 cells. (C) Light microscopy assessment of ovarian cancer cells survival (Scale bar: 20  $\mu$ m). (D) SKOV3 and A2780 cells were treated with p53 overexpression, 100  $\mu$ g Fe/mL SPIO-Serum, p53 overexpression combined with 100  $\mu$ g Fe/mL SPIO-Serum for 24 h, MTT assay was used to determine the cell viability. (E) SKOV3 and A2780 cells treated as indicated, Western blot was used to determine the ferroptosis-associated proteins xCT and GPX4. (F) p53, GPX4 and xCT levels. (G) xCT protein expression and mitochondrial ROS production were observed by fluorescence microscopy including control group, 100  $\mu$ g Fe/mL SPIO-Serum group, p53 overexpression group, and p53 overexpression combined with 100  $\mu$ g Fe/mL SPIO-Serum group (Scale bar: 10  $\mu$ m). (H) Prussian blue staining (Scale bar: 20  $\mu$ m). All data presented the mean  $\pm$  SD (n=3). \* $P$ <0.05 vs control group. \*\* $P$ <0.01 vs control group.

## Discussion

Iron-oxide-based nanomaterials were designed for application in anticancer therapies as they catalyze the production of ROS via the Fenton reaction. Here we identified and established an essential inducing role for SPIO-Serum in ferroptosis. Ferroptosis is an iron and ROS-dependent cell death pathway, distinct from apoptosis, various forms of necrosis, and autophagy in terms of its morphology, biochemistry, and genetics. Simultaneous increases in iron accumulation and ROS production result in the induction of ferroptosis. In our study, treatment with SPIO-Serum triggered the cell death which could be linked to mitochondrial ROS production, mitochondrial damage and was dependent on the accumulation of both iron and lipid peroxidation products. We found that our SPIO nanoworms reduced the viability of SKOV3 and A2780 cells after a 30 min pre-incubation in human serum. Notably, SPIO nanoworms and SPIO nanoworms incubated with fetal bovine serum had no significant effect on cell viability, which suggested that human serum promoted the uptake of SPIO nanoworms under certain conditions. We confirmed our hypothesis using both MACS isolation and Prussian blue staining. We then went on to perform additional experiments designed to help uncover the specific mechanism underlying the ability of human serum to promote SPIO nanoworm uptake and induce cell death in ovarian cancer cells (summarized in Figure 7).

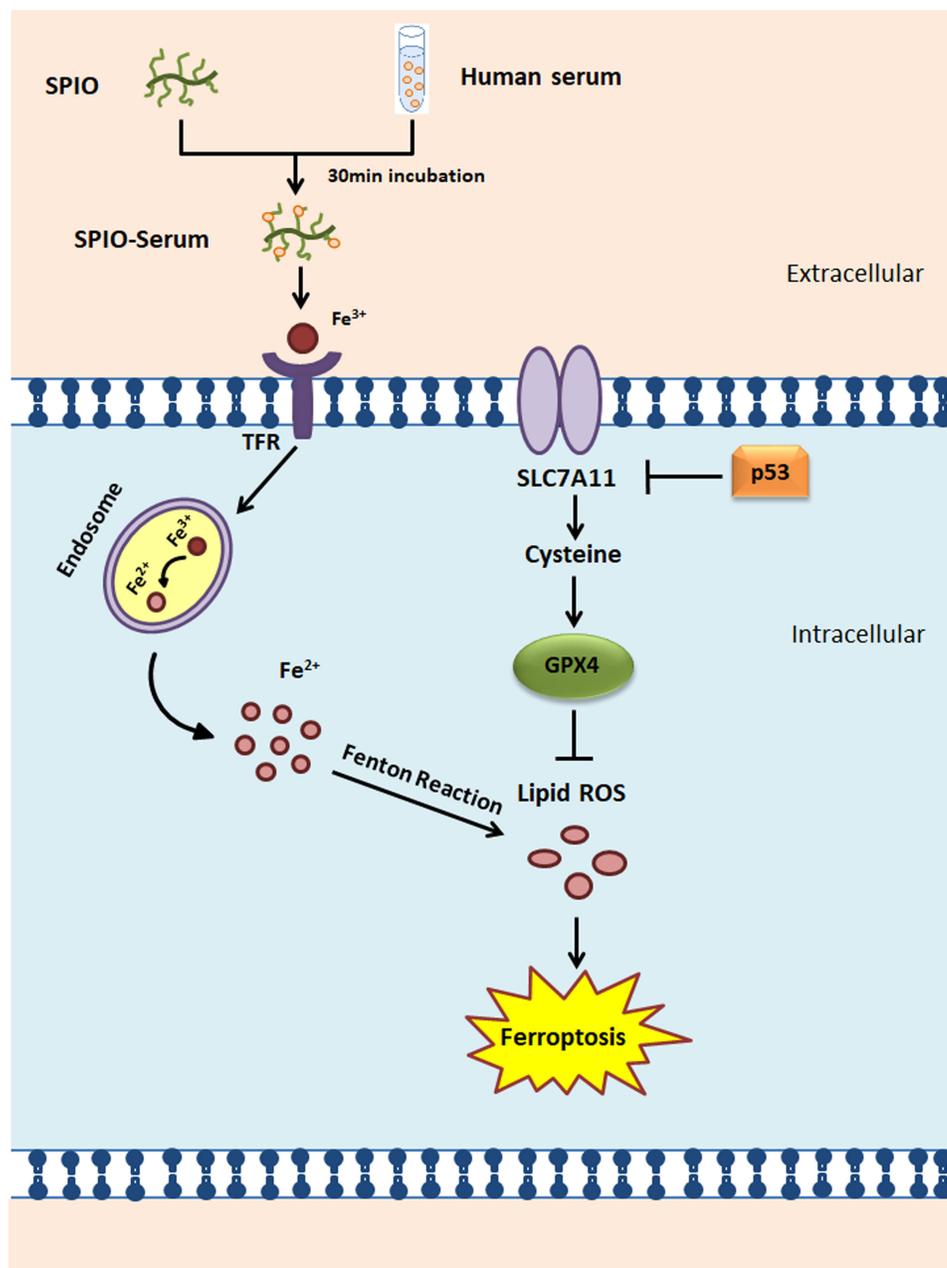
SPIO-Serum treatment was also shown to generate excessive lipid ROS in ovarian cells which could be reversed by DFO or Fer-1 pre-treatment. After internalization, SPIO nanoparticles were degraded into ferrous. Catalyzed by ferrous, H<sub>2</sub>O<sub>2</sub> is converted into highly reactive hydroxyl or superoxide radicals through Fenton reaction.<sup>41</sup> Representative TEM images showed that SPIO-serum treatment resulted in the disappearance of the mitochondrial cristae and the rupture of the outer mitochondrial membrane in a time-dependent manner. These morphological characteristics were consistent with ferroptosis but significantly different from regular apoptosis. This suggested that the uptake of SPIO nanoworms dysregulated the antioxidant defense system in the mitochondria resulting in the excessive accumulation of iron and ROS-mediated mitochondrial damage. Abnormal increases in intracellular iron is believed to be the primary factor in ferroptosis. TF and TFR internalize the transferrin-iron

complex, transporting extracellular Fe<sup>3+</sup> into the cell. In this study, Western blot showed that both TF and TFR expression levels were up-regulated during ferroptosis and induced by SPIO-Serum. Iron assays verified that SPIO-Serum treatment increased intracellular iron concentrations in ovarian cells. By contrast, neither the levels of TF and TFR nor the intracellular iron concentration was significantly changed when ovarian cancer cells were treated with SPIO or SPIO-FBS. This suggested that its incubation with human serum helped SPIO to increase the expression of TF and TFR thereby increasing its uptake in ovarian cancer cells.

Iron-induced lipid peroxidation is thought to be the key regulating factor in ferroptosis, and is also one of the criteria used to identify ferroptotic events. We found that SPIO-Serum down-regulated the expression of SLC7A11 and GPX4, resulting in the increased production of lipid peroxides in treated cells. SPIO-Serum treatment triggered ferroptosis disrupting the intracellular REDOX balance in these cells suggesting that the accumulation of ROS and the development of imbalances in iron homeostasis were interdependent events.

In addition, our results demonstrated that p53 expression promoted SPIO-Serum-induced ferroptosis. p53 plays an important tumor-suppressive function by mediating cell cycle arrest, apoptosis, and senescence. There is increasing evidence that p53 plays a pivotal role in ferroptosis,<sup>40</sup> and our results suggested that a combination of p53 overexpression and SPIO-Serum treatment greatly inhibits the proliferation of ovarian cancer cells. In addition, our data suggested that p53 inhibited the expression of xCT, a key mediator in the cysteine/glutamate reverse transportation system critical for sensitivity to ferroptosis. Moreover, p53 expression aggravated glutathione depletion by inhibiting xCT and promoted SPIO-Serum-induced accumulation of intracellular lipid peroxidation products thus aiding the development of SPIO-Serum-induced ferroptosis. On the other hand, Prussian blue staining showed that transfection with p53 or p53 in combination with SPIO-Serum did not negatively affect the uptake of iron nanoparticles by the ovarian cancer cells.

In summary, our study demonstrated that SPIO-Serum induced cell death was facilitated by ferroptosis. SPIO-Serum induced ferroptosis by disrupting iron metabolism and mitochondrial and redox homeostasis, and appeared to be promoted by increased p53 expression. This research provides a theoretical basis for the development of iron



**Figure 7** Schematic representation of SPIO-Serum-induced ferroptosis in ovarian cancer cells.

nanomaterials as novel tumor therapeutic drugs and may herald a new dawn for clinical anti-tumor treatments.

## Conclusion

In conclusion, we presented an iron-based nanoparticles application inefficient tumor inhibition. Our results showed that the viability of ovarian cancer cells was effectively inhibited when treated with SPIO nanoworms pre-incubated with human serum. SPIO-Serum increased intracellular iron content, lipid peroxidation, and ultimately

inducing ferroptosis in p53 promoting process in ovarian cancer cells.

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## Disclosure

The authors declare no conflicts of interest in this work.

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