

Lymphovascular Invasion as a Prognostic Factor in Non-Metastatic Adenocarcinoma of Esophagogastric Junction After Radical Surgery

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Purpose: Tumors with lymphovascular invasion (LVI) are thought to be associated with lymph node metastasis and to lead to a worse prognosis. However, the effect of LVI on the prognosis of adenocarcinoma of esophagogastric junction (AEG) is still unclear.

Patients and Methods: We retrospectively analyzed 224 consecutive patients with non-metastatic AEG who underwent radical surgery in our hospital from 2004 to 2018. Inverse probability weighting (IPW) analysis was used to eliminate the selection bias. IPW-adjusted Kaplan–Meier curves and Cox proportional hazards models were used to compare disease-specific survival (DSS) and overall survival (OS) between patients with and without LVI.

Results: A total of 224 patients with non-metastatic AEG who underwent radical resection were included in the study and 96 (42.9%) patients developed LVI. Survival analysis showed that LVI were associated with worse DSS (hazard ratio (HR) = 3.12; 95% CI: 1.93–5.03) and worse OS (HR = 2.33; 95% CI: 1.61–3.38). The results were consistent across subgroups stratified by pathologic N stage. Subgroup analysis demonstrated that Siewert type III (HR = 3.20, 95% CI: 1.45–7.06) was associated with worse DSS, but not Siewert type I/II (HR = 1.46, 95% CI: 0.94–2.31, P-interaction=0.047).

Conclusion: LVI are associated with worse prognosis in AEG. LVI had a worse effect on DSS in Siewert type III AEG than Siewert type I/II AEG.

Keywords: lymphovascular invasion, adenocarcinoma of esophagogastric junction, risk factor, overall survival, disease-specific survival

Introduction

Adenocarcinoma of esophagogastric junction (AEG) is a tumor located in the area 5 cm above and below the esophagogastric junction (EGJ) and crossing or involving the EGJ.¹ In the past few decades, the incidence of AEG has been on the rise in both western and eastern countries,^{2–4} and the proportion of AEG in esophageal and gastric cancer is also on the rise.³ EGJ is the junction of the tubular esophagus and the stomach. When tumors invade or cross the EGJ, the clinicopathological features of the tumors may not only integrate the characteristics of esophageal and gastric cancer but also be different from them. For example, previous studies have found that the Lauren type, lymph node metastasis and tumor differentiation are prognostic risk factors for esophageal cancer and gastric cancer, and these prognostic factors have also been confirmed in AEG.^{5,6} However, the TMN staging of AJCC/UICC 8th edition unified the staging of esophageal cancer and gastric cancer according to the distance between the tumor center and EGJ. AEG can be

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considered a subtype of adenocarcinoma of the lower esophagus or the stomach, but there is still something special about it.

The incidence of lymphovascular invasion (LVI) of AEG appears to be higher than that of esophageal and gastric cancers.⁷ The incidence of LVI is 15.7%-50.4% in esophageal cancer,⁸⁻¹⁰ 12.9%-27.8% in gastric cancer¹¹⁻¹³ and as high as 49.9% to 77.6% in AEG.^{6,7,14} LVI is considered to be a risk factor for metastasis and recurrence in esophageal and gastric cancer.^{8,11,15-17} Most studies have focused on the impact of LVI on lymph node metastasis rather than as an independent risk factor for prognosis. It has been reported in a previous study that LVI were an independent risk factor for prognosis of some tumors.^{11,18,19} However, whether the influence of LVI on AEG in long-term survival is still not well answered and remained controversial.^{14,20,21}

There are few reports on whether LVI affect long-term survival in AEG. Therefore, the objective of our study was to investigate occurrence of LVI and their impact on overall survival and disease-specific survival in AEG.

Patients and Methods

Patients

We retrospectively collected the clinicopathological data of patients with non-metastatic AEG who received radical surgical resection in Guangdong Provincial People's Hospital from January 2004 to November 2018. Inclusion criteria: (1) tumor that had invaded or crossed the EGJ; (2) pathological diagnosis of adenocarcinoma; (3) no distant metastasis; (4) radical surgery; (5) complete clinicopathological data available; (6) follow-up data available. Exclusion criteria: (1) tumor did not invade or cross the EGJ; (2) pathologic diagnosis was squamous cell carcinoma or adeno-squamous carcinoma; (3) Siewert type could not be determined; (4) patient was unwilling or unable to participate in follow-up. All clinicopathological data were extracted from the hospital inpatient management system.

Pathologic Evaluation

The clinicopathological data included age, sex, Siewert type, LVI, tumor size, degree of tumor differentiation, pathological T stage, pathological N stage, immunohistochemical Her2 expression and Ki67 status. Hematoxylin & eosin (HE) staining was performed to evaluate the presence of venous invasion, and IHC stain for D2-40 was

performed using a mouse monoclonal antibody against human lymphatic endothelium antigen to evaluate lymphatic invasion. Tissue slides of each patient were reviewed by pathologists to ensure a LVI present or absent. The tumors were classified by the Siewert classification,²² which was divided into types I, II and III based on the patient's gastroscopy, computed tomography, digestive tract radiography and postoperative pathological data. Pathological T staging and N staging were based on the TNM staging standards of the AJCC and UICC 8th edition. Siewert type I and Siewert type II refer to stages of esophageal cancer,²³ and Siewert type III refers to stages of gastric cancer.²⁴ Her2 was defined as positive when the immunohistochemistry outcome was 3+ and above. The lymph node ratio was defined as the number of positive lymph node metastases divided by the total number of lymph nodes removed during the operation.

Follow-Up

We conducted regular postoperative follow-up using outpatient services, telephone calls and communication software every 3 months for the first 2 years, every 6 months for the 3rd to 5th years, and every 1 year after the 5th year. Disease-specific survival (DSS) associated with the cancer and overall survival (OS) were defined, respectively, as the period from the date of surgical treatment to the date of tumor death and death from any cause or the last date of follow-up. We reconfirmed the survival status of all patients in November 2019.

Statistical Analyses

Continuous variables are expressed as the mean \pm SD, and categorical variables were reported as frequencies with percentages. Student's *t* test or the Mann-Whitney test was used for intergroup comparisons of continuous variables, whereas the χ^2 test or Fisher's test was used to compare categorical data. Variables with statistically significant differences in chi-square analysis ($P < 0.1$) were included in the multivariate logistic regression analysis. The statistical analysis was performed using SPSS software, version 25.0 (SPSS, Chicago, IL, USA).

In order to eliminate the selection bias and the effect of pN stage, which was highly correlated with LVI in the effect on DSS and OS, we adjusted the characteristics of the group with and without LVI by using the inverse probability weighting (IPW) method. Adjustment variables included age, sex, tumor size, Siewert type, degree of differentiation, pT stage, pN stage, lymph node ratio,

Her2 expression, Ki67%, preoperative and postoperative chemotherapy and surgical approach, all of which might have been correlated with tumor prognosis. The median follow-up time was calculated by the reverse Kaplan-Meier method. IPW-adjusted Kaplan-Meier curves and the Cox proportional hazard model were used to compare DSS and OS between two groups. The Cox proportional hazard model was used to compare DSS and OS with or without LVI in subgroup analyses of sex, Siewert type, tumor differentiation, pT stage and pN stage. We also conducted an interaction test to assess the heterogeneity of effects across the subgroups. The above statistical analysis was done by using R, version 3.5.1 (R Core Team 2019, Vienna, Austria). The IPW adjustment was conducted using the “survival” packages. All P values are 2-sided. A P value of <0.05 was considered statistically significant.

Results

Study Population Features

A total of 224 patients with non-metastatic AEG who underwent radical resection were included in the study. The clinicopathological features are shown in Table 1. The study population included 166 males and 58 females. The average age of the patients was 62.8 years, ranging from 30 to 86 years. A total of 136 (60.7%) were Siewert type I and type II, and 88 (39.3%) were Siewert type III. All Siewert type I AEG patients underwent a transthoracic surgery. 71% of type II AEG patients received a transthoracic surgery and 29% of type II AEG patients underwent transhiatal surgery. Twenty-three (10.3%) patients received preoperative chemotherapy, and 89 (39.7%) patients received postoperative adjuvant chemotherapy.

Baseline Characteristics in Unadjusted and IPW Adjusted Data

There were 96 (42.9%) patients with LVI and 128 (57.1%) patients without LVI. Age, tumor size, Siewert classification, degree of differentiation, pT stage, pN stage, Her2 expression, and lymph node ratio were different between the two groups, as shown in Table 1 ($P < 0.1$). The LVI group exhibited younger age, larger tumors, a higher proportion of Siewert type III tumors, lower differentiation degree, higher pT and pN stages, lower Her2 expression, and higher lymph node ratio. After IPW adjustment for age, sex, tumor size, Siewert type, degree of differentiation, pT stage, pN stage, lymph node ratio, Her2 expression, Ki67%, preoperative and

postoperative chemotherapy and surgical approach, the standardized difference (SD) for all characteristics was < 0.1 , indicating that the weighted population in the 2 groups was subsequently comparable, as shown in Table 1. Binary multivariate logistic regression analysis showed that Siewert type III, pN stage, and lymph node metastasis were risk factors for the occurrence of LVI. The odds ratios (ORs) (95% confidence intervals (95% CIs)) were 2.08 (1.02–4.25), 2.25 (1.05–4.82) and 1.04 (1.02–1.06), respectively, as shown in Table 2.

DSS for AEG Patients with or Without LVI

The median follow-up time of DSS was 48 months, with a 95% CI of 39.3–56.7 months. The median DSS survival age in the unweighted study population was 87 months, with a 95% CI of 71.8–102.2 months. The 1-year, 3-year, and 5-year DSS of patients with LVI was 83.7%, 57.3% and 40.3%, respectively, and 96.8%, 86.6% and 70.2% in patients without LVI, respectively. The difference in survival between the two groups in the unweighted study population was statistically significant ($P < 0.001$, Figure 1A). There was still a significant difference in survival between the two groups in the weighted study population ($P = 0.025$, Figure 1B). In the regression analysis of Cox proportional risk adjusted by IPW, LVI were associated with poor DSS (HR = 3.12; 95% CI: 1.93–5.03).

OS for AEG Patients with or Without LVI

The median follow-up time of OS was 64 months, with a 95% CI of 59.4–69.6 months. The median OS in the unweighted study population was 54 months, with a 95% CI of 44.8–63.2 months. The 1-year, 3-year, and 5-year OS of patients with LVI was 79.6%, 46.9% and 27.9%, respectively, and 92.9%, 76.3% and 48.2% in patients without LVI, respectively. The difference in survival between the two groups in the unweighted study population was statistically significant ($P < 0.001$, Figure 1C). There was still a significant difference in survival between the two groups in the weighted study population ($P = 0.037$, Figure 1D). In the regression analysis of Cox proportional risk adjusted by IPW, LVI were associated with poor OS (HR = 2.33; 95% CI: 1.61–3.38).

Subgroup Analysis

We conducted a subgroup analysis of sex, Siewert type, tumor differentiation, pT stage and pN stage (Figures 2 and 3). LVI were associated with a significantly poorer

Table I Baseline Characteristics of AEG Patients with or without LVI in Unweighted and Weighted Study Population

	Number of Patients (%) (N=224)	Unweighted Study Population, NO. %			SD	Weighted Study Population, %		
		LVI(+) (n=96)	LVI(-) (n=128)	P		LVI(+) (n=96)	LVI(-) (n=128)	SD
Age(years), SD	62.8±9.6	61.1±9.4	64.0±9.5	0.022*	0.311	62.6±9.9	62.6±10.1	0.005
Sex								
Male	166 (74.10)	72 (75.0)	94 (73.4)	0.792	0.036	71.1	73.2	0.068
Female	58 (25.90)	24 (25.0)	34 (26.6)			29.9	26.8	
Tumor size (cm), SD	5.0±2.2	5.4±2.0	4.8±2.3	0.043*	0.277	4.9±1.9	5.1±2.5	0.091
Siewert type								
I+II	136 (60.71)	49 (51.0)	87 (68.0)	0.010*	0.312	66.0	66.7	0.016
III	88 (39.29)	47 (49.0)	41 (32.0)			34.0	33.3	
Differentiation								
Moderate-high	110 (49.11)	36 (37.5)	74 (57.8)	0.008*	0.415	49.5	51.3	
Low	114 (50.89)	60 (62.5)	54 (42.2)			50.5	48.7	0.037
pT stage								
T1-2	41 (18.30)	9 (9.4)	32 (25.0)	0.003*	0.407	15.9	18.9	0.078
T3-4	183 (81.70)	87 (90.6)	96 (75.0)			84.1	81.1	
pN stage								
pN0-1	124 (55.36)	29 (30.2)	95 (74.2)	<0.001*	0.981	61.5	58.6	0.078
pN2-3	100 (44.63)	67 (69.8)	33 (25.8)			38.5	42.4	
Her2								
Negative	113 (50.45)	73 (76.0)	82 (64.1)	0.055	0.204	66.8	68.9	0.043
Positive	111 (49.55)	23 (24.0)	46 (35.9)			33.2	31.1	
Ki67 (%), SD	59.6±22.7	59.5±22.5	58.7±23.0	0.967	0.007	58.8±22.3	60.0±23.1	0.052
LN ratio (%), SD	24.3±26.5	39.4±27.9	13.0±18.6	<0.001*	1.114	24.2±25.9	22.6±26.0	0.064
Surgical approach								
Transabdominal	160 (71.4)	73 (76.0)	87 (68.0)	0.149	0.254	72.5	70.3	0.081
Transthoracic	57 (25.4)	22 (22.9)	35 (27.3)			23.4	26.4	
Other	7 (3.1)	1 (1.1)	6 (4.7)			4.2	3.3	
Neoadjuvant								
Yes	23 (10.26)	11 (11.5)	12 (9.4)	0.611	0.068	9.5	10.0	0.016
No	201 (89.74)	85 (88.5)	116 (90.6)			90.5	90.0	
Adjuvant								
Yes	89 (39.73)	40 (41.7)	49 (38.3)	0.608	0.069	38.5	39.3	0.017
No	135 (61.27)	56 (59.3)	79 (61.7)			61.5	60.7	

Notes: SD Standardized Difference; *P<0.05.

Table 2 Multivariable Logistic Regression Model Predicting with or Without LVI in the Unweighted Study Population

	OR	95% CI	P
Age	0.98	0.95–1.02	0.318
Siewert type			
I+II	I	I	
III	2.08	1.02–4.25	0.045*
Tumor size(cm)	1.13	0.96–1.36	0.134
pT stage			
pT1-2	I	I	
pT3-4	1.50	0.56–4.01	0.421
pN stage			
pN0-1	I	I	
pN2-3	2.25	1.05–4.82	0.038*
Differentiation			
Moderate-high	I	I	
Low	1.31	0.67–2.56	0.431
Her2			
Negative	I	I	
Positive	1.04	0.54–2.08	0.877
LN ratio (%)	1.04	1.02–1.06	<0.001*
Neoadjuvant	1.09	0.37–3.24	0.878

Note: *P<0.05.

DSS across differentiation and pN stage subgroups and a significantly poorer OS across sex, Siewert type, differentiation, pT and pN stage subgroup (P-interaction>0.05). Subgroup analysis according to Siewert type demonstrated that Siewert type III (HR= 3.20, 95% CI: 1.45–7.06) was associated with worse DSS, but not Siewert type I/II (HR= 1.46, 95% CI: 0.94–2.31, P-interaction=0.047).

Discussion

In recent years, due to the increasing incidence of AEG, it has attracted much attention and has been classified by the UICC as a distinct tumor category from esophageal cancer and gastric cancer. A deeper understanding of AEG will benefit to precision therapy.

In this single-institution series of 224 AEGs, 42.9% of AEG patients had LVI. Siewert Type I/II AEG is often considered to be distal adenocarcinoma of esophageal cancer, while Siewert Type III is considered to be similar to gastric cancer, but its incidence of LVI seems higher than that of esophageal cancer and gastric cancer.^{8,11} LVI

is thought to precede or occur coincidentally with lymph node metastasis. This is reflected by the correlation between LVI and pN and pT stage, lymph node ratios in our study. Our analysis clearly shows that LVI is associated with more tumor pathology, as tumor location and tumor size. Multivariate analysis confirmed that Siewert classification and lymph node metastasis were confirmed highly related to LVI.

Siewert type III AEG is more prone to developing LVI. We found that the incidence of LVI in Siewert type III tumors (53.4%) was higher than in Siewert type I/II (36%), which is consistent with previous data.⁷ The risk of developing LVI in Siewert type III AEG was 2.08 times higher than in Siewert type I/II (OR 2.08, 95% CI: 1.02–4.25). One potential explanation for the discrepancies between AEG I/II and AEG III is that the pathogenesis of these tumor entities is markedly different. Siewert type III tumors are thought to be associated with chronic atrophic gastritis²⁵ and involve no reflux. Therefore, mucosal atrophy is more likely to occur in Siewert type III.⁷ Chronic atrophic inflammation causes the gastric folds to become thin and flat, the mucus decreases, the mucosa becomes thinner, and sometimes the mucosal vessels can be seen through. On this mucosal background, tumor cells are more likely to invade the lymphovascular vessel and develop LVI. Comparatively, Siewert type I/II tumors are thought to be associated with gastroesophageal reflux disease and Barrett's esophagus,²⁶ which might result in stepwise degradation of lymphatic vessels.¹⁴ In addition, its pathological changes are mainly metaplasia and hyperplasia. Tumor cells seem to have more difficulty penetrating the proliferating epithelium into the lymphovascular vessel.

LVI is also generally considered impact on lymph node metastasis in esophageal cancer,^{8,27} gastric cancer¹¹ and AEG.²⁸ In this study, the risk of LVI was increasing with the pN stage (OR: 2.25, 95% CI: 1.05–4.82) and lymph node ratios (OR: 1.04, 95% CI: 1.02–1.06). In the process of tumor development, the tumor intrudes into the lymphovascular vessel, and the tumor cells invade the lymphovascular vessel to metastasize to regional lymph nodes or distant sites. At this tumor stage, to some degree, the presence of LVI indicates the risk of metastasis, while lymph node metastasis also indicates the possible existence of LVI. In the early stage of cancer, if the lymph node metastasis is negative in clinical diagnosis, the absence of LVI is an important condition for the decision on endoscopic resection.^{11,29}

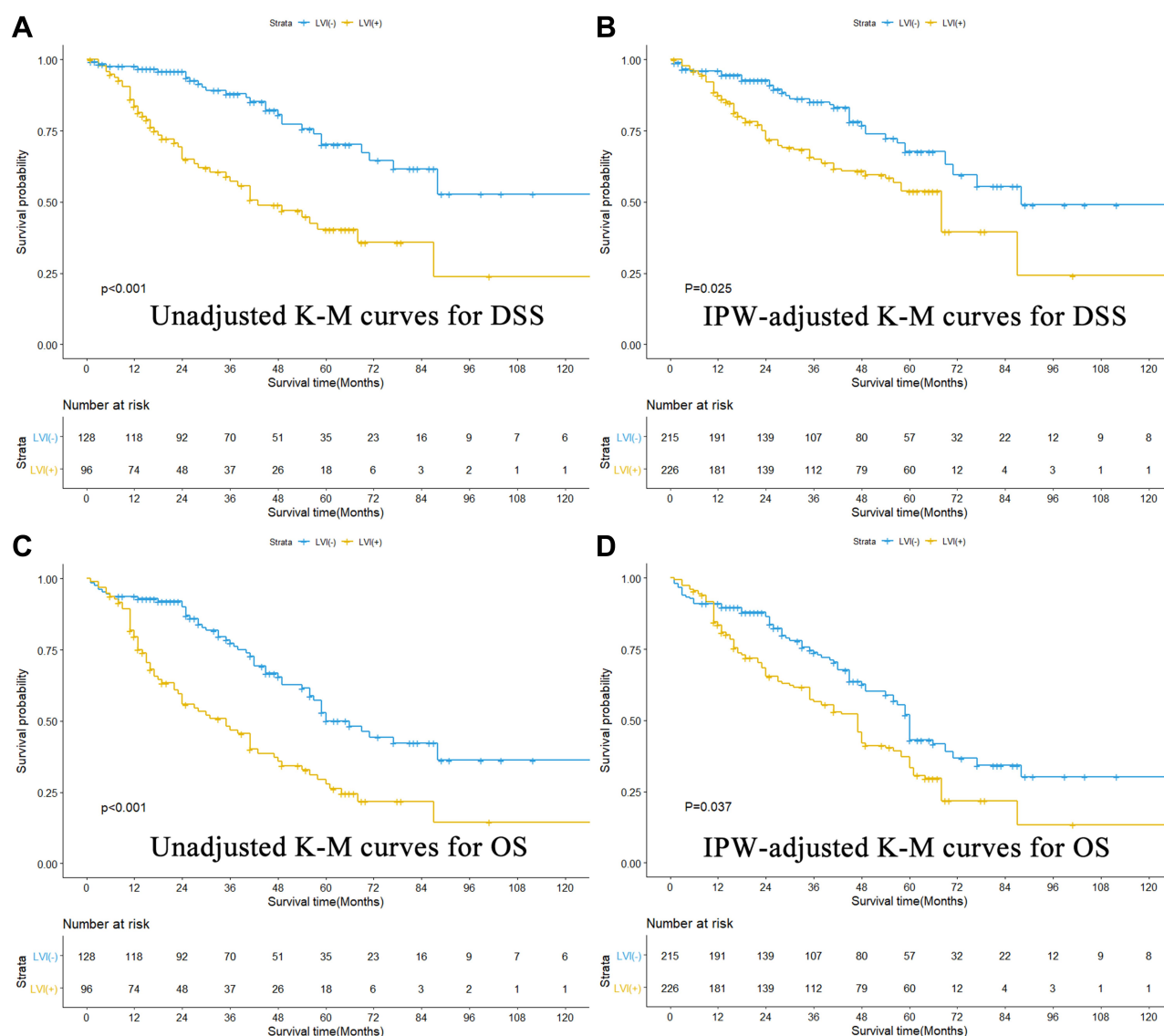


Figure 1 Unadjusted and IPW-adjusted Kaplan–Meier analysis of disease-specific survival (DSS) and overall survival (OS) in patients with non-metastatic adenocarcinoma of esophagogastric junction after radical surgery. **(A)** Unadjusted K-M curves for DSS. **(B)** IPW-adjusted K-M curves for DSS. **(C)** Unadjusted K-M curves for OS. **(D)** IPW-adjusted K-M curves for OS.

According to previous studies, LVI is an independent risk factor for prognosis of esophageal and gastric cancer.^{11,19,30} Similar to esophageal and gastric cancer, is LVI an independent risk factor for long-term survival of AEG? Burkhard et al¹⁴ demonstrate the prognostic significance of LVI in patients with AEG tumors, with marked differences between the subgroups AEG I versus AEG II/III. But in another study, LVI were not predictive for overall survival.²¹ Besides, Sjoerd et al²⁰ considered LVI as a “considerable” prognosis risk factor but not a “strong” factor. Our results support LVI as an independent prognostic factor in AEG. We used IPW analysis not normally Cox multivariate regression analysis to avoid the

interaction of lymph node metastasis. IPW-adjusted survival analysis showed that LVI were associated with worse DSS (hazard ratio (HR) = 3.12; 95% CI: 1.93–5.03) and worse OS (HR = 2.33; 95% CI: 1.61–3.38). Most results of the subgroup analysis in our study were consistent with the above survival results.

How does LVI impact on prognosis in an oncobiology sight? Previous research has revealed that tumor cells may have the ability to penetrate the walls of lymphovascular vessels in the early stages of cancer.³¹ Primitively, tumor invades lymphovascular vessels and then form cancer clusters. Both in animal models and in humans, cancer clusters can stimulate human

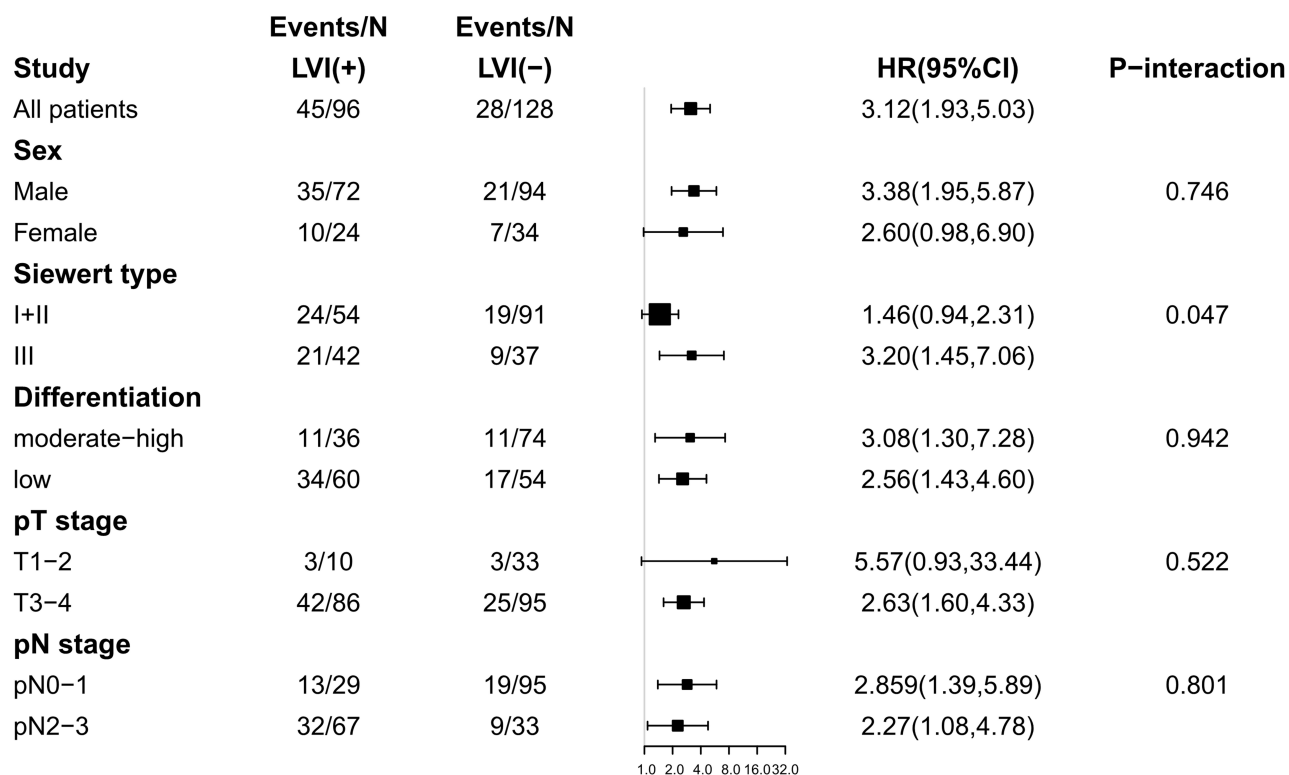


Figure 2 Forrest plot depicting IPW-adjusted HRs of DSS in the group of LVI(+) versus LVI(-) according to baseline covariates.

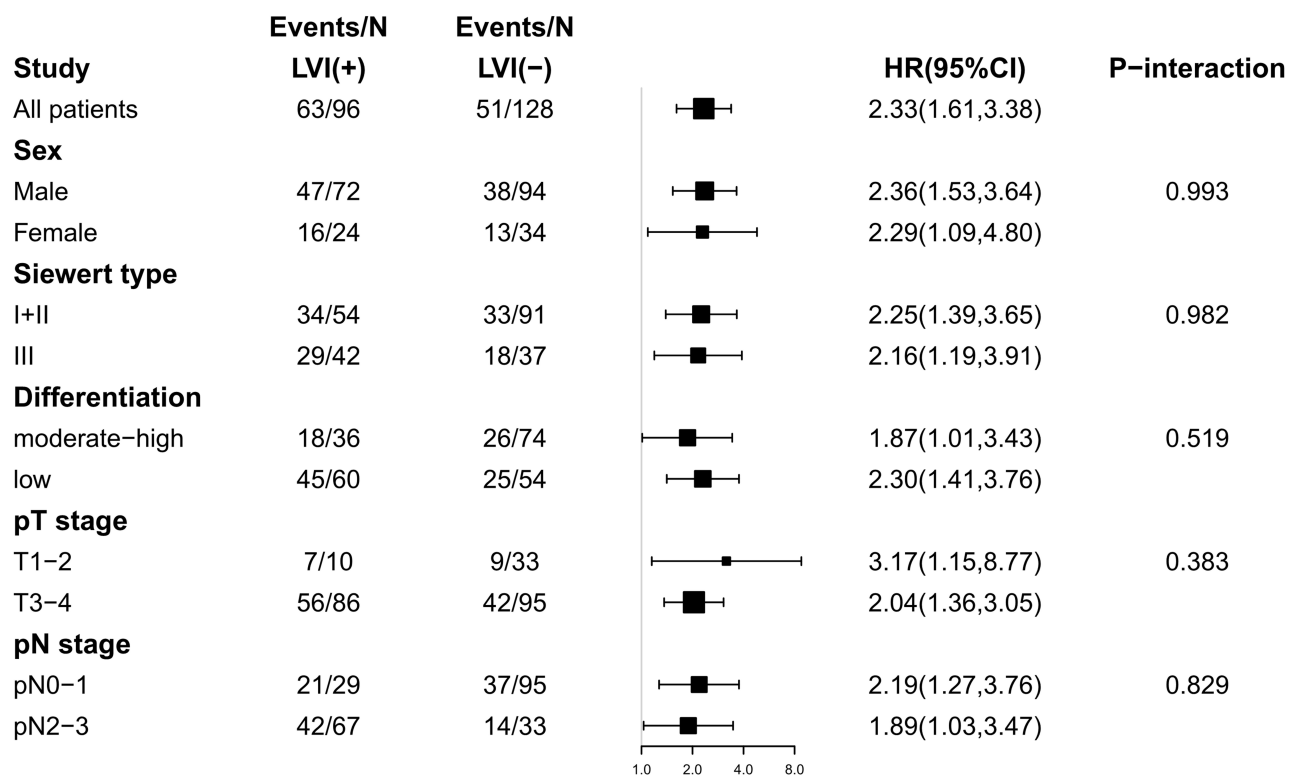


Figure 3 Forrest plot depicting IPW-adjusted HRs of OS in the group of LVI(+) versus LVI(-) according to baseline covariates.

myoepithelial cells or murine embryonal fibroblasts to engage in encircling lymphovasclogenesis, which allows the clusters to become lymphovascular emboli.³² This process is regulated by the overactivity of the E-cadherin/ α -catenin/ β -catenin axis,^{33,34} and the cells might express a cancer stem cell phenotype.¹⁸ Therefore, LVI biologically represents the progression of cancer and clinically indicates an adverse prognosis in AEG.

Finally, in subgroup analysis of survival, we found that DSS of Siewert type III tumors were more affected by LVI than of Siewert I/II (P-interaction<0.05). It was previously reported that LVI was an independent prognostic factor for Siewert II/III, while it was not significant in Siewert type I.¹⁴ This may suggest that the closer they are to the stomach, the greater the effect of LVI on prognosis, which may be related to the etiological mechanism of AEG.

Our study had some limitations. This was a single-institute, retrospective study with few cases and a selection bias. Because of the uneven distribution of cases, subgroup analysis may have been affected by the small number of cases in some subgroups, although most of the other results were not affected by the number of study cases.

Conclusion

In general, the occurrence of LVI is related to worse DSS and OS. Siewert type III tumors seem to be more prone to developing LVI and more effective on long-term survival. Therefore, when formulating treatment plans, LVI should be considered, especially for patients with Siewert type III AEG, and more cautious plans should be adopted.

Ethics Approval and Consent to Participate

The study was approved by the research ethics committee of Guangdong Provincial People's Hospital and was performed in accordance with the standards of the Declaration of Helsinki. Patients admitted to the hospital have signed informed consent forms stating that clinical data during hospitalization can be used for anonymous retrospective studies, and it has been approved by the hospital ethics committee.

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Author Contributions

All authors made substantial contributions to conception and design, acquisition of data, or analysis and interpretation of data; took part in drafting the article or revising it critically for important intellectual content; agreed to submit to the current journal; gave final approval of the version to be published; and agree to be accountable for all aspects of the work. Contributed equally to this manuscript: Chengbin Zheng and Xingyu Feng.

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Disclosure

All authors declare no conflicts of interest related to this article.

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