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ORIGINAL RESEARCH

## In vitro and in vivo Evaluation of Succinic Acid-Substituted Mesoporous Silica for Ammonia Adsorption: Potential Application in the Management of Hepatic Encephalopathy

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**Purpose:** Hepatic encephalopathy (HE) is a critical situation in which liver failure affects brain function. HE could result in a state of coma and death. The liver is the main organ for ammonium ion  $(NH_4^+)$  metabolism. Hence, acute and/or chronic liver failure could lead to hyperammonemia.  $NH_4^+$  is the most suspected neurotoxic agent in HE. Thus, finding new therapeutic options to decrease plasma and brain  $NH_4^+$  levels has a significant clinical value. Mesoporous silica (MS) particles have revolutionized many aspects of pharmaceutical sciences, including drug delivery systems. Moreover, recently, MS has been applied as agents for the detoxification of chemicals (eg, drugs and poisons).

**Methods:** First, MS particles containing amine groups (MS-NH<sub>2</sub>) were synthesized in cocondensation processes. Then, the structure was modified by succinic anhydride to have MS-SA. The MS-SA was characterized (FT-IR, XRD, X-ray photoelectron spectroscopy (XPS), DLS-Zeta FESEM-EDX, and HRTEM). Then, the potential of MS-NH<sub>2</sub> and MS-SA particles in adsorption of  $NH_4^+$  was investigated in vitro and in vivo. MS-NH<sub>2</sub> and MS-SA were incubated with increasing concentrations (0.1–10 mM) of  $NH_4^+$ , and the scavenging capacity of the investigated particles was evaluated. On the other hand, different doses (1 and 5 mg/kg per day) of nanoparticles were administered to a hyperammonemia animal model.

**Results:** It was figured out that both MS-NH<sub>2</sub> and MS-SA significantly scavenged  $NH_4^+$  in the in vitro model. However, the  $NH_4^+$  scavenging capability of MS-SA was more significant. Administration of MS-NH<sub>2</sub> and MS-SA also considerably decreased the level of ammonium in plasma and brain and improved cognitive and locomotor activity in hyperammonemic animals. The effects of MS-SA were more significant than MS-NH<sub>2</sub> in the HE animal model.

**Conclusion:** Collectively, our data suggest that MS particles, especially succinic acidfunctionalized MS, could act as special ancillary treatment in HE as a critical clinical complication.

Keywords: acute liver failure, ammonia, hyperammonemia, nanomedicine

#### Introduction

Nanotechnology is a new technology that deals with studies of materials at the atomic, molecular, and macromolecular in nanoscales. The biomedical application of nanoparticles is one of the major areas of interest in nanotechnology science.<sup>1</sup> In recent years, nanoparticles have been widely utilized in various fields of studies, specifically in nanomedicine. Nanopharmaceuticals are known as the emerging

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A unique type of MS material is Mobil-composition of matter/No.41 (MCM-41), which is synthesized in the presence of cetyltrimethylammonium bromide (CTAB).<sup>8</sup> MCM-41 provides excellent textual properties, such as equality of hexagonal cylindrical pores having good surface area, connectivity with different functional groups, temperature stability, high surface area, biocompatibility, uniform pore distribution. These types of particles have found vast arrays of applications recent finding as an antifibrillating agent of insulin.<sup>9</sup> In past years, various investigations have been carried out on the adsorption of heavy metals by mesoporous silica.<sup>10,11</sup> These studies resulted in the development of a novel application for MS materials in sensors,<sup>12</sup> catalysts,<sup>13</sup> drug delivery carrier,<sup>14</sup> gene delivery,<sup>15</sup> an adsorbent<sup>16,17</sup> and also as an antidote agent.<sup>13</sup> In this regard, Farjadian et al reported that EDTA modified MS could be potent antidote agents while assessed in vitro and in vivo in adsorption of iron<sup>18</sup> and copper.<sup>19</sup>

HE is a severe complication in which the ability of the liver for ammonium ion detoxification is impaired.<sup>20</sup> NH<sub>4</sub><sup>+</sup> is the most suspected toxic agent in HE. NH<sub>4</sub><sup>+</sup> is mainly derived from the gut because of the metabolic activity of gut bacteria,<sup>21</sup> while this molecule could also be produced by the catabolism of proteins in the body.<sup>22</sup> A high plasma level of NH<sub>4</sub><sup>+</sup> could affect the brain tissue.<sup>23</sup> Increased brain level of ammonium ion leads to impaired cognitive dysfunction, locomotor disturbances, coma, or even

patient death.<sup>24</sup> Hence, finding drugs to ador plasma ammonia could significantly improve HE-associated complications.

Conventional treatments for HE could be mentioned as the administration of non-absorbable disaccharides (lactulose), antibiotics (Rifaximin and Neomycin),<sup>25</sup> decreasing dietary protein intake,<sup>26</sup> Zinc supplementation,<sup>27</sup> L-ornithine and L-aspartate treatment,<sup>28</sup> and branchedchain amino acids administration.<sup>29</sup> On the other hand, some investigations such as Cristina et al, 2011 used nanoparticles (AST-120; Spherical Carbon Adsorbent) to remove ammonia in patients with HE.<sup>30</sup> Therefore, finding new therapeutic strategies could significantly decrease HEassociated complications.

The current study was designed to synthesize, characterize, and in vitro and in vivo evaluation of succinic acidsubstituted mesoporous silica for ammonia adsorption. The results might lead to the development of new therapeutic strategies against hyperanmonemia and HE as a severe clinical complication.

## Methods and Materials Materials

The sources of materials for each step are categorized here. For MS synthesis, tetraethoxysilane (TEOS), (3-aminopropyl) triethoxysilane (APTES), CTAB, and dimethyl-formamide (DMF) were purchased from Merck (German). Acetone, ammonia solution (25%), ethanol (98%), and Hydrochloric acid (HCl) were bought by the company Kimia-Mavad<sup>®</sup> (Iran). For in vivo, ammonium chloride (NH<sub>4</sub>Cl), sodium hypochlorite, and succinic anhydride (SA) were purchased from Alvand-Chem<sup>®</sup> (Iran). Potassium hydroxide, phenol and sodium citrate, sodium nitroprusside, and thioacetamide were purchased from Merck (Darmstadt, Germany).

## Synthesis of Amino-Functionalized Mesoporous Silica (MS-NH<sub>2</sub>)

The MS-NH<sub>2</sub> preparation method is summarized here.<sup>19</sup> Firstly, 4.8 g of CTAB (13.2 mmol) as a surfactant template was dissolved in 100 mL of deionized water. In the next step, 26 mL of ammonia was added to the above solution. Then 6.17 mL (27.9 mmol) of TEOS was slowly added, and subsequently, 0.74 mL (3.1 mmol) of APTES was added simultaneously to the stirring solution. The mixture was stirred for two hours to generate a white suspension. The suspension was filtered and washed (3x) with DI water/

ethanol and acetone, and then it was transferred into an oven at 60 °C for 24h. Finally, the CTAB was removed from white powder by refluxing in an acidic ethanol solution (6 mL HCl/400 mL ethanol) for 48 h at 90 °C.

### Synthesis of Succinic Acid-Functionalized Mesoporous Silica (MS-SA)

For synthesis MS-SA, first, 1 g of MS-NH<sub>2</sub> was dissolved in 20 mL of dimethylformamide and sonicated for 2 min, then 0.5 g (5 mmol) of succinic anhydride and 10 mL of dimethylformamide was slowly added and stirred at 50 °C for 24 h. Subsequently, the mixture was filtered and washed with ethanol (3 times). Finally, the resulting white powder was dried in an oven at 50 °C for two days.

# Characterization Techniques and Instrumentation

Diverse techniques performed the characterization of synthesized materials. Morphological characterization of the MS-SA was taken using HR-TEM by JEOL-2100F, 200 kV instrument (USA). To determine the size of MS-NH2 and MS-SA, FE-SEM carried out with the Zeiss Merlin PV, and EDX was done to determine the type and percentage of elements in the particles. Dynamic light scattering (DLS) was determined with a Microtrac instrument. Zeta-potential were performed in phosphate buffer (pH=7.4) with (ZETA-check<sup>®</sup>, Colloid Metrics GmbH, Germany). X-ray diffraction (XRD) was collected over the low-angle by tube voltage of 40 kV and 30 mA, to determine the crystal structure of the nanoparticle. The Bruker instrument compiled FT-IR spectra.

The N<sub>2</sub> adsorption-desorption isotherms were applied for surface area determination were measured by the Brunauer-Emmet-Teller (BET) method with the BEL Japan Inc. instrument. The XPS analysis was performed with an X-ray/8025-BesTec system using Al K $\alpha$  X-ray source (photon energy of 1486.6 eV). Bioimaging was performed with a KODAK In-Vivo Imaging System (Carestream Health, Inc).

### Determination of Ammonium Ion

The level of ammonium ion level in the in vitro model, as well as plasma ammonia (in vivo), was measured according to a reported procedure.<sup>31,32</sup> In summary, 100  $\mu$ L of the samples were added to a medium containing 720  $\mu$ L of deionized water, 40  $\mu$ L of sodium nitroprusside (5%), and 40  $\mu$ L of phenol (10%). Then, 100  $\mu$ L of oxidizing reagent

(4: 1 alkaline citrate and sodium hypochlorite) was added, and samples were stored at room temperature (1 h, without light). And eventually, after centrifuging the samples (15 min at 12,000 g), the color absorbance was measured at  $\lambda$ = 625 nm. For the determination of brain tissue ammonium level, 100 mg of rat brain tissue was weighed, homogenized, and added to 3 mL of trichloroacetic acidcooled lysis solution (6% w/v). Then, samples were centrifuged (15 min, 12,000 g for at 4 °C); in the next step, transfer 100 µL of supernatant to a pre-prepared medium (method in vitro). Finally, brain ammonia content was measured according to the protocol mentioned in the in vitro model and plasma ammonia.

### In vitro Ammonium Ion Scavenging Capability of MS-NH<sub>2</sub> and MS-SA

Ammonium chloride solutions (0.1, 1, 5, and 10 mM) were incubated in phosphate buffer (pH =7.4) at room temperature, with different concentrations of the MS-SA and MS-NH<sub>2</sub> (1 and 5 mg/mL) for 1, 2, and 3 hours. Ammonia concentration for each sample was measured, and the data were displayed as a percentage of adsorbed ammonia. The scavenging ability (%) was quantified by the following equation: scavenging ability (%) =  $\left[1 - \frac{Ai - Aj}{Ao}\right]^*$  100. Where Ai is the sample absorbance (MS-NH<sub>2</sub> and MS-SA complex), Aj is the background absorbance for the sample without ammonium, and Ao is the absorbance of the control.

## Preparation of Rhodamine-B-Labeled MS and Bioimaging of MS Nanoparticles in Rat

For labeling MS nanoparticles, rhodamine B was covalently conjugated to these particles as previously described (with some modifications).<sup>33</sup> Briefly, rhodamine B (0.06 mmol) was activated in in dimethylformamide (DMF) (4 mL) solution containing N-hydroxysuccinimide (0.12 mmol) and 1-ethyl-3-(3dimethylaminopropyl) carbodiimide (EDC) (0.06 mmol) for 30 min at room temperature and then MS-NH<sub>2</sub> was added and stirred vigorously for 24 h (25°C, in the dark). Afterward, samples were vacuum dried and washed with DMF to remove un-reacted rhodamine B. Finally; samples were filtered and dried again under vacuum. Rhodamine B-labeled MS was used for the bio-imaging. For this purpose, rhodamine-B labeled MS-NH<sub>2</sub> particles were administered to rats (10 mg/kg, oral), and animals were imaged at times of 0, 2, 6, 12, and 24 h post particle administration (Kodak In-Vivo F Pro Imaging System).

#### In vivo Evaluation of Ammonium Adsorption of MS-SA Animals

Male Sprague Dawley rats (200–250 g) were obtained from the Animal Breeding Center of Shiraz University of Medical Sciences, Shiraz, Iran. Rats were kept in polyethylene cages on wood-chip bedding in a typical environment (temperature of  $24\pm1$  °C, a cycle of light/ darkness, 12/12 h, and relative humidity  $\approx$ 40%). Animals had free access to a standard rodents' food (Royan Feed<sup>®</sup>, Esfahan, Iran) and tap water. Animals were handled according to the Shiraz University of Medical Sciences guidelines for care and use of laboratory animals approved by a local ethics committee at Shiraz University of Medical Sciences, Shiraz, Iran (Certificate # 98–01-05-19,528). Brain samples were obtained from rats.

### Animal Model of Acute Hepatic Failure and Hyperammonemia

Thioacetamide is extensively used for the induction of hepatic failure and hyperammonemia.<sup>34,35</sup> In the current study, thioacetamide was administered by intraperitoneal injection (200 mg/kg) to rats for three consecutive days.<sup>36</sup> After the induction of hepatic failure and HE (day 4) the treatment steps were as follows: 1) Control group (Vehicle-treated); 2) thioacetamide; 3) MS (1 mg/kg/h, three doses/day, every 2 h, oral,) + thioacetamide; 4) MS (5 mg/kg/h, three doses/day, every 2 h, oral,) + thioacetamide; 5) MS-SA (1 mg/kg/h, three doses/day, every 2 h, oral,) + thioacetamide; 6) MS-SA (5 mg/kg/h, three doses/ day, every 2 h, oral) + thioacetamide. The control group received normal saline. Behavioral tests were assessed on day 5 (24 h after the last dose of MS or MS-SA). And at the end, animals were anesthetized with thiopental (80 mg/kg, i. p) (Day 5), and blood and brain samples were collected.

### Motor Coordination Tests

All motor coordination and activity tests were done for each group five hours before animal anesthesia (80 mg/kg thiopental, i.p) and collected samples.

#### Rotarod Test

Animals underwent the rotarod test according to a previously reported protocol.<sup>3,4</sup> Briefly, rats were trained on a rotarod apparatus (5 min, three consecutive days) to get used to the environment. On the experiment day, each animal was tested three times in the rotarod system. The rotating rod speed was 5, 10, and 15 rpm with a stop time of 5min. The time that animals stayed on the rotating rod was measured.<sup>38,39</sup>

#### Open Field Test

This test was used as another test for assessing the locomotor activity in the hyperammonemic animals.<sup>40,41</sup> Briefly, the apparatus was constructed of a white wood box (100 cm long × 100 cm wide × 30 cm high, the box floor was divided into 25 squares of  $20 \times 20$  cm). The field was equipped with a webcam (Gig aware<sup>®</sup>, UK), and the animals' activities were recorded from another room. Animal's activities were monitored for 15 minutes. Finally, the sum of the squares the animals passed through during the monitoring time was counted.<sup>42,43</sup>

#### Gait Test

The gait stride test is used to evaluate animals' locomotion in diverse types of brain injury.<sup>4,5</sup> Briefly, the animals' hind paw was soaked with ink. Then, rats were allowed to move in a corridor covered with a paper strip (60 cm long, 10 cm wide). Eventually, the distance between the right and left hind paws were measured.<sup>38,44</sup>

## Serum Biochemistry and Tissue Histopathology

After performing motor co-ordination tests to determine the biochemistry of blood, animals were anesthetized with thiopental (80 mg/kg, i.p). Then, blood was collected from the abdominal aorta, moved to standard tubes (Heparin-coated tubes), and centrifuged (3000 g, for 15 minutes, 4 °C) to prepare plasma. Standard kits (Biorexfars, Shiraz, Iran) and a Mindray BS-200<sup>®</sup> auto analyzer was used to analyze plasma biomarkers of liver damage such as aspartate aminotransferase (AST), lactate dehydrogenase (LDH), alanine aminotransferase (ALT), and bilirubin. For histopathological assessments, samples of liver were fixed in buffered formalin solution (0.4% sodium phosphate monobasic, NaH<sub>2</sub>PO<sub>4</sub>, 0.64% sodium phosphate dibasic, Na<sub>2</sub>HPO<sub>4</sub>, and 10% formaldehyde in distilled water).45 Paraffin-embedded sections of tissue (5 µm) were prepared and stained with hematoxylin and eosin (H&E) before light microscope viewing.

#### Statistical Analysis

Data were given as the mean  $\pm$  SD. Data were compared with the one-way analysis of variance (ANOVA) and followed by Tukey's multiple comparisons as the post hoc test. Sigma plot 12 and Prism 6 was used for visualization and analyzing the data.

#### Results

## Characterizations and the Morphology of MS-SA

FT-IR spectrums could provide useful information about the functional groups available in the structure of materials. In this study, the spectrum of  $MS-NH_2$  and MS-SA is presented in Figure 1.

The peak attributed to Si-O-Si asymmetric stretching vibration appeared at 1100 cm<sup>-1</sup>, and the characteristic bands of amine and hydroxyl groups appeared as broad-spectrum around 3440 cm<sup>-1</sup>. In the MS-SA chromato-graph, the peaks at 1480 and 1520 cm<sup>-1</sup> are ascribed to the N-C=O band, and 1810 cm<sup>-1</sup> respectively belongs to the carbonyl group of carboxylic acids.

Nitrogen adsorption and desorption isotherms of the computation have shown MS-NH<sub>2</sub> have a specific surface area of 966.53 m<sup>2</sup> g<sup>-1</sup> and a pore size of 1.21 nm. In contrast, a severe change is seen when compared with the MS-SA specific surface area that, to be 895.81 m<sup>2</sup> g<sup>-1</sup>. Therefore, we concluded that the specific surface area reduction ascribed to the successful introduction of SA in MS-NH<sub>2</sub> pores (from 966.53 to 895.81 m<sup>2</sup> g<sup>-1</sup>).

XRD was performed at low angles MS-NH<sub>2</sub> and MS-SA, and the presence of a peak at 0.8  $^{\circ}$  2theta indicates

1.2 1480 1.0 Transmittance % 0.8 1520 1810 0.6 0.4 3440 0.2 MS-NH<sub>2</sub> MS-SA 0.0 1000 2000 3000 4000 Wavelenghth 1/cm

Figure I FT-IR spectroscopy related to structures of MS-NH2 and MS-SA. Abbreviations: FT-IR, Fourier transform infrared; MS-SA, succinic acid-modified mesoporous silica. that our structure is crystalline with mesopores (Figure 2).

In the EDX spectrum of the MS-NH<sub>2</sub> and MS-SA, the difference in weight percentages of elements C, Si, N, O was obtained and showed that, after loading of MS by succinic acid groups, the weight percent of C increased from 15.28% to 16.95% (Figure 3).

The morphological features of MS-NH<sub>2</sub> and MS-SA were investigated by FE-SEM and HR-TEM images (Figure 4A–C). The FE-SEM image demonstrated a spherical shape with sizes <500 nm. Besides, the HR-TEM image revealed a porous structure.

In Figure 5A, we show the dispersion and distribution of MS-SA in solution (PBS (pH = 7.4)), and the hydrodynamic particle size of MS-SA is approximately 344 nm. In Figure 5B, we illustrate the Zeta-potential of MS-NH<sub>2</sub> in solution (PBS (pH = 7.4)) before and after the addition of succinic acid, MS-SA has a higher negative charge, so it can efficiently react with ammonia (NH<sub>4</sub><sup>+</sup>), which has a positive charge.

In Figure 6. We show the XPS spectrum of pure MS-SA. The binding energy (BE) of the Si 2s and Si 2p orbital in were about 108 eV and 159 eV. Furthermore, a prominent peak at 537 eV showed O 1s. Moreover, the binding energy (BE) of the C 1s peak and N1s peak respectively appears about 285 eV and 407eV. Hence, the functional group is linked to the inner surface of the MS particles.

## In vitro Adsorption of Ammonia by MS-SA

The adsorption of ammonia by MS-SA was rapid, and approximately 60% of ammonium ion was adsorbed



Figure 2 XRD pattern of MS-NH<sub>2</sub> and MS-SA.

Abbreviations: XRD, x-ray diffraction; MS-SA, succinic acid-modified mesoporous silica.



Figure 3 EDX analysis of MS-NH<sub>2</sub> (A) and MS-SA (B).

Abbreviations: EDX, energy-dispersive x-ray spectroscopy; MS-SA, succinic acid modified mesoporous silica.

during the first hour of incubation (Figure 7A).  $MS-NH_2$ also significantly scavenged ammonium ion (Figure 7A– C). However, the scavenging capability of MS-SA was considerably higher than MS at different time intervals (Figure 7A–C). The scavenging activity of MS-NH<sub>2</sub> and MS-SA was not time-dependent, and these nanoparticles significantly scavenged  $NH_4^+$  at different times of incubation (Figure 7A–C).

#### **Bioimaging of MS-Labelled Nanoparticles**

After oral administration of rhodamine-B labeled MS-SA particles (0.5 mL of 1 mg/mL of nanoparticle solution), animals were monitored at different time intervals (Figure 8). As shown in Figure 8, the bulk of MS particles are retained in the gastrointestinal tract, and there is no significant distribution of administered MS nanoparticles (Figure 8). MS particles were excreted after 24 hours of administration (Figure 8).

## In vivo Capability of MS-NH<sub>2</sub> and MS-SA for Ammonium Ion Adsorption

Thioacetamide treatment (200 mg/kg, i.p) caused histopathological changes, including fatty changes, tissue necrosis, and inflammation in the liver tissue. On the other hand, increased plasma levels of ALT, AST, LDH, and bilirubin were evident in the thioacetamide-treated group in comparison with the control animals (Figure 9). The administration of MS-NH<sub>2</sub> and/or MS-SA had no significant effect on liver histopathological alterations or plasma biomarkers of organ injury in the current investigation (Figure 9).

A significant increase in brain and plasma and ammonia levels was evident in the TAA-induced liver failure group (Figure 10), and on the other hand, it was found that  $MS-NH_2$  and MS-SA administration (1 and 5 mg/kg, oral) significantly decreased plasma as well as brain ammonia in TAA-treated rats (Figure 10).

Significant suppression of animals' locomotor function was evident in hyperammonemic rats as judged by decreased animal open field activity, time on the rotarod, and changes in stride patterns (Figure 11). On the other hand, it was found that MS-NH<sub>2</sub> and MS-SA supplementation (1 and 5 mg/kg, oral) significantly decreased brain and plasma ammonia levels (Figure 10) and enhanced animals' locomotor function (Figure 11). It is considerable to mention that the effects of MS-SA on the brain and plasma ammonia levels and locomotor activity was more significant as compared with MS-NH<sub>2</sub> groups (Figure 11). On the other hand, the effects of MS-NH<sub>2</sub> and MS-SA on in vivo parameters were not dose-dependent in most cases assessed in the current experimental model (Figure 11).

#### Discussion

Ammonium ion  $(NH_4^+)$  is continuously produced in the human body from amino acids and protein catabolism. The gut microbiome is also the primary source of  $NH_4^+$  production. Gut-derived  $NH_4^+$  has also reached the systemic circulation.

In healthy subjects, the major portion of  $NH_4^+$  is metabolized in the liver tissue. On the other hand, when the liver failure occurs (eg, because of xenobiotics or severe liver disease), the  $NH_4^+$  detoxification capacity of this organ is impaired. Therefore, plasma  $NH_4^+$  reaches high toxic levels. The brain is the primary organ affected by hyperammonemia.



Figure 4 FE-SEM image of synthesized MS-NH<sub>2</sub> (**A**) and MS-SA (**B**). HR-TEM images of synthesized MS-SA (**C**). **Abbreviations:** FE-SEM, field emission-scanning electron microscopy; MS-SA, succinic acid-modified mesoporous silica; HR-TEM, high-resolution transmission electron microscopy.

Liver failure-induced brain injury is called hepatic encephalopathy (HE) syndrome. Severe symptoms such as cognitive dysfunction, locomotor disturbances, coma, permanent brain injury, or even death could occur in HE.<sup>46</sup> In severe cases of HE, blood or brain ammonia could reach up to 10–20 mM.<sup>20,47</sup> On the other hand, in a clinical situation called sub-clinical HE, a constant but relatively high (100  $\mu M$  to 1 mM) of  ${\rm NH_4^+}$  is present in the blood of patients.  $^{46,48}$ 

Both acute and sub-clinical HE could cause permanent brain damage or decrease patients' quality of life. Based on these data, finding clinically appropriate therapeutic options could have great value. In this study, we found that oral administration of a newly synthesized



Figure 5 Particle size distribution of synthesized MS-SA (A). Zeta potential of synthesized MS-NH<sub>2</sub> and MS-SA (B). Abbreviation: MS-SA, succinic acid-modified mesoporous silica.



Figure 6 XPS spectra of synthesized MS-SA for the identification of surface elemental composition.

Abbreviations: XPS, x-ray photoelectron spectroscopy; MS-SA, succinic acidmodified mesoporous silica.

succinic acid-substituted MS nanoparticle significantly scavenged ammonium ion (in vitro) and decreased plasma and brain ammonia levels in an animal model of HE (in vivo). On the other hand, the adsorption of ammonium ion to the silica antiparticles was evaluated in an in vitro condition for 3 hours (Figure 7C). It was found that the level of free ammonium ion was timedependently decreased, and no desorption was identified during this time interval (Figure 7). Indeed, further studies with wide time intervals or administration of these particles in chronic conditions of hyperammonemia could precisely reveal the probability of ammonium desorption from MSN nanoparticles.

There are several convenient therapeutic strategies for HE. For example, non-absorbable disaccharides such as lactulose are widely administered for this complication. Several other treatments, such as antibiotics (Rifaximin and Neomycin), are also used in HE.<sup>49,50</sup> Interestingly, it has also been found that altering gut micro-flora with prescribing probiotic agents is a safe strategy to reduce blood ammonia. Decreasing diet protein intake, zinc supplementation, and enhancing the activity of the enzymes involved in the urea cycle are other therapeutic options that are clinically used for minimizing HE adverse effects. However, all these therapeutic strategies may not be sufficient for patients with acute liver failure and severely high blood ammonia. These findings mention the importance of finding new or adjuvant therapies for hyperammonemia.

Mesoporous silica nanoparticles (MSN) are widely investigated for their use for industrial or biomedical purposes.<sup>5,51</sup> Recently, we focused on the application of MS as antidotes in different biological systems. The effects of MS on a wide range xenobiotics, namely heavy metals, acetaminophen, phenobarbital, and iron and copper overload has been successfully tested by our research team.<sup>18,52</sup>

The current investigation was designed to synthesize a functionalized MS for ammonium ion adsorption in vitro and alleviating HE as a severe clinical complication in an animal model. We found that MS has mainly remained in the GI (Figure 8). This could significantly increase the adsorption of bacterial-derived ammonium ion in the GI. Drugs such as lactulose or non-absorbable antibiotics also affect gut bacteria and remove these microbes. However, significant adverse effects of these drugs might be associated with alteration in GI microflora. Therefore, the administration of safe agents (eg, MS particles), which only adsorb the



Figure 7 In vitro evaluation of ammonium ion adsorption capability of MS-NH<sub>2</sub> and MSN-SA at different time intervals. (A–C) indicate 1, 2, and 3 hours after incubation, respectively. It is noteworthy to mention that the ammonium ion adsorbing capacity of MS-NH<sub>2</sub> and MSN-SA was not time-dependent in the current study. Data are given as mean $\pm$ SD (n = 6); Columns with different superscripts are significantly different (P < 0.05). Abbreviation: MS-SA, succinic acid-modified mesoporous silica.



Figure 8 Bio-imaging of fluorescent-labeled MS-SA in the rat. Note: Numbers indicate hour's post-MS-SA administration. Abbreviation: MS-SA, succinic acid-modified mesoporous silica.

bacterial-derived ammonia, could have a great benefit. On the other hand, using antibiotics or lactulose in very severe cases of hyperammonemia might be inevitable. In the current study, MS-SA significantly decreased serum ammonium probably through adsorption of this toxic molecule in rat gut and preventing its absorption to the systemic circulation (Figure 8). Consequently, serum and brain level of  $NH_4^+$  was significantly decreased, and animal locomotor activity was significantly improved in the animal model of HE (Figures 10 and 11).

It is noteworthy to mention that the synthesized succinic acid-substituted MS may not only react with the ammonium ion  $(NH_4^+)$  but also could non-specifically interact with other groups (eg, lysine) or electrolytes. As mentioned, HE is defined as a severe elevation in plasma and brain ammonium ion levels. Hence, it is an emergency state and necessary to decrease the level of this toxic compound profoundly. The imbalance in other ions, amino acids, or electrolytes could be of the second degree of importance in HE

patients. It could be compensated by appropriate medical intervention (eg, electrolyte-containing serum administration). On the other hand, the administration of MS particles did not affect the serum level of liver injury biomarkers (eg, ALT, AST, LDH, and Bilirubin) or liver histopathological alterations. These findings indicate that MS-SA does not act as a hepatoprotective agent in the current model. Indeed, MS-SA could find therapeutic value in HE, in combination with other routine hepatoprotective strategies (eg, N-acetyl cysteine supplementation).

Collectively, we found that the administration of MS particles and its functionalized derivatives could significantly lower plasma and brain ammonia levels. These effects might be mediated through adsorption of gut bacteria-derived ammonia or absorbing ammonium ion from the bloodstream. Indeed, further studies are needed to evaluate the impact of these compounds in other models of hyperammonemia and optimizing their characteristics, and finally aiming their administration in clinical settings.



Figure 9 Plasma biomarkers of liver damage and histopathological changes in liver tissue in thioacetamide rats (TAA). Histopathological changes in liver tissue in the thioacetamide model of acute liver failure revealed severe degeneration of the balloon (red arrow), inflammation (yellow arrow), and necrosis (green arrow). Data are given as mean $\pm$ SD (n = 8). #Shows significantly different as compared with the control group (P < 0.05).



Figure 10 Brain and plasma ammonia ion level in MS-NH<sub>2</sub> and MS-SA-treated rat model of hepatic encephalopathy.

**Notes:** Data are given as mean $\pm$ SD (n = 8 rat/group, data were also repeated at least three times for each sample). Groups with different superscripts are significantly different (P < 0.05).

Abbreviations: MS-SA, succinic acid-modified mesoporous silica; TAA, thioacetamide.



Figure 11 Animal's locomotor activity in MS-NH<sub>2</sub> and MSN-SA-treated rat model of hyperammonemia and hepatic encephalopathy. Notes: Data are given as mean $\pm$ SD (n = 8). Columns with different superscripts are significantly different (P < 0.05). Abbreviations: MS-SA, succinic acid-modified mesoporous silica; TAA, thioacetamide.

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### Disclosure

The authors declare that there are no conflicts of interest.

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