

RESPONSE TO LETTER

# Association of COVID-19 Pandemic with Undergraduate Medical Students' Perceived Stress and Coping [Response to Letter]

This article was published in the following Dove Press journal: Psychology Research and Behavior Management

Hamza Mohammad Abdulghani Kamran Sattar Tauseef Ahmad Ashfaq Akram

Department of Medical Education, College of Medicine, King Saud University, Riyadh, Kingdom of Saudi Arabia

#### Dear editor

This is in response to the letter by Jie and Muhammad. We appreciate the interest in our article particularizing the Association of COVID-19 Pandemic with undergraduate Medical Students' Perceived Stress and Coping, and your comments. Our primary goal was to delineate an approach used by the medical students in terms of their coping strategies adopted to tackle the stress ascending from the current pandemic situation. In our college, the male-female ratio contrasts;<sup>2</sup> additionally, our investigation essentially required volunteer participation. which leads us to a natural but unequal number of participants (ie male and female). Moreover, as a well-recognised practice in contemporary research, our results were presented as the percentage of partcipants, not their numbers. Therefore, there does not remain any issue of partiality.

Moreover, it was also stated that we might have included other modern recreational activities. We think that adding up more such options would somewhat lengthen the survey without adding up any more robustness to the study. It shall also be noted that we used "exercise" in general without "detailing it" (what type), and we let our respondents determine and relate it for whatever they are doing (aerobics, gymnastics, free weight, strength exercise, etc.).

However, an important point was raised about clarifying the terms used, and we thank and intend to be observant and shall apply in any of our future research.

#### **Disclosure**

The authors report no conflicts of interest in this communication.

#### References

- 1. Abdulghani HM, Sattar K, Ahmad T, Akram A. Association of COVID-19 pandemic with undergraduate medical students' perceived stress and coping. Psychol Res Behav Manag. 2020;13:871-881. doi:10.2147/PRBM.S276938
- 2. Information. KSUTVRfDaQDoSa. King Saud University Bulletin Undergraduate Studies 2-2 (Sciences and Health Colleges); 2010.

Correspondence: Kamran Sattar Department of Medical Education, College of Medicine, King Saud University, Riyadh, Kingdom of Saudi Arabia Email kbaloch@ksu.edu.sa

Abdulghani et al Dovepress

Dove Medical Press encourages responsible, free and frank academic debate. The content of the Psychology Research and Behavior Management 'letters to the editor' section does not necessarily represent the views of Dove Medical Press, its officers, agents, employees, related entities or the Psychology Research and Behavior Management editors. While all reasonable steps have been taken to confirm the content of each letter, Dove Medical Press accepts no liability in respect of the content of any letter, nor is it responsible for the content and accuracy of any letter to the editor.

#### Psychology Research and Behavior Management

## Dovepress

### Publish your work in this journal

Psychology Research and Behavior Management is an international, peer-reviewed, open access journal focusing on the science of psychology and its application in behavior management to develop improved outcomes in the clinical, educational, sports and business arenas. Specific topics covered in the journal include: Neuroscience, memory and decision making; Behavior modification and management; Clinical

applications; Business and sports performance management; Social and developmental studies; Animal studies. The manuscript management system is completely online and includes a very quick and fair peer-review system, which is all easy to use. Visit http://www.dovepress.com/testimonials.php to read real quotes from published authors.

 $\textbf{Submit your manuscript here:} \ \text{https://www.dovepress.com/psychology-research-and-behavior-management-journal} \\$