Polysaccharides Derived from *Saposhnikovia divaricata* May Suppress Breast Cancer Through Activating Macrophages

This article was published in the following Dove Press journal:
OncoTargets and Therapy

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Background: *Saposhnikovia divaricata* (SD) has been used in traditional Chinese medicine to treat pain, inflammation, and arthritis. Recently, it has been reported that SD extract may inhibit tumor growth, but the mechanism involved is elusive. The aim of this study was to investigate the anti-tumor activity of polysaccharides derived from SD in breast cancer and the underlying mechanisms.

Materials and Methods: Polysaccharides isolated from SD were analyzed using Fourier transform infrared (FT-IR) spectroscopy and gas chromatography-mass spectroscopy (GC-MS). Their effects on cell growth of U937, MCF-7, and MDA-MB-231, and tumor growth in a mouse MDA-MB 231 xenograft model were examined. Their role in U937 activation, MCF-7, and MDA-MB 231 cytokine release profiles were also tested.

Results: In vitro studies showed that SD polysaccharides (SDPs) promoted U937 cell growth dose-dependently, with no obvious effect on growth of breast cancer cell lines MCF-7 and MDA-MB-231. SDP also showed an antagonistic effect against the growth inhibition of U937 by the culture supernatants of MCF-7 and MDA-MB-231, and reversed the polarization status of U937. Treatment of SCID mice bearing MDA-MB-231-derived xenograft tumors with SDP significantly reduced tumor growth. At all tested concentrations, no obvious toxic side-effects were recorded.

Discussion: We tentatively concluded that SDPs potentially promote the growth of U937 and activate it to inhibit the tumor growth of SCID mice bearing MDA-MB-231-derived xenograft tumors indirectly, with no obvious growth inhibition effects on MCF-7 and MDA-MB-231 in vitro. Our finding indicated that SDP could be a potential anticancer agent for breast cancer.

Keywords: breast cancer, *Saposhnikovia divaricata*, polysaccharides, immuno-regulation, macrophage

Introduction

Breast cancer is one of the most common malignant tumors in women and the main cause of cancer related death among women worldwide, including China.^{1,2} Despite the great achievements made in breast cancer research and treatment, measures for hormone receptor negative and human epithelial growth factor receptor-2 (HER2) negative, the so-called triple negative breast cancer (TNBC), are still deficient. Over the last years, the intricate balance of interactions between cancer cells and their microenvironment (TME) has emerged as a crucial regulator of tumor progression and metastasis. Tumor-associated macrophages (TAMs) are the main constituents of

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the TME in various solid tumors including breast cancer.^{3–6} Macrophages differentiate from the mononuclear phagocytic lineage, and their differentiation is dependent on the cytokines in the microenvironment. The activation of monocyte mainly involves two pathways. The classical pathway (M1) is activated by cytokines like interferon- γ , bacterial lipopolysaccharide, and tumor necrosis factor alpha. While the alternative pathway (M2) is triggered by cytokines, like IL-4, IL-13, and macrophage colony-stimulating factor (M-CSF, also known as CSF1).^{7–9} CSF1 is a secreted cytokine which activates hematopoietic stem cells to polarize into macrophages and is involved in the proliferation, differentiation and survival of monocytes, macrophages, and bone marrow progenitor cells.^{9–12} The M1 pathway mediates the defense against bacterial pathogens, while the M2 pathway may show a “pro-tumorigenic” effect by producing high levels of IL-10, TGF- β , and low levels of IL-12. TAMs normally have M2 phenotype, and seem to have a pro-tumorigenic effect.^{8,13} TAMs are recruited to tumors in response to diverse tumor-derived chemotactic factors. Our previous study showed that CSF1 expression level was much higher in estrogen receptor negative breast cancer cell line MDA-MB-231 and MDA-MB-468 cultural supernatants compared to that of estrogen receptor positive cell line MCF-7. Our finding supported that CSF1 regulated macrophage differentiation, migration, and survival.¹¹

Saposhnikovia divaricata (SD) is a traditional Chinese herb, namely “Fangfeng”, which has been intensively used to treat rheumatism, arthralgia, headaches, stroke, fever, cold, etc.¹⁴ Polysaccharides are chains of sugar units that form in configurations from tens to thousands of units long, which comprise the carbohydrate storage units for plants. Polysaccharides derived from SD, namely SD Polysaccharides (SDP), have proved to be of various activities, such as analgesic, anti-convulsant, anti-inflammatory, anticoagulant, antipyretic activities, and anti-cancer.^{15–17} There is accumulating evidence suggesting the important role of immune-suppression induced by tumor cells in the progression of tumor aggressiveness. Immuno-suppression is also shown to be a major barrier in overcoming cancer.^{18–22} Previous studies showed that the SDP had effects on immuno-regulation, anti-oxidant, and anti-tumor activity in a tumor xenograft mouse.^{22,23} However, the structure of SDP was still unclear, which limited our understanding of the structural activity relationship of SDP. Recent reports on SDP showed that their major composition was arabinose (Ara), galactose (Gal), glucose (Glu), and galacturonic acid (GalA).²⁴ Nevertheless, it must be noted that the structure of

SDP extracted from the same origin is usually varied, which could be explained by different preparation and purification processes, or even because of the different analytical methods.²⁴

In this study, the crude SDP were extracted and isolated from *Saposhnikovia divaricata* by Ultrasonic-assisted extraction. Their main sugar compositions were analyzed with Fourier Transform Infrared (FT-IR) spectroscopy and Gas Chromatography-mass spectroscopy (GC-MS). Furthermore, the pharmacological activities of SDP were investigated on the U937 macrophage cell line, MCF-7 and MDA-MB-231 breast cancer cell lines.

Materials and Methods

Ethics Statement

All animal protocols were supervised and approved by the Animal Care Committee of Shanghai Institutes for Biological Sciences, Chinese Academy of Sciences (permit no. IBS18-0806). Mice were maintained in laminar flow rooms with stable temperature and humidity conditions. All mice were sacrificed by cervical dislocation to minimize suffering, which was conducted according to the Laboratory Animal Guidelines for Ethical Review of Animal Welfare.

Cell Lines and Reagents

MDA-MB-231 and MCF-7 breast cancer cell lines were maintained in our institute, which were originally obtained from the American Type Culture Collection (ATCC). The U937 human promonocytic cell line was a gift from Professor Duan Ma (Key Laboratory of Molecular Medicine, Ministry of Education, Shanghai Medical College, Fudan University), which also originated from the ATCC. SD was purchased from the Pharmacy Department of our hospital, whose growth place was Inner Mongolia, China. Trypsin from bovine pancreas, dimethyl sulfoxide (DMSO), rhamnose (Rha), arabinose (Ara), xylose (Xyl), mannose (Man), glucose (Glc), and galactose (Gal) were purchased from Sigma (St. Louis, MO, USA). RPMI 1640 supplemented with 10% fetal bovine serum (FBS) and 100 units/mL penicillin/streptomycin was obtained from GIBCO (Invitrogen, Carlsbad, CA, USA). All other reagents used in this study were of analytical grade.

The Extraction of SDP

SDP were extracted by ultrasound-assisted extraction technology as previously reported with slight modifications.²⁵

Briefly oven-dried SD (500 g) was smashed and pulverized to pass through a 60-mesh sieve, 5L deionized distilled water was added to a flat-bottomed flask. The solid-liquid ratio of 1:10 g/mL was determined as optimal conditions. The extraction was performed with an ultrasonic machine (Kun Shan Ultrasound Instrument Co., Jiangsu, China). The extraction temperature, time, ultrasonic frequency, and power were 60°C, 20 minutes, 80 KHz, and 220 W, respectively. The extraction was performed thrice, and the extract of each run was centrifuged to remove debris fragments of the polysaccharides extracts. The supernatants were collected after filtration and concentrated with a rotary evaporator and precipitated with four volumes of 95% ethanol (V/V) for 24 hours at 4°C. The supernatants were incubated at 37°C for 2 hours after adding 20 mg trypsin. The protein digestion was stopped by sitting the container into the boiling water bath for 20 minutes. The denatured proteins were removed by centrifuge at 10,000 g/min, for 15 minutes, and the SDP were collected with filtration and dried with a vacuum dryer.

Analysis of Sugar Composition

The analysis of sugar composition was performed as previously reported.²⁶ Briefly, the SDP were hydrolyzed with 2M trifluoroacetic acid (TFA) at 120°C for 2 hours in order to completely hydrolyze polysaccharides. After the removal of TFA under nitrogen gas, the hydrolyzed monosaccharide compositions were determined using a GC-MS system (7890B system, Agilent Technologies, Palo Alto, CA, USA) fitted with an Agilent J&W capillary column (30 m×250 µm×0.25 µm) and a flame-ionization detector (FID). Mass spectra of monosaccharide composition of the SDP were compared with the standards neutral sugar included Rha, Ara, Gal, Glu, Xyl, Man.

Fourier-Transform Infrared (FT-IR)

Analysis of Polysaccharides

The crude SDP were identified by using a KBr pressed-disk method on a FT-IR Spectrometer in the frequency ranging from 4000 to 400 cm⁻¹. Briefly, the dried SDP were ground with KBr powder and then pressed into 1 mm pellets for measurement. FT-IR spectra were recorded on a Fourier Transform Infrared Spectrometer (Nicolet iS10, Thermo Fisher Scientific) fitted with a DTGS detector at absorbance mode from 4000 to 400 cm⁻¹.

Cell Proliferation Assay

The SDP were dissolved in DMSO in a concentration of 200 mg/mL stocked solution. The stocked solution was diluted by phosphate buffered saline (PBS) in a suitable concentration for use. To study the effects of SDP on cell proliferation, cell proliferation assay was assessed using CCK-8 (Dojindo Laboratories, Kumamoto, Japan). Briefly, 5000 cells/well were plated in a 96-well plate in triplicate for each group. After the cells had stabilized overnight, triplicate samples of cells were treated with culture medium containing various concentrations (0, 12.5, 25, 50, 100, 200, 400, and 800 µg/mL) of SDP alone, or in combination with breast cancer conditioned culture medium. After treatment for 48 hours, 10 µL/well of CCK-8 was added to each well, and the cells were incubated at 37°C for another 2 hours. Optical density was measured at 460 nm using a microplate reader. Three readings were obtained, with wells without cells used as the blank control.

Reverse Transcription-PCR Analysis

The total RNA was extracted from 1×10⁶ cells using TRIzol (Invitrogen) RNA isolation method according to the manufacturer's instruction. Briefly, 1 µg of total RNA was reverse transcribed using PrimeScript[®] RT-PCR Kit (Takara Bio, Dalian, China) primed with oligo (dT). After synthesis of the complementary DNA (cDNA), 1 µL of cDNA was subjected to PCR amplification using targeted gene primers. CD163 expression was measured by quantitative real-time PCR (qRT-PCR) technique. Quantitative PCR was carried out using the SYBR[®]-Green PCR Master Mix Kit (Takara Bio). Primer sequences are detailed in Table 1. GAPDH expression was the inner control.

Measurement of Cytokine Secretion

In determining the effects of SDP on the expression profile of tumor associated cytokines, we measured the cytokine secretion profile by Bio-Plex[®] cytokine assay following the manufacturer's instructions (Bio-Rad Laboratories, Inc., San Diego, CA, USA). Briefly, MCF-7 or MDA-MB-231 breast cancer cells (1×10⁶cells/mL) were incubated for 24 hours at 37°C in a 5% CO₂-humidified atmosphere. The medium was replaced by fresh culture medium containing 400 µg/mL of SDP or not, then incubated for another 48 hours. Afterwards, the cultural supernatants were collected and stored at -80°C after centrifugation to remove

Table I Characteristics of PCR primer sets and products

Gene	Size of PCR Products (bp)	Primer Sequences (5'→3')
<i>GAPDH</i>	200	F: acccagaagactgtggatgg R: tctagacggcaggtcaggtc
<i>CD163</i>	146	F: cgagttaacgccagtaagg R: gaacatgtcacgccagc

cells and their debris until testing. Cytokine levels were measured using the Bio-Plex Pro human cytokine 27-Plex premixed immunoassay kit according to manufacturer's instructions. Standard curves for each cytokine were established by Bio-Plex Manager™ using the reference concentrations provided in the kit. Detailed procedures of the Bio-Plex® Suspension Array System have been reported previously.¹¹

Breast Cancer Xenografts

To explore the effects of SDP on tumor growth in vivo, non-obese diabetic/severe combined immunodeficient (NOD/SCID) 8-week-old female mice were used to make breast cancer xenografts. Briefly, 5×10^6 MDA-MB-231 or MCF-7 cells suspended in 100 μ L PBS were injected orthotopically into the left mammary fat pad according to standard injection procedures, as previously reported (30). The tumors were allowed to grow for up to 14 days without intervention. The tumor-bearing mice were randomly divided into an untreated group as the control and three treatment groups (200, 400, and 800 μ g/g SDP), with five mice per group. Treatment groups received one gavage of indicated concentrations of SDP once a day for 35 consecutive days. The control group received the same volume of the vehicle (PBS). Tumor diameters and body weights of mice in each group were measured with digital calipers and recorded each week. The tumor volume was calculated as $(\text{width}^2 \times \text{length})/2$. Tumor growth curves were plotted based on the calculated tumor volume. After the last gavage, the mice in all groups were fasted for 24 hours and then were weighed and sacrificed by cervical dislocation and necropsied. The tumors were then excised and weighed, and their sizes were measured using vernier calipers, then paraffin-embedded for further study.

Immunohistochemistry

For immunohistochemical analysis, paraffin-embedded xenograft tumor blocks of MDA-MB-231 and MCF-7

were cut into 5 μ m serial sections. CD163 antibody (clone 10D6, Novocastra, UK) used for immunostaining was titrated to find the optimal concentration (1:100). Sections were counterstained with hematoxylin for the identification of nuclei, and immunohistochemistry was performed following standard procedures. Detection was performed using the DAKO Envision system. Images were captured under a microscope with a CCD camera.

Statistical Analysis

Data were analyzed from three independent experiments using GraphPad Prism, and were recorded as mean $\pm$ SE. A comparison among different groups was performed using multivariate one-way ANOVA analyses. $P < 0.05$ was considered with statistical significance.

Results

Extraction and Monosaccharide Composition of SDP

Previous reports showed that ultrasonic-assisted extraction allowed higher penetration of solvent into the raw plant materials was a rapid and effective extraction technique that used ultrasonic waves to generate a cavitation in the solvent.²⁵ Compared with conventional extraction methods, Ultrasonic-assisted extraction was more efficient, environmentally friendly, and easier to use. It could greatly decrease the extraction time. The extraction temperature of the ultrasound-assisted extraction was lower than the temperature of the conventional solvent extraction. The yield of polysaccharides was higher than conventional solvent extraction. However, there was no significant difference of polysaccharides chemical compositions among different extraction. The higher efficiency of ultrasound-assisted extraction was because of cells broken by ultrasound and polysaccharides dissolved more easily in the solvent. The extraction parameters of ultrasound-assisted extraction might also affect the yield and pharmacological activities of polysaccharides. The determined extraction temperature, time, ultrasonic frequency, and power were 60°C, 20 minutes, 80 KHz and 220 W, respectively in this study. The yield of SDP was 6.45% by weight under these parameters.

Because of its high resolution, sensitivity, specificity, and easy sample treatment, the GC-MS has become a popular method to analyze the monosaccharide composition. Colorimetric analyses showed no uronic acid was detected in the prepared extraction samples. The monosaccharide composition of the isolated SDP were

Figure 1 The Gas chromatography-mass spectroscopy (GC-MS) profiles of completely hydrolyzed standards (A) and polysaccharides isolated from *Saposhnikoviadivaticata* (B). The major monosaccharide contents of the polysaccharides isolated from *Saposhnikoviadivaticata* were Arabinose (Ara), Glucose (Glu), and Galactose (Gal), with a molar ratio of approximately 1:1:1.

Abbreviations: Rha, rhamnose; Ara, arabinose; Xyl, xylose; Man, mannose; Glu, glucose; Gal, galactose.

tested by GC-MS. Monosaccharide standards including Rha, Ara, Gal, Glu, Xyl, and Man were used to calibrate the retention time. The GC-MS chromatogram of monosaccharide standards is shown in Figure 1A. Monosaccharide components of SDP were determined by GC-MS analysis, and Figure 1B shows that SDPs were mainly composed of Ara, Glu, and Gal with a molar ratio of approximately 1:1:1. Our results are in accordance with the previous studies.²²

FT-IR analysis was applied to further identify the fundamental groups present in SDP structure. FT-IR spectroscopic characterization of SDP is shown in Figure 2, the FT-IR spectra showed mainly β -pyranoid-type glycosidic linkages.

Figure 2 Fourier transform infrared (FT-IR) spectra of the polysaccharides isolated from *Saposhnikovia divaricata* were recorded at room temperature. FT-IR spectra were recorded using a Nicolet Magna-IR 550 spectrophotometer in the 4000–400 cm^{-1} region using KBr tables. Wave numbers (cm^{-1}).

The Effects of SDP on Cell Proliferation

The effects of SDP on cell proliferation were evaluated on U937, MCF-7, and MDA-MB-231 cells. SDP significantly stimulated the proliferation of U937 cells in a concentration-dependent manner, and concentrations of SDP up to 800 $\mu\text{g}/\text{mL}$ did not exhibit obvious cytotoxic effects on breast cancer cell lines in vitro (Figure 3A–C). These results suggested that SDP might not show direct cytotoxic effects on cancer cells even at the concentrations up to 800 $\mu\text{g}/\text{mL}$.

The SDP Antagonized the Immunosuppression by Breast Cancer Cells on U937

Accumulating evidence showed that polysaccharides might activate antitumor immune responses. Our previous study showed that breast cancer cell could induced U937 differentiate into M2 tumor associated macrophage, which exhibited immunosuppression and pro-tumor effects.²⁷ Combinations of 400 $\mu\text{g}/\text{mL}$ non-cytotoxic dosage of SDP with MCF-7 or MDA-MB-231 breast cancer cell culture supernatants were tested to see if they could produce antagonistic anti-proliferative effects on U937. The SDP exhibited antagonistic effects on cell proliferation of U937, as shown in Figure 4A. Moreover, SDP could antagonize the immunosuppression by MCF-7 and MDA-MB-231 breast cells culture supernatants on U937 macrophages polarization as confirmed by RT-PCR (Figure 4B).

In determining the effects of SDP on cytokine secretion profile of breast cancer cells, MCF-7 and MDA-MB-231 were incubated with a 400 $\mu\text{g}/\text{mL}$ non-cytotoxic dosage of SDP for 48 hours, respectively, and the cytokine secretion profile was analyzed by Bio-Plex Pro Human Cytokine 27-plex Assay. Among the cytokines quantified, CSF1 concentration was much higher in MDA-MB-231 culture supernatants compared with that of MCF-7, and SDP reduced the CSF1 level in MDA-MB-231 cultural supernatants (Figure 5).

Figure 3 The proliferation effects of polysaccharides isolated from *Saposhnikovia divaricata* on U937 (A), MCF-7 (B), and MDA-MB-231 (C). SDP significantly stimulated the proliferation of U937 cells in a concentration dependent manner, while concentrations of these polysaccharides up to 800 µg/mL did not exhibit obvious cytotoxic effects on breast cancer cell lines in vitro. Error bars indicate standard deviation of the means. Data are exhibited as mean±SE of three independent results. * Indicates a statistical significance compared with the control group ($P<0.05$), while # indicates no statistical significance ($P>0.05$).

Figure 4 The effects of SDP on immunosuppression by breast cancer cells. (A) The SDP antagonized the immunosuppression by breast cancer cells on U937 after co-culture with MCF-7 or MDA-MB-231 breast cancer cell cultural supernatants (CS). (B) The CD163 mRNA expression level was increased in U937 cells after co-culture with MCF-7 or MDA-MB-231 breast cancer cell CS, while SDP attenuated the effect. * Indicates a statistical significance compared with the control group ($P<0.05$).

The SDP Suppressed Tumor Growth Dose-Dependently in MDA-MB-231 Breast Cancer Xenografts

In order to study the pharmacological activity of SDP in vivo, 8-week-old female NOD/SCID mice mammary fat pads were injected with 5×10^6 cells suspended in 100 µL PBS orthotopically. Two weeks later, the tumor-bearing mice were randomly divided into an untreated group as the control and three treatment groups (200, 400, and 800 µg/g SDP). The weak tumorigenic breast cancer cell line MCF-7 was also used as a control. Tumor diameters and body weights of mice in each group were measured with digital calipers and recorded each week. The tumor volume was computed as $(\text{width}^2 \times \text{length})/2$. SDP suppressed tumor growth in a dose-dependent manner (Figure 6A). Tumor growth curves were also plotted (Figure 6B). Both the results of our in vitro and in vivo studies indicated that

SDP played an important role in suppressing breast cancer by activating macrophages.

The SDP Antagonized TAMs Recruitment by Breast Cancer Cells

Immunohistochemical analysis showed that the prevalence of CD163 positive macrophage was decreased in paraffin-embedded xenograft tumors of MDA-MB-231 after SDP treatment. The prevalence of CD163 positive macrophage in MCF-7 xenograft tumors was very few. As the figures indicating in Figure 7, the SDP antagonized TAMs recruitment by breast cancer cells in human breast cancer xenografts mice.

Discussion

Accumulating studies have elucidated the important role of tumor immunosuppression in the progression of tumor aggressiveness.^{3,7,18–20} Immunosuppression is also

Figure 5 The effects of SDP on the cytokine secretion profile of MCF-7 and MDA-MB-231. The SDP reduces the concentration of CSF1 in breast cancer cell lines culture supernatants. * Indicates a statistical significance compared with the control group ($P < 0.05$).

a major obstacle to conquering cancer.^{28,29} The tumor macrophage plays an important role in cancer progression. SD is a perennial herb, and the dry root of this plant is known as Fangfeng, which has been widely applied in traditional Chinese medicine. This herb exhibits anti-inflammatory, anti-arthritis, anti-tumor, and immunological activities. It is reported that the active ingredients of SD extract include chromones, polyacetylenes, coumarins, and polysaccharides, depending upon different methods of extraction.^{16,30–39} Dong et al²² first reported the structural profile of SDPs and their antagonistic effects against the immunosuppression by the cultural supernatants of melanoma cells on RAW264.7 macrophages.

In this study, we found that SDP promoted U937 cell growth dose-dependently, while there was no obvious effect on growth of breast cancer cell lines MCF-7 and MDA-MB-231 in the tested concentration in vitro. SDP also showed an antagonistic effect against the growth inhibition of U937 by the culture supernatants of MCF-7 and MDA-MB-231, and reversed the polarization status of U937. Our finding also indicated that treatment of SCID mice bearing MDA-MB-231 derived xenograft tumors with SDP significantly reduced tumor growth. At all tested concentrations, no obvious toxic side-effects were recorded. The pharmacological activity study indicated that SDPs showed an antagonistic effect against immunosuppression by breast cancer cells on macrophages. The SDP antagonized TAMs recruitment by breast cancer cells in human breast cancer xenografts mice. These properties of SDPs add to the potential use in cancer therapy other than its traditional usage in traditional Chinese medicine. We tentatively concluded that SDP potently promote the growth of U937 and activate it to inhibit the tumor growth of SCID mice bearing MDA-MB-231 derived xenograft tumors indirectly, with no obvious growth inhibition effects on MCF-7 and MDA-MB-231 in vitro.

Our finding indicates that SDP could be a potential anticancer agent for breast cancer. In conclusion, this study is the first to clarify SDP suppressing breast cancer on the basis of activating macrophages to regulate the host immunity. Further research is wanted to identify the suitable dosage and safety of SDP on human beings.

Figure 6 The effects of SDP on tumor growth in MDA-MB-231 breast cancer xenografts. MDA-MB-231 tumor-bearing mice were randomly divided into an untreated group as the control and three treatment groups (200, 400, and 800 µg/g SDP), and the weak tumorigenic breast cancer cell line MCF-7 was also used as a control, with five mice per group. Tumor diameters and body weights of the mice in each group were measured with digital calipers and recorded each week. The tumor volume was computed as (width²×length)/2 the tumor-bearing mice. The SDP suppressed tumor growth in both dose-dependent and time-dependent manners, the tumor volume (A) and tumor growth curves (B). * Indicates a statistical significance compared with the control group ($P < 0.05$), while # indicates no statistical significance ($P > 0.05$).

Figure 7 The SDP antagonized TAMs recruitment by breast cancer cells in human breast cancer xenografts mice. The prevalence of CD163 positive macrophage among SDP treated and control mice through immunohistochemical analysis. As the figures indicates, the SDP antagonized TAMs recruitment by breast cancer cells in human breast cancer xenografts mice. (A) MDA-MB-231 blank control; (B) 200 µg/g SDP; (C) 400 µg/g SDP; (D) 800 µg/g SDP; and (E) MCF-7 control.

Funding

The study was sponsored by the Natural Science Foundation of Jiangxi province (No. 20171BAB205057). We wish to thank Dr. Wen in Jiangxi University of Traditional Chinese Medicine for performing the Fourier Transform Infrared (FT-IR) spectroscopy and Gas Chromatography-mass spectroscopy (GC-MS) analysis.

Disclosure

The authors report no conflicts of interest for this work. Jingxian Ding and Yonghong Guo contributed equally to this study.

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