

The Performance of the Abbott Real Time MTB RIF/INH Compared to the MTBDR_{plus} V2 for the Identification of MDR-TB Among Isolates

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Background: The GenoType MTBDR_{plus} V2 line-probe assay (LPA) is routinely used in clinical patient management to characterise the susceptibility of *Mycobacterium tuberculosis* complex to rifampicin (Rif) and isoniazid (INH) directly from sputum and cultured isolates. The laboratory workflow requires skill and three separate areas to minimize contamination and banding pattern interpretation requires experienced laboratory personnel. We explored the use of the RT MTB RIF/INH assay performed on the Abbott *m2000* platform as an alternative laboratory platform.

Methods: Isolates (n=93) consisting of fully susceptible, Rif- or INH-mono-resistant and multi-drug resistant (MDR) strains were tested on both MTBDR_{plus} v2 and RT MTB RIF/INH assays. Both assays target the *rpoB*, *katG* and *inhA* genes for resistance-detection mutations. Concordance was assessed using percent agreement and the kappa statistic. Those specimens with discordant results were further assessed using Sanger sequencing.

Results: A total of 89% (83/93) of cultured isolates generated successful results on the RT MTB/RIF-INH assay and MTBDR_{plus} assays. Of the 10 discordant results, where sequencing was used as the reference method, the RT MTB RIF/INH assays misclassified six resistance isolates, while the LPA misclassified seven.

Discussion: Overall, the RT MTB RIF/INH demonstrated good agreement with the LPA, and a better correlation with sequencing on discrepant isolates specifically with mutations occurring in codon 511 of the *rpoB* gene. The RT MTB RIF/INH therefore can be used to complement existing laboratory algorithms determining Rif and INH resistance profiles, with less emphasis on manual laboratory processing.

Keywords: molecular diagnostics, tuberculosis, line-probe assay

Introduction

Molecular technology is well applied in current tuberculosis (TB) diagnostic algorithms, with no better example than the Xpert MTB/RIF (Xpert), with a footprint in >130 countries.¹ Although this technology simultaneously detects the presence of *Mycobacterium tuberculosis* complex (MTBC) and susceptibility to rifampicin (Rif) across several clinical specimen types, it is not designed to detect resistance to isoniazid (INH). According to the World Health Organisation (WHO), globally 8% TB cases show monoresistance to INH. In South Africa's current TB diagnostic algorithm, INH resistance is detected using the GenoType MTBDR_{plus} V2 line-probe assay {LPA}² (HAIN Lifesciences, Nehren, Germany), that can be performed directly on decontaminated sputum and indirectly off Mycobacterial Growth Indicator tubes (MGIT)

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isolates. This LPA is based on DNA Strip technology and is used for the determination of resistance to Rif and INH in MTBC.^{3–6} Version 1 of this assay was endorsed by the WHO in 2008.⁷ At the time, the assay had the advantage of enabling rapid detection of MTBC and resistance profiling (in less than 48 hours) and was also available as a high-throughput technology (48 specimens per batch using the GT Blot 48 [HAIN Lifesciences, Nehren, Germany]). However, due to the performance of the assay, the WHO recommended the version 1 LPA for use on smear-positive sputum specimens only.⁷ In 2012, version 2 of the LPA became available with recommendations for use on both smear-positive and smear-negative sputum specimens. However, despite its improvements, assay performance is still affected by bacillary load.⁵ The sensitivity and specificity of the LPA assay for MTBC detection varies across studies. A study conducted in South Africa demonstrated a sensitivity of 73.1% (95% CI: 59.8–83.2%) and a specificity of 100% (95% CI: 80.6–100%)⁶ whilst in Ethiopia, the sensitivity and specificity of the assay was determined as 96.4% (95% CI: 81.7–99.9) and 100% (95% CI: 88.8–100)⁴ respectively, with other countries reporting sensitivities around 88–99%.^{8–10} Sensitivity of the LPA on smear-negative sputum in the above-mentioned studies was reported as 57–79%. For Rif resistance, the LPA assay demonstrates sensitivity ranging between 88.2% and 98.1% and for INH resistance, between 92% and 94%.^{8–10} LPA performance on cultured isolates has previously been evaluated with a sensitivity for Rif resistance of 100% (95% CI: 76.8–100) and specificity of 87.9% (95% CI: 78.9–94.1); INH resistance detection with a sensitivity of 100% (95% CI: 91.8–100) and specificity of 94.4% (95% CI: 84.6–98.8).¹¹ However, the LPA is labour intensive since the DNA extraction, preparation for amplification, hybridisation (if using the Twincubator) and result interpretation are manual processes (unless using a Genoscan[®] for automated result interpretation). The operation and interpretation requires a higher degree of skill and a laboratory infrastructure with three separate rooms to prevent contamination. An in-house study investigating the subjectivity of LPA strip interpretation using different light sources (personal communication Robert Coombs) demonstrated that strip interpretation is difficult and subjective due to differing band intensities read under different lighting conditions (normal fluorescent lighting, sunlight and an i-Phone light). Of 15 strips prepared from clinical isolates and read by eight individuals, four strips produced varying outcomes with the highest discordance being seen under normal fluorescent lighting. This led

to an investigation of alternative molecular platforms that potentially could provide less subjective result outcomes.

One such technology is the *m2000* (Abbott Molecular, Des Plaines, IL, United States), which in South Africa has shown to be a reputable and robust platform for high-throughput HIV-1 testing since 2010,¹² and also investigated as a platform for integrated HIV/TB diagnostics. The RT MTB assay which is performed on the *m2000* system is a qualitative in vitro molecular assay for the direct detection of MTBC, with an optional reflex feature to the RT MTB RIF/INH assay for detection of Rif and INH resistance. The pooled sensitivity of RT MTB for detecting TB is reported in a meta-analysis as 96.0% (95% CI: 88.0–99.0) and specificity of 97% (95% CI: 93.0–99.0).¹³ For DR-TB, four studies were included to evaluate the diagnostic accuracy of RT MTB RIF/INH. The pooled sensitivity was 88% (95% CI: 82.0–93.0) and specificity 99% (95% CI: 96.0–99.0).¹³ Studies from Johannesburg, South Africa¹⁴ and Hong Kong¹⁵ similarly reported that 30% specimens identified by the RT MTB assay could not generate a result with the reflex assay, RT MTB RIF/INH, due to the limit of detection (LOD). Although this is a disadvantage compared to the Xpert or Xpert MTB/RIF Ultra (Ultra) assays, these latter assays are unable to report INH susceptibility. The ability of the RT MTB RIF/INH assay to be performed either in direct testing mode or in reflex mode following a positive RT MTB result¹⁶ provides flexibility for this assay to be performed on MGIT cultures isolates, which have higher bacillary loads. The performance of the RT MTB RIF/INH was therefore investigated in comparison to the LPA, as an option to improve laboratory workflow through automation with the *m2000* system and capitalize on the large footprint (>400 *m2000* instruments supported by >50 field service support staff) across sub-Saharan African countries (personal communication Abbott Molecular (November 2019)).

Materials and Methods

Study Isolates

Stored cultured isolates (–80°C) from the Clinical Laboratory Services biorepository (n=32) as well as residual culture isolates from the National Health Laboratory Services (NHLS) Mycobacteriology Referral Laboratory (n=61) were tested in this evaluation. Cultured isolates (1 mL) were re-subcultured into MGIT. Once these flagged positive on the MGIT 960 instrument (Becton Dickinson, Sparks, MD, USA) and confirmed to be positive for acid-fast bacilli (AFB) by Ziehl Neelsen (ZN) staining, testing

was performed using the LPA and the RT MTB RIF/INH assays according to the manufacturer's instructions¹⁷ and as previously described.^{2,14}

Genotyping Assay Description

For the LPA, manual DNA extraction was performed on 1 mL of culture using the GenoLyse[®] (HAIN Lifesciences, Nehren, Germany) extraction kit, followed by amplification using a Techne TC-512 thermocycler (Labotec Pty Ltd, Johannesburg, South Africa) and hybridisation using the automated GT-Blot 48. Testing was performed in two batches, to accommodate the 93 tests, followed by a manual interpretation of the strips. The LPA assay identifies Rif resistance through the detection of the most significant associated mutations of the *rpoB* gene (coding for the β -subunit of the RNA polymerase). For detection of INH resistance, the *katG* gene (coding for the catalase peroxidase) and the promoter region of the *inhA* gene (coding for the NADH enoyl ACP reductase) are examined. The assay is, therefore, able to provide information on the level of INH resistance detected (mutations in the *katG* regions are associated with high-level resistance while mutations in the *inhA* gene region are associated with low-level INH resistance). In certain instances, the absence of a wild-type (WT) band with an absence of the corresponding mutant band indicates that a specific resistance conferring mutation cannot be identified and resistance can then only be inferred. Updates to the interpretation of the LPA strips in the HAIN Lifescience Instructions for Use (IFU) resulted in a re-evaluation of strip interpretation in 2019.¹⁸

For the RT MTB RIF/INH assay, 500 μ L of culture was inactivated in a ratio of 1 (culture): 3 (inactivation reagent) for a period of 1 hour. This was followed by nucleic acid extraction on the *m2000sp* instrument and amplification and detection on the *m2000rt* instrument. For each of the three gene targets, results are provided as WT if no resistance is detected. If resistance is detected, the absence of the relevant probe is provided for the *rpoB* gene or the

relevant mutation is provided for the *katG* and *inhA* genes. Similarly, to the LPA, inferred resistance can also be detected in the RT MTB RIF/INH assay, where specific mutation information is not provided.

Those specimens with discordant results were further assessed using targeted Sanger sequencing (performed at the South African Medical Research Council Centre for tuberculosis research at Stellenbosch University) of the *rpoB*, *katG* and *inhA* genes.

Concordance between the RT MTB RIF/INH reflex assay and the LPA assay was assessed using percent agreement and the kappa statistic using Stata version 14 (StataCorp, College Station, TX, USA).

Ethics Statement

Ethics approval was obtained from the University of the Witwatersrand Human Research Ethics Committee for the use of residual specimens received for routine diagnostic testing (M150160: Research and Development (R&D) Programme).

Results

Biorepository Isolate Composition Determined by the Standard-of-Care (SOC) MTBDRplus V2 and the RT MTB RIF/INH Assays

Of the 87 isolates, which produced results on the LPA, 83 produced valid resistance profiles. Similarly, on the RT MTB RIF/INH assay, 83 isolates produced valid resistance profiles but not all reportable results were produced on the same isolates as the LPA. Both assays, therefore, produced indeterminate results on the same number of isolates ($n=10$). No repeat testing was performed on either assay. Table 1 outlines the standard of care (SOC) results reported by LPA and the results reported by the RT MTB RIF/INH assay. The LPA categorised the resistant isolates

Table 1 Rif and INH Resistance Profile Determined by the SOC MTBDRplus V2 and the RT MTB RIF/INH

SOC MTBDRplus V2 (n=87)	RT MTB RIF/INH					
	Below LOD	Error	Rif/INH Susceptible	Rif/INH Resistant	Rif Mono-Resistant	INH Mono-Resistant
n=4 (4.6%) Indeterminate	2		1	1		
n=17 (19.5%) Rif/INH susceptible			13		4	
n= 34 (39.1%) Rif/INH resistant	3		1	25	2	3
n=19 (21.8%) Rif mono-resistant	2	1	1		15	
n= 13 (14.9%) INH mono-resistant	2			1		10

as 51.5% (34/66) resistant to both Rif and INH, 28.8% (19/66) resistant to Rif only and 19.7% (13/66) resistant to INH only. 19.5% (17/87) were categorised as susceptible to Rif and INH and 4.6% (4/87) indeterminate for both Rif and INH.

Rif Genotyping

The most common *rpoB* gene mutation identified by the LPA assay as outlined in Table 2 was the S531L (n=15 [28.3%]), followed by the D516V mutation in 18.9% (n=10) of isolates. The LPA inferred resistance in 26.4% (n=14) of isolates. On the RT MTB RIF/INH assay (Table 3), Probe 4 was missing in 35.3% (n=18) of isolates indicating a mutation/s in codons 531–533 of the *rpoB* gene. 21.6% (n=11) of isolates demonstrated a missing Probe 2 with another 21.6% demonstrating a missing Probe 5 indicating mutation/s in codons 513–516 and 519–522, respectively. Inferred resistance was detected in one isolate on the RT MTB RIF/INH assay. Of the 73 isolates which demonstrated valid Rif resistant results for both assays, 89.0% (n=65) showed substantial agreement between the 2 assays (Kappa: 0.765).

Table 2 Summary of Mutations Reported by the GenoType[®] MTBDRplus V2 Assay

Drug	Mutation	n	%
Rif	Total	53	100%
	S531L	15	28.3%
	D516V	10	18.9%
	Codons 510–519	7	13.2%
	H526Y	5	9.4%
	Δ wt7	4	7.6%
	Δ wt8	4	7.6%
	Δ wt2-3	3	5.7%
	Δ wt4	2	3.8%
	Δ wt2-4	1	1.9%
	H526D	1	1.9%
	N518I	1	1.9%
INH	Total	47	100%
	<i>katG</i>		
	<i>inhA</i>		
	S315T	21	44.7%
	S315T	9	19.1%
	T8A	7	14.9%
	C15T	4	8.5%
	Δ wt1	3	6.4%
	C15T	1	2.1%
	C15T; A16G	1	2.1%
	Missing <i>inhA</i>	1	2.1%
	T8C	1	2.1%

Table 3 Summary of Mutations Reported by the Abbott RT MTBRIF/INH Assay

Drug	Mutation Information	n	%
Rif	Total	51	100%
	PB4-	18	35.3%
	PB2-	11	21.6%
	PB5-	11	21.6%
	PB7-	6	11.8%
	PB2-, PB5-	3	5.9%
	PB6-	1	1.9%
	Mutation not listed	1	1.9%
INH	Total	43	100%
	<i>katG</i>		
	<i>inhA</i>		
	315T	33	76.7%
	–15T	7	16.3%
	–15T	1	2.3%
	MUT	1	2.3%
	MUT	1	2.3%

INH Genotyping

The most common mutation on the LPA for INH resistance was the S315T1 mutation on the *katG* gene which accounted for 44.7% (n=21) of resistance (Table 2). Co-occurring mutations (S315T and either a T8A or C15T) accounted for a further 34% (n=16) of resistance. On the RT MTB RIF/INH assay, the S315T mutation on the *katG* gene was reported in 76.7% (n=33) of isolates. The frequency of the *inhA* –15 mutation was 16.3% (n=7). Co-occurring mutations (S315T and –15T) accounted for a further 2.3% (n=1) of resistance. Of the 75 isolates which demonstrated valid INH resistant results for both assays, 96.0% (n=72) showed almost perfect agreement between the two assays (Kappa: 0.919).

Discordant Genotype Results

Targeted sequencing of the *rpoB*, *katG* and *inhA* genes was performed on 10 isolates that reported discordant results between the LPA and RT MTB RIF/INH assays as listed in Table 4. The LPA incorrectly classified 6/10 isolates as Rif susceptible, among codon 511 and 533, while the RT MTB RIF/INH assay misclassified 2/10 isolates as Rif susceptible, among codon 526 and 531. The LPA missed a deletion in Codon 262 of the *katG* gene in 2/10 isolates and incorrectly identified these two isolates as INH susceptible. In addition, 1/10 of isolates were incorrectly classified as INH resistant (demonstrated a dual S315T mutation in the *katG* gene and a C15T mutation in the *inhA* gene). The RT MTB RIF/INH assay incorrectly classified 4/10 isolates as INH susceptible. Deletions in Codon 262 were missed in three isolates as well

Table 4 List of Discrepant Results and Validation with Sequencing

Obs	Sequencing	LPA	RT MTB RIF/INH	Sequencing		LPA	RT MTB RIF/INH
	<i>rpoB</i>	RIF	RIF	<i>katG</i>	<i>inhA</i>	INH	INH
1	Codon 511, Position 2: CTG-CCG	S	R	Codon 315, Position 2: AGC-ACC	WT	R	R
2	Codon 511, Position 2: CTG-CCG	S	R	Deletion: Codon 262, Position 1 (A)	WT	S	S
3	Codon 511, Position 2: CTG-CCG	S	R	Deletion: Codon 262, Position 1 (A)	WT	S	S
4	Codon 511, Position 2: CTG-CCG	S	R	WT	WT	S	S
5	Codon 511, Position 2: CTG-CCG	S	R	WT	WT	S	S
6	Codon 516, Position 2: GAC-GCC	R	R	Deletion: Codon 262, Position 1 (A)	WT	R	S
7	Codon 526, Position 2: CAC-CGC	R	S	Codon 315, Position 2: AGC-ACC	WT	R	R
8	Codon 526, Position 2: CAC-CTC	R	R	WT	WT	R	S
9	Codon 531, Position 2: TCG-TTG	R	S	WT	WT	S	S
10	Codon 533, Position 2: CTG-CCG	S	R	Deletion: Codon 262, Position 1 (A) AND Codon 315, Position 2: AGC-ACC	WT	R	S

Notes: S denotes susceptible, R denotes resistant, LPA denotes line probe assay, INH denotes isoniazid, RIF denotes rifampicin, WT denotes wild-type pattern, RT-MTB refers to the Abbott RealTime MTB assay. Results highlighted in green demonstrate the correct result (as determined by sequencing) while results highlighted in red demonstrate the incorrect result. *rpoB*, *inhA* and *katG* refer to genes in the *Mycobacterium tuberculosis* genome and are therefore italicized.

as in an isolate where the deletion co-occurred with an S315T1 mutation.

These results demonstrate that with the SOC LPA testing, six isolates were incorrectly identified as drug susceptible (Rif resistance was confirmed both by the RT MTB RIF/INH assay and sequencing) and another isolate was incorrectly identified resistant to INH (susceptibility to INH was confirmed both by the RT MTB RIF/INH assay and sequencing). If the RT MTB RIF/INH results have been used in the diagnostic algorithm, six isolates would have been incorrectly identified as fully susceptible (Rif resistance was confirmed in two isolates and INH resistance in the other four isolates by sequencing).

Discussion

For Rif, the S531L mutation is the most common mutation in the *rpoB* gene accounting for 29%-80% of global resistance¹⁹⁻²¹ and is considered a high-confidence mutation.²² The isolates selected for this study were a combination of those containing this S531L and *katG* (S315T) mutations in addition to some with less frequent *rpoB* D516V and H526Y mutations. These mutations appear to vary widely across geographical areas as demonstrated by Van Deun A et al²³ who reported D516V mutation frequencies of 3.4% and 7.1%; and H526Y mutation frequencies of 9.7% and 2.4% from Bangladesh and Kinshasa, respectively. Although both assays produced the same number of indeterminate results (n=10), the RT MTB RIF/INH was able to correctly detect Rif and/or INH susceptibility in one more

isolate than the LPA, thereby providing more accurate genotyping result reporting based on reference sequencing outputs. For the Rif only and INH only resistant isolates, the RT MTB RIF/INH assay demonstrated better performance on Rif resistance detection than the LPA (21 vs 19), while both assays demonstrated similar performance for INH resistance detection. Although both assays demonstrated good agreement for Rif resistance detection among the more frequently occurring mutations, the RT MTB RIF/INH assay was able to provide additional information on the rare mutations in codon 511 on 5 more isolates than the LPA assay. Deficiencies of the RT MTB RIF/INH assay include missed mutations in codons 526 (global frequency of 0.2%-1%)^{20,21} and S531L (this mutation was detected in 11/12 [92%] isolates). A misdiagnosis for Rif on the RT MTB RIF/INH assay has also been demonstrated previously on H526D, H526R and L533P mutations.^{24,25} For the 10 discordant isolates, and using sequencing as the reference, the LPA misclassified five isolates for Rif resistance profiling versus 2 on the RT MTB RIF/INH assay. The LPA, therefore, missed three additional Rif resistant isolates as compared to the RT MTB RIF/INH assay. This is in line with a previous study that demonstrated the LPA misses some mutations (del 517, D516Y, S522P, L530L, S531L and L553P) in the *rpoB* gene.²⁶ Of the five isolates, the missed mutation is the minimal-confidence L511P mutation (demonstrated to occur at a frequency of 3%)²⁰ in 45.5% of isolates. The banding patterns on the LPA for these five isolates did, however, display weaker WT2 band staining than the other WT bands on the strips, which

Table 5 Summary of High-Throughput Rif and INH Genotyping Technologies

Company	Platform	Assay (Throughput)	LOD**	Target	Multipurpose Capability
Abbott	m2000 system (sp/rt)	RT-MTB (94 specimen/run)* ^{28–30}	2.5–35 cfu/mL	MTBC: IS6110 and <i>pab</i> gene	HIV-1, HBV, HCV, CMV, EBV HIV-1 Qualitative, High Risk HPV, CT/NG, and CT
		RT- Rif/INH (22 specimens/run)* ^{25,31}	60 cfu/mL	RIF-INH: <i>rpoB</i> , <i>katG</i> and <i>inhA</i>	
Roche	Cobas 68/8800	cobas MTB*	7.6–8.8 cfu/mL	MTBC: 16S rRNA and 5 <i>esx</i>	HIV-1/2, HCV, HBV, CMV, MPX, WNV, Zika, DPX, CT-NG/HIV-1, HCV, HBV, CMV, CT-NG, HPV, HIV-1/2 qual., MPX, WNV, TV/ MG
		cobas Rif/INH*		RIF-INH: <i>rpoB</i> , <i>katG</i> and <i>inhA</i>	
		cobas MAI*			
Cepheid	GeneXpert: Gx 1 (1 specimen/2hrs) Gx4 Gx16 Gx48 Gx80	Xpert MTB/RIF ^{32,33}	50–165 cfu/mL	<i>rpoB</i> with 5 probes	24 assays in separate cartridge format
		Xpert MTB/RIF Ultra ³⁴	5–25 cfu/mL	IS6110, IS1081 and <i>rpoB</i> with 4 probes	
BD	BD MAX	MDR-TB ³⁵	MTBC: 0.5 cfu/mL RIF-INH: 6 cfu/mL	MTBC: IS6110, IS1081 and <i>devR</i> RIF-INH: <i>rpoB</i> , <i>katG</i> and <i>inhA</i>	MRSA, Cdiff, Staph SR, Enteric bacterial, Enteric Viral
Bruker (HainLifeSciences)	Fluorocycler	MTBDR ^{36–38}	22 cfu/mL	<i>rpoB</i> , <i>katG</i> and <i>inhA</i>	HSV, Fungiplex (Universal, Aspergillus, Candida), CarbaPlex

Notes: *performed as independent assays. **under WHO review.

usually occurs in the case of an L511P or L533P mutation (personal communication with HAIN Lifesciences). In addition, a similar faint WT8 band was displayed for the isolate which contained the L533P mutation. These strips highlight the requirement for experienced laboratory personnel for the interpretation of banding patterns.

For INH, both assays demonstrated almost perfect agreement but the LPA was able to provide one additional INH resistance profile compared to the RT MTB RIF/INH assay. The most common mutation detected by both assays is the S315T mutation which occurs at a frequency of 64%.²⁷ The RT MTB RIF/INH assay misclassified four isolates (compared to sequencing for INH) compared to three on the LPA. On the LPA, for the culture isolate, which demonstrated resistance in the *katG* region, the intensity of the MUT1 band indicates that a mixed infection may be present. On the RT MTB RIF/INH assay, the deletion that was missed (Codon 262, Position 1 (A)) in the *katG* gene is a deletion that was also missed by the LPA in 2/4 (50%) of isolates displaying this mutation in

this study. The RT MTB RIF/INH assay also missed an S315T mutation in the *katG* gene in one isolate but this mutation was correctly detected in the other 19 (95%) isolates.

Alternative molecular technologies other than the LPA are becoming available (WHO interim report) and provide resistance profiles for Rif and INH, which are automated with high-throughput capability as outlined in Table 5. These technologies include the cobas MTB and MTB RIF/INH assays, FluoroType MDRTB, BD MAX MTBDR and Abbott RT MTB and MTB RIF/INH assays'. All these assays are based on real-time PCR. The cobas[®] MTB assay (Roche Molecular Diagnostics, Pleasanton, CA, USA) detects MTBC by targeting the 16S rRNA and 5 *esx* genes and can generate results for 94 tests in 3.5 hours. Testing on the cobas MTB RIF/INH assay can be performed in an additional 3.5 hours.¹⁸ The MAX MDR-TB is performed on the BD MAX System to detect MTBC through targeting IS6110, IS1081 and *devR*¹⁹ with 24 specimens tested per batch and results reported within 4

hours. The FluoroType[®] MTBDR assay (Hain Lifescience, Nehren, Germany) uses LATE-PCR amplification and lights-on/lights-off chemistry to detect MTBC by targeting the *rpoB* gene.¹⁹ Results are generated within 4 hours and 94 specimens tested in a batch. Rif and INH resistance profiling for all three assays (cobas[®] MTB RIF/INH, FluoroType[®] MTBDR and BD MDR-TB) is performed through the detection of mutations in the *rpoB* gene, *katG* gene and *inhA* promoter region. Both the BD MDR-TB and the FluoroType MTBDR offer the advantage of differentiating between high- and low-level INH resistance but only the FluoroType MTBDR results include specific mutations identified for the three gene targets. The Xpert and BD tests are “closed” cartridge and cassette-based assays, whereas the RT MTB assay, RT MTB RIF/INH and cobas[®] MTB and MTB-RIF/INH are assays that may be performed independently. The Abbott, Roche and Cepheid platforms also address system efficiencies through multidisease testing available on a single platform to potentially simplify workflow, increase access and improve disease management.¹³ The Fluorocycler as with the current Xpert and Ultra assays isolate whole MTBC from inactivated specimens prior to DNA extraction.

Conclusions

Overall, the RT MTB RIF/INH demonstrated good agreement with the LPA and compared better with sequencing on discordant isolates than the LPA. RT MTB RIF/INH, therefore, shows good potential to be used in current testing algorithms for the determination of Rif and INH clinically relevant mutations.

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Disclosure

Lesley Scott reports Abbott Molecular and Hain LifeSciences provided kits for assay evaluation and

funding for laboratory support to retrieve bio-bank specimens. In addition, Professor Lesley Scott has a patent USP 8709712 (related to standardised material for molecular TB tests) with royalties paid to University of the Witwatersrand, Johannesburg, South Africa.

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