

# Oridonin Sensitizes Hepatocellular Carcinoma to the Anticancer Effect of Sorafenib by Targeting the Akt Pathway

This article was published in the following Dove Press journal:  
*Cancer Management and Research*

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**Background:** Oridonin is the core bioactive component of *Rabdosia rubescens*, a traditional Chinese herbal medicine used in the treatment of hepatoma. Sorafenib, a targeted therapeutic agent for advanced hepatocellular carcinoma (HCC), has recently been shown to exert limited clinical effects. However, few studies have focused on the synergistic effect of these two drugs on hepatocellular carcinoma.

**Methods:** We treated different HCC cell lines with different concentrations of oridonin and sorafenib and assessed the viability by using MTT assays and examined proliferation, migration, invasion and apoptosis after cotreatment of HepG2 cells with 20  $\mu$ M oridonin and 5  $\mu$ M sorafenib via colony formation assays, Transwell assays and flow cytometry. Regulatory effects were measured by Western blotting. The in vivo synergistic effect was confirmed through xenograft tumor models, and tumor tissues were analyzed by immunohistochemistry.

**Results:** The inhibitory effects of oridonin and sorafenib cotreatment on HCC cells were stronger than those of either drug alone. In addition, combined treatment with the two drugs synergistically inhibited epithelial–mesenchymal transition and the Akt pathway but not NF- $\kappa$ B or MAPK signaling. Akt phosphorylation by SC79 reversed the inhibitory effects of the combined treatment. Synergistic inhibition was equally observed in vivo.

**Conclusion:** Oridonin combined with sorafenib synergistically inhibited proliferation, migration, invasion, and epithelial–mesenchymal transition and induced apoptosis by targeting the Akt pathway but not NF- $\kappa$ B or MAPK signaling.

**Keywords:** oridonin, sorafenib, HCC, Akt pathway

## Introduction

Hepatocellular carcinoma (HCC) is the third leading cause of cancer-associated mortality worldwide.<sup>1</sup> Researchers have made tremendous efforts to understand the biological mechanisms that restrain HCC development. Multiple treatment strategies, including surgical resection, ablation, TACE, targeted therapeutic drugs and liver transplantation, have been applied to different stages of HCC to improve prognosis. However, the overall 5-year survival rate remains unsatisfactory.<sup>2</sup> Major challenges in treating HCC are the limitations of surgical management for patients with advanced HCC, high recurrence after surgery and the lack of efficient drugs with mild side effects. Sorafenib is the first targeted therapeutic agent available for advanced HCC and exerts antitumor effects by inhibiting tumor cell proliferation, preventing angiogenesis and inducing cell apoptosis.<sup>3</sup> However, emerging evidence has revealed the limited

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clinical effects of sorafenib because of the development of resistance. For example, Andrea Casadei-Gardini and his colleagues validated a simple scoring system to individuate predictive factors of sorafenib response and found that chronic treatment with metformin could result in resistance to sorafenib.<sup>4–6</sup> Although great efforts have been done to improve the clinical efficacy, the median survival increased by sorafenib was still no more than 3 months for patients with advanced HCC.<sup>3–7</sup>

Traditional Chinese herbal medicine has played a vital role in fighting varieties of cancer types for millennia. *Rabdosia rubescens* (Hemsl.), a medicinal herb, has long been used in China as an anti-inflammatory and antitumor agent.<sup>8</sup> Oridonin, the major bioactive component of *Rabdosia rubescens*, shows favorable therapeutic effects against many cancer types, such as breast cancer, ovarian cancer, colon cancer, osteosarcoma, gastric cancer, lung cancer, esophageal squamous cell carcinoma and hepatocellular carcinoma.<sup>9</sup> In addition, oridonin shows synergistic anticancer effects when combined with other treatments. For example, cotreatment with oridonin and cisplatin inhibited the transcriptional activity of NF- $\kappa$ B and induced apoptosis in HCC,<sup>10</sup> oridonin enhanced radiation-induced cell death in lung cancer,<sup>11</sup> and oridonin intensified the toxicity of 5-FU in renal carcinoma.<sup>12</sup> However, the synergistic effect of oridonin and sorafenib remains unclear, although both drugs are effective in treating HCC.

In this study, we found that the combination of oridonin and sorafenib attenuated the viability of HCC cells in a dose-dependent manner. In addition, cotreatment with the two drugs inhibited proliferation, migration, and invasion and induced apoptosis in vitro and mitigated tumor growth in vivo. Moreover, combined treatment inhibited epithelial–mesenchymal transition (EMT) and alleviated Akt phosphorylation but not NF- $\kappa$ B or MAPK signaling. Furthermore, we demonstrated that the synergistic antitumor effect of oridonin and sorafenib was modulated by the Akt pathway.

## Materials and Methods

### Cell Culture and Treatment

Human hepatocellular carcinoma cell lines, including SMMC-7721, HepG2, Bel-7402, and Huh7 cells, were obtained from the Type Culture Collection of the Chinese Academy of Sciences (Shanghai, China). The cells were cultured in Dulbecco's modified Eagle's

medium (DMEM) (GibcoBRL Life Technologies, Grand Island) with 10% fetal bovine serum (FBS) (Biological Industries, Israel) and 1% penicillin-streptomycin-neomycin (GibcoBRL Life Technologies, Grand Island) at the permissive temperature (37°C). Oridonin (Selleck, USA), sorafenib (Bayer, Germany) and SC79 (Selleck, USA) were dissolved in dimethyl sulfoxide (DMSO) (MPBio; USA), stored at –20°C and diluted to the target concentrations with complete medium before use.

### MTT Assay

A 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide (MTT) kit (Beyotime, China) was used to analyze cell viability. The four HCC cell lines were inoculated in 96-well plates (1500 cells per well) and treated with oridonin (0, 10, 20 and 30  $\mu$ M), sorafenib (0, 2.5, 5 and 10  $\mu$ M) or sorafenib combined with oridonin at the indicated concentrations for 48 h. Thereafter, 20  $\mu$ L of MTT solution was added to each well and incubated at 37°C for 4 h. Then, the supernatants were removed, and 150  $\mu$ L of DMSO was added to each well. Cell viability was detected by measuring the absorbance at 570 nm with an automated microplate reader (Thermo Fisher Scientific, USA).

### Colony Formation Assay

HepG2 cells were plated in six-well plates at a density of  $5 \times 10^2$  cells/well and then stimulated with 20  $\mu$ M oridonin, 5  $\mu$ M sorafenib, 20  $\mu$ M oridonin combined with 5  $\mu$ M sorafenib and 0.2% DMSO as a negative control. The cells were observed daily under an optical microscope (Olympus, Japan). Ten days later, cell culture was terminated, and 4% paraformaldehyde was added to each well for 30 min to fix the cells. Then, the fixed cells were stained with 1% crystal violet solution (Solarbio, Beijing, China). Colonies of more than 50 adherent cells were counted.

### Apoptosis Assay

We performed a flow cytometric assay to evaluate cell apoptosis. After the administration of 20  $\mu$ M oridonin, 5  $\mu$ M sorafenib, 20  $\mu$ M oridonin combined with 5  $\mu$ M sorafenib and 0.2% DMSO as a negative control for 48 h, the cells were fixed in 80% ethanol after collection and stored at 4°C overnight. After the cells were washed with PBS, RNase A and propidium iodide were added. Then, the cells were incubated for 20 min at 4°C in the dark. Cells were suspended at a density of  $1 \times 10^6$  cells per milliliter in buffer containing FITC-conjugated Annexin V/PI (Keygen, Nanjing, China) before analysis via flow

cytometry. The proportion of apoptotic cells to total cells was calculated.

## Transwell Migration and Invasion Assay

HepG2 cells were suspended in serum-free DMEM at a density of  $1 \times 10^5$ /mL. The Transwell inserts were pre-coated with fibronectin for migration assays and BD™ Matrigel (BD, USA) for invasion assays. The abovementioned cell suspension (100  $\mu$ L) was added to the upper chamber of the Transwell inserts. Next, 600  $\mu$ L of DMEM with 10% FBS was added to the lower chamber to act as a chemoattractant. Oridonin (20  $\mu$ M), sorafenib (5  $\mu$ M), oridonin (20  $\mu$ M) combined with sorafenib (5  $\mu$ M) and DMSO (0.2% DMSO) as a negative control were added to both the upper and lower chambers. After incubation for 24 h for the migration assay and 48 h for the invasion assay, the cells on the lower insert surface were fixed with 4% paraformaldehyde and stained with 1% crystal violet (Beyotime, China). The number of cells was counted in three different microscopic fields of three independent inserts.

## Western Blotting

HepG2 cells were treated with 20  $\mu$ M oridonin, 5  $\mu$ M sorafenib, 20  $\mu$ M oridonin combined with 5  $\mu$ M sorafenib and 0.2% DMSO for 48 h, lysed in RIPA buffer (Beyotime, China) and centrifuged. A BCA protein assay kit (Thermo, USA) was used to measure the protein concentration. Samples were diluted in 5 $\times$  SDS loading buffer and separated by 10% or 12% SDS-PAGE before being transferred to polyvinylidene fluoride (PVDF) membranes (Millipore). The PVDF membranes were blocked in 5% nonfat dry milk at room temperature, incubated with appropriate primary antibodies (1:1000) (Cell Signaling Technology, USA), including GAPDH, PCNA, Bcl-2, Bax, E-cadherin, Vimentin, Snail, cleaved PARP, cleaved Caspase-3, p-Akt, Akt, p-p65, p65, p-JNK, JNK, p-p38, p38, p-ERK, ERK, and thereafter incubated with appropriate HRP-conjugated secondary antibodies (1:3000, Beyotime, China). The immunoreactive bands were visualized using an ECL Western blot kit (CW0049C, CWBIO). The protein expression levels were standardized to GAPDH and were assessed by densitometry using ImageJ (National Institutes of Health, USA).

## Animals and Treatments

In vivo experiments were performed in the Animal Laboratory Center of Jinan University and all animals

were used according to institutional guidelines (Institute of laboratory animal science, Jinan University). Ethics and legal approval (No. SYXK2012-0117) was obtained from the Committee for Experimental Animal Studies of Jinan University prior to the commencement of the study. Four- to six-week-old male nude (BALB/c nu/nu) mice were subcutaneously injected with 100  $\mu$ L of serum-free medium containing HepG2 cells ( $1 \times 10^7$  cells) in the left abdomen. Seven days later, the mice were randomly divided into four groups and were fed water, oridonin (30 mg/kg), sorafenib (20 mg/kg) or oridonin (30 mg/kg) combined with sorafenib (20 mg/kg) daily. We measured and recorded the tumor volumes with a digital caliper each week, and four weeks after injection, the mice were anesthetized with 3% isoflurane (Sigma, USA) and sacrificed by cervical dislocation. The tumors were excised, photographed and weighed.

## Immunohistochemistry

Fresh tumor tissues from xenograft animals were fixed in formalin for 48 h before being prepared into paraformaldehyde-fixed paraffin-embedded 4  $\mu$ m-thick sections. After deparaffinization in xylene, rehydration in ethanol and rinsing in PBS, the sections were treated with TE (10 mM Tris/1 mM EDTA, [pH 9.0]) at sub-boiling temperatures and subsequently incubated with 3% hydrogen peroxide after being cooled to room temperature. The sections were blocked with 200  $\mu$ L of normal goat serum (ZSGB-BIO, China) for 1 h at 37°C and then incubated with 200  $\mu$ L of primary antibodies, including p-Akt (Abcam, USA), Ki67 (Abcam, USA), Vimentin (Abcam, USA), and Bcl-2 (Abcam, USA), at a dilution of 1:100 overnight at 4°C. After being washed with PBS, the tissue sections were incubated with diluted streptavidin-peroxidase HRP conjugates and then stained with hematoxylin for 3 min before analysis under a microscope. The staining results were blindly assessed by two researchers according to the previously described scoring criteria.<sup>13</sup>

## Statistical Analysis

All results were obtained from three independent experiments and were repeated three times in each individual experiment under the same conditions. All data are expressed as the mean  $\pm$  standard deviation (SD). Differences among groups were compared using GraphPad Prism (GraphPad Software, USA) by Student's t-tests and

one-way ANOVA. Differences were considered statistically significant when  $p$  values were less than 0.05 ( $p < 0.05$ ).

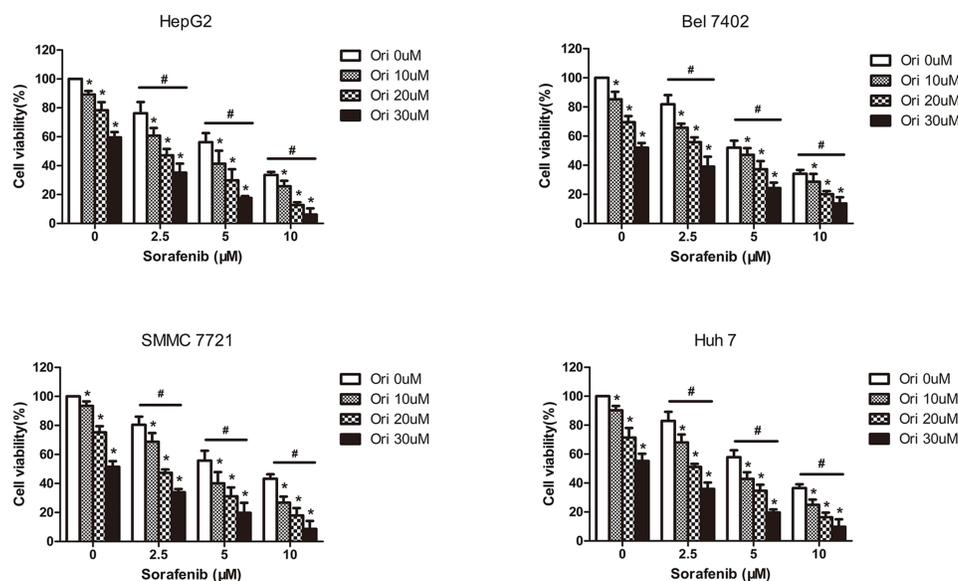
## Results

### Synergistic Inhibition of Hepatocellular Carcinoma Cell Lines by Oridonin and Sorafenib

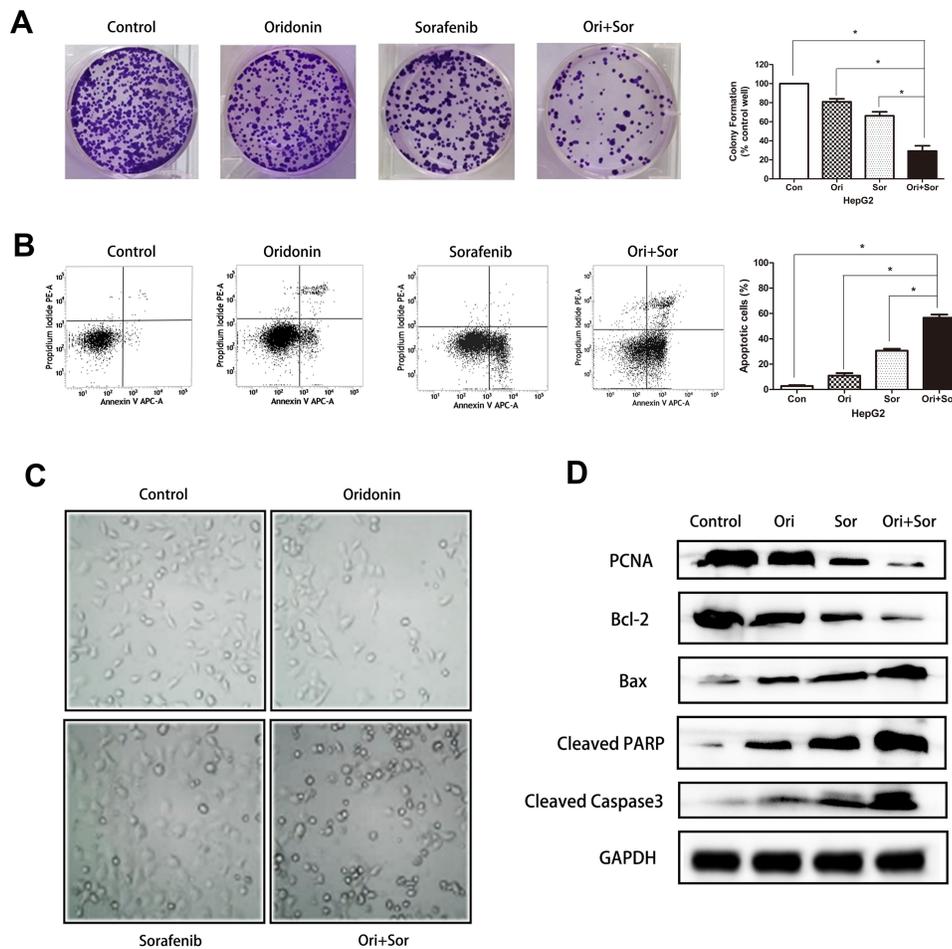
We first investigated the synergistic effects of oridonin and sorafenib on HCC cell lines. HepG2, Bel-7402, SMMC-7721, and Huh7 cells were treated with increasing concentrations of oridonin and sorafenib for 48 h, and analyzed by MTT assays. As shown in Figure 1, oridonin alone significantly inhibited the viability of the different HCC cell lines in a concentration-dependent manner. When oridonin and sorafenib were used in combination, the inhibitory effect on HCC cells was stronger than that of either drug alone, and the inhibitory effect was significantly enhanced with increasing concentrations of each drug. These results indicated that oridonin and sorafenib synergistically inhibited the viability of HCC cells. We selected HepG2 cells and used oridonin at a dose of 20  $\mu\text{M}$  and sorafenib at a dose of 5  $\mu\text{M}$  for further investigation.

### Cotreatment with Oridonin and Sorafenib Synergistically Inhibited Proliferation and Induced Apoptosis

We further explored the effects of oridonin and sorafenib on the proliferation and apoptosis of HCC cells. As observed under an optical microscope, at 48 h after drug treatment, the cell morphology of the combined treatment group changed conspicuously, and the number of detached apoptotic cells significantly increased (Figure 2C). We examined the effects of different treatments on cell proliferation by colony formation assays. As shown in Figure 2A, oridonin or sorafenib alone could reduce the colony counts of HepG2 cells. Oridonin alone inhibited the proliferation of HepG2 cells to  $80.92\% \pm 2.55\%$  compared with that of the negative control, while sorafenib alone suppressed cell proliferation to  $66.30\% \pm 3.38\%$ . When oridonin and sorafenib were used in combination, the colony counts were only  $29.28\% \pm 4.46\%$  compared with those of the control group, which were significantly less than those of single drug treatments. Similar results were also obtained when we examined apoptosis by flow cytometry (Figure 2B). The apoptosis ratios of the control, oridonin, sorafenib and cotreatment groups were



**Figure 1** Cytotoxicity of the combination of different doses of oridonin and sorafenib on HCC cell lines. The viability of HepG2, Bel-7402, SMMC-7721 and Huh7 cells was analyzed by MTT assays after treatment with different concentrations of sorafenib and oridonin for 48 h. (The data represent the mean  $\pm$  SD of three independent experiments. \*Indicates  $p < 0.05$  compared with 0  $\mu\text{M}$  oridonin; #Indicates  $p < 0.05$  compared with 0  $\mu\text{M}$  sorafenib; Ori indicates oridonin; Sor indicates sorafenib; Ori + Sor indicates combined oridonin and sorafenib treatment).



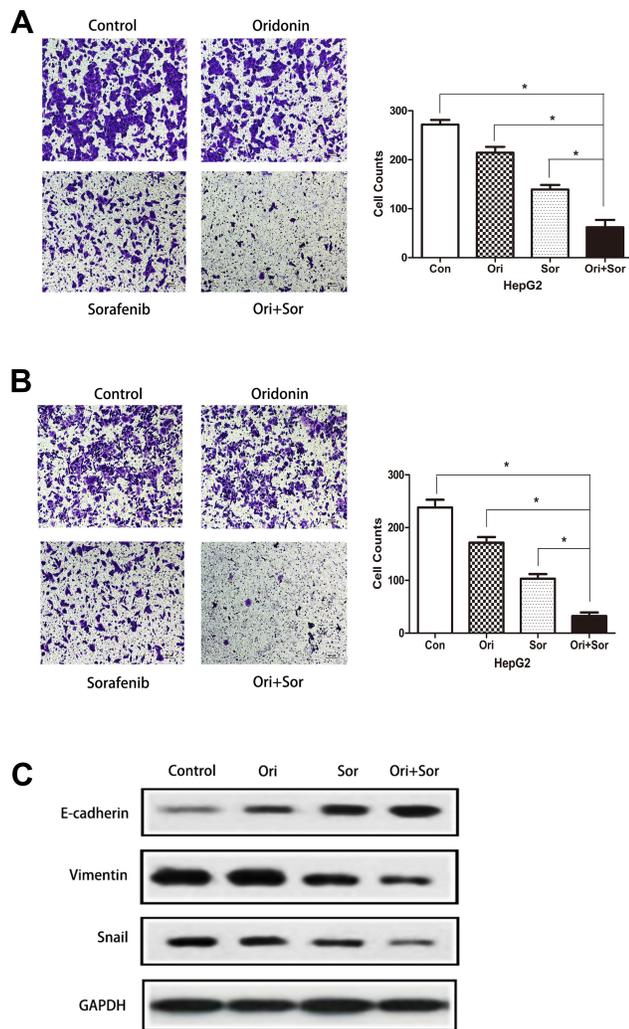
**Figure 2** Cotreatment with oridonin and sorafenib synergistically inhibited proliferation and induced apoptosis in HepG2 cells. **(A)** The proliferation of HepG2 cells was measured by colony formation assays after treatment with oridonin, sorafenib and oridonin combined with sorafenib. **(B)** Flow cytometry showed enhanced apoptosis induction in HepG2 cells after combined treatment with oridonin and sorafenib. **(C)** Representative micrographs of the cellular morphological signatures after the treatments. **(D)** The expression of PCNA, Bcl-2, Bax, cleaved PARP and cleaved caspase 3 was analyzed by Western blotting. (The data represent the mean  $\pm$  SD of three independent experiments. \*Indicates  $p < 0.05$  compared with the combination group; Ori indicates oridonin; Sor indicates sorafenib; Ori + Sor indicates combined oridonin and sorafenib treatment).

2.73% $\pm$ 0.55%, 10.90% $\pm$ 1.66%, 30.60% $\pm$ 1.27% and 56.65% $\pm$ 1.99%, respectively, and the differences were statistically significant. In addition, we measured the expression of PCNA, Bax, Bcl-2, cleaved PARP and cleaved Caspase-3 by Western blotting (Figure 2D). The expression of PCNA and Bcl-2 was notably decreased, while the expression of Bax, cleaved PARP and cleaved caspase-3 (apoptosis-related proteins) was markedly increased. These results indicated that oridonin or sorafenib treatment alone inhibited HepG2 cell proliferation and induced apoptosis, while cotreatment was superior to the effect of either drug alone.

### Combined Treatment with Oridonin and Sorafenib Further Suppressed Metastasis and Epithelial–Mesenchymal Transition

To assess the synergistic effect of oridonin and sorafenib on metastasis, we performed Transwell assays. As shown in

Figure 3A, the number of migrating cells after cotreatment with oridonin and sorafenib was significantly less than that after treatment with a single drug. The number of migrating cells was 272 $\pm$ 8.99 for the control group, 214 $\pm$ 11.28 for the oridonin group, 139 $\pm$ 9.06 for the sorafenib group and 62 $\pm$ 13.97 for the cotreatment group. Similar results were observed in the cell invasion assay (Figure 3B), in which 238 $\pm$ 13.92 were observed for the control group, 171 $\pm$ 10.22 were observed for the oridonin group, 103 $\pm$ 8.29 were observed for the sorafenib group and 32 $\pm$ 6.22 were observed for the cotreatment group, and the differences were statistically significant. Because epithelial–mesenchymal transition plays a pivotal role in cancer cell migration and invasion, we investigated whether combined treatment with oridonin and sorafenib regulated epithelial–mesenchymal transition in liver cancer cells by measuring the expression profile of EMT markers (Figure 3C). Combined treatment significantly



**Figure 3** Combined treatment with oridonin and sorafenib suppressed metastasis and regulated EMT in HepG2 cells. **(A)** Transwell assays showed that oridonin combined with sorafenib inhibited the migration of HepG2 cells. **(B)** Representative images show that oridonin and sorafenib synergistically suppressed the invasion of HepG2 cells. **(C)** The levels of E-cadherin, vimentin and Snail were measured by Western blotting. (The data represent the mean  $\pm$  SD of three independent experiments. \*Indicates  $p < 0.05$  compared with the combination group; Ori indicates oridonin; Sor indicates sorafenib; Ori + Sor indicates combined oridonin and sorafenib treatment).

enhanced the expression level of the epithelial protein E-cadherin and the transcription factor Snail and reduced the mesenchymal protein Vimentin compared with those of single drug treatments. These results suggested that cotreatment with oridonin and sorafenib suppressed HCC cell metastasis and epithelial–mesenchymal transition.

### Oridonin and Sorafenib Synergistically Mitigated Activation of the Akt Pathway but Not the MAPK or NF- $\kappa$ B Pathway

A variety of signaling pathways, such as the Akt, NF- $\kappa$ B, JNK, p38, and Erk signaling pathways, are associated with the

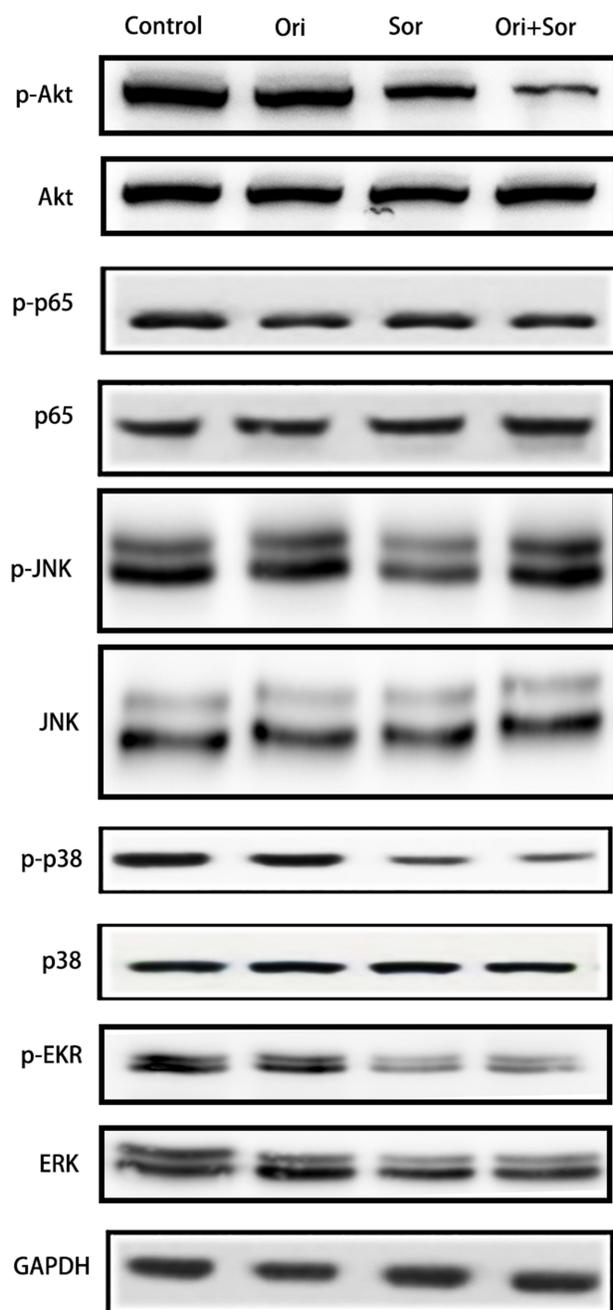
progression of hepatocellular carcinoma, and some of these pathways are targets of sorafenib. Therefore, we explored the regulation of their phosphorylation after treatment with oridonin, sorafenib and oridonin combined with sorafenib (Figure 4). The results suggested that after the combined treatment with oridonin and sorafenib, Akt phosphorylation was decreased significantly compared with that of single drug treatments. However, the activation of the NF- $\kappa$ B, JNK, p38 and Erk signaling pathways changed little after cotreatment compared with that after treatment with sorafenib alone. These results indicate that the Akt pathway participates in the inhibitory effects caused by cotreatment with oridonin and sorafenib.

### The Akt Pathway Played a Pivotal Role in the Anticancer Effect of Combined Oridonin and Sorafenib Treatment

To further explore the association between the Akt pathway and the inhibitory effects of cotreatment, we treated cells with SC79 to activate the Akt pathway after combined treatment with the two drugs. We first measured the expression levels of proteins associated with proliferation, apoptosis and EMT. As shown in Figure 5A, SC79 treatment restored Akt phosphorylation, which could reverse the expression of proliferation proteins, antiapoptotic proteins, apoptotic proteins and EMT markers. Cotreatment with oridonin and sorafenib downregulated PCNA, Bcl-2, Vimentin, and Snail and upregulated Bax, cleaved PARP, cleaved caspase-3, and E-cadherin, which were restored by Akt reactivation. Similar results were observed when we performed colony formation assays, flow cytometry and Transwell assays (Figure 5B–D). Cells cotreated with the two drugs under Akt activation conditions showed stronger proliferative, antiapoptotic, migratory and invasive abilities than those of cells without Akt activation. These results suggested that the synergistic inhibitory effect of combined oridonin and sorafenib treatment was modulated by the Akt pathway in HCC.

### Oridonin and Sorafenib Synergistically Exerted a Potent Anticancer Effect Against HCC in vivo

To further confirm the synergistic inhibitory effect of oridonin and sorafenib in vivo, xenograft tumor models were prepared with HepG2 cells. Tumor growth in the combined treatment group was significantly mitigated compared with that of the other groups. Moreover, the tumor weight in the oridonin group was 85.9% of that in



**Figure 4** Cotreatment with oridonin and sorafenib mitigated activation of the Akt pathway but not the MAPK or NF- $\kappa$ B pathway. Activation levels of Akt, p65, JNK, p38, and Erk signaling pathway proteins in each group were examined by Western blotting. (Ori indicates oridonin; Sor indicates sorafenib; Ori + Sor indicates combined oridonin and sorafenib treatment).

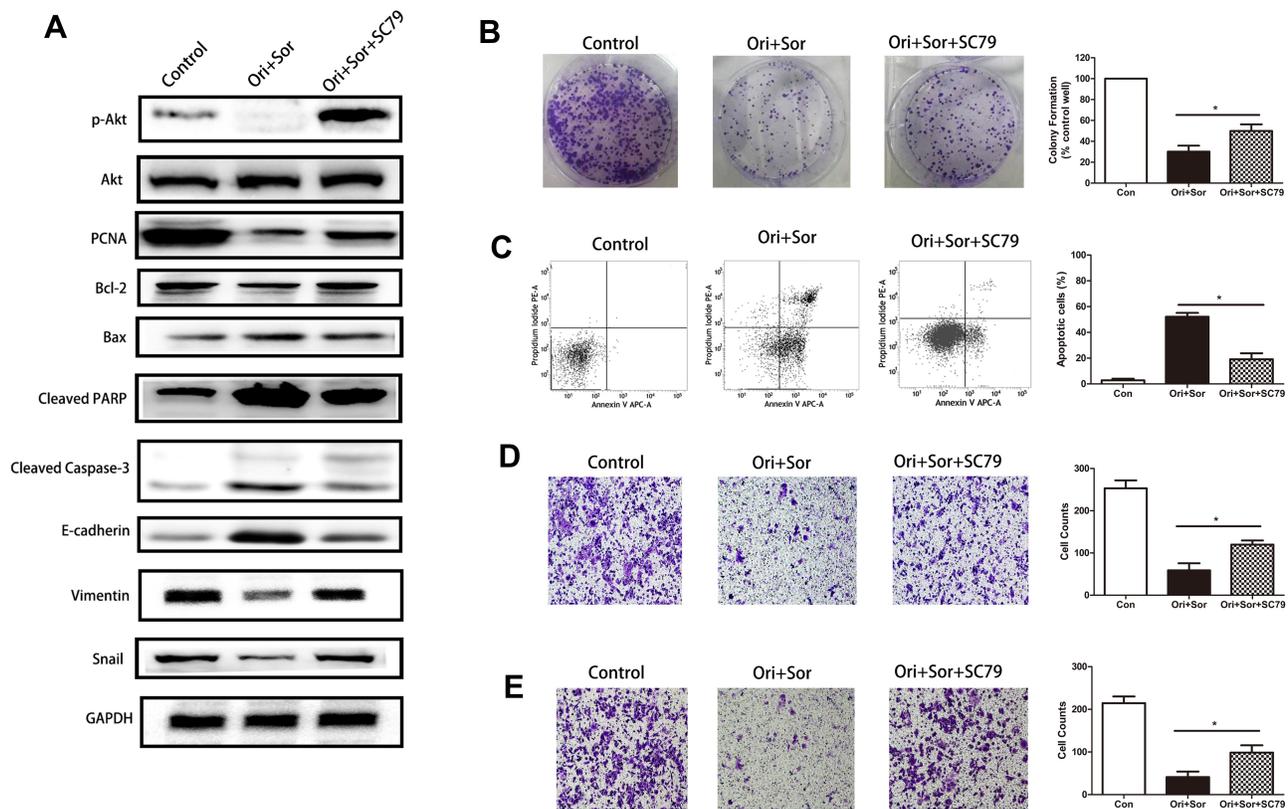
the control group, and in the sorafenib group, it was 54.9%, while it was 24.3% in the combined treatment group (Figure 6A). Subsequently, we measured the expression of proteins related to the Akt pathway, proliferation, apoptosis and EMT to confirm the in vitro results. Tumor sections from the xenograft tumor models were stained for p-Akt, Ki67, Vimentin and Bcl-2. The results were similar

to the in vitro results. The combination of oridonin and sorafenib significantly decreased the expression of p-Akt, Ki67, Vimentin and Bcl-2 (Figure 6B). Taken together, these results suggest that oridonin combined with sorafenib synergistically inhibits HCC progression via the Akt pathway.

## Discussion

*Rabdosia rubescens* is an effective traditional Chinese medicine for the treatment of hepatoma.<sup>9</sup> As its main component, oridonin has been proven to inhibit the progression of HCC. The potential mechanism may be associated with the regulation of mitochondrial ROS and ES stress to induce cell apoptosis. For example, it has been reported that oridonin activates oxidative stress pathways leading to HepG2 cell death, Hsp70-1 is a key protective protein in oridonin-mediated oxidative stress,<sup>14</sup> oridonin modulates ER stress and  $\alpha$ -CP1, leading to proliferation inhibition and apoptosis induction in HCC cells,<sup>9</sup> and oridonin-induced HCC cell apoptosis is mediated by mitochondrial ROS through PARP activation, p53, and the MAPK pathway.<sup>15,16</sup> In addition, considering that oridonin could effectively inhibit HCC, many researchers have extracted oridonin derivatives, which have also been proven to have significant inhibitory effects on the progression of HCC.<sup>17,18</sup> Therefore, oridonin might be a therapeutic candidate for the treatment of HCC. In this study, similar results were demonstrated by measuring the viability of HepG2, Bel-7402, Huh7 and SMMC-7721 cells after treatment with different concentrations of oridonin. We found that oridonin could inhibit the proliferation, migration, and invasion of HCC cells and induce apoptosis. Oridonin alone induces mesenchymal-epithelial transformation in HCC cells and inhibits the activation of Akt, NF- $\kappa$ B, JNK, P38, and ERK. An in vivo study also confirmed that oral intake of oridonin alone could inhibit tumor growth in mice and downregulate proliferation, metastasis, and antiapoptotic proteins.

Sorafenib is the first targeted drug to effectively increase the survival of patients with advanced HCC, but the improvement in survival time is not satisfactory due to drug resistance.<sup>3,7</sup> In addition, due to various adverse reactions, such as hand, foot and skin reactions, diarrhea, hypertension, fatigue, and hair loss, drug discontinuance is sometimes inevitable, and some of the patients cannot benefit from sorafenib treatment.<sup>19</sup> Combined treatment with antitumor drugs contributes to increasing the curative effect and reducing the side effects through the synergistic

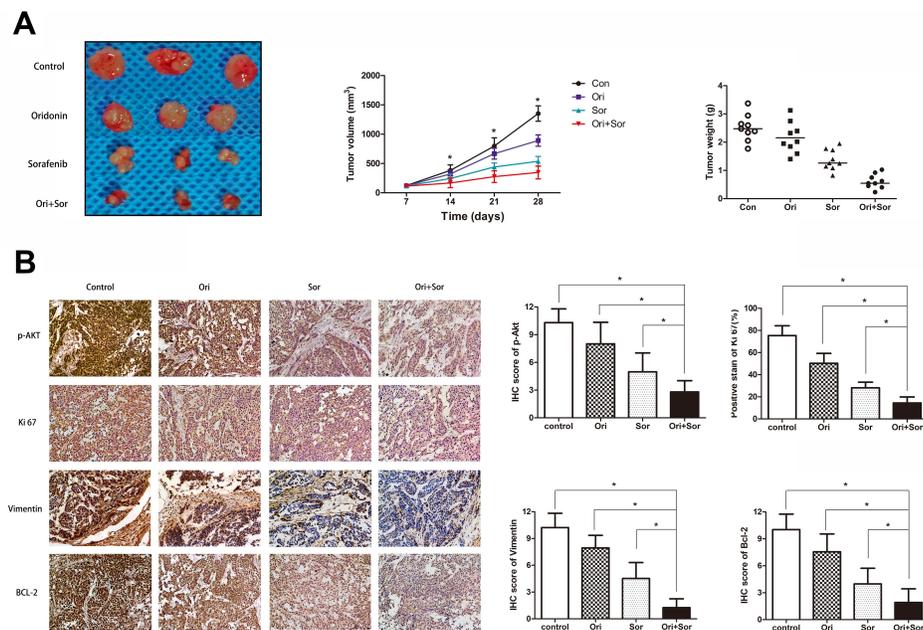


**Figure 5** The Akt pathway played an important role in the anticancer effect of combined oridonin and sorafenib treatment. **(A)** SC79 was used to enhance the phosphorylation of Akt after cotreatment with oridonin and sorafenib, which partially restored the levels of proteins associated with proliferation, apoptosis and EMT. **(B)** Colony formation assays showed that SC79 treatment restored the proliferation that was inhibited by combined oridonin and sorafenib treatment. **(C)** Flow cytometry showed that the enhanced apoptosis induction caused by combined oridonin and sorafenib treatment was mitigated by SC79 treatment. **(D and E)** Reactivation of AKT after SC79 treatment restored cell migration and invasion that had been impaired by cotreatment with the two drugs. (The data represent the mean  $\pm$  SD of three independent experiments. \*Indicates  $p < 0.05$  compared with the combination group; Ori + Sor indicates combined oridonin and sorafenib treatment).

and complementary actions of different pharmacological mechanisms, which is one of the common treatments for cancers. Various studies have shown that the combination of Chinese herbal medicines with sorafenib has synergistic anticancer effects. For instance, the combination of wogonin and sorafenib suppressed HCC through apoptosis and autophagy inhibition,<sup>20</sup> cotreatment with tanshinone IIA and sorafenib exerted synergistic anticancer effects on HCC;<sup>21</sup> 20(s)-Ginsenoside Rg3 combined with sorafenib inhibited HCC by modulating the PTEN/AKT signaling pathway;<sup>22</sup> and emodin sensitized HCC cells to the anti-tumor effect of sorafenib via cholesterol metabolism inhibition.<sup>23</sup> Our results revealed that cotreatment with the two drugs inhibited proliferation and induced apoptosis in vitro and in vivo. In addition, combined treatment mitigated cell migration and invasion and inhibited EMT. These results indicated that the combination of the two drugs may be a therapeutic strategy for HCC.

Intrinsic resistance to sorafenib caused by the genetic heterogeneity of HCC and acquired resistance developed

during sorafenib treatment are the main challenges to improving the therapeutic effect.<sup>24</sup> The major mechanisms responsible for sorafenib resistance are not completely understood at present. Possible related factors include EGFR activation, epithelial–mesenchymal transition, autophagy, hypoxia, oxidative stress, and activation of escape pathways via the MAPK cascade.<sup>25</sup> A previous study reported that activation of the PI3K/Akt pathway is a compensatory mechanism to offset sorafenib-induced cell death.<sup>26,27</sup> In addition, the combination of sorafenib with other drugs might contribute to the suppression of the NF- $\kappa$ B pathway, although sorafenib alone had limited effects on NF- $\kappa$ B pathway inhibition in HCC.<sup>13</sup> Moreover, MAPK pathways, including JNK, p38 and ERK, are major targets of sorafenib and important in regulating oncological properties.<sup>28–30</sup> Therefore, we examined the regulatory effect of the Akt, NF- $\kappa$ B, and MAPK pathways after cotreatment. We first found that oridonin decreased the phosphorylation of p65 and inhibited the NF- $\kappa$ B pathway, but sorafenib alone and the combination of the two drugs



**Figure 6** The anticancer effect of the combination of oridonin and sorafenib against HCC in vivo. **(A)** A representative photograph shows the subcutaneous tumors from mice treated with oral administration of vehicle, oridonin, sorafenib and of the combination of the two drugs. Tumor growth curves were prepared by measuring the tumor volumes every week. Tumor weights were recorded after the mice were killed. **(B)** Representative IHC photographs and stain scores/percentages show the expression levels of p-Akt, Ki67, Vimentin and Bcl-2 in the subcutaneous tumors of mice. (The data represent the mean  $\pm$  SD of three independent experiments. \*Indicates  $p < 0.05$  compared with the combination group; Ori indicates oridonin; Sor indicates sorafenib; Ori + Sor indicates combined oridonin and sorafenib treatment).

did not show significant inhibitory effects. This result indicated that NF- $\kappa$ B might not be a target of the cotreatment. Similar results were observed in the MAPK signaling pathway. Although sorafenib alone inhibited the JNK, p38, and ERK pathways, the combination of the two drugs did not further suppress these signaling pathways. However, oridonin alone inhibited the phosphorylation of Akt, which was consistent with the findings of previous studies in esophageal squamous cell carcinoma and oral cancer.<sup>31,32</sup> The novel findings in our study are that the cotreatment-induced inhibition of Akt was superior to that of either drug alone, and the inhibited oncological properties due to cotreatment were reversed after we restored Akt activation by adding SC79 (an Akt activator). These results further confirmed our hypothesis that the combination of oridonin and sorafenib inhibited HCC progression through the Akt pathway. Consistent with our study, previous studies have demonstrated that inhibition of the Akt pathway contributes to enhancing the therapeutic effect of sorafenib in HCC. For instance, Zhai et al demonstrated that bufalin reversed sorafenib resistance through Akt inhibition in HCC.<sup>33</sup> Our results also showed that cotreatment with oridonin and sorafenib promoted the transition of HCC cells to epithelial cells. Different studies have demonstrated that EMT may

be involved in sorafenib resistance mechanisms and compared with epithelial cells, mesenchymal HCC cells are resistant to sorafenib.<sup>34,35</sup> Although it remains unclear whether combination treatment induced an epithelial transition increased the sensitivity to sorafenib, we demonstrated that EMT participated in the synergistic inhibitory effect of the combination treatment on HCC. Further studies investigating the association between EMT and cotreatment are needed.

## Conclusion

To the best of our knowledge, this is the first study to investigate the synergistic effect of oridonin and sorafenib in HCC. Our research demonstrated that combined oridonin and sorafenib treatment synergistically inhibited HCC progression in vitro and in vivo through the Akt pathway but not the NF- $\kappa$ B or MAPK pathway.

However, there are still some limitations to this study. First, the inhibition of the Akt pathway might be insufficient to elucidate the synergistic inhibitory effect of oridonin and sorafenib cotreatment because the crosstalk associated with HCC progression is complex. Further studies to explore the mechanisms of combined oridonin and sorafenib treatment would be of great value for managing

hepatocellular carcinoma. Second, a clinical trial is needed to confirm the actual efficacy of the combination treatment before it becomes a therapeutic candidate.

## Disclosure

The authors report no conflicts of interest for this work.

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