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Castleman's disease in the HIV-endemic setting

Esam-Rajab Mahrougi Candice Sher-Locketz¹ Minodora-Silvia Desmirean^{2,3} Emmanuel-Akinola Abayomi^{1,4} Ciprian Tomuleasa^{3,5,6} Ravnit Grewal^{1,7}

Division of Haematology, Department of Pathology, University of Stellenbosch, Tygerberg Academic Hospital, Cape Town, South Africa; ²Department of Pathology, Military Hospital of Cluj Napoca, Cluj Napoca, Romania; 3 Department of Hematology, Iuliu Hatieganu University of Medicine and Pharmacy, Cluj Napoca, Romania; ⁴Department of Hematology, Nigeria Institute for Medical Research, Lagos, Nigeria; 5Research Center Functional Genomics and Translational Medicine, Iuliu Hatieganu versity , Clui of Medicine and Pharma artment Napoca, Romania; 6D cal Hematology, Ion Chin ta C Research Center Cluj N Romania; ⁷De nt of I hology Bioini South Afri matics of The V Universi stern Cape Bellville, th 🗚

Correspondence: Ciprian Tomuleasa Research Center for Functional Genomics and Translational Medicine, Iuliu Hatieganu University of Medicine and Pharmacy, Gheorghe Marinescu Street, Clui Napoca 400015, Romania Email Ciprian.tomuleasa@umfcluj.ro

ed by Penjami. Introduction: Castleman's disease (CD), first deso giant or angiofollicular lymph node hyperplasia, deribed a rare monotypic polyclonal B-cell ood path chesis and variable clinical lymphoproliferative disorder with an incomp ely unc behavior. This study aimed to determine the sidence of Changer as over an 11-year period. Addihic, laborate y, and pathological features of CD. tionally, the study aimed to describe the demos **Methods:** This is a retrospective study where the prographic and laboratory data were retrieved from the Tygerberg Academic Aospital (TAH) paties electronic records and Tygerberg Lymphoma Study Group (TLSG) and statistical allysis performed on the patients diagnosed with CD. **Results:** Fifty-four patient vere diagnos with CD during this period. The median age at presentation was 39 years (ran 9–58) AV serology was available in 53 patients, of which two were 111V-negative. The history of initiation of antiretroviral therapy at diagnos. in 43 patients (38 on treatment, four were not on treatment, rent). The median CD4 count was 232.50 cells/µL (range: 2–883). The ıral lo ormed in 43 patients at diagnosis, which was <49 HIV-1 RNA copies/ on half of the patients (58%). Diagnosis was made on lymph node biopsies in 53 with one case diagnosed on a spleen biopsy. Kaposi sarcoma was found on the same by in 13 cases. A bone marrow biopsy was performed in 31 patients. The predominant were a disorganized hypercellular marrow with plasmocytosis.

enclusion: CD is a rare polyclonal B-cell lymphoproliferative disorder. However, we demted a significant increase in the incidence of HIV-associated multicentric CD over the last decade in our area in South Africa.

Keywords: Castleman's disease, HIV-endemic setting, HHV-8 status, CD4 count, clinicopathological correlation

Introduction

Castleman's disease (CD), also known as giant or angiofollicular lymph node hyperplasia, is a rare monotypic polyclonal B-cell lymphoproliferative disorder with an incompletely understood pathogenesis and variable clinical behavior. The disease likely encompasses several clinical and pathological entities with overlapping features. It was first described in 1954 by Benjamin Castleman, a pathologist who reported a patient presented with fever and weakness with mediastinal lymphadenopathy.1 The histological features were so distinctive that they were later characterized as the typical hyaline vascular variant of CD.1 In 1972, several cases with novel histologic characteristics were diagnosed and called plasma cell variant.² CD has been classified clinically according to the extent of lymphadenopathy into unicentric Castleman's disease (UCD) and multicentric Castleman's disease (MCD). UCD cases mostly show hyaline vascular variant histology, while the plasma cell variant is less commonly encountered. The majority of the MCD cases have plasma cell variant histology especially in the setting of HIV infection.^{3,4} The rarity of the disease and its clinical pathological heterogeneity have precluded comprehensive studies to be conducted, and the current knowledge is based mainly on retrospective case series studies and histological reviews. MCD is a rare disease with an increasing prevalence on HIV-infected individuals. South Africa has the largest HIV epidemic in the world, with an estimated 7 million people living with HIV in 2015, hence the rationale for studying the incidence of this disease in this setting.⁵⁻⁷ To the best of our knowledge, there are very limited data from South Africa and the African continent regarding the epidemiology of CD. We conducted a thorough literature search for similar studies in South Africa and the African content. The only study that we found is a descriptive retrospective study conducted at Chris Hani Baragwanath Academic Hospital (CHBAH), Johannesburg, South Africa, over a 25-year period (1990–2014).8 On the African landscape, however, only isolated case reports have been published. Thus, we anticipate that this stu will shed some light on the epidemiology of CD in the HIV endemic setting and may direct the way in how we the diagnosis and staging using bone marrow this condition. CD comprises different subtype with d prognoses. Both unicentric and multi-ntric specific sociated wa systemic manifestations and could sarcoma (KS), Hodgkin's or non Hodgk 's lymphonas, as well as POEMS syndrome. To cause and pale genesis of CD can be split into three mais subtypes namely UCD, idiopathic MCD, and human herp irus associated MCD (HHV8+ focus of AHV8+ MCD. MCD). In our case rries,

Ing a new highlight in the The main 2 1 of th study is consand CD. It assesses the incidence landscape siral inf of CD diagnost Tygerberg Academic Hospital (TAH) over ditionally, the study aims to describe the an 11-year period. demographic, laboratory, and pathological features of CD cases diagnosed at TAH during the same period. The objectives of the research were to correlate various histological variants of CD in relation to the HIV status and document the human herpesvirus-8 (HHV8) (latency-associated nuclear antigen [LANA]) immunohistochemistry (IHC) result on the tissue biopsy. Secondary objectives were to determine the frequency of codiagnosis of KS in relation to the CD4 count of the patient, as well as to document the marrow involvement and bone marrow histological and IHC features of CD in order to highlight how bone marrow assessment in such cases should be made.

Methods

Study population

This study is a retrospective observational study, which is part of a larger study under the Tygerberg Lymphoma Study Group (TLSG) at Tygerberg Hospital that was started in 2007 and its ethical approval number is HREC No: N07/03/068. Thus, it is a retrospective descriptive study of CD cases diagnosed in the Division of Anator Division of Haematopathology, Dartment Pathology, National Health Laboratory Service VHLS), TAH luring the period January 2007 to December 201. Data f were extracted from Ty rberg H spital nt electronic records of investigation, brown Disa laboratory (Disalab version 04.16.04 /3) and akCare systems using the key word "Care on disease." database of the TLSG was also used for data collection. The data obtained encly reviewed avoid duplication and to apply clusion and exclusion criteria. All data were collected crosoft Exc spread sheet and submitted for analysis on l to the otisticiar

In prion and exclusion criteria

all patients newly diagnosed with CD by tissue biopsy and confirmed by IHC stains in the Division of Anatomical athology, NHLS - Tygerberg Hospital as well as the Division of Hematology were included. The exclusion criteria refer to all patients diagnosed with relapsed CD, as well to all patients who had a lymph node histological feature suggestive of CD, but not confirmed by IHC.

Data analysis

Categorical data were described using charts and expressed in proportions and percentages. The continuous data were described using mean and SD if normally distributed; however, median and range were used to describe continuous data if the distribution is skewed. The chi-squared test was used to compare categorical variables between the groups while independent *t*-test used for normally distributed continuous variable and Mann–Whitney test for continuous variables with skewed distribution, as previously described. ^{9–12}

Results

Demographics

Data were obtained from 54 patients who were diagnosed with CD on tissue biopsy from January 2007 to December

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2017 in the Department of Anatomical Pathology, National Health Laboratory Service-TAH. Out of the 54 cases diagnosed with CD, there were two (3.7%) HIV-negative cases, 51 (94.4%) HIV-positive cases, and in a single case the HIV status was unknown. There was an increasing trend in the number of HIV-associated MCD with a peak of 13 cases diagnosed in 2015, the number of cases declined slightly in 2016 to nine cases, however in general cases have steadily increased since 2007. The mean age at diagnosis was 38.15 years, the age range was 9-58 years, and median age was 39 years. Only one patient was diagnosed with CD in the first decade of life. There were six (11.1%) cases that were diagnosed in the third decade of life (20–29 years), 20 (37%) cases in the fourth decade of life (30–39 years), 21 (38.9%) cases in the fifth decade of life (40–49 years), and six (11.1%) cases in the sixth decade of life (50-59 years). There were 27 (50%) male patients and 27 (50%) female patients. Our findings showed an equal male to female ratio (Figures S1-S5).

CD4 count and HIV viral load (VL)

In our cohort, 51 (94.4%) patients were HIV-positive, only two (3.7%) patients were HIV-negative, and in one patient the HIV status was unknown (1.9%). Out of the 51 HIV-positive patients, 38 (74.5%) patients were on antiretroviral to a comparison of the time of diagnosis, four (7.9%) patients were not on treatment, one (1.9%) patient defaulted treatment, and eight (15.7%) patients the treatment history was inknown. The treatment history of the patients we obtain a from the histological reports.

IV-positive Forty-eight (94.1%) of the their CD4 counts performed at the ime of diagnosis and in three (5.9%) of the Prositive parts the CD4 count was unknown. The edian CD4 count was 232.50 cell/µL (range: 2–883 cell. L). 1/42% of the patients, the CD4 count was <200 cells/while 29% of the patients the etween 0 and 350 cells/µL. The CD4 CD4 cou s were counts nged b 351 and 500 cells/µL in 14% of the 00 cells/µL in 15% of the patients at the onset patients an of diagnosis (rure 1).

HIV VLs showed significant variability between patients; however, many patients had very low or undetectable VLs. Forty-three of the HIV-positive patients had their VLs measured around the time of diagnosis of CD. More than half of the patients (58%) had VL <49 RNA copies/ μ L. Only one patient (2%) had a VL between 50 and 99 RNA copies/ μ L. The VL was between 100 and 1,000 RNA copies/ μ L in five patients (12%) and 12 (28%) patients had a VL >1,000 RNA copies/ μ L. Out of the 12 patients with a VL >1,000

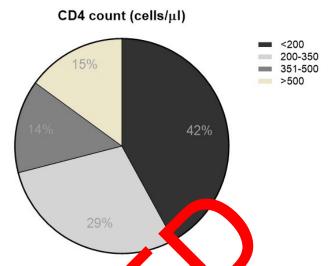


Figure I CD4 counts of the sents included in the stud

RNA copies, four paties, were on ART, one not on ART, one defaulted Art, and in six patients the ART history was up 1 (Figure 2)

Histology of CD

In diagnost of CD was made on a lymph node biopsy in total (98.1%) patients, with only one patient (1.8%) a diagnosed on splenic tissue. The diagnosis of CD on tissue biopsies was made by two independent anatomical pathologists. Histological variants were reported in 37 (37/54) (68.5%) patients diagnosed with CD. The hyaline vascular variant was reported in the two HIV-negative patients. In HIV-associated MCD, plasma cell variant was the most common variant reported in 20/35 (57%) patients followed by mixed variant (23%). The hyaline vascular variant was reported in 17% of the cases and only one (3%) case was reported as plasmablastic variant (Figure 3). A characteristic histological finding is that the plasmablasts are all IgM lambda but polyclonal.

The coexistence of KS was seen in 13 (24.1%) cases, and all the cases were HIV-positive. When compared with the group of patients with only CD on tissue biopsy (41/54), the cohort of patients with coexisting KS (13/54) was associated with a younger median age at presentation (33.31 vs 39.68 years, P=0.036), lower median platelet count (57 vs 199.5×10 9 /L, P=0.006), and CD4 count <200 cells/ μ L (66.7% vs 33.3%, P=0.042) (Tables 1 and 2). HHV8 (LANA-1) IHC stain was requested in 52 of the cases and it was positive in 49 (94.2%) of the cases, while it was negative in three (5.8%) of the cases. In the 49 cases with HHV8 infection, 47 cases were HIV-positive, one patient was HIV-negative, and in a

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Lymph node: HHV8 [LANA1] IHC results in relation to HIV status

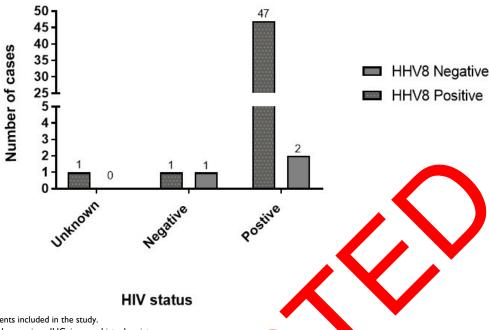


Figure 2 Viral load of the patients included in the study.

Abbreviations: HHV, human herpesvirus; IHC, immunohistochemistry.

Histological variants in HIV associated MCD

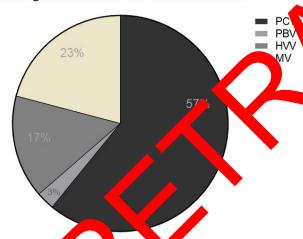


Figure 3 Histological subtype of the patient occluded in the study.

Abbreviations CD, my consequency disease; PCV, plasma cell variant; PBV, Patent blue V. Wyaline vascurare variant; MV, multicentric varian.

single case the HIV status was unknown. In the three cases where HHV8 was negative, one was HIV-negative and two were HIV-positive cases (Figure 4).

Bone marrow biopsy of CD

Thirty-one (31/54) patients diagnosed with CD had bone marrow biopsy procedures performed at the time of diagnosis. Plasmocytosis was found in 25/31 (80.6%) patients who underwent bone marrow biopsies, hypercellularity was found

in 22 1 (71%), and the bone marrow architecture was disorganized. (45.2%) of the cases. Lymphoid aggregates we tected in 11/31 (35.5%) of the cases. CD-like follicles ere detected in 5/31 (16.1%) of the cases and granulomas were detected in only one case. Histologic features suggestive bone marrow infiltration by KS were reported in one case. HHV8 (LANA-1) IHC stain was requested in only 10 cases and was found to be positive in 2/10 (20%) cases, while it was negative in the rest of the cases.

Discussion

Our article describes 54 patients newly diagnosed with CD over an 11-year period from January 2007 to December 2017. Almost all the diagnoses were made on lymph node biopsies with one exception of a case diagnosed on a splenectomy specimen. An increasing trend of incidence of diagnosis of CD in an HIV-endemic setting was reported by Abayomi et al, who had published preliminary findings of the TLSG where they reported only four cases of CD over 8 years (2002–2009).⁵ In comparison, the presently described data show a significant increase in the incidence of diagnoses of CD in an HIV-endemic setting, with 50 cases diagnosed over the subsequent 7 years (2010–2017). A retrospective study conducted at Chris Hani Baragwanath Academic Hospital (CHBAH) in Johannesburg, South Africa, over a 25-year period (1990–2014) identified 38 patients diagnosed with CD.

Table I Laboratory data at the time of diagnosis of CD (or the earliest available after diagnosis)

Descriptive statistics							
Parameter	No	Mean	Median	Minimum	Maximum	SD	
WCC (10°/L)	51	N/A	6.31	1.53	16.4	3.33206	
Hb (g/dL)	51	N/A	7.3	4.1	14	2.26144	
MCV (fL)	51	90.72	89.2	73.1	112.2	8.82017	
MCH (pg)	51	29.25	28.4	23.1	36.1	3.1604	
Platelets (10 ⁹ /L)	51	N/A	172	8	533	134.40245	
LDH (µ/L)	40	N/A	335	119	1,530	358.41399	
CRP (mg/L)	35	129.78	112	8	346	80.4496	
Albumin (g/L)	36	22.53	21.5	10	44	7.161	
Sodium (mmol/L)	49	132.92	133	120	151	5.57089	
Ferritin (µg/L)	30	N/A	1,500	65	7,863	2101.80152	

Abbreviations: CD, Castleman disease; CRP, C reactive protein; LDH, lactate dehydrogenase; MCH, mean corpuscular hemostan; MCV, m. corpuscular volume; WCC, white cell count; N/A, not available.

Table 2 Comparison of patients with coexistence KS on same tissue with CD patients

Characteristics	Cases with CD histology (N)=41	Cases with CD and KS histology (N)=13	P alue	Total cohort
Age, years: median (range)	39.68 (9–58)	33.31 (20-	0.	39 (9–58)
Gender				
Male	20	7		27
Female	21			27
Male:female ratio	0.9:1	1.2:1	*	1:1
HIV serology				
Positive, n (%)	38 (95)	3 (100)		51 (96.2)
Negative, n (%)	2	0		2 (3.8)
Viral load RNA copies/µL				
<100, n (%)	22 (63.9)	2)		26 (60.5)
100–1,000, n (%)	5 (14,3)	0		5 (11.6)
>1,000, n (%)	8 (2 .3)	4 (50)		12 (27.9)
CD4 count cells/µL				
Median (range)	2 (89-	172.5 (2–500)		232 (2–883)
<200, n (%)	12	8 (66.7)	0.042	20 (41.7)
>200, n (%)	24 (66.	4 (33.3)	0.042	28 (58.3)
Histology				
PCV, n (%)	(144)	9 (75)		20 (54.1)
HVV, n (%)	200)	3 (25)		8 (21.6)
MV, n (%)	8 (32)	0		8 (21.6)
PBV, n (%)	I (4)	0		l (2.7)
HHV8				. ,
Positive, pos	36 (94.7)	13 (100)		49 (96.1)
Negation, n (%)	2 (5.3)	0		2 (3.9)
FBC				
Median X x 109/L (range)				6.31 (1.53–16.4)
Median Hb, 109/L (range)	7.7 (4.1–14)	6.5 (4.5–9.5)	0.050	7.3 (4.1–14)
Median platelet, 10°/L (range)	199.5 (19–533)	57 (8–289)	0.006	172 (8–533)
LDH, µ/L, median (range)	307 (119–1530)	393 (210–1488)		335 (119–1530)
CRP, mg/L, median (range)	120.5 (8–346)	102.8 (64–200)		112 (8–346)
Albumin, g/L, median (range)	23.5 (10–44)	19.5 (13–26)		21.5 (10–44)
Ferritin, µg/L, median (range)	1,035 (65.9–7,124)	1,962 (1,500–7,863)		1,500 (65–7,863)
Sodium, mmol/L, median (range)	134 (124–142)	132 (120–151)		133 (120–151)

Abbreviations: CD, Castleman disease; KS, Kaposi sarcoma; HHV, human herpesvirus; CRP, C reactive protein; FBC, full blood count; LDH, lactate dehydrogenase; MV, mean value; HVV, hyaline vascular variant; PBV, plasma cell variant; WCC, white cell count.

It was reported that 57.9% of MCD cases were diagnosed in the last 5 years of the study. ¹³ This study together with our findings shows an increase in the incidence of diagnosis of

MCD in the HIV-endemic setting of South Africa in the last decade. Even if we did not include clinical features in our study to confidently classify our cases into UCD and MCD,

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Bone marrow histologic features

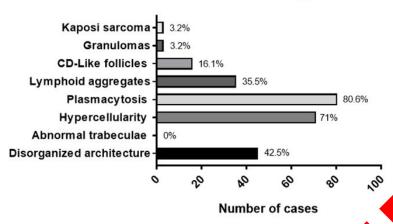


Figure 4 HHV8 status of the patients included in the study. **Abbreviation:** HHV, human herpesvirus.

HIV infection has been associated with MCD (71.4%) vs UCD (1.7%), according to a large single institution retrospective study. 14 In our study, 94.4% of the patients were HIV seropositive. We think there are multiple possible causes behind this significant and steady increase in the incidence of diagnosing HHV8-associated MCD in HIV-positive patients at our center. First, there has been an increase in the prev lence of HIV in South Africa from 10.6% in 2008 to 18.2 in 2014. Second, South Africa launched its ATR program in 2004 with an increasing ART HIV population co year. 15-17 This might have resulted in improver surviy and decreased death rates in HIV people from o opportunistic infections. Third, emission of pupe from other provinces and the continent frica to the Cape might contribute to the trend of in asing incidence of this rare disease.

The overall median ge at dinnosis in our cohort was cars (raphe: 9–58 years) and 39 years with a mean of a male to femal The findings are similar tudy con acted at CHBAH, where to those four a in the nd mean was 37 years at the the median a wa. time of diagnos, with a male to female ratio of 1.2:1. The median age at presention of HIV-associated MCD in South Africa appears to be compatible with the high prevalence of HIV infection among the 30- to 40-year age group, and it is slightly lower in contrast to retrospective studies from France, UK, or Australia (median: 41.4, 42, and 43 years), respectively.^{15,18,19} A male predominance was observed in the largest single institution case series to date and in one systematic review, whereas in our series the incidence was equal in men and women.^{20,21}

diagnosed with CD In our case ries, most atien k, 51/54 (9 %), two patients (3.7%) were HIV-pc live were HIV-negative and in one patient the HIV status was m. This finding covelates with the literature and is we expected due to the high HIV infection prevalence ere were 38 (74.5%) patients on ART at in S th Africa. 7 sis. However, the duration of treatment was the tin. f diagr fortunately unknown. The median CD4 count at presentawas 32.5 cells/μL (range: 2–883 cells/μL) with most of the patients (71%) with a CD4 count <350 cells/µL. The L was undetectable (<20 or <40 HIV-1 RNA copies/µL according to the assay used) in 58% of patients who had their VL measured around the time of diagnosis. The median CD4 count was comparable with other studies (the range median CD4 count: 174–275 cells/µL). The percentage of patients with an undetectable VL at diagnosis (58%) was higher than other studies conducted in France, UK, or Australia. In these countries, studies reported undetectable HIV-1 RNA in 26%, 44%, and 45.5% of the patients on ARTs, respectively. 18,19 However, the limits of detection of HIV-1 RNA and the way of reporting the results were different among the studies. Our study showed that most of the patients with CD had a CD4 count <350 cells/µL. Still, the range of the CD4 count was significantly wide (2–883 cells/μL). Furthermore, we can conclude from our results that the suppression of the HIV VL below detectable limits does not prevent the development of MCD. On the contrary, it may contribute to an increased incidence of HIV-associated MCD.

The pathology reports for the diagnosis of CD were made on lymph node tissues in 53 patients, whereas in one patient the diagnosis was made on a splenic biopsy. The histological variant was not reported in 31.5% of the cases. In HIV-associated MCD, PCV was the most frequently reported variant (57%), whereas MV was reported in 23% of the cases, HVV in 17%, and plasmablastic variant in 3% of the patients. PCV and MV constitute 80% of the variants reported in HIV-associated MCD. The coexistence of KS was reported in 24.1% of the cases. When compared with the group of cases with only CD histology, we report that the coexistence of KS is associated with a younger age at presentation, lower platelet counts, and a CD4 count of <200 cells/µL. These findings were expected as KS is an AIDSdefining illness. In our study, HHV8 (LANA-1) IHC stain was requested and reported in all cases except two cases diagnosed with CD in 2010. This staining was positive in scattered plasmablasts in mantle zones in 49/52 (94.2%) of the tissues examined (HHV8-associated CD) and was negative in 3/52 (5.8%) cases. In one case, HHV8 IHC stain was positive in scattered cells and there was a focal collection of HHV8-positive plasmablastic cells almost forming a sheet, with no light chain restriction. The EBER-ISH was positive in scattered cells with the histologic features of CD observed on H&E. These findings were interpreted as plasmablastic variant of MCD. Thirty-one patients who were diagnosed with CD had bone marrow biopsy procedures peri (30 HIV-positive and one HIV-negative). The bone ma biopsy indications were to investigate causes topeni and to exclude marrow infiltration by infe ons or aligna cies. We reviewed all the 31 bone marro biopsy found that an increase in plasma als in one marrow biopsies as well as bone mary hypercellul most prominent feature. Plannocyte's was found in 80.6% of the bone marrow big sies. The place cell percentages in the bone marrow vere variable with range from 6% to 70% of nucleated as an commonly had an interstitial or perivascular distribution and rarely a diffuse distribution. The olytyp. it all cases. plasma ca s were

CB ske foll's covere detected in 5/31 (16.1%) of the cases. Two cases showed typical CD-like follicles with germinal center and cantle zones consisting of small lymphocytes arranged in concentric layers. The other three cases showed large lymphoid aggregates with vague concentric layers of lymphocytes and increased vascularity suggestive of CD infiltration of the bone marrow.

HHV8 (LANA-1) IHC stain was requested in 10 cases where five bone marrow biopsies had CD-like follicles, while the other five cases were without CD-like follicles. We found that HHV8 was detected in 2/10 (20%) cases with CD-like

follicles. In our series, the rate of requesting HHV8 IHC and detection of HHV8-positive mononuclear cells were lower than what has been reported in other studies, which showed higher rate of detecting HHV8-positive mononuclear cells in the bone marrow (50%–80%) of the cases (38, 40). This indicates the need to request HHV8 on all patients with suspected CD even if the typical features are not noted. In this series, we detected CD-like follicles in 5/31 (16.1%) of the bone marrow biopsies, which is comparable with the study published by Bacon et al that found CD-like follicles in 3/13 (23.1%) of the cases.²²⁻²⁴

Conclusion

CD is a rare condition flowever in the atting with an increasing prevalence of HIV infection as is the case of South Africa, we interest a smallel and significant increase in the incidence of HIV associated MCD in the last decade. This chapter likely due to the continuous change in ART therapy protocol in South Africa since 2004 when ART was most stillable in the tublic hospitals. This means that we are ow going to see more CD cases and therefore need to crete more awa mess about this disease in our setting. Finally, a findings as highlight the need for HIV-related cancer register and South Africa and Africa as a whole.

Acknowledgments

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Disclosure

The authors report no conflicts of interest in this work.

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Supplementary materials

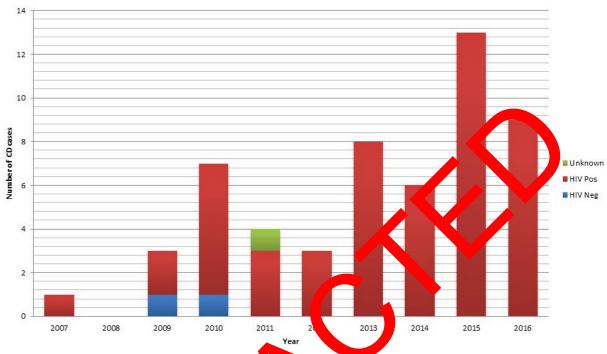


Figure S1 Bar graph depicts number of patients and their HIV status diagnose. AH from 2007-2017 Abbreviations: CD, Castleman's disease; TAH, Tygerberg Academic Hospil.



Figure S2 Chart shows trend of incidence of diagnosis of Castleman disease at TAH over a period of ten years. **Abbreviations:** CD, Castleman's disease; TAH, Tygerberg Academic Hospital.

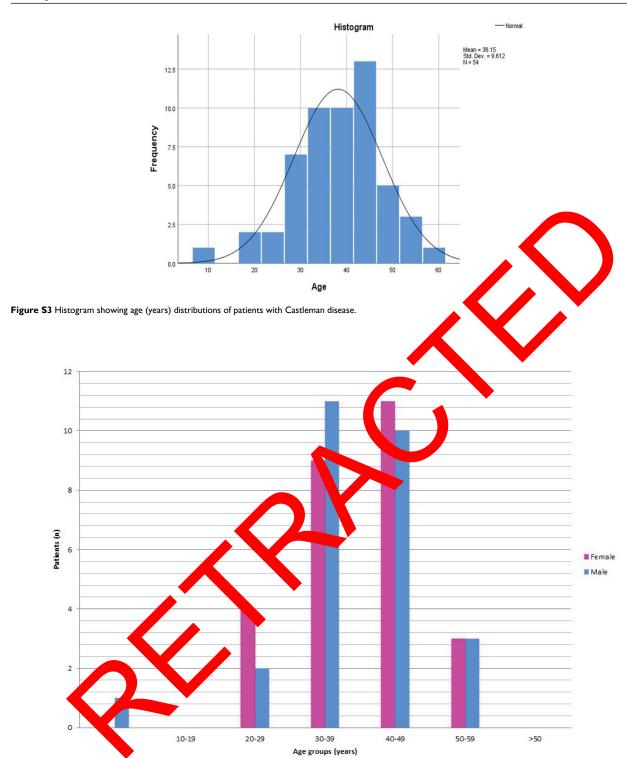


Figure S4 Bar graph depicts number CD patients were diagnosed at TAH by the age group and gender. **Abbreviations:** CD, Castleman's disease; TAH, Tygerberg Academic Hospital.





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