Synthesis of Graphene Oxide Using Atmospheric Plasma for Prospective Biological Applications

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Introduction: This paper presents a novel technique for the synthesis of graphene oxide (GO) with various surface features using high-density atmospheric plasma deposition. Furthermore, to investigate the use of hydrophobic, super-hydrophobic, and hydrophilic graphene in biological applications, we synthesized hydrophobic, super-hydrophobic, and hydrophilic graphene oxides by additional heat treatment and argon plasma treatment, respectively. In contrast to conventional fabrication procedures, reduced graphene oxide (rGO) formed under low pressure and high-temperature environment using a new synthesis method—developed and described in this study—offers a convenient deposition method on any kind surface with controlled wettability.

Methods: High density at atmospheric plasma is used for the synthesis of rGO and GO and its biocompatibility based on various wetting properties was evaluated using MTT (3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide) assay, and the viability of cells in response to rGO and GO with various surface features was investigated. Structural integrity was characterized by Raman spectroscopy, FESEM and FE-TEM. Wettability was measured via contact angle method and confirmed with XPS analysis.

Results: We found that GO coating with a hydrophilic feature is more biocompatible than other surfaces as observed in case of fibroblast cells. We have shown that wettability—controlled by GO deposition—influences biocompatibilities and antibacterial effect of bio-material surfaces.

Discussion: Measuring the contact angle, it is found that contact angle for hydrophobic is increased to 150.590 and reduced to 11.580 by heat and argon plasma treatment, respectively, from 75.880 that was initially in the case of hydrophobic surface. XPS analysis confirmed various oxygen-containing functional groups transforming as deposited hydrophobic surface into superhydrophobic and hydrophilic surface. Thus, we have proposed a new, direct, cost-effective, and highly productive method for the synthesis of rGO and GO—with various surface properties—for biological applications. Similarly, for the dental implant application, the *Streptococcus mutans* was used as an antibacterial effect and found that *S. mutans* grows slowly on hydrophilic surface. Thus, antibacterial effect was prominent on GO with hydrophilic surface.

Keywords: reduced graphene oxide, graphene oxide, atmospheric plasma, biocompatibility, MTT assay, hydrophobicity, super-hydrophobicity and hydrophilicity

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Introduction

Materials made of carbon are recognized to be more biocompatible than inorganic materials.¹ Graphene—one of the allotropic forms of carbon—has unique properties that can be used in transparent conductive electrodes, photodetectors and transistors, light-emitting diodes, photoelectrochemical, and biological usages.² The

numerous chemical properties of graphene have enabled its applications in high-performance devices that generate and store energy. Recently, the applications of graphene, graphene oxide (GO), and reduced graphene oxide (rGO) have increased in the biomedical areas such as cell differentiation and osteoblast growth.^{3–8} As compared to graphene, the presence of oxygen-containing functional groups in GO has promoted a wider application of the latter in the field of surface chemistry. Structurally, GO consists of a single layer of graphene sheets where the concentration of carbon atoms is reduced to 40–60% due to the addition of oxygen-containing functional groups.⁹ Despite having multiple advantages over graphene, GO is still structurally defective and mechanically poorer. Further, GO can be modified into rGO by thermal or chemical reductions; rGO is an intermediate structure between the highly oxidized GO and ideal graphene, and thus, possesses some of the properties of both GO and graphene.⁹

GO is usually synthesized by exfoliating the bulk graphite, either mechanically or chemically, followed by their deposition on a designated substrate using chemical vapor deposition (CVD) on the metal catalyst and Hummer's technique.^{9–12} GO is generated mechanically by exfoliating the bulk graphite using "scotch tape." This method is easier, however, the yield is low and it is difficult to control the layer thickness and quality of graphene due to the possible contaminations from surfactants or solvents, apart from being costlier and time-consuming.^{9–11} Additionally, the layers are not deposited with uniformity. Generally crumples and ripples appear during the deposition of exfoliated layers on a substrate of interest, creating deformation of stacked layers.¹³ CVD for GO synthesis is complicated and costlier and is further hindered by the generation of uncontrollable yield and higher energy demands.^{11,14,15} The most extensive method for GO synthesis is Hummer's process.^{16–19} However, this technique has been criticized due to the release of toxic gases like NO₂, N₂O₄, and ClO₂, which are explosive in nature.^{20–23} The synthesis method discussed here is a relatively efficient technique that demonstrates a new means for synthesizing rGO and GO from a gaseous source, such as a mixture of methane (10%) and argon (balanced), in a very simple way. This simple process could be used for a cost-optimized synthesis of both rGO and GO.

Herein, we developed a novel method for the syntheses of rGO and GO with various surface properties i.e., hydrophilic, hydrophobic, and super hydrophobic, using a high-density atmospheric plasma instrument at ambient

environment without using any catalyst for the effective deposition on various substrates. Hydrophobic rGO was synthesized by direct deposition using a mixture of methane and argon gas while super hydrophobic and hydrophilic GO were synthesized after treatment with additional heat and argon plasma, respectively.

A high-profile research is carried out on graphene and its derivatives in biological applications.^{24–26} In some in vivo and in vitro studies both graphene and GO did not show cytotoxicity to bones.²⁷ In another in vitro study done on glioma Cells, it is found that GO is less toxic than rGO. However, the in vivo results show that toxicity is varied with graphene surface.²⁸ Impurities play a prominent factor in the biocompatibility of GO in in vitro and in vivo, so as highly purified GO in comparison with prepared GO shows minor negative effects.²⁹ Similarly in vitro study using magnetic graphene oxide exhibits low cytotoxicity.²⁵ So, to develop a relationship of GO with various surface properties we made an initial effort on in vitro study with fibroblast cells (NCTC L929) and anti-bacterial effect (*Streptococcus mutans*).

Materials

Synthesis of Reduced Graphene Oxide

Titanium specimens, having 2 mm thickness and 15 mm diameter, were polished by a series of sand papers and with alumina suspension (1 µm alumina powder). Before depositing rGO, the surface was ultrasonically cleaned with ethanol and distilled water for 10 minutes to remove the contaminants. GO was deposited using high-density atmospheric plasma generator PGS-300 (Expantech Co., Suwon, Korea), operated at 900 MHz. The plasma was generated with 100 W (900 MHz) power. Argon gas was used as a plasma carrier at a rate of 6 L/m. Then a mixture of methane (10%) and argon gas as a carbon source were introduced to the plasma at a rate of 100 SCCM while simultaneously increasing the power to 180 W. The change of plasma color indicates that source gas dissociation has started for carbon-carbon nucleation. The effects of distance between the plasma tip and the substrate on the deposition of GO was also evaluated. The plasma with the carbon source was run for 4 minutes for direct deposition of rGO on titanium substrate with the hydrophobic feature as illustrated in Figure 1. Furthermore, super-hydrophobicity and hydrophilicity were achieved after

Figure 1 (A) Schematic diagram of the atmospheric plasma instrument. (B) Decomposition of methane in the high-dense plasma and carbon-carbon bonding through the tube.

additional heat treatment and argon plasma treatment, respectively.

Synthesis of Graphene Oxide

Here again substrate used is titanium with 2 mm thickness and 15 mm diameter and followed with the same procedure done for rGO synthesis but here we just treat the already deposited rGO with only argon plasma treatment at a rate of 6 L/m for 1 min and 30 sec with the source gas turned off.

Characterization of the Materials

The structural integrity of the direct deposition of rGO was confirmed through Raman spectroscopy, X-ray photoelectron spectroscopy (XPS), and field emission transmission electron microscopy (FE-TEM). We measured the transition from hydrophobic to hydrophilic and super hydrophobic by the contact angle (Phoenix 300, SEO Korea) that reflects the interaction of the surface with an aqueous solution. XPS was performed to differentiate between graphene oxide and reduced graphene oxide that reveal different oxygen-content of functional groups which changes as a hydrophobic surface transforms into super-hydrophobic or hydrophilic. Raman spectroscopy assured that both rGO and GO were successfully synthesized.

For biological applications, wettability plays an important role, and it was measured accordingly. Further, the biocompatibility of GO and rGO (having different surface properties ie, super hydrophobic, hydrophobic, or hydrophilic) deposited on titanium substrate was evaluated by MTT assay, to compare between carbon coating having different surface properties and bare titanium substrate. Cell viability is dramatically enhanced on the hydrophilic surface when compared with hydrophobic, super hydrophobic or titanium substrate.

In this paper, therefore, we proposed a highly productive and cost-effective novel technique for the direct deposition of rGO and GO, with various surface properties, on a biomedical substrate. We subsequently evaluated the biological application to confirm the relationship between different surface properties with cell viability and anti-bacterial effect.

Field Emission Transmission Electron Microscopy

Morphology of the GO-coated samples were analyzed by field emission transmission electron microscopy (FE-TEM, Model: JEM-2100F, JEOL LTD) using an acceleration voltage of 200 kV.

Field Emission Scanning Electron Microscopy

In order to study the surface roughness, we performed field emission scanning electron microscopy (FESEM, Model:

Gemini 500 + EDS (Oxford)) analyzing side view of the coatings.

Laser Raman Spectroscopy

Laser Raman spectroscopy (NRS-5100) was used at a wavelength of 532 nm in order to differentiate between rGO and GO.

High-Performance X-Ray Photoelectron Spectroscopy

High-Performance X-ray photoelectron spectroscopy (XPS, Model: K-ALPHA +) with Al K α X-ray analyzer was used to study the various functional groups.

Contact Angle Instrument

Contact angle instrument is used to measure the wettability using distilled water (Phoenix 300, SEO Korea).

Thermo Scientific Varioskan Lux Spectrophotometer Spectrophotometer is used for MTT assay evaluation at 570 nm.

Biocompatibility Assay

NCTC L929 cells (purchased from ATCC) were chosen for cells viability. In brief, L929 cells were seeded at a density of 5×10^4 cells/well (25% confluency) using 24 well plates in 1 mL RPMI media on GO and rGO coated surfaces with various surface properties and allowed the cells to settle down for attachment for a period of 3 days at 37°. After three days of incubation, media was removed with proper care and washed with 1x Phosphate Buffered Saline (PBS) twice. Next step is followed with 0.1mg/mL MTT (3-(4, 5-dimethylthiazol-2-yl)-2, 5-diphenyltetrazolium bromide) while putting 450ul RPMI media and 50ul MTT assay in each well. Further plates were incubated for at least 2 hours and then the media was replaced with 500ul MTT solvent (Dimethylsulfoxide). The absorbance was taken at 570 nm using Varioskan lux reader. Additionally, as a successful candidate for the surface treatment of the dental implant, *Streptococcus mutans* is used for antibacterial effect.

Results and Discussion

Raman spectroscopy analysis was performed to differentiate between rGO and GO and to find the number of layers as well. The characteristic peaks for graphene are D (1350 cm^{-1}), G (1580 cm^{-1}), and 2D peak at 2690 cm^{-1} . Pristine graphene does not have a D peak that represents defects, edges of a graphene crystal, and

chemical bonds.³⁰ Typical Raman spectra for GO are characterized by its D and G band corresponding to 1353 cm^{-1} and 1605 cm^{-1} , respectively.³¹ The two major peaks for rGO arise at 1350 cm^{-1} and 1599 cm^{-1} , which corresponds to the D and G peak, respectively. However, rGO and GO can be differentiated by the variation observed in the ratio of D and G peak intensities ($I(D)/I(G)$ ratio).³² The $I(D)/I(G)$ ratio was higher for rGO, suggesting high sp^2 clusters than GO.³² The D peak arises due to the breathing mode of k-point photons of A_{1g} symmetry, while the G band is due to the first-order scattering of E_{2g} phonons that arise from sp^2 carbon atoms.^{33,34}

Firstly, we evaluated the rate of synthesis and deposition of GO on the substrate based on the distance between the plasma and the substrate. The spectrum in Figure 2A does not show D, G, and 2D peaks, signifying that no carbon coating was done while the flame touches the substrate. Raman spectra of Figure 2B showed D, G, and 2D bands, transpired at 1348 cm^{-1} , 1592 cm^{-1} , and 2693 cm^{-1} , respectively confirming that rGO was successfully deposited at a distance of 2.5 cm. Similarly, D, G, and 2 D bands, for Figure 2C occurred at 1351 cm^{-1} , 1598 cm^{-1} , and 2692 cm^{-1} , respectively, which showed that rGO coating was successfully synthesized at a distance of 5 cm. Figure 2D has two prominent peaks at 1354 cm^{-1} and 1613 cm^{-1} corresponding to D, and G band, respectively that matches with the peaks of GO. The 2 D band was reduced with increasing flame distance, leading to the synthesis of GO. This phenomenon is attributed that adequate distance is required in the synthesis of GO because longer distance would enhance the presence of oxygen atoms during carbon-carbon bonding inside the tube as our process is atmospheric plasma based. The intensities were found to differentiate between rGO and GO using $I(D)/I(G)$ ratio and $I(2D)/I(G)$ ratio that reflected the number of layers. The intensities, as shown in Figure 2B, are 457, 393, and 312 corresponding to D, G, and 2 D band, respectively, and the intensity ratio for $I(2D)/I(G)$ was 0.79 showing a multi-layered rGO.³⁵ The intensities, shown in Figure 2C are 308, 291, and 281 for D, G, and 2 D peaks, respectively and its ratio for $I(2D)/I(G)$ is 0.96 that corresponds to a multi-layered rGO.³⁵ Similarly, the intensities shown in Figure 2D are 455, 462, and 390 and the intensity ratio for $I(2D)/I(G)$ was 0.84 corresponding to a multi-layered deposition of GO.³⁵ Likewise, the $I(D)/I(G)$ ratio for Figure 2B–D is 1.1; 1.0 and 0.9. On the basis of the $I(D)/I(G)$ ratio, Figure 2B and C are attributed to rGO while Figure 2D is assigned to GO.³²

Figure 2 (A) No carbon coating while the flame is touched with the substrate. (B) rGO coating at a distance of 2.5 cm. (C) GO coating at a distance of 5 cm. (D) GO at a distance of 8 cm. **Abbreviations:** GO, graphene oxide; rGO, reduced graphene oxide.

X-ray photoelectron spectroscopic analyses were performed to identify the various functional groups in hydrophobic rGO, super-hydrophobic rGO, and hydrophilic GO. High-resolution XPS C1s spectra obtained for rGO and GO are shown in Figure 3. The C1s peak in Figure 3A belongs to rGO with hydrophobic features showing peak binding energies at 284.6, 285.3, and 286.4 eV ascribed to C=C (75.9 at. %), C-OH (12.57 at. %), and C-O-C (11.49 at. %), respectively.^{36,37} Figure 3B is associated with rGO functionalized by additional heat treatment after direct deposition, thus generating super-hydrophobicity. The functional groups of the super-hydrophobic rGO, appeared at binding energies of 284.6, 285.4, and 286.48 eV attributed to C=C (77.875 at. %), C-OH (14.19 at. %), and C-O-C (7.93 at. %) respectively.^{36–39} On the contrary, hydrophobic rGO was turned into GO with hydrophilic characters by additional argon plasma treatment. The transition from hydrophobic to hydrophilic was achieved due to the diverse precursors of plasma treatment. Various functional groups revealed in Figure 3C are 284.58, 285, 286.9, and 288.76, corresponding to C=C (40.4 at. %), C-OH (38.68 at. %), C-O-C (12.32 at. %), and COOH (8.96 at. %) respectively.^{36–38} In Table 1 it is shown that O/C ratio

is the highest and the lowest at the hydrophilic and the super-hydrophobic surfaces respectively which confirms that hydrophilicity comes due to high amount of oxygen contents.

Furthermore, Figure 4 shows high-resolution spectra of O1s and N1s. Figure 4A shows two functional groups at about 533.3 eV and 532.38 eV assigned to C-O and C=O, respectively, which belongs to rGO with hydrophobic character, functional groups binding energies are well-matched with XPS database.⁴⁰ Figure 4B also shows two functional groups revealed at 532.5 eV and 531.6 eV, corresponding to C=O. The addition of carbonyl group indicates rGO with super-hydrophobicity.^{36,40} Likewise, the peak in Figure 4C is also split into two components of COOH at 532.9 eV and C-O (epoxy) at 532.4 eV, which matched the peak of GO with hydrophilic feature.^{37,41} Similarly, the peak shown in Figure 3D is the N1s peak that was additionally added in GO (hydrophilic) after argon plasma treatment as our synthesis process was operating in an open environment. The peak is split into two components, cyanide (N≡C) at 399.7 eV and NH₂ at 401.4 eV.^{42,43}

Figure 3 C1s peak of (A) rGO (Hydrophobic) obtained by direct deposition, (B) rGO (Super-Hydrophobic) obtained by additional heat treatment, (C) GO (Hydrophilic) obtained by additional argon plasma treatment after direct deposition.

Figure 5 shows TEM images obtained for rGO after direct deposition. In order to examine its morphology, the images were obtained through FE-TEM to confirm that reduced graphene oxide is synthesized. In Figure 5A, the layers are smoothly stacked one above the other with no ripples and crumples due to the smooth deposition by stable plasma. The appearance of these crumples usually appears during exfoliation and restacking processes that create the deformation of the stacked layers.⁴⁵ Figure 5B

shows that rGO contains multi-layers in a similar direction and the inset is selected area diffraction showing polycrystalline structure.²¹ Thus, morphology of rGO was confirmed through FE-TEM.

Figure 6 shows SEM side view images of both rGO and GO. These SEM images were taken to study the irregularities on the surface and it is evident from Figure 6 that rGO with hydrophobic surface is having some irregularities and GO with hydrophilic feature is smoothly deposited on the

Table I Atomic Percentages of C, O, O/C Ratio and Functional Groups

rGO and GO Coating	At % of C	At % of O	O/C Ratio	% of C=O	% of C-OH	% of C-O-C	% of COOH
Super Hydrophobic	90	10	0.11	77.8	14.19	7.93	
Hydrophobic	86.79	13.29	0.15 ⁴⁴	75.9	12.57	11.49	
Hydrophilic	83	17	0.20	40.4	38.68	12.32	8.96

Figure 4 O1s and N1s peaks (A) O1s peak of rGO (Hydrophobic) obtained by direct deposition, (B) O1s peak of rGO (Super-Hydrophobic), (C and D) O1s and N1s peaks of GO (Hydrophilic).

surface. Thus, argon plasma treatment is helpful in transforming the surface from roughness into smoothness.

The wettability of carbon-coated samples (rGO and GO) is a crucial factor in the biological applications. Thus, wettability was measured through contact angle instrument (Phoenix 300, SEO Korea). Hydrophobicity is shown in Figure 7A, where reduced graphene oxide was directly deposited. Figure 7B shows super hydrophobicity where deposited carbon coating was heat-treated at 200 °C for 1 hour and 30 minutes. This remarkable increase in contact angle is attributed to the removal or reduction of oxygen-containing functional groups in graphene oxide sheets.⁴⁶ Figure 7C shows hydrophilic characters where the carbon-coated surface is additionally treated with argon plasma. The decrease in contact angle can be

ascribed to the addition of oxygen-containing functional groups that make hydrogen bonds with water molecules, as explained in Figure 3C through XPS analysis. Figure 7D shows the water droplet on bare titanium without carbon coating. All surface conditions are measured three times and the average and the standard deviation of the surfaces are described in Table 2.

Therefore, it is attributed that the transition from hydrophobicity to hydrophilicity is obtained after argon plasma treatment that helps in forming oxygen-containing functional groups, which makes the carbon deposited material more hydrophilic. The transition of rGO surfaces from hydrophobic to hydrophilic is simple and certain with a cost-optimized way without having additional requirements of temperature and vacuum

Figure 5 Field emission transmission electron microscopic images of reduced graphene oxide synthesized by atmospheric plasma. **(A)** Showing transparent sheets stacked one above the other. **(B)** Multi-layers and Selective area electron diffraction image (inset).

Figure 6 Field emission scanning electron microscopic images of rGO and GO. **(A)** rGO with hydrophobic surface. **(B)** GO with hydrophilic surface. **(C)** Substrate without coating.

formation. The mechanism involved behind the formation of hydrophilic surface is that the ion energy in plasma, usually greater than 10 eV, exceeds the binding energy of carbon, which is about 2.7 eV and 3.6 eV for π -bonding and σ -bonding respectively, thus forming an oxygen-containing functional groups.¹¹ Compounds like C-OH, C-O-C, COOH, C-O-C, and carboxylates (O-C=O) make the surface hydrophilic from hydrophobic due to

a dynamic interaction with water by generating intermolecular forces called hydrogen bonding.^{47–50} The superhydrophobic features may result due to lack of these polar functional groups and presence of phenolic functional group that do exist at a higher temperature and possesses low solubility with water.⁵¹

Carbon deposition on the surface of titanium with various surface conditions (hydrophobic; Superhydrophobic;

Figure 7 Water droplet on the surface of (A) Carbon layers deposited without plasma treatment. (B) Carbon layers deposited with additional heat treatment. (C) Carbon layers deposited with additional plasma treatment. (D) Without coating.

hydrophilic and bare Ti substrate) for the evaluation of biocompatibility was followed by seeding NCTC L929 fibroblast cells at 25% confluency ($5 \times 10^4/\text{mL}$). After three days of growth, cell viability was evaluated by MTT assay (Figure 8). In this context, we found that carbon coating with hydrophilic feature proved to be a far better surface than other surface conditions. We observed entrapped air in the interfaces of the superhydrophobic coating due to a high contact angle of about 150.6, as shown in Figure 7B, implying that cells were not allowed to settle down appropriately on the surface. Similar observation was made with hydrophobic coating; however, it was less effective than the super-hydrophobicity. However, this effect was negligible in case of hydrophilic coating that resulted in higher cell viabilities. Similar phenomenon is observed by another group where they have defined that the air entrapped on superhydrophobic interfaces inhibit the cells growth and can negatively affect the adsorption process. Additionally, it is further defined that hydrophilic and

Table 2 Average and STD of Water Contact Angle Taken for Three Samples on the Surface of Superhydrophobic, Hydrophobic and Hydrophilic Carbon Coating on Titanium Substrate

Surface	Average (°)	STD
Hydrophobic rGO	62	12.9
Super hydrophobic rGO	147.6	4.2
Hydrophilic GO	14	2.4
Ti substrate without coating	53	8.2

Figure 8 MTT assay for cytotoxicity of various surface conditions on Ti.

hydrophobic surfaces have a paramount role in the adhesion process of cells which is in consistent with our results.⁵² So, neither rGO nor GO show any cytotoxicity, and the hydrophilic surface is more adequate for NCTC L929 fibroblast cell growth. As a successful candidate for the surface treatment for the dental implant, the antibacterial effect of the deposited graphene oxide was conducted (Figure 9). For this, *Streptococcus mutans* was incubated in the samples with various surface conditions (cell culture well-plates for the control, the bare surface without GO, hydrophilic GO, hydrophobic rGO, and superhydrophobic rGO). As expected, *S. mutans* grows fast on the superhydrophobic surface of rGO-deposited Ti much the same as the control, which *S. mutans* was incubated in a culture dish because

Figure 9 The effect of the various surface wettability on the viability of *Streptococcus mutans* which is a common anaerobic bacterium found in human oral cavity.

Figure 10 Biological application's comparison with different surface properties in terms of cells viability and antibacterial effect.

S. mutans is an anaerobic bacterium and proliferated well in anoxic environments. However, *S. mutans* on the hydrophobic surface grows slowly rather than on the bare-Ti surface. Therefore, the GO deposition with hydrophilicity enhanced the antibacterial effect and the biocompatibility on the Ti implant showing similarity with.⁵³

Figure 10 is the diagrammatic representation of comparing surfaces with different wettability developing relationship with the cell viability and antibacterial effect. Cells viability and antibacterial effect for hydrophilic surface is 95% and 38%, respectively.

Conclusion

We report a very simple and novel method to effectively synthesize and convert hydrophobic surfaces into superhydrophobic and hydrophilic surfaces using high-density atmospheric plasma. Transition from hydrophobic (rGO) to hydrophilic (GO) surface is achieved by additional argon plasma treatment that results in highest biocompatibility as evaluated by MTT assay. Further, superhydrophobic surfaces are prepared using additional heat treatment; these surfaces show lowest cell viability. This simple, low cost, and highly productive synthesis method could enable cost-effective synthesis of rGO and GO for potential biological and photoelectrochemical applications. Our study showed that both rGO and GO did not show any cytotoxicity and in comparison GO showed higher cells viability and anti-bacterial effect.⁵³ Further rGO and GO will be used for different drug loading where rGO with hydrophobic character will be used for hydrophobic drugs while GO will be used for hydrophilic drugs. Additionally, osteoblast cells will be grown to check its differentiation into bone cells and will be followed for implant coating.

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Disclosure

The authors report no conflicts of interest in this work.

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