ORIGINAL RESEARCH

# Electroacupuncture Regulates Pain Transition by Inhibiting the mGluR5-PKC $\epsilon$ Signaling Pathway in the Dorsal Root Ganglia

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**Background:** Acute pain can transition to chronic pain, presenting a major clinical challenge. Electroacupuncture (EA) can partly prevent the transition from acute to chronic pain. However, little is known about the mechanisms underlying the effect of EA. This study investigated the effect of EA on pain transition and the activation of metabotropic glutamate receptor 5 (mGluR5)–protein kinase C epsilon (PKCε) signaling pathway in the dorsal root ganglia (DRG).

Methods: The hyperalgesic priming model was established by the sequential intraplantar injection of carrageenan (1%, 100 μL) and prostaglandin E2 (PGE2) into the left hind paw of rats. EA treatment (2/100 Hz, 30 min, once/day) was applied at bilateral Zusanli (ST36) and Kunlun (BL60) acupoints in rats. Von Frey filaments were used to investigate the mechanical withdrawal threshold (MWT) at different time points. The protein expression levels of mGluR5 and PKCε in the ipsilateral L4-L6 DRGs of rats were detected by Western blot. Some pharmacological experiments were performed to evaluate the relationship between mGluR5, PKCε and the MWT. It was also used to test the effects of EA on the expression levels of mGluR5 and PKCε and changes in the MWT.

**Results:** Sequential injection of carrageenan and PGE2 significantly decreased the MWT of rats and up-regulated the expression level of mGluR5 and PKCε in the ipsilateral L4-L6 DRGs. EA can reverse the hyperalgesic priming induced by sequential injection of carrageenan/PGE and down-regulate the protein expression of mGluR5 and PKCε. Glutamate injection instead of PGE2 can mimic the hyperalgesic priming model. Pharmacological blocking of mGluR5 with specific antagonist MTEP can prevent the hyperalgesic priming and inhibit the activation of PKCε in DRGs. Furthermore, EA also produced analgesic effect on the hyperalgesic priming rats induced by carrageenan/mGluR5 injection and inhibited the high expression of PKCε. Sham EA produced none analgesic and regulatory effect.

**Conclusion:** EA can regulate pain transition and it may relate with its inhibitory effect on the activation of mGluR5-PKCε signaling pathway in the DRGs.

**Keywords:** electroacupuncture, pain transition, hyperalgesic priming, mGluR5, PKCε, DRGs

### Introduction

Acute and chronic pain are the most common clinical symptoms.<sup>1–3</sup> When acute pain transitions to chronic pain (pain transition), adverse effects are induced at both the physiological and psychological levels and cause unbearable suffering to the patient. However, most analgesics fail to produce robust effects on chronic pain and are accompanied by obvious side effects.<sup>4,5</sup> Many studies have demonstrated that

Correspondence: Jianqiao Fang; Junfan Fang Email fangjianqiao7532@163.com; fangjunfan0223@163.com; the mechanisms of pain change dramatically when the pain transitions from acute to chronic.<sup>6-8</sup> thus, the therapeutic effects of various drugs are greatly weakened, causing patients to suffer from chronic pain. Therefore, understanding the mechanisms of pain transition is of great significance.

Protein kinase C epsilon (PKCε) is distributed in most neurons of the dorsal root ganglion (DRG).<sup>9,10</sup> It has been shown that the activation of PKCε in the peripheral neuron system is key to the generation and maintenance of chronic pain. 11,12 Recent studies have found that PKCε is also involved in the process of pain transition. 13-16 PKCε inhibitors can effectively prevent the occurrence of pain transition and modulate the long-term and severe chronic pain caused by this process, which is clearly separate from tissue damage. 14,17,18 However, the upstream pathway that is involved in pain transition remains an open question.

Metabotropic glutamate receptor 5 (mGluR5) is one of the glutamate receptors expressed in small-diameter neurons in the DRGs. 19,20 Previous studies have found that damaged peripheral tissue can release glutamate21,22 and activate primary afferent neurons that express mGluR5, causing hyperalgesia. 23,24 The use of selective inhibitors of mGluR5 can significantly reduce hyperalgesia. 25,26 In addition, the process of hyperalgesia induced by mGluR5 may be achieved through PKCs. 23,27 Therefore, mGluR5 may be involved in pain transition by activating PKCE in the DRGs.

Electroacupuncture (EA) is one of the most common methods for treating pain in Chinese medical clinics and has a therapeutic effect on acute and chronic pain. 28,29 Previous studies have shown that EA can partly prevent the transition from acute to chronic pain. 30,31 However, the mechanisms underlying its preventive effect remain unclear. Related studies have shown that the therapeutic effect of EA on pain is closely related to its intervention in the peripheral nervous systems. 32-34 A previous study demonstrated that the therapeutic effect of EA on chronic pain is partially achieved by regulating the PKCE signal transduction pathway. 35,36 EA can also exert its analgesic effect by regulating the expression of mGluR5 in the DRG.<sup>37</sup> All of the above findings suggest that the effect of EA stimulation in pain transition may be related to the regulation of the mGluR5-PKCE pathway in the DRGs.

In this experiment, the hyperalgesic priming model was established to explore the mechanism underlying pain transition.<sup>38</sup> The model was designed to separate the acute pain from chronic pain. 6,39 The chronic pain

(hyperalgesia) was induced by sequential injection of carrageenan and PGE2 in the model. However, PGE2 can only induce an acute pain without the carrageenan. This feature given the opportunity to observe the mechanism of pain transition. In addition, the regulatory effect of EA on the MWT and mGluR5-PKCs pathway in hyperalgesic priming model rats was observed. Finally, mGlu5R was inhibited to confirm the role mGluR5-PKCE pathway played in the model and was activated to further explore the effect and mechanism of EA on pain transition.

# **Materials and Methods**

# **Animals**

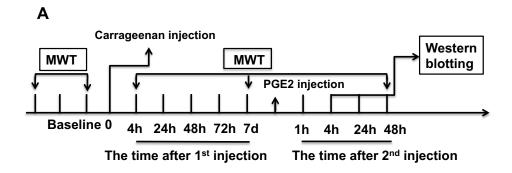
Male Sprague-Dawley rats weighing 160 to 180 g were purchased from the Experimental Animal Center of Zhejiang Chinese Medical University. All rats were fed standard rodent food and water and housed at a constant room temperature of 23 to 25 °C and at a relative humidity of  $55\% \pm 5\%$  with a 12/12 h light-dark cycle. The entire experimental procedures were in line with the Animal Care and Welfare Committee of Zhejiang Chinese Medical University, Zhejiang, China (approval no. IACUC-20180319-12). We have minimized the animals' suffering.

# Drugs

Carrageenan, prostaglandin E2 (PGE2) and glutamate were purchased from Sigma-Aldrich (Sigma-Aldrich, Saint Louis, MO, USA). They were all dissolved in sterile saline and then diluted to appropriate concentrations before being injected into the plantar surface of the left hind paw (carrageenan (1 mg, 100 µL), PGE2 (100 ng, 25 μL) and glutamate (0.17 mg, 25 μL)). MTEP, an inhibitor of mGluR5, was purchased from Tocris Bioscience (Tocris Bioscience, Minnesota, USA) and diluted to 10 mM in sterile physiological saline.

# Experimental Design

This study was divided into three parts. In the first part, we studied the changes in pain threshold and protein expression in the DRGs during pain transition. Rats were randomly assigned to three groups (n=18/group): (1) the Normal (N) group, (2) the sham hyperalgesic priming (sham HP) group, and (3) the hyperalgesic priming (HP) group. The mechanical withdrawal threshold (MWT) and the expression levels of mGluR5 and PKCE were investigated by Western blot according to the experimental schedule (Figure 1A).



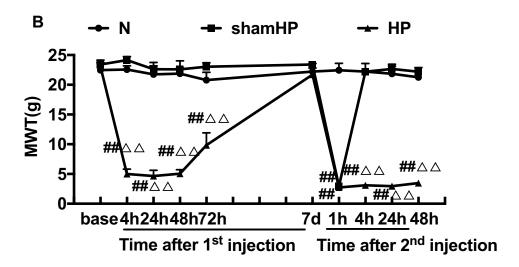


Figure I (A) Schematic of the experimental timeline. (B) The hyperalgesic priming model was established by sequential intraplantar injection of carrageenan/PGE2 into the left hind paw. The MWT were measured before injection, 4, 24, 48, 72 h, 7 d after the 1<sup>st</sup> injection and 1, 4, 24, 48 h after the 2<sup>nd</sup> injection in all groups. Data are presented as mean ± SEM, n=6; <sup>##</sup>P<0.01 vs N group at the corresponding time point; <sup>ΔΔ</sup>P<0.01 vs sham HP group at the corresponding time point.

In the second part, the different effects of EA administered for different periods on pain transition were observed. The effects of EA on mGluR5 and PKCε were also investigated. Rats were randomly assigned to six groups (n=6/group): (1) the sham HP group, (2) the HP group, (3) the EA I group, (4) the EA II group, (5) the EA III group, and (6) the sham EA group.

In the third part, the involvement of mGluR5 in pain transition and the analgesic effect of EA were explored. This part of the experiment was divided into three sub-parts. In the first subpart, 8 rats were randomly assigned to three groups (n=6/group): (1) the N group, (2) the sham HP group, and (3) the Glutamate (Glu) group. In the Glu group, glutamate was administered subcutaneously instead of PGE2 at 7 d after carrageenan injection. In the second subpart, 12 rats were randomly assigned to two groups (n=6/group): (1) the HP group and (2) the MTEP (mGluR5 inhibitor) group. In the MTEP group, MTEP was subcutaneously injected into the left paw 5 min before PGE2 injection. In the third subpart, EA was used to regulate the pain transition induced by carrageenan/

glutamate injection. 24 rats were randomly assigned to four groups (n=6/group): (1) the sham HP group, (2) the Glu group, (3) the EA I group and (4) the sham EA group.

# Hyperalgesic Priming Model

The hyperalgesic priming model was established by injecting  $100~\mu L$  of 1% carrageenan (1st injection) into the left hind paw of each rat and  $100~ng/25~\mu L$  of PGE2 (2nd injection) into the same paw after 7 days.

In the sham HP group,  $100~\mu L$  of 0.9% saline (1st injection) was injected subcutaneously into the left hind paw of each rat, and  $100~ng/25~\mu L$  of PGE2 was injected into the same paw after 7 days (2nd injection). In the N group, 0.9% saline was injected subcutaneously into the left hind paw ( $100~\mu L$  for the 1st injection and  $25~\mu L$  for the 2nd injection). In the Glu group,  $100~\mu L$  of 1% carrageenan was injected into the left hind paw of each rat for the 1st injection, and  $0.17~mg/25~\mu L$  glutamate was injected into the same paw for the 2nd injection. In the MTEP group,

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10 mM/25 µL of MTEP was preinjected into the left hind paw of each rat 5 min before the 2nd injection.

Rats were briefly anesthetized with 2.5% isoflurane to facilitate the intraplantar injection of carrageenan, PGE2 or the other drugs used in this study.

## Mechanical Withdrawal Threshold (MWT)

The up-down method was used in this experiment.<sup>40</sup> Von Frey hairs (Stoelting Co, Thermo, Gilroy, CA, USA) with forces of 0.4, 0.6, 1, 2, 4, 6, 8, 15, and 26 g were selected. The rats were placed into individual cages for 30 min before measurement to allow acclimation to the environment. A von Frey hair with a force of 4 g was first applied to the central surface of the hind paw (avoiding the footpad) until the hair bent into an "S" shape, and it was maintained there for 6 s. If the rat did not exhibit a positive avoidance response, the result was recorded as "O", and the von Frey hair was replaced with a hair of higher force. Conversely, in the case of a avoidance response, the result was recorded as "X", and the von Frey hair was replaced with a hair of lower force. The stimulation interval was at least 2 min. After a "OX" or "XO" combination of responses, 4 more measurements were performed and recorded as above (for example, "OXOXOO"). The pain threshold was calculated according to the following formula: MWT (g) =  $(10[Xf + \kappa\delta])$ / 10,000, where "Xf" is the force of the last hair test, the " $\kappa$ " value is obtained from the k-value table, and "δ" is the average value of the difference between the logarithm of hairs of each force, which is approximately equal to 0.231. Here, the maximum stimulation intensity was 26 g, and the minimum stimulation intensity was 0.4 g.

### **EA Treatment**

All rats in the EA group were treated with EA stimulation. The EA stimulation procedure was performed as described below. The intervention began after the completion of the behavioral test 4 h after the 1st injection. The rats were gently immobilized in a cotton retainer. Stainless-steel needles (0.18 mm × 13 mm) were inserted to a depth of 5 mm into the bilateral Zusanli (ST36) and Kunlun (BL60) acupoints. The needles were connected to a HANS Acupuncture Point Nerve Stimulator (LH-202H Huawei Co, Ltd, Beijing, China), the intensity was set at 0.5 mA, 1.0 mA, and 1.5 mA (the intensity increased every 10 min), and EA was administered once per day at 2/100 Hz for 30 min until the end of the experiment or as otherwise noted in specific cases. Here, 2/100 Hz meant that the stimulator alternatively administered electrical stimulation at 2 Hz and 100 Hz every 3 seconds. In the EA II group, EA stimulation was only administered once per day between 4 h after the 1st injection and before the 2nd injection. In the EA III group, EA stimulation was only administered once per day after the 2nd injection. Other parameters were consistent with the parameters described above.

Sham EA was also administered. The same needles were inserted subcutaneously into the ST36 and BL60 acupoints (at a depth of 1 mm) of the animals. The needles were connected to the same stimulator, but no electrical stimulation was administered.

## Western Blot Analysis

Animals were anesthetized with 2% pentobarbital sodium and euthanized at 4, 24 or 48 h after the 2nd injection once MWT testing was completed. They were quickly perfused with 150 mL of 0.9% NaCl (4 °C). Then, the DRGs were extracted rapidly and stored in a -80 °C freezer for Western blot experiments. The protein expression of mGluR5 and PKCE in the L4-L6 DRGs was detected by Western blot. The DRGs were pulverized in RIPA buffer and centrifuged at 14,000 rpm for 5 min at 4 °C. The supernatant was placed in a clean EP tube. The protein concentration of the tissue lysates was determined by the BCA method. Fifteen micrograms of the lysates were denatured and loaded and then transferred to polyvinylidene difluoride (PVDF) membranes (Merck KGaA, Darmstadt, Germany) by 5% SDS-PAGE electrophoresis. Then, 5% skim milk powder was used for blocking at room temperature for 1 h. Rabbit anti-PKCE (ab124806, Abcam, Cambridge, UK) and rabbit anti-mGluR5 (ab53090, Abcam, Cambridge, UK) were used as the primary antibodies, and mouse anti-β-actin (HRP) (ab20272, Abcam, Cambridge, UK) was used as the internal control. The membranes were incubated overnight at 4 °C (18 h). Subsequently, the immunoblots were incubated with secondary antibody for 2 h at room temperature. An ECL kit (Pierce, Rockford, IL, USA) was used for development. The blots were photographed after color development, the average optical density values of the bands were calculated.

# Statistical Analysis

All data are presented as the mean  $\pm$  standard error of the mean ( $\bar{x} \pm SEM$ ). For behavioral testing, the data were analyzed using repeated-measures ANOVA followed by

LSD post hoc test. When the interaction between the time points and groups resulted in a P-value less than 0.05, one-way ANOVA followed by LSD post hoc test was used to analyze the data. Western blot was analyzed by one-way ANOVA followed by LSD post hoc test. P < 0.05 was considered statistically significant.

#### Result

# MWT Gets Lower in Hyperalgesic Priming Model Rats

Repeated measures ANOVA was conducted to compare the effect of time on the MWT in the N, sham HP and HP groups. The results did not meet Mauchly's test of Sphericity (P<0.01) and the within-subjects effects revealed that there was a significant difference over time (P<0.01) and between groups (P<0.01) and there was also an interaction between time points and groups (P<0.01). The data were normally distributed and analyzed using a one-way ANOVA. The overall experimental design is shown in Figure 1A. The hyperalgesic priming model was established by sequential intraplantar injection of carrageenan/PGE2 into the left hind paw. As shown in Figure 1B, before the modeling, there was no significant difference in the MWT between the groups (P>0.05). The MWT of the HP group was significantly lower than that of the N group and sham HP group 4, 24, 48, and 72 h after the 1st injection (P<0.01). Then, the MWT gradually recovered and returned to the initial level approximately 7 d after the 1st injection. The MWT of the sham HP group and the HP group decreased to the lowest level 1 h after the 2nd injection and was significantly lower than that of the N group (P<0.01). The MWT of the rats in the sham HP group returned to the original level and was not different than that of the N group 4 h after the 2nd injection. However, the MWT of the HP group was still at a low level and was significantly lower than that of the N and sham HP groups (P<0.01, Figure 1B). The results indicated that the hyperalgesic priming model was successfully established.

# Protein Levels of mGluR5 and PKC $\epsilon$ in the DRGs at Different Time Points in Hyperalgesic Priming Rats

The expression levels of mGluR5 and PKCε in the L4-L6 DRGs were investigated by Western blot 4, 24, and 48 h after the 2nd injection. As shown in Figure 2, the

protein levels of mGluR5 (Figure 2A, C and E) and PKC $\epsilon$  (Figure 2B, D and F) in the DRGs of the sham HP group were not significantly different from those in the DRGs of the N group 4, 24 and 48 h after the 2nd injection. However, the protein levels of mGluR5 and PKC $\epsilon$  in the HP group were significantly increased compared with those in the N group and the sham HP group 4 h (P<0.05) (Figure 2A and B), 24 h (P<0.01) (Figure 2C and D) and 48 h (P<0.01) (Figure 2E and F) after the 2nd injection. These results indicate that both mGluR5 and PKC $\epsilon$  may be involved in the process of hyperalgesic priming.

# EA Stimulation Alleviates Pain and Decreases the Protein Expression of mGluR5 and PKCε in the DRGs Induced by Hyperalgesic Priming

EA was administered for 3 different time periods to investigate its regulatory effect on pain transition. The entire EA stimulation procedure and the location of ST36 and BL60 are respectively shown in Figure 3A and B. The results of repeated measures ANOVA did not meet Mauchly's test of Sphericity (P=0.009) and the within-subjects effects indicated that there was a significant difference over time (P<0.01) and between the different groups (P < 0.01). There was a significant interaction between time and group (P<0.01). The data were normally distributed and analyzed using a one-way ANOVA. The MWTs of the EA I group and EA II group increased rapidly when compared with that of the HP group during the period from the 1st injection to the 2nd injection (P<0.05) (Figure 3C). However, the three different doses of EA produced varying effects on the MWTs of model rats after the 2nd injection, especially those in the EA I group and EA III group. The MWT of the EA I group was significantly higher than that of the EA II and EA III groups 4, 24 and 48 h after the 2nd injection. In addition, the MWT of the EA III group was significantly higher than that of the EA II group 48 h after the 2nd injection (P < 0.05) (Figure 3D). According to the above results, EA I was used in the subsequent experiments. Then, Western blot was used to detect the expression levels of mGluR5 and PKCE in the L4-L6 DRGs. The results showed that the expression levels of mGluR5 and PKCE in the L4-L6 DRGs of the HP group were greatly increased 48 h after the 2nd injection compared with those in the L4-L6 DRGs of

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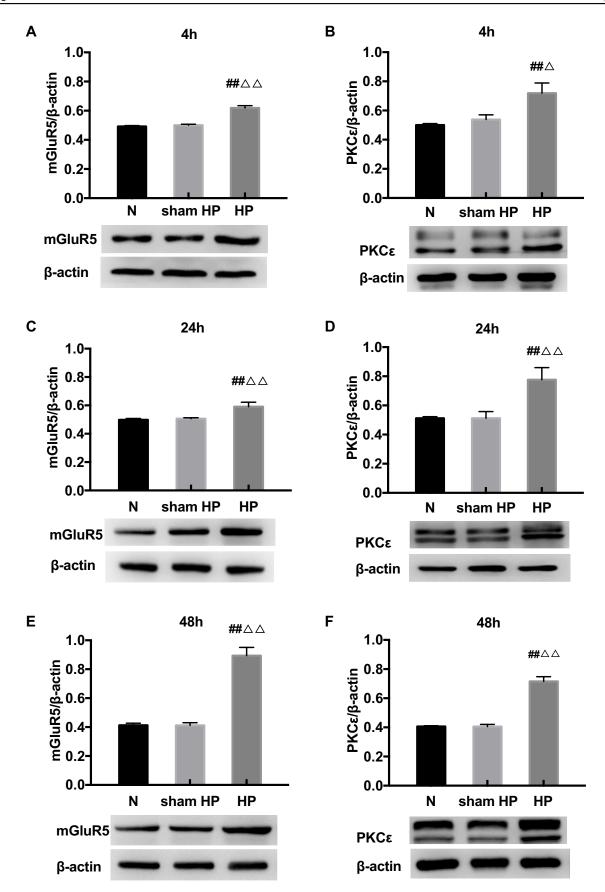


Figure 2 (A–F) Western blot shows the expression of mGluR5 and PKC $\epsilon$  in the L4-6 DRGs extracts from hyperalgesic priming rats at 4 h (A, B), 24 h (C, D), 48 h (E, F) after the  $2^{nd}$  injection. Data are presented as the mean  $\pm$  SEM, n = 6;  $^{##}P$  < 0.01 vs N group;  $^{\Delta\Delta}P$  < 0.05 vs sham HP group.

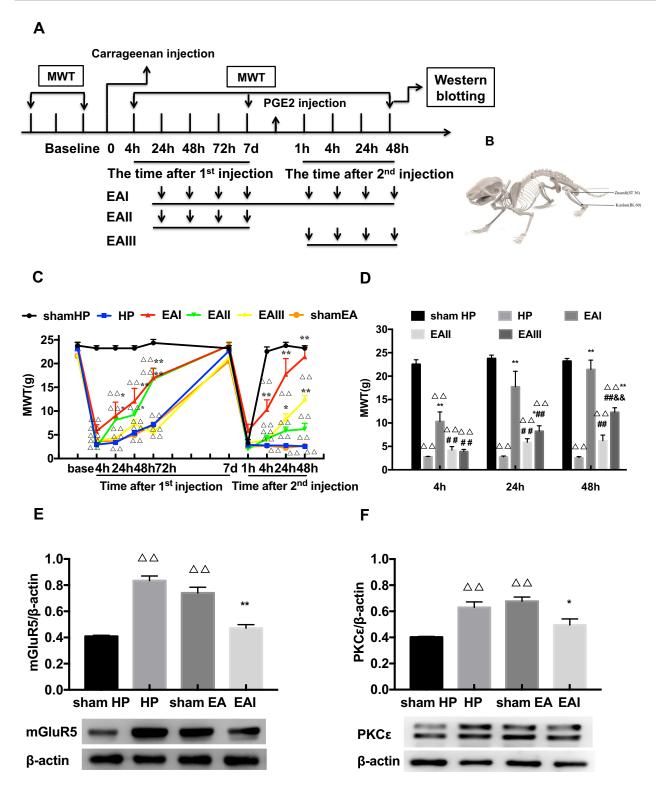


Figure 3 (A) The procedure of EA stimulation experiment. (B) Schematic picture of the locations of the acupoints ST36 and BL60 in rat. (C) The analgesic effect of EA stimulation on the hyperalgesic priming rats. (D) Different time points of EA stimulation exerted comparable effects on MWT. (E, F) Western blotting images and relative protein level of mGluR5 and PKCε in rat L4-6 DRG from different groups. Date are mean ± SEM; n = 6; ΔP<0.01 vs sham HP group; \*\*P<0.01, \*P<0.05 vs HP group; \*\*#P<0.01 vs EAI group.

the N group. EA stimulation significantly inhibited the increase in mGluR5 and PKC $\epsilon$  in the L4-L6 DRGs, which was significantly lower than that in the HP

group and was not significantly different from that in the N group. However, sham EA had no effect on the expression levels of mGluR5 or PKCε, and the

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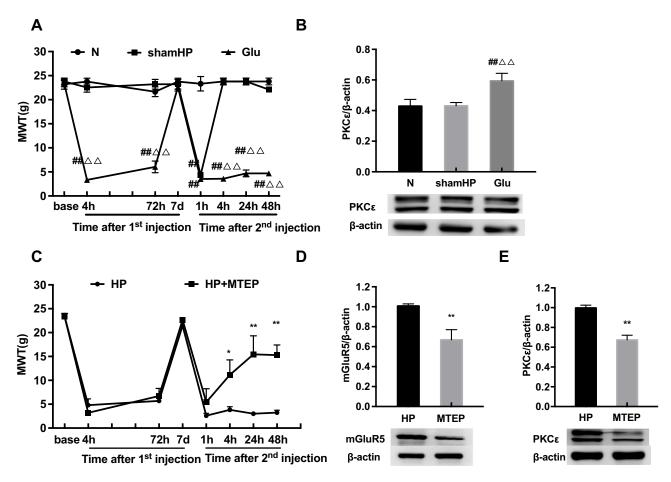


Figure 4 (A) Glutamate was injected into the left hind paw at 7 d after carrageenan injection. And MWT were measured before injection, 4, 72 h, 7 d after the 1<sup>st</sup> injection and 1, 4, 24, 48 h after the 2<sup>nd</sup> injection in all groups. (B) Glutamate increased the expression of PKCε protein in the L4-6 DRG by Western blot. (C) Pre-injection of MTEP inhibited the reduction of MWT induced by hyperalgesia (D, E) MTEP (mGluR5 inhibitor) decreased the expression of mGluR5 and PKCε protein in the L4-6 DRG. Data are presented as mean ± SEM, n=6; ##P<0.01 vs N group;  $^{\Delta\Delta}$ P<0.01 vs sham HP group; \*P<0.05, \*\*P<0.01 vs HP group.

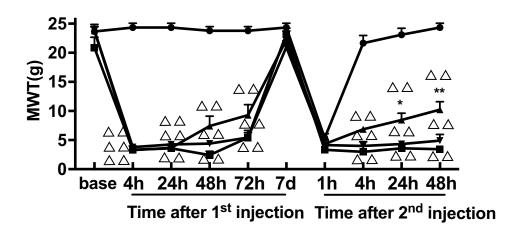
expression levels were not different from those of the HP group (P<0.05) (Figure 3E and F).

# mGluR5 Is Involved in Pain Transition by Activating PKC $\epsilon$ in the DRGs

To verify whether mGluR5 plays an important role in hyperalgesic priming, glutamate was used in place of PGE2 for the 2nd injection. The results of repeated measures ANOVA met Mauchly's test of Sphericity (P>0.05) and the within-subjects effects indicated that there was a significant difference over time (P<0.01) and between the different groups (P<0.01). There was a significant interaction between time and group (P<0.01). The data were normally distributed and analyzed using a one-way ANOVA. As shown in Figure 4A, the MWT of the rats in the Glu group was significantly decreased 1, 4, 24 and 48 h after glutamate injection (P<0.01). In addition, compared with that in

the L4-L6 DRGs of the N group, the protein expression level of PKCs in the L4-L6 DRGs of the Glu group was significantly increased 48 h after the 2nd injection. The expression level of PKCs in the sham HP group was not different from that in the N group (P < 0.01)(Figure 4B). All the above results indicated that mGluR5 may be involved in hyperalgesic priming by promoting the expression of PKCE. However, the relationship between mGluR5 and PKCE is unknown. MTEP, a selective inhibitor of mGluR5, was used to modulate the MWT of the model rats in an attempt to confirm the role mGluR5 plays in hyperalgesic priming and PKCE activation. MTEP was injected into the ipsilateral hind paw 5 min before the 2<sup>nd</sup> injection. The results of repeated measures ANOVA met Mauchly's test of Sphericity (P>0.05) and the within-subjects effects indicated that there was a significant difference over time (P < 0.01) and between the different groups





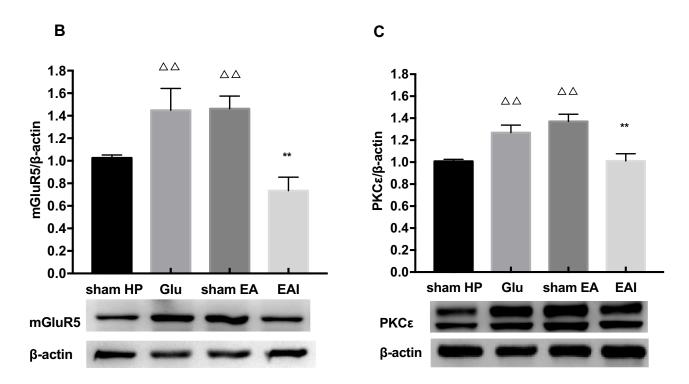


Figure 5 (A) EA stimulation can increase the reduction of MWT induced by hyperalgesic priming caused by glutamate at different time points. (B) EA decreased the expression of mGluR5 protein in the L4-6 DRGs. (C) EA decreased the expression of PKCE protein in the L4-6 DRGs. Data are presented as mean ± SEM, n=6; <sup>AA</sup>P<0.01 vs sham HP group; \*\*P<0.01, \*P<0.05 vs Glu group.

(*P*<0.05). There significant interaction was a between time and group (P < 0.01). The data were normally distributed and analyzed using a one-way ANOVA. It increased the MWT of the model rats compared to the HP group rats 4, 24 and 48 h after the  $2^{nd}$  injection (P < 0.05) (Figure 4C). In addition, the protein expression levels of mGluR5 and PKCE in the L4-L6 DRGs of the HP+MTEP group were significantly decreased compared with those in the L4-L6 DRGs of the HP group (P<0.01) (Figure 4D and E).

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The above results suggested that the mGluR5-PKCε pathway plays a pivotal role in the process of pain transition.

# EA Stimulation Exerts Regulatory Effects on Pain Transition Caused by Activating the mGluR5-PKCε Pathway in the DRGs

Finally, we observed whether EA stimulation has an effect on glutamate-induced hyperalgesic priming. The results of repeated measures ANOVA did not meet Mauchly's test of Sphericity (P=0.006) and the within-subjects effects indicated that there was a significant difference over time (P<0.01) and between the different groups (P<0.01). There was a significant interaction between time and group (P<0.01). The data were normally distributed and analyzed using a one-way ANOVA. As shown in Figure 5A, there was an increase in the MWT of the EA I group compared with the Glu group 24 and 48 h after the  $2^{nd}$  injection (P < 0.05) (Figure 5A). In addition, the Western blot results also confirmed that EA stimulation significantly inhibited the high expression of mGluR5 and PKCE in the L4-L6 DRGs of glutamate-induced hyperalgesic priming rats (P<0.01) (Figure 5B and C). The data suggested that EA stimulation can inhibit the transition from acute pain to chronic pain by inhibiting the mGluR5-PKCs pathway in the L4-L6 DRGs.

## **Discussion**

In this study, the rat hyperalgesic priming model was established to investigate the potential mechanisms of pain transition. We found that the mGluR5 and PKCE were highly expressed in the ipsilateral L4-L6 DRGs. By screening the EA treatment options with different time points, we identified an optimized EA protocol to be the option for relieving hyperalgesia of model rats. In the terms of mechanisms, we found EA reduced the overexpression of mGluR5 and PKCE in DRGs of hyperalgesic priming rats. Besides, Glutamate can replace PGE2 in the 2<sup>nd</sup> injection to mimics the hyperalgesic priming model. Pharmacological blocking of mGluR5 with specific antagonist MTEP can reverse the hyperalgesic priming and decrease the protein expression of PKCE in DRGs. EA also reverse the hyperalgesic priming induced by mGluR5 injection and down-regulate the overexpression of PKCε in the DRGs. These results indicate that EA prevents the pain transition may involve in inhibiting the mGluR5-PKCE signaling pathway in DRGs.

Chronic pain is one of the major challenges in the clinic. Although many studies have focused on chronic pain, few

effective treatment strategies without side effects have been developed in the last decade. Previous studies have proposed that preventing the transition from acute to chronic pain may be a new strategy for controlling chronic pain. 41,42 In a previous study, we observed that EA can regulate pain transition in hyperalgesic priming model rats. 30,31 Here, we further investigated the potential mechanisms underlying the analgesic and regulatory effects of EA on hyperalgesic priming. We found that EA not only produced an analgesic effect on chronic pain but also prevented pain transition. Furthermore, the analgesic and preventive effects of EA were cumulative. In addition, we found that the activation of mGluR5 was involved in hyperalgesic priming by activating PKCE in the DRGs. In addition, EA prevented pain transition via mechanisms that may involve inhibiting the mGluR5-PKCe signaling pathway in the DRGs.

Previous studies have demonstrated that PKCE is involved in sensitizing nociceptors and inducing mechanical hyperalgesia. 43,44 In the current study, PKCs was increased in the DRGs of hyperalgesic priming rats, which is consistent with previous publications showing that PKCE plays an important role in the process of hyperalgesic priming. 6,15,30,45 However, previous studies have specifically focused on changes in the expression of PKCE and its downstream targets in the DRGs upon hyperalgesic priming. In this study, we mainly evaluated whether upstream molecules of PKCs are involved in the process of hyperalgesic priming.

As a type of glutamate receptor expressed in smalldiameter neurons in the DRGs, 19,20 mGluR5 contributes to the regulation of neuronal growth, neuroprotection and excitotoxicity. 46 It has been demonstrated that mGluR5 can be activated by glutamate released from damaged peripheral tissue and is involved in hyperalgesia. In addition, many researchers have found that there is a certain relationship between mGluR5 and PKCs. 27,47 A previous study found that PKCE contributes to the process by which mGluR5 causes hyperalgesia.<sup>22</sup> In this study, glutamate and MTEP were chosen to examine whether mGluR5 is involved in the process of hyperalgesic priming and PKCE activation. Our study found that glutamate can mimic hyperalgesic priming and increase PKCE expression in the DRGs. Furthermore, an mGluR5 antagonist reversed the hyperalgesic priming and PKCE expression in the DRGs induced by PGE2 injection. Therefore, mGluR5 is upstream of PKCs and induces the expression of PKCs in the DRGs of hyperalgesic priming rats.

Clinical and basic studies have confirmed that 2/100 Hz EA can treat various types of pain. Our previous study demonstrated that 2/100 Hz EA can regulate the MWT of

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hyperalgesic priming rats and inhibit the increasing expression of PKCε in the DRGs. In this study, we further investigated whether EA can regulate higher PKCE expression and the MWT. First, we found that the analgesic effect of EA can be divided into two phases. EA partly prevented pain transition when it was only administered during the period between carrageenan and PGE2 injection. EA produced a significant analgesic effect on the MWT of hyperalgesia priming rats when it was only given after PGE2 injection. In the current study, we ultimately used a classical strategy in which EA was administered after carrageenan injection until the end of the experiment. We observed that EA administration throughout the experimental period produced the greatest analgesic effect on hyperalgesic priming rats. This indicated that EA stimulation may have a cumulative effect on regulating pain transition. We further studied the effect of EA on PKCE and mGluR5 expression in the lumbar DRGs. EA significantly decreased the overexpression of mGluR5 and PKCE in the DRGs of hyperalgesic priming rats. Because mGluR5 induced hyperalgesic priming by activating PKCs, we observed the effect of EA on the mimic model established by carrageenan/ glutamate injection. EA also significantly depressed the expression of mGluR5 and PKCs in the DRGs. All of the above results suggested that EA may regulate hyperalgesic priming by inhibiting the activation of mGluR5-PKCE in the DRGs. However, the phase during which EA administration mainly contributes to its effect and whether the administration of EA before PGE2 injection can prevent pathway activation are still open questions. We will further study them.

#### Conclusion

Our study suggests that the activation of the mGluR5-PKC $\epsilon$  pathway in the DRGs plays a pivotal role in the pain transition. And EA can regulate pain transition that maybe related with the effect on inhibiting the activation of the mGluR5-PKC $\epsilon$  signaling pathway in the DRGs.

### **Abbreviations**

ANOVA, Analysis of variance; DRG, Dorsal root ganglia; EA, Electroacupuncture; Glu, Glutamate; HP, hyperalgesic priming; HRP, Horseradish peroxidase; mGluR5, Metabotropic Glutamate Receptors 5; MWT, Mechanical withdrawal threshold; N, normal; PKCɛ, Protein Kinase C epsilon; PGE2, Prostaglandin E2; PVDF, polyvinylidene difluoride.

# **Data Sharing Statement**

Data and materials are available upon request to corresponding author.

# Ethics Approval and Consent to Participate

All animal care and experimental studies were approved by the Animal Care and Welfare Committee of Zhejiang Chinese Medical University, Zhejiang, China (approval no. IACUC-20180319-12).

## **Author Contributions**

All authors made substantial contributions to conception and design, acquisition of data, or analysis and interpretation of data; took part in drafting the article or revising it critically for important intellectual content; gave final approval of the version to be published; and agree to be accountable for all aspects of the work.

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### **Disclosure**

The authors report no conflicts of interest in this work.

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