

# Sodium Butyrate Selectively Kills Cancer Cells and Inhibits Migration in Colorectal Cancer by Targeting Thioredoxin-1

This article was published in the following Dove Press journal:  
*OncoTargets and Therapy*

Wenqi Wang<sup>1,2,\*</sup>

Daoquan Fang<sup>3,\*</sup>

Hao Zhang<sup>1</sup>

Jiao Xue<sup>1</sup>

Drugyel Wangchuk<sup>4</sup>

Jimei Du<sup>1</sup>

Lei Jiang<sup>3</sup>

<sup>1</sup>Department of Microbiology and Immunology, School of Laboratory Medicine, Wenzhou Medical University, Wenzhou 325000, People's Republic of China; <sup>2</sup>Department of Laboratory Medicine, Shanghai University of Medicine & Health Sciences affiliated Zhoupu Hospital, Shanghai 201318, People's Republic of China; <sup>3</sup>Central Laboratory, The First Affiliated Hospital of Wenzhou Medical University, Wenzhou 325000, People's Republic of China; <sup>4</sup>Department of General Surgery, The First Affiliated Hospital of Wenzhou Medical University, Wenzhou 325000, People's Republic of China

\*These authors contributed equally to this work

Correspondence: Lei Jiang  
Central Laboratory, The First Affiliated Hospital of Wenzhou Medical University, Wenzhou 325000, Zhejiang, People's Republic of China  
Tel +86-577-55579127  
Fax +86-577-55578999  
Email jiangleystone79@163.com

Jimei Du  
Department of Microbiology and Immunology, School of Laboratory Medicine, Wenzhou Medical University, Wenzhou 325000, People's Republic of China  
Email djm@wmu.edu.cn

**Background:** Sodium butyrate (NaB) is a short-chain fatty acid which is produced by bacterial fermentation of nondigestible dietary fiber and has been reported to exert anti-tumor effects in many tumors including colorectal cancer (CRC). However, the role of thioredoxin-1 (Trx-1) in NaB-induced anti-tumor effect has not been completely clarified.

**Materials and Methods:** Effects of NaB on the growth of CRC cell lines HT29 and SW480 were detected by the Cell Counting Kit-8 (CCK-8) and colony formation assays. The apoptotic cells were determined by flow cytometry, and cell migration was assessed by a Transwell assay. Western blot analysis was used to test the Trx-1 and epithelial-to-mesenchymal transition (EMT)-related proteins level. Reactive oxygen species (ROS) level was determined and N-acetylcysteine (NAC) recovery experiment was performed in CRC cells. In addition, mice xenograft model was established to test the effect of NaB on CRC growth in vivo. Further, the effects of NaB on CRC cells with overexpression or knockdown were tested by the CCK-8 and Transwell assays.

**Results:** NaB treatment significantly inhibited cell growth and decreased Trx-1 protein expression in CRC cells but not in normal colon epithelial cells. NaB also induced apoptosis, inhibited colony formation, migration and EMT in CRC cells. Besides, NaB increased ROS level in CRC cells and NAC reversed NaB-induced inhibition of cell proliferation. Moreover, downregulation of Trx-1 significantly enhanced NaB-induced inhibitory effects on cell growth and migration, whereas overexpression of Trx-1 attenuated NaB-induced inhibitory effects on growth and migration in CRC cells.

**Conclusion:** These findings indicate that the NaB-mediated anti-tumor effects on CRC cells are related to downregulation of Trx-1.

**Keywords:** anti-tumor effects, colorectal cancer, short-chain fatty acid, sodium butyrate, thioredoxin-1

## Introduction

It is estimated that more than 1.8 million new cases of colorectal cancer (CRC) and 881,000 deaths occur in 2018, accounting for one-tenth of cancer cases and deaths.<sup>1</sup> The overall five-year survival rate of CRC is gradually increasing with the advancement of surgical techniques and the emergence of new therapeutic drugs, but CRC is still one of the important causes of tumor-related death.<sup>2</sup>

The intestinal micro-ecological system is composed of the normal intestinal flora and the environment in which it lives.<sup>3</sup> The tumor microenvironment induced by colorectal tumor lesions is significantly different from the normal intestinal environment.<sup>4</sup> Short-chain fatty acids (SCFAs) are metabolites produced by intestinal microbial fermentation

of undigested dietary fiber.<sup>5</sup> CRC cells are more sensitive to SCFAs than normal intestinal epithelial cells, suggesting that SCFAs affect tumor cells through some certain pathways.<sup>6</sup> As a member of SCFAs, Sodium Butyrate (NaB) induces histone acetylation as a deacetylase inhibitor.<sup>7</sup> Many studies show that NaB acts as a negative regulator in various types of cancer.<sup>8–10</sup> NaB has been found to inhibit cell proliferation and migration of colorectal cancer, promote CRC cell apoptosis and induce autophagy and cell death.<sup>10–14</sup>

The previously reported the correlation between NaB and Oxidative stress.<sup>15</sup> Numerous studies have shown that NaB significantly induces reactive oxygen species (ROS)-mediated apoptosis in a variety of cancers.<sup>16–18</sup> Trx-1, a small endogenous protein, widely participates in various redox reactions.<sup>19</sup> This multifunctional protein acts to inhibit inflammation and cancer through its antioxidant function.<sup>20</sup> Trx-1 is highly expressed in several human primary tumors including CRC.<sup>21–25</sup> In our previous study, we demonstrated that Trx-1 induces epithelial–mesenchymal transition (EMT) and metastasis by activating Akt via interplay with S100P in CRC cells.<sup>25,26</sup> However, little is known about the role of Trx-1 in NaB-induced anti-tumor effect in CRC.

In this study, we demonstrated the antitumor activity of NaB against CRC cells in vitro and in vivo. We also identified that NaB inhibits CRC cell proliferation and down-regulated Trx1 expression in CRC cells but not in normal colon epithelial cells. NaB down-regulated Trx1 expression and resulted in increased ROS production, and inhibits cell proliferation and migration in CRC cells.

## Materials and Methods

### Cell Culture

Human CRC cell lines HT-29 and SW480 were purchased from the Type Culture Collection of the Chinese Academy of Sciences (Shanghai, China). Human colon epithelial cell line FHC was obtained from the American Type Culture Collection (Manassas, VA, USA). SW480 and FHC cells were maintained in RPMI 1640 supplemented with 10% fetal bovine serum (FBS) (Thermo Fisher Scientific, Waltham, MA, USA). HT-29 cells were maintained in Dulbecco's Modified Eagle's Medium (DMEM) supplemented with 10% FBS. Cells were cultured in a humidified 37 °C incubator with 5% CO<sub>2</sub>.

### Cell Viability Assays

The Cell-counting Kit-8 (CCK-8, Dojindo, Japan) assays were used to determine the effects of NaB treatment on cell viability.

Briefly, the cells were seeded in a 96-well plate at densities of 5,000 cells/well and incubated with NaB for the indicated time. At the end of treatment, CCK-8 reagent (10 µL) was added to each well. After incubation for 2 h at 37 °C, the absorbance of each well was measured at a wavelength of 450 nm. The survival rate of NaB treatment was estimated in the base of the absence of NaB treated cells as the 100% of survival. Percent growth inhibition of cells induced by NaB was calculated as follows: Percentage of inhibition = 100 – (treated OD/untreated OD) × 100.<sup>27</sup> All experiments were performed in triplicate.

### Cell Colony Formation Assays

CRC cells treated with NaB and control were seeded in a six-well plate at a density of 1,000 cells/well and cultured for 14 days to form colonies. Colonies were fixed with 4% paraformaldehyde and stained with 0.5% crystal violet. The assays were performed three times for each treatment.

### Cell Apoptosis

Cells were treated with 0, 1.25, 2.5, or 5 mM NaB for 48 h and then apoptotic cell death were determined using an Annexin V Apoptosis Detection kit (Multi Sciences, China). Briefly, cells were resuspended in binding buffer at a density of 1 × 10<sup>6</sup> cells/mL and stained with Annexin V-FITC and PI. The cells were analyzed with the BD FACSCalibur flow cytometer (Franklin Lakes, NJ, USA). Data analysis was performed using FlowJo software (Treestar, OR, USA).

### Transwell Assays

Migration assays of HT-29 and SW480 cells were performed in 8-µm 24-well Boyden chambers (Corning, Cambridge, MA, USA). CRC cells (1 × 10<sup>5</sup>) suspended in 200 µL RPMI 1640 medium were added to the upper chamber. Medium with 20% FBS was added to the bottom chamber as a chemoattractant. SW480 and HT-29 cells were left to migrate for 24 h and 48 h, respectively. The migrated cells on the lower surface of the membrane were stained with 0.1% of crystal violet. Quantification was performed by counting the mean number of cells in five randomly selected microscopy fields per chamber.

### Determination of Cellular Reactive Oxygen Species (ROS)

To measure cellular ROS level, cells were stained with DCFH-DA (Nanjing Jiancheng Bioengineering Institute,

China) which generates fluorescent signals when oxidized by ROS in the cells, and analyzed by flow cytometry (BD FACSCalibur). Data analysis was performed using FlowJo software. For expressing GFP cells, the ROS production was measured using the Cellular ROS Detection Assay Kit (Abcam) according to the manufacturer's instructions.

## Quantitative Reverse Transcription PCR (qRT-PCR)

Total RNA was isolated from cells using TRIzol reagent (Invitrogen). After detection of RNA concentration, 1 µg of total RNA was reverse-transcribed into cDNA with random primers, using the HiScript II Q Select RT SuperMix (Vazyme, China). The amplification reaction was performed using TB Green™ Premix Ex Taq™ (Takara, Japan) and an ABI 7500 Real-Time PCR System (Applied Biosystems, Warrington, U.K.). The human GAPDH gene was used as an internal control. The  $2^{-\Delta\Delta CT}$  method was used to calculate the relative expression of target genes. All the samples were run in triplicate. The PCR primers sequences are as follows:<sup>25</sup> Trx-1-F: 5'-CAACCCTTTCTTTCATTCCCTCT-3', Trx-1-R: 5'-CACCCA CCTTTGTCCCTTCT-3'; GAPDH-F: 5'-CCAG CCGAGCCACATCGCTC-3', GAPDH-R: 5'-ATGAGCCCCAGCCTTCTCCAT-3'.

## Western Blot Analysis

Protein was extracted from cells using RIPA buffer and separated by SDS–polyacrylamide gels and then transferred to PVDF membranes (Millipore, Billerica, MA, USA). Primary antibodies against Trx-1 (1:1000; #ab26320, Abcam, Cambridge, UK), E-Cadherin (1:1000; #3195, Cell Signaling Technology, Beverly, MA, USA), N-Cadherin (1:1000; #14215, Cell Signaling Technology), Vimentin (1:1000; #550513, BD Biosciences, NJ, USA), and GAPDH (1:1000; #ab011, Multi Sciences, China) were used. Peroxidase-conjugated secondary antibody (Cell Signaling Technology) was used, and the antigen–antibody reaction was visualized by enhance chemiluminescence assay (ECL, Thermo Fisher Scientific).

## Lentiviral Vector Construction and Transduction

Lentiviral vector expressing human Trx-1 gene or shRNA targeting Trx-1 (shTrx-1: 5'-GAC TGT CAG GAT GTT GCT TCA GAG TGT GA -3') was generated in our lab previously.<sup>25</sup> Lentivirus production and transduction were performed according to the protocols described previously.<sup>25</sup>

Cells transduced with a lentiviral vector expressing GFP gene or shRNA targeting luciferase gene (shLuc) was as a control group in overexpression and knockdown experiments, respectively.

## In vivo Tumorigenesis Assays

Six-week-old male athymic nude mice (nu/nu) were purchased from Shanghai SLAC Laboratory Animal Co. Ltd (Shanghai, China). All experiments were approved by the Animal Experimental Ethics Committee of Wenzhou Medical University (wydw2019-0507) and carried out according to the National Institutes of Health guidelines for the care and use of laboratory animals. SW480 cells ( $1 \times 10^6$ ) were subcutaneously into the right flanks of each mouse. The volume of the tumor ( $\text{mm}^3$ ) was calculated as follows:  $\text{Volume} = 0.5 \times \text{length} \times (\text{width})^2$ . When the tumor volume reached about  $250 \text{ mm}^3$ , the mice were randomly divided into the control group ( $n = 5$ ) and the experimental group ( $n = 5$ ). The experimental group was injected with 0.2 mL NaB solution (600 mg/kg/d), and the control group was injected with saline of the same volume. Body weight and tumor volume were measured every 3 days. All mice were killed when the tumor volume reached  $1000 \text{ mm}^3$  in the control group.

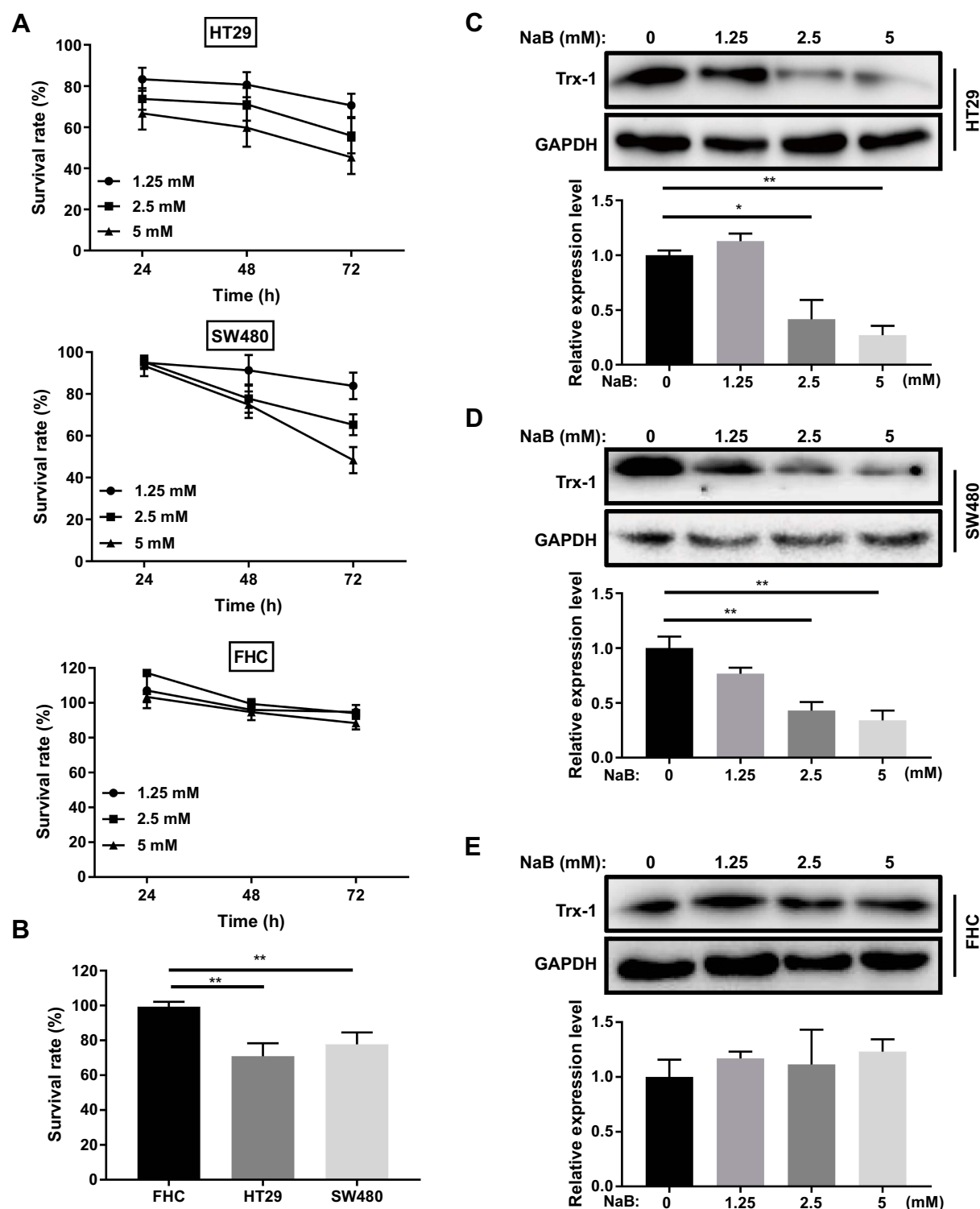
## Statistical Analysis

Statistical analysis was performed with SPSS19.0 software package (SPSS Company, Inc., Chicago, IL, USA). All data are presented as mean  $\pm$  standard deviation. Comparisons of the continuous variables between 2 groups were performed with an independent samples *t*-test. All statistical tests were two sided, and  $P < 0.05$  was considered to be statistically significant.

## Result

### NaB Inhibits Cell Growth and Protein Expression of Trx-1 in CRC Cells

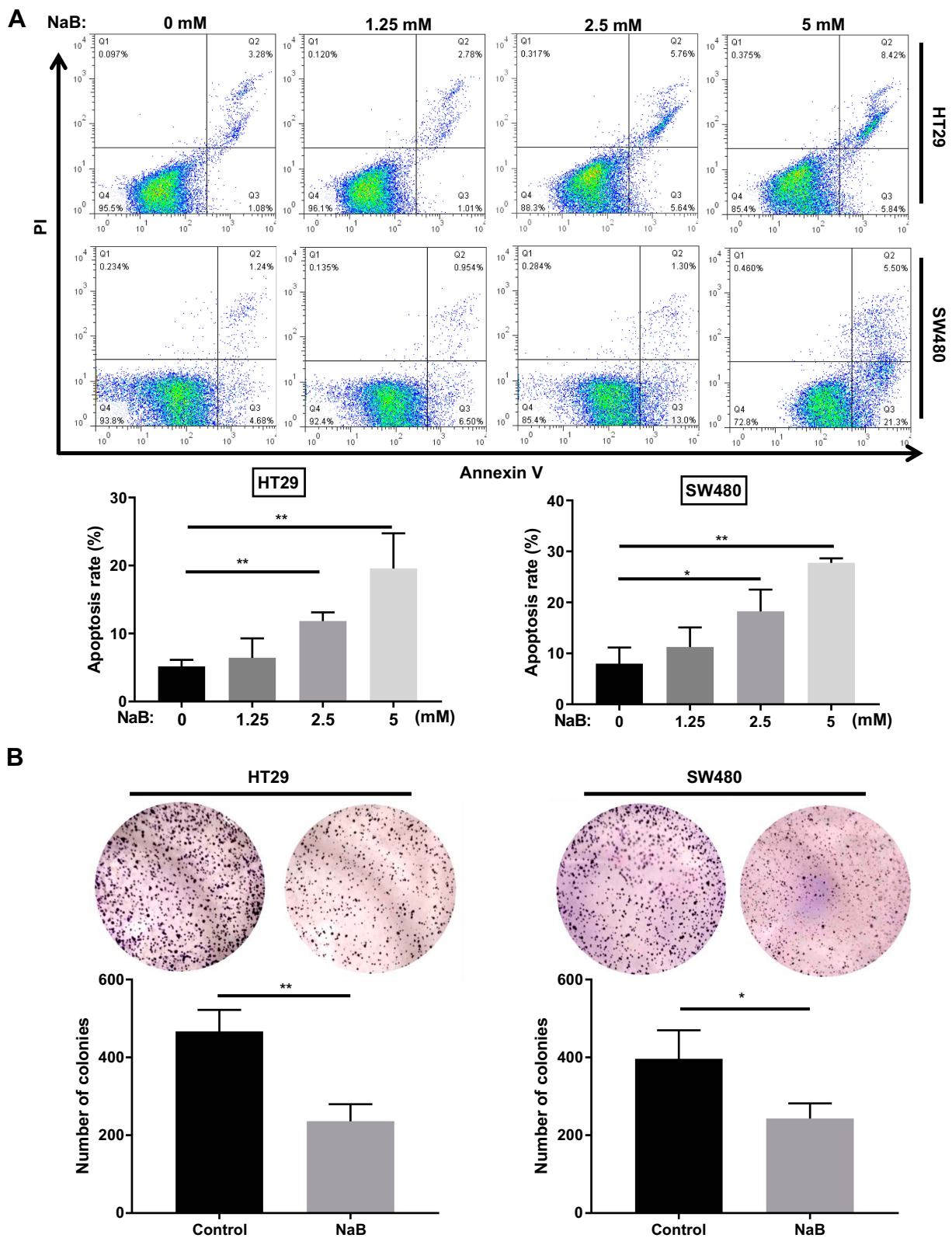
To investigate the effects of NaB on cell growth of CRC cells and normal colon epithelial cells, CRC cell lines HT-29 and SW480, and a cell line came from human normal colorectal mucosa, FHC, were treated with NaB and CCK-8 assays were performed to assess the cell viability. As shown in Figure 1A, NaB decreased the viability of CRC HT-29 and SW480 cells in an apparent dose- and time-dependent manner. However, NaB had no significant cytotoxic effect on FHC cells at 24 h and 48 h (Figure 1A and B). The protein expression levels of Trx-1 were suppressed by NaB



**Figure 1** The effects of NaB on cell growth and Trx-I expression in colorectal cancer cell lines and normal colon epithelial cell line. **(A)** Cell-counting Kit-8 assays were performed to determine the percentage of viable cells. Colorectal cancer cell lines (HT-29 and SW480) and normal colon epithelial cell line (FHC) were treated with different concentrations of NaB for 24 h, 48 h or 72 h. **(B)** NaB treatment induced growth inhibition in colorectal cancer cells but not in normal colon epithelial cells. Colorectal cancer cell lines (HT-29 and SW480) and normal colon epithelial cell line (FHC) were treated with NaB (2.5 mM) for 48 h. Cell viability was determined by Cell-counting Kit-8 assays. **(C)** The protein expression levels of Trx-I were significantly inhibited by NaB treatment in HT-29 cells. **(D)** The protein expression levels of Trx-I were significantly inhibited by NaB treatment in SW480 cells. **(E)** The protein expression levels of Trx-I were not affected by NaB treatment in normal colon epithelial FHC cells. Cells were treated with the indicated concentrations of NaB for 48 h and then Trx-I expression was detected by Western blotting. \* $P < 0.05$ ; \*\* $P < 0.01$ .

**Abbreviations:** GAPDH, glyceraldehyde 3-phosphate dehydrogenase; NaB, sodium butyrate; Trx-I, thioredoxin I.





**Figure 2** NaB induces apoptosis and inhibits colony formation in colorectal cancer cells. **(A)** NaB significantly increased the apoptosis in HT-29 and SW480 cells as demonstrated by Annexin V/PI staining. Cells were treated with 0, 1.25, 2.5, or 5 mM NaB for 48 h. **(B)** NaB significantly reduced the colony formation in HT-29 and SW480 cells. Cells were treated with 2.5 mM NaB for 48 h and then cell colony formation assay was performed. \* $P < 0.05$ ; \*\* $P < 0.01$ .

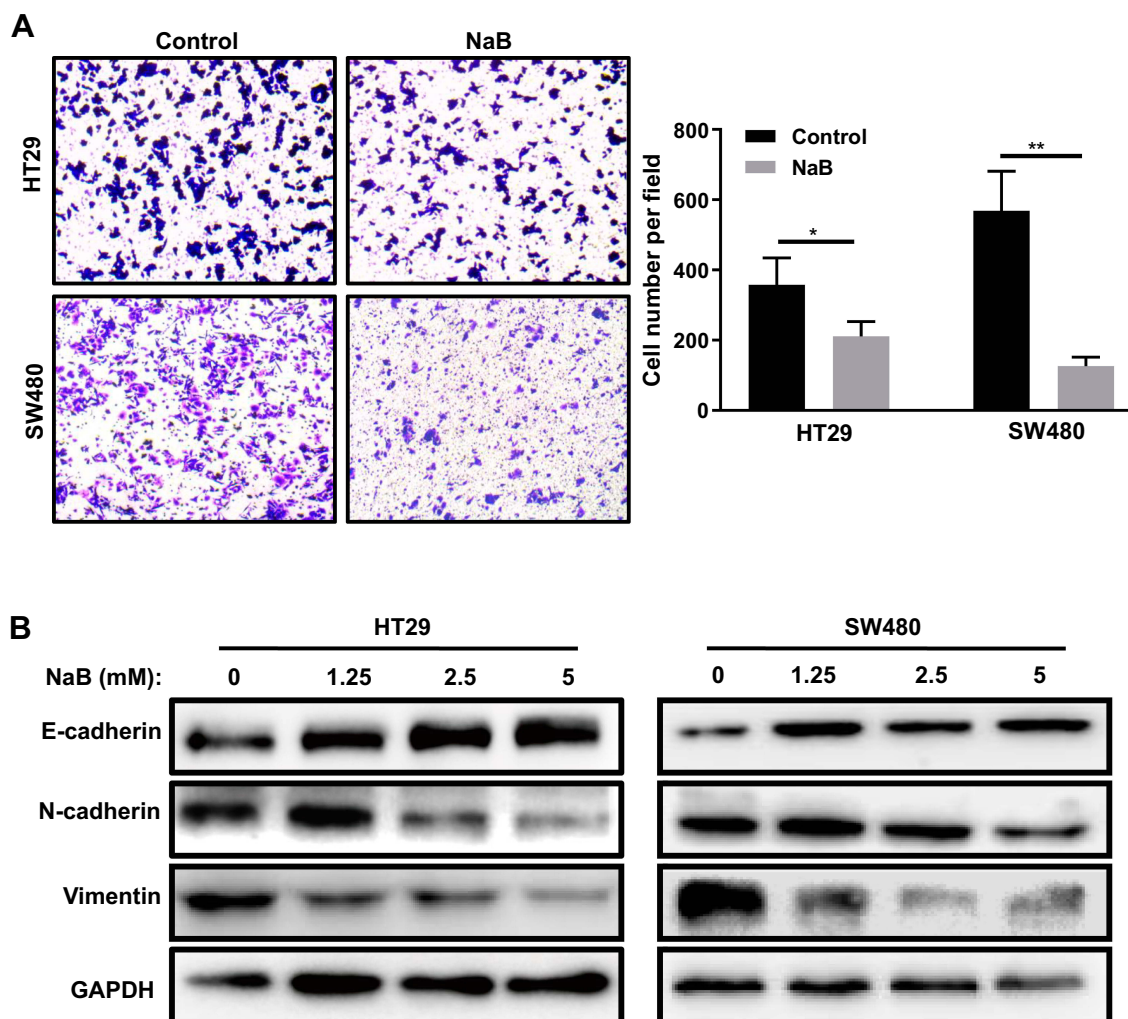
**Abbreviations:** NaB, sodium butyrate; PI, propidium iodide.

in HT-29 and SW480 cells but not in FHC cells (Figure 1C–E).

## NaB Induces Apoptosis and Inhibits Colony Formation, Cell Migration and EMT in CRC Cells

The level of cell apoptosis was detected by Annexin V-FITC and PI staining. We found that NaB treatment induced the apoptosis of HT-29 and SW480 cells in a dose-dependent manner (Figure 2A). When the cells were treated with 0, 2.5, 5 mM NaB for 48 h, the average apoptosis rate of HT-29 cells significantly increased from  $5.17 \pm 0.97\%$  in control to  $11.83 \pm 1.28\%$  ( $P < 0.01$ ) and  $19.57 \pm 5.16\%$  ( $P < 0.01$ ), respectively; the average

apoptosis rate of SW480 cells significantly increased from  $7.98 \pm 3.15\%$  in control to  $18.25 \pm 4.27\%$  ( $P < 0.05$ ) and  $27.74 \pm 0.89\%$  ( $P < 0.01$ ), respectively ( $P$ -value compared with the control group). We also performed colony formation assays to evaluate the effects of NaB treatment on CRC cell growth. Compared with the control groups, HT29 and SW480 cells treated with NaB showed fewer and smaller colonies (Figure 2B). To determine the effects of NaB on cell migration, we performed the transwell assays in HT29 and SW480 cells. The assays showed that NaB treatment resulted in a significantly impaired migration ability of CRC cells (Figure 3A). The Western blot results presented in Figure 3B showed that the expression levels of mesenchymal markers (including N-cadherin and Vimentin) decreased while the expression



**Figure 3** NaB inhibits cell migration and epithelial-to-mesenchymal transition in colorectal cancer cells. **(A)** NaB treatment significantly reduced cell migration in HT-29 and SW480 cells. Cells were treated with 2.5 mM NaB for 48 h and then the transwell cell migration assay was performed. **(B)** The expression levels of the epithelial-to-mesenchymal transition markers E-cadherin, N-cadherin and Vimentin were detected by Western blotting in HT-29 and SW480 cells treated with NaB (0, 1.25, 2.5, or 5 mM) for 48 h. GAPDH was used as an internal control. \* $P < 0.05$ ; \*\* $P < 0.01$ .

**Abbreviations:** GAPDH, glyceraldehyde 3-phosphate dehydrogenase; NaB, sodium butyrate.

level of the epithelial marker, E-cadherin, increased by NaB treatment, indicated that NaB treatment inhibited CRC cells EMT.

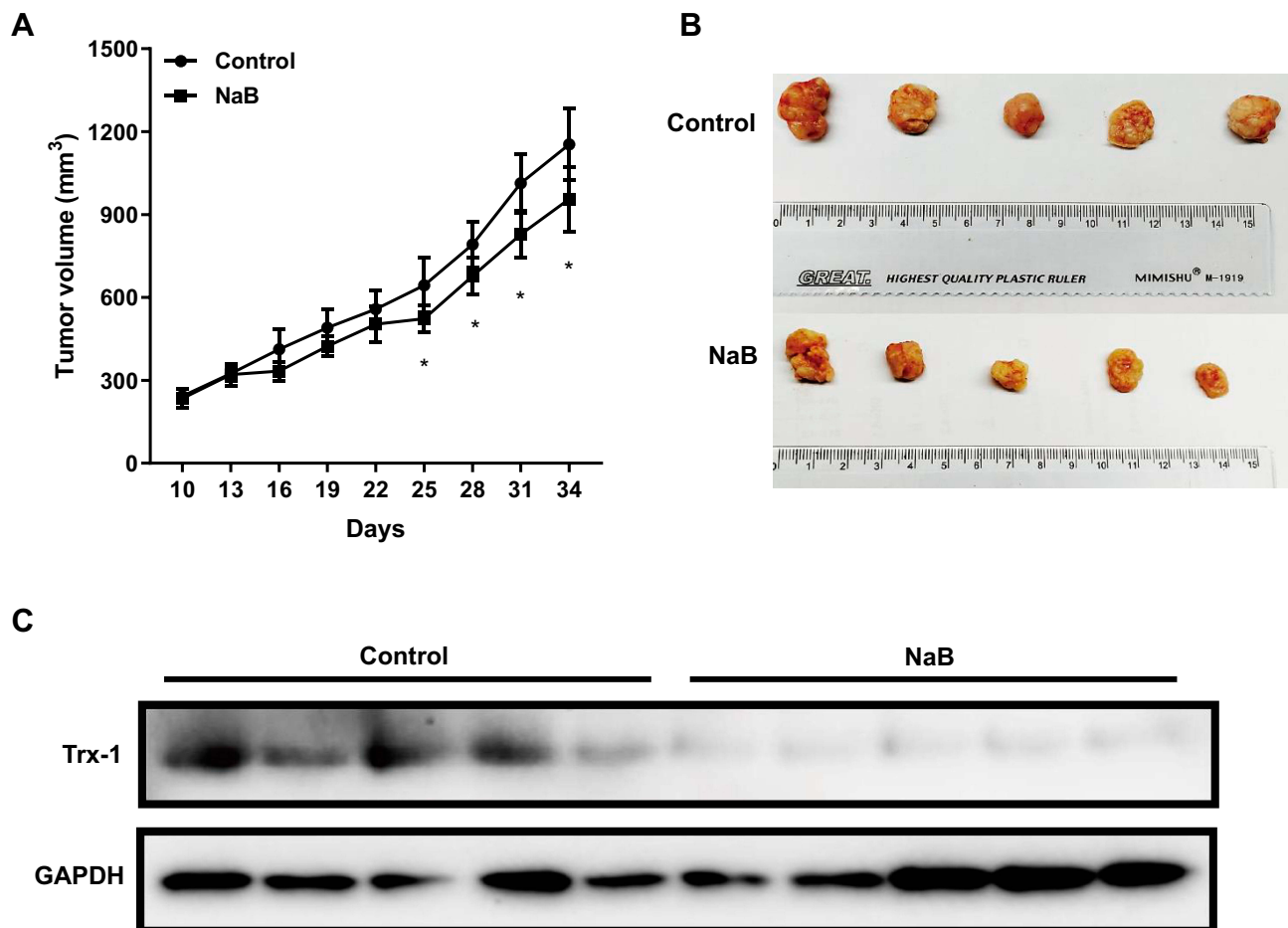
## NaB Inhibits Tumor Growth and Protein Expression of Trx-I in vivo

To examine the effects of NaB on tumor growth in vivo, nude mice were subcutaneously injected with SW480 cells and then were treated with NaB. NaB treatment significantly inhibited tumor growth in vivo (Figure 4A and B). The volume of tumors in NaB treatment group was significantly smaller than that in the control group at the end of treatment (Figure 4A,  $P < 0.05$ ). We also examined the protein expression level of Trx-1 in tumor tissues and

found that NaB treatment significantly decreased Trx-1 protein expressions (Figure 4C).

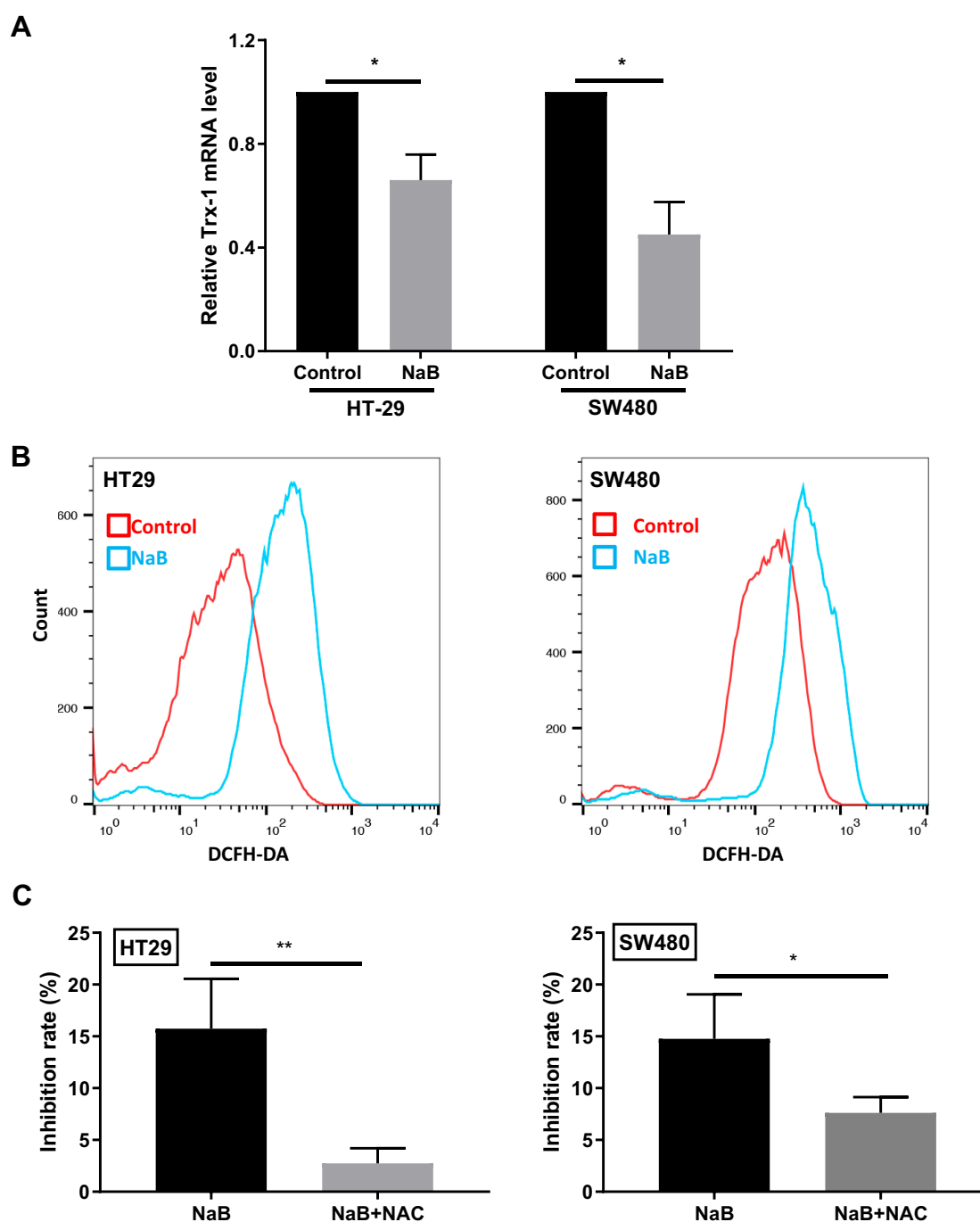
## NaB Treatment Suppresses Trx-I Transcription and Increased ROS Level in CRC Cells

NaB treatment significantly suppressed Trx-1 mRNA expression in HT-29 and SW480 cells (Figure 5A). Down-regulation of Trx-1 has been reported to increase ROS production,<sup>28</sup> therefore we further investigated whether NaB could regulate ROS level in CRC cells. The intracellular ROS was measured by flow cytometry. As shown in Figure 5B, the ROS level was elevated after NaB treatment in HT-29 and SW480 cells. The rate of growth inhibition was  $2.74 \pm 1.46\%$  in the NAC and



**Figure 4** NaB inhibits tumor growth and Trx-I protein expression in vivo. **(A)** SW480 cells ( $1 \times 10^6$ ) were injected subcutaneously in nude mice and xenograft tumor models were treated with saline or NaB (600 mg/kg/d) for 24 days. The tumor volume was measured every 3 days. **(B)** NaB treatment reduced the tumor size in SW480-inoculated nude mice. **(C)** Western blot analysis showed that treatment of NaB significantly decreased the expression of Trx-I in tumor tissues taken from the nude mice. GAPDH was used as an internal control. \* $P < 0.05$ .

**Abbreviations:** GAPDH, glyceraldehyde 3-phosphate dehydrogenase; NaB, sodium butyrate; Trx-I, thioredoxin I.

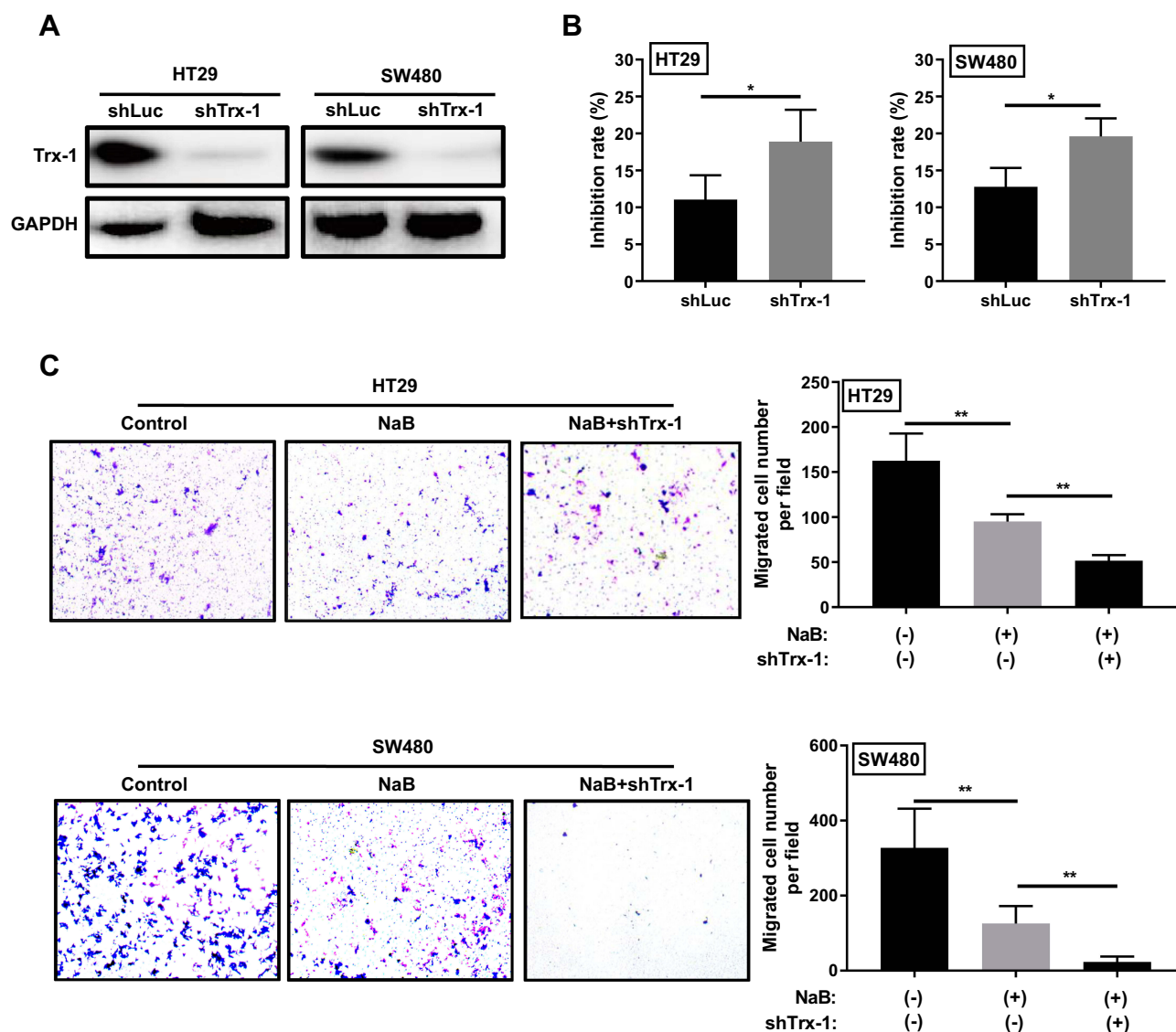


**Figure 5** NaB treatment suppresses Trx-1 transcription and increased the ROS level in colorectal cancer cells. **(A)** qRT-PCR analysis showed that the mRNA levels of Trx-1 were inhibited by NaB treatment in HT-29 and SW480 cells. **(B)** An oxidation-sensitive fluorescent probe, DCFH-DA was used to measure intracellular ROS in HT-29 and SW480 cells treated with NaB (2.5 mM) for 2 days. **(C)** Supplement of antioxidant N-acetyl-L-cysteine (NAC) partially blocked the inhibition of cell proliferation caused by NaB treatment in HT-29 and SW480 cells. \* $P < 0.05$ ; \*\* $P < 0.01$ .

**Abbreviations:** DCFH-DA, 2',7'-dichlorofluorescein diacetate; NAC, N-acetylcysteine; NaB, sodium butyrate; ROS, reactive oxygen species; Trx-1, thioredoxin 1.

NaB co-treatment group, and  $15.73 \pm 4.83\%$  in the NaB treatment group in HT29 cells ( $P < 0.01$ ); and  $7.61 \pm 1.52\%$  in the NAC and NaB co-treatment group, and  $14.76 \pm 4.30\%$

in the NaB treatment group in SW480 cells ( $P < 0.05$ ). Supplement of NAC could partially block the NaB-induced growth inhibition of CRC cells (Figure 5C).



**Figure 6** Knockdown of Trx-I promotes NaB-induced inhibition of growth and migration in colorectal cancer cells. **(A)** Trx-I knockdown by lentiviral vector-mediated shRNA targeting of Trx-I (shTrx-1) in HT-29 and SW480 cells was verified by Western blot analysis. **(B)** Knockdown of Trx-I increased cell growth inhibition induced by NaB (2.5 mM) in HT-29 and SW480 cells. **(C)** Knockdown of Trx-I promoted NaB-induced cell migration inhibition in HT-29 and SW480 cells. \* $P < 0.05$ ; \*\* $P < 0.01$ .

**Abbreviations:** GAPDH, glyceraldehyde 3-phosphate dehydrogenase; shLuc, small hairpin RNA specific for luciferase gene; shTrx-1, small hairpin RNA specific for thioredoxin I gene; NaB, sodium butyrate; Trx-I, thioredoxin I.

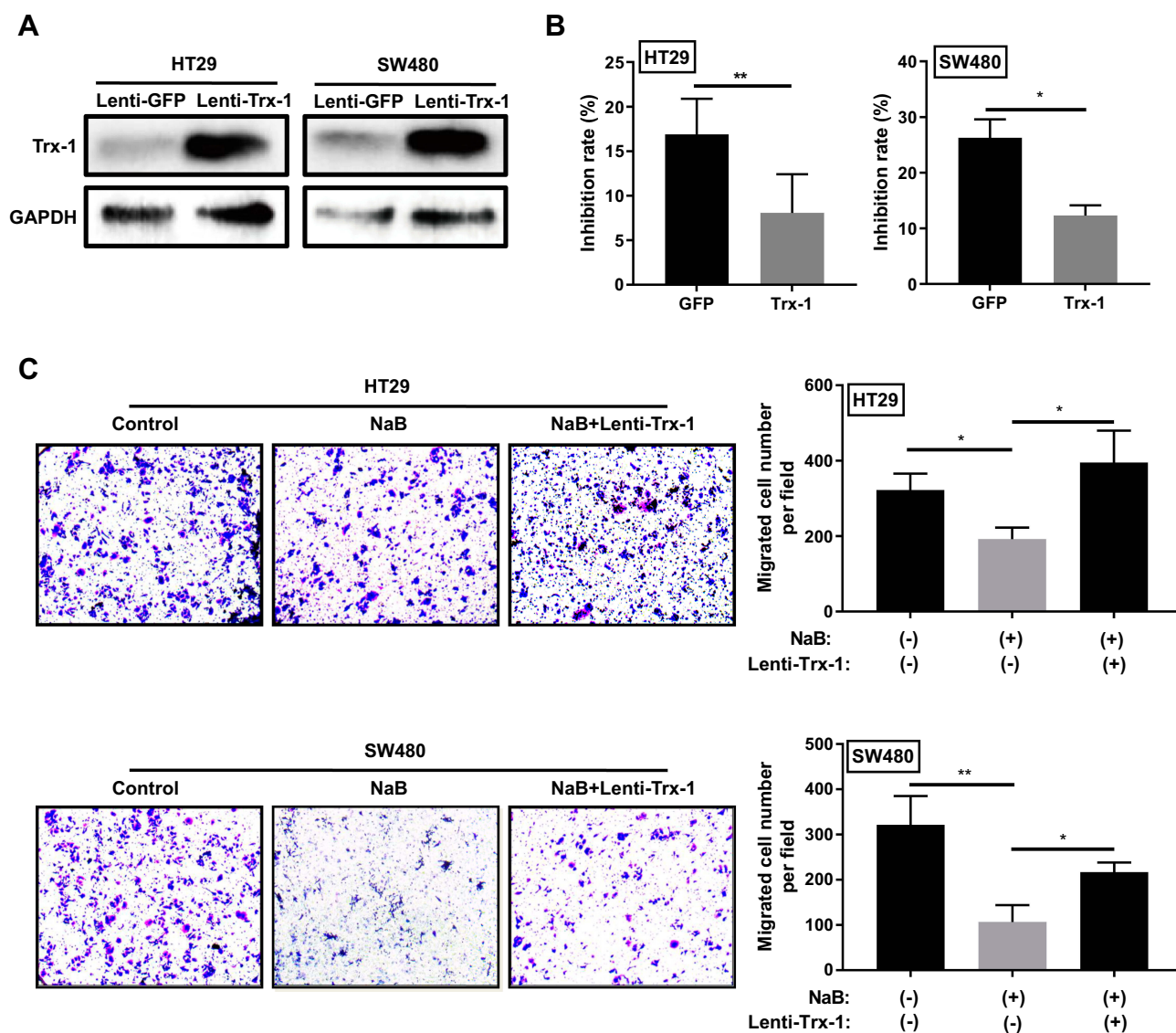
## Knockdown of Trx-I Promotes NaB-Induced Inhibition of Growth and Migration in CRC Cells

We further examined the effects of Trx-1 knockdown on NaB-induced inhibition of growth and migration in CRC cells. Trx-1 was knocked down by lentiviral vector carrying targeting Trx-1 shRNA in HT-29 and SW480 cells (Figure 6A). Knockdown of Trx-1 promoted the inhibitory effects of NaB on cell growth and migration in HT-29 and SW480 cells (Figure 6B and C).

## Overexpression of Trx-I Reversed NaB-Induced Inhibition of Growth and Migration in CRC Cells

To further investigate the role of Trx-1 in NaB-induced growth and migration inhibition in CRC cells, we examined the effect of overexpression of Trx-1 on cell growth following NaB treatment. The stably overexpressing Trx-1 in SW480 and HT-29 cells were verified by Western blotting (Figure 7A). Overexpression of Trx-1 in HT-29 and SW480 cells significantly decreased NaB-induced cell





**Figure 7** Overexpression of Trx-1 reversed NaB-induced inhibition of growth and migration in colorectal cancer cells. **(A)** Lentiviral vector-mediated overexpression of Trx-1 in HT-29 and SW480 cells was verified by Western blot analysis. **(B)** Overexpression of Trx-1 decreased cell growth inhibition induced by NaB (2.5mM) in HT-29 and SW480 cells. **(C)** Overexpression of Trx-1 partially restored NaB-induced cell migration inhibition in HT-29 and SW480 cells. \* $P < 0.05$ ; \*\* $P < 0.01$ .

**Abbreviations:** GAPDH, glyceraldehyde 3-phosphate dehydrogenase; GFP, green fluorescent protein; lenti, lentivirus; NaB, sodium butyrate; Trx-1, thioredoxin 1.

growth inhibition (Figure 7B). Similarly, overexpression of Trx-1 reversed the inhibitory effects of NaB on migration in HT29 and SW480 cells (Figure 7C). These results suggested that NaB treatment inhibited the growth and migration of CRC cells by inhibiting Trx-1 expression.

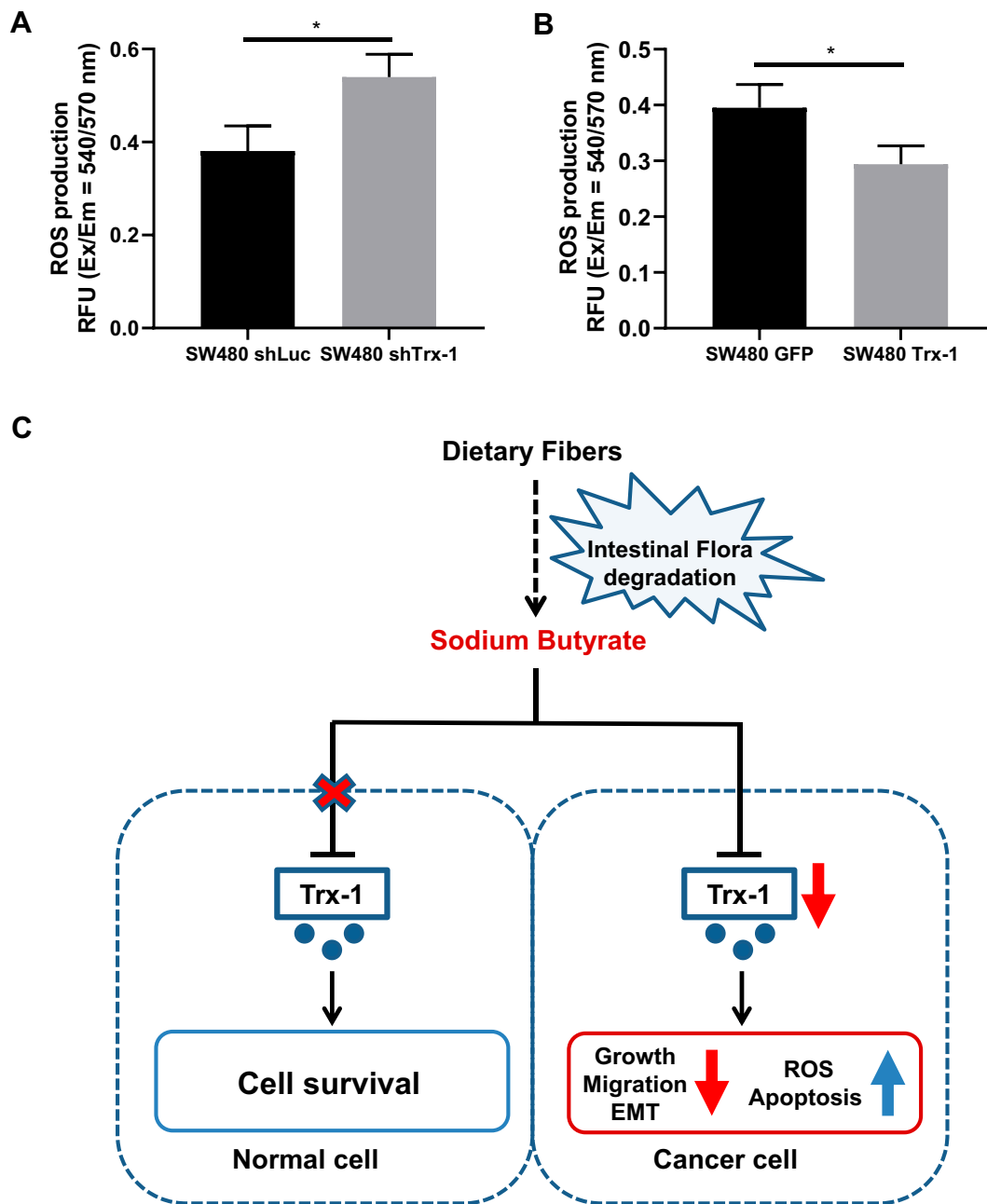
## Effect of Trx-1 on Intracellular Generation of ROS

The ROS production in Trx-1 knockdown and Trx-1 overexpressed SW480 cells was measured by the Cellular ROS Detection Assay Kit. We observed that knockdown of Trx-1 significantly increased intracellular generation of ROS

(Figure 8A), and overexpression of Trx-1 decreased intracellular generation of ROS in SW480 cells (Figure 8B).

## Discussion

Diet has an important role in the development of CRC and could influence the composition and function of gut microbiota.<sup>29</sup> Alteration of intestinal flora plays an extremely vital role in the progression of CRC.<sup>30,31</sup> Intestinal microbes and their metabolites regulate the cancer-promoting effects of chronic inflammation.<sup>32</sup> SCFA are generally produced by the fermentation of anaerobic bacteria in the colon.<sup>33</sup> Butyrate, which has a high proportion



**Figure 8** Mechanism of antitumor effects of sodium butyrate. **(A, B)** The ROS production in Trx-1 knockdown and Trx-1 overexpressed SW480 cells was measured. **(C)** Sodium butyrate significantly inhibits cell growth and decrease Trx-1 protein expression in colorectal cancer cells but not in normal colon epithelial cells. Sodium butyrate increased ROS level, induces apoptosis, and inhibits growth, migration, and EMT in colorectal cancer cells by regulating Trx-1 transcription. \* $P < 0.05$ .

**Abbreviations:** EMT, epithelial–mesenchymal transition; Ex, excitation; Em, emission; GFP, green fluorescent protein; RFU, relative fluorescence unit; ROS, reactive oxygen species; shLuc, small hairpin RNA specific for luciferase gene; shTrx-1, small hairpin RNA specific for thioredoxin I gene; Trx-1, thioredoxin I.

in SCFA, has been reported to play an important role in CRC.<sup>34</sup> NaB inhibits the enzyme activities of histone deacetylases (HDACs) leading to hyperacetylation of histones, and this function is related to the anti-cancer effects of NaB.<sup>7</sup> Also, NaB could induce autophagy through LKB1/AMPK signaling.<sup>14</sup> Although there are multiple mechanisms involved in the antitumor activity of NaB,

the role of Trx-1 in the antitumor effects of NaB against CRC remains unclear.

In this study, our results showed that NaB treatment inhibited proliferation, migration, and EMT in CRC cells. We also found that NaB treatment suppressed Trx-1 protein expression in CRC cells but not the normal colon epithelial cells. This may be the reason why NaB

selectively inhibits CRC cell growth with few effects on normal colon epithelial cells. Consistent with our finding, it has been reported that SAHA, an HDAC inhibitor (HDACi), induces the expression of TBP-2, which is a Trx-1 binding protein and reduces Trx-1 activity, causing downregulation of Trx-1 in cancer cells.<sup>35,36</sup> However, Endo H et al observed Trx-1 induction by NaB in human hepatoma HepG2 cells.<sup>37</sup> Our study further show that NaB could downregulate Trx-1 expression, which results in increased ROS production that in turn inhibits cell proliferation and migration of CRC cells. Although NaB was also shown to significantly inhibit tumor growth in vivo, the effects of NaB treatment on tumor growth appeared to be weak. A potential explanation for this apparent may be the low plasma level of NaB due to delivery and short half-life of NaB in vivo.<sup>38,39</sup> We think that a much higher total dosage may be needed for treatment in vivo.

Trx-1 is involved in various redox reactions, and its reversible oxidation of the active center catalyzes the dithiol-disulfide exchange reaction.<sup>40</sup> As an auxiliary factor of intracellular antioxidant and reductant, Trx-1 is widely involved in several functions of cells including protein disulfide reduction, oxidative stress regulation and regulation of transcription factor.<sup>41–43</sup> Our previous study has shown that Trx-1 has an important role in CRC and the elevation of Trx-1 promoted cancer invasion and metastasis by promoting the EMT in CRC.<sup>25</sup> EMT is an intricate process during which cells lose epithelial characteristics, gain mesenchymal properties and increased motility, and is associated with cancer invasion and metastasis in CRC.<sup>44,45</sup> Trx-1 was highly expressed in CRC tissues and high Trx-1 expression was associated with tumor lymph node metastasis and poor overall survival.<sup>25</sup> Our results suggest that downregulation of Trx-1 expression may be an important mechanism, at least in part, by NaB caused inhibition of growth, migration, and EMT of CRC cells.

HDACi has been reported to cause an accumulation of ROS in transformed cells.<sup>46</sup> We also found that NaB treatment increased ROS level in CRC cells. NAC, a scavenger of ROS prevented NaB-induced inhibition of cell proliferation in CRC cells. Previous studies proved that ROS level was inhibited by Trx-1 with the antioxidant function.<sup>47</sup> Downregulation of Trx-1 enhanced cancer cell death by increasing ROS level.<sup>28,48</sup> Consistent with previous findings, we observed that knockdown of Trx-1 significantly increased intracellular ROS level, and overexpression of Trx-1 reduced intracellular ROS level in CRC cells. Therefore, our results suggested that NaB-mediated growth inhibition may be related to Trx-1 downregulation caused

high levels of ROS. Moreover, downregulation of Trx-1 significantly enhanced NaB-induced inhibitory effects on CRC cell growth and migration, whereas overexpression of Trx-1 attenuated NaB-induced inhibitory effects on growth and migration in CRC cells. These findings indicate that NaB inhibits cell proliferation and migration of CRC cells through downregulation of Trx-1 expression (Figure 8C).

In conclusion, our study reveals that NaB inhibits cell proliferation, migration, and EMT, and induces Trx-1 downregulation in CRC cells. Moreover, NaB increases ROS level and NAC could reverse NaB-induced growth inhibition of CRC cells. Trx-1 plays an important role in NaB-induced inhibition of growth and migration in CRC cells. Our data suggest that NaB could be used as an inhibitor of Trx-1, inhibits growth and metastasis of CRC.

## Abbreviations

CCK-8, Cell-counting Kit-8; CRC, colorectal cancer; EMT, epithelial–mesenchymal transition; HDACi, HDAC inhibitor; HDACs, histone deacetylases; NaB, sodium butyrate; NAC, N-acetylcysteine; ROS, reactive oxygen species; SCFA, short-chain fatty acid.

## Author Contributions

All authors made substantial contributions to conception and design, acquisition of data, or analysis and interpretation of data; took part in drafting the article or revising it critically for important intellectual content; gave final approval of the version to be published; and agree to be accountable for all aspects of the work.

## Funding

This work was supported by the National Natural Science Foundation of China [No. 81672385], Zhejiang Provincial Natural Science Foundation of China [No. LY19H160024], Fundamental Public Welfare Research Program of Zhejiang Province [No. LGF18H180012], and Wenzhou Science and Technological Project [No. Y20180081].

## Disclosure

The authors report no conflicts of interest in this work.

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