

# Prevention of Procedural Hypertension in the Irreversible Electroporation Ablation of Liver and Pancreatic Tumors Based on Distance from the Adrenal Gland

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Gang Fang  
Lizhi Niu  
Jibing Chen

Fuda Cancer Hospital of Jinan University,  
Guangzhou 510665, People's Republic of  
China

**Background and objective:** When irreversible electroporation (IRE) ablation of abdominal tumors, procedural hypertension often occurs, which often affects the progress of the ablation. Until now, there is no reasonable explanation for this phenomenon. The objective of this research was to explore the cause and solution of procedural hypertension in percutaneous IRE.

**Methods:** In this study, the treatment data of 4 consecutive groups of patients were used to confirm the cause of intraoperative hypertension and then verify the solution. A total of 155 patients with procedural hypertension were screened based on their medical records of pancreatic or hepatic IRE treatment. Procedural hypertension was monitored in 21 new patients, the correlation between serum catecholamines and hypertension was recorded and evaluated using regression analysis. Forty new patients were divided into two groups (distance from needle tip to adrenal gland,  $< 2$  cm vs  $\geq 2$  cm), and the blood pressure was recorded and compared with two-way ANOVA. Eleven patients with ablative distance  $< 2$  cm were treated in advance with phentolamine to observe for the occurrence of procedural hypertension.

**Results:** Of the 21 re-enrolled patients with ablation of the pancreas and liver tumors, 9 developed intraoperative hypertension with significantly elevated serum catecholamines levels, epinephrine, norepinephrine and dopamine are all positively associated with hypertension, with P values were 0.0003, 0.0253, and 0.0015, respectively. For the two groups with different needle-insertion distances, hypertension in the  $< 2$  cm group was more significant than that in the other group (for procedural hypertension,  $P < 0.01$ ; for heart rate,  $P < 0.05$ ), which was considered as a high-risk group. The occurrence of intraoperative hypertension could be completely prevented by using phentolamine prior to treatment.

**Conclusion:** Hypertension occurs frequently during hepatic and pancreatic IRE because of the damage of adrenal gland. The safe distance of ablation probe for the adrenal gland was 2 cm. For high-risk patients, early drug prevention works well.

**Keywords:** irreversible electroporation, abdominal tumor, procedural hypertension, adrenal gland, catecholamine, risky distance

## Introduction

In the treatment of abdominal tumors, various ablation methods have been reported to cause intraoperative hypertension, such as radiofrequency ablation,<sup>1</sup> cryoablation<sup>2</sup> and irreversible electroporation (IRE).<sup>3</sup> Hypertension caused by thermal or cryoablation was usually caused by direct ablation of adrenal lesions.<sup>4</sup> As the adrenal gland appeared

Correspondence: Jibing Chen  
Fuda Cancer Hospital of Jinan University,  
No. 2 Of Tangdexi Road, Tianhe District,  
Guangzhou 510665, People's Republic of  
China  
Email jibingchen398@163.com

normal at the end of the IRE procedure and on follow-up computed tomography (CT) scans, the patient's biochemistry profile showed no abnormality in adrenal function, and it is therefore generally overlooked as the cause of intraoperative hypertension.<sup>5</sup>

The use of IRE has developed over the past decade, and recent studies have focused on the efficacy of the technique to improve overall survival and disease-free survival.<sup>6,7</sup> The use of general anesthesia, neuromuscular blockade, and an electrocardiogram synchronization device is necessary for IRE, because the current ablation device needs to be in diastole to discharge ablation.<sup>3</sup> Standard use of the device requires the patient's heart rate to be between 55 and 105 beats, as there will be discharge if the heart rate is too slow or too fast. Anesthesiologists often face the following difficulties in controlling intraoperative blood pressure and heart rate. First, after general anesthesia, the heart rate usually slows down.<sup>8</sup> Second, during electroporation, an elevation of systolic and diastolic blood pressure is observed in most patients, with a median of 44 and 19 mm Hg compared with the baseline pressure; the heart rate is also known to show a moderate increase (median: 10/min).<sup>9</sup> Third, procedural severe hypertension often occurs during the operation for reasons unknown—sometimes accompanied by arrhythmia or cardiovascular and cerebrovascular accidents.<sup>3</sup> If antihypertensive drugs are used prophylactically, many patients will have bradycardia and cause machine shutdown; however, if not used in advance, patients with hypertension will be prone to a high risk of cardiovascular and cerebrovascular accidents. To confirm that injury to the adrenal gland is the cause of the severe intraoperative hypertension, data of 366 patients who received IRE treatment in our hospital were reviewed from July 1, 2015, to June 30, 2018, determining the causes of and solutions for intraoperative hypertension.

## Materials and Methods

### Study Design

This prospective study of patients who received IRE for treatment of pancreatic or hepatic tumors was approved by the review board of Fuda cancer hospital (Jinan University) and with the 1964 Helsinki declaration and its later amendments or comparable ethical standards. Patients provided written informed consent before their inclusion in our trials which have been registered in

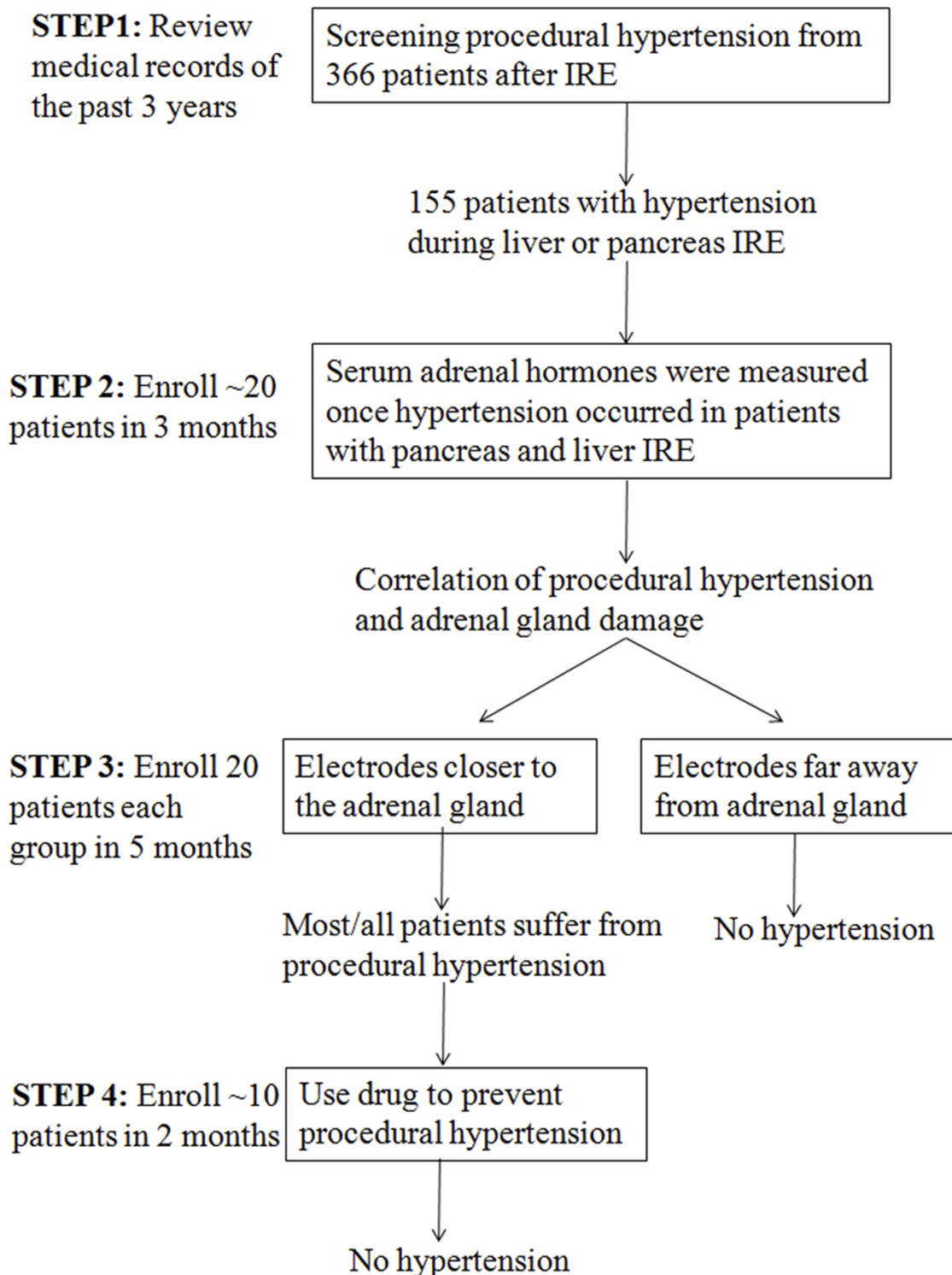
Clinical Trials.gov (NCT02352935 and NCT02343835). This study was carried out for four steps from July 2018 to May 2019 (see [Figure 1](#) for details).

### Inclusion and Exclusion Criteria

Patients who met the following criteria were included in this study: age,  $\geq 20$  years; Eastern Cooperative Oncology Group performance status, 0 or 1; unresectable pancreatic tumors; unresectable hepatic tumors being adjacent to the diaphragm, gallbladder, or hilar region; and blood pressure,  $<160/90$  mmHg. Patients in whom the platelet count was  $<80 \times 10^9/L$ , prothrombin time was  $>3$  or prothrombin time international normalized ratio (INR) was  $>1.5$ , or those with primary or metastatic adrenal tumors were excluded.

### IRE Procedure

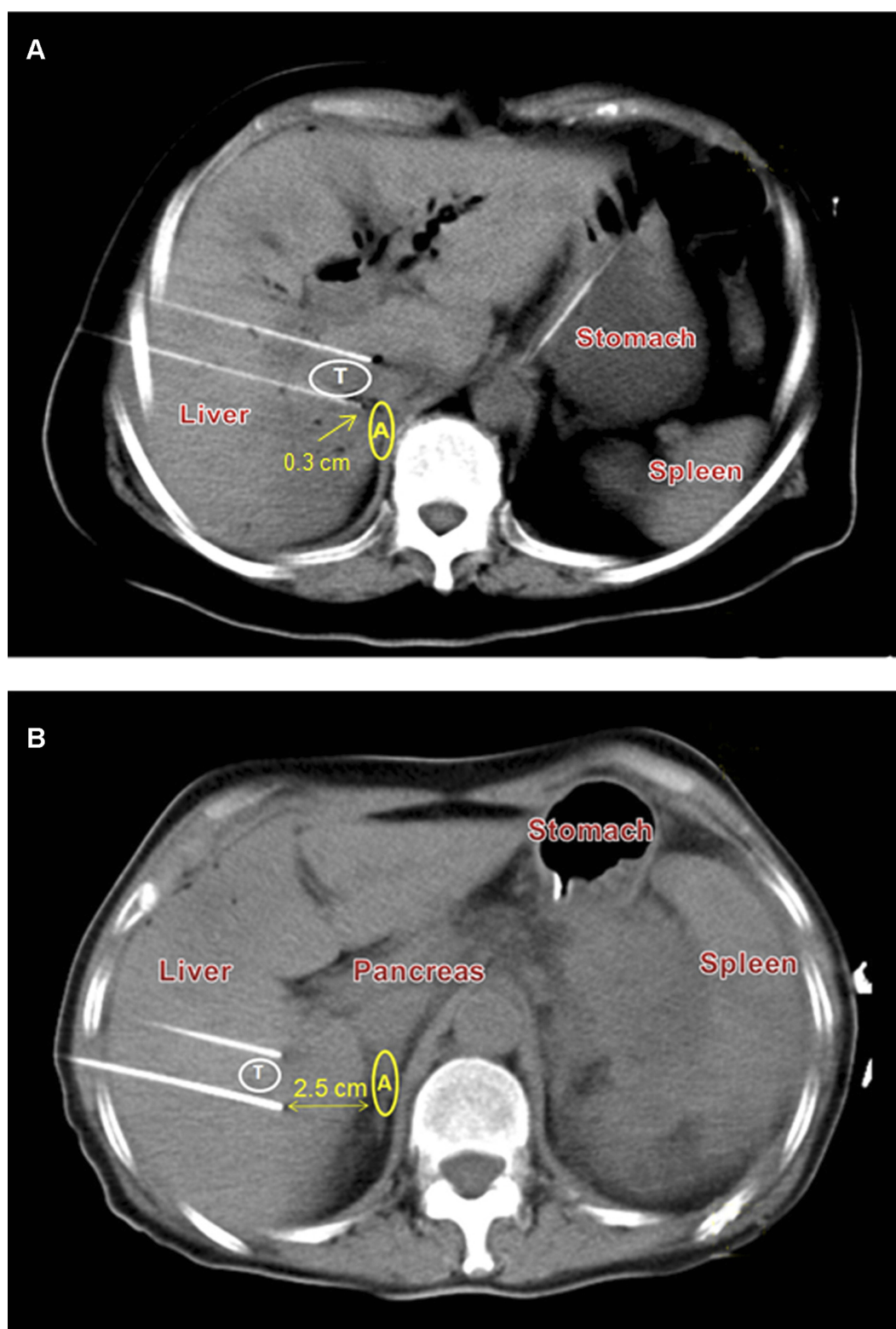
All patients underwent neuromuscular blockade, general anesthetic induction, and percutaneous IRE (NanoKnife system, AngioDynamics, Queensbury, NY, USA). Before treatment, the target heart rate was 70 beats per minute and blood pressure was approximately 105/60 mmHg. For patients with unsatisfactory heart rate and blood pressure, medication is needed to adjust. Computed tomography (CT) and ultrasound were used to guide the insertion of two electrodes, and IRE was synchronized to deliver electrical pulses in coordination with the cardiac rhythm. The distance between the electrodes was 1.5–2.0 cm. Energy was applied at 1200–1500 V/cm for 70–90 ms/pulse, for a total of 7–9 pulses. One or more pullbacks were performed if the target region measured  $>2$  cm in diameter. Because pancreatic and liver tumors are usually deeply situated and obstructed by the ribs, the ablation is often conducted vertically through the intercostal space. In processes of ablation, the kidneys often make the percutaneous window very limited, and the ablation electrodes are usually very close to the adrenal gland. In STEP 3, treatments were divided into two groups: electrode tip close ( $< 2$  cm, group I) or away ( $\geq 2$  cm, group II) from the adrenal gland. Forty patients were enrolled consecutively over a five-month period, with 20 patients in each group. To ensure the objectivity of the enrollment, operators performed needle insertion according to the actual needs of complete tumor destroy, and the anesthesiologists and radiologists determined the enrollment according to the needle insertion location ([Figure 2](#)).



**Figure 1** Study design for the causes and solutions of procedural hypertension.

After ablation, the patient was transferred to the intensive care unit for overnight observation, and then transferred to the general ward if no acute complications resulted. Two interventionalists, two anesthetists, and two radiologists, all

with 4–8 years of experience in image-guided tumor ablation performed all the procedures. The shortest distance between the electrode and the adrenal gland was measured under CT guidance by the radiologists.



**Figure 2** Axial non-contrast CT abdomen during IRE demonstrating the distance between the electrode tip and adrenal gland. The two parallel white lines in the figure are IRE electrodes, the white circle between the electrodes indicates the tumor position (T), and the yellow circle marks the position of the adrenal gland (A). **(A)** In group I, a 74-year-old woman with a pancreatic head tumor (5.3×3.9×3.1 cm) had preoperative radial blood pressure of 102/55 mmHg; heart rate, 76 beats/min; epinephrine (32.3 pg/mL); norepinephrine (116.3 pg/mL); and dopamine (51.4 pg/mL). The procedural blood pressure was 220/97 mmHg; heart rate, 130 beats/min; epinephrine (187.3 pg/mL); norepinephrine (146.2 pg/mL); and dopamine (65.2 pg/mL). **(B)** In group II, a 59-year-old woman with liver metastasis of pancreatic cancer (1.8×1.5×1.3 cm) had preoperative radial blood pressure of 100/59 mmHg; heart rate, 71 beats/min; epinephrine (89.0 pg/mL); norepinephrine (133.3 pg/mL); and dopamine (61.1 pg/mL). No intraoperative hypertension occurred, and her postoperative blood pressure was 112/67 mmHg; heart rate, 83 beats/min; epinephrine (112.5 pg/mL); norepinephrine (135.2 pg/mL); and dopamine (62.4 pg/mL).



## Blood Sampling and Symptomatic Treatment According to Procedural Hypertension

Invasive blood pressure monitoring was performed before and after IRE was initiated. In STEP 2, blood sampling was done at the time when the radial artery systolic blood pressure rose to more than 170 mmHg during IRE; if hypertension did not present intraoperatively, blood was sampled at the end of treatment. Each time, 4 mL of blood was drawn, and at least 1.5 mL of plasma was separated by centrifugation. Epinephrine, norepinephrine, and dopamine were detected by radioimmunoassay, and the reference range of these three hormones were 0–100, 0–600, and 0–100 pg/mL, respectively.

Both a  $\beta$ -receptor blocker (esmolol hydrochloride injection, Qilu Pharmaceutical Co. Ltd., Jinan, China) and an  $\alpha$ -receptor blocker (phentolamine mesilate injection, Shanghai Xudong Haipu Pharmaceutical Co., Ltd., Shanghai, China) were prepared in the syringes before ablation. When radial artery systolic blood pressure rose to 170 mmHg, the treatment will be suspended, waiting for the blood pressure to recover on its own, and then reinserted the needle at a different angle. If the blood pressure continued to rise, phentolamine 2 mg will be injected. Meanwhile, if the heart rate rose to 100, esmolol 20–50 mg will be used to control it.

## Statistical Analysis

In STEP 2, the correlation between serum catecholamine levels and procedural systolic blood pressure were evaluated using regression analysis. In STEP 3, patients were divided into two groups according to the shortest distance between the electrodes and adrenal gland, and two-way ANOVA was used for comparison of blood pressure between groups. Paired *t*-test was used for other inter- and intragroup comparisons. Statistical difference was indicated by  $P < 0.05$ ; significant differences were indicated by  $P < 0.01$  or  $P < 0.001$ . All analyses were conducted using GraphPad software (GraphPad, San Diego, CA, USA).

## Results Patients

In STEP 1, the medical records of 366 patients were reviewed and 155 patients (102 had pancreatic tumors and 53 had hepatic tumors) were found to have experienced intraoperative hypertension ( $> 170$  mmHg), which needed to handle promptly during treatment. Some moderate clinical sequelae have been found after IRE ablation, such as

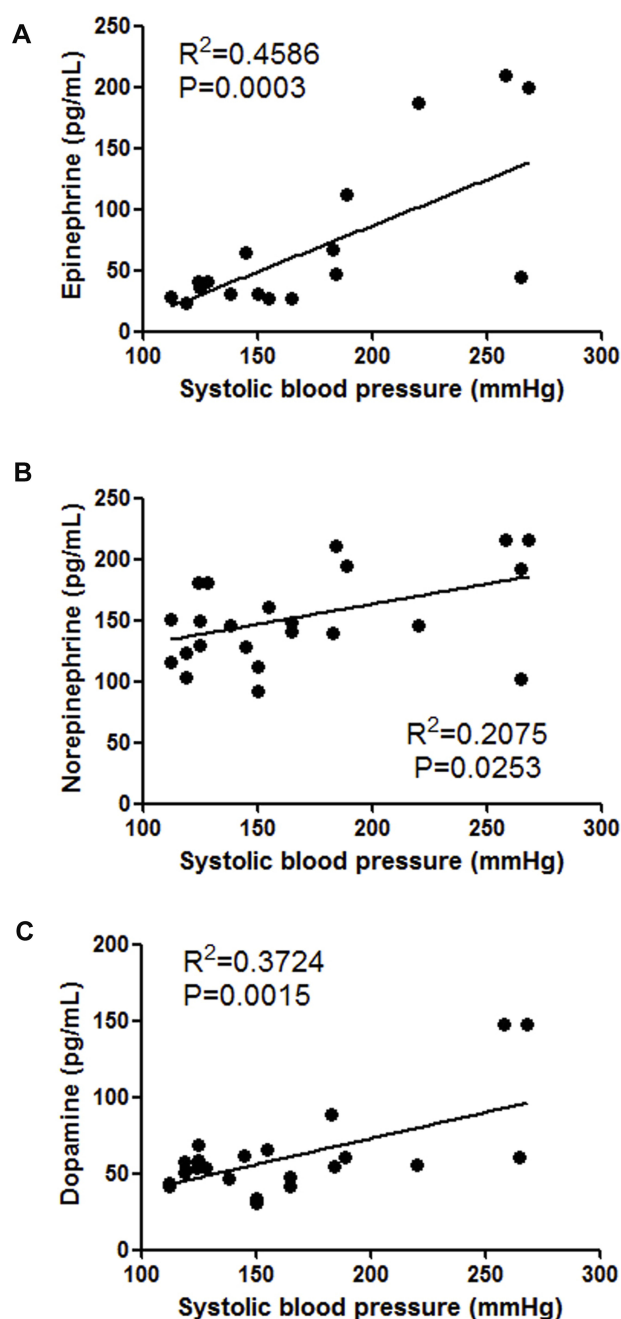
headache (87 patients), nausea (85 patients), dizziness (93 patients), tinnitus (73 patients), insomnia (36 patients) and limb numbness (27 patients). According to the actual patient number that admitted to our hospital, enrollment time section of prospective trial and the inclusion and exclusion criteria, a total of 72 consecutive new patients with pancreatic or hepatic tumors were enrolled: 21 in STEP 2 (July 1, 2018–September 30, 2018), 40 in STEP 3 (October 1, 2018–Feb 28, 2019), and 11 in STEP 4 (March 1, 2019–May 15, 2019). Patient enrollment was carried out in strict accordance with the inclusion and exclusion criteria. All 72 patients did not take anti-tumor drugs before IRE ablation, nor received prior adrenal interventions.

## Change in Blood Pressure and Catecholamine Levels (STEP 2)

To test the association between procedural hypertension and adrenal injury, 21 patients were enrolled consecutively over a three-month period. There were 13 patients with pancreatic tumors and 8 patients with liver tumors, and 3 hypertensive patients returned to normal after strict drug control before ablation. Hypertension occurred intraoperatively in 9 patients – 5 of whom had pancreatic tumors and four, hepatic tumors. All 9 patients received symptomatic treatment during the operation, and the number of headache, nausea and dizziness after ablation was 5, 5, and 4, respectively. Serum catecholamines were quantified in all enrolled patients, which showed a positive correlation between the systolic blood pressure and serum catecholamine levels; notably, there was a significant correlation with epinephrine (Figure 3).

## Differences in Blood Pressure and Ablation Distance (STEP 3)

In combination with the ablation range of IRE electric field, treatments were divided into two groups: electrode tip close ( $< 2$  cm, group I) or away ( $\geq 2$  cm, group II) from the adrenal gland. There were 31 patients with pancreatic tumors and 9 patients with liver tumors, and 6 hypertensive patients returned to normal after strict drug control before ablation. In group I, all patients suffered from procedural systolic hypertension, which was significantly higher than that before IRE ( $P < 0.001$ ); at the same time, diastolic blood pressure increased significantly ( $P < 0.001$ ) and the heart rate increased ( $P < 0.05$ ). All 20 patients received symptomatic treatment during the operation, and the number of headache, nausea and dizziness after ablation was 12, 13, and 9, respectively. In group II, none of



**Figure 3** Correlation of blood pressure with serum catecholamine levels during irreversible electroporation (IRE).  $R^2$ , coefficient of determination. **(A)** Significant correlation was found between blood pressure and serum epinephrine during IRE ( $P=0.0003$ ). **(B)** Positive correlation was found between blood pressure and serum norepinephrine during IRE ( $P=0.0253$ ). **(C)** Positive correlation was found between blood pressure and serum dopamine during IRE ( $P=0.0015$ ).

the patients had intraoperative hypertension, which was only slightly elevated at the end of treatment ( $P < 0.05$  for both systolic and diastolic blood pressure). Intergroup comparison showed that patients in group I had higher blood pressure ( $P < 0.01$ ) and heart rate ( $P < 0.05$ ) than those in group II (Table 1).

## Early Medication for High-Risk Patients (STEP 4)

“High risk” patients have tumors requiring probe position  $< 2$  cm from the adrenal gland. To solve the problem of intraoperative hypertension, 11 new high-risk patients were enrolled within 2.5 months (STEP 4). There were 8 patients with pancreatic tumors and 3 patients with liver tumors, and 2 hypertensive patients returned to normal after strict drug control before ablation. After the interventionalist inserted the needle, the radiologist started to identify the distance between the electrode tip and adrenal gland; once a patient was confirmed as being high risk, an anesthesiologist injected 2 mg of phentolamine into the central vein before starting the ablation. None of the 11 high-risk patients developed elevated blood pressure, and only three patients had increased heart rate during the operation ( $\sim 100$  beats per minute); all were successfully treated with esmolol 20–50 mg. After ablation, all patients had no obvious symptoms of headache, nausea and dizziness.

## Discussion

Our results have shown that the incidence of procedural hypertension was significantly higher when performing IRE near the adrenal gland, with the electrode tip at a distance of 2 cm from the adrenal gland qualifying as high risk. The procedural hypertension could be prevented by medication before ablation. Hypertension during IRE has been reported several times during the ablation of hepatic<sup>10</sup> and pancreatic<sup>11,12</sup> tumors, but only symptomatic treatment is recommended, and the cause of hypertension has not been explored. This phenomenon is consistent with the results of our screening on 366 patients, indicating that these two ablation sites are crucial for determining the cause of procedural hypertension. Based on the anatomical structure of the abdomen, tumors at the base of the pancreas and liver are close to the adrenal gland, which can produce transient severe hypertension once unintentionally electroporated. Different from direct ablation of adrenal tumors, this article is the first study of adrenal-related side effects when IRE ablation of other tumor types.

To verify whether IRE injury can cause massive release of catecholamines, a blood sampling test was performed as the intraoperative hypertension developed. Intraoperative hypertension was found to be associated with all three catecholamine levels, especially epinephrine (Figure 3). Similar results have been reported in radiofrequency

ablation<sup>13</sup> and cryoablation<sup>14</sup> of adrenal tumors. Among the numerous patients with elevated blood pressure during IRE in our hospital, severe adrenal injury or Cushing's syndrome was rarely reported postoperatively, which may be attributed to different principles of ablation equipment.

The purpose of the STEP 3 test was to quantify the intraoperative hypertension phenomenon and make it predictable. According to the ablation principle of IRE, the necrotic area formed by irreversible electroporation was 1 cm around the probe tip, and the apoptotic area formed by reversible electroporation was 1–2 cm.<sup>15</sup> As even apoptotic areas can cause tissue damage, 2 cm was set from the electrode tip as the preferred quantitative indicator. As expected, all patients with tumors within the “risky distance” experienced intraoperative hypertension, while those with tumors outside the “risky distance” did not (Table 1). Therefore, the “2 cm rule” might be used to predict the occurrence of hypertension (Figure 2). Because interventionalists mainly consider surgical complications and adjust the puncture approach and angle to avoid blood vessels and important tissues to complete ablation of

tumors, only the radiologists can assess the distance between the needle tip and the adrenal gland at different CT levels and caution the interventionalists.

The benefits of hypertension-associated premedication were obvious during IRE of the “risky distance”: first, treatment can proceed smoothly without frequent interruptions such as waiting for the blood pressure to return to normal or the need to undergo emergency treatment. Second, the risk of cardiovascular and cerebrovascular accidents might be greatly reduced. Third, it circumvents intraoperative hypotension caused by taking unnecessary medication in advance, which leads to the interruption of operation or emergency treatment.

The basis of procedural hypertension was investigated in the process of pancreatic or hepatic IRE ablation and a practical and active solution was found. The “2 cm rule” was thought to help prevent most or all these dangerous events. There are still a few points to note: first, in case of an emergency, blood-pressure lowering drugs still need to be prepared before the start of ablation; second, the success of this approach requires collaboration among interventionalists,

**Table 1** Patient and Tumor Characteristics in STEP 3

Characteristics	Distance from Adrenal Gland < 2 cm (Group I)	Probe Distance from Adrenal Gland ≥ 2 cm (Group II)	P
No. of patients	20	20	
Age (years), mean ± SD (range)	58.3 ± 9.5 (42–74)	60.1 ± 10.8 (46–77)	0.069
Sex, M/F	7/13	9/11	0.97
Tumor location	Hepatic tumor (n = 10) Pancreatic tumor (n = 20)	Hepatic tumor (n = 12) Pancreatic tumor (n = 18)	0.99
Cancer types	Pancreatic cancer (n = 23) Liver cancer (n = 2) Colorectal cancer (n = 3) Gallbladder cancer (n = 2)	Pancreatic cancer (n = 20) Liver cancer (n = 4) Colorectal cancer (n = 4) Gallbladder cancer (n = 2)	0.78
<b>Tumor size (cm)</b>			
Mean ± SD (range)	3.1 ± 1.3 (1.5–6.0)	3.4 ± 2.0 (1.0–7.5)	0.95
	2.1–3/3.1–10	8/12	0.67
<b>Radial artery blood pressure (systolic/diastolic, mmHg)</b>			
Before IRE	100.0±2.3/55.5±1.4	109.0±4.9/66.0±3.3	0.8317
During IRE	215.7±15.6***/99.7±4.6***	138.7±7.6*/84.0±5.1*	0.0025**
<b>Heart rate (beats per minute)</b>			
Before IRE	71.0±3.7	63.6±4.8	0.2586
During IRE	99.7±4.6*	71.4±8.4	0.0151*

**Notes:** \*P<0.05, \*\*P<0.01, \*\*\*P<0.001 versus before IRE.

anesthesiologists, and radiologists, to ensure sufficient time for position judgment and drug administration before the machine starts discharging. Third, when the operator has a choice of several needle-insertion options, he/she should try to stay clear of the adrenal gland and insert the needle outside the “risky distance.” There may be other factors involved in intraoperative blood pressure elevation, such as damage of sympathetic plexus, which will be further studied.

## Data Sharing Statement

The authors intend to share individual deidentified participant data. All data in this article, including the reason and preventive method of IRE intraoperative hypertension, etc. No other study-related documents will be made available. All accessible data were in this paper, which are long-term available.

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## Disclosure

The authors report no conflicts of interest in this work.

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