Inhibition of the hedgehog pathway for the treatment of cancer using Itraconazole

Ke Li¹
Dengyang Fang¹
Zuming Xiong¹
Runlan Luo²

¹Department of General Surgery, Fuling Central Hospital of Chongqing City, Chongqing, People’s Republic of China;
²Department of Ultrasound, Fuling Central Hospital of Chongqing City, Chongqing, People’s Republic of China

Abstract: Itraconazole (ITZ) is an anti-fungal drug that has been used in clinical practice for nearly 35 years. Recently, numerous experiments have shown that ITZ possesses anti-cancer properties. The Hedgehog (Hh) pathway plays a pivotal role in fundamental processes, including embryogenesis, structure, morphology and proliferation in various species. This pathway is typically silent in adult cells, and inappropriate activity is linked to various tumor types. The most important mechanism of ITZ in the treatment of cancer is inhibition of the Hh pathway through the inhibition of smoothened receptors (SMO), glioma-associated oncogene homologs (GLI), and their downstream targets. In this review, we discuss the mechanisms of ITZ in the treatment of cancer through inhibition of the Hh pathway, which includes anti-inflammation, prevention of tumor growth, induction of cell cycle arrest, induction of apoptosis and autophagy, prevention of angiogenesis, and drug resistance. We also discuss the clinical use of ITZ in many types of cancers. We hope this review will provide more information to support future studies on ITZ in the treatment of various cancers.

Keywords: Itraconazole, cancer, hedgehog pathway, apoptosis, autophagy

Introduction

According to the Global Cancer Statistics 2018, there would have 18.1 million new cancer cases and 9.6 million deaths from cancer worldwide.¹ Increasing global demographic trends and epidemiologic transitions indicate an ever-increasing cancer burden over the coming decades, particularly in low- and middle-income countries, with over 20 million new cancer cases expected annually as early as 2025.² However, the efficacy of current commonly used treatment methods such as surgery, chemotherapy, and radiation therapy are not satisfactory. However, the newer methods including immunotherapy, targeted therapy, and stem cell transplantation are expensive and many families cannot afford them. Therefore, a cheap and effective drug is needed for the treatment of cancer.

Itraconazole (ITZ, C₃₅H₃₈Cl₂N₈O₄ (Figure 1) is a broad-spectrum, antifungal agent that has been used clinically for nearly 35 years. It can be used for the treatment of fungal infections, including candidiasis, aspergillosis, and histoplasmosis, and for prophylaxis in immunosuppressive disorders,³⁴ mainly through the inhibition of lanosterol 14-α-demethylase (14LDM) to reduce the production of ergosterol in fungi and cholesterol in mammals.⁵⁶ ITZ is a relatively safe drug with clear pharmacokinetic characteristics and minimal side effects, including neutropenia, liver failure, and heart failure.⁴ Recently, a large number of experiments have demonstrated that ITZ...
possesses anti-cancer properties and has already been assessed in cancer therapy,\textsuperscript{7–9} including in basal cell carcinoma,\textsuperscript{10} prostate cancer,\textsuperscript{11} gastric cancer,\textsuperscript{12} and non-small cell lung cancer.\textsuperscript{13} The underlying mechanisms of ITZ in cancer treatment include suppressing inflammation, arresting the cell cycle, inducing apoptosis and autophagy, and inhibiting angiogenesis and drug resistance.\textsuperscript{14–16}

The hedgehog (Hh) pathway was originally identified in Drosophila\textsuperscript{17} and described by Nüsslein-Volhard and Wieschaus in 1980.\textsuperscript{18} Hh pathway plays a pivotal role in fundamental processes, including embryogenesis, structure, morphology, and proliferation in various species,\textsuperscript{19} it functions in the steady state of post-embryonic tissues through effects on stem cells.\textsuperscript{20} In adult tissues, the Hh pathway is typically silent, and inappropriate activity is linked to various tumor types,\textsuperscript{19} such as thoracic cancers including small-cell lung cancer,\textsuperscript{21} non-small cell lung cancer,\textsuperscript{22–24} basal cell carcinomas,\textsuperscript{25} medulloblastoma,\textsuperscript{26} cervical cancer,\textsuperscript{27} endometrial cancer,\textsuperscript{28} malignant melanoma,\textsuperscript{13} breast cancer,\textsuperscript{29} and malignant pleural mesothelioma.\textsuperscript{30} It is theorized that ITZ could effectively suppress the Hh pathway to treat cancer.\textsuperscript{12,27,31} In this review, we summarize the mechanism underlying the inhibition of the Hh pathway by ITZ and discuss its potential in the treatment and prevention of tumors.

\section*{An overview of Itraconazole and hedgehog pathway}

\subsection*{Hedgehog pathway composition and activation}

Hedgehog encodes a 45 kDa protein with a 20 kDa active N-terminal fragment that covalently binds to cholesterol.\textsuperscript{32} Three Hh ligands, including sonic hedgehog (SHh), Indian hedgehog (IHh), and Desert hedgehog (DHh), have been identified in mammals.\textsuperscript{10} SHh is the best studied and is expressed widely in tissues, while IHh is expressed in small amounts in some tissues, and DHh is expressed only in gonadal tissues. Ultimately, expression is dependent on different patterns of ligand expression, although the physiological effects may be the same.\textsuperscript{19,33} In adult tissues, the Hh pathway is mostly inactive or poorly active.\textsuperscript{34} (Figure 2A) Patched (PTCH), 12 trans-membrane protein receptors including PTCH1 and PTCH2, could inhibit the smoothened receptor (SMO), a 7-pass transmembrane G-protein coupled signal transduction molecule that contains three main
domains including a seven-transmembrane helices domain, a hinge domain, and an intact extracellular cysteine-rich domain in human.\(^{35}\) The link between Hh pathway and human cancers has long been recognized.\(^{36}\) Once Hh is overexpressed (Figure 2B), its ligands are released to bind with PTCH immediately, thereby alleviating the inhibition of SMO by PTCH. The activated SMO is then translocated from vesicles to the primary cilium of the cell membrane, in order to activate GLI, which is activated through mediating the dissociation of GLI proteins from the SUFU. This allows the translocation of GLI proteins to the nucleus where they bind DNA and regulate the transcription of their target genes. In addition, Itraconazole (ITZ) could inhibit the accumulation of SMO, as well as, ITZ could also inhibit GLI directly, these lead to the inhibition of target genes to treat cancer.

**Figure 2 (A)** In an adult cell, Hh pathway is always silent or poorly activated. Patched 1 (PTCH1) could inhibit the smoothened receptor (SMO), and then suppress the phosphorylation of glioma-associated oncogene homolog (GLI), and the dissociation from the suppressor of fused (SUFU), to from GLI repressor (GLIR), which translocates to the nucleus to suppress the expression of target genes, including Bcl-2, AKT, mTOR, VEGF. The link between Hh pathway and human cancers has long been recognized.\(^{36}\) In a cancer cell, Hh is overexpressed, its ligands, such as Shh ligand, are released to bind with PTCH1 immediately, thereby alleviating the inhibition of SMO by PTCH. The activated SMO is then translocated from vesicles to the primary cilium of the cell membrane, in order to activate GLI, which is activated through mediating the dissociation of GLI proteins from the SUFU. This allows the translocation of GLI proteins to the nucleus where they bind DNA and regulate the transcription of their target genes. In addition, Itraconazole (ITZ) could inhibit the accumulation of SMO, as well as, ITZ could also inhibit GLI directly, these lead to the inhibition of target genes to treat cancer.

domains including a seven-transmembrane helices domain, a hinge domain, and an intact extracellular cysteine-rich domain in human.\(^{35}\) to suppress the Hh pathway.\(^{36}\) The link between Hh pathway and human cancers has long been recognized.\(^{36}\) Once Hh is overexpressed (Figure 2B), its ligands are released to bind with PTCH immediately, thereby alleviating the inhibition of SMO by PTCH. The activated SMO is then translocated from vesicles to the primary cilium of the cell membrane, in order to activate GLI, which is activated through mediating the dissociation of GLI proteins from the SUFU. This allows the translocation of GLI proteins to the nucleus where they bind DNA and regulate the transcription of their target genes. GLI is a zinc-finger transcription factor family with three members, GLI1, GLI2, and GLI3, which play an important role in human cancer. GLI1 and GLI2 are transcriptional activator factors; GLI1 is associated with tumor progression and metastasis in human cancer;\(^{38}\) GLI2 is accompanied by invasive and metastatic phenotypes of cancer,\(^{39}\) while GLI3 is a transcriptional repressor factor, the up-regulation of which can effectively inhibit the Hh-mediated progression of tumors.\(^{40}\) A balance between these three factors has been proposed as a molecular code that regulates cell differentiation and compromises and participates in the maintenance of stem cells, which could have implications for cancer development.\(^{41}\) In addition, the over-activated Hh pathway seen in cancer is a consequence of the germline variation of GLI that induces certain cancers.\(^{42}\)

**Inhibiting the Hh pathway through SMO by ITZ**

Uncontrolled activation of the Hh pathway can lead to cancers in many systems, and this can lead to the over-expression and activation of Hh ligands, SMO, and GLI.\(^{26,43}\) SMO plays a key role in the Hh pathway, which can regulate embryonic development and adult stem cells in animals.\(^{44}\) It is demonstrated that ITZ could suppress the Hh pathway by inhibiting SMO and/or GLI, especially GLI1, and their downstream targets through various mechanisms\(^{5}\) to inhibit the growth and proliferation of many cancers in vivo and in vitro, arrest cell cycle, inhibit angiogenesis, and induce apoptosis and autophagy (Figure 3) including in gastric cancer,\(^{12}\) liver cancer,\(^{45}\)
melanoma, basal cell carcinoma, prostate cancer, etc. Moreover, many pre-clinical studies have also confirmed that ITZ has the capability to inhibit the Hh pathway to treat cancer. It is worth mentioning that a drug screen identified ITZ as an inhibitor of the Hh pathway at a clinically relevant concentration of 800 nM, and at this concentration, ITZ is very safe and has little adverse effects on human beings.

ITZ could act on SMO directly and decrease the amount of SMO on the primary cilium to suppress the Hh pathway. For example, ITZ could inhibit the proliferation of basal cell carcinoma, medulloblastoma and glioblastoma through combination with the C-terminal of SMO, without altering the chemical groups from other drugs. (Table 1) This could be a potential solution for adding ITZ in combination with other anticancer drugs to inhibit drug resistance, such as vismodegib and arsenic trioxide. Meanwhile, ITZ could also inhibit the Hh pathway through suppressing GLI. ITZ could inhibit the growth of cervical cancer cells and endometrial cancer cells through significantly reducing the expression of GLI1.

**Anti-inflammation by blocking Hh pathway**

The growth and progression of cancer is the result of complex signaling networks between different cell types within the cancer and its surrounding stroma. Previous research has shown that a chronic inflammatory response resulting from certain autoimmune diseases or chronic infections can lead to cancer. In turn, tumors could also stimulate an inflammatory reaction via the secretion of cytokines, chemokines, and growth factors that favor the recruitment of a range of infiltrating immune cell populations into the tumor microenvironment. While potentially able to exert tumor control, this inflammatory reaction is typically seized by the tumor to promote its own growth and progression towards metastasis.

It has also been reported that pro-inflammatory cytokines such as tumor necrosis factor-α (TNF-α), interleukin-1β (IL-1β) and a variety of signaling pathways ligands such as transforming growth factor-beta (TGF-β) and platelet derived growth factor (PDGF) are aberrantly and abundantly expressed in tumor microenvironments. Meanwhile, TNF-α and IL-1β can activate the Hh pathway through increasing GLI1 in cancer cells. How the Hh pathway regulates pro-inflammatory factors has not yet been discovered correctly, the inflammation suppression of ITZ may be related to its effect on expression of GLI1 and inflammatory factors. In addition, previous studies have shown that ITZ can treat chronic rhinosinusitis through inhibiting P-glycoprotein (P-gp), and that this inhibition results in decreased inflammatory cytokine secretion. Kangwan et
al suggested that the serum levels of IL-6, TNF-α and cyclooxygenase-2 (COX-2) were all significantly decreased after ITZ oral gavage in an animal model of colitis-associated cancer.\(^59\) Moreover, ITZ could significantly reduce the chlorhexidine gluconate-induced peri-toneal thickness and inflammatory cell infiltrations in the peritoneal membrane via suppressing the activation of the SHh signaling pathway in the peritoneal tissues.\(^8\)

**Induction of cell cycle arrest by targeting Hh pathway**

Cell cycle plays an important role in modulation of tumor growth, and previous research has shown that an arrested cell cycle could prevent unlimited proliferation of tumor cells.\(^60,61\) Tumors are a kind of periodic disease, changing the tumor cell cycle, which is important to tumor proliferation. Cell cycle is composed of four typical phases (sub-G1 phase, G1 phase, M phase and S phase) and regulated well systemically by cyclins and cyclin dependent kinases (CDKs).\(^62\) It has been shown that the Hh pathway can activate the expression of cell cycle regulators to promote cell proliferation, shorten the G1 and G2 phases of the cell cycle, and drive the cells to the final mitosis and cell cycle exit.\(^63\)

Cancer cell dormancy is one of the most significant reasons for treatment failure. However, it has been reported that ITZ treats dormant cancer cells through causing irreversible tumor growth arrest, WNT pathway inhibition and synergistic activity with classical s-phase cytotoxins in colorectal cancer.\(^64\) The main mechanism is that ITZ inhibits SMO, which releases the subsequent inhibition on SUFU, and then, the derived SUFU activation in WNT\(^{High}\) epithelial tumor cells prevents the nuclear localization of β-catenin causing WNT inhibition. This finally leads to senescence in both dividing and dormant cancer cells.\(^64\) In addition, ITZ could make the cell cycle

<table>
<thead>
<tr>
<th>Cancer Type</th>
<th>Cell Line</th>
<th>ICS0/EC50 of ITZ</th>
<th>Molecular Target</th>
<th>Biological Effect</th>
<th>Reference</th>
</tr>
</thead>
<tbody>
<tr>
<td>Colorectal cancer</td>
<td>Cancer cells with molecular diversity</td>
<td>—</td>
<td>SMO and SuFu/WNT inhibition;</td>
<td>Anti-proliferation, perturbing dormancy;</td>
<td>64</td>
</tr>
<tr>
<td>Basal cell carcinoma</td>
<td>ASZ001 cells</td>
<td>1–30 µM</td>
<td>SOX9-mTOR inhibition</td>
<td>Anti-proliferation, induced apoptosis;</td>
<td>66</td>
</tr>
<tr>
<td>Epithelial ovarian cancer</td>
<td>HUVEC SVEC4-10</td>
<td>250 nM 500 nM</td>
<td>VEGFR2, GLI1, mTOR inhibition</td>
<td>Anti-proliferation, inhibiting angiogenesis;</td>
<td>16</td>
</tr>
<tr>
<td>Hepatocellular carcinoma</td>
<td>Huh-7</td>
<td>10 µM</td>
<td>ABCC1, GLI2 inhibition</td>
<td>Inhibiting metastasis;</td>
<td>45</td>
</tr>
<tr>
<td>Gastric cancer</td>
<td>MKN45, AG5 cells</td>
<td>10 µM</td>
<td>GLI1 inhibition</td>
<td>Anti-proliferation, arresting cell cycle at G1-S phase, inducing apoptosis;</td>
<td>12</td>
</tr>
<tr>
<td>Melanoma</td>
<td>SK-MEL-28 A375</td>
<td>15.71 µM 0.62 µM</td>
<td>GLI1, GLI2, Wnt3A/β-catenin and PI3K/mTOR inhibition</td>
<td>Anti-proliferation, inhibiting angiogenesis and metastasis;</td>
<td>13</td>
</tr>
<tr>
<td>Breast cancer</td>
<td>MCF-7 SKBR-3</td>
<td>5 µM</td>
<td>SHh, GLI1 inhibition</td>
<td>Anti-proliferation, inducing apoptosis and autophagy;</td>
<td>29</td>
</tr>
<tr>
<td>Multiple myeloma</td>
<td>NCI-H929</td>
<td>1.5 µmol/L</td>
<td>GLI1, Cyclin D1, Bcl-2 inhibition</td>
<td>Inhibiting growth, inducing apoptosis;</td>
<td>48</td>
</tr>
<tr>
<td>Malignant pleural mesothelial</td>
<td>MPM cells</td>
<td>≥2.5 µM</td>
<td>SMO inhibition</td>
<td>Inhibiting cell viability, inducing apoptosis;</td>
<td>106</td>
</tr>
<tr>
<td>Endometrial cancer</td>
<td>HEC-1A</td>
<td>10 µM</td>
<td>GLI1 inhibition</td>
<td>Inhibiting growth, inducing apoptosis;</td>
<td>28</td>
</tr>
</tbody>
</table>

Abbreviations: ITZ, itraconazole; Hh pathway, hedgehog pathway; GLI, glioma-associated oncogene homolog; SHh, sonic hedgehog; SMO, smoothened receptor; VEGFR2, vascular endothelial growth factor receptor 2; ABCC1, multidrug resistance protein 1.
of breast cancer cells arrest at the G0-G1 phase.\textsuperscript{29} ITZ could also induce gastric cancer cell cycle arrest at the G1-S phase and induce apoptosis through significantly decreasing the expression and transcription of GLI1.\textsuperscript{12} ITZ also inhibits SMO to suppress mTOR through decreasing SOX9, a Sry-like high mobility group (HMG) box transcription factor that is transcriptionally regulated by GLI.\textsuperscript{55} This eventually leads to proliferation inhibition in basal cell carcinoma.\textsuperscript{66} Furthermore, ITZ could suppress proliferation and arrest cell cycle by suppressing cyclin D1 through GLI1 in melanoma cells and multiple myeloma cells.\textsuperscript{13,48} In addition, p53 is also involved in cell cycle regulation, whether and how p53 affected by ITZ through Hh pathway are still unknown, and more studies are needed.

### Induction of apoptosis and autophagy by targeting Hh pathway

Programmed cell death plays an important role in maintaining homeostasis, and it could prevent disease by removing cells destroyed by cancer, aging, and infection. Hence, it is a valid strategy for the treatment of cancer. There are three types of programmed cell death: apoptosis (type I), autophagy (type II) and necroptosis (type III).\textsuperscript{57} To date, there are some chemotherapeutic agents in the clinic to treat cancer.\textsuperscript{68}

#### Induction of apoptosis

Apoptosis literally means “falling away” in Greek, and occurs normally in multicellular organisms. Apoptosis eliminates abnormal, damaged, or mutated cells, and plays important roles in embryonic development and adult tissue equilibrium by adjusting the physiological processes involved.\textsuperscript{69} In humans, many cells are turned over and replaced each day through apoptosis. This process maintains a balance between the death and survival of cells and tissues.\textsuperscript{70} A common feature of many cancers is the ability to escape apoptosis. This ability allows cancer cells to proliferate despite accumulated DNA damage and can confer resistance to various chemotherapy drugs.\textsuperscript{71}

ITZ induces apoptosis of many kinds of cancer cells through Hh pathway inhibition, including breast cancer, colorectal cancer, melanoma, bladder cancer and gastric cancer.\textsuperscript{12,13,29,64,72} ITZ directly inhibits SMO,\textsuperscript{73} and then inhibits the expression of GLI1 and its translocation to the nucleus. Meanwhile, ITZ also directly inhibits GLI1,\textsuperscript{12} which decreases the expression of downstream gene, Bcl-2,\textsuperscript{14,74} an important anti-apoptotic member (Bcl-2, Bcl-XL, and Mcl-1) of Bcl-2 family, and increases cytochrome c (Cyt C) into the cytosol from mitochondria to induce the apoptosis of cancer cells.\textsuperscript{45,75} Moreover, ITZ also suppresses the Wnt/β-catenin signaling pathway through inhibiting SMO in cancer cells,\textsuperscript{13,64} which is related to cell growth, prognosis, invasion and metastasis.\textsuperscript{76,77} ITZ suppresses Wnt3A, Wnt4, Wnt10A and β-catenin, and then increases Axin-1, which in turn inhibits β-catenin, which finally leads to growth inhibition and cell apoptosis.\textsuperscript{13,27}

In addition, ITZ could also induce apoptosis via the caspase-independent pathway. ITZ passes through the cancer cell and decreases the mitochondrial membrane, leading to increased membrane permeability, generation of reactive oxygen species (ROS), and down-regulation of Bcl-2 family members. This finally activates caspase-9 and caspase-3 cascades to cause DNA fragmentation.\textsuperscript{16,29}

### Induction of autophagy

Autophagy is the cellular process of lysosomal degradation in which damaged, dysfunctional, or superfluous organelles and proteins are sequestered, engulfed, and recycled to maintain cellular metabolism, viability, and homeostasis.\textsuperscript{78} Presently, there are three known subtypes of autophagy: macroautophagy as a main autophagy pathway, microautophagy, and chaperone-mediated autophagy. It has been shown that the inhibition of the Hh pathway induces autophagy of cancer cells.\textsuperscript{79} Recent evidence has also demonstrated that autophagy plays a wide range of physiological and pathophysiological roles and is associated with the pathogenesis of cancer, so the pharmacological manipulation of autophagy pathways may represent a new therapeutic strategy for cancer.\textsuperscript{80,81}

ITZ inhibits the Hh pathway through inhibiting SMO and GLI1 to induce cell autophagy.\textsuperscript{29} In addition, ITZ represses the phosphorylation of class III phosphatidylinositol 3-kinase (PI3K), and AKT, a serine/threonine protein kinase belonging to the PI3K/AKT/mTOR pathway, which is required for tumorigenesis. This acts as a downstream target of the Hh pathway,\textsuperscript{82} and then inhibits mTOR through diminished trafficking of cholesterol from late endosomes and lysosomes to the plasma membrane, resulting in autophagy promotion in cancer cells.\textsuperscript{13,29,83} Moreover, ITZ also increases the expression of microtubule-associated protein 1 light chain 3 II (LC3II), which is often used as a marker for monitoring autophagy progression since it localizes to both the inner and outer
membranes of phagophores and autophagosome. It also degrades P62/SQSTM1, which contributes to autophagy cell death, and forms autophagosome through inhibition of the Hh pathway to induce autophagy.

Inhibition of angiogenesis

Angiogenesis is an important physiological process in tissues, especially in conditions of growth, proliferation, and wound healing because it helps deliver oxygen and nutrients to newly formed tissues. However, it is also characteristic of tumor malignancy. Metastatic cancer cells can enter the circulatory system through their own newly formed vasculature to migrate from the primary tumor and colonize other healthy tissues. Metastatic ability is tightly associated with a negative prognosis. The inhibition of angiogenesis is a promising avenue of anti-cancer therapy research of ITZ.

It is reported that ITZ inhibits vascular endothelial growth factor (VEGF) signaling through inhibiting the expression and glycosylation of VEGF receptor 2, which has been demonstrated as a downstream target of Hh pathway through GLI1, to suppress angiogenesis in cancer cells. ITZ also inhibits angiogenesis and endothelial cell proliferation by targeting voltage-dependent anion channel 1 (VDAC1), which regulates mitochondrial metabolism by controlling the passage of ions and small metabolites through the outer mitochondrial membrane, to modulate the AMPK/mTOR signaling axis in endothelial cells.

Inhibition of drug resistance

Drug resistance in cancer cells, which reduces the efficacy of chemotherapeutics and other treatments, is dependent on the ATP-binding cassette (ABC) transporters, which are frequently overexpressed in cancer cells. There are three major kinds of multidrug resistance proteins in humans: P-glycoprotein (P-gp/ABCB1/MDR1), multidrug resistance protein 1 (MRP1/ABCC1), and breast cancer resistance protein (BCRP/ABCG2/MXR/ABCP). It has been reported that the drug resistance of cancer cells is associated with the expression of epithelial mesenchymal transition (EMT) and the aberrantly activated Hh pathway. The Hh pathway could also increase the expression of ABCC1 through GLI2 in hepatoma cells; ITZ inhibits ABCC1 through suppression of Hh pathway. ITZ also inhibits the efflux pump to reverse resistance.

Clinical use of ITZ in cancer treatment

ITZ has been used clinically for nearly 35 years as an antifungal agent. With the advent of its anticancer properties, it has also been used for the treatment of many kinds of tumors in clinical trials (Table 2).

Previous studies have shown that intracranial regression of an advanced basal cell carcinoma was successfully treated by ITZ with chemotherapy. Meanwhile, ITZ is also currently used in the treatment of high-grade neuroepithelial tumors of the central nervous system with BCOR alteration (HGENET-BCOR) in women and children. A case of biochemically recurrent prostate cancer has also been treated effectively by high dose ITZ. The prognosis and overall survival rate of ovarian cancer patients has improved when treated with ITZ and other chemotherapeutic drugs. In addition, ITZ with chemotherapy is promising for the treatment of heavily pre-treated recurrent triple-negative breast cancer. Combination chemotherapy with ITZ is also promising for prolonging overall survival, with acceptable toxicities in the second-line setting of pancreatic cancer. Additionally, ITZ has been analyzed as a second line treatment in metastatic non-squamous non-small cell lung cancer.

Conclusion

In recent years, the development of drugs that inhibit the Hh pathway have become a new treatment for cancer due to the discovery of activated the pathway in many tumors. ITZ inhibits the Hh pathway, and this finding has provided a tremendous role in tumor therapy research. In the review, we summarize the exact mechanism by which ITZ fights with tumor by targeting the Hh pathway. ITZ blocks the Hh pathway by preventing the accumulation of receptor SMO and inhibiting the release of the transcription factor GLI. The target gene of the Hh pathway contains the anti-apoptosis factor BCL-2, while ITZ has the ability to decrease the expression of BCL-2 and promote the apoptosis of tumor cells. A large number of Hh pathways in tumor cells are activated, resulting in overexpression of GLI2, which inhibits autophagy. However, ITZ can also rescue the suppressed autophagy and promote the death of cancer cells. The mammalian cell cycle is a highly organized and canonical process that ensures the duplication of genetic material and cell division. Since the main feature of tumor cells is uncontrolled proliferation, it is not surprising that factors involved in the cell cycle change. In
Table 2: Some examples of clinical trials of ITZ on different cancers

<table>
<thead>
<tr>
<th>Cancer</th>
<th>Patients No.</th>
<th>Study type</th>
<th>Therapeutic regimen of ITZ</th>
<th>Reported pathway</th>
<th>Treatment effects</th>
<th>Adverse effects</th>
<th>References</th>
</tr>
</thead>
<tbody>
<tr>
<td>Basal cell carcinoma</td>
<td>29 (19 treated, 10 controls)</td>
<td>Phase 2</td>
<td>200 mg twice daily for 1 month, or 100 mg twice daily for average 2.3 months</td>
<td>Hh pathway inhibition</td>
<td>Cell proliferation inhibited by 45%, and tumor area reduced by 24%</td>
<td>Fatigue (grade 2), and heart failure (grade 4)</td>
<td>6</td>
</tr>
<tr>
<td>Metastatic basal cell carcinoma</td>
<td>5</td>
<td>Phase 2</td>
<td>400 mg daily on days 6–18, with arsenic trioxide on days 1–5</td>
<td>Hh pathway inhibition</td>
<td>GLI1 mRNA reduced by 75%</td>
<td>Fatigue (grade 2), and heart failure (grade 4)</td>
<td>107</td>
</tr>
<tr>
<td>Advanced basal cell carcinoma</td>
<td>1</td>
<td>Case report</td>
<td>200 mg daily for 2 weeks with 200 mg daily of sonidegib after failure with vismodegib</td>
<td>Hh pathway inhibition</td>
<td>Tumor regressed</td>
<td>—</td>
<td>7</td>
</tr>
<tr>
<td>Stage III unresectable pancreatic adenocarcinoma</td>
<td>1</td>
<td>Case report</td>
<td>200 mg daily for 9 months</td>
<td>Hh pathway inhibition</td>
<td>Tumor size reduced and resected</td>
<td>—</td>
<td>3</td>
</tr>
<tr>
<td>Metastatic pancreatic cancer</td>
<td>38</td>
<td>Retrospective analysis</td>
<td>400 mg daily on days −2 to +2 in combination with other chemotherapy (docetaxel, gemcitabine and carboplatin) every 2 weeks for 3–11 cycles</td>
<td>Hh pathway inhibition</td>
<td>The mean overall survival was 11.4 months</td>
<td>—</td>
<td>103</td>
</tr>
<tr>
<td>Biochemically recurrent prostate cancer</td>
<td>1</td>
<td>Case report</td>
<td>600 mg daily for 5 months</td>
<td>—</td>
<td>PSA fell by &gt;50%</td>
<td>Hypoaldosteronism, hyperbilirubinaemia</td>
<td>98</td>
</tr>
<tr>
<td>Metastatic castration-resistant prostate cancer</td>
<td>46 (17 in low dose group, 29 in high dose group)</td>
<td>Phase 2</td>
<td>Low dose: 200 mg daily; High dose: 600 mg daily until disease progression or toxicity</td>
<td>Hh pathway inhibition</td>
<td>Disease progression in 15 (low dose) and 22 (high dose)</td>
<td>Fatigue, anorexia, rash, hypertension, and hypokalaemia (all in Grade 3)</td>
<td>11</td>
</tr>
<tr>
<td>Progressive nonsquamous non-small-cell lung cancer</td>
<td>23 (15 treated with ITZ, 8 controls)</td>
<td>Phase 2</td>
<td>pemetrexed 500 mg/m2 on day 1, with or without ITZ 200 mg daily, on a 21-day cycle, for 3 months</td>
<td>—</td>
<td>Overall survival longer</td>
<td>—</td>
<td>104</td>
</tr>
</tbody>
</table>
addition, some researchers have found that ITZ in combination with other drugs that inhibit the Hh pathway have significant effects on the treatment of cancer. Therefore, a large number of further studies should be conducted to provide a basis for reasonable combination therapy in the future. Currently, ITZ has been used in clinical trials to treat many kinds of tumors with satisfactory results. In any case, an in-depth study of ITZ could bring new hope to cancer patients in the near future.

Acknowledgments
We really appreciate the help supported by Dr. Zeyao Tang on the manuscript, a professor from the Department of Pharmacology, Dalian Medical University. This research did not receive any specific grant from funding agencies in the public, commercial, or not-for-profit sectors.

Disclosure
The authors declare that they have no conflicts of interest in this work.

References


