Silibinin restores the sensitivity of cisplatin and taxol in A2780-resistant cell and reduces drug-induced hepatotoxicity

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Purpose: Ovarian cancer is the most lethal cancer among all gynaecological malignancies. The combination therapeutic of cisplatin and taxol is widely used in clinicals for ovarian cancer treatment. However, long-term use of cisplatin and taxol induces strong tolerance and hepatotoxicity. Since silibinin is a commonly used anti-hepatotoxic drug in Europe and Asia, the aim of this study was to determine whether silibinin could restore the sensitivity of combination use of cisplatin and taxol in drug-resistant human ovarian cancer cells and reduce drug-induced hepatotoxicity.

Patients and methods: Normal hepatocyte LO2 cells and A2780/DDP cells were treated with silibinin, cisplatin, taxol, cisplatin and taxol plus silibinin for 48 h. Cell viability was determined by MTT and long-term proliferation assay, while apoptosis and cell cycle progression were assessed by flow cytometric analysis. DNA damage was evaluated by immunofluorescence assays. The metastatic activity of A2780/DDP was determined by cell adhesion assay.

Results: The addition of silibinin on cisplatin and/or taxol could sensitize the antitumor activity of cisplatin and taxol on A2780/DDP cells, suppress cell-matrix adhesion of A2780/DDP, inhibit the cell proliferation, result in A2780/DDP cells apoptosis. In addition, silibinin could effectively reduce cisplatin and/or taxol-induced hepatotoxicity by protecting DNA from damage and restoring the potential of cell proliferation in cisplatin and/or taxol-treated LO2 cells.

Conclusion: Our results suggest that silibinin could restore the sensitivity of cisplatin and taxol in drug-resistant human ovarian cancer cells and reduce durg-induced hepatotoxicity in cell level.

Keywords: silibinin, cisplatin and/or taxol, drug resistance, human ovarian cancer, hepatotoxicity

Introduction

Ovarian cancer is one of the most lethal malignancies in women and is responsible for 5% of all the cancer deaths in women.1 There has been a steady decline in the incidence of ovarian cancer since the mid-1970s.1 However, ovarian cancer is difficult to detect and many patients are still diagnosed in advanced stages (III-IV) of the disease (60%) which significantly decrease their survival rates (~46%).1,2 Unlike other epithelial cancer cells, ovarian cancer cells can disseminate directly to the peritoneum cavity due to the absence of anatomical barriers.3 In addition, recent data indicates that the majority of patients will relapse despite a satisfactory response to the initial treatment.4,5
Cisplatin is widely used in clinical ovarian cancer treatment. However, long-term use of cisplatin could induce strong tolerance with high metastasis. Drug resistance and metastasis are the main causes of treatment failure in ovarian cancer patients in clinic.\textsuperscript{5,7} The ovarian cancer cells have drug resistance and metastasis are due either to selection of more aggressive cells or to an increase in metastatic potential following chemotherapeutic insults.\textsuperscript{8} Thus, there is an urgent need for novel treatment strategies to overcome drug resistance and tumor metastasis.

Combination of cisplatin-taxol is the first-line treatment in ovarian cancer.\textsuperscript{9} Despite encouraging clinical effects, the side effects of the combination therapy, such as the fact that the combination of cisplatin-taxol therapy cannot overcome or reduce the resistance in ovarian cancer cells,\textsuperscript{10} cannot be ignored. Moreover, taxol may have a cross tolerance with cisplatin, as well as strong hepatotoxicity. Consequently, the efficacy of taxol plus cisplatin chemotherapy schedule used for ovarian cancer is limited after the treatment for a period of time. Hence, the combination of other drugs has been suggested to deal with drug tolerance and induced hepatotoxicity.

Silibinin, a plant extraction, has been extensively used for its hepato-protective effects in Europe and Asia.\textsuperscript{11} In the last decade, numerous studies have reported that silibinin has anticancer efficacy in vitro and in vivo.\textsuperscript{12–15} Silibinin has been demonstrated to be an efficacious chemopreventive and chemotherapeutic agent,\textsuperscript{16,17} without any toxicity or adverse effects.\textsuperscript{18} Therefore, it could have potential clinical application in combination with chemotherapy.

However, whether silibinin could sensitize cisplatin and/or taxol antitumor activity on A2780/cisplatin-resistant (A2780/DDP) human ovarian carcinoma cells and reduce their induced hepatotoxicity has never been reported. In this study, we treated A2780/DDP cells and normal hepatocyte cells (LO2) with silibinin, cisplatin, and taxol plus silibinin for 48 h, and then assessed the effect of silibinin restores the sensitivity of cisplatin and taxol in drug-resistant (A2780/DDP) human ovarian cancer cells together with reducing their induced-hepatotoxicity.

Materials and methods

Cell culture

LO2 and A2780/DDP cells were obtained from the Cell Resource Center of Peking Union Medical College. Cells were cultured at 37°C under 5% CO\textsubscript{2} in DMEM (Sigma, St. Louis, MO), supplemented with 10% fetal calf serum (PPA-GE, Marlborough, MA) and 100 U/mL penicillin and streptomycin (HyClone-GE, Marlborough, MA).

Drugs administrations

Silibinin, cisplatin and taxol were purchased from Sigma and were dissolved in dimethyl sulfoxide (DMSO) for storage and further diluted to final concentrations. The control groups were administrated with the same amount of DMSO. For all experiments, the silibinin, cisplatin, and cisplatin plus silibinin, taxol, and taxol plus silibinin were added to the cells simultaneously for 48 h with the full culture medium.

Cell viability assay

The cell viability was assessed by the 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide (MTT) assay. Cells (4,000 cells/well in 96-well plates) were incubated at 37°C for 48 h and then MTT was added with a final concentration of 0.5 mg/mL per well for another 4 h. The reaction product formazan was dissolved in DMSO after discarding the culture medium. The cell viability was determined by reading the absorbance at 570 nm by a spectrophotometer (DTX880, Beckman Coulter, CA, USA). Results are presented as the mean of three measurements ± standard deviation (n=3).

Long-term proliferation studies

Cells (5.0×10\textsuperscript{5}) were seeded in a 10 cm\textsuperscript{2} dish. After 6 h, the drugs were co-cultured. The medium was changed every three days until the 6th days was passed. During the proliferation process, the cell numbers of each dish was counted using a cytometer (Countstar, China), then the cells (5.0×10\textsuperscript{5}) were passed into a 10 cm\textsuperscript{2} dish until the cells were less than 5.0×10\textsuperscript{5}. \(2^{\text{PDs}}=M/N\) (PDs: population doublings, M: number of every count cells, N: number of cells implanted).

Cell cycle distribution analysis

Cells were cultured in the absence or presence of 0, 25, 50 and 100 μM of silibinin for 48 h, trypsinized, washed and stained with propidium iodide before cell cycle distribution was assessed on a flow cytometer (BD FACSCalibur, BD Biosciences).
Annexin V/PI apoptosis assay
Cells were seeded in a 6 cm² dish at a density of 3.0×10⁵ cells per dish and incubated at 37 °C for 6 h until cells were attached to the dish. Silibinin with a final concentration of 0, 25, 50 and 100 µM were then added into medium. After 48 h, cells were harvested for Annexin V/PI apoptosis assay. The assay was performed following the protocol provided by the Annexin V/PI apoptosis Kit (Sigma) and was assessed on a flow cytometer (BD FACSCalibur, BD Biosciences).

Immunofluorescence (IF) assay of DNA damage
Immunofluorescence (IF) assay was performed as previously described. Briefly, cells on a coverslip were fixed with 4% paraformaldehyde, permeabilized in 0.5% Triton X-100 (in 1× PBS). Cells were incubated overnight at 4 °C with primary antibodies against 53BP1 (CST), washed three times, and incubated with secondary antibodies (DyLight 488-conjugated anti-mouse). The coverslip was washed with PBS three times. The cells were washed and mounted with DAPI. Fluorescence was detected and imaged using a Nikon Ti microscope. To quantify the damage degree of DNA, over 700 cells from each group were randomly chosen from three independent experiments.

Cell adhesion assay
The 96-well plate was coated with 2.5 µg/ml human fibronectin in PBS (Millipore, CA) at room temperature. The cells were then seeded in serum-free medium at the density of 4×10⁴ cells/well, and cultured at 37 °C under 5% CO₂ for 1 h. The medium was then removed gently and cells were rinsed three times with 10% formalin. The attached cells were stained with crystal violet for 5 min at room temperature and color intensity was determined by absorbance at 560 nm. A relative number of cells attaching to extracellular matrix was calculated using the following equation: mean OD of treated cells/mean OD of control cells. Cells treated with vehicle (0.1% DMSO) were used as a control.

Statistical analysis
The Student’s two-tailed unpaired t-test was used to determine statistical significance and the resulting p-values are indicated in figures (*p<0.05; **p<0.01; ***p<0.001).

Results
Silibinin has no side effects for normal hepatocyte LO2 cells
The physiological effect of silibinin (Figure 1A) to normal hepatocyte LO2 cells was firstly evaluated by the 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide (MTT) assay. The results show that silibinin has no toxic effect on hepatic cells but promotes cell proliferation in a concentration-dependent manner in the range of 0–50 µM (Figure 1B). The data are well correlated with the data obtained from flow cytometry experiments. Flow cytometry results shown that silibinin treatment neither causes LO2 cells apoptosis (Figure 1C and D) nor cell arrest (Figure 1E and F). Based on the analysis of obtained data, the conclusion that silibinin has no side effects for hepatic cells is proposed. More importantly, the results suggest that the concentration of 50 µM of silibinin is the optimum concentration for the following experiments in this study.

Silibinin restores the sensitivity of cisplatin and taxol on A2780/cisplatin-resistant (A2780/DDP) human ovarian carcinoma cells
A2780/DDP cells were treated with different concentrations of cisplatin and taxol for 48 h and cell viability was measured by the MTT assay (the IC₅₀ values are 113.78 µM ±4.98 µM and 48.51 µM ±0.45 µM, respectively) (Figure 2A and S1A). MTT assay was carried out to further evaluate the impact of the silibinin addition to the treatment in the whole concentration-response of cisplatin and taxol with/without silibinin (Figure S1B and C). The results showed that silibinin could restore the sensitivity of cisplatin and/or taxol to A2780/DDP cells in the whole concentration, with lower IC₅₀ values (35.32 µM ±1.24 µM and 12.51 µM ±0.89 µM, respectively) compared to cisplatin and/or taxol alone (Figure 2A). Moreover, in order to manifest significant sensibilization of silibinin on cisplatin and/or taxol, A2780/DDP cells were treated with silibinin (50 µM), cisplatin (115 µM) and/or taxol (50 µM), silibinin (50 µM) plus cisplatin (115 µM) and/or silibinin (50 µM) plus taxol (50 µM) for 48 h, respectively, the cell viabilities were determined. As shown in Figure 2B, silibinin had little anti-tumor effects on A2780/DDP cells, but silibinin could markedly restore the sensitivity of cisplatin and/or taxol to A2780/DDP cells. This conclusion was further supported...
Figure 1. Silibinin has no side effects for hepatic cells. (A) Schematic drawing of silibinin. (B) The LO2 cells were treated with silibinin at indicated concentrations for 48 h, and then the cell viability was determined by MTT assay. The results were shown as the percentage of cell viability in control group. (C) 25, 50 or 100 μM silibinin treatment induces apoptosis of LO2 cells. Apoptotic cells were assayed by Annexin V/PI staining and FACS analysis. (D) Quantification of (C). (E) FACS analysis of cell cycle arrest in control and silibinin LO2 cells. Cells were treated with 25, 50 or 100 μM of silibinin for 48 h before the assay. (F) Quantification of (E). The Bar chart of all data represents mean ± SD of three independent experiments, *p<0.05, **p<0.01 and ***p<0.001 vs control group.

Abbreviations: MTT, the 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide assay; FACS, flow cytometry; ns, non-significant.
The combination of silibinin promotes A2780/DDP cells apoptosis. (Figure 2) silibinin (50 μM), cisplatin (115 μM), taxol (50 μM) and silibinin (50 μM) plus cisplatin (115 μM) and/or taxol (50 μM) treatment induces apoptosis of A2780/DDP cells. Apoptotic cells were assayed by Annexin V/PI staining and FACS analysis. (Figure 3) The combination of silibinin promotes A2780/DDP cells apoptosis. (A) silibinin (50 μM), cisplatin (115 μM), taxol (50 μM) and silibinin (50 μM) plus cisplatin (115 μM) and/or taxol (50 μM) treatment induces apoptosis of A2780/DDP cells. Apoptotic cells were assayed by Annexin V/PI staining and FACS analysis. (B) Quantification of (A). The Bar chart of all data represents mean ± SD of three independent experiments, ***p<0.001 vs control group.
The combination of silibinin and cisplatin or taxol decreases cell-matrix adhesion and inhibits A2780/DDP cells proliferation

Cell resistance is always accompanied by metastasis. To explore whether silibinin could decrease cell-matrix adhesion of A2780/DDP, cell adhesion assay was performed. To test this, cell adhesion assay that determines the adhesion between cell and attached matrix was also performed in A2780/DDP cells. As shown in Figure 4A, the result displayed a significant decrease in cell adhesion to the matrix after treatment with silibinin (50 μM) plus cisplatin (115 μM) and/or taxol (50 μM) than cells treated with cisplatin (115 μM) and/or taxol (50 μM) alone. All results are well consistent with the results of the long-term cell proliferation assay (Figure 4B).

Silibinin reduce cisplatin and/or taxol-induced hepatotoxicity and restore the potential of hepatocyte cell proliferation

Firstly, the cytotoxic effect of cisplatin and taxol on normal hepatocyte LO2 cells were assessed by MTT assay with the half inhibitory concentration (IC₅₀) values of taxol on LO2 are 23.81 μM ±0.68 μM, 3.65 μM ±0.45 μM, respectively (Figure S3A). And then, the detoxication effects of silibinin to cisplatin and/or taxol-induced hepatotoxicity was determined in the whole concentrations (Figure S3B and C). The results suggested that silibinin could effectively reduce cisplatin and/or taxol-induced hepatotoxicity in the whole concentration with higher IC₅₀ values (43.50 μM ±1.68 μM and 8.34 μM ±0.46 μM, respectively) compared to cisplatin and/or taxol alone. In addition, LO2 cells were treated with silibinin (50 μM), cisplatin (24 μM), taxol (4 μM) and silibinin (50 μM) plus cisplatin (24 μM) and/or taxol (4 μM) for 48 h, respectively. The results shown that LO2 cell vitality was strongly enhanced by silibinin (131.53%) and sharply inhibited by cisplatin (47.83%) and taxol (51.33%), in particular, silibinin treatment significantly reversed the cisplatin and/or taxol-induced cell death, and could rescue the cell viability to ~75% (Figure 5A). In addition, we found silibinin could restore the potential of cisplatin and/or taxol-treated hepatocyte cell proliferation (Figure 5B). To further confirm the hepatocyte cell protective effects of silibinin, LO2 cells were further detected under Annexin V/PI apoptosis assay after treatment (Figure 5C). The results shown that cisplatin and/or taxol treatment for 48 h led to massive cell apoptosis (59.8% and 65.52%) compared with the control group (7.58%). However, cisplatin and/or taxol combined with silibinin could rescue cell apoptosis compared to only cisplatin and/or taxol treatment (31.4% and 41.09%) (Figure 5D). This result is well consistent with the results of MTT assay and long term cell proliferation assay, which strongly supporting the conclusion that silibinin could reduce cisplatin and/or taxol-induced hepatotoxicity.

**Figure 4** The combination of silibinin and cisplatin or taxol decreases cell-matrix adhesion and inhibits A2780/DDP cells proliferation. (A) The effect of silibinin, cisplatin and/or taxol on cells adhesion to the extracellular matrix. Cells were treated with silibinin (50 μM), cisplatin (115 μM), taxol (50 μM) and silibinin (50 μM) plus cisplatin (115 μM) and/or taxol (50 μM) for 48 h and subjected to cell adhesion assay in which the cells attaching to the extracellular matrix were stained and counted. (B) Proliferation curve of A2780/DDP cells in the presence of silibinin (50 μM), cisplatin (58 μM), taxol (25 μM) and silibinin (50 μM) plus cisplatin (58 μM) and/or taxol (25 μM). The Bar chart of all data represents mean ± SD of three independent experiments, *p<0.05, **p<0.01 and ***p<0.001 vs cisplatin or taxol treated alone group.
To explore the mechanism that silibinin could reduce Q1 μ Silibinin reduce cisplatin-induced and taxol-induced hepatotoxicity. (53BP1 has been widely used as a marker for double-strand breaks (DSBs). We treat ed LO2 cells with silibinin (50 μM), cisplatin (24 μM), taxol (4 μM) plus cisplatin (24 μM) and taxol (4 μM) treatment induces apoptosis of LO2 cells. Apoptotic cells were assayed by Annexin V/PI staining and FACS analysis. (D) Quantiﬁcation of (C). Values are the average ± SD of three independent experiments. *p<0.05, **p< 0.01.

Silibinin protects the DNA of normal hepatocyte cell against damage

It is known that apoptosis is induced when the degree of DNA lesions in a cell exceeds the capacity of the cell to repair the lesions.20 To explore the mechanism that silibinin could reduce cisplatin and/or taxol-induced hepatotoxicity, we carried out immunofluorescence assay (IF), using an antibody to 53BP1. In spite of another possibly minor role for 53BP1 other than in DDR, silibinin (50 μM), cisplatin (24 μM), taxol (4 μM) plus cisplatin (24 μM) and taxol (4 μM) for 24 h, respectively. As expected, silibinin treatment would not increase the number of 53BP1 foci. And the number of 53BP1 foci...
increased to an average of ~28 and ~38 foci per nucleus after cisplatin and taxol treatment. However, the values (~7 and ~15 foci per nucleus) dramatically decreased in silibinin plus cisplatin and/or taxol treated cells (Figure 6A and B). Taken the above results together, our data support the conclusion that silibinin could reduce cisplatin and/or taxol-induced hepatotoxicity by protecting hepatocyte cell DNA from damage.

**Discussion**

Ovarian cancer is one of the leading causes of mortality in women over the world.\textsuperscript{23} cisplatin, sometime combine with taxol, is widely used in the treatment of advanced ovarian cancer.\textsuperscript{24} However, long-term use of cisplatin with or without taxol would result in drug resistance and strong hepatotoxicity, of which extremely limit the efficiency and application of the drugs in the clinic. Therefore, the rationale of our study based on the notion that silibinin not only has the protective effect on the liver,\textsuperscript{25} but also enhance the efficacy of cisplatin and/or taxol on human ovarian cancer cells.\textsuperscript{26–29} We speculated that silibinin might restore the sensitivity of cisplatin and/or taxol on cisplatin-resistant human ovarian cancer (A2780/DDP) cells and reduce the drug-induced hepatotoxicity in the drug combination. Firstly, our findings suggest that silibinin at the concentration of 50 μM has the strongest protective effects for liver in the range from 0 μM to 100 μM (Figure 1). Therefore, the concentration (50 μM) was used in downstream assays. We observed that silibinin could restore the sensitivity of the antitumor activity of cisplatin and/or taxol on A2780/DDP cells (Figures 2B and 3).

In addition to drug resistance, metastasis is another biggest impediments and problems in the treatment of human cancer, including ovarian cancer, which might result in the failure of treatment.\textsuperscript{30,31} In general, metastasis concomitant with drug resistance has been found in patient samples.\textsuperscript{6,7} Hence, one strategy that would reduce or reverse drug resistance might inhibit the metastasis in chemotherapy. Indeed, silibinin could decrease the cell-matrix adhesion (Figure 4A) and inhibit proliferation of A2780/DDP cells (Figure 4B).

Hepatotoxicity is a very common side effect of chemotherapy drugs (eg, cisplatin and taxol). It might seriously affect the quality of living life of patients or even leads to death.\textsuperscript{32} Increased production of reactive oxygen species (ROS) is one of the most recognized mechanisms that underlies the hepatotoxicity.\textsuperscript{33} In this regard, the strategies of protecting the liver from cisplatin and/or taxol-induced hepatotoxicity would include scavenge ROS and/or enhance DNA repairing ability. Silibinin could take effect on both. Firstly, silibinin is a scavenger of intracellular ROS.\textsuperscript{34} It’s significantly reduced drug-induced hepatocyte line LO2 cell death and even rescued the LO2 cell proliferative ability (Figure 5). The further study of mechanism indicated that silibinin protects DNA from cisplatin and/or taxol-induced toxic damage might through enhancing the DNA repairing ability (Figure 6). These results indicated that silibinin could reduce cisplatin and/or taxol-induced hepatotoxicity by protecting DNA from cisplatin and/or taxol-induced toxic damage.

**Figure 6** Silibinin protects hepatocyte cell DNA against damage. (A) IF assay for evaluating the DNA damage. LO2 cells were treated with 0.01% DMSO (Control), silibinin (50 μM), cisplatin (24 μM), taxol (4 μM) and silibinin (50 μM) plus cisplatin (24 μM) and/or taxol (4 μM) for 48 h. DAPI and 53BP1 was the nucleus dye (blue) and DNA damage marker (green), respectively. (B) Quantification of (A). The results show the percentage of 53BP1 foci per cell among 200 untreated and treated cells, respectively. Values are the average ± SD of three independent experiments. ***p < 0.001.
Conclusion

Our study demonstrated that silibinin could restore the sensitivity the antitumor activity of cisplatin and/or taxol on cisplatin-resistant human ovarian carcinoma (A2780/DDP) cells and reduce cisplatin and/or taxol-induced hepatotoxicity in cell level. If these effects are confirmed in vivo, silibinin in combination with cisplatin and/or taxol may be a beneficial chemotherapeutic strategy, especially in patients with tumors refractory to cisplatin.

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Disclosure

The authors report no conflicts of interest in this work.

References


Supplementary materials

Figure S1 Silibinin sensitize the antitumor activity of cisplatin and/or taxol on A2780/DDP cells in the whole concentration.

Notes: (A) Cell viability of silibinin, cisplatin or taxol treated A2780/DDP cells was determined by MTT assay for 48h. (B) The A2780/DDP cells were treated with cisplatin, and silibinin (50 μM) plus cisplatin (indicated concentration) for 48h, and then the cell viability was determined by MTT assay. (C) The A2780/DDP cells were treated with taxol, and silibinin (50 μM) plus taxol (indicated concentration) for 48h, and then the cell viability was determined by MTT assay. The results were shown as the percentage of cell viability in control group. The Bar chart of all data represents mean ± SD of three independent experiments.

Figure S2 The combination of silibinin and cisplatin or silibinin and taxol promote A2780/DDP cells apoptosis for 72h.

Notes: (A) Silibinin (50μM), cisplatin (115μM), taxol (50μM) and silibinin (50μM) plus cisplatin (115μM) and/or taxol (50μM) treatment induces apoptosis of A2780/DDP cells. Apoptotic cells were assayed by Annexin V/PI staining and FACS analysis. (B) Quantification of (A). The bar chart of all data represents mean ± SD of three independent experiments, *p<0.05, **p<0.01 and ***p<0.001.
Silibinin reduce cisplatin-induced and taxol-induced hepatotoxicity.

Notes: (A) The IC50 values determined by MTT assay. (B) LO2 cells were treated with cisplatin, or silibinin (50 μM) plus cisplatin (indicated concentration) for 48h, and then the cell viability was determined by MTT assay. (C) LO2 cells were treated with taxol, or silibinin (50 μM) plus taxol (indicated concentration) for 48h, and then the cell viability was determined by MTT assay. The results were shown as the percentage of cell viability in control group. Values are the average ± SD of three independent experiments, *p<0.05, **p<0.01 and ***p<0.001.