Epac1 inhibits PKR to reduce NLRP3 inflammasome proteins in retinal endothelial cells

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Purpose: Inflammation has been strongly associated with retinal damage in diseases such as diabetic retinopathy. Several studies have reported that high glucose exposure induces damage to the retinal vasculature. We and others have shown that high glucose can activate the NOD-like receptor family, pyrin domain containing family member 3 (NLRP3) pathway, leading to increased levels of cleaved caspase 1 and IL-1β to activate a number of inflammatory pathways in the retina.

Methods: We used retinal endothelial cells grown in normal (5 mM) or high (25 mM) glucose or retinal lysates from endothelial cell-specific knockout mice for exchange protein activated by cAMP 1 (Epac1). Human recombinant protein kinase R (PKR) or C16, a PKR inhibitor, was used on the cells to dissect PKR and NLRP3 signaling.

Results: Using retinal endothelial cells (REC) in high glucose and whole retinal lysates from endothelial cell-specific knockout of Epac1, we demonstrate that Epac1 regulates PKR phosphorylation. Using an Epac1 agonist or PKR inhibition with C16, we demonstrated that loss of PKR resulted in reduced NLRP3, cleaved caspase 1, and IL-1β levels. Furthermore, despite the addition of recombinant human PKR, Epac1 was still able to significantly reduce NLRP3 signaling.

Conclusion: Overall, these studies demonstrated that PKR regulates the NLRP3 inflammasome in REC, and that Epac1 inhibition of PKR can reduce activation of the NLRP3 inflammasome.

Keywords: inflammasome, NLRP3, PKR, retinal endothelial cells

Introduction

In the past decades, there has been an increasing acceptance of the role that inflammation plays in the diabetic retina. In addition to the countless others, one potential pathway that may mediate retinal inflammation is the inflammasome. The inflammasome is a multiprotein scaffolding complex that contains a member of the NOD-like receptor family, pyrin domain containing family member (NLRP), procaspase 1, and apoptosis-associated speck-like protein containing a CARD, leading to activation of interleukin-1-beta. To date, both NLRP1 and NLRP3 inflammasomes have been associated with diabetic retinopathy, however, most work has focused on the NLRP3 inflammasome. Work in humans with various stages of diabetic showed increased NLRP3 and associated inflammasome proteins in vitreous samples, with the largest responses in patients with proliferative diabetic retinopathy. We have previously reported that exchange protein for cAMP 1 (Epac1) decreased inflammatory mediators in the retinal vasculature, as well as inhibited the NLRP3 inflammasome. Our findings in cells grown in high glucose...
agree with work in retinal pigmented epithelium showing increased NLRP3 and inflammasome proteins, as well as in samples from patients with age-related macular degeneration.12 Thus, it appears that the NLRP3 inflammasome may be involved in retinal disease. The remaining key question is upstream regulation of the NLRP3 inflammasome.

Protein kinase R (PKR) may regulate the NLRP3 inflammasome, as PKR deficiency reduced NLRP3, high mobility group box 1 (HMGB1), and IL-1β levels in macrophages.13 PKR is activated by stress signals and upon autophosphorylation, it can lead to NFκB activation and ultimately the inflammasome.14 PKR can also be activated by protein activator of the interferon-induced protein kinase (PACT), which is encoded by the PRKRA gene in humans.15 In addition to PACT, PKR is phosphorylated by dsRNA during viral infection, and PKR may play a role in metainflammation associated with metabolic syndrome.16 In mice and monkeys, studies have shown that tumor necrosis factor alpha (TNFα) can induce PKR, leading to memory impairment.17 Once PKR is phosphorylated, it can activate a number of downstream pathways, leading to inflammatory, apoptotic, or autophagic pathways.18 Studies using PKR knockout animals have demonstrated that loss of PKR significantly reduced inflammasome actions and inflammatory mediators.19 Taken together, a number of stimuli can activate PKR, leading to downstream inflammatory pathways.

In this study, we wanted to investigate upstream regulation of PKR in the retina of Epac1 conditional knockout mice, as well as in retinal endothelial cells (REC) grown in high glucose. We also tested whether Epac1’s inhibition of the NLRP3 inflammasome is mediated through PKR actions.

**Methods**

**Epac1 endothelial cells specific KO mice**

Animal procedures meet the Association for Research in Vision and Ophthalmology requirements and were approved by the Institutional Animal Care and Use Committee of Wayne State University and conform to NIH guidelines. Epac1 floxed mice (B6;129S2-Rapgef3tm1Geno/J mice) and B6 FVB-Tg (cdh5-cre)7Mlia/J Cre mice were purchased from Jackson Laboratories. The Epac1 floxed mice were bred with the cdh5-Cre mice to generate conditional knockout mice in which Epac1 is eliminated in vascular endothelial cells. At 3 months of age, Epac1 floxed and Epac1 Cre-Lox mice were used for these experiments.20,21 Euthanasia was performed with drug overdose followed by cervical dislocation. Whole retinal lysates were collected from the mice.

**Retinal endothelial cells**

Primary human REC were purchased from Cell Systems Corporation (CSC, Kirkland, Washington). Cells were grown in Cell Systems medium (Complete Medium Formulated at Normal Blood Glucose Level, 5 mM) supplemented with microvascular growth factors (MVGS), 10 μg/mL gentamycin, and 0.25 μg/mL amphotericin B (Invitrogen, Carlsbad, CA). Once cells reached confluence, some dishes were moved to Cell Systems High Glucose Medium (25 mM) for a minimum of 3 days prior to experiments. Only dishes prior to passage 6 were used. Cells were starved by incubating in high or normal glucose medium without MVGS for 12 hrs prior to treatments.

**Cell treatments**

Some cells in high glucose were treated with the PKR inhibitor, C16 (Tocris, United Kingdom), in varying doses for 16 hrs to determine the optimal dose for future experiments. Additionally, some cells in high glucose were also treated with recombinant human PKR (rhPKR, Novus Biologicals, Littleton, CO). A time course experiment was completed to determine the optimal timing for activation of PKR. Additional cells received an Epac1 agonist (8-CPT-2'-O-Me-cAMP) for 24 hrs at 10 μM.11 For cells treated with both rhPKR and Epac1, rhPKR (0.24 ng/µL) was used for 24 hrs prior to Epac1 agonist (24 hrs) application.

**Western blotting**

Whole retinal lysates from mice or cell culture lysates were collected into lysis buffer with protease and phosphatase inhibitors. Equal amounts of protein separated onto a precast tris-glycine gel (Invitrogen, Carlsbad, CA) were blotted onto the nitrocellulose membrane. After blocking in TBST (10 mM Tris-HCl buffer, pH 8.0, 150 mM NaCl, 0.1% Tween 20) and 5% (w/v) BSA, membranes are treated with Epac1, phosphorylated PKR, total PKR, NLRP3, cleaved caspase 1, and IL-1β (Abcam, Cambridge, MA) or beta-actin (Santa Cruz Biotechnology, Santa Cruz, CA) primary antibodies followed by incubation with secondary antibodies labeled with horseradish peroxidase. A chemiluminescence reagent kit (Thermo Scientific, Pittsburgh, PA) was used to visualize
antigen–antibody complexes. Images are acquired on an Azure C500 (Azure Biosystems, Dublin, CA) and optical densities were determined using Image Studio Lite software.

ELISA
An IL-1β ELISA was performed following the manufacturer’s instructions with the exception that 120 μg protein was loaded into all wells, and the primary antibody was incubated overnight.

Statistics
Non-parametric Kruskal–Wallis with Dunn’s post-hoc tests were used for the cell culture data. One-way ANOVA with Student Newman Keul’s post-hoc test was used for animal work. Data are presented as mean ± SEM. P<0.05 is taken as statistically significant.

Results
C16 is a potent inhibitor of PKR phosphorylation in REC grown in high glucose. Before we initiated these studies, we wanted to determine if C16 could effectively inhibit PKR in REC as it had done in other cell types.22 Figure 1 shows that C16 was highly effective in reducing PKR phosphorylation at 2 and 5 μM. We used 2 μM for the remainder of the studies.

Inhibition of PKR reduced NLRP3, caspase 1, and IL-1β levels in REC. Once we established the optimal dose of C16, a PKR inhibitor, we investigated whether PKR inhibition regulated the NLRP3 inflammasome pathway in REC. Figure 2 demonstrates that PKR inhibition significantly reduced PKR (Figure 2A), NLRP3 (Figure 2B), cleaved caspase 1 (Figure 2C) IL-1β Western blot (Figure 2D), and IL-1β ELISA (Figure 2E) in REC grown in high glucose. No changes were noted in cells grown in normal glucose.

Epac1 reduced phosphorylation of PKR both in vivo and in vitro. We have previously reported that Epac1 reduced NLRP3 signaling.11 To expand those findings, we used endothelial cell-specific Epac1 knockout mice, as well as REC treated with an Epac1 agonist to determine if Epac1 regulates PKR. Figure 3A shows that Epac1 CreLox mice have significantly increased levels of PKR phosphorylation compared to their floxed littermates. Figure 3B shows similar findings of decreased PKR phosphorylation in REC grown in high glucose that received an Epac1 agonist. Figure 3C is a control for the mice to demonstrate reduced Epac1 levels in whole retinal lysates from the Epac1 CreLox mice.

Epac1 can overcome PKR to reduce the NLRP3 inflammasome. We next tested whether Epac1 could reduce NLRP3 signaling in REC that had been treated with rhPKR. Figure 4A is a time course experiment to show that 48 hrs is effective in increasing PKR phosphorylation in REC grown in high glucose. The images in Figure 4B and C are controls to demonstrate that the Epac1 agonist (Figure 4B) and rhPKR (Figure 4C) regulated their respective proteins. Figure 4D–F demonstrates that Epac1 reduces NLRP3 (Figure 4D), caspase 1 (Figure 4E), IL-1β Western blot (Figure 4F) levels, and IL-1β ELISA (Figure 4G), while rhPKR increased all 3 proteins. Despite excess PKR, Epac1 continued to decrease NLRP3 signaling when the Epac1 agonist and rhPKR were given at the same time.

Discussion
An increasing acceptance of the role of inflammation as a causative factor in pre-proliferative diabetic retinopathy has occurred over the past decade.13,23 More recently, a role for danger associated molecular pattern receptors, specifically HMGB1, has been observed in ocular disease.24,25 HMGB1 has been linked to the NLRP3 inflammasome in macrophages.13 Since we have also reported that both HMGB1 and NLRP3 are increased in REC,11,20 we wanted to investigate mechanisms of activation of NLRP3 in the retina.

While a number of pathways have been reported to activate the NLRP3 inflammasome, we chose to focus this study on PKR. While little has been published on PKR in

![Figure 1](https://example.com/figure1.png)

**Figure 1** Dose-response curve for C16, a PKR inhibitor (PKR-I). Data is the ratio of phosphorylated PKR to total PKR in retinal endothelial cells (REC) grown in high glucose (HG) or high glucose and C16 (PKR-I) at 500nM, 1 μM, 2 μM, and 5μM. *P<0.05 vs HG. Data are mean ± SEM. N=4 at each time point.
the retina or in diabetic retinopathy, a recent review suggested that PKR has a fundamental role in chronic low-grade inflammation occurring in metabolic disorders, leading to the formation of meta-inflammation. Others have reported that inhibition of PKR protects cardiomyocytes against palmitic acid-induced injury or hydrogen peroxide-induced apoptosis. Work in osteoblasts suggested that PKR induces expression of NLRP3, leading to periodontal disease. Work in macrophages is less clear, with studies suggesting that PKR is essential for inducing inducible nitric oxide synthase, but not inflammasomes. In the eye, one study has shown salvianolic acid A protected RPE cells through inhibition of PKR-NLRP3 signaling. Thus, literature suggests that in a majority of cells, PKR activates the NLRP3 signaling; however, less is known in diabetic retinopathy.

In these studies, we first tested a PKR inhibitor to investigate whether it could block NLRP3 signaling. C16, a PKR inhibitor, has been reported to prevent inflammation in Alzheimer’s disease as well as in an acute excitotoxic rat model. Our data suggest that C16 is highly effective in reducing NLRP3 signaling in REC. While C16 was effective, we had previously reported that Epac1 inhibited the NLRP3 inflammasome. In that study, we focused on HMGB1 and toll-like receptor 4. Literature has linked HMGB1 and PKR with studies showing the reduced PKR levels blocked HMGB1 release. We show that endothelial cell Epac1 knockout mice have increased PKR levels, suggesting that Epac1 can regulate PKR. Further, data in REC grown in high glucose show that an Epac1 agonist can significantly reduce PKR levels. When the Epac1 agonist and recombinant human PKR are added to REC, data demonstrate that Epac1 overcame excessive PKR levels to reduce activation of the NLRP3 inflammasome. Why recombinant human PKR increased PKR phosphorylation in the REC grown in high glucose is beyond the scope of this study, but can be addressed in the future.

Taken together, our data demonstrate that PKR is involved in NLRP3 activation in REC grown in high glucose. Inhibition of PKR by C16 or Epac1 was effective in reducing NLRP3 signaling. Data suggest that increased Epac1 signaling in the diabetic retina may reduce activation of the NLRP3 inflammasome via inhibition of PKR.

Figure 2 Inhibition of PKR reduces NLRP3 signaling. Retinal endothelial cells (REC) grown in normal glucose (NG) or high glucose (HG) and treated with C16, a PKR inhibitor (PKR-i). Panel A is a control to show phosphorylated PKR is reduced by the inhibitor. Panel B shows NLRP3 levels, Panel C shows cleaved caspase 1 (caspase1). Panel D shows IL-1β levels by Western blotting, and Panel E shows active IL-1β by ELISA in REC. *P<0.05 vs NG. #P<0.05 vs HG. Data are mean ± SEM. N=4.
Figure 3 Epac1 regulates PKR in retina and in retinal endothelial cells (REC). Panel A shows that PKR phosphorylation is increased in whole retinal lysates from mice where Epac1 has been eliminated in endothelial cells. Panel C is a control to show that Epac1 is reduced in whole retinal lysates from the retina. Panel B shows that an Epac1 agonist can significantly decrease PKR phosphorylation in REC grown in normal glucose (NG) or high glucose (HG). *P<0.05 vs NG. #P<0.05 vs HG. Data are mean ± SEM. N=5 for retina and N=4 for REC.

Figure 4 Epac1 can overcome recombinant human PKR (rhPKR) to reduce NLRP3 signaling. REC were grown in normal glucose (NG), high glucose (HG) or high glucose treated with the Epac1 agonist, rhPKR, and the Epac1 agonist+rhPKR. Panel A shows the time course for phosphorylation of PKR with the rhPKR. Panel B shows that the Epac1 increased Epac1 levels, while Panel C shows that the rhPKR increase PKR levels. Panel D-G shows NLRP3, caspase 1 and active IL-1β levels in the cells with the various treatments. *P<0.05 vs NG. #P<0.05 vs HG. $P<0.05 vs HG+rhPKR. Data are mean ± SEM. N=4.
Data Availability
All data is contained in the manuscript.

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Author Contributions
YJ completed the studies. JJS designed the studies, and wrote or revising the article, gave final approval of the version to be published, and agree to be accountable for all aspects of the work.

Disclosure
The authors report no conflicts of interest in this work.

References

