

# A quantified risk-scoring system including the visceral fat area for peritoneal metastasis of gastric cancer

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**Background:** Peritoneal metastases of gastric cancer are usually detected using imaging. However, the results of imaging modalities are not always reliable; therefore, the prediction of prognosis based on these findings is therefore inaccurate. As visceral obesity has been identified as a potential risk factor for cancer, the present study aimed to evaluate the predictive value of visceral fat area (VFA), a representative marker of visceral obesity, for peritoneal metastasis in patients with gastric cancer and to construct a reliable preoperative prediction system for peritoneal metastasis.

**Patients and methods:** We enrolled 859 patients with gastric cancer. The VFA and other objective clinical tumor characteristics were evaluated using receiver operating characteristic (ROC) curves. Independent predictors of peritoneal metastasis were determined using logistic regression analysis; a prediction system was also evaluated using ROC curves.

**Results:** The ROC curves indicated a VFA cutoff value of 91.00 cm<sup>2</sup> as predictive of peritoneal metastasis. On logistic regression, visceral obesity (VFA ≥91.00 cm<sup>2</sup>) was identified as an independent predictor of peritoneal metastasis, with an area under the ROC curve of 0.659; the platelet-to-lymphocyte ratio (PLR), invasion depth, and vascular invasion were also identified as independent predictors. On integrating these predictors into a single prediction system, peritoneal metastases were more reliably predicted (area under the ROC curve=0.779).

**Conclusions:** Visceral obesity, as defined by the VFA, effectively predicted peritoneal metastases in our cohort. Our scoring system may be a reliable instrument for identifying patients with peritoneal metastasis.

**Keywords:** gastric cancer, peritoneal metastasis, visceral fat area, risk-scoring system

## Introduction

Gastric cancer (GC) is the fourth most common cancer worldwide, and the fourth and second most common cause of cancer-related mortality in the world<sup>1</sup> and China,<sup>2</sup> respectively. Peritoneal metastasis is common in GC, and contributes to poor prognosis; it is therefore an indispensable indicator of prognosis.<sup>3,4</sup> A previous study demonstrated that peritoneal metastases accounted for 50% of all GC-related deaths.<sup>4</sup> The occurrence of peritoneal metastasis also influences treatment options, usually making complete resections (R0) less feasible. Neoadjuvant chemotherapy<sup>5</sup> and conversion therapy<sup>6</sup> is usually more suitable for these patients.

Currently, peritoneal metastases are usually detected using imaging techniques such as ultrasonography and computed tomography (CT). However, peritoneal

metastases may be undetectable, and therefore these imaging modalities do not always provide reliable diagnoses or accurate prognostic predictions. Although positron emission tomography (PET)-CT has a higher predictive value in diagnosing peritoneal metastasis compared to ultrasonography and CT,<sup>7,8</sup> the high associated costs greatly limit its use. Therefore, accurate and affordable diagnostic methods are urgently needed.

Obesity, a risk factor for many different human cancers including those of the breast,<sup>9</sup> colon<sup>10</sup> and other sites;<sup>11</sup> it is reaching epidemic proportions in the United States,<sup>12</sup> where it affects more than one third of the population. Obesity has increasingly attracted attention in the medical field, owing to a higher risk of postoperative complications in this population. Additionally, hypertrophied adipose tissue deposits in obese patients were found to secrete adipokines and cytokines, which promote adhesions, and migration and invasion of tumor cells.<sup>13</sup>

Visceral obesity (VO), defined as a high visceral fat area (VFA), is an indicator of obesity, and has been demonstrated to be more strongly associated with incisional hernia after colorectal surgery than an elevated body mass index (BMI).<sup>14</sup> We had demonstrated in a previous study that the VFA was a better predictor of postsurgical gastroparesis syndrome compared to BMI.<sup>15</sup> Therefore, we hypothesized that the VFA may also be a useful indicator of the risk of peritoneal metastasis. In this study, we aimed to determine the relationship between the incidence of peritoneal metastases from GC and VFA. We also aimed to construct a more useful scoring system based on independent associated factors that would improve the accuracy of preoperative diagnoses of peritoneal metastases.

## Patients and methods

### Patients

Data were prospectively collected from 859 patients with GC who underwent subtotal gastrectomy at the Gastrointestinal Surgical Department, Second Affiliated Hospital of Wenzhou Medical University and the First Affiliated Hospital of Wenzhou Medical University in China between January 2009 and December 2012. Patients who lacked imaging data were excluded. Written informed consent was obtained from every participant enrolled in the study. Current study was carried out in accordance with the Declaration of Helsinki, and the study protocol was approved by the ethics committees of

the Second Affiliated Hospital of Wenzhou Medical University and the First Affiliated Hospital of Wenzhou Medical University.

### Diagnosis of peritoneal metastasis

Peritoneal metastases were diagnosed according to the criteria of the Japanese Gastric Cancer Treatment Guidelines (15th edition).<sup>16</sup> According to this guideline, metastases limited to the greater and lesser omentum, anterior lobe of the transverse mesocolon, pancreatic capsule, spleen, and to the upper abdominal peritoneum (visceral peritoneum above the transverse plane and parietal peritoneum above the umbilicus) are considered to be peritoneal metastases. Peritoneal metastases were diagnosed from intraoperative frozen sections and postoperative diagnostic pathology.

### Measurement of VFA

Preoperatively, all patients underwent CT of the whole abdomen. The VFA was calculated with an accuracy of 99% by measuring the total abdominal fat area in a cross-section at the level of the umbilicus. The Hounsfield scale was used to distinguish adipose tissue from other tissues. In this study, adipose tissue was defined to be within the range of -140 to -50 Hounsfield units (HU). The total fat area was calculated using a dedicated processing system (version 3.0.11.3, BN17 32-bit; INFINTT Healthcare Co., Ltd., Seoul, South Korea).

### Cutoff point for VFA

We determined the cutoff point for VFA as the maximal Youden index value on the receiver operating characteristics (ROC) curve. Patients were then divided into two groups based on this cutoff point, namely, the VO and control groups.

### Statistical analysis

The Kolmogorov-Smirnov test was performed to assess the distribution equality of the continuous parameters. The normally distributed data are presented as means  $\pm$  standard deviations, whereas non-normally distributed data are presented as medians and interquartile ranges (IQRs). On univariate analyses, the independent t- and Mann-Whitney U-tests were used to analyze inter-group differences among continuous variables, while the chi-square and Fisher's exact tests were applied to categorical variables. Based on the results of these univariate analyses, a multivariate logistic regression analysis was performed

to calculate the odds ratios (ORs) and 95% confidence intervals (CIs) of the independent variables. The area under the ROC curve (AUC) was used to compare the accuracy of our scoring system with that of the individual clinicopathologic characteristics.  $P$ -values  $<0.05$  were considered statistically significant. All statistical analyses were performed using the SPSS software package (version 22.0; SPSS Inc., Chicago, IL, USA).

## Results

### Patient characteristics

As imaging data was available for all the 859 patients treated, they were all enrolled in the study. As shown in Table 1, 672 of the 859 enrolled patients were males (78.2%), and the overall median age was 63.6 years (IQR=56.0–72.0 years). The median BMI and VFA was 21.8 kg/cm<sup>2</sup> (IQR=19.6–23.7 kg/cm<sup>2</sup>) and 89.6 cm<sup>2</sup> (IQR=39.2–124.9 cm<sup>2</sup>), respectively. The tumors were located in the antrum in a majority of patients (n=579, 67.4%). Lymphatic and vascular invasion was noted in 508 and 337 patients, respectively. A large proportion of patients (n=671, 78.1%) had a differentiated tumor on histopathology, and 87 patients had detectable peritoneal metastases.

### Preoperative characteristics

As shown in Figure 1 and Table 2, compared to those without peritoneal metastases, patients with peritoneal metastases from GC had a significantly higher PLR ( $P<0.001$ ) and VFA ( $P<0.001$ ) and significantly lower neutrophil-to-lymphocyte ratio (NLR) ( $P=0.001$ ). These two groups did not differ significantly in terms of age and BMI. An analysis of the AUCs yielded high values for PLR (0.610, 95% CI =0.551–0.669), VFA (0.659, 95% CI =0.604–0.714), and NLR (0.591, 95% CI =0.528–0.654), indicating that these factors are individually powerful predictors of peritoneal metastasis (Figure 2A).

### Correlation of clinicopathologic characteristics with VO

From the ROC curve analysis, the VFA cutoff value for peritoneal metastasis was determined to be 91.00 cm<sup>2</sup> (Figure 2A), with a sensitivity and specificity of 70.1% and 60.7%, respectively. Using this cutoff value, 374 (43.5%) patients were classified as visceraally obese (VFA  $\geq 91.00$  cm<sup>2</sup>). VO was found to be significantly associated with relatively high Charlson comorbidity scores ( $P<0.001$ ), high American Society of Anesthesiologists

(ASA) stages ( $P=0.025$ ), low PLR ( $P=0.013$ ), and long operation times ( $P=0.004$ ) (Table 3).

### Univariate and multivariate analyses of variables associated with peritoneal metastasis

The chi-square test was subsequently used to evaluate the relationship of clinical characteristics with peritoneal metastasis. Univariate analysis identified the VFA ( $P<0.001$ ), Charlson score ( $P=0.016$ ), PLR ( $P<0.001$ ), NLR ( $P=0.001$ ), tumor size ( $P<0.001$ ), vascular invasion ( $P<0.001$ ), lymphatic invasion ( $P=0.004$ ), invasion depth ( $P<0.001$ ), tumor stage ( $P<0.001$ ), and operation time ( $P=0.032$ ) to be significantly correlated with peritoneal metastasis (Table 4). These factors were subsequently included in the multivariate logistic regression analysis to identify the independent risk factors for peritoneal metastasis. As shown in Table 5, PLR (OR=2.197,  $P=0.001$ ), invasion depth (OR=4.330,  $P=0.009$  for T2; OR=4.489,  $P=0.009$  for T3), vascular invasion (OR=2.328,  $P=0.002$ ), and VFA (OR=4.027,  $P<0.001$ ) independently predicted the presence of peritoneal metastasis.

### Derivation of the scoring system

We then used the independent risk factors identified on multivariate logistic regression analysis to establish a scoring system for the accurate prediction of peritoneal metastasis. To establish this, we calculated a risk score for each identified factor via logarithmic transformation and multiplication by 100 (Table 5) and summed these values to determine the combined score. The ROC analysis revealed that the combined score had a better predictive accuracy for peritoneal metastasis (ie, a larger AUC), compared with the individual scores (AUCs: combined score, 0.779, 95% CI=0.735–0.824; PLR, 0.600, 95%CI =0.536–0.664; T3, 0.538, 95%CI =0.472–0.603; T4, 0.592, 95%CI =0.529–0.655; vascular invasion, 0.659, 95%CI =0.599–0.719; and VFA, 0.696, 95% CI=0.612–0.781) (Figure 2B).

### Discussion

Peritoneal metastases from GC are usually associated with poor prognosis.<sup>3</sup> As patients with peritoneal metastasis may not benefit from gastrectomy and regional lymphadenectomy alone, accurate preoperative diagnosis is essential in determining optimal treatment using an individualized treatment strategy.

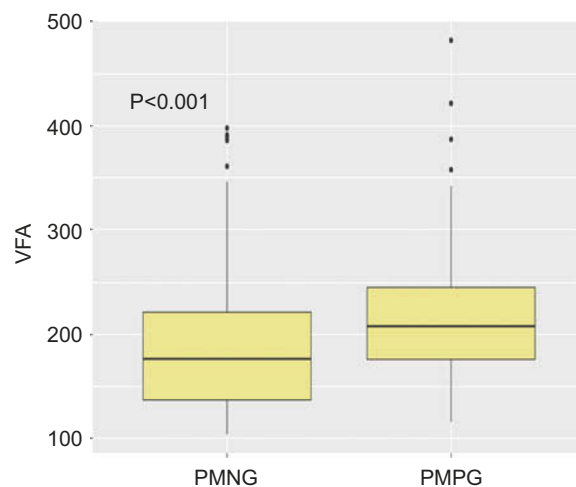
**Table 1** Clinical and pathological characteristics

Characteristic	Value (N=859)
Age (y), median (IQR)	63.6 (56.0–72.0)
BMI (kg/cm <sup>2</sup> ), median (IQR)	21.8 (19.6–23.7)
VFA (cm <sup>2</sup> ), median (IQR)	89.6 (39.2–124.9)
PLR, median (IQR)	153.9 (99.1–186.4)
NLR, median (IQR)	2.86 (1.64–3.24)
Tumor size, median (IQR)	3.88 (2.00–5.00)
Gender, n (%)	
Male	672 (78.2)
Female	187 (21.8%)
ASA, n (%)	
≤3	759 (88.4%)
>3	100 (11.6%)
Charison score, n (%)	
0	504 (58.7%)
1–3	333 (38.7)
4–6	22 (2.6)
Preoperative hypoproteinemia, n (%)	
No	725 (84.4%)
Yes	134 (15.6)
Preoperative anemia, n (%)	
No	669 (77.9)
Yes	190 (22.1)
Tumor location, n (%)	
Cardia	130 (15.1)
Antrum	579 (67.4)
Other	150 (17.5)
Histopathological differentiation, n (%)	
Differentiated	671 (78.1)
Undifferentiated	53 (6.2)
Signet ring cell carcinoma	135 (15.7)
Vascular invasion, n (%)	
No	522 (60.8)
Yes	337 (39.2)
Lymphatic invasion, n (%)	
N0	351 (40.9)
N1	141 (16.4)
N2	187 (21.8)
N3	180 (20.9)
Invasion depth, n (%)	
T1-T2	289 (33.6)
T3-T4	570 (66.4)
Tumor stage, n (%)	
Early	197 (22.9)
Advanced	662 (77.1)

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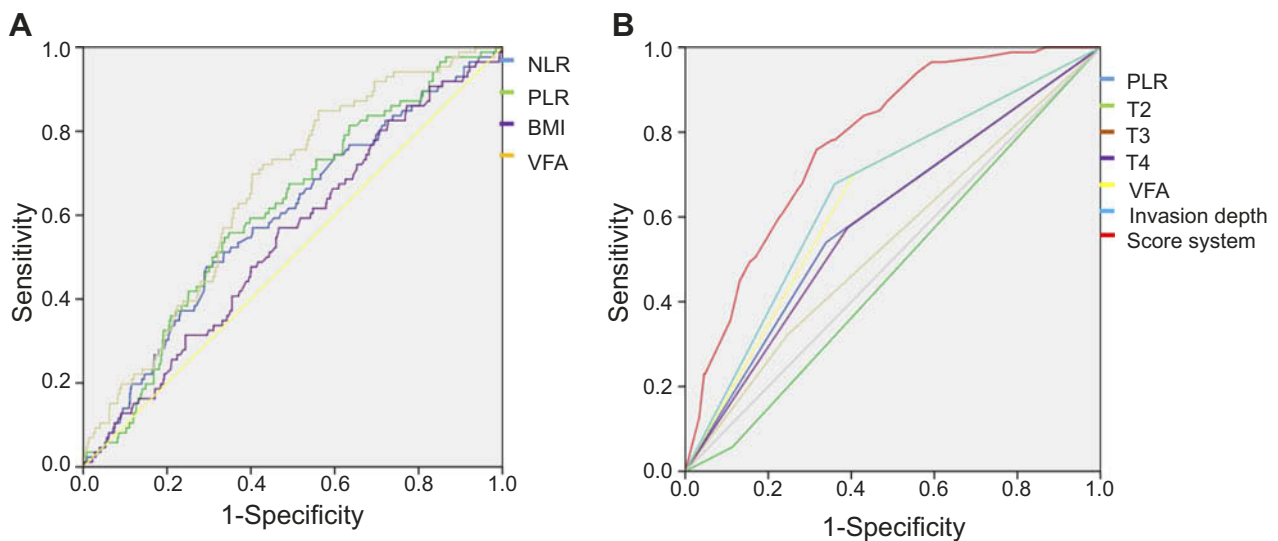
**Table 1** (Continued).

Characteristic	Value (N=859)
Surgical bleeding, n (%)	
Yes	290 (33.8)
No	569 (66.2)
Operation time, n (%)	
≤210 min	507 (59.0)
>210 min	352 (41.0)
Abdominal surgery history, n (%)	
No	768 (89.4)
Yes	91 (10.6)
Peritoneal metastasis, n (%)	
No	772 (89.9)
Yes	87 (10.1)

**Note:** The values given are number of patients unless indicated otherwise.**Abbreviations:** BMI, body mass index; VFA, visceral fat area; ASA, American Society of Anaesthesiologists; NLR, neutrophil/lymphocyte ratio; PLR, platelet/lymphocyte ratio; IQR, interquartile range.**Figure 1** Distribution of VFA between PMPG and PMNG.**Abbreviations:** VFA, visceral fat area; PMPG, peritoneal metastasis positive group; PMNG, peritoneal metastasis negative group.**Table 2** General condition, according to peritoneal metastasis involvement

Factors	PMPG	PMNG	P-value
Age	64.0 (56.0–72.0)	63.6 (56.3–72.0)	0.443
PLR	176.7 (115.7–210.5)	151.4 (97.4–180.5)	<0.001*
NLR	2.27 (1.90–3.76)	2.82 (1.63–3.17)	0.001*
BMI	22.2 (20.3–24.2)	21.8 (19.5–23.6)	0.286
VFA	107.9 (75.2–145.9)	86.1 (37.4–122.0)	<0.001*

**Notes:** Data are presented as median (IQR). \*Statistically significant ( $P < 0.05$ ).**Abbreviations:** PMPG, peritoneal metastasis positive group; PMNG, peritoneal metastasis negative group; NLR, neutrophil/lymphocyte ratio; PLR, platelet/lymphocyte ratio; BMI, body mass index; VFA, visceral fat area.



**Figure 2** ROC curves. **(A)** ROC curves for general condition in patients with GC according to peritoneal metastasis status. **(B)** Comparison of the individual ROC curves for VO, PLR, depth of invasion, vascular invasion, and the new scoring system for predicting peritoneal metastasis.

**Abbreviations:** GC, gastric cancer; ROC, receiver operating characteristic; VO, Visceral obesity; NLR, neutrophil/lymphocyte ratio; PLR, platelet/lymphocyte ratio; BMI, body mass index; VFA, visceral fat area.

According to a recent study, the global overweight or obese population has surpassed the underweight population in numbers for the first time.<sup>17</sup> Notably, China has the largest number of overweight people (more than 89.6 million in 2014).<sup>17</sup> In the literature, obesity is usually determined using the BMI, which is easily calculated. However, in this study we used the VFA, which is a novel factor reflecting the body fat composition. In our cohort, patients with peritoneal metastases from GC had a significantly higher VFA relative to patients without metastasis. However, the two groups did not differ in terms of BMI. This finding was consistent with our previous observation that VFA was superior to BMI as an obesity index predictive of the risk of post-operative complications in those undergoing abdominal surgery (eg, postsurgical gastroparesis syndrome).<sup>15</sup> Based on these findings, we aimed to determine the relationship between VO and peritoneal metastases.

The general lack of consensus regarding the definition of VO made it difficult to choose a VFA cutoff value in our study. Using ROC curve analysis, we defined VO using a VFA cutoff value of 91 cm<sup>2</sup>, which was similar to the  $\geq 94$  cm<sup>2</sup> value we had used to define VO in our previous work.<sup>15</sup> Using this cutoff, 43.5% of patients in our cohort were found to have VO. Our study is the first to demonstrate that these patients with undetected obesity are more likely to develop peritoneal metastasis, compared to their non-obese counterparts. We further confirmed VO to be an independent risk factor for peritoneal metastases on multivariate logistic regression analysis.

Pathophysiologically, the link between VO and an increased risk of peritoneal metastasis may be best explained by the adipokine-cancer and insulin-cancer hypotheses. In an obese person, the adipose tissue is thought to remain in a state of low-grade chronic inflammation. This tissue generates reactive oxygen species (ROS) with mitogenic and potentially tumorigenic constituents in low concentrations.<sup>18,19</sup> Additionally, in a comparison of visceral and subcutaneous adipose tissue volumes, a greater adipose tissue mass or volume was found to correlate with higher serum levels of pro-inflammatory cytokines.<sup>20</sup> This chronic elevation of systemic pro-inflammatory cytokines and ROS levels may promote tumorigenesis and tumor progression.<sup>20</sup>

It is known that patients with metabolic syndrome have a higher incidence of cancer.<sup>21</sup> Accumulating evidence also suggests that insulin resistance and the metabolic effects associated with obesity are risk factors for cancer development. In patients with insulin resistance, reduced tissue sensitivity to insulin results in hyperglycemia and hyperinsulinemia. Consequently, chronic hyperinsulinemia promotes the secretion of insulin-like growth factor (IGF)-1 and reduces the production of IGF binding proteins, which further increases the circulating levels of IGF. Through its receptor, IGF activates downstream signaling pathways with mitogenic, proangiogenic, and anti-apoptotic effects,<sup>22</sup> all of which enhance cell proliferation and promote tumor development and metastasis.

In contrast to the expected results, we observed that viscerally obese patients had a significantly lower PLR,



**Table 3** Clinicopathologic features of patients, based on the VFA

Factors	VFA≤91 (n=485)	VFA > 91 (n=374)	Univariate analysis	
			$\chi^2$	P
Gender			0.07	0.792
Male	381 (78.6%)	291 (77.8%)		
Female	104 (21.4%)	83 (22.2%)		
Age			5.766	0.016
≤65	276(56.9%)	182(48.7%)		
>65	209(43.1%)	192(51.3%)		
BMI			206.274	<0.001*
<18.5	107(22.1%)	9(2.4%)		
18.5–23.5	328(67.6%)	171(45.7%)		
>23.5	50(10.3%)	194(51.9%)		
ASA			5.038	0.025*
≤3	439(90.5%)	320(85.6%)		
>3	46(9.5%)	54(14.4%)		
Charison score			25.291	<0.001*
0	319(65.8%)	185(49.5%)		
1–3	159(32.8%)	174(46.5%)		
4–6	7(1.4%)	15(4.0%)		
PLR			6.183	0.013*
≤156	293(60.4%)	256(68.4%)		
>156	192(39.6%)	118(31.6%)		
NLR			0.67	0.413
≤2.92	328(67.6%)	262(70.1%)		
>2.92	157(32.4%)	111(29.8%)		
Preoperative hypoproteinemia			2.503	0.114
No	401(82.7%)	324(86.6%)		
Yes	84(17.3%)	50(13.4%)		
Preoperative anemia			3.162	0.075
No	367(75.7%)	302(80.7%)		
Yes	118(24.3%)	72(19.3%)		
Tumor location			3.416	0.181
Cardia	83(17.1%)	47(12.6%)		
Antrum	320(66.0%)	259(69.2%)		
Other	82(16.9%)	68(18.2%)		
Tumor size			0.225	0.635
>4.4 cm	318(65.6%)	251(67.1%)		
≤4.4 cm	167(34.4%)	123(32.9%)		
Histopathological differentiation			0.31	0.856
Differentiated	380(78.4%)	291(77.8%)		
Undifferentiated	28(5.8%)	25(6.7%)		
Signet ring cell carcinoma	77(15.8%)	58(15.5%)		
Vascular invasion			0.213	0.645
No	298(61.4%)	224(59.9%)		
Yes	187(38.6%)	150(40.1%)		

(Continued)

Table 3 (Continued).

Factors	VFA ≤ 91 (n=485)	VFA > 91 (n=374)	Univariate analysis	
			X <sup>2</sup>	P
Lymphatic invasion			4.054	0.256
N0	195(40.3%)	156(41.7%)		
N1	71(14.6%)	70(18.7%)		
N2	114(23.5%)	73(19.5%)		
N3	105(21.6%)	75(20.1%)		
Depth of invasion			2.195	0.138
T1-T2	153(31.5%)	136(36.4%)		
T3-T4	332(68.5%)	238(63.6%)		
Peritoneal Metastasis			27.813	<0.001*
No	459(94.6%)	313(83.7%)		
Yes	26(5.4%)	61(16.3%)		
Surgical bleeding			2.008	0.157
Yes	331(68.2%)	238(63.6%)		
No	154(31.8%)	136(36.4%)		
Operation time			8.425	0.004*
≤210 min	307(63.3%)	200(53.5%)		
>210 min	178(36.7%)	174(46.5%)		
Abdominal surgery history			1.447	0.229
No	439(90.5%)	329(88.0%)		
Yes	46(9.5%)	45(12.0%)		

**Notes:** The values given are number of patients; \*Statistically significant ( $P < 0.05$ )

**Abbreviations:** BMI, body mass index; VFA, visceral fat area; ASA, American Society of Anaesthesiologists; NLR, neutrophil/lymphocyte ratio; PLR, platelet/lymphocyte ratio.

compared to non-obese patients, whereas no statistical correlation was observed between VO and NLR. However, consistent with our previous results,<sup>23</sup> we identified PLR to be an independent risk factor for peritoneal metastases. This suggests that adipokine-related cancers may occur as a result of chronic inflammation due to local inflammatory cells, rather than by systemic inflammation. However, further studies are needed to explore this mechanism in detail.

In our cohort, patients with VO were older than their non-VO counterparts. This is consistent with previous observations that the body fat content increases with age.<sup>24</sup> It also demonstrates that this relative increase in fat greatly reduces insulin sensitivity.<sup>25</sup> In addition to age, we investigated the significance of several tumor characteristics, such as tumor size, histopathological differentiation, vascular invasion, lymphatic invasion, and depth of invasion, to improve the diagnostic accuracy of our scoring system for peritoneal metastases.

Although the initial univariate analysis identified all factors except histopathological differentiation to be associated with peritoneal metastasis, subsequent multivariate analysis identified only vascular invasion and depth of invasion to be independent risk factors for this condition. This implies that more invasive tumors are more likely to metastasize, as vascular invasion and serosal breakthrough would enable tumor cells to travel through the circulation or be directly implanted on the peritoneum.

Finally, we designed a predictive scoring system that collectively considered the VO, PLR, invasion depth, and vascular invasion in each case, and performed a combined ROC analysis to determine whether this system had improved the diagnostic accuracy for peritoneal metastasis. The combined score demonstrated an AUC of 0.779, with higher sensitivity (75.9%) and specificity (68.0%), compared to the individual scores. These findings therefore concluded that this preoperative scoring system could be useful for diagnosing peritoneal metastasis.

**Table 4** Univariate analysis of the risk of peritoneal metastasis

Factors	PMNG (n=772)	PMPG (n=87)	Univariate analysis	
			$\chi^2$	P
Gender			0.473	0.300
Male	596 (77.2%)	76 (87.4%)		
Female	176 (22.8%)	11 (12.6%)		
Age			0.589	0.443
≤65	415 (53.8%)	43 (49.4%)		
>65	357 (46.2%)	44 (50.6%)		
BMI			2.505	0.286
<18.5	109 (14.1%)	7 (8.0%)		
18.5–23.5	446 (57.8%)	53 (60.9%)		
>23.5	217 (28.1%)	27 (31.1%)		
VFA			27.813	<0.001*
≤91	459 (59.5%)	26 (29.9%)		
>91	313 (40.5%)	61 (70.1%)		
ASA			0.095	0.758
≤3	683 (88.5%)	76 (87.4%)		
>3	89 (11.5%)	11 (12.6%)		
Charison score			8.213	0.016*
0	465 (60.3%)	39 (44.8%)		
1–3	289 (37.4%)	44 (50.6%)		
4–6	18 (2.3%)	4 (4.6%)		
PLR			14.407	<0.001*
≤156	510 (66.1%)	39 (44.8%)		
>156	262 (33.9%)	48(55.2%)		
NLR			12.026	0.001*
≤2.92	545 (70.6%)	45 (51.7%)		
>2.92	227 (29.4%)	42 (48.3%)		
Preoperative hypoproteinemia			0.018	0.894
No	652 (84.5%)	73 (83.9%)		
Yes	120 (15.5%)	14 (16.1%)		
Preoperative anemia			3.389	0.066
No	608 (78.8%)	61 (70.1%)		
Yes	164 (21.2%)	26 (29.9%)		
Tumor location			0.834	0.659
Cardia	114 (14.8%)	16 (18.4%)		
Antrum	522 (67.6%)	57 (65.5%)		
Other	136 (17.6%)	14 (16.1%)		
Tumor size			17.73	<0.001*
>4.4 cm	243 (31.5%)	47 (54.0%)		
≤4.4 cm	529 (68.5%)	40 (46.0%)		
Histopathological differentiation			2.749	0.253
Differentiated	605 (78.4%)	66 (75.9%)		
Undifferentiated	50 (6.5%)	3 (3.4%)		

(Continued)



Table 4 (Continued).

Factors	PMNG (n=772)	PMPG (n=87)	Univariate analysis	
			$\chi^2$	P
Signet ring cell carcinoma	117 (15.1%)	18 (20.7%)		
Vascular invasion			33.177	<0.001*
No	494 (64.0%)	28 (32.2%)		
Yes	278 (36.0%)	59 (67.8%)		
Lymphatic invasion			13.46	0.004*
N0	330 (42.7%)	21 (24.1%)		
N1	126 (16.3%)	15 (17.2%)		
N2	164 (21.3%)	23 (26.4%)		
N3	152 (19.7%)	28 (32.2%)		
Invasion depth			23.539	<0.001*
T1-T2	280 (36.3%)	9 (10.3%)		
T3-T4	492 (63.7%)	78 (89.7%)		
Surgical bleeding			1.429	0.232
Yes	75 (9.7%)	12 (13.8%)		
No	697 (90.3%)	75 (86.2%)		
Operation time			4.622	0.032*
≤210 min	465 (60.2%)	42 (48.3%)		
>210 min	307 (39.8%)	45 (51.7%)		
Abdominal surgery history			1.93	0.164
No	694 (89.9%)	74 (85.1%)		
Yes	78 (10.1%)	13 (14.9%)		

**Note:** \*Statistically significant ( $P < 0.05$ ).

**Abbreviations:** PMPG, peritoneal metastasis positive group; PMNG, peritoneal metastasis negative group; NLR, neutrophil/lymphocyte ratio; PLR, platelet/lymphocyte ratio; BMI, body mass index; VFA, visceral fat area.

Several researchers had previously constructed systems to predict peritoneal metastasis. One group reported a specificity and sensitivity of 78.3% and 88.5%, respectively, for a predictive equation including tumor size, tumor stage, lymph node invasion, and histological differentiation as predictor variables.<sup>26</sup> However, as all the variables were tumor-specific, the equation did not reflect the patient's general condition. Although another study<sup>27</sup> successfully used a combination of the levels of lysyl oxidase, carcinoembryonic antigen, carbohydrate antigen (CA) 724, CA-199, and CA-125 to predict peritoneal metastasis with a sensitivity of 91.30%, the application of this system was hindered by the cost and rarity of lysyl oxidase detection. Although the results of our present and previous studies are similar,<sup>23</sup> the present study was the first to investigate the relationship between VO and peritoneal metastasis. Our results indicate that VO is an indispensable predictor of peritoneal metastasis.

Despite the useful findings, the present study had some notable limitations. First, it included a small sample size, as

only 87 patients were diagnosed with peritoneal metastasis. Second, although ROC curves are appropriate for establishing VO cutoff values, a standardized cutoff value is not available. Finally, this was a retrospective study. This scoring system should therefore be tested further in a prospective study, which should include prognostic analysis.

## Conclusion

This study is the first to determine the relationship between VO and peritoneal metastasis from GC. VO was found to be an independent and significant predictor of peritoneal metastasis. A scoring system combining VO, PLR, invasion depth, and vascular invasion status considerably improved the accuracy in predicting peritoneal metastasis, compared to each factor alone. This economical and convenient new scoring system may be a useful tool in predicting peritoneal metastasis in the clinic. Moreover, it is likely to play an important role in individualizing treatment for patients with GC having no metastases on imaging.

**Table 5** Multivariate analysis to evaluate potential predictive factors for peritoneal metastasis and the scoring of these factors

Factors	Multivariate analysis			Risk score
	OR	95% CI	P	
PLR				
≤156	1			0
>156	2.197	1.360–3.549	0.001*	37
VFA				
≤91	1			0
>91	4.027	2.434–6.662	<0.001*	60
Invasion depth				
T1	1			0
T2	2.146	0.549–8.396	0.272	33
T3	4.330	1.432–13.093	0.009*	64
T4	4.489	1.453–13.874	0.009*	65
Vascular invasion				
No	1			0
Yes	2.328	1.378–3.932	0.002*	34

Note: \*Statistically significant ( $P < 0.05$ ).

Abbreviations: PLR, platelet/lymphocyte ratio; VFA, visceral fat area.

## Abbreviation list

GC, gastric cancer; ASA, American society of anesthesiologists; AUC, area under curve; BMI, body mass index; CI, confidence interval; NLR, neutrophil/lymphocyte ratio; PLR, platelet/lymphocyte ratio; NRS, nutritional risk screening; OR, odds ratio; ROC, receiver operating characteristic; VO, visceral obesity; VFA, visceral fat area.

## Ethics statement

Ethical approval was obtained from the ethics committee of The First Affiliated Hospital of Wenzhou Medical University and The Second Affiliated Hospital of Wenzhou Medical University, and written informed consent was obtained from the patients whose tissue and medical data were used in this study.

## Availability of data and materials

The datasets used during the current study shall be available from the corresponding author on request.

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## Disclosure

The authors report no conflicts of interest in this work.

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